

# SOCIAL LIFE

PALM BEACH 2022



*Supermodel*

**VERONICA  
WEBB**

AT THE ROYAL POINCIANA PLAZA  
WEARING KIRNA ZABÊTE  
AND Yafa SIGNED JEWELS



THE  
M8  
GRAN COUPE

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MEETS LUXURY.

[BMWUSA.com](http://BMWUSA.com)

Competition Package Shown.

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# SOCIAL LIFE



The Breakers Palm Beach, photography by Marsin Mogielski

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A woman with long blonde hair, wearing a white sleeveless dress and high heels, stands in a lush tropical garden. She is smiling and has her hand on her hip. The background features large trees, a stone path, and a building with a sign that says "Carpenter".

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WEARING KIRNA ZABÈTE  
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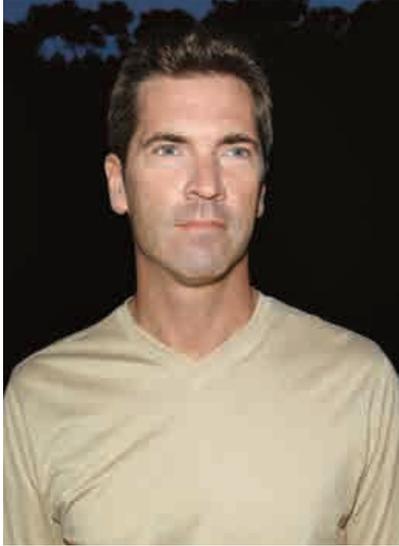
## MICHELLE KUBALA AND JULIE HARRON IN PALM BEACH

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INTERNATIONAL REALTY



By popular demand, welcome to our Palm Beach issue. We are best known for our Hamptons issues in the summer, but wanted to publish several additional issues in Palm Beach to please our loyal readers.

Enjoy!

A handwritten signature in black ink, appearing to read "Justin Mitchell". The signature is written in a cursive, flowing style.

Justin Mitchell



Tara Inc Photography

# Guy Clark

## Real Estate & Interior Design

Guy Clark Interiors Inc., ASID | [DecoratorGuy.com](http://DecoratorGuy.com) | [DecoratorGuy@icloud.com](mailto:DecoratorGuy@icloud.com)  
Guy Clark, Realtor Associate | [Guy.Clark@elliman.com](mailto:Guy.Clark@elliman.com)  
646.262.3758



340 Royal Poinciana Way M302, Palm Beach

Jessica Fontaine Swift, Tara Inc. Photography



Welcome to the inaugural issue of *Social Life Magazine* Palm Beach! We couldn't be more thrilled to bring this luxury publication down from the Hamptons to our sunny shores. For nearly 20 years, *Social Life* has been the pinnacle of elegance in the Out East way of life, functioning as a guide for its many loyal readers. We will live up to its reputation here in Palm Beach as we work to bring you the very best in society, philanthropy, local businesses, fashion, beauty, and much more.

While the Palm Beach social season may be coming to an end, this inaugural issue focuses on a recap of yet another thrilling, successful and fun-filled calendar of events. From traditional galas to surprise engagements and cocktail parties galore, we've wrapped up your

2021–2022 Palm Beach experience in this issue, sending you off fondly to wherever it is you'll be spending the warm summer months.

Be sure to look for our stylish issues next season, starting in November. Our dedicated team will work diligently to be your guide for everything relevant here in South Florida. Until then, we hope to see you around the Hamptons this summer!

Jessica Fontaine Swift

# Caryna Nina

## Haute Couture Designer

December 1 of 2021 marked 21 years Caryna has been designing under her own brand, Caryna Nina. Known for her colorful prints, one-of-a-kind collectible bohemian designs that pack so easily and can be worn day into evening. It is no wonder why her best client is her repeat client and why they have been so loyal all of these years. "My goal is to make women feel beautiful, confident and feminine in my luxury custom designs. Whether you are lounging at the The Breakers pool in Palm Beach, at a polo match in the Hamptons, sailing in Capri, or a guest at a summer wedding, you will find something special." With a degree from Pepperdine University in Art History and Fashion design degree from Parsons School of Design, it is why Caryna is known for her eye for detail. Currently, she is based in West Palm Beach, Florida, where she does meet with clients by appointment only.



Find her on instagram @carynanina1 • Website: [www.carynanina.com](http://www.carynanina.com) • Email: [caryna@carynanina.com](mailto:caryna@carynanina.com)

Devorah Rose, Nomi Ellenson Photography



Palm Beach is a living paradise — bright crisp colors, scenes of warm beauty, and endless estates with aqua pools. The 1955 Slim Aarons photographs of C. Z. Guest at her family's home, Villa Artemis, are synonymous with Old World sophistication and glamour. Palm Beach is the watering hole of serial entertainers. But beyond the events where pearls the size of gum-balls are expected, there are quaint flower shops and beloved restaurants. We hope to bring you every aspect of this coastal gem — from the most lauded fêtes to the best latte in town.

Warm regards,

Devorah Rose

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Neiman Marcus, Nordstrom,  
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Discover more at [sisley-paris.com](http://sisley-paris.com)

# WATCHES

BY JONATHAN VALDEZ

*It's time to put a little pep in your step with colorful watches that will make you happy every time you catch a glimpse of your wrist.*



**BULGARI**  
18k White Gold  
with Emerald  
and Diamonds  
\$83,000  
bulgari.com



**HARRY WINSTON**  
18k White Gold  
with Diamonds  
and Mother-of-Pearl  
\$40,5000  
londonjewelers.com



**HERMÈS**  
Stainless Steel with Pink Sapphires  
and Diamonds  
\$4,950  
Hermès  
340 Royal Poinciana Way  
561.514.0288



**FRANK MULLER**  
18k Rose Gold  
with Diamonds  
\$43,100  
Saks Fifth Avenue  
172 Worth Avenue  
561.833.2551



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# JEWELRY

By JONATHAN VALDEZ

*Spring is in the air, bringing fresh energy and fresh opportunities to dazzle in fabulous jewelry. A new pair of earrings never hurt anyone.*



**JENNIFER MEYER**  
18k Yellow Gold with Turquoise  
\$9,250  
neimanmarcus.com



**CHANEL**  
18k Rose Gold with Diamonds  
Chanel  
\$5,700  
301 Worth Avenue  
561-655-1550



**WALTERS FAITH**  
18k Yellow Gold with Diamonds  
\$5,650  
waltersfaith.com



**BULGARI**  
18k Rose Gold with Diamonds  
\$8,550  
bulgari.com

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# JADE TRAU

46 JOBS LANE SOUTHAMPTON NY 11968

# SHOPPING

BY GREGORY DELLI CARPINI JR.

*These shops offer an array of items for any occasion. Whether it's a walk in the city or an evening painting the town red, these shops know how to cater to your needs.*



## TIFFANY & CO.

Tiffany still remains one of the world's leading jewelers. This emperor among diamond shops stands strong on Worth Avenue in Palm Beach and offers a place to shop for those who love to pair their swimsuits with diamonds.

**259 Worth Avenue, Palm Beach**



## GUCCI

What's better than some sun and Gucci? Gucci has become one of the most sought after shops in the world. The Palm Beach Gucci has all the latest offerings from fashion's "it" brand and showcases them in the most elegant and perfectly magnificent way.

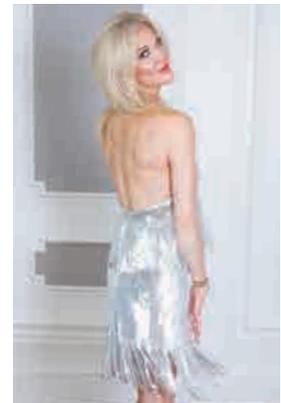
**150 Worth Avenue, Space 137, Palm Beach**



## ERIKA AUSTIN INC.

Shop Erika Austin Inc. online where you'll find 'Modern Luxury Heightening the Art of Personal Care.' Discover signature fragrances, resort and lounge wear, lifestyle and jewelry pieces that are classic, sophisticated yet sexy for everyone. A portion of the proceeds goes directly to One Society Foundation, benefitting luxury artisans in underserved communities around the world.

**[erikaustininc.com](http://erikaustininc.com)**



Erika Austin, Founder



## ISLA & CO

After a day spent shopping, head to this new spot to refuel and toast your purchases. Created by partners/co-owners Barry Dry and Tom Rowse, Isla & Co. will first open doors within the emerging Warehouse District of West Palm Beach this SPRING, adjacent to Grandview Public Market. This unique restaurant will serve an all-day menu of Australian-inspired breakfast and lunch eats and an intimate destination dinner menu featuring bold European and Southeast Asian influences.

**1401 Clare Avenue, West Palm Beach**

## GG MAULL

BY GRETCHEN MAULL BERGER



**Rebel Holster** — Our patented design allows women to go hands-free. It converts from a holster into two bags. Worn here in Italy where all our bags are made.

**Personal Mantra** — Our mission is to spread joy, build confidence, and empower the women who carry GG Maull. One way we do this is by including personal mantra cards inside each bag. Women write their own mantra to say to themselves every time they grab their bag to leave the house. It's not only about looking good but also about feeling good.

**New Voice Your Vision Bags** — These are our two newest styles. Our big goal is to re-invent retail through Voice your Vision, our novel retail concept. The customer replaces the department store buyer. Our customers get the opportunity to decide what colors and styles go into production and the benefit of pre-purchasing at a lower price. This allows women to invest in women while protecting the environment by creating less waste.

**GG Rebels** — Our customers are why we do this! [ggmaull.com](http://ggmaull.com)



Founder, Gretchen Maull Berger pictured in the center, with her ggRebels



Rebel Holster



Alison Brie



Kristen Bell



Olivia Munn



Personal Mantra

# RUNWAY

---

BY GREGORY DELLI CARPINI JR.

## *All-Day Bride*

*Even if you have zero plans to walk down the aisle this year, you can still rock a killer white wedding look. All-white looks and dresses hit the runways all over the world during the spring/summer 2022 shows. Designers from Givenchy and Saint Laurent to Louis Vuitton and Erdem embraced this pure and bridal look in both modern and captivating ways. Now all you need to complete the look is a colorful bouquet, or at least a floral clutch.*



Louis Vuitton



Givenchy



Erdem



Saint Laurent

# ACCESSORIES

BY GREGORY DELLI CARPINI JR.

## *Savory Sage*

*Take inspiration from Impressionist paintings and go for a sweet and delicate color this season. Sage green is a soft and lovely hue that packs a powerful sartorial punch. Pair a pale green dress with matching sage green stone earrings and a mossy-colored crystal choker. Designers from Milan to New York have all dabbled in this trend. Allow Claude Monet's works to be the source of your color choice this year.*



**Giambattista Valli**, Spring/Summer 2022



**Dries van Noten**  
Green Linda Farrow Edition Oval Sunglasses, \$345



**Mounser**  
Silver & Green Terra Earrings, \$225



**Justine Clenquet**  
SSENSE Exclusive, Gold & Green Shanon Choker, \$150

# PALM BEACH HOT LYSST

BY LYSS STERN



*What's hot? What's in? What's #fabuLYSS?*  
 Lyss Stern, a NYC best-selling author and the founder of Divamoms.com  
 is at the forefront of style, trends, and the must-have nows.  
 Lyss gives moms and expectant moms the scoop on Instagram @diva\_moms

## FOR #DIVAMOMS



#fabULysscandle

**MAISON FRANCIS  
KURKDJIAN PARIS**

**Baccarat Rouge 540 Scented Candle**  
 This scented candle subtly diffuses its condensed and graphic olfactive signature, and brings a refined breeze to your interior with notes of jasmine, saffron, cedar wood, and gray amber. \$110, [franciskurkdjian.com](http://franciskurkdjian.com)



#fabULyssscent

**VERONIQUE GABAI**

**Eau de Parfum LE POINT G**

A climactic perfume. The kiss of rose, the caress of white musk, the soft bite of leather, the intense passion of vanilla, woods, and amber. The bottles have been conceived as beautiful objects and are meant to be kept a long time. Therefore, both the 85 ml bottle and the 10 ml travel bottle are refillable. Check out the recyclable 125 ml refill bottle! \$260 (85 ml), [veroniquegabai.com](http://veroniquegabai.com)



#fabULysslips

**BLISS**

**Fabulips Vegan  
Overnight Lip Mask**

This fruity tea-scented luxurious lip mask uses gentle fruit AHAs to smooth as you snooze. A skin-saving moisture complex with squalane and

ceramides deeply hydrates to reveal soft, supple, healthy-looking lips by morning. No animal testing, planet-friendly, vegan. \$14.99, available exclusively at **Walgreens** and [blissworld.com](http://blissworld.com)

#fabULysshair

**RIKOKO**

**Prism Leave-In Conditioners**

These incredible formulations are inspired by natural, luxurious ingredients from the Seychelles. Conditioner illuminates hair with slightly pigmented formulas, leaving hair soft, silky, and glowing. It enhances hair color similarly to how lip gloss enhances and shines lips. \$46, [rikoko.com](http://rikoko.com)

#fabULysssintint

**ILIA**

**Super Serum Skin Tint SPF 40**

A clean, light-coverage, tinted mineral SPF 40 serum that boosts skincare benefits — a serum I personally love. This first-of-its-kind formula

fuses skincare, makeup, and sun protection into one easy step. It helps safely shield skin from UVA, UVB, UVC, blue light, and infrared rays. ILIA's Skin Tint evens tone, softens fine lines and imperfections, and dries to a natural, dewy finish. It also creates a natural barrier for your skin — sealing in hydration, plumping skin, and boosting antioxidant effectiveness by 200%. Plus, it's silicone-free, fragrance-free, oil-free, non-comedogenic, and safe for sensitive skin. \$48, [iliabeauty.com](http://iliabeauty.com)





#fabULysswine

### SANTA MARGHERITA ROSÉ

Santa Margherita is the Italian wine brand that pioneered pinot grigio and put prosecco superiore on the map. Their wines are classic Italian varietals that come from their vineyards, some of the most revered vineyards in the heart of the historic and prolific Tre Venezie region in Italy. This wine started rolling out nationwide starting in 2022. It has a light floral taste, making it the perfect accompaniment to almost any meal, pairing well with salads, appetizers, grilled meats, and a selection of cheeses. \$24.99, [santamargheritawines.com](http://santamargheritawines.com)



#fabULyssread

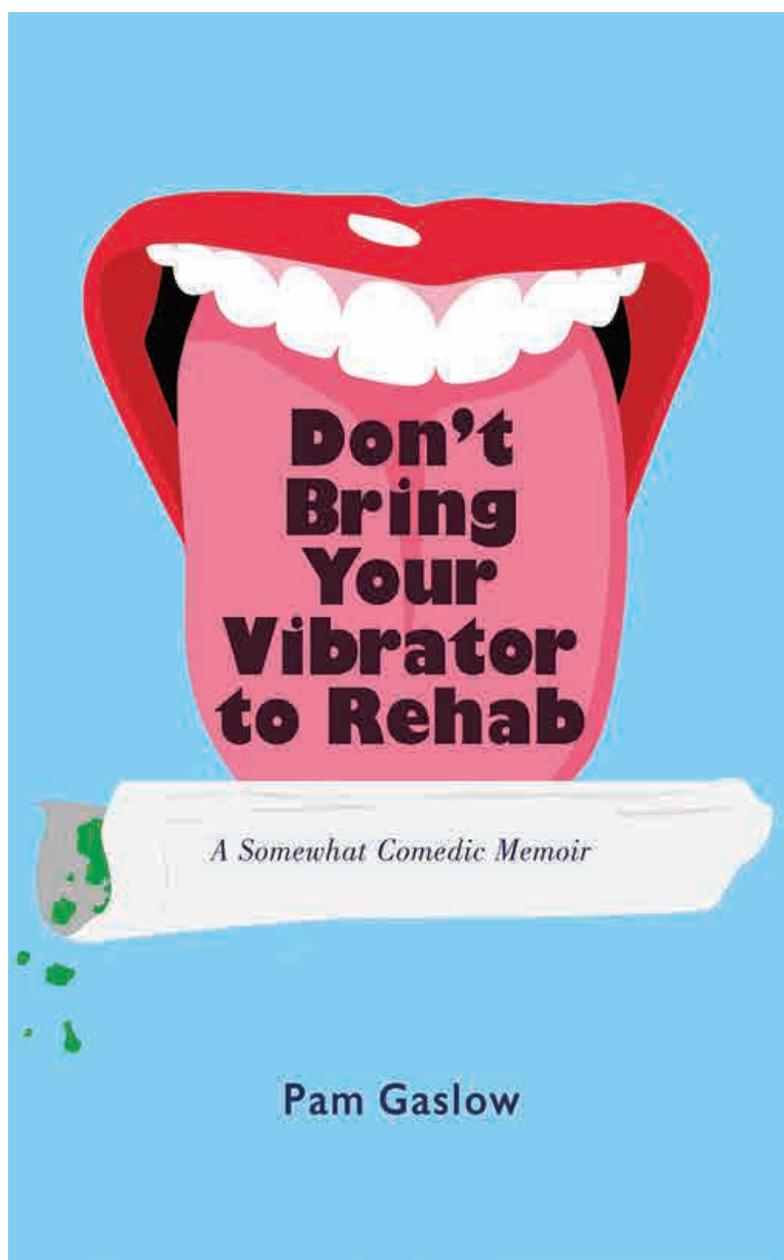
### *No Designation*, by Tunisha C. Brown

This gut-wrenching memoir shares heartache yet shows how you can achieve something when put your mind to it and never give up. In 2003, Brown hit rock bottom. The book takes you through the lowest of lows to the highest of highs — from overcoming mental and emotional abuse, homelessness, finding out who her father was during an episode of *Ricki Lake*, and learning she had cancer to taking control of what life has to offer and creating IMPACT Magazine. \$14.99 (digital), \$25.99 (hardcopy), [theimpactmagazine.com](http://theimpactmagazine.com)

#fabULyssbook

### *Don't Bring Your Vibrator to Rehab*, by Pam Gaslow

After nearly a decade of sobriety, Pam Gaslow relapsed into a life of dependency on marijuana, a devastating downward spiral that shattered her. From bong to pipes to flavored vape pens, she dove into a two years' long 24/7 stoned void: a protracted journey to nowhere. Ultimately becoming sick from marijuana toxicity, Gaslow eventually found the willingness to save herself and seek treatment. Her emotionally raw memoir reveals the terrifying and lonely world of addiction. \$12.99, [amazon.com](http://amazon.com)



# BEAUTY

By JEANETTE ZINNO



*Here are some of my favorite brands to achieve glowing skin and healthy hair.*

## HAIR REPAIR

Give yourself the gift of hydration and hair repair with this **R+Co BLEU** kit. Smooth away tangles and mend split ends with the DE LUXE trio, leaving hair texture silky enough to comb through seamlessly. Saks Fifth Avenue, \$180



## SKIN REVIVAL

Give your skin some love by upgrading your body lotion to the **Sangre de Fruta Botanical Body Serum**. The lightweight yet rich formulation of precious oils and botanicals will soothe and moisturize deeply, making your skin petal soft. Goop, \$118

## HEALTHY SKINCARE

If your goal is to switch to a clean beauty brand, consider **Juice Beauty**, an organic company that delivers results. The **STEM CELLULAR Day & Night Duo** reduces the appearance of fine lines and wrinkles with two treatments that rejuvenate around the clock. Bloomingdales, \$115



## GLOW ON

Get your glow back by bringing the dermatologist's office home with the **C + Collagen Biocellulose Brightening Treatment Mask** by **Dr. Dennis Gross**. After 15 minutes, this face mask instantly revives tired skin for a brighter, sparkling complexion. Space NK, \$14



## Skin & Hair Goals in Palm Beach

*I sat down with the creative director, master stylist, and colorist Paul Labrecque, of Paul Labrecque Salon and Skincare Spa at The Royal Poinciana Plaza in Palm Beach, to dish on new treatments and beauty tips that will upgrade your beauty routine.*



Paul Labrecque



Paul Labrecque Salon and Skincare Spa

### What's the newest treatment available at your Palm Beach salon?

The Biologique Recherche Toleskin Cryotherapy Facial has just debuted! Toleskin, the latest skincare innovation range from Biologique Recherche that is specifically formulated for sensitive skin. The products have been specifically formulated with ultra-purified, preservative-free formulas. This customized facial immediately calms redness to comfort and soothe the skin, while helping to restore its barrier. Your skin will feel healthier and stronger, restored, and ready to protect itself against everyday external stress. 60 minutes, \$240

### What other beauty advice can you give our readers?

I always try to educate my clients and recommend proper shampoos and conditioners according to hair type and needs. My signature Paul Labrecque haircare line makes it easy.

A cold rinse after conditioning does help lock in nice results. Simple things like this can make a huge difference.

Give you hair some extra love with a quality boar bristle brush. The ones in my signature Paul Labrecque line help sebum flow.



Let your hair air dry whenever you can — heat styling is the enemy!

**Paul Labrecque Salon and Skincare Spa**  
**at The Royal Poinciana Plaza in Palm Beach**  
**340 Poinciana Way, Suite 327**  
**paullabrecque.com**



# Experience Makes the Difference

## WITH AWARD WINNING CELEBRITY PLASTIC SURGEON STEPHEN T. GREENBERG, M.D., F.A.C.S.

patient confidence by actively working with each patient to set realistic expectations and create a custom surgical package in order to provide the most natural outcomes possible. "As a cosmetic plastic surgeon, I work both on the inside and the outside of a patient's skin every day. I understand patients' needs and the best method for achieving superior results."

"Over the years I have enjoyed treating thousands of women and men with a personal and individualized approach. I am part surgeon and part artist, and I appreciate the opportunity to play an important role in the lives of my patients." Offering everything from injectables and fillers to laser treatments, breast augmentation, liposuction, facelifts and nose jobs, Dr. Greenberg's offices are perfect locations to accomplish a lunchtime mini lift or a more extensive, life-altering transformation.

With his vast expertise and innovative methods, Dr. Greenberg developed his Rapid Recovery Systems to have patient's back to daily activities, enjoying their new look within a matter of days. Dr. Greenberg's perfected Rapid Recovery Systems utilize sophisticated mini-incision techniques to provide patients with a true 24-hour experience. Patients experience minimal pain, swelling, and bruising, coupled with a notably decreased recovery time. Dr. Greenberg is proud to offer this ultra-modern approach to face and body procedures at his state-of-art facilities from Manhattan and The Hamptons to Boca Raton, Florida.

Dr. Greenberg created his celeb endorsed environments to maximize his patient's comfort and give each patient an exceptional luxury experience. Dr. Greenberg is frequently called upon by various media outlets for his plastic surgery

expertise. He was recently featured on *Good Day New York*, as well as on *WABC*, and has appeared on *CBS*, *Fox News*, *NBC* and *News12 Long Island*. He has also appeared in national magazines such as *Harper's Bazar*, *Cosmopolitan*, *More, Elle*, as well as in *The New York Times*, *New York Post* and *Newsday*.

Dr. Greenberg is honored to be named *Best Cosmetic Surgeon*, *10 Best Plastic Surgeons in America*, *Top Doctor* and *Expert Injector* as well as awarded with the *Patients' Choice*, *Compassionate Care* and *Best of the Best* awards\*. Dr. Greenberg takes great pride in his doctor-patient relationships and sees this connection as key to providing the best patient experience. "After 27 years in practice, I still receive great satisfaction from helping my patients reach their aesthetic goals. Once they are happy with how they look, their entire demeanor changes. It is amazing how important these improvements can be to a patient's state of mind."

**A**s a renowned cosmetic plastic surgeon, Stephen T. Greenberg, M.D., F.A.C.S. is continually expanding the aesthetic arena by combining the use of cutting-edge techniques with the latest technology. An Ivy-League trained double board certified plastic surgeon, Dr. Stephen T. Greenberg takes great pride in restoring



Dr. Greenberg's Woodbury location featured in *Architectural Digest*.

\*By Schneps Media, American Institute of Plastic Surgeons, Vitals, New Beauty, Dans Papers

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SOUTHAMPTON  
631.287.4999



# DETOX WATER TO BEAT BELLY FAT

BY L. A. DAWSON



*L.A. Dawson is the author of articles, self-help books, and novels. As a certified health and life coach, she is also an inspirational speaker and resides with four happy canine friends. Dawson's motto is to always lead with love.*  
@authorladawson | authorladawson.com | liveandheal.com



Simple ingredients from your refrigerator added to purified water can be the answer to the dreaded belly fat problem. Genetics, menopause, stress, and overeating contribute to this situation. It is annoying to say the least and a possible indication of deeper issues.

Pay attention to how your body reacts to all the food that you consume, so that you can eliminate the immediate problems of food sensitivity that are linked to belly fat.

Check your medications to make sure the ingredients to the detox water below are not contraindicated. Lemon, lime, and ginger can react with some medications.

Begin with a large glass pitcher, preferable with a top so that the water, if refrigerated, doesn't pick up food scents.

## Ingredient List

- ½ thinly sliced lemon
- 1 sliced mini cucumber
- 1 tbsp. sliced ginger
- 1 apple
- Cinnamon
- Handful of blueberries to combat belly bloat that can accompany belly fat
- 6 cups purified water

Add dry ingredients to the pitcher with one cup of water and crush the fruit/veggies with a spoon. Then fill the pitcher with remaining water and refrigerate. Drink as soon as possible to obtain the nutrients, within a few hours if possible. Enjoy this daily for two weeks and watch as belly fat and bloat begin to disappear.

## Some Fabulous Benefits

### Apple

- ✓ Flushes toxins
- ✓ Aids weight loss
- ✓ Fights cancer
- ✓ Boosts immune system

### Blueberries

- ✓ High fiber
- ✓ High in nutrients

### Cinnamon

- ✓ Speeds up metabolism
- ✓ Aids digestion
- ✓ Improves brain function

### Cucumber

- ✓ Decreases bad cholesterol
- ✓ Decreases blood sugar level

### Ginger

- ✓ Aids weight loss
- ✓ Fights inflammation

### Lemons

- ✓ Aids weight loss
- ✓ Aids digestion
- ✓ Antioxidant

# DR. STEVEN R. FOX

## THE FATHER OF DENTISTRY IN THE 21ST CENTURY

BY DANA JACA

While many professionals claim to be the most highly qualified cosmetic dentists in the world, it's Dr. Steven Fox who is internationally known for revolutionizing oral care. He called upon by a who's who of royals, celebrities, and other luminaries to design perfect veneers, achieve outstanding whitening, or perform more complicated reconstructions like implants. But in addition to this, he's developing a non-narcotic, non-opioid drug to treat neuropathic chronic pain. This impressive feat could help end the opioid crisis!

Dubbed the "father of dentistry" in the 21st century by a Nobel laureate for chemistry, Dr. Fox shared more about all the good work he is up to these days.

**You've worked with some of the most prominent names and oral care companies in the industry. Can you tell us about this?**

In partnership with the U.S. Government and the American Dental Association, I developed many of the products used in oral care, from the back-end products used to ensure proper placement of veneers and crowns to some of the formulations that make toothpaste as advanced and effective as it is today.

In 2018, I founded Akelos Inc., a bio-pharmaceutical company that is developing a non-narcotic, non-opioid drug to treat neuropathic chronic pain. I have collaborated with researchers from Weill Cornell Medical, a winner of a Nobel Prize for Chemistry, a former United States Senate majority leader, chief counsel to the FDA, a renowned professor at Harvard Medical School, and the director of neuroscience at Pfizer. I am grateful for being able to bring together some of the brightest minds in the industry.

**What are your patients focused on right now?**

As people begin to live life again, they want to look and feel their best. The first thing people see is another person's teeth. And then there's another person's breath. These things can make or break an experience. Helping people is my forte and my passion, and there's no time like the present to truly improve your presence.

**How do you help with bad breath?**

Halitosis — as doctors call bad breath — bad taste, and periodontal disease occur because of a bacterial imbalance



in the mouth. It's possible for a bacterial infection to travel through the bloodstream to other areas of the body and contribute to systemic disease. I recently founded Fox Fresh Breath Dental, a highly specialized NYC practice where we use high-tech diagnostic equipment to analyze the bacterial imbalances of the mouth and apply evidence-based prescribed treatments, developed over 40 years, to cure bad breath and treat periodontal disease with a non-surgical solution. Bad breath is eliminated, and other potential health issues may be reduced or avoided altogether.

**Steven R. Fox, DDS**

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[drstevefox.com](http://drstevefox.com)

[foxfreshbreathdental.com](http://foxfreshbreathdental.com)

[akelosinc.com](http://akelosinc.com)

# MAKING SMALL CHANGES FOR BIG RESULTS

BY KRISTY RAO

**D**id you make a New Year's resolution to lose weight? How's that going? Deciding on a resolution was easy, but finding a way to accomplish it and stick to it is another story. Or maybe you plan on a future quick fix.

As a nutritionist, I implore you to avoid crash dieting. Cleanses and fad diets won't help you burn calories or fat in the long run. They also won't necessarily improve your overall health outcomes. Sure, you'll lose some weight, but then you'll go back to eating how you did before, and the weight will come back. Instead, you want to make long-term changes that are sustainable. Here is my advice for you, no matter the time of year.

**Set goals that aren't overwhelming.** Instead of planning on doing SoulCycle every day, go a couple of times a week. Focus on the tangible. Mini goals, such as eating a cup of non-starchy vegetables with every dinner and walking daily for 20 minutes, are more attainable than just wanting to lose two pounds a week.

**Choose natural foods over refined foods.** Refined foods are typically high in carbohydrates and low in or devoid of fiber. Not all carbs are created equal. Bad carbs (candy, white bread, and soda) contribute to weight gain. Foods from nature that are rich in fiber such as legumes (beans and lentils), vegetables (sweet potatoes, brussels sprouts, and broccoli), and fruit (apples and bananas) are far better for you. Fiber revs your metabolism and controls your blood sugar levels, thereby not contributing to the same type of weight gain as bad carbs do.

**Eat a ton of plants.** Fill up on plenty of non-starchy vegetables like carrots, broccoli, cauliflower, kale, cucumber, and bok choy as well as low-sugar fruits like berries.

**Finish eating by 7 p.m.,** and confine eating to a consistent daily window of under 12 hours. Studies have shown that the ideal regimen is to consume most of your calories during the morning and afternoon, consuming 30% or less of your total daily calories in the evening. The worst time to eat is late at night. Out of all the clients I help lose weight, the ones most challenging are those who work the night shift.



**Lift weights.** This makes your muscles burn carbohydrates through the use of glycogen. Strength training is important for losing fat as well as for keeping your body strong and healthy. In fact, maintaining or gaining muscle mass is often what keeps people from gaining weight as they get older.

**Cut down drinking.** Alcohol can lower your blood sugar and make you particularly hungry. That's why hung-over people crave fat, sugar, and carbs — efficient ways to take in calories. Alcohol itself easily packs on the calories, particularly if you're having cocktails.

Aim to have a couple of glasses of wine no more than a few times a week.

**Simplify your meals.** One of the easiest ways to do this is by eating foods with few ingredients. Pick foods that contain a short list of recognizable, pronounceable ingredients. Eat most foods in their natural state, i.e., have not been altered, cooked, packaged, or processed. This could mean a smoothie for breakfast, salad for lunch, and lean protein and vegetables for dinner.

**Sleep seven to nine hours each night.** Research suggests an association between sleep restriction and negative changes in metabolism. If you're feeling sleepy at work, you're more likely to have coffee and a doughnut for a quick shot of energy. Later on, you may skip the gym and pick up takeout instead of cooking. It's a vicious cycle, because when you finally find yourself back in bed, you're too wound up to sleep. Eventually, sleep deprivation can sabotage your waistline and your health.

**Preload before you eat your meal.** Drink plenty of water and start off with a simple green salad before dinner. As a snack, have some plain Greek yogurt. These foods are low in calories, replete with nutrients, and will keep you from becoming ravenous.

**Eat smaller, more consistent meals.** Eating huge meals can cause an insulin spike in your blood. Then insulin removes the glucose in your blood and stores it as fat, slowing your metabolism. So, eat more often, choosing your foods wisely and controlling your portions. Then, you won't wind up mindlessly overindulging in snacks and unhealthy foods. As for dessert, limit it to a few bites or a square or two of dark chocolate.

# DR. ROBERT SCHWARCZ

THE NATION'S TOP OCULOFACIAL PLASTIC & RECONSTRUCTIVE SURGEON

BY CHRISTINE MONTANTI



It's not surprising that the country's leading cosmetic Oculofacial Plastic and Reconstructive surgeon is NYC based Dr. Robert Schwarcz. He is one of only 650 surgeons nationwide to be admitted to the American Society of Oculofacial Plastic and Reconstructive Surgeons (ASOPRS). In addition to being double board-certified Dr. Schwarcz, undisputedly, has had more training for eyelids than any other type of cosmetic surgeon. Known for achieving natural looking results and for his skill and precision in cosmetic surgery, Dr. Schwarcz is in high demand and has catered to many well-known clients. He is requested not only for his specialty in eyelid surgery including eyelids, midface and brows but also for many other surgical and non-invasive procedures including facelifting, neck lifting, injectables and of course as seen in *W* magazine he is the go-to post blepharoplasty botched surgery cases.

Dr. Schwarcz's extensive training and skill in Ophthalmology led him into Oculoplastics and cosmetic surgery causing him to become one of the most celebrated cosmetic Oculofacial plastic surgeons around. He offers surgical procedures including anything and everything for the eyes: blepharoplasty, which is lifting of the eyelid, ptosis repair which is muscle surgery to open the eyelid wider, lower eyelid surgery including bag removal, and brow lifts. "What I like so much about my specialty is that it is precision surgery; unlike like large flaps, everything is very precise and refined. I started off my residency medical career operating with a microscope," explains the NYC based surgeon.

What is even more unique about Dr Schwarcz is that he offers a boutique practice at two locations, NYC, and Scarsdale, New York where he provides patients with one-on-one care.



He performs all consultations, surgeries, post-operative visits, and injections himself. Dr. Schwarcz explains, “My practice is truly white glove. I do everything myself, and I don’t delegate anything; I take out my own sutures. If you get a facelift, you are put up in a nearby hotel with an overnight nurse, and I come to your bedside the next day. I have been doing this for years. It’s the necessary hand holding needed for top notch quality care.”

Dr. Schwarcz also enjoys living a healthy plant-based and active lifestyle, and as a result, he recently launched Orvos Skin Science, a three-piece skin care collection that is a plant-based, medical grade antioxidant skin care system. He believes it is equally important not to have any chemicals in your body as well as on your body. Orvos delivers visible results to all skin types, addressing primary skin concerns including dullness, age spots, hydration, fine lines, and even skin tone. Every ingredient is carefully curated with the highest possible concentrations to create radiant, glowing skin. “I always felt that most plant-based product lines don’t have as many chemicals in them and therefore are unable to accomplish as much, so I was on a mission to accomplish more. Orvos Skin Science is loaded with natural ingredients. I substituted a lot of the chemicals needed to create a certain effect with mimickers: instead of a retinol, I substituted plant-based fruits like Bakuchiol, and

instead of ascorbic acid and vitamin C, I put in Kakadu plums and a lot of other fruit-based acids as well.”

The renowned surgeon explains that being in plastics is the only discipline of medicine that allows for creativity and doesn’t follow an algorithmic approach. Dr. Schwarcz describes, “If you have a heart attack, then you follow the pathways of treatment and see five cardiothoracic surgeons who will all say the same thing, that you need this done and this is how you do it. Whereas, if you see five plastic surgeons, you are going to get five different opinions about five different ways of doing things and five different assessments of what needs to be done. Although it may be confusing for the patient, for me it allows for full creativity.

Everyone uses that “catch” word “natural-results.” I have been true to that from the inception of my practice 15 years ago; I don’t overdo it. I don’t overpull because I like to keep it natural, and I base everything on how you looked 20 years ago instead of on how someone else looks. I require every consult to bring in old photos of themselves. I don’t change someone’s face or appearance; I reset it, and that is what I think is different.”

► To schedule a consultation and appointment with Dr. Robert Schwarcz please call **212.396.4400**.

# TEN ANXIOLYTIC SUPERFOODS FOR REDUCING ANXIETY

BY LIANA WERNER-GRAY



Some foods can reduce anxiety (anxiolytic) and some foods can cause anxiety (anxiogenic). Mental health has increasingly become part of the national conversation. Seventy-six percent of American adults think mental health is just as important as physical health, and 141 million, or more than half the U.S. adult population, have sought or wanted to seek mental health treatment for themselves or others. Over the past year one in three Americans has shown signs of clinical anxiety or depression.

Andrew McCulloch, M.D., chief executive of the Mental Health Foundation, says: “The time is right for nutrition to become a mainstream, everyday component of mental health care, and a regular factor in mental health promotion.” I couldn’t agree more, and this is why I am a proponent of believing that food is medicine.

After years of my own research, and with the help of a medical doctor and a pharmacist, I created a supplement specially formulated to target anxiety. My supplements will feed your brain, gut, and nervous system with superfoods that are neuro-protective, anxiolytic, and help build resilience to life’s inevitable stresses.

**My Anxiety-Free supplement is made with  
10 carefully selected organic ingredients.**

## 1. ASHWAGANDHA

Ashwagandha is a popular supplement known for strengthening the immune system. It has been used for centuries to alleviate fatigue and improve general well-being. It has powerful antianxiety, antioxidant, and anti-inflammatory properties. It is also an adaptogen, which helps the body respond to stress.

## 2. SPIRULINA

Spirulina is considered a superfood because it is high in vitamins, including A, C, E, and a range of Bs, as well as minerals such as calcium, iron, magnesium, selenium, and zinc. Along with these important nutrients, spirulina helps reduce anxiety because it contains omega-3 fatty acids and chlorophyll. Spirulina can help protect cells and tissues from damage and increases healthy micro-flora in the gut. Because of its high protein content, spirulina has been used by NASA as a dietary supplement for its astronauts during space missions. Spirulina is one of the most nutrient-dense foods on the planet. This pervasive life-form owes its superfood status to its high concentration of protein, vitamins, and minerals. Through photosynthesis, it turns sunlight into oxygen in water. People use spirulina for boosting the immune system, improving memory, and otherwise assisting with good brain health, increasing energy and metabolism, and improving digestion and bowel health.

## 3. TURMERIC

Turmeric and its active component, curcumin, have been well studied for their neuroprotective and anti-inflamma-

tory effects. Curcumin modulates various neurotransmitter levels in the brain and has anxiolytic effects on biochemical and behavioral symptoms associated with anxiety.

#### 4. FLAXSEED

Flaxseed contains alpha-linolenic acid (ALA), and is a vegan source of omega-3 fats, the fats the brain thrives on. Research has shown that people who consume more omega-3s from foods or supplements may have a lower risk of developing anxiety, depression, and other problems with cognitive function.

#### 5. ECHINACEA

Echinacea plants contain a variety of active compounds that provide health benefits, such as reduced inflammation, improved immunity, and lower blood-sugar levels.

#### 6. CHLORELLA

Chlorella is a blue-green algae containing linoleic acid (omega-6 fatty acid), chlorophyll, and a lot of nutrients, including antioxidants, that help to repair DNA. In one study smokers were given a daily chlorella supplement. After six weeks, participants' blood-level tests showed a 44 percent increase in vitamin C, a 16 percent increase in vitamin E, and a significant decrease in DNA damage.

#### 7. SCHISANDRA

Schisandra is a berry that is an adaptogenic food, that is, it increases one's resistance to disease and stress symptoms, while increasing energy and physical endurance. It counters stress by reducing the level of stress hormones, such as cortisol, in the blood.

#### 8. GINKGO

Ginkgo biloba has been used in traditional Chinese medicine since at least the 11th century BC. It has been repeatedly evaluated for its ability to reduce anxiety, stress, and other symptoms associated with Alzheimer's disease, and in many studies has shown to enhance cognitive functioning and stabilize mood.

#### 9. CELERY

Celery has become incredibly popular this year and is known for being a great source of important antioxidants, reducing inflammation and supporting digestion. It's rich in vitamins and minerals and has an alkalizing effect.



#### 10. BILBERRIES

Bilberries are often called European blueberries and have been used for medicinal purposes since the Middle Ages. They are high in polyphenols and rich in antioxidants that help to ease stress and anxiety. They have also been known to improve insulin levels and assist with good gut health.

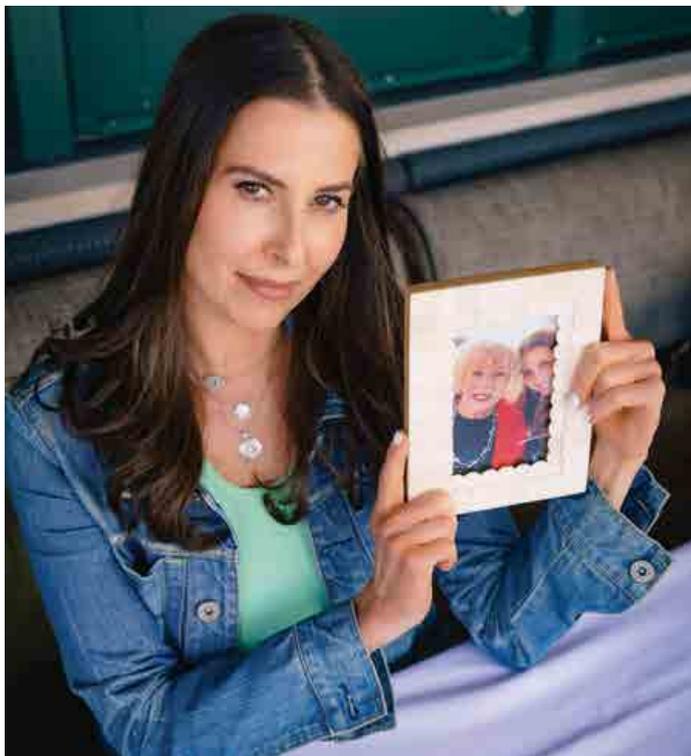
► Liana Werner-Gray is a nutritionist, natural food chef, and best-selling author of *The Earth Diet*, *Cancer Free with Food* and *Anxiety-Free with Food*. She is the founder of Liana's Organics: Anxiety-Free Supplements.

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# THE TRUTH ABOUT GUARDIANSHIP ABUSE

BY CHRISTINE MONTANTI



Christine Montanti, Photography by Stefano Giovannini

What happens when a guardianship or health care surrogacy gets into the hands of a mentally or morally unfit family member or individual? It can be extremely dangerous to the elder which is exactly what I see happening in the case of my mother.

As seen in the Netflix thriller, *I Care a Lot*, starring Rosamund Pike who portrays Marla Grayson, an unscrupulous guardian, the cruelties that caregivers inflict on their wards is incomprehensible and have evolved into a real-life modern-day tragedy. In the movie, Grayson's incestuous relationships with doctors, court appointed attorneys, long-term care facilities and probate judges enable her to legally abuse and financially exploit elders; unfortunately, this is happening in real life. In reality, guardianship abuse has existed for more than half a century and is currently a national epidemic. An article in the *New Yorker* in 2017 revealed an estimated 1.3 million elders in the United States are under the care of guardians who control about \$273 billion in assets. What is even scarier is that a person doesn't need any medical or financial credentials to become a guardian: they only have to take a few hours of a basic training course and a guardianship exam. Worse, a geriatric care manager does not even need a license or training!

Morally and mentally unfit guardians, health care surrogates and geriatric care managers are engaging in physical and emotional abuse against aging adults for the sole purpose of financially exploiting them and misappropriating their funds. Oftentimes, they will overmedicate the elder to make them appear sicker than they are just to gain total control of their money, and sadly in a number of instances, the elder dies due to the physical and mental abuse. Although not an elder, the recent case of Britney Spears has brought national attention to the problem of conservatorship abuse taking place in this country and which is growing.

When a dispute arises among family members, some courts will use "geriatric care managers" to protect the interests of the elder. It sounds pretty good, right? I also thought so in the very beginning; however, what I couldn't possibly know is the degree to which the care manager could turn my mother's life upside down! Remarkably, a number of these care managers gain unwarranted familiarity with judges that preside over these cases and are given a great deal of discretion. Essentially, they then have the ability to play God over the day-to-day decisions of the elder. They will align themselves with the family members who are in control of the aging adult's money and will immediately take the side of the family member who has control of the trust, so they can excessively bill the trust in exchange for providing a favorable outcome in court.

It is painful for me to share my personal story about my mother Karilyn, but by sharing her story I can shed light on the nationwide epidemic facing my mother and countless others by unveiling the truth about guardianship abuse. Throughout my grueling three year long experience trying to advocate for my mother's rights in Broward County, Florida Probate Court, my ability was repeatedly thwarted by three individuals appointed by the very judge entrusted to protect my mother's interests, but who were instead engaging in abuse by keeping her locked up and isolated. When confronted, they collectively, proclaimed their own innocence and heroism and blamed any person who tried to protest their abusive actions. Although this matter was litigated in court, the court gave the geriatric care manager a blank check to do whatever she wanted. My mother's court appointed attorney's complete loyalty had been to the geriatric care manager, who he also represented despite the obvious conflict of interest.

What is heartbreaking about my mother's story is that she was held in a jail-like atmosphere and essentially cut off from communication with the outside world. The abuse took place in two assisted living facilities in Broward County. She was isolated without any access



to a telephone, a computer and blocked from seeing her family and only grandchild. She was not allowed to receive calls, letters, packages, food delivery or permitted to go outside the facility, not even on her balcony. Virtually, all of her property and money was taken away from her. My mother was even forced to spend holidays and her birthday alone this year. Prisoners have more rights than she did!

What is even more outrageous is over the past year and a half my mother was overmedicated four separate times and suffered disabling symptoms while under the care and supervision of a health care surrogate, court appointed care manager and court appointed attorney and was denied her right to see her treating doctor. How could this happen when she had three individuals who were being paid from my mother's own money, allegedly for the sole purpose of protecting her interests and ensuring her medical needs are being met? Never has my mother been overmedicated; not even when she was in charge of her own care. What is even more horrific is despite my mother's repeated requests to go to the hospital and see her doctor for disabling symptoms, the court appointed individuals and my mother's health care surrogate did everything in their power to prevent her from receiving necessary and urgent medical care. My mother's freedom and basic liberties were stripped away leaving her isolated causing severe emotional distress and suffering. Due to this isolation, and blocking and denying her right to see doctors, she lost substantial weight (three clothing sizes) and looked as if she has aged twenty years in four months.

My mother has been repeatedly denied the opportunity to be heard before the court with respect to her own wishes and to have an evidentiary hearing to determine her capacity. Her numerous

requests to appear in court have been denied for over three years by the court and the same two attorneys' who were appointed to protect her interests. Since she was deprived of the right to be heard, she has decided to speak out publicly for the first time to reveal intimate details of her guardianship-type captivity in the hopes that she will find justice not only for herself but for many other victims of guardianship abuse.

Initially, I believed that my mother's victimization was just an isolated and tragic event. I could not fathom a judge would empower, and seemingly reward these individuals entrusted to protect her interests for engaging in this type of behavior.

As I continue to encounter endless roadblocks along the way while fighting for my mother in court, I have connected with numerous others whose loved ones share strikingly similar horror stories. After doing substantial research and speaking to countless advocates, attorneys, law enforcement officers and care givers in the elder care system, I realized this outrageous conduct is a common practice, and unbelievably, the practice against defenseless victims is always the same: to isolate, medicate and liquidate.

All elders should be treated with respect, kindness and compassion and live their golden years to the fullest as they rightfully deserve. Together we can advocate for new legislation in the elder care system. Let's put an end to this abuse now and come together and create a movement. Join me on my personal journey to save my mother Karilyn by allowing her voice to be heard. My mother has filed several appeals seeking a reversal of the judge's prior orders in this matter. She is hoping to overturn the court order which denies her request to restore her capacity. **#FreeMom #standupforkarilyn**



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# CHURRASCARIA PLATAFORMA

A TASTE OF BRAZIL IN THE HEART OF MANHATTAN

BY PATRICK STEVENS



Churrascaria Plataforma is an authentic Brazilian “Churrascaria,” a restaurant that serves mostly grilled meat, that is taking New York City by storm. The Rodizio style restaurant uses the method of serving various cuts of meat that originated in the southern part of Brazil in the early 1800s. The idea is to serve a wide variety of different cuts of meat, such as beef, pork, lamb, chicken, and so on, to each diner individually at their table, so there is no traditional menu as it consists of an all-you-can-eat menu and continuous table-side service.

Their prix-fixe lunch and dinner is a sumptuous meal that has to be seen to believe. The first course is their Gourmet Salad Bar which is fully stocked and deep with many selections. The main course consists of top sirloin, their signature cut “PICANHA” sirloin, plataforma steak, flank steak, pork sausage, pork loin, chicken leg, leg of lamb with even more choices available during dinner hours. There are plenty of sides to choose from as well like white rice, fried banana, fried polenta, grilled vegetables, yucca flour, black beans, french fries, mashed potatoes, and vinaigrette sauce.

The bar is an experience within itself. Wind down your day or start your evening with a wide variety of beverages served in a distinctive Brazilian lively atmosphere. Wines by the glass, single malt scotches, Churrascaria Plataforma’s famous “Caipirinha”

(a concoction of fresh limes, sugar, crushed ice, and “Cachaça” — a Brazilian liquor made from raw sugar cane), martinis, and a variety of non-alcoholic beverages. There is also a new Craft Beer menu available. Also, you can try something from their Food Bar Menu as well. Each plate complements and emphasizes Churrascaria Plataforma’s commitment to serving authentic Brazilian cuisine. This menu was created as an addition to their traditional Rodizio and is only available at the bar. This collection of one-of-a-kind bites will leave you wanting more.

Churrascaria Plataforma’s Happy Hour offers many wine and cocktail specials available Monday through Thursday from 1:00pm to 6:00pm, and Friday from 12:00pm to 6:00pm.

Churrascaria Plataforma is the perfect spot for all occasions, from a small family dinner to hosting a large event, and anything in between. Voted the #1 Brazilian Steakhouse in the USA by “The Daily Meal,” Churrascaria Plataforma is *the* authentic New York City rodizio-style restaurant.

► For more information, please visit [plataformaonline.com](http://plataformaonline.com)

**Churrascaria Plataforma**  
316 West 49th Street, New York

# ART BASEL MIAMI BEACH REDUX

BY KEVIN BERLIN



Kevin Berlin in front of artworks by Cote Escriva, artCONVEX Gallery Hong Kong, Art Miami, 2021. Photo by Yuki Ko

They're back! "Hundred-thousand dollar cars, everybody's got 'em... Welcome to Miami!" You don't need to replay Will Smith's classic *Miami* video or read his hot new book *Will*, to know that Art Basel Miami Beach has still got it.

The world's most prestigious art fair returned to Miami Beach with remarkable success after a one-year absence. While many galleries and visitors, especially from Europe, decided to wait until next year, the attendance was truly outstanding, with an overall attendance of more than 60,000 visitors.

Local Miamians got what some described as a watermelon sugar high. "People are hungry!" said Raymond Stuwe, who shipped his latest eye-catching painting collection, and traveled all the way from the Canary Islands to exhibit at Scope Miami.

You still needed to know somebody to skip the line at Joe's Stone Crab, Mr. Chow's at the W, or anywhere at Faena Hotel Miami Beach. Strollers, baby carriages, and bodybuilders pa-

raded on South Beach. The more popular nighttime venues attracted crowds, though many of the biggest fish spent most of their time on their yachts or on much less crowded private islands.

While Art Basel Miami Beach at the Main Convention Center anchored the week, there were dozens of other major fairs and presentations, including Art Miami, the 20th anniversary of Scope Miami, Design Miami, Pérez Museum Miami, the Rubell Collection, and YoungArts Foundation. Among the most exciting was the newly established Museum of Graffiti at the legendary Wynwood Walls, in the Design District. Of course, there wasn't a restaurant, hotel, Cuban coffee shop, or even a donut shop — not a bare wall or parking lot — in all of Miami without an homage to art.

Art Basel Miami Beach continued to earn its reputation with a focus on quality, representing the very best in galleries and artists. Groundbreaking new works and a selection of works



Kevin Berlin with Crystal Rose Pierce and Brock Pierce, VIP opening, Scope Miami, 2021. Photo courtesy of Kevin Berlin Studio



Kevin Berlin with Jared Leto, Miami Beach, 2021. Photo by Tara Vaught

Kevin Berlin in front of a mural by Fuzi, Museum of Graffiti, Wynwood Walls, Miami, 2021. Photo by Carole Hazan



from the secondary market were available. Art ranged from Picassos to work by artists you have definitely never heard of . . . yet. And yes, attendees were impossibly well dressed. Design Miami just across the street had one of its strongest presentations to date. Of particular note was the merging of what had been traditionally considered contemporary craft, such as ceramics and basketry, with the established categories of design and fine art. Art Miami

and CONTEXT Art Miami heralded excellent attendance and sales and exhibited work by the global graffiti artist Shepard Fairey of *Exit Through the Giftshop* fame and the 10-year-old child prodigy painter Andres Valencia. In general, so many artists presented outstanding new work that I don't have space to mention them.

So what's new? It's hard to know where to start. NFTs! This little understood art form has gone mainstream, becoming more than just the darling of cryptocurrency kings. Scope Miami featured the artist NYCHOS, whose 20-foot mural *Dissection of Grogu* (Baby Yoda) greeted viewers at the entrance, and his ubiquitous digital creation *Barbie Meltdown* at Mirus Gallery was one of the most talked about works at the fairs. At Scope you may have noticed among the VIP guests bitcoin billionaire and presidential candidate Brock Pierce and his wife, Crystal Rose Pierce, one of Forbes' top 10 women in blockchain.

In case you missed Art Basel Miami Beach, don't panic. You can attend right now. Yes, you read that right. Many of the exhibitions and participants can be found online. In fact, "The growth of online sales was the most significant development of the art market in 2020," according to the 2021 Art Basel and UBS Global Art Market Report. Perhaps the most significant change in the art market in 2021 the report said is "a pivot to digital that drove online sales to reach an all-time high of \$12.4 billion."

As Will Smith sang in his song *Miami*: "Let's go to my yacht, in the West Keys. Ride my jetskis, loungin' in the palm trees. 'Cause you gotta have cheese for the summerhouse piece on South Beach."

## MINI ART INTERVIEW WITH NYCHOS AT SCOPE MIAMI



NYCHOS with Kevin Berlin in front of *Nefertiti*, Scope Miami, 2021. Photo courtesy of Mirus Gallery

### How have the last two years inspired your work?

After a pretty rough period of sickness, my last couple of years were extremely powerful in terms of self-healing. I sort of locked myself in the studio and painted my soul off — resulting in two books and a huge exhibition that opened on February 22 and runs through May 1, in L.A. Be there!

### Any thoughts on NFTs present and future?

In the present, I'm exploring NFTs as an opportunity to delve deeper into the world of animation. That's something I've always wanted to do, and I find it really suits my works, too. Concerning the future, one thing can be said: There's definitely more to come. Stay tuned.

### What's next?

My exhibition *The Awakening* is up next. It's at Mirus Gallery, Los Angeles, until May 1st and it's the biggest show I've done so far. It features a lot of novel works and some classic paintings. There are some pretty rad AR [augmented reality] and immersive elements to it, and Rabbit Eye Movement is hosting a gift shop. I can't wait to share it all with you and whoever wants to join.

### NYCHOS

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SANDY COHEN, UNTITLED, ACRYLIC ON CANVAS, 40"X30"



## *SANDY COHEN ART*

*HAMPTONS*

Sandy Cohen is an artist born in Israel, based in New York City and the Hamptons. She started creating art as a child and sold her first piece at 13. Her works are currently in the private collections of two royal families as well as in museums and galleries internationally. Sandy's pieces are filled with deep messages that have come from her life experiences. Despite her struggle with dysautonomia, she continues to create in the hope that through her journey she can be an inspiration for others to never give up.



SCHEDULE A PRIVATE VIEWING OF RECENT WORKS BY SANDY COHEN  
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# ANTOINE VERGLAS

## ICONS

BY LAURA ARTEN



Angelina Jolie

Antoine Verglas, the legendary French photographer of the supermodel era, started his career as a TV commercial actor, TV host, and a model himself, before focusing on photography professionally.

His style is immediately recognizable, and it shifted the paradigm of the time. In the late 1980s and early '90s uber-glamour and hyper-styled imagery were the trends. Verglas's intimate black-and-white portraits of supermodels, usually in a natural setting, wearing minimal makeup and dressed simply — if at all — presaged the more candid and documentary style of decades to come. His then innovative photos look as fresh today as they did at the peak of the supermodel era.

In addition to photography, he owns the concept-store chain *Clic*, started by his wife, Christiane Celle. He is also the president of The Artists of St Barth Association and the co-founder of the St Barth Photo Festival.

### Did you always want to be a photographer?

I was studying business in Paris when I gained momentum as a TV commercial actor. When I finished college, I gave myself one more year to pursue this and during that timeframe I happened to become a talk show host, interviewing celebrities, actors, singers, and bands. I even interviewed Sharon Stone just before she did *Total Recall*. Eventually, the channel folded because it was owned by Sylvio Berlusconi. I found myself without a job, and my girlfriend at the time, a very successful model, was headed to New York. I came with her and never left. Shortly after my arrival, I met the celebrity hairstylist Frédéric Fekkai, who really introduced me to the New York scene of the early '90s as well as to the Hamptons, St Barth, and Aspen. During my initial period in New York, I was lucky enough to do a story for French *ELLE*. I interviewed supermodels for a feature reportage. Another person who truly impacted my life and my career in New York was the legendary late Monique Pillard, who was the right hand of John Casablancas at *Elite*. She took me under her wing, nurtured my talent, and enabled me to develop as a photographer.



Laura Arden and Antoine Verglas at his Manhattan studio  
Photography by Marsin Mogielski

**What are the most memorable moments of your career?**

Shortly after my arrival to NYC, I did a bunch of interviews with supermodels such as Stephanie Seymour, Linda Evangelista, Cindy Crawford, and pitched them to French *ELLE*. I did a lot of pictures of these models in a very, very anti-glamour way, very natural, sort of low-key, as they were just out of bed, or at home. Very intimate and rather candid like a boyfriend or close friend. It was not mainstream at the time. Perhaps it was the novelty of my approach that got me the cover and the story. I shot Stephanie Seymour for the *ELLE* cover of August 1989, the same year that I moved to New York. I was very happy. It is a very strong memory. Then *Photo*, a French magazine, republished part of the story and I did a cover with Claudia Schiffer for the top model of the year issue. Those were my two big moments when I started. In 2000 I shot *Sports Illustrated* covers, the *GQ* swim issue cover with Tyra Banks, and *Maxim* cover with Kim Smith. That was a big year also.



Penélope Cruz



Heidi Klum

**Who are your favorite clients to date?**

Victoria's Secret is a company I've had a longstanding relationship with, and they are the kind of client that brings you to the best locations and treats everyone more than nice to say the least. Thank you, Edward Razek. *Playboy*, *Sports Illustrated*, and *Maxim* have also played an important part in my career. More recently, I did fashion and beauty stories for *Bazaar International* editions with Kristen Ingersoll.

**Tell us about Clic.**

My wife, Christiane Celle, was the vision behind Calypso in St. Barth, and after parting ways with our partners, she created Clic, a unique book and photography gallery. Eventually she transformed it into a concept store. Christiane has a great and refined sense of style, reminiscent of the early years of Calypso. We have a number of locations, including NYC, East Hampton, California, and St. Barth.

[antoineverglas.com](http://antoineverglas.com)  
[clic.com](http://clic.com)



Tatjana Patitz

# JANE MANUS

## RENOWNED SCULPTOR

BY JESSICA FONTAINE SWIFT



Over the last 10 years the burgeoning art scene in Palm Beach has absolutely exploded. The annual Palm Beach Art & Antique Show, now in its 19th year, is one of the largest art and antique exhibitions

in the world. Galleries seem to be popping up overnight in droves as major collectors continue to be drawn to our sunny shores. Indeed, some of the world's most sophisticated consumers call Palm Beach home. Between 2019 and April 2021, nearly 105,000 New Yorkers migrated to Florida, and with them came many businesses, favorite dining spots, and beloved art galleries that cater to their tastes.

It seems art can be found everywhere in Palm Beach. From open-air exhibitions at the Royal Poinciana Plaza to the waterside concert series at the Society of Four Arts, gallery works, sculptures in public spaces, and so much more, our tiny island is a variable arts venue, traveling with you as move from Worth Avenue to the Plaza and everywhere in between.

A recent installation provided by DTR Modern Galleries and Jane Manus at Restaurant 44 is an opportunity to enjoy internationally celebrated sculptures in a serene setting. Known for her

freestanding geometric works, Manus is a contemporary American sculptor who defines her work as “minimal abstract form; bold color; highly finished, tactile surfaces; and architectural integrity.” On display from February 2022 are two bold pieces: one free-standing and one a wall piece, both welded aluminum and painted red.

The pieces represent a playful nature. Manus’s freestanding sculpture *Time Out* incorporates a bench, inviting you to take a moment and enjoy her work. About the sculptures, Manus said: “The main goal in creating sculpture for me is that it is three dimensional and works from all angles. In wall works I do, I try to do this.”

Jane Manus has worked continually on forceful geometric sculptures since the 1970s when she was a student at the Art Institute of Boston, where she learned to weld metal. First utilizing steel as her main medium, today Manus works exclusively in aluminum, preferring its lightness and flexibility. Amazingly, the large-scale vibrant and unyielding, freestanding sculpture on display at Restaurant 44 weighs less than 100 pounds. Standing tall in the gardens behind Palm Beach Towers, her piece transforms your view into an abstract experience.

Manus is celebrated throughout the world for being one of the few women, alongside Louise Bourgeois and Louise Nevelson, to make metal sculptures on a scale similar to male artists such as Mark di Suvero and David Smith. Her works have been exhibited in dozens of solo and group shows and are included in dozens of public and private collections. Both pieces on display at Restaurant 44 were fabricated in West Palm Beach, where the artist now resides, and are priced upon request. [palmbeach@dtrmodern.com](mailto:palmbeach@dtrmodern.com)

# IT HAPPENS ON FILM



**ADRIEN RAPPOPORT**, who heads Reconnection Video, is a filmmaker and videographer who travels the world recording celebrity personalities, luxury properties for the travel industry, and many corporate and private events.

Celebrity interviews have included **Richard Branson, Jamie Foxx, Jordi Mollà,** and **Miami Mayor Francis Suarez.**

A particular specialty is travel and tourism video production. Today, this is one of the world's most important ways to document beautiful places and to showcase the culture, scenery, and lifestyle of a place. All videos are filmed from a marketing, public relations, and journalistic perspective, and are integral to innovative branding campaigns.

**RECONNECTION VIDEO** has created heirloom productions for private clients wanting to capture the exquisite venues and unique moments of weddings, family vacations, and other important life events.

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**WEB COMMERCIALS**  
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**PRESENTATIONS**



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## FEATURES

## Yafa Signed Jewels



Photography by Nick Mele

Veronica Webb is wearing Van Cleef & Arpels, a zip necklace in yellow gold, with diamonds & rubellite, a 21-carat fancy intense yellow diamond ring, and a 15-carat vivid yellow diamond ring, available at Yafa Signed Jewels

# Yafa Signed Jewels AND THE AMERICAN DREAM

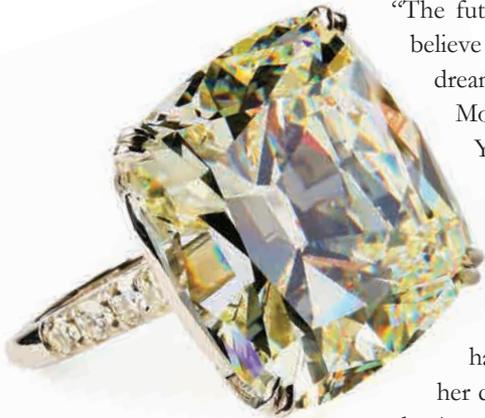
BY JESSICA FONTAINE SWIFT



Yafa Moradof, Rozita Moradof, Maurice Moradof

This is a story about the American Dream. About heartache and hardships, immigration, family, and most important of all, perseverance.

Eleanor Roosevelt once said, “The future belongs to those who believe in the beauty of their dreams.” In the case of Yafa Moradof — who established Yafa Signed Jewels with her son Maurice — there would be much beauty indeed. But getting there was a road paved not in diamonds, but in hardships, yet one that led her down the path to achieving the American Dream.

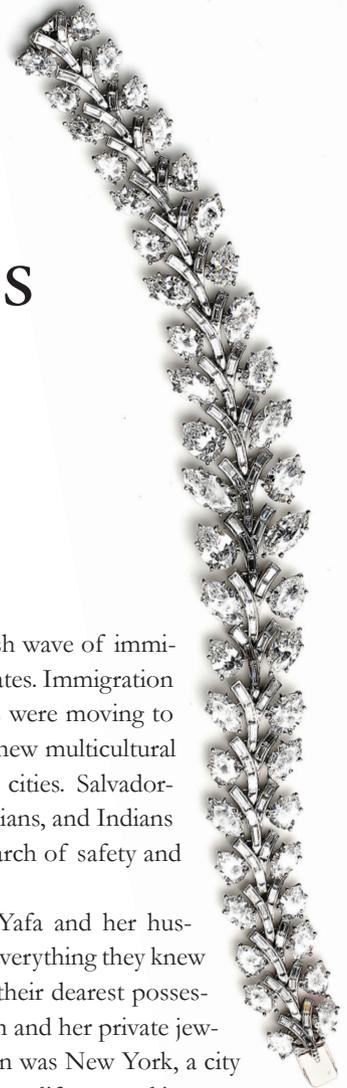


Throughout the 1960s, a fresh wave of immigrants traveled to the United States. Immigration laws had relaxed, and urbanites were moving to the suburbs, making way for a new multicultural demographic in United States cities. Salvadorans, Filipinos, Cubans, Irish, Asians, and Indians alike left their homelands in search of safety and prosperity.

Among them was a young Yafa and her husband, who, in 1970 left behind everything they knew in Iran, taking with them only their dearest possessions: their three young children and her private jewelry collection. Their destination was New York, a city bustling with the promise of a new life steeped in opportunity, though the city’s poverty and violence would also play a villainous role in their future.

Starting over was both exhilarating and terrifying, and though unbeknownst to them then, this was something she would have to do more than once. Leaving everything they knew behind took courage; but surviving in New York City would take grit, and the journey to success asked more of them than they might ever have imagined. The Moradofs believed their only option was to persevere. Because they had a family to look after, wasting time was an unthinkable luxury.

With limited English and few possessions, the Moradofs set out in the Big Apple. At first, Yafa and her husband took odd jobs: anything to keep from starving. With no prior work experience and a natural flair for entrepreneurship, Yafa found that she could make a trade in buying clothing from manufacturers and reselling them to stores, friends, and relatives while her husband took whatever work he could find. Still, it was hardly enough to keep a family of five afloat. A decade’s worth of scraping by was their day-to-day existence as they sought to





Sharleen Moradof and Maurice Moradof with sons

find their way in this strange new world. Fortunately, they both knew the value of high-end jewelry, and they had a hunch that they could turn their knowledge into profit. In 1980 they were able to open a small storefront on Lexington Avenue at 63rd Street. But to get their start, there would have to be sacrifices. They called in every favor from friends and family, and Yafa had to sell a good deal of her personal collection of jewelry.

With a heavy heart, she took to the city's Diamond District to find a buyer for her only worldly possessions. While it saddened her to part with such beauty, she found solace in her ability to care for her children. And while she did have to part with some of her most valuable items, she gained one invaluable thing in return: the knowledge and courage to turn this experience into a trade.

A few years after opening, the store was robbed; this essentially put Yafa and her family out of business. Shortly thereafter, she and her husband split up. Of all the hardships, this was perhaps the most difficult, and in 1986 Yafa would have to go back to square one.

This time, she turned to her now 16-year-old son, Maurice, for help. For a time, they found gold to be an easy fix. They could procure gold items and sell them to store owners for cash or credit. This, however, sometimes proved to be problematic when dishonorable store owners didn't honor the credit they had promised. Dreams in danger of never coming true and days of struggle for Yafa and her three children were becoming the reality they had previously known for far too long but thought they had overcome.



Soon the tides began to change, however, when the two began to procure jewelry from close friends and their acquaintances and worked hard to broker deals to make ends meet. She and Maurice would make their way from store to store in the Diamond District selling to shop owners. While profit was the goal; knowledge was the real treasure. Yafa began piecing together the preferences of each store owner. Specific types of diamonds, vintage jewels from certain eras, and large colored gemstones quickly became the currency of her day-to-day life. Each sale gave Yafa a new insight, and she worked to build her business, piece by piece.

In 1987, Yafa and Maurice opened another small storefront. It was there that, for the first time, they could develop a trade together. True to form, Yafa focused on antique and estate jewelry. Their inventory ranged from important vintage pieces to rare jewelry. Large-house names made up the many jewelry pieces of their impressive collection, and this particular specialty has become the cornerstone of their business today. From the very start, Yafa had a knack for curating beautiful things, and the store soon became known for its unique offerings of rare jewelry. It was a reputation that drew the interest of many, and before long, they were going global.

In the early 1990s, Yafa and Maurice began to build up a new, impressive inventory of rare jewelry. They set their sights on major international cities with large jewelry exhibitions that drew big crowds and even bigger money. From Miami to Hong Kong and Las Vegas to Geneva, they showed their trove of jewelry treasures to a growing list of important clients, many who still are faithful clients to this day. At this time, Yafa's eldest daughter, Rozita, stepped into the family trade, taking the reins while Yafa and Maurice were on the road. Everything from managing inventory to clients, maintaining the books, overseeing staff, and much more, fell to Rozita as her family members sought to build their empire.

During their travels, Yafa and Maurice met one new and very important client who took them to Europe where they

Photography by Nick Mele



Vintage Bulgari Colombian emerald &amp; diamond necklace

were tasked with curating a collection the likes of which Italy had never before seen. The Moradofs bought rare jewels and vintage pieces as well as new pieces from internationally celebrated designers. One day, Yafa and Maurice were taking a mid-afternoon respite from work and enjoying coffee in a piazza in Rome when something all too familiar happened. Next to Maurice sat an unassuming duffle bag with more than \$1 million of jewelry inside when two men on a motorcycle approached, grabbed the bag, and sped off. Less than 60 seconds was all it took to set back decades of work once more.

Fortunately, they didn't have their entire inventory with them in Rome that day. After a few weeks of regrouping, the task was clear: sell what they had and work to build up their collection once more. They increased their travel schedule, and before long were traveling to 15 exhibitions around the globe while also opening Yafa Signed Jewels in New York City, this



time with Yafa's Rozita at the helm alongside Maurice.

It was this new boutique that acquired a reputation for being a source of unique and exceptional signed pieces. Over time, this reputation preceded them as they worked to curate the world's largest inventory of signed jewelry under one roof. One-of-a-kind art deco bracelets, rare gemstones, and jewelry owned by royalty frequented their vitrines. Soon, a long-term friend would become an important business partner, offering Yafa Signed Jewels yet another exquisite offering to set them even further apart from their competition.

Enter Chris Del Gatto, widely considered to be one of the most important dealers in rare diamonds. Like Maurice, Chris started young in the rough and tumble New York Diamond District. He became a gemologist at just 17, and started working

with both diamonds and estate jewelry. In 1987, he began as a diamond cutter and then became a partner of Del Gatto & Shoreman in the early 1990s. Over the years, he worked to grow the business and eventually sold his interest. In another impressive career move, Chris founded Circa in 2001, and in his 10 years serving as chairman and CEO, built the company into the largest buyer of diamonds and jewelry from the public globally, ultimately selling it to a private equity firm in 2011.

Chris was always a champion of Maurice's efforts. Kindred spirits from the start when they met, each 19 and struggling to make his way in the Diamond District. In 2020, Maurice opened a Yafa Signed Jewels on Palm Beach's iconic Worth Avenue, a lifelong dream for the family. For years, Maurice and Yafa had come regularly to Palm Beach for the Art & Antique Show. Maurice knew the very first time he stepped foot on the island that one day he would live here. The expansion into Palm Beach presented the ideal opportunity for Chris to get



Photography by Nick Mele

Veronica Webb is wearing Harry Winston Colombian emerald & diamond clip earrings with a 30-carat F VS emerald cut diamond ring



Photography by Nick Mele



Vintage Colombian Emerald & Diamond Bracelet  
30 Carat F VS Emerald Cut Diamond Ring

involved with Yafa Signed Jewels in an official capacity while also working alongside his partner, Andres Lucas, running the Del Gatto Diamond Finance Fund.

Today, Yafa Signed Jewels is an internationally recognized brand run by three generations, all born from Yafa Moradof's dream. Yafa is on hand to oversee each piece of signed inventory that passes through the family's hands, and Chris brings an entirely new product offering to the table: an important inventory of rare and large diamonds. Maurice manages day-to-day business, while Rozita maintains the company's operations. And in 2020 a younger Moradof came of age and began to learn the family trade. Maurice's eldest son, Tyler, a graduate of George Washington University's School of Business, helped to open the Worth Avenue storefront. In May 2022, he will step in full time.

The storefront window of Yafa Signed Jewels showcases impressive one-of-a-kind signed pieces and diamonds ranging to 75 carats or more. Large emerald cuts, cushion cuts, and ovals dazzle because of their scarcity, causing all who walk by to slow their pace and take notice. For those who venture inside, a warm welcome, fresh dates, and a Champagne reception await. The boutique at 234 Worth Avenue, recently renovated by Guy Clark Interiors, is bathed in muted neutrals and cool blues. The space is at once both opulent and welcoming, complete with a plush sitting space, custom chandeliers from Murano, Italy, and an ever-changing inventory that impresses the world's most discerning jewelry connoisseurs. Last year, Yafa Signed Jewels added yet another impressive name to its inventory when it became an authorized retailer of David Webb jewelry. They now boast the largest collection of David Webb jewelry on the island. This singular success will be added to in the future, with exciting announcements in the pipeline.

If you're lucky enough to visit on a day when Yafa is in, be sure to sit and chat. She'll likely delight you with information about rare jewelry and statement pieces the likes of which you may never see again. And she'll bless you several times before you take your leave. Her kindness is infectious, and while this is a cornerstone of her personality, it is but one of the many features built into her character that allowed for the steadfastness that achieved the beauty of her dreams.

Indeed, there are few ideas more revered than the American Dream. Perhaps it's because, at our core, we all want to not only survive, but thrive, even in the face of repeated defeat. The promise of the American Dream affords us that unique experience. We may fall, but as long as there is breath in our body, this country encourages us to rise up, and fight another day. After all, collectively, our lives are all mere diamonds in the rough. The rest is up to us.

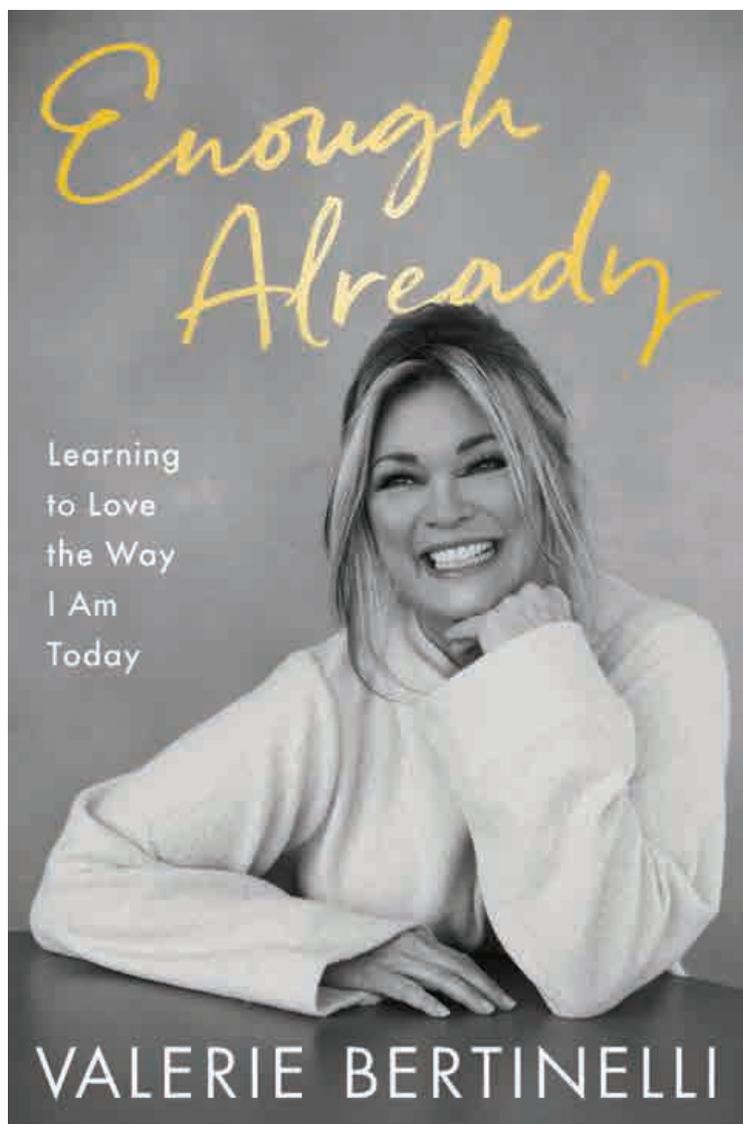


Photography by Nick Mele

# VALERIE BERTINELLI

## ENOUGH ALREADY

BY DEVORAH ROSE



In her latest book, *Enough Already: Learning to Love the Way I Am Today*, Valerie Bertinelli takes us on a personal journey. Vulnerable and raw, Valerie gives us the truth about her life's harder moments; yet she also uplifts us with fun and comforting recipes. This is a wonderful read for anyone, but especially those who need to pick themselves up and relearn how to savor the moment even during the hardest of times. I caught up with Valerie to learn more about her process.

**Your book weaves heart-wrenching stories with recipes. What led you to this narrative choice?**

Everything always comes back to food for me. Making it, serving it, watching people I love enjoy it. It grounds me. I've had a complicated relationship with food and I wanted to just love it again.

**When did you become self-aware enough to end the negative self-talk, and what do you hope your readers take away from your example?**

Oh, that negative self-talk is still there. I don't think it will ever fully go away. I've just gotten a little better at working through it. I'm hoping by reading or listening to the book people will be able to work through their own self talk, hear what it wants, thank it for trying to help, and send it on its way.

**Many times you've had the courage to share your life experiences. Does it get easier each time you open up, or is it always difficult?**

It does not get easier. This book really scares me because it is *so* personal. But I do know that I'm not the only one going through all this stuff. I think by sharing and seeing ourselves in others, it helps us to not feel so alone. I think I've always been a bit of a verbal vomiter, and the older I get the less I care about the people who would judge me for it and care much more for the people who may be helped by it.

**You touch upon grief in your book. What do you think is the most important action or decision a person needs to make to navigate grief?**

Grief really sucks. It feels like it's eating a heart-sized hole right through your chest. I've tried to save the tears for when I can be alone. I don't want someone to worry about me when I need a good cry. Sometimes those tears are on their own schedule and they just seep out. I wish I had all the answers. I don't believe anything you need to do to ease your grief is wrong. I think that the greatest gift grief gives us is the profound love we are left with. The happy memories shine brightest and any of the bad memories fade and you're left with the love.



# KAREN GENAUER

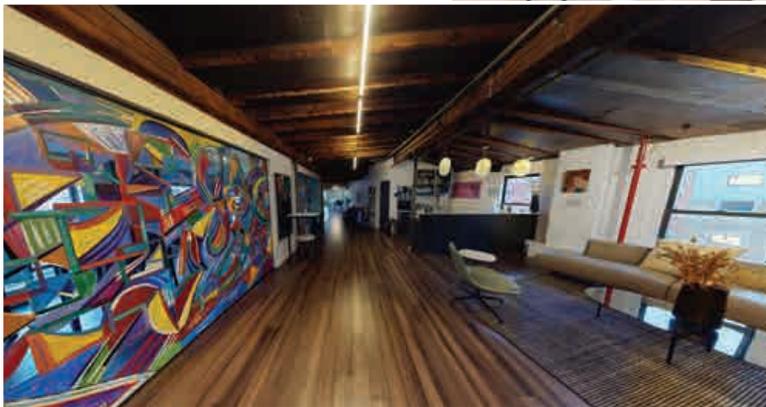
## INNOVATOR OF THE TRIANGLE LOFT

BY LAURA ARTEN

The Triangle Loft is a flexible event space in the heart of the Meatpacking District. It was started by Karen Genauer, who has more than 20 years' experience in the hospitality industry. I sat down with Karen Genauer to learn more.



Karen Genauer, Photo by Marsin Mogielski



### What and where is The Triangle Loft?

Triangle Loft is a flexible meeting and event space. I kept the larger half of the space fairly bare, pristine and raw, so the client can have a blank canvas to work with. This way the space can be readily transformed into pretty much anything. The other half is more of a lounge/bar/community space, with a warm intimate feel. Good vibes only, as I like to say.

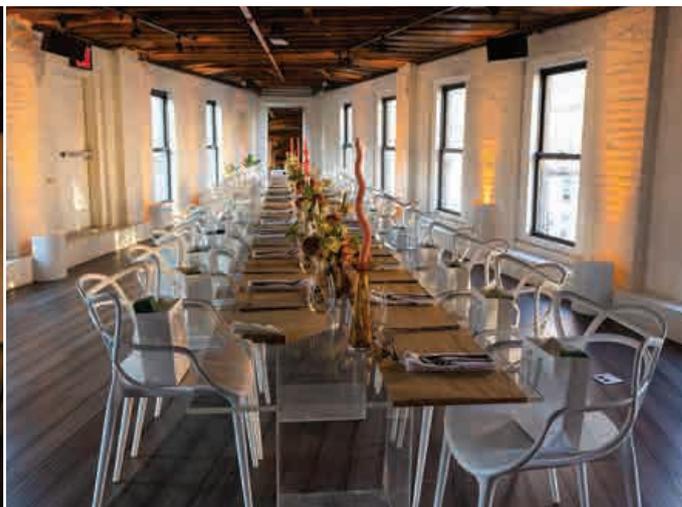
I have a fully operational kitchen as well as a license to serve alcohol, so we are unique in that sense. It enables the client to plan — or let us produce — the entire venture on-site as opposed to having to source food and beverage or having to have a makeshift food and drink section.

Triangle Loft sits on the top floor of the Little Flatiron Building in the heart of the Meatpacking District in Manhattan. Our legal address is 675 Hudson Street, but our guests tend to use the elevator entrance located on the Ninth Avenue side of the building. The place used to be known as No.675 Hudson, before the Triangle Building was adopted as a name.

The building itself is unique and historical. The origin of the structure goes back to 1848 and the seaport trade, and was primarily a factory. The building has also been used in famous films. In *Fatal Attraction*, it serves as Glenn Close's apartment setting; in *Serpico*, Al Pacino catches Rudi Casaro here; and in *The Hours*, Ed Harris jumps out of the north corner window.

Preceding the building itself are huge vaults, around 6,500 square feet of subterranean space, that used to serve as horse stables and storage for cargo and business goods. For the most part they were sealed by 1920 and somewhat forgotten, only to be rediscovered some 20 years ago. Before Meatpacking went through its renaissance in the late '90s, there were fetish and sex dungeons there for a while, called The Vaults.

Today, Soho House, a high-end members club and hotel, is across the street while several of the luxury fashion houses, including Hermès, continue to make their way into the neighborhood. We are in one of the most exclusive neighborhoods of Manhattan. The Triangle Loft has been completely renovated, and is ready for the next chapter.



### What is the vision for the Triangle Loft?

We are exclusively inclusive. Everyone is welcome. Diversity and local communities are one of my main focal points. We do events relevant to anything that may be going on culturally, such as Black History Month, Fashion Week, Women's Month, Cancer Awareness Month, and so on.

The murals in the space are done by some artists who were painting the boarded-up stores in the Meatpacking District during the pandemic. I connected with them via Instagram and asked them to come and paint at The Loft. We always change up the murals in order to give exposure to other artist. I try to give opportunities to creative talent as much as I can.

We are also very much in touch with the corporate side of entertainment and hospitality as well as always giving back by supporting local talent, the creative community and people with traditionally less

access to high-end venues like this. As a woman operating my own business, I know how difficult it can be to build something or get ahead, and I am interested in shifting the paradigm when it comes to women and minorities of any kind in business. For example, many of my suppliers are women-owned and operated, and much of our spirits are locally produced and sourced. I do care about the values of the businesses and partners we team up with. My preference is for small, privately owned, independent businesses partners.

### How did you come to have the Triangle Loft?

My background is in hospitality, hotel industry, and event management. I was working for the original owners trying to get the space open. Then the pandemic happened and I lost my job. The landlord, Ari Ellis, of David Ellis Real Estate knew I had been quite invested in the space. He encouraged me to build a business of my own. He was extremely kind and generous, allowing me to only pay what I could afford until I got the space going. We are getting there, and I am now collecting a paycheck. March is already busy and hopefully the future is bright.

[triangleloft.com](http://triangleloft.com) | [karen@triangleloft.com](mailto:karen@triangleloft.com) | 212.675.8049

HAZEL THE BEAUTY RN  
CELEBRATES HER  
SOCIAL LIFE MAGAZINE COVER  
PHOTOGRAPHED BY MARSIN MOGIELSKI  
AT THE TRIANGLE LOFT IN MANHATTAN

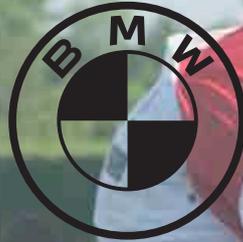
- 1. Hazel The Beauty RN
- 2. Skye Jones
- 3. Augusto Manzanares  
Aleksander Janik
- 4. Bruno Mejia  
Alessandra Dibernardo  
Jay Clinton  
Marsin Mogielski
- 5. Sarah Bamford  
Benjamen Adams  
Olga Litvinenko
- 6. Sarah Hinchon  
Danielle Frechette
- 7. Richie Rich, Baby Chic
- 8. Susan Kim  
Milan Gianni
- 9. Gjina Shala  
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# POLO HAMPTONS



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# SYDNEY SADICK

## *LUNCHTIME WITH SYDNEY*

BY DEVORAH ROSE



The fashion expert and TV host Sydney Sadick has been coming to Palm Beach her entire life. Staying at her family's home each holiday and winter season is what she looks forward to every year, making Palm Beach her happy place. This winter season also features the latest set of *Lunchtime with Sydney* (LTWS), the first-ever Instagram Live talk show, which Sadick launched in the Hamptons two years ago. Developed to make people feel less alone during their lunch breaks, it has over 400 episodes with top guests. Here's how she can entertain you during lunch this Palm Beach season, in between walks on Worth Avenue and time at the beach.

**Sydney, you started LTWS in March 2020. How did you come up with the idea?**

A week into official lockdown, it was very apparent I wouldn't be allowed back in a TV studio anytime soon for one of my regular fashion-segment appearances. I also quickly realized that networking lunches were off the table, too. Combining both of my dilemmas, I thought, why not launch my own show on Instagram Live during the most social time of our day, bringing on different guests (celebrities, designers, athletes, stylists, news anchors, chefs, etc.) to talk about their careers and how they stay positive and motivated.

**What was it like starting this concept in the Hamptons?**

I've been coming out to the Hamptons since I was born, but I had never lived there full-time until recently. I was used to the hustle-and-bustle pace of NYC, but starting the show in the Hamptons allowed me to feel the most creative I've been, given the peace, the quiet, and the nature. Also—the space!

**Describe the format of the show.**

It's essentially a visual podcast. Thirty minutes of fun conversation where fans can interact live in the moment by submitting their questions in the comments, and I share them with the guest of the day. The show also includes a rapid-fire round in the final minutes.



**Who have been some of your biggest guests?**

It's hard to believe over 400 of the biggest talents have joined my show: models Olivia Culpo, Maye Muske, and Coco Rocha; actresses Suzanne Somers and Candace Cameron Bure; celebrity stylist Ty Hunter; designers Norma Kamali, Isaac Mizrahi, and Lele Sadoughi; entrepreneurs Marie Forleo and Jamie Kern Lima; reality stars Carole Baskin and Heather Dubrow; Olympic gymnast Nastia Liukin . . . and hundreds more!

**How has the show evolved?**

The *Today* show's millennial-targeted platform, TMRWxTODAY, picked up a weekly version. Drew Barrymore, Justin Baldoni, Chrishell Stause, Lucy Hale, and Julia Haart are some who have joined me on that platform. With media constantly evolving in our ever-changing world, it's fun to see the media outlets and personalities who are picking up on the importance of connection and using social media as a tool to not only connect and communicate, but inform, too.

**How did you transform your makeshift studio to Palm Beach?**

My travel ring-light, my phone stand, and my computer are the three key items I need to broadcast from Palm Beach. I'm excited to give viewers a different backdrop.

**You've been coming to Palm Beach since you were born. Why is it so special to you?**

Palm Beach has always had an extremely special place in my heart. It was literally on my Hinge dating-app profile as my happy place. I joked if someone wasn't into that, they're probably not for me! My late grandparents [Marvin and Hannah Kamin] were my absolute everything. They were big socialites here, involved in or spearheading just about every major event. Every family tradition and special memory that I have has taken place here. Coming now with my mom and brother and being in our family home and carrying on the traditions we all started together make me feel connected to them.

**Where are some of your favorite lunchtime spots in PB?**

Bice has some of my favorite salads. That's always No. 1. I've been going to Renato's my entire life, and Pizza Al Fresco for a quick bite next door is also great. I'm a big fan of the Palm Beach restaurants.

**What's next?**

More shows, more guests, hopefully some R&R this Palm Beach season, and more collaborations — plus, my book *Aim High* is available for purchase!



JEAN SHAFIROFF IN PALM BEACH, DRESS BY ZIMMERMANN | NICK MELE PHOTOGRAPHY

# AMERICAN HUMANE

## PHILANTHROPIST & BOARD MEMBER JEAN SHAFIROFF HOSTS LUNCHEON

PHOTOS COURTESY OF ANNIE WATT

Jean Shafiroff — American Humane board member, philanthropist, television host, and author — hosted an outdoor luncheon at Swifty's at The Colony Hotel in honor of American Humane and its executive director, Dr. Robin Ganzert, and board president, John Payne.

The luncheon was attended by just over 20 guests. Those in attendance included Jean Shafiroff, Dr. Robin Ganzert, John Payne, Sharon Bush, Ramona Singer, Ava Roosevelt, Patty Raynes, Kim

Renk, Kim Charlton, Alex Hamer, David Hochberg, Paola Bacchini, Danielle Rollins, Pamela O'Connor, Robert Caravaggi, Vicki Schneps, Megan McCartney, Lauren Roberts, and Melinda Rockwell.

Jean Shafiroff spoke about the wonderful work that the charity does before introducing Robin Ganzert. The group was excited to learn more about American Humane and the upcoming Pups4Patriots Dinner, which took place in Palm Beach on February 28.

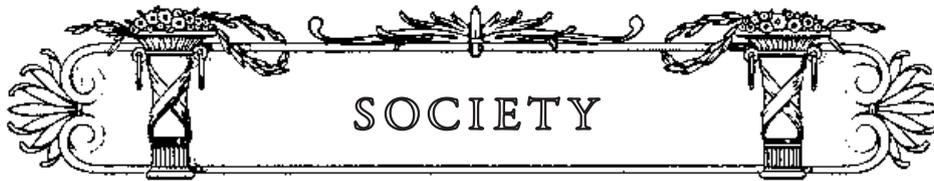


1. John Payne  
Nancy Payne  
Sharon Jablin  
Robin Ganzert

2. Jean Shafiroff  
Ramona Singer

3. Ava Roosevelt  
Kim Renk  
Pamela O'Connor

4. Kim Charlton  
Meg McCarthy  
5. Vicki Schneps  
David Hochberg



## DR. ROBIN GANZERT

JEAN SHAFIROFF INTERVIEWS DR. ROBIN GANZERT,  
PRESIDENT AND CEO OF AMERICAN HUMANE

BY JEAN SHAFIROFF

**American Humane has led the animal compassion movement for 145 years and has done more for animals under your leadership than any other humane organization. Can you tell me a little about what American Humane has been doing lately to help our best friends in these hard times?**

As the country's very first national humane organization, founded in 1877, we have a long history of helping animals in times of need through two world wars, the Great Depression, and national disasters like Pearl Harbor, 9/11, and Hurricane Katrina. During this past year, we leapt into action to save, shelter, and transport countless animals caught in catastrophes such as the disastrous floods that overwhelmed Louisiana and those fleeing the devastating wildfires in the West that reduced huge swaths of land to ashes. Despite multiple, often simultaneous disasters, we came through for so many animals, proving once again that the toughest times often set the scene for one's finest hours.

**And you did all this even as we were grappling with a global pandemic!**

Yes, the coronavirus outbreak made it harder than ever for our rescue team to operate. And when it became known that the virus had originated in animals and spread to people, many people panicked and began abandoning their pets. American Humane led the charge to dispel the rumors that companion animals were responsible and turned the conversation around, urging people instead to adopt a "pandemic pet," leading to the greatest surge



Dr. Robin Ganzert

in adoptions in modern times. Best of all, with the help of a remarkable philanthropist and animal lover by the name of Jean Shafiroff, we created a Feed the Hungry/COVID-19 campaign, which delivered more than one million meals as well as critically needed medicines and supplies to animal shelters around the country. Jean, thank you for making that vital effort a huge success!

**I was honored to lead that effort and thrilled that we surpassed even our own ambitious goal. Speaking of ambitious goals, you just unveiled a wonderful new program for helping our best friends in their worst times.**

Yes, we just launched the American Humane Sanctuary, our first-ever home where we can bring to life the knowledge and skills we've garnered over 145 years. The sanctuary will provide a welcome refuge to animals in need of forever homes, one where they can overcome the physical and emotional scars of the past and meet their future families in a beautiful

home setting. Situated on 10 peaceful, landscaped acres, the sanctuary features everything dogs, cats, horses, birds, and other animals could want. There are dog runs, agility courses, dressage greens, barns, gardens, an aviary, and a wellness clinic. Importantly, the healing power of this home will not be limited to animals — it will also serve as a new Pups4Patriots center where veterans grappling with physical and emotional traumas are paired with free, highly trained, lifesaving service dogs. Veterans will be provided with all the comforts of home, complete with handsome living quarters and home-cooked meals, as well as therapeutic facilities where, with their new best friends at their side, they can learn to navigate life again. Finally, the sanctuary is a training center where a new generation of first-responders will learn how to help victims of abuse, abandonment, natural disasters, puppy



mills, and cruelty cases. Those interested in supporting this program for the compassionate treatment of the animals and our nation's veterans may visit [AmericanHumane.org/Sanctuary](https://AmericanHumane.org/Sanctuary).

**This is such a wonderful idea. And you're doing all this while you protect and care for one billion other animals each year.**

American Humane has worked hard to advance the way we treat animals even while we continue to operate our legacy programs. Today, we protect and improve the lives of animals around the world, helping ensure the welfare of hundreds of millions of farm animals, hundreds of thousands of rare and endangered species in zoos and aquariums, and 100,000 beloved animal actors appearing in movies and television each year through our well-known "No Animals Were Harmed®" program. Along with our rescue work, it's a busy agenda, and one we work hard to fulfill with the most efficient use of donor dollars of any major humane organization — earning us the top 4-star rating from Charity Navigator for the third time in a row. We're very proud that we do more for more animals with less money than any other humane group. I hope your readers will feel inspired to join us in our work by visiting [AmericanHumane.org](https://AmericanHumane.org). And thank you, Jean, for giving us this opportunity to bring our cause to your readers!

#### ABOUT ROBIN GANZERT

Robin Ganzert, Ph.D., is president and CEO of American Humane, the country's first national humane organization and the first to serve animals whenever and wherever they are in need of rescue, shelter, or protection. Since her appointment in 2010, Dr. Ganzert has spearheaded unprecedented growth and transformational change at the historic 145-year-old nonprofit, which has reemerged as the most effective humane organization in the country. Robin is regularly featured in the nation's leading news and media outlets as

an authoritative voice on animal welfare. She has appeared on the *TODAY Show*, *World News Tonight*, CNN, Fox Business News, *Fox and Friends*, and many other media outlets. Her opinions have been featured in leading newspapers, including the *New York Times*, the *Wall Street Journal*, the *Washington Post*, *USA Today*, the *Chicago Tribune*, the *Los Angeles Times*, and the *Boston Globe*.

#### ABOUT JEAN SHAFIROFF

Jean Shafiroff — philanthropist, advocate, TV host, and the author of the book *Successful Philanthropy: How to Make a Life By What You Give* — is a volunteer leader of several charitable causes. She serves on nine charity boards: Southampton Hospital Association, American Humane, NYC Mission Society, Casita Maria, The NY Women's Foundation, French Heritage Society, Couture Council of the Museum at FIT, Global Strays, and Southampton Animal Shelter Foundation honorary board. A Catholic, she served on the board of the Jewish Board for 28 years and is now an honorary trustee of the organization. In addition, she is the national spokesperson for American Humane's Feed the Hungry Covid-19 Program. She is the ambassador of the Southampton Animal Shelter Foundation. Jean Shafiroff has appeared in many national media outlets, including CBS, NBC, ABC, *Fox and Friends*, Fox Business, and News Max, to name a few. She has been featured in the *New York Times*, the *Wall Street Journal*, *Hello, Hola*, Huffington Post, the *New York Post*, and many other news outlets for her philanthropy. Jean is the producer and host of the TV show *Successful Philanthropy*, which airs six times a week through LTV studios in East Hampton, New York. It also airs several times each week on Sun20TV in Southampton. Jean holds two degrees: a BS in Physical Therapy from the College of Physicians and Surgeons at Columbia University and an MBA in Finance from Columbia Business School at Columbia University.

# JACQUELINE WELD DRAKE

JEAN SHAFIROFF INTERVIEWS JACQUELINE WELD DRAKE,  
CHAIRMAN OF THE BOARD OF CASITA MARIA, BRONX, NEW YORK

BY JEAN SHAFIROFF



Jacqueline Weld Drake



Children served by Casita Maria

**I understand that you are very involved with Casita Maria. Tell me about it?**

Yes, indeed. I have served as chairman of the Casita Maria Center for Arts and Education for many years, and have also chaired the annual fundraiser, Fiesta. I am exceedingly proud of the work it does. Jean, we are happy to have just elected you to our board of directors.

**Explain Casita Maria for our readers.**

It is a group of people dedicated to the families and children situated in the South Bronx, the poorest congressional district in the country. We've been around for 87 years as New York's first Latino-serving charity, long enough to have deep roots and to have secured the trust of the people we serve. Almost one third of New Yorkers are Latino, and we serve the most vulnerable families and children, many single-headed households, as we fight poverty. Our after-school and summer educational programs serve hundreds of K–12 children each day at our South Bronx facility and at Harlem Village Academy in Manhattan. We teach children to succeed.

**How do you go about achieving your goals?**

Casita Maria creates a safe and welcoming environment away from

the streets. We offer quality arts and educational programming, integrating music, visual arts, dance, and theater with academic assistance and youth development principles to spark creativity and nurture social-emotional skills, expression, self-knowledge, and leadership abilities. We prepare young people for college and career readiness, and encourage positivity and engagement with parents, caregivers, and others in the community.

**What kind of instruction does Casita Maria provide?**

We have dance, music, vocal, and drama instruction as well as easel arts, and more. We have dedicated art spaces with high-quality, modern technology. We also have spaces where kids can perform or exhibit. As one 5th grader in the program said, 'When I start dancing and singing, I just forget about the people. I do not see the people from the stage, so I just get going. It makes me feel like me, and I feel excited, even if I am shaking!'

**Is your art programming available to the public?**

As a bridge between the arts and the community, Casita Maria also presents exhibitions and performances. These celebrate the art and artists that reflect the cultures of the South Bronx. Open to the



HRH Prince Dimitri of Yugoslavia, Carolina Herrera, Jacqueline Weld Drake, and Reinaldo Herrera.  
Photo by Patrick McMullan



Jacqueline is also known for her series of literary interviews, including those with Sally Bedell Smith, Chris Matthews, Alice Hoffman, Michael Gross, Erica Jong, Wally Lamb, Tony Mendez, Susan Isaacs, and Rebecca Miller.

As chairman of Casita María, Inc., the oldest Hispanic settlement house in New York City, and of its annual Fiesta, she has received a great deal of attention for her tireless work on behalf of the underprivileged of this city.

public, these provide the experience of art to the wider community, and are traditionally well attended. Visiting artists create and exhibit work that bespeaks the culture of the community, as they interact with students and families.

#### Tell us about fundraising?

Although Casita Maria has managed its finances well and has survived, our main source of unrestricted funds is our annual fundraising gala, Fiesta, which I have chaired for many years. I am proud to say that it has earned its place as the best gala party of the fall season.

#### How can people learn more and donate?

They can go to our website [casitamaria.org](http://casitamaria.org). We hope they will all learn more.

#### ABOUT JACQUELINE WELD DRAKE

The biographer and novelist Jacqueline Weld wrote the definitive biography of the art patron and dealer Peggy Guggenheim, *Peggy: The Wayward Guggenheim*. The book was recently the basis for the documentary *Peggy Guggenheim: Art Addict*, which featured Jacqueline, whose recorded interviews with Peggy Guggenheim formed much of the sound track. Jacqueline Weld is also the author of *Rara Avis*, a novel based on her life experiences in Venezuela.

#### ABOUT JEAN SHAFIROFF

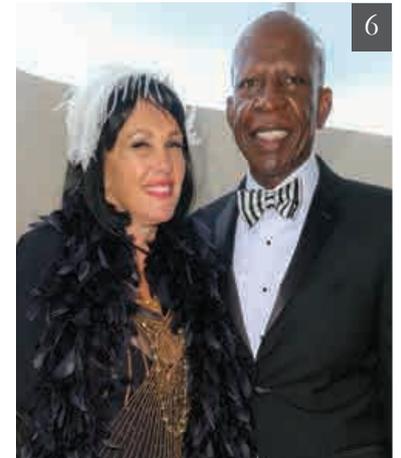
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JEAN SHAFIROFF CELEBRATES HER  
*SOCIAL LIFE* MAGAZINE COVER  
 AT JADE TRAU IN SOUTHAMPTON  
**JADETRAU.COM**

1. Jade Lustig
2. Jean Shafiroff
3. Jeff Schwartz  
Teresa Schwartz
4. Shannon Priest  
Dakota Kalbacher
5. Stacey Fotiades  
Eugenia Valliades
6. Tisha Collettee  
Dan Gasby
7. William Morosse  
Mar Morosse
8. Gretchen Maull Berger  
Alie Mitchell
9. Greg Rosen  
Amanda Scankiewicz
10. Jade Trau jewelry  
Jade Lustig  
Julia

*All images thanks to*

**Rob Rich | societyallure.com**



## HOTEL CROYDON

KICKED OFF ART BASEL MIAMI BEACH WITH ART OF STYLE PARTY

BY NEIL CHARLES

PHOTOS COURTESY OF PATRICK McMULLAN



Chloe Pearl, Jean Shafiroff, Ariel Swedroe



Peter Thomas Roth



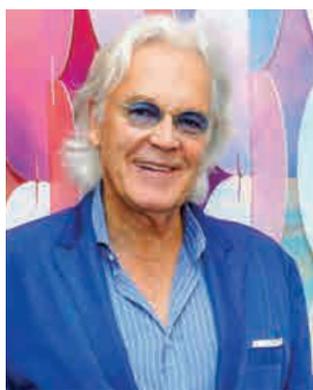
Maria Fishel, Kenneth Fishel



Carmen D'Alessio



Nicole Noonan, Steven Knobel



Ron Burkhardt



Ray Mancini Jr., Ray Mancini, Jean Shafiroff, Craig Singer

The author, TV host, and philanthropist Jean Shafiroff hosted the Celebrating the Art of Style party at Hotel Croydon in Miami Beach to kick off Art Basel Miami Beach 2021. Jean wore an Oscar de la Renta dress from the spring 2022 collection with complementing fuchsia gloves. Cocktails and hors d'oeuvres were served as guests, celebrities, and art enthusiasts converged on the South Beach hot spot in celebration of one of the biggest art events of the year. Leading galleries from five continents exhibited significant works by masters of modern and contemporary art, as well as a new generation of emerging stars, at this year's Art Basel show.

Notable attendees included Jean Shafiroff, Peter Thomas Roth, Ray Mancini, Ray Mancini Jr., Craig Singer, Ariel Swedroe, Chloe Pearl, Maria Fishel, Kenneth Fishel, Nicole Noonan, Steven Knobel, Paola Bacchini, Margaret Luce, Carmen D'Alessio, Ruth Miller, Pamela Morgan, Maya Johnson, Lauren Day Roberts, Lee Fryd, Stacy Engman, Curtis D. Young, Phaon Spurlock, Lieba Nesis,

Carol Wilkinson, Lucia Hwong Gordon, Ian Donahue, Ezequiel DeLaRosa, Ana Stone, Ron Burkhardt, Amber Love Bond, Marie Assante, and Gigi Robinson.

*ABOUT HOTEL CROYDON:*

The whimsical Hotel Croydon is located in Miami's mid-beach off Collins Avenue. Comfortable accommodations include seamless service, Tempurpedic beds, C.O. Bigelow bath products, in-house restaurant (The Tavern), complimentary cocktails nightly from 7 to 8 pm, a pool, yoga classes, and a rooftop deck with panoramic views of the ocean and city. Hang out and dine at the Tavern which offers both a wide selection of all-day dining options as well as indoor or outdoor seating to meet your mood.

► For more information about Hotel Croydon, please visit [hotelcroydonmiamibeach.com](http://hotelcroydonmiamibeach.com).

# SOCIETY RECAP

## PALM BEACH

BY HARRISON MORGAN  
HONORARY SOCIETY EDITOR



'Twas the season in Palm Beach, and what a season it was! Known throughout the world for our stylish, if not lavish soirées, our tiny but tony nine-mile island truly is like nowhere on earth.

We're thrilled to bring you the very first issue of *Social Life Magazine* Palm Beach. I'm humbled to be your honorary society editor for this and future issues. We're thrilled to welcome so many friends from up North who now call our beloved

Palm Beach home. In the last two years Palm Beach has absolutely transformed. As a former Manhattanite, I'm excited to see so many iconic New York establishments come to town.

Among some of our favorite newcomers is Yafa Signed Jewels, which brought even more glitz and sparkle to our treasured Worth Avenue in 2020. And speaking of jewels, next season promises to be exceptional as the Royal Poinciana Plaza plans to resurrect the Playhouse, which will be the crown jewel of the island. Le Bilboquet and Swifty's have also popped up in the most stylish of manners, attracting the crème de la crème of Palm Beach and New York society. Cojimar Palm Beach, the Hemmingway-inspired brainchild of La Grenouille's Charles Masson, is rumored to be opening in the Esplanade soon. Cartier has returned to the island this season, making its debut at the Royal Poinciana Plaza, and Marissa Collections has been a veritable revolving door of the fashionable and fabulous who won't stop buzzing about their stylish duds.

The 2021–2022 Palm Beach season was indeed back in full swing. In the following pages are some of the highlights from this season. It's always a beautiful blur, but for me, some of the standouts included Cocktails for

Compass, the Pan's Garden Party and Book Signing with SMI Landscape Architecture, the Preservation Foundation Dinner Dance, the Cancer Alliance Shop the Day Away Luncheon, and of course, the Old Bags Luncheon put on by the Center for Family Services.

I hope you enjoy perusing these snapshots of happy moments; a glimpse in time of the always glamorous Palm Beach social scene. For now, I'll bid you adieu until next season.

23<sup>RD</sup> ANNUAL  
 CENTER FOR FAMILY SERVICES  
 OLD BAGS LUNCHEON  
 AT THE COLONY HOTEL  
 AND WORTH AVENUE

1. Danielle Rollins  
 Mary Coleman  
 Katherine Shenaman
2. Guy Clark  
 Dee Schneider  
 Harrison Morgan
3. Susan Magrino  
 Eleanora Kennedy
4. Ingrid Etzold  
 with Marissa Collections  
 for Mission Moment
5. Hilary Ross  
 Audrey Gruss  
 Lynne Wheat
6. Gail Worth  
 Lois Pope
7. Allison Nicklaus  
 Kristan Stutts  
 Laura Russell  
 Susy Benjamin
8. Cheryl Hall  
 Diana Maune  
 Patty Ghesquire
9. Karen Swanson  
 Diane Smith  
 Tammy Pompea
10. Tiffany Isaacs  
 Camille Murphy  
 Penny Murphy

*All images thanks to*  
**CAPEHART Photography**



CANCER ALLIANCE  
SHOP THE DAY AWAY LUNCHEON

- 1. Erin McGould  
Lori Berg
- 2. Gail Worth  
Barbara Marulli
- 3. Lauri Welteroth  
Antonella Breuer
- 4. Lois Richards  
Gloria Herman
- 5. Virginia Gildea  
Sheila Buchbinder
- 6. Geri Emmett  
Guy Clark

All images thanks to  
CAPEHART Photography



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**Mary Bryant McCourt**, VP Marketing/Events  
**Dan Fillmore**, President and CEO



TOM D'AGOSTINO  
AND  
DANIELLE ROLLINS  
ENGAGEMENT PARTY

1. Tom D'Agostino  
Danielle Rollins
2. Xiomi Penn  
Elizabeth Marshman
3. Jessica Fontaine Swift  
Trent Swift
4. Trish Carol  
Harrison Morgan  
Kathy Prounis
5. Danielle Rollins  
Tom D'Agostino
6. Jessica Fontaine Swift  
Jenn Gowdy  
Xiomi Penn  
Guy Clark  
Krystian von Speidel
7. Kim Rink  
Lauren Roberts  
Mark Walter
8. Arsine Kaloustian  
Taniel Shant
9. Jonathan D'Agostino  
Tom D'Agostino  
Guest

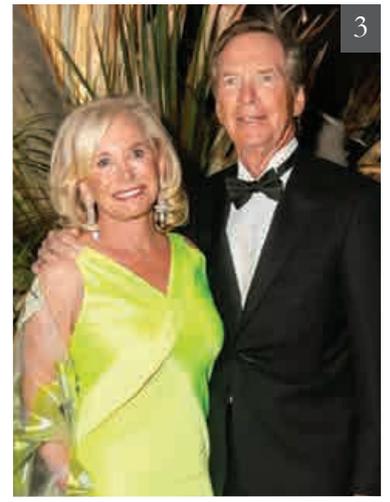
*All images thanks to*  
**All For One Creations**



PRESERVATION FOUNDATION  
ANNUAL DINNER DANCE

1. Amanda Skier  
Scott Skier
2. Casey Waldin  
Erik Waldin
3. Sharon Bush  
Bob Murray
4. Harrison Morgan  
Veronica Webb  
Chris Del Gatto  
Guy Clark
5. Hilary Ross  
Wilbur Ross
6. Renee Morrison  
Carlos Morrison
7. Kay List
8. Michele Kessler  
Howard Kessler
9. Lactitia Han  
Ben Han
10. Danielle Hickox Moore  
Walter Ross  
Lesly Smith

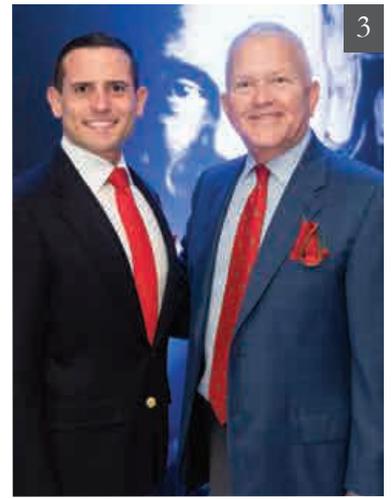
*All images thanks to*  
**CAPEHART Photography**



COCKTAILS FOR COMAPASS

1. Brian Brady  
Bill Bone
2. Guy Clark  
Renee Morrison  
Harrison Morgan
3. Ryan Ruark  
Mark Foley
4. Sonja Stevens  
Mark Stevens
5. Barry Hayes  
Maurizio Busa
6. Scott Veloza  
Stephen Mooney
7. Siobhan Zerilla  
Krystian von Speidel
8. Julia Murphy  
Nicole Marulli  
Julie Seaver
9. Kevin Clark  
James Burwind

*All images thanks to*  
**CAPEHART Photography**



CANCER ALLIANCE OF HELP  
HOPE COCKTAIL PARTY

- 1. Russell Pagliughi  
Greig Todd
- 2. Iris Apfel  
Stanton Collemer
- 3. Gayle Johnston  
Mike Johnston
- 4. Lois Gackenheimer  
Ray Richards
- 5. Cynthia Witter  
Virginia Dadey
- 6. Linda Collier  
Terry Collier
- 7. Olivia Reagan  
Amir Taghi
- 8. Ella Leary  
Susan Sosner
- 9. Janet Levy  
Mark Levy
- 10. Xiomi Penn  
Fraley Rentschler  
Katherine Shenaman



PALM BEACH ZOO DINNER  
UNDER THE STARS

1. Allegra Garcia-Velez  
Calixto Garcia-Velez
2. Kathie Comerford  
Dan Comerford
3. Michele Kessler  
Howard Kessler
4. Christina Bernstein  
Martin Bernstein  
Stephanie Conrad
5. Niki Sned  
Trey Sned
6. Lulu Ryan  
Cy Ryan
7. Dinah Evan  
Don Silpe  
Ruth Baum  
Linda Silpe
8. Luis Fernandez  
Lillian Fernandez  
Alfonso Fernandez
9. Minot Amory  
Julia Amory



5<sup>TH</sup> ANNUAL SCULPTURE IN MOTION:  
THE ART OF PRE- AND POST-WAR  
AUTOMOBILES

1. Martin Gruss  
Audrey Gruss
2. Alicia Barnes  
John Barnes
3. Christine Aylward  
Bill Aylward
4. Helene Lorentzen  
Matt Lorentzen
5. Donald Osborne  
Frank Garofolo  
Frances Fisher  
Jeffrey Fisher
6. Stephen Bruno  
Kim Bruno
7. Cameron Lickle  
LinQing Yang
8. Bob Bishop  
Perri Bishop
9. Marion Montgomery  
Sam Lehrman
10. Ralph Alvarez  
Natalie Alvarez
11. Alan Murphy  
Penny Murphy
12. Raisa Webb  
Roger Webb
13. Melissa Ceriale  
John Ceriale

*All images thanks to*  
**CAPEHART Photography**



PALM BEACH SOCIAL DIARY  
 PAN'S GARDEN  
 WITH SMI LANDSCAPE ARCHITECTURE,  
 LUGANO DIAMONDS AND  
 COVE CONSTRUCTION

1. Camilla Webster  
Farley Rentschler
2. Brian Vertesch
3. Georgia Mouzakis  
Michael Wise
4. Jayne Chase  
Robin Tebbe  
Katie Carpenter  
Sharon Bush
5. Jorge Sanchez  
John C. Lubischer  
Brian Vertesch  
Claudia Visconti
6. Diana Maune  
Dorian Hayes  
Mary Bryant McCourt
7. Harrison Morgan  
Elizabeth Marshman
8. Caroline Harless  
Jim Murphy
9. Hayley Sheldon  
Jeff Sheldon
10. Beth Lane and Eric Aho

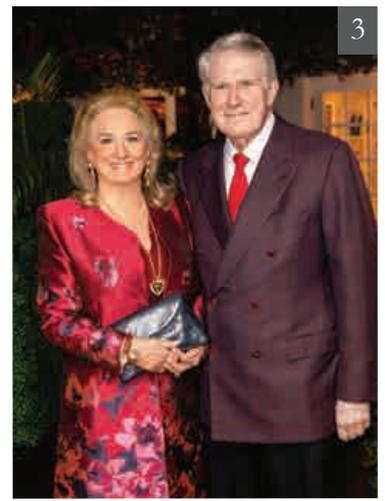
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**CAPEHART Photography**



AMERICAN HEART ASSOCIATION  
KICK OFF AT RENATO'S

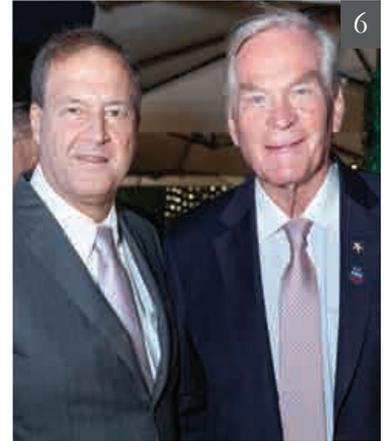
- 1. Jennifer Nawrocki  
Susan Bishop
- 2. Julie Rudolph  
Howard Rudolph
- 3. Kathryn Vecellio  
Leo Vecellio
- 4. Nadia Dischino  
Edward Wright  
Sherie Wright
- 5. Virginia Oatley  
Madison Oatley
- 6. Farley Rentschler  
Lauren Russo
- 7. Arlene Desiderio  
George Elmore  
Marti LaTour
- 8. Margie Allinson  
Melissa Sullivan
- 9. Arlette Gordon  
Joyce Vaughn

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CAPEHART Photography*



PROMISE FUND'S  
'DASH & DINE'  
AT CLUB COLETTE

1. Philo Rosenfeld  
Ron Rosenfeld
2. Penny Blumenstein  
Harold Blumenstein
3. Lenny Wilf  
Beth Wilf
4. Frank Chopin
5. Tom Esparza  
Matt Mercer
6. Dr. Michael Dennis  
Dr. David Dodson



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**CAPEHART Photography**

LADY IN RED GALA  
AT THE BREAKERS PALM BEACH

1. Gail Worth  
Frank Orenstein
2. David McClymont  
Christine Lynn
3. Tova Leidesdorf  
Lisa Salomon
4. Dr. Robin Ganzert,  
Lois Pope  
Marti LaTour



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SOCIETY OF FOUR ARTS  
LUNCHEON WITH  
CAROLINA HERRERA  
AT THE BRAZILIAN COURT

1. Wes Gordon  
Roopal Patel
2. Mary Brittain Cheatham  
Julia Amory
3. Tarra Pressey  
Lou Ella Jordan
4. Model
5. Sarah Wetenhall  
Daphne Oz
6. Lauriston Segerson  
Katherine Lande
7. Cortney Leidy  
Casey Waldin
8. Model
9. Model
10. Tara Vecellio  
Mary Willis
11. Milly Solomon  
Helen "Jeanne" Nicastri

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**CAPEHART Photography**



THE ROYAL POINCIANA PLAZA'S  
APRÈS BEACH

1. Dusty Dodge  
Hollis Bradley Pica  
Bettina Anderson
2. Karrin Capra
3. Atmosphere
4. Guests
5. Julian Breyette with dog Gigi  
Cyndi Duran  
Kate Khachaturian  
Kate D'Hondt  
Nicole Nason  
Sheri Wright
6. Guests
7. Sue Jin Lee  
Libby Kirsch  
Tristan Dyer
8. Julia Backlund  
Gary Hardcastle  
Lange Sykes  
Alexandra Jones

*All images thanks to*  
**CAPEHART Photography**



ARTIST JACQUES LIEBERMAN  
PRESENTS *BEYOND  
THE LINES AND COLORS*

Artist Jacques Lieberman debuted his exhibition *Beyond The Lines And Colors*. The event and exhibition were held in the studio at 484 Broome Street, New York City, next to the popular MarieBelle chocolate shop. *Beyond The Lines And Colors* is selection of Lieberman's original artwork from over the last two decades. Guests enjoyed cocktails and MarieBelle chocolates while taking in Lieberman's artwork that was displayed throughout the studio.

*Photos courtesy of Patrick McMullan*



MARIBEL LIEBERMAN,  
JACQUES LIEBERMAN



CAROLINA VON HUMBOLDT,  
CHRISTOPHE VON HOHENBERG



ROSEMARY PONZO

SAMUEL WAXMAN  
CANCER RESEARCH  
FOUNDATION GALA

The 24th annual Collaborating for a Cure Gala made its grand return at Downtown's Cipriani Wall Street. Aptly themed Together Again, the fundraiser supported groundbreaking cancer research funded by the Samuel Waxman Cancer Research Foundation (SWCRF). The gala raised more than \$4,000,000. This year's gala featured a live concert by Jason Isbell and The 400 Unit with very special guest artist Warren Haynes.

*Photos courtesy of Patrick McMullan*



DR. SAMUEL WAXMAN,  
MARION WAXMAN



DR. KEVAN SHOKAT,  
DEBORAH KAMALI



CHRIS WRAGGE

WHITE CROSS BALL  
OF NEW YORK CITY

The White Cross Ball of New York City took place at The Metropolitan Club in Manhattan. The Ball welcomed His Eminence Timothy Cardinal Dolan and ball patron HSH Prince Charles-Henri de Lobkowicz. The ball raised money for three of the Order of Malta's international humanitarian works: The Holy Family Hospital of Bethlehem Foundation; Malteser International, Order of Malta Worldwide Relief; and Order of Malta summer camps for disabled youth.

*Photos courtesy of BEA*



MERCEDES DE GUARDIOLA,  
HSH PRINCE CHARLES-HENRI DE LOBKOWICZ



DR. MICHAEL ESPIRITU,  
LIZZIE ASHER



FRANCESCA VUILLEMIN

# POP & FIZZ

## THE MIMOSA

BY SHARON ROTH



Aside from being the unofficial drink of South Florida and happily imbibed all over this year's Art Basel, the Mimosa — with its shimmering iridescent sunrise tones, light fruity zing, and refreshing tart accents — is the uncontested all-day libation that pairs with virtually anything, except perhaps steak.

And it brings quite a history: Its parent drink — the Buck's Fizz — was invented in 1921 at London's Buck's Club. The Buck's Fizz and the Mimosa are both composed of Cham-

pagne and orange juice, but the Mimosa calls for equal parts of both while the Fizz is mostly alcohol with just a splash of juice. (Calling for the immediate return of the Fizz!) It is believed that a bartender in 1925 at the Paris Ritz created the Mimosa.

Another account, however, holds that the director Alfred Hitchcock invented the beloved drink in San Francisco in the 1940s — and the *Oxford Companion to American Food and Drink* claims that Hitchcock was the one to popularize the Mimosa as a brunch drink in this country. Yet another cultural wonder we owe Hitchcock!

Mimosas come in many varieties, but below are a few simple tips for making them spectacular.

**1. Pour the sparkling wine first.** If you were still wondering after reading the above, Mimosas are all about the fizz (also called carbonation), so make sure you lose as few precious bubbles as possible while you're making your drinks.

**2. Use freshly squeezed orange juice — it has the most flavor.** If fresh isn't possible, make sure to use juice that is 100% orange juice, rather than from concentrate. Note: the bubbles of the wine will cause pulp to rise to the top of your drink — if you'd prefer a smooth drink, opt for pulp-free orange juice.

**3. Don't stir.** Since Mimosas are meant to be bubbly, you want to avoid agitating them too much before you drink them — any agitation will cause bubbles to pop (I know the feeling). Pouring the orange juice into the wine will mix the drinks beautifully — no need for anything extra.

**4. Garnish with something fun** — It's not necessary, but who doesn't like bubbly-soaked berries after their drink? Also, the best Champagne for Mimosas may not actually be Champagne: Many prefer Prosecco or Cava in this drink. Experiment and see what you like.

Pour, don't stir, enjoy, repeat endlessly — classic 20th-century bottomless cocktail bliss. Here's to the rest of the fabulous Palm Beach season!

### Popular Mimosa Variations on Orange Juice

- ✓ **Lemosa:** lemonade
- ✓ **Poinsettia:** cranberry juice
- ✓ **Soleil:** pineapple juice
- ✓ **Megmosa:** grapefruit juice
- ✓ **Vermosa:** apple cider (also called a crisp or an apple cider mimosa)
- ✓ **Pomegranate Mimosa:** pomegranate juice
- ✓ **Watermelon Mimosa:** watermelon juice
- ✓ **Grand Mimosa:** orange liqueur

### Other variations...

- ✓ **Sunrise Mimosa:** includes grenadine syrup for a red-to-orange gradient effect similar to a tequila sunrise
- ✓ **Mimosa sangria:** includes fresh fruit (like strawberries, raspberries, or pineapple) for even more flavor
- ✓ **Buck's fizz:** twice as much Champagne as orange juice

# JETSETTER STYLE

## CAERULA MAR CLUB

SOUTH ANDROS, BAHAMAS

BY GREGORY DELLI CARPINI JR.  
PHOTOGRAPHY BY LORENZO VINTI



Blissful, serene and elegant, Caerula Mar Club on South Andros, in the Bahamas, is the perfect escape from reality.

Surrounded by lush vegetation, Caerula Mar offers views of the ocean and the stunning natural beauty of the Bahamas. The accommodations are sleek and crisp, yet sumptuous. Rooms are awash in calming white and neutrals, and the walls are decorated with enlarged vintage black-and-white photos of locals. The husband-and-wife owners, Bryan and Sarah Baeumler, created this serene oasis after accidentally coming upon South Andros during a boating trip in the Caribbean in 2017. Theirs was the first new hotel to open on this unblemished island in nearly 20 years.

The hotel sits on ten secluded acres along the eastern shore of South Andros, which is one of several islands in the Andros archipelago, the largest island group in the Bahamas.

South Andros is home to extraordinary marine life. The property highlights the natural wonder of this dream spot and has created

areas for yoga and meditation and offers adventures that include sailing, snorkeling, diving, cruising, and fishing. During a sunset cruise you can be sure to spot dolphins and turtles.

Steps from your room or villa is a gorgeous pool that offers up beautiful views of the sea. After a swim, head to the white sand beach, which is never crowded. In fact, you may find yourself the only one on it throughout the day.

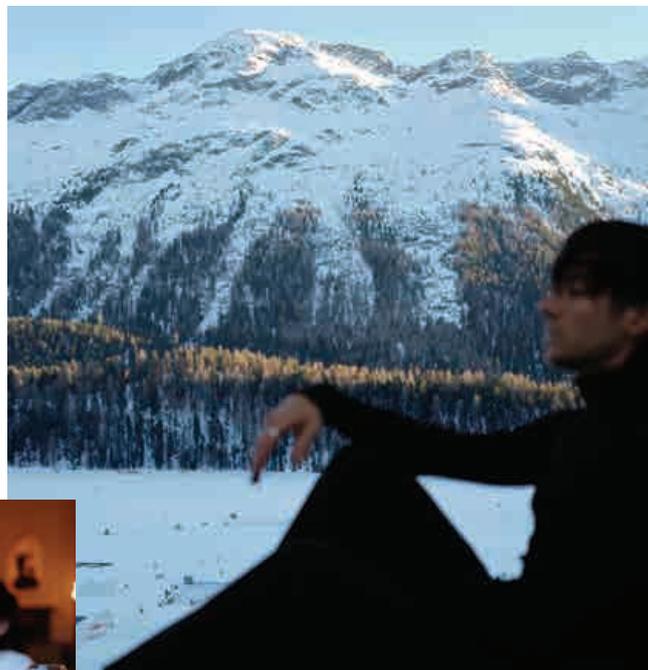
The cuisine is also outstanding. Three gourmet dining concepts range from a whimsical café and smoothie bar to Caribbean-inspired fine dining. Enjoy lunch and a refreshing afternoon cocktail poolside at Driff's Beach Bar. Lusca, the resort's fine dining option is headed by the Argentine chef Sebastian Perez and has a new and delicious menu every night.

Caerula Mar Club is truly the epitome of barefoot luxury. For more information and to book a stay, head to [caerulamarmar.com](http://caerulamarmar.com).

# BADRUTT'S PALACE HOTEL

ST. MORITZ, SWITZERLAND

BY GREGORY DELLI CARPINI JR.  
PHOTOGRAPHY BY LORENZO VINTI



The hotel offers an impressive variety of restaurants and diverse cuisines. Every meal is a true sensory experience with unparalleled quality and convivial service. From signature Japanese-Peruvian fare at Matsuhisa to Michelin-starred dining at IGNIV to a casual dinner in Chesa Veglia (a farmhouse built in 1658), the culinary

team at Badrutt's Palace celebrates your favorite classics with an eye most decidedly on what's happening locally and globally. After dinner you can dance the night away in King's Social House, the oldest nightclub in Switzerland, located within the hotel.

Accessed by a glowing underground tunnel, the vast spa area includes an indoor pool with floor-to-ceiling windows and impressive outdoor and indoor hot tubs. A beautiful sauna area features two steam rooms, two saunas, an ice room, and a relaxation room.

The hotel is in a prime spot in St. Moritz: a three-minute drive from the train station (the hotel provides a private pickup in a vintage Rolls Royce); steps from shops, cafés and restaurants; and a quick shuttle ride to the Corviglia cable car that goes to the best skiing spots in all of St. Moritz.

The hotel is a true dream and will leave you feeling perfectly removed from reality while surrounded by history, luxury, and glamour. For more information and to book a stay, visit [badruttspalace.com](http://badruttspalace.com).

**H**istoric splendor and modern luxury perfectly conflate in this landmark hotel in the center of St. Moritz, Switzerland.

Badrutt's Palace tempts you with grandeur and supreme style at every turn. Built in 1896 by the hotelier and entrepreneur Caspar Badrutt, the hotel is one of the most original and glorious hotels in the world. Much of the exquisitely preserved furniture in the grand lobby is original to the hotel's opening. The lobby's sheer magnificence will astound you.

Decorated in warm neutral tones, the rooms are also abundantly luxe and sophisticated, complete with majestic beds and luxurious duvets. Each room boasts magnificent views, with many rooms featuring grand balconies. The timber-beamed breakfast salon twinkles with crystal chandeliers and a golden harp is played during breakfast. Afternoon tea is served in Le Grand Hall, which overlooks the snow-peaked Alps. A pianist plays while you enjoy tea and sumptuous treats in a room decorated with 19th-century Italian art.

# MAISON DE LA LUZ, NEW ORLEANS

## A VERY SEXY HOTEL

BY INNA DESILVA



The pretty bathroom had a huge shower and a beautiful tub. So Parisian. After a quick nap on a bed made up with exquisite scalloped-edge linens, I decided to grab a coffee at the Ace Hotel, only 200 feet from the Maison. The Maison is a sister property of this Ace Hotel, which allows guests access to the Ace music venue, pool, and gym. The Ace Hotel chain has highly curated music programs at all of their properties across the United States, and I returned that night to enjoy fantastic live music.

I did venture into the French Quarter one night for dinner and while the food was fabulous at Deanie's Seafood, the Quarter is for the under-25 set

The city of New Orleans has always fascinated me. There is no other city in the world like it. After all, it's the birthplace of jazz and home to the unique festival of Mardi Gras. Recently, I caught a quick red eye from L.A. to Houston and a short 50-minute flight to the Big Easy. It was exciting to see the Mississippi River from my airplane window. The Louis Armstrong New Orleans International Airport terminal that opened in 2019 is gorgeous and reminded me of Scandinavian airports.

Maison de la Luz is a 67-room boutique hotel located just outside the French Quarter in the Warehouse District, near Lafayette Park. It occupies a historic building, c. 1908, formerly an annex to the New Orleans City Hall. Its décor is an eclectic mix of Southern antiques and eye-catching details. Upon arriving in the stunning atrium lobby, both the concierge and manager greeted me with that famous Southern hospitality.

While my room was being sorted out (I did arrive at 10 a.m.), I decided to enjoy an elegant French-style breakfast in the blue Breakfast Room. It felt like I was dining in a private grand mansion. I ordered scrambled eggs with caviar, which became my favorite breakfast choice. The front desk kindly upgraded me to a deluxe junior suite, with a bank of windows dressed in velvet.

at night on weekends. When I returned, I had a nightcap at Marylou, the gorgeous in-house Parisian-style cocktail lounge. Other hotel options for cocktails include an honor bar in the Maison's Living Room, open until midnight, or the highly curated mini bars stocked with full bottles of liquor and interesting snacks. Common areas of Maison de la Luz are open only to guests, allowing for ultra privacy.

This time in New Orleans I explored the Garden District, an architectural wonder of homes that range from cottages to ornate mansions. I also strolled through the lush City Park, 1,300 acres that includes the Botanical Garden along with The New Orleans Museum of Art (NoMA), which is a world-class museum with holdings that range from antiquities to contemporary art. It's worth a couple of hours of your time. Before departing the hotel Sunday night, I picked up a lobster roll and a cocktail from Ace Hotel's Seaworthy Restaurant for my trip home. Unfortunately, a weekend is too short of stay for wallowing in Maison de la Luz's luxury.

**Maison de la Luz**  
**546 Carondelet Street, New Orleans**  
**508.814.7720**  
**maisondelaluz.com**

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# THE ESSENTIAL LIST!

## A WELL-APPOINTED GUEST ROOM

BY HOLLY HOLDEN

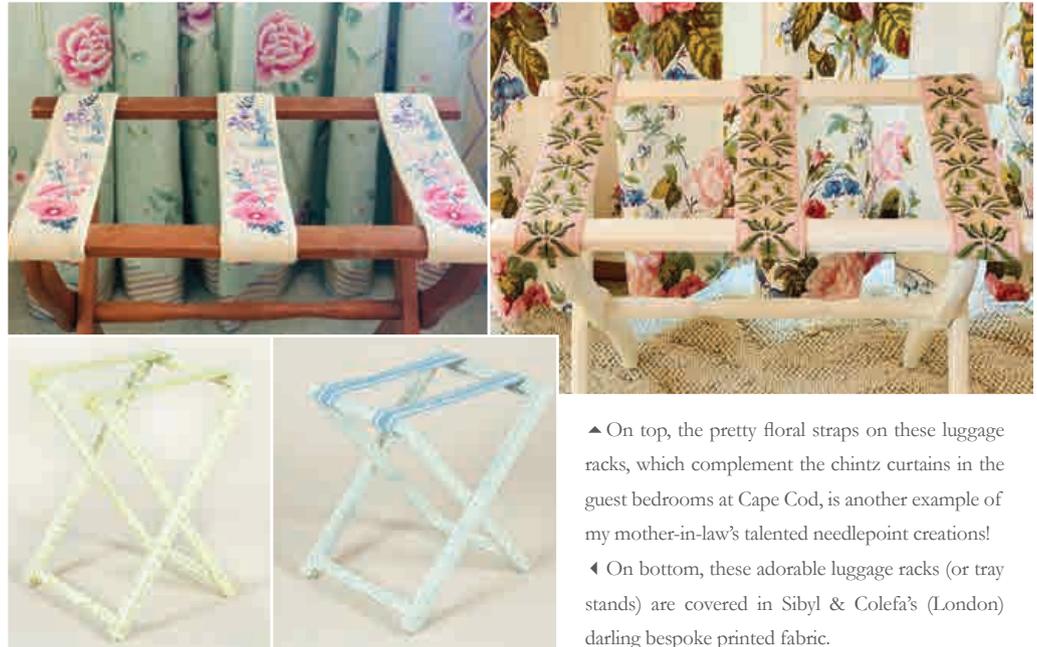


*Holly Holden is an international interior designer, author, speaker, and an Emmy-nominated TV host and producer. She writes a weekly e-letter: *Secrets To Lovely Living!* It is the authoritative guide to all things timeless, tailored, and traditional . . . the essence of understated elegance!*

*Holly Holden & Company, Ltd., Classic Interior Design, 100 Worth Avenue, Palm Beach*  
 @hollyholdendesign | hollyholdendesign@gmail.com | hollyholden.com

It's lovely to have a houseguest any time of year, but it may be prudent to ask yourself: "How well-appointed is my guest room ... and what else is needed?"

The perfect way to find out what's missing is to spend one night in your guest bedroom and role-play as a guest. You'll then truly discover first-hand what's needed. A very considerate detail to provide, which is often neglected, is one or two luggage racks in each guest room. They're not just for hotels — they're a welcomed addition for your guests who will be living out of their suitcases during their stay! Luggage racks fold in half and are easy to store in a closet.



▲ On top, the pretty floral straps on these luggage racks, which complement the chintz curtains in the guest bedrooms at Cape Cod, is another example of my mother-in-law's talented needlepoint creations!

◀ On bottom, these adorable luggage racks (or tray stands) are covered in Sibyl & Colefa's (London) darling bespoke printed fabric.

### HERE IS MY LIST OF THE MUST-HAVE ESSENTIAL ELEMENTS FOR A GUEST BEDROOM

- ✓ A petite vase of flowers at the bedside
- ✓ Two luggage racks
- ✓ Water, in a bottle or decanter, with a glass, arranged on a tray
- ✓ Books and magazines that your guests are likely to enjoy
- ✓ A soft throw on the bed or chair
- ✓ Two kinds of pillows: soft and medium-soft
- ✓ A strip cord near the bedside to recharge a phone, etc.
- ✓ A cell phone charger cord or station
- ✓ The Wi-Fi code
- ✓ A pad of paper and a pen
- ✓ A box of tissues
- ✓ Plenty of matching hangers in the closet (not a mishmash of hangers!)
- ✓ An additional blanket in the closet
- ✓ A lovely waste bin
- ✓ Black-out shades or pull-curtains
- ✓ A full-length mirror, which can be hung on the backside of a door
- ✓ A nightlight
- ✓ Two terry robes: medium and large
- ✓ Sweet and savory nibbles: a small dish of chocolates and rosemary pecans (See my video on YouTube on how to make my rosemary pecans.)

# POINCIANA PLAYHOUSE SET TO REOPEN

BY GUY W. CLARK II  
INTERIOR DESIGNER, ASID, GUY CLARK INTERIORS  
REALTOR, DOUGLAS ELLIMAN PALM BEACH

I'm looking forward to the newest vision for the Poinciana Playhouse as a theater and arts center. The design's plan for a waterfront restaurant as well as gallery and retail space adds to the excitement. Built in the late 1950s, the playhouse had a slow decline and closed 22 years ago.

Having moved to Palm Beach seven years ago after wintering in Vero Beach for years, I realized that the cultural vastness of this community is one of its greatest attributes. For a small town, it has almost anything that a big city has, except for a live performance and an adjacent dinner venue.

As a local interior designer and a local realtor (my real estate company office is located in the Royal Poinciana Plaza), I have a vested interest in the well-being and success of the town. And as a resident of the Palm Beach Towers, which is adjacent to the plaza, I have a vested interest in the success and beauty of the plaza as well.

Historically the playhouse was a true red-velvet Broadway performance venue with 864 seats for black-tie events to see plays, ballets, and musical performances. The Celebrity Room was adjacent to the theater and featured 278 dining seats for private club members. The playhouse, in its heyday, attracted A-list performers.

Up Markets (a division of WS Development) has spent seven years planning for a grand redesign and searching for the best operator for the playhouse. A recipe for success has finally been identified and proposed to the Town of Palm Beach.

Many successful venues are flexible spaces that allow for different audience capacities and a variety of dynamic pro-



gramming that appeals to different generations. Examples of venues that fit these criteria are the Overture Center for the Arts in Madison, Wisconsin, and Lincoln Center in New York City. Flexibility is key to long-term success, and the plans for reopening the Poinciana Playhouse allow for multi-generational programming from plays to concerts to educational lectures. Two important elements in the proposed plan include reopening the restaurant to the public (the only waterfront dining in Palm Beach) and reintroducing retail and gallery space to the building, as John Volk, the original architect proposed as part of his design in the late 1950s. Volk understood how a combination of retail and dining create

positive energy that can add to the success of a cultural arts center.

The proposed plan before the town calls for a 400-seat maximum in the playhouse and a 200-seat maximum in the restaurant, coupled with a small amount of retail and gallery space. Each of these uses and proposed sizes are far smaller than what the playhouse was in its heyday and the significantly dialed back intensity is aligned with the overall comprehensive plan for the venue.

How lucky the island is to have found the right partners to operate the Poinciana Playhouse as a multi-faceted community resource. This waterfront jewel box will be something that we can all be proud of.

I, for one, can't wait for opening night when the curtain goes up again — sometime in 2023.

## KIP'S BAY SHOWHOUSE

BY HOLLY HOLDEN

What a delight it is to introduce the fifth Palm Beach Kips Bay Showhouse to you in this inaugural issue of the Palm Beach edition of *Social Life Magazine*. Twenty-four of the country's most talented and inspirational designers and architects transformed a historic house in the Old Northwood Historic District of West Palm Beach to benefit The Kips Bay Boys & Girls Club and the Boys & Girls Clubs of Palm Beach County. The Mediterranean Revival house, known as "Mansion of Northwood," at 3001 Spruce Avenue, is absolutely dazzling and inspirational.

While touring the West Palm Beach showhouse and grounds in person or virtually, guests enjoyed brilliant design as they contributed to a most worthy cause to benefit children. Since 1973, the Kips Bay Showhouses have raised over \$25 million, benefiting 21,000 youths in the Bronx, New York, and Palm Beach County. The public was invited to tour until Sunday, April 3.

Having participated in several showhouses, I know firsthand the vast amount of time, talent, and finances required of designers and architects to transform their appointed spaces. This year produced exceptional designs, and much work was in the details.

I asked a few of the designers to share a brief overview of their space and experience.



### LEWIS DESIGN GROUP

#### *Closet Reimagined*

**Designer: Barbara Lewis**

Lewis expanded the idea of a walk-in closet to include personal space to reflect, make a call, write a note. Hand-painted wallpaper, a Roman settee, and small glass desk and mirror pay homage to Florida's lush vegetation.



### AMANDA REYNAL

#### INTERIORS

#### *Breakfast Hideaway*

**Designer: Amanda Reynal**

A Des Moines-based designer with a satellite office in Palm Beach, Amanda is known for her fresh take on traditional design her style layers color, pattern, texture, and clean lines. About this year's showhouse she said, "I have reimagined a second-floor sun

terrace into the ultimate private oasis." Incorporating a classic Palm Beach color palette, she was inspired to create an intimate hideaway in this outdoor space, with pink, yellows, and greens.

### CATHERINE M. AUSTIN

#### INTERIOR DESIGN

#### *Guest House Kitchen and Dining Area*

**Designer: Catherine M. Austin**

Austin created a space called Jewel of the Jungle. Her design elements were inspired by favorite sunny locales, including Marrakech, Costa Rica, the Côte d'Azur, and Palm Beach. She said, "The casita would be my idyllic haven to entertain friends from near and far ... a place to have fun, laugh, and host a range of colorful characters where the surroundings reflect their joie de vivre."





BELL DESIGN, INC.  
*Orville's Fever Dream*

**Landscape Architect:**  
**Robert Bell**

Robert Bell designed five large areas, filling the home's landscape with a contemporary Deco-eclectic style using refined, sinuous lines and sculptural plants. His theatrical garden spaces are entertaining vignettes as viewed from each house window. He uses bold linearity, raked angles, and exaggerated shapes to delight. His style has been described as "Darwin's Deco" because he pairs lush and exuberant plantings with classically detailed hardscape elements.



PETER PENNOYER  
ARCHITECTS

*Drawing Room*

**Architect: Peter Pennoyer**  
**Director of Interiors:**  
**Alice Engel**

"We evoked Florida's rich history and hospitality with our drawing room, which references the flora and fauna of paradise and combines whimsical patterns and textures, elegant antiques, and gracious custom furnishings. The result is a comfortable, inviting space for an evening cocktail, be it with Henry Flagler or John James Audubon."



ASHLEY GILBREATH  
INTERIOR DESIGN

*A Tented Retreat*

**Designer: Ashley Gilbreath**

"An escape from the hustle and bustle of everyday life, the primary bedroom is a place to relax and unwind, ensconced in the neutral stripe of the tented room which provides a casual yet elegant backdrop contrasted with rich textures and antique pieces that add depth and warmth. The floral bolster, silk lampshades, and monogrammed linens lend a feminine air to the tailored monochromatic palette. The overall effect is a timeless retreat based on the classics

and accented with modern touches that play with scale and texture to achieve a laid-back luxe feel."



BAKES & KROPP  
FINE CABINETRY

*Classic Meridian with a Twist*

Bakes & Kropp's kitchen reflects a transitional Mediterranean sensibility that seamlessly complements the historic 1923 home. This customized kitchen centers around Bakes & Kropp's one-of-a-kind luxury cabinetry, hand-crafted by the talented woodworkers in its Mt. Clemens, Michigan, workshop. The kitchen showcases the company's latest cutting-edge finishes and products, with a thoughtful balance between the sleek white foundation, textured wood elements, glossy stone countertops, and polished metal accents.



BETH DIANA SMITH  
INTERIOR DESIGN

*The Wonderland Dining Room*

**Designer: Beth Diana Smith**

The Wonderland dining room is a whimsical yet sophisticated dining space created to provide guests with an experience through layers of pattern, color, and texture. Smith said "My goal was to create a playful and refined space that marries beautiful details with conversational pieces, from textured wallpaper to velvet chairs to incorporating wildlife in subtle ways. This dining space is meant to be a bewitching backdrop for an evening of laughter, cocktails, and amazing food."



TIFFANY BROOKS  
INTERIORS, INC.

*Bloom Lounge*

**Designer: Tiffany Brooks**

"The vision I had for our room was to be playful and unexpected! I converted a small secondary bedroom into an opulent lounge dripping in vintage Palm Beach soul."

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