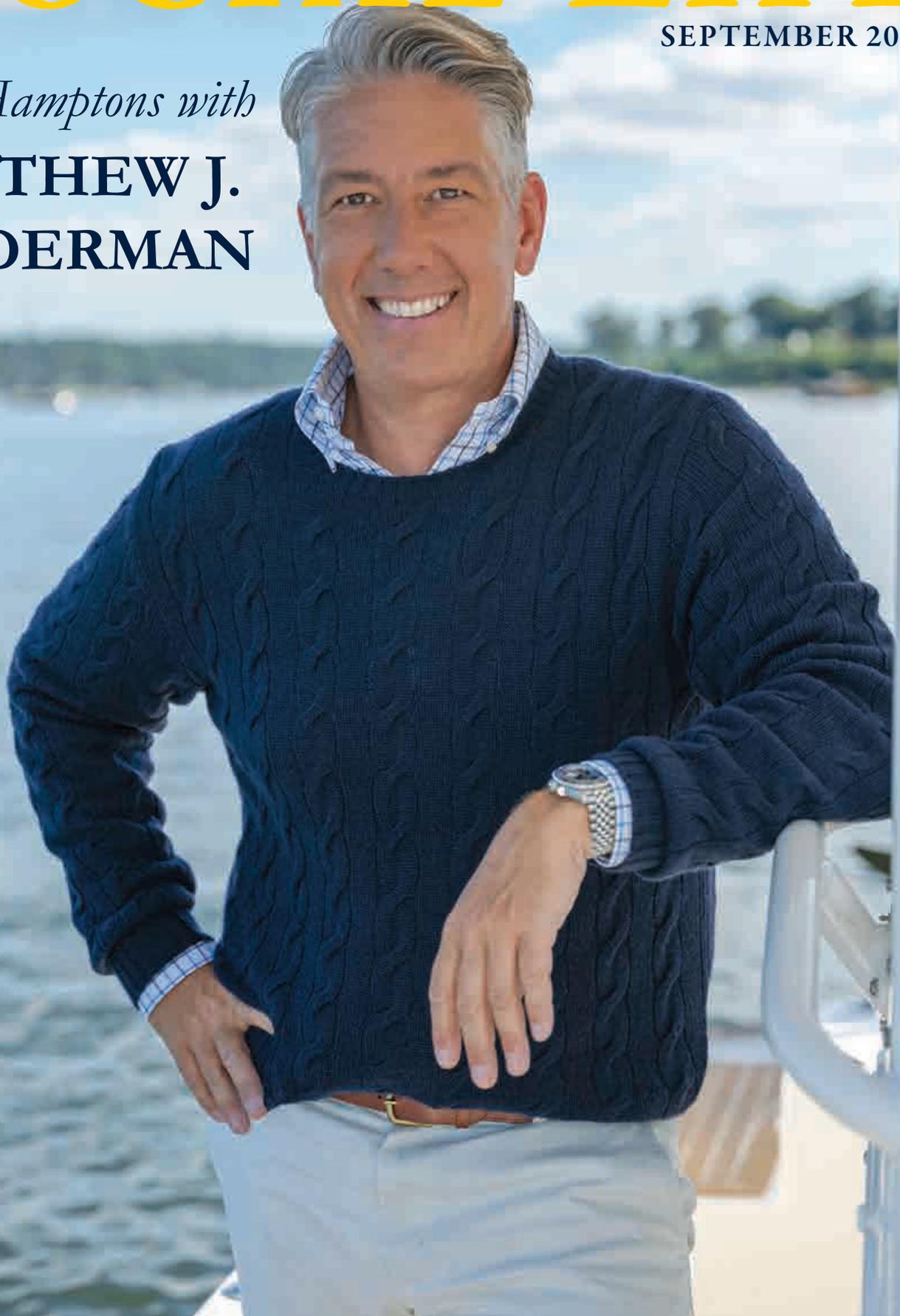


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SEPTEMBER 2022

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This new construction offers what almost none other on the market can. This estate sits in a prime Sagaponack setting, where one can walk to the ocean 0.5± miles away, yet still enjoy the quiet and privacy of a property inset 450' on a flag lot. Hamptons Development Group, with its experienced design team, has carefully crafted a gorgeous home that is modern, yet deferential to Sagaponack's transitional architecture and farm influences. The South-facing property spans nearly 2± acres and is especially deep, creating the ultimate setting. It features a 65' designer pool, North-South Tennis, a pool house and various terraces for entertaining. The design offers nearly every amenity, while remaining respectful of scale and graceful architecture. Call for an appointment to review the plan for this special offering, one which could not be replicated. Summer 2023 completion.

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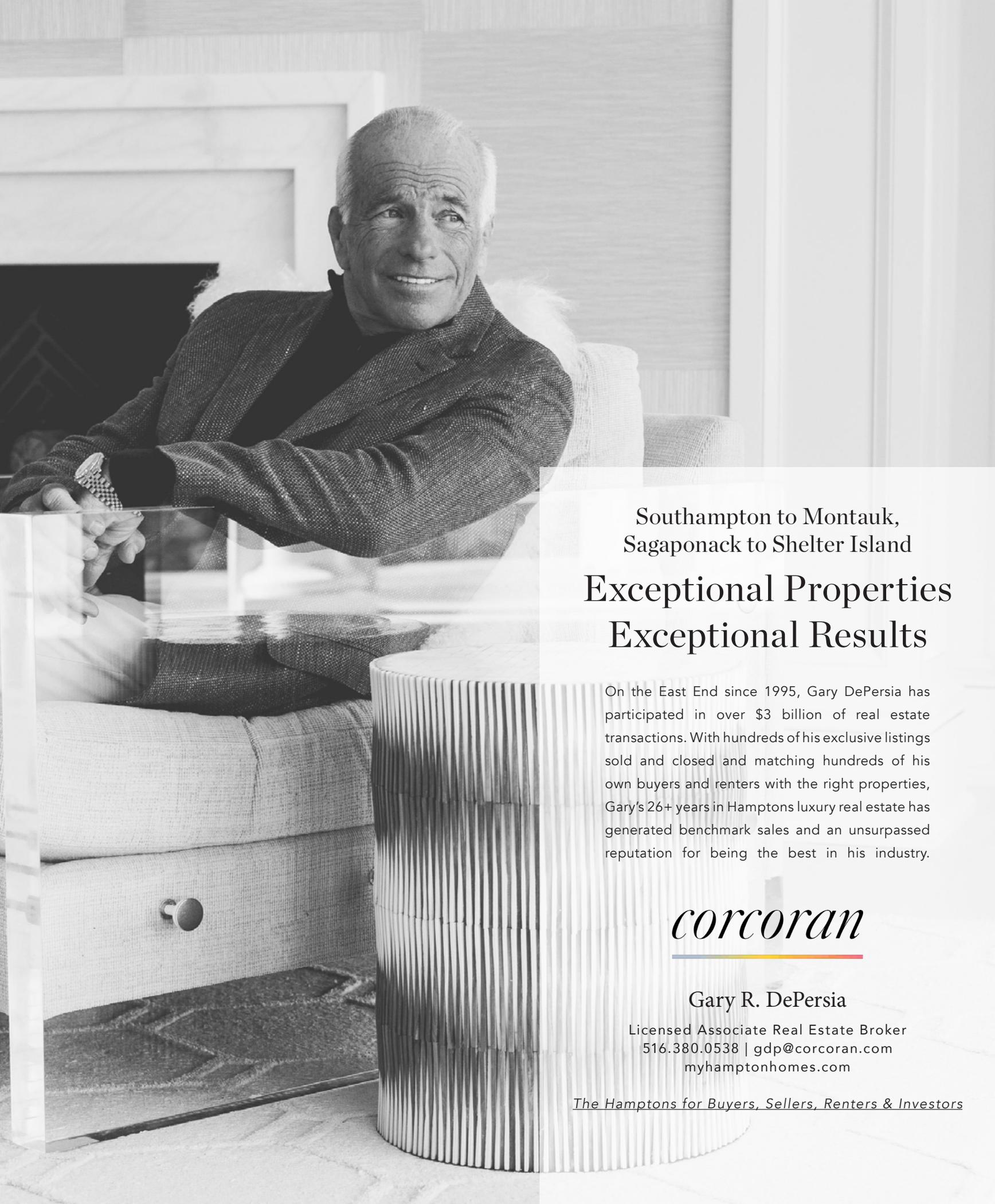
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Sag Harbor. Drink in the expansive water views and enjoy a walk to beach location which form the opening chords to the opus that celebrates this 5,500 SF, 5-bedroom 2.5 acre estate with deep water dock accommodating boats up to 50' sprawling along 200' of bayfront in very hot Sag Harbor. A gated entry welcomes all into this aquatic sanctuary that provides for a dramatic drive up and ample parking for all your afternoon gatherings and evening soirees. The vast liquid backdrop is immediately evident as you enter the house proceeding into the sundrenched, 2 story great room featuring a fireplace, generous seating areas and ample room for dining. The fully equipped eat in kitchen looking out to the bay offers a large center island flanked by a full array of professional appliances including gas cook top, wall oven, steam/convection oven, microwave, refrigerator/freezer, beverage cooler and a pair of Fisher-Paykel dishwashers. A media room, expansive first floor master suite, staff quarters, pool bath and a powder room complete the first floor. Upstairs 2 true master suites with fireplaces, private balconies and walk in closets, flank either side of the residence, offering up luxurious baths including steam showers, jacuzzi or soaking tub and radiantly heated floors. An additional guest suite and an expansive sitting area with waterside deck enhanced by Noyac Bay views complete the second floor. Outside 3,000 sq ft of limestone patio fans out from the rear of the home, framing the heated Gunite pool that looks out to the 120' dock with water and electric that could accommodate a 50 ft boat along with 3 slips for jet skis, paddle boards and canoes. Amenities include public water, full house audio that extends outside to the dock, 2 car heated garage, a Crestron controlled environment, a full house generator and a separate waterside patio for intimate gatherings. Long Beach is just steps away while Bridgehampton and its pristine ocean beaches are just down the road to the south with Sag Harbor Village along with its tony restaurants, chic shops and numerous marinas literally around the corner to the north. Contacts us today in order to preview this unique waterfront offering. **Exclusive. \$10.95M WEB# 877222**

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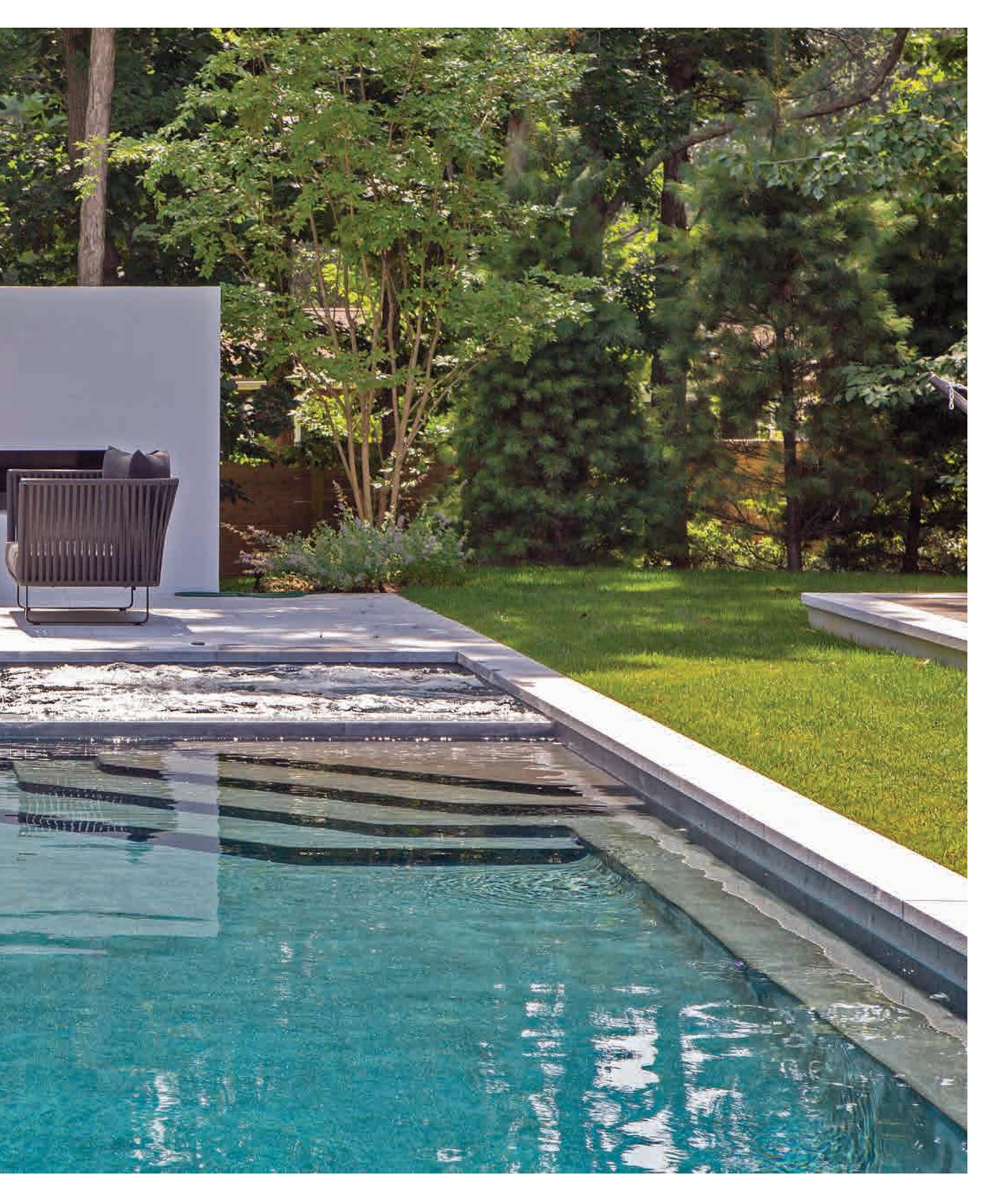
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ESTATES



QUIET STRIKING NEW MODERN FOR Q1 2023

Brand New breathtaking project on Jobs Ln set for completion Q1 2023. This spectacular property is situated far south of the highway in Bridgehampton, and provides an unparalleled level of luxurious living. On a par with the very finest homes being built in the Hamptons now, no detail will be overlooked, no expense will be spared in the design and construction of this superb residence. The home provides three levels of entertaining and living with radiant heated floors, seven bedrooms, including two master suites, seven full and three half baths, and many places to entertain and gather both indoors and out. Outdoors in the lush landscape, gather on the terrace spanning the length of the home (three bedrooms also access a second floor terrace), enjoy the heated gunite pool and spa. An accessory building provides an outdoor bar with kitchen and TV, a massage room, steam room and upstairs bedroom and full bath. At night this home is a place of breathtaking beauty. WEB ID 2201950 \$21,995,000

J.B. ANDREASSI 631-875-6323 jbandreassi@nestseekers.com

LUXURY



INCREDIBLE SOUTHAMPTON NEW CONSTRUCTION

This transitional masterpiece by John Himmelsbach Architecture, with interiors by LMS Design is an expansive +/- 9,323 square feet with eight bedrooms, eight full and two half baths, and offers a spacious open floor plan that merges seamlessly for casual or formal entertaining. Glass paneling in the gathering rooms open effortlessly to a beautifully landscaped +/- 1.10 acres with expansive patios, heated gunite pool and the option to add tennis. A chef's kitchen with custom cabinetry and professional appliances flows directly into the double height great room and living room, all centered around a fireplace. The first floor also features a junior master, dining room that flows from the kitchen, office, mudroom, two car garage and the option to add an elevator. The master suite offers a roof terrace, fireplace, spacious bathroom with radiant heat, spacious master bath with shower, sitting tub and separate lavatory, all surrounded by master closets. There are four additional guest bedrooms all with en suite baths and closets, with laundry concluding the hallway. The lower level is equally as grand with 2,741 +/- square feet of luxury and amenities with two guest bedrooms and recreational room WebID 2187284 \$8,495,000

JAMES GIUGLIANO 631-456-3567 jamesg@nestseekers.com



NEW WATERMILL MODERN RESIDENCE- ENDLESS VIEWS

Overlooking 50+ acre verdant farm reserve with unobstructed south-western views in Watermill, is the latest modern steel and glass masterpiece presented by luxury home builder, Breskin Development. This 7,600 square foot estate features 7 bedrooms / 7 + 2 half baths, pool house, heated 16 x 50 gunite pool with spa, pool house with outdoor kitchen and outdoor BBQ. The first floor consists of a large living room warmed with linear fireplace. Seating for 12 in the dining room with views of the reserve and rear court yard. A comfortable den overlooks the outdoor patio, large designer kitchen designed by renowned cabinet maker Cufio with Sub-Zero and Wolf appliances and a large, well-appointed butlers pantry. The primary suite includes a large sitting area, linear fireplace and a balcony and wall of windows spanning it's height and width. The primary bath is appointed with an oversized shower and Waterworks deep soaking tub. Enjoy drinks and sunsets on the roof top Brazilian walnut deck. Complete privacy and nearly 360-degree views of Hamptons farmland and reserve. The lower level has an expansive gym, theater, living room and two large guest bedrooms. Architect- RRL Design WebID 2205156 \$8,595,000

MICHELLE BRESKIN 917-751-0620 michelleb@nestseekers.com



WATERMILL SOUTH NEW CONSTRUCTION, FARM, BAY AND OCEAN VIEWS

Overlooking 44 acres of open farm with direct views of Mecox Bay and the Atlantic ocean, this modern masterpiece is situated on 1.5 acres of prime real estate that is rarely available anymore. Built by luxury home builder, Breskin Development and their team of master craftsmen, the primary house will feature 11,000 square feet of decadence. A total of 9 bedrooms and 11 bathrooms on three levels with ocean views from nearly every room. Multi-slide doors lead out to large white stone patio, overlooking the pool and grounds. An elevator that services every floor completes the first level. Floating spiral staircase brings us to the second floor which features a large 1500 sq foot primary suite with sitting room, office, 2-linear fireplaces, large walk in closets. The elevator or stairs lead to a rooftop lounge with 180-degree, expansive views of the Atlantic Ocean. The lounge features a full service bar with built in seating for 20. The backyard features a 20x60 infinity edge pool and spa. There is a pool pavilion that has a fireplace and a full outdoor kitchen with a pergola and seating for 25. Wimbledon style grass tennis court. The lower level's amenities are a fully appointed gym and spa. Featuring a sauna, steam room and massage lounge. A theater with seating for 10 with full stereo surround seating and state of the art projection. A four-car climatized garage with motorized lifts for the discerning car collector. WebID 2012021 \$27,500,000

MICHELLE BRESKIN 917-751-0620 michelleb@nestseekers.com



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WebID 2301011 \$3,995,000

PATRICK GIUGLIANO 631-312-7933 patrickgiugliano@nestseekers.com

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THE HAMPTONS GOLD COAST, LI NEW YORK CITY NEW JERSEY GREENWICH MIAMI PALM BEACH BEVERLY HILLS COLORADO MADRID LONDON PORTUGAL ASIA



A photograph of a two-story vacation home with a light-colored facade and arched windows and doorways. A swimming pool is in the foreground, and several palm trees are scattered throughout the property. The scene is brightly lit, suggesting a sunny day.

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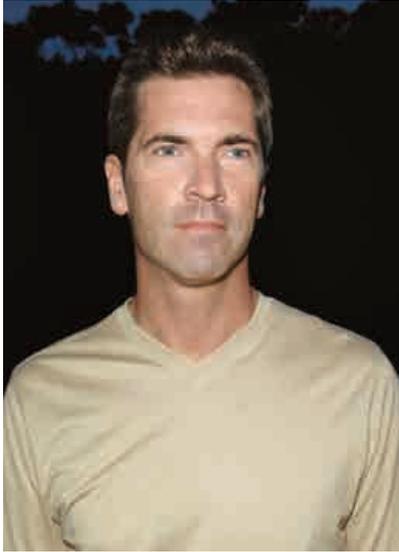


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Nothing quite compares to a Hamptons summer. I would say the same goes for autumn. Come September, the Hamptons transforms into a different but equally vibrant version of itself. It's quieter, yet full of wonderful things to do with family and friends.

The Hamptons has many fall activities to offer — apple picking, playing a round at Montauk Downs, visiting vineyards, or riding your bike through the less traveled roads. Spending time in the Hamptons natural woodlands, meadows, and the ocean makes life a little more special. Even in November and December, you can find many shops, hotels, and restaurants open, making it a great place for you to spend holidays with your family.

Even though I'm fond of New York, there is something about the Hamptons I love but can't describe in mere words. I recommend trying to find out why spending time in the Hamptons may define your life as it has mine.

A handwritten signature in black ink, appearing to read "Justin Mitchell". The signature is fluid and cursive, with a small dot at the end of the last word.

Justin Mitchell

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Devorah Rose, Nomi Ellenson Photography



In September everything green gradually transitions into golds and reds. All tones throughout our daily landscape seem to get bolder. I love September. It is the perfect meeting place for summer and autumn. Something about this time of year makes me want to visit farm stands in the Hamptons, specifically Corwith Farmstand. With a rainbow of fresh produce, goat pens, and play areas, Corwith is my perfect place for a warm September morning or afternoon.

This is also peak time for apple picking and baking. Milk Pail and Seven Ponds Orchard are wonderful places to go with family and friends. Sometimes I bake my own pies, while at other times I might buy one or two pies from Round Swamp Farm. I think one of my favorite experiences is breathing in the sweet scent of a baking pie. The aroma fills the kitchen and it just feels therapeutic — the combination of memories and a promise of deliciousness flooding my mind makes me happy.

The weather is at its best in September — the beginning warmth gives way to a crispness in the air and by the end of the month we can start to wear layers again.

I hope you enjoy reading this issue. Please never hesitate to reach out with ideas or thoughts!

Warmly,

Devorah Rose

UPPER EAST SIDE - MANHATTAN



The Townhouse at 163 East 64th Street The opportunity of a lifetime to own a 20-foot wide by 90-foot-deep Townhouse on one of the most coveted and beautiful blocks on the Upper East Side has arrived! Distinguished and bespoke details throughout, a stunning raked limestone & red clay brick facade with approximately 1,325 square feet of additional air-rights make this townhouse poised for the next generation to acquire and create a forever home. 163 East 64th Street stands perfectly and beautifully on one of the most desirable tree-lined Townhouse blocks on the Upper East Side. This exquisite Neo-Georgian Townhouse offers timeless elegance, magnificent living spaces, haute craftsmanship, with the safety and privacy only a townhouse can offer. 5-bedroom suites, 8 working fireplaces, 5 full baths and 3 powder rooms, a sublime 90'x 20' Parlor floor, a one-of-a-kind atrium fabricated by Lalique. WebID 1830410 \$19,500,000 **Jessica C. Campbell** 917-621-7815 jessicac@nestseekers.com **Elizabeth B. Bowden** 484-653-8504 ebowden@nestseekers.com

THE HAMPTONS

Eagle's Point | The Hidden Gem of The Hamptons Set on the highest point in Water Mill, Eagle's Point represents a rare opportunity to acquire a modern masterpiece designed by the iconic builder, Roman James. Encompassing 7 park-like acres on the 50-yard line of the famed Atlantic Golf Course, unrivaled elevation delivers a bird's eye view of the Hamptons, including unobstructed views of the Polo Fields, Atlantic Golf Course, Mecox Bay, The Sand Bar, the Atlantic Ocean and all the way out to Montauk. Six spacious bedrooms, 10 bathrooms, a wine cellar, fitness center, a handbag showroom ideal for your Birkin and Kelly bags, a bowling alley, a world-class spa, steam, sauna and massage room, and a 12-seat Dolby Atmos Theater. Ensclosed in the most luxurious finishes including imported stones, and high-end appliances, this spectacular trophy property will be the envy of the Hamptons. Outdoor features include resort-like grounds with a custom pool and tranquil waterfall; outdoor kitchen; a second outdoor theater, and a 15+ car gallery complete with turntable to display Hypercars and antique vehicles for the ultimate collector.

Roman James Design Build is one of the most sought-after partners for Residential Single Family Luxury Custom Home Development. Included in his impressive portfolio are several estates, such as the famed Fischer Residence of Coto De Caza, along with what is commonly referred to as the "Best Home" on the Strand at Headlands in Dana Point. WebID 2412207 \$50,000,000

Shawn Elliott 516-695-6349 shawnelliott@nestseekers.com
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THE HAMPTONS

Watermill South New Construction Located far south of the highway in Watermill overlooking 44 acres of open farm with direct views of Mecox Bay and the Atlantic ocean, this modern masterpiece is situated on 1.5 acres of prime real estate. Built by luxury home builder, Breskin Development and their team of master craftsmen, the primary house will feature 11,000 square feet of decadence. A total of 9 bedrooms and 11 bathrooms on three levels with ocean views from nearly every room. The backyard features a 20x60 infinity edge pool and spa, pool pavilion and Wimbledon style grass tennis court. WebID 2012021 \$27,500,000
Michelle Breskin 917-751-0620 michelleb@nestseekers.com



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Christine Montanti, Photography by Don Fitzgibbon



This issue features a brilliant investor, entrepreneur, and philanthropist Matthew J. Bruderman. I couldn't think of a more appropriate cover model to feature on the pages of our 19th year Labor Day Anniversary issue than Matthew, the Chairman of Bruderman and Co., a prosperous global financial investment institution.

What is inspiring and captivating about Matthew is his acumen. At a very young age, Matthew acquired an inherently strong work ethic and value system instilled by five generations of family values. Today, the family man, a devoted husband and father of three children, leads Bruderman and Co. which is a multi-generational investment business. They provide asset management to many of the world's most celebrated and ultra-high-net-worth clients: royal families, major institutions including the catholic church, celebrities and a host of other high net worth individuals.



Christine Montanti and Matthew J. Bruderman

Matthew continues his family's tradition of giving back to the community through his establishment of the Bruderman Family Trust. Part of his giving back is by serving his community, and he appreciates opportunities which are challenging but positively impact society.

The global investor's current project is serving as Chairman of the Board of the Nassau University Medical Center, a huge undertaking, as Matthew had to completely revamp the structure of the hospital. NUMC serves underprivileged individuals who would otherwise not be able to afford medical care, so Matthew felt compelled to take on this particular challenge to improve and preserve Long Island's only safety-net-hospital.

Matthew's passion and zest in business and philanthropy has recently moved into politics through his passionate support of legislators who share his vision for improving communities on all levels, regionally and nationally.

On a different note, fall will soon be upon us, and it is one of the most beautiful, magical times of year on the East End. I can't believe Labor Day weekend has arrived already marking the end to the Hamptons summer season. Everyday spent among family and friends in the Hamptons is truly a gift, and residents and visitors alike continue to relish the countless activities, the pristine ocean beaches, and the natural beauty of the East End's landscape.

Enjoy your Labor Day weekend. I am looking forward to connecting with you again soon!

Warm Wishes,

Christine Montanti

Christine Montanti

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By JONATHAN VALDEZ

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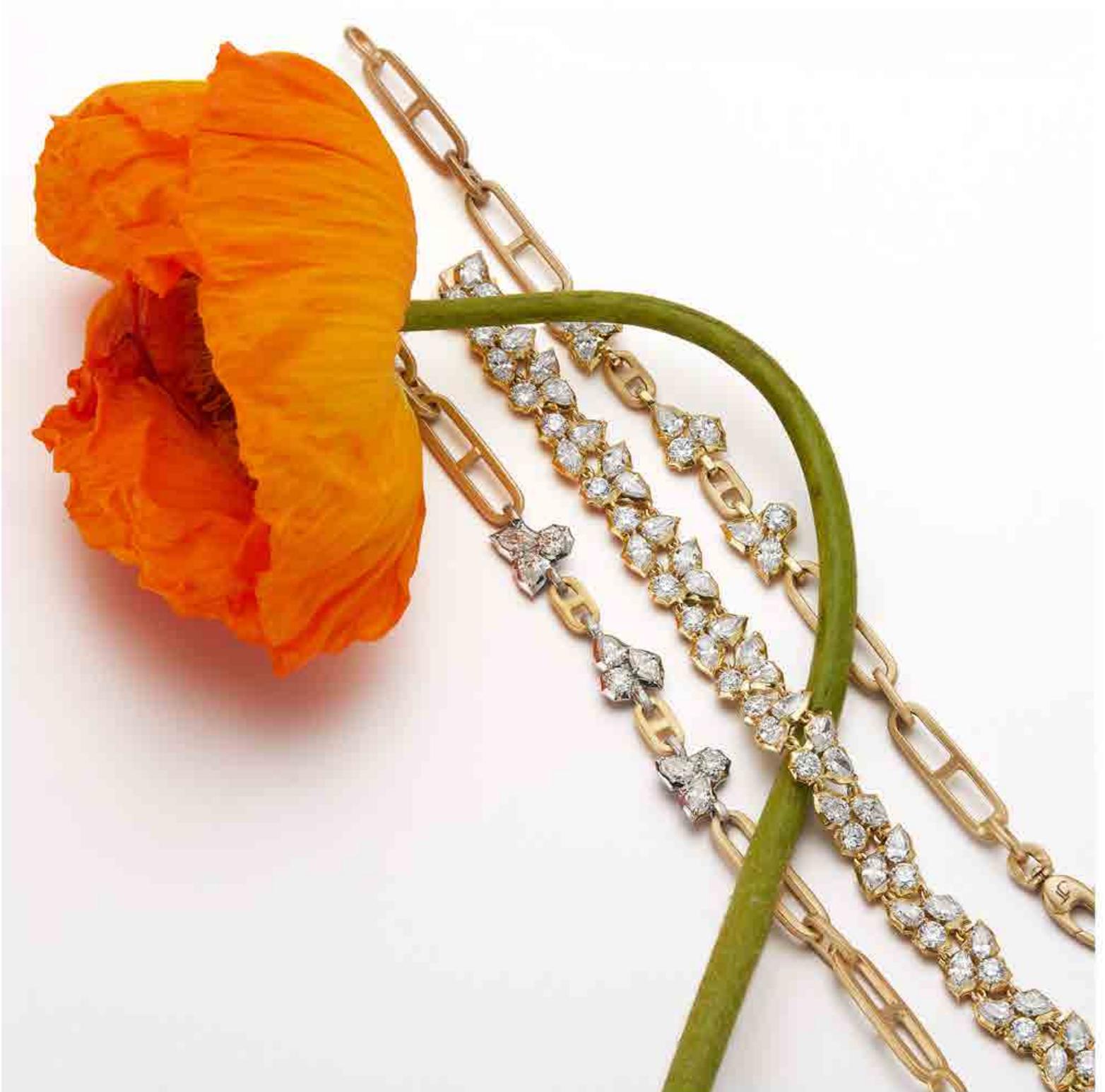


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JEWELRY

By JONATHAN VALDEZ

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MARIA OLIVER

BAGS THAT EMBODY THE ART OF ELEGANCE & DELICACY

By JORDANA GLASS



When you own a Maria, you become part of its history and unique reborn elegance.

Social Life editors are drooling this summer over the beautifully designed luxury handbags by Maria Oliver. Handmade in Valencia, Spain, the bags' colors and craftsmanship are eye-catching and magnificent. Our favorite color for the summer is hands down the fuchsia collection, with orange a close second.

Check out our editor's pick for best style: Malala, the perfect clutch. It's the versatile style that will add flair to all your adventures.

Embrace the allure of this chic compact shape with its geometric flap and soft touch. This pouch silhouette includes a detachable crossbody strap that is adjustable, making the Malala the balanced expression of function and beauty. We just love it!

You don't just carry your personal items in these stunning bags. You hold the history of the bag itself. Maria Oliver was born in 1917 in Valencia, Spain, on the Mediterranean coast. During the turbulent years of the Spanish Civil War, she began her artistic career at her father's smithy company where she discovered her innate talent for drawing. Later, she refined her talent and discovered a love of architecture while traveling across Europe. Maria's roots are steeped in her brand's atelier in Valencia, where every piece of its collection is handmade by traditional artisans.

The brand's website states: "We create bags for fearless women, as was our founder, a fearless and brave woman whose mark is imprinted in bags all over the world." Capture a piece of Maria's inimitable style and vision every time you adorn yourself with one of the gorgeous bags.



Maria Oliver
mariaoliver.net



CARL FRIEDRIK

THE ULTIMATE IN LUXURY, FUNCTIONALITY & UNDERSTATED ELEGANCE

By CARA MUSK



Our accessories editors are googly-eyed over Carl Friedrik travel bags. Their minimal design and exquisite quality make these bags the perfect travel companions for getting to your glamorous destinations. While featuring a diverse selection of travel accessories and luggage, the brand is also a proud champion of sustainability.

With an ethos centered on quality and functional design above all else, Carl Friedrik is an advocate of expert craftsmanship and traditional techniques. Its artisans leverage centuries of knowledge and work with the finest materials to create goods that are of the highest quality. What do we love the most? Carl Friedrik offers a 100-day trial and lifetime guarantee for all products. Now that is what we call a promise for perfection!

Launched in 2012 by two Swedish brothers, the company has grown from humble beginnings into a purveyor of premium leather accessories. The collection now boasts a range of practical yet refined everyday essentials, from briefcases to luggage to wallets.

The leather is handcrafted by a family-run tannery in the heart of Tuscany, where master leatherworkers practice the great artisan tradition of vegetable-tanning. The vegetable-tanned vachetta leather they produce is renowned worldwide for its natural finish, luxuriously smooth texture, and unrivalled durability.

Not only is the leather of the highest quality, but it is also ethically sourced. The company's tannery belongs to The Genuine Italian Vegetable-Tanned Leather Consortium, an association of tanneries committed to traditional and environmentally sustainable production methods.



Niklas and Mattis Oppermann

“We take pride in working with the best resources available, from premium Italian leather to artisan factories. This allows us to create high-quality accessories that truly last a lifetime.” **MATTIS OPPERMAN, CO-FOUNDER**

Carl Friedrik | carlfriedrik.com

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RUNWAY

BY GREGORY DELLI CARPINI JR.

Baggy Trousers

As we reach the end of summer, go for a trend that is not only fabulous, but also extremely comfortable! Baggy trousers is that trend. This look is both free-flowing and chic, and can take you through the fall season. Classic designers from Dior and Lanvin to modern creators like Stella McCartney and Jacquemus have all created variations on this look. Go for baggy jeans for a cool daytime look. For evening, rock a baggy pair of suit trousers with a bralette and blazer for a sophisticated take on the trend.



Christian Dior



Jacquemus



Stella McCartney



Lanvin

ULI HERZNER DESIGNS

BOHEMIAN BEAUTY

BY CARA ROTHSCHILD



Project Runway runner-up and former wardrobe stylist Uli Herzner has been creating inimitable designs for many years, catching the attention of celebrity clients like Paris Hilton and Maye Musk.

Her flowing resort-wear dresses are known for their effortless, timeless, and bohemian look, all made with handpicked prints. Her high-end sleek clothing line, Runway Line, offers either one-of-a-kind or very limited pieces made to order. You'll rarely run into someone with the same dress!

Uli is also passionate about working with her clients to create unique bespoke pieces for special events. She starts by selecting the perfect fabric and then making a client's vision come to form with the ideal and most flattering fit.

Her Ready to Wear line is designed for everyday life. The pieces can be dressed up or down and are intended to remain a timeless staple in your wardrobe for many seasons. These pieces are designed and developed in her New York City studio and can be

shipped overseas for her beloved international clients.

Uli also has a home studio in Westhampton Beach where she serves her Hamptons clients over the summer months. "I am inspired by my surroundings," Uli shares. Originally based in Florida, she moved to New York City after getting married and then expanded to the Hamptons.

When Uli Herzner isn't creating beautiful clothing, she helps families in need each time someone purchases one of her pieces. Believe Diapers is a company she and her husband created after learning about the diaper need in the United States and the consequences for those families that cannot afford them. She says, "One out of three families struggle to afford diapers in the U.S., and we set out to change that. With every purchase, I donate a pack of Believe eco-friendly diapers."

- ▶ ulihertzner.com
- ▶ [@ulihertznerofficial](https://www.instagram.com/ulihertznerofficial)

ACCESSORIES

BY GREGORY DELLI CARPINI JR.

Mad for Crimson

As the sun sets on the summer season, turn your attention to all things crimson! Maroon has been dominating the runway this season. This deep ruby trend is a great way to add a pop to your look this fall. Go for a head-to-toe maroon look by Versace and style it with Moschino cat-eye sunglasses and a pair of Givenchy heels for a bold look. For a subtle take on the trend, rock a pair of burgundy earrings by Simone Rocha.



Balmain, Spring/Summer 2022



Moschino
Red Cat-Eye Sunglasses
\$505



Simone Rocha
Burgundy Tear Drop Earrings
\$295



Givenchy
Red G Woven Heeled Sandals, \$925



CAPRI SANDALS & JEWELRY FROM AROUND THE WORLD



10% of proceeds will be donated to aid Ukrainian families affected by war by appointment in Southampton
info@yelenanewyork.com
www.yelenanewyork.com
IG: YelenaNewYorkFashion



SHOPPING

BY GREGORY DELLI CARPINI JR.

These shops offer an array of items for any occasion. Whether it's a walk on the beach or an evening painting the Hamptons red, these three shops know how to cater to your needs.



A WILD DOVE

Located in the posh hotel Solé East, this shop is an edgy beachgoer's dream. Lynn Levoy is at the helm of this chic spot and is a stylist and former trend forecaster. She has curated a magical shopping experience that includes brands from R13 and Linda Farrow to Moon Juice and Joanna Vargas. You will walk away with something unexpected and effortlessly cool.

90 Second House Road, Montauk



BLUE AND CREAM

Blue and Cream is a hip fashion boutique for men and women featuring up-scale designer lines. The shop is the perfect place to pick up sleek essentials from T-shirts to swimsuits. Blue and Cream is the brainchild of entertainment marketer Jeffrey Goldstein who defined the lifestyle by appealing to the Hamptonsite jet-set existence.

**60 The Circle,
East Hampton**



CALISSA

On occasion, shopping can render one famished and drained of energy. So, we suggest heading to the Mykonos of the Hamptons, Calissa. Take all your shopping goodies over to the restaurant and enjoy a menu that focuses on seafood and Greek dishes such as salt-baked fish, seafood pasta, and Mediterranean mezze. The wine list will impress. The restaurant boasts the largest selection of rosé in all of the Hamptons.

1020 Montauk Highway, Water Mill



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THE BEST CUSTOM TAILORS IN NEW YORK

By LINDA HEARST



LEONARD LOGSDAIL

When you want the absolute best and money is no object, you go see Leonard Logsdail. He is arguably the finest bespoke tailor in the United States. Leonard (or Lenny to his friends) began his tailoring career at the age of 15, and by 21 had opened his own business. In 1991, he moved his shop from Savile Row to midtown Manhattan, where he still practices his craft today in the exact same atelier. He has been credited with making Savile Row tailoring a local option in New York. All of Logsdail's bespoke suits are cut and sewn on-site in his New York City location. Logsdail is perhaps best known for his extensive costume work. He has created suits for award-winning movies, including *Wall Street*, *The Great Gatsby*, *American Gangster* and *House of Gucci*. He has even made cameo appearances in *The Wolf of Wall Street*, *Wall Street 2: Money Never Sleeps* and *The Good Shepherd*. Bespoke suits start at \$9,000. leonardlogsdail.com



Leonard Logsdail



Michael Andrews Bespoke



Huntsman

HUNTSMAN

Huntsman is one of the stalwarts of Savile Row, dating back to its founding in 1849. But not one to rest on its laurels, Huntsman was the first Savile Row tailoring house to establish a permanent presence in New York. It opened its small showroom on West 57th Street in 2016 and is currently overseen by its U.S. director, Ed Turco, and its cutter, Ralph Fitzgerald. All garments are cut according to Huntsman's signature house style, which is marked by strong shoulders, a trim waist, and a single button stance. Once an order is commissioned, the garments are cut in New York by Fitzgerald and then made either in its London workshop ("Bespoke 1849" offerings starting at \$9,500) or outsourced to an atelier in Shanghai ("Huntsman Bespoke" offerings starting at \$5,200). huntsmansavilerow.com

MICHAEL ANDREWS BESPOKE

Michael Andrews Bespoke (MAB) is not your father's custom tailor. Established in 2006 by its eponymous owner, MAB cuts a modern suit (and much more) for its roster of high-profile CEOs, investment bankers, and celebrities who want a more updated fit than you'll find at most other tailoring houses. Andrews, a former M&A lawyer (with a Kellogg MBA and undergraduate engineering degree to boot), went back to school in his early 30s to learn tailoring and does much of the shop's pattern making himself. His borderline OCD commitment to quality and service ensures that every client leaves satisfied. With its own dedicated workshop of 20+ masterful bench tailors, the company can stitch suits and sport coats in a variety of house styles for both men and women. It also offers unique custom garments such as jeans, swimwear, leather, and performance outerwear, along with shirts and a full selection of custom and ready-made shoes and other accessories. While the shop may not have the pedigree of its Savile Row rivals, its quality and fit are second to none. And with bespoke suits starting at \$2,500, it offers an incomparable value. If you want to learn more, they welcome complimentary consultations at their flagship in NoHo, which features 20-foot ceilings and a striking marble bar with an impressive selection of whiskies and negronis on tap. michaelandrews.com

OLIVIA REAGAN

A FASHION PHENOMENON

BY LISA DARLING



Olivia Reagan was born and raised in Houston, Texas, and has always had a passion for style, fashion, clothing, and shoes. As she grew older, she found herself sketching dresses and runway garments during classes in high school and college, and she thought, *If I want to follow my passion, I have to take a stab at making a career of it.*

Her first foray into the world of fashion was working for a boutique in Houston. Within a couple of months she was trained to be a buyer and was traveling to New York and Los Angeles.

After years working in both retail and fashion consulting, Reagan started hosting pop-up stores in Texas and enjoyed immediate success. Because her own brand was selling extremely well, she decided to expand her stores to other regions. The Hamptons is a natural fit, and we sat down with Olivia Reagan to learn more about her fabulous brands.

Tell us about your pop-up concept, La Soeur, and your near- and long-term plans?

La Soeur is a platform for smaller, boutique brands to have a platform to sell in a brick-and-mortar setting without having to deal with the high price of setting up their own, individual storefront. We just completed our fifth traveling pop-up in our third state. This winter we're planning to have one operating in North Carolina and one in Manhattan. This will make the first time I will have two operating concurrently. I have a big vision for how and where this brand can expand, and every year we get closer to actualizing that vision.

Can you tell us more about that vision?

I think there is a huge opportunity for global expansion — a unique shopping experience in every city. I want to provide an opportunity and platform for smaller DTC (direct to consumer) brands and



clothing lines to sell their goods at top-tier locations without putting themselves at the extreme economic risk of taking on their own storefront. The industry has made it extremely easy to start a brand online, so we have more brands than ever. I'm a platform that allows brands to sell in locales where their fashions resonate, allowing brands to build and maintain a local clientele.

How does the Olivia Reagan line tie into La Soeur?

La Soeur's focus is featuring sustainable brands with small-batch production. I've tip-toed into creating my own line, Olivia Reagan, to complement this and it really has become another creative outlet for me. Adding my line exemplifies the qualities we are looking to showcase in the boutique, but is also another way for me and my brands to combat the ills of fast fashion.

The process of producing and formally launching my own line is moving slower, as my focus the last few years has been building the platform for my pop-ups and making sure all our brands have a safe space to land. This is an exciting time for us, and we are ready!

Who or what inspires you in fashion?

Kate Moss and the Olsen twins are my fashion icons. I love that Kate Moss doesn't stick to any particular style. One day she can be sexy, the next day she can be all-American, and the next she can be conservative with poise. I can relate. Every morning I wake up and feel like a different woman — my personal wardrobe and style are reflective of this.

Tell us about some of your favorite places and things to do in the Hamptons?

Southampton is my favorite Hamptons locale because it feels more personal and less corporate. I love to get breakfast at Sant Ambroeus — the iced cappuccino is an absolute must, and their breakfasts are fabulous. My favorite boutique outside of my own in Southampton is Laviano for wardrobe essentials.



- ▶ lasoeurpopup.com
- ▶ [@Olivia_Reagan](https://www.instagram.com/Olivia_Reagan)

THE 4TH ANNUAL HAMPTONS FASHION WEEK

The 4th Annual Hamptons Fashion Week hit the runway from August 5 –7 and was packed with fabulous festivities, celebrity designers, local pop-up tastings, and a Shop, Sip, and Stroll through Southampton Village complete with a Jobs Lane runway show called Runway on Jobs Lane.

HAMPTONS FASHION WEEK PARTNERS

Nest Seekers International, Amazing World Realty, Grande Lash Cosmetics, Belvoir Farm, Marc Harvey Skin, Aire & Beauty, Backyard BBQ, BOLD Swim, Cesar Galindo, Dan's Papers, DeJesus Deli & Grocery, Five Story, Gloria Lee, Hector Rodriguez, James Lane Post, Fedora Lounge Salon, Hamptons Coffee Company, Lauren Vena Makeup Artist, Lynne Curtin Collection, Maison Marcel Wine, Marc Bynum Concepts, Marina St. Barths, MetaBurnett, Nicole Miller, Origin of Oceans, Park Magazine, Picnic and Peonies, Ralph Lauren, Reece Jewelry, Ruta Oxaca, Southampton Arts Center, Samsung, Schneps Media, Schwartz Entertainment Media Group, Scott's Protein Balls, Smartwater, Social Life Magazine, SORABYRD by Jordan Byrd, Spring 44, The Complete Burger, The Ellen Hermandson Foundation, The Hamlet Inn, Tigo, Unsubscribe, Vitamin Water, Wine 365, and YouCam, among others...

Hamptons Fashion Week was created by DCG Media Group and curated by producer Dee Rivera, a veteran in fashion and CEO of DCG Media Group. Hamptons Fashion Week is a much-anticipated experience that will bring a new dimension to the summer calendar of events in the East End.

"Hamptons is my happy place and I'm so proud of my team and what we built so far for Hamptons Fashion Week. This year we are bringing the Hamptons Fashion week metaverse which is a whole new level of experiencing Fashion Week," said Dee Rivera, founder of Hamptons Fashion Week. "This special event is a unique, fun, and all-encompassing opportunity to share with residents and visitors, enjoy local fashion and beauty brands found right here in the East End, and give all designers an opportunity to showcase their collection."

Dee Rivera
dee@dcgpublicrelations.com



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JENNIFER NISAN

FINDERS, KEEPERS

BY JAMES SALOMON



THE THRILL OF THE HUNT

Everyone experiences the thrill of the hunt in one form or another. There are many paths to victory. For my new friend Jennifer Nisan this means finding an article of clothing or an accessory that's seemingly impossible to locate. Make no mistake. It's out there, and with a sense of adventure like Indiana Jones's, she will secure it for you.

ON THE HUNT FOR WHAT YOU WANT

A few years ago, Jennifer decided to start a fashion Instagram page. "I thought it would be a cool idea to post some of the hottest items on the market," she explains, "I always dreamed of sitting front row at a fashion show, and so I thought FrontRowLive

"People were contacting me, asking me to help them locate some of the most coveted designer pieces of the season."

would be a perfect name. You see, I want my followers and clients to feel like they are in the front row at all times." The personal hunting began when she once posted a Gucci bag, then a friend called her up saying she had been looking for that bag everywhere but was told it was completely sold out. Jennifer took on the challenge of trying to hunt down the bag for her, and after days of dialing, she got the trophy.

Soon after, another friend called in disbelief, and she wanted one too. "We surely thought it would be impossible, but after hunting for a second one and searching through all possible areas, I found it. That's when I knew I had something going," she recalls.

HOT LYSST

BY LYSS STERN



What's hot? What's in? What's #fabULysss?
 Lyss Stern, a NYC best-selling author and the founder of Divamoms.com
 is at the forefront of style, trends, and the must-have nows.
 Lyss gives moms and expectant moms the scoop on Instagram @diva_moms

FabULysss Finds for Divamoms



Divamoms #FabULysss Jewels

Focused on changing the conversation around what it means to own and wear fine jewelry, Jade Trau is a modern #fabULysss jewelry house that is quickly defining the new diamond classic. Designed to be layered together, every collection creates an authentic, easy-to-wear aesthetic that looks as good as it feels. She uses her decades of experience in diamond buying to create pieces that are expressive, deeply personal, and can transform based on your own individual style and how you choose to layer them. Each piece is handcrafted in 18k gold, platinum, and natural white diamonds at its NYC workshop. jadetrau.com

Divamoms Glow

A miracle #fabULysss facial oil from the Queen of Glow! Formulated with a potent, plant-derived protein, the next-generation collagen matrix in Charlotte's Collagen Superfusion Facial Oil helps create a barrier on the skin to reduce the skin's water loss and help the complexion appear plumper, smoother, and more radiant while visibly reducing the appearance of fine lines and wrinkles. Supercharged actives are blended with spa aroma essential oils like lavender, rose absolute, neroli, damask rose, and eucalyptus. \$80; charlottetilbury.com

#fabULysss Happiness

Mindset Happy CBD Gummies

You can never be too happy (especially in these crazy times)! A natural mood lifter and anxiety reducer Mindset Happy CBD gummies are formulated with full spectrum CBD to rebalance your system. Each Mindset gummy is infused with limonene — known for its uplifting effects. When limonene is combined with full-spectrum CBD the “entourage effect” is achieved. This combination of anxiety reduction and subtle mood uplift creates a feeling of happiness. Pineapple flavor is absolutely #deLysssious. \$55, mindsetwellness.com

#fabULysss Women's Bespoke Clothing

After a decade of online purchases, many of us are eager for a bespoke service. Enter custom-made — the antidote to fast fashion. Once only for Wall Street and celebs GINA Bespoke is attracting regular women. You will find me in my #fabULysss custom blazer this fall. These new customers are ladies with style awareness, who know the cuts, fabrics, and colors they want. They have a personal brand to represent, whether it's as CEO of a company or CEO of their home. Visit GINA Bespoke in her midtown office by appointment only. ginabespoke.com



Most #deLysscious New Restaurant Out East

Alex Rossi, son of Rubrio Rossi who owned the legendary Parioli Romanissimo in New York City, has brought forth a fresh and beachy chic eatery with the new Springs Tavern & Grill, housed in the iconic former premises of Jungle Pete's and Wolfies. The casual #fabULyss establishment offers a diverse menu that marries items like the classic risotto funghi, burrata with grilled endive, and an outstanding pan-seared salmon with tavern favorites like the Tavern burger and Baja fish tacos. With the sounds of Bob Marley playing in the background, Alex's homage to the artists' community in Springs and the influence of his family's culinary experience seem to have broad appeal. As Alex says, "Everyone is welcome!" Springs Tavern & Grill will be open year-round and will soon feature live music in its newly refurbished outdoor dining area. Try the fish tacos and risotto, I promise you will thank me. Absolutely #deLysscious. For additional information, call the **Springs Tavern and Grill** at **631.604.6944**



Divamoms Books

Laurie Gelman has done it again! Her fourth novel, *Smells Like Tween Spirit*, doesn't disappoint: It will leave readers laughing out loud and desperate for the next installment in this hilarious, beloved series. I could not stop laughing as a mom of two teenage boys reading this #fabULyssfun new book on the beach. \$24, amazon.



Kathleen M. Willett's *Mother of All Secrets* begins when first-time mom Jenn joins a new moms group in Manhattan. When one of the mothers in the group goes missing, Jenn becomes obsessed with her disappearance, coming to realize that the women in the group are more deeply connected than they realized. Though they don't know each other all that well, they quickly have to decide how much they're willing to risk to save one of

their own. A #fabULyss new book for moms everywhere. Available online and in bookstores. Hardcover \$24; paperback \$10.99 (prime members), \$14.95 otherwise; also a Kindle Unlimited title.

Divamoms Music

It takes a village, am I right? Check out the inspirational new #fabULyss single from the singer-songwriter Toby Lightman that reminds us it's ok to ask for help! "Help Me Get Over This," the gospel-tinged song produced by Toby herself gives us that hopeful feeling that friends are nearby. Toby Lightman's raspy, soulful voice accompanied by an all-star band will become your diva mom anthem! This is just a preview of a full album of songs to be released this fall that Toby wrote and produced about her own personal journey "to and through being a mother," tobyLightman.com

Divamoms Fitness

LIT Strength Machine (Jay-Z is a multi-million dollar investor) is the world's first all-in-one water rower, Pilates reformer, and strength trainer offering 500+ low impact exercises. After struggling with recurring injuries of their own, co-founders Justin and Taylor Norris, noticed a pattern of frustration and fear of re-injury among patients and athletes. As a result, they created the (low-impact training) LIT method, using a combination of personal training, physical therapy, and injury prevention, and the LIT strength machine. Known for their promise of no running, no jumping, no weights, the husband-and-wife duo used rowing and resistance bands to design an alternative training philosophy for all ages and fitness levels to deliver results, not injuries. Over 1,000 workouts are available via the LIT On-Demand app with access to daily live classes anywhere. \$1,750, litmethod.com/shop

#fabULyssfun Famous Supper Parties

Lisa's Famous Supper Parties include: a tasty cooking lesson with hands-on demonstrations, cocktails, and a complimentary recipe book, highlighting her favorite dishes and some that she showcases during the parties. Lisa will demonstrate how to throw an effortless and unforgettable summer dinner party — perfect for gathering both friends and family. The summer/fall dinner parties will reflect how to curate group gatherings with ease, starting from simple yet delicious cocktails, hors d'oeuvres, an unforgettable dinner — all topped off with the perfect dessert. Lisa will show how to bring together unexpected yet bold flavors, and using both indoor and outdoor spaces seamlessly. Each dinner party costs \$200, and fall dates TBA. Lisa's address will be shared if you RSVP at info@londonmisherpr.com, with preferred dates to lock in spots, which are limited.

#fabULyss Realtors

Consistently ranked among the top residential brokers in NYC, the Holl-Geller-Russell #fabULyss team at Douglas Elliman is your go-to resource for all things real estate. Trusted real estate advisers with a history of tremendous success for their loyal clients, they can assist buyers and sellers throughout the U.S. and abroad (especially NYC, the Hamptons, and Florida). They bring a level of attention to detail that is second to none in the business.

thehollgellerrussellteam.elliman.com

BEAUTY

By JEANETTE ZINNO

Overnight Beauty

Upgrade your beauty sleep routine this fall! There's a reason it's called beauty sleep. Overnight is the perfect time for your body to relax and repair after long summer days.



NIGHTTIME OIL

Indulge in the line-smoothing potency of caviar with **La Prairie's Skin Caviar Nighttime Oil**. It's a unique blend of caviar-derived retinol and caviar lipids, which lift and firm the skin, with a silky formula engineered by La Prairie scientists. \$550, **Saks Fifth Avenue**

SKIN REPAIR

Rejuvenate the skin while you sleep with **Tata Harper's Crème Riche**, a moisturizing velvety formula for soft and hydrated skin. This youth-preserving moisturizer targets visible signs of aging with natural antioxidants, essential fatty acids, and vitamin F to give you youthful-looking skin. \$230, **Sephora**

SLEEPWEAR

Find your perfect sleep outfit and get cozy. This sleep set by **Parachute** is crafted from the softest pure linen material to help you get the best night's sleep, every night. So comfortable, you'll never want to get out of bed. \$74 (top), \$49 (shorts), **parachutehome.com**

LUXE SHEETS

Get the ultimate beauty sleep with this organic cotton sheet set from **Coyuchi**. The comfortable percale fabric features a cooler feel that keeps sleepers comfortable in any climate, creating better air flow for those who are looking to avoid the discomfort of warm nights. \$504, **coyuchi.com**





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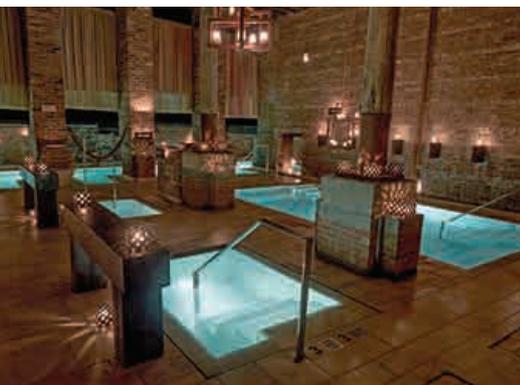


olitashop.com

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Manhattan Spa Treatments for Fall Relaxation and Revitalization

BY JEANETTE ZINNO



AIRE Ancient Spa



Modrn Sanctuary



Joanna Vargas Salon



Paul Labrecque Salon & Spa

AIRE Ancient Spa, 88 Franklin Street

As you walk into AIRE Ancient Bath, you'll instantly be transported to a world of pure relaxation. In the heart of TriBeCa lives this oasis of various baths at different temperatures. Explore the thermal baths, sauna, and steam room or add on an experience, like the wine bath for two. During this treatment, you'll submerge yourself completely in the antioxidant properties of Spanish Ribera del Duero red grapes. Afterward, experience an hour-long detoxifying massage with grapeseed oil. \$1,254 (180 min), beaire.com

Modrn Sanctuary, 12 West 27th Street

For alternative wellness and beauty, Modrn Sanctuary has got you covered. Its spa menu reads like a wellness guru's dream, meaning it will be tough for you to choose just one treatment. The med-spa, beauty, and wellness destination offers treatments from Botox and peels to acupuncture and lymphatic drainage, and much more. They also have an infrared salt sauna, which helps clients sweat, relax, and detox. Other benefits include pain relief and oxygenation. \$55 (60 min), modrnsanctuary.com

Joanna Vargas Salon, 501 Fifth Avenue

Escape the hustle and bustle of Manhattan and get whisked away into a beauty haven, Joanna Vargas Salon's full-service spa in midtown. The team recently debuted a bamboo massage therapy, a holistic treatment packed with benefits that include stress-relief and pain reduction. In this full-body treatment, heated bamboo is used to roll and massage muscles, releasing bound fascia, resulting in a state of enhanced well-being and ultimate zen. Sign us up. \$280 (90 min), joannavargas.com

Paul Labrecque Salon & Spa, 66 East 55th Street

Tucked away in the CORE Club in Midtown Manhattan sits the Paul Labrecque Salon & Spa. Equipped with a full spa menu, including facials, massages, body treatments, and a ladies' lounge to relax in post-appointment. The Sapphire 3 OxyLight Ultimate Facial, also known as The Madonna Facial, will transform your skin by utilizing six state-of-the-art skincare technologies, including gentle diamond microdermabrasion and cryo-therapy facial massage. \$650 (120 min), paullabrecque.com



◀ Editor's Pick: Envious Lashes, 20 East 42nd Street

Let the lash experts at Envious Lashes, a chic salon in Manhattan, revive your eyes this fall with perfectly long voluminous extensions. So, sit back, close your eyes, and listen to upbeat music, until you most likely fall asleep, while the lash gurus transform your eyes into a subtle natural look or bombshell batting beauties. Either way the lash experts are there to guide you along on your lash journey. For all the snowbirds out there, they recently opened a Miami location at 1170 SW 2nd Avenue. Volume Bombshell Set, \$330 with master stylist, enviouslashes.com

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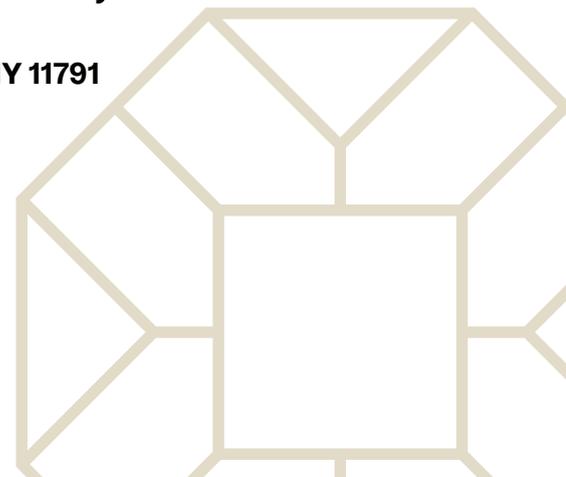
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MOMS' TIME OUT

BY LYSS STERN

Summer was a godsend. My youngest was having the time of her life at Camp Tyler Hill in the Poconos for seven weeks; my two boys were touring the West Coast on a teen tour. They were happy, therefore, I was happy. My phone was silenced. My email had an OOO message. And I tried my hardest to unplug for a few glorious weekends. As a fulltime business owner, it's not easy for me to let go — in fact, my husband had to pry my iPhone out of my grasp and toss it in a drawer while we were in the Catskills (“Lyss, enough is enough!”).

From June through August, I embraced the peace, quiet, and nothingness of nature. My days consisted of sleeping late, lying on the beach, taking long walks, splashing in the ocean, reading chick lit and fashion magazines. I stopped focusing on doomscrolling and indulged in pure fantasy. I breathed deep and lived in the moment. Lyss was in bliss!

But now, with fall just around the corner, I could feel my blood pressure begin to rise as Labor Day loomed. The cold and dark winter months will be here before we know it, and the world will get faster, louder, and more frazzled once again. I have to repeatedly tell myself (and other moms everywhere) that between the crazy schedule of school, PTA meetings, baseball practice, dance class, gymnastics, and auditions (yes, my kids do it all!), I am a human being, not a machine. If I do too much for too long, guess what? I will break.



Lyss Stern

Moms have this talent for taking on way too much. Personally, I have a terrible time saying no — that goes for both my work and my personal life. I don't want to let anyone down, and it's my mental and physical health that often pays the price. I will keep on keeping on till I throw out my back, have a fever, or pass out from exhaustion — it takes a crisis to get me to call it quits. And if there's anything I've learned this summer, it's that it shouldn't be that way. Moms are entitled to a time-out for good behavior. We should be able to unapologetically go for a massage, a mani/pedi, an energy healing (Tara Mandy from Savage Balance is the best!), a cold brew (coffee or beer, your choice!) with friends. We complain constantly yet we forget we're the ones who holds the reins. We can (and should!) take a break whenever and wherever we need it.

Frankly (spoiler alert!) I'm anticipating a fall filled with anxiety. Just when I thought things were finally calming down, there's monkey pox, inflation, and a recession to contend with. I'm not sure what the future will hold for the world, but I do know that I owe it to myself (and my family that depends on me) to make sure I am okay. That means reminding myself to:

Ask for help. When you're drowning, don't wait till you're down for the count to ask someone to throw you a life preserver. Tell your mom, your husband, your babysitter, your kids to pitch in and give you some time to reboot and recover. Seeking help isn't a character flaw; it's smart self-love.

Delegate. You don't have to do everything. You can assign tasks and chores and get them off your plate. Don't apologize; giving your kids, coworkers, and fellow class-parents a sense of responsibility builds confidence. It doesn't have to be perfect — just get it off your plate.

Find a pocket of peace every day. Meditate, read, nap, treat yourself to a facial or acupuncture session. Whatever it is that helps you recharge your batteries Do it *before* you're running on empty.

Connect with your community. Moms are the only ones who get it — we know what it's like to feel overwhelmed and stressed to the breaking point. I am so grateful for the friends in my life who allow me to vent and problem-solve with them. I am always on the lookout for girls' girls — ladies who lift each other up and make us feel seen and heard. Surround yourself with a supporting cast of strong women who will be there for you.

Forgive yourself and forget it. If you screw up, if you drop the ball, if you lose your mind and bawl your eyes out, it's perfectly okay. Tomorrow is another day, and you don't have to pressure yourself to be perfect. No one is, and no one cares. Cut yourself some slack! We're all doing the best we can, and good enough truly is good enough.

Laugh. I can't stress this enough! My son Ollie does standup comedy and has taught me to see the funny side of life. You spilled the milk; your dog peed on the bed; your toddler's Sharpie marked the walls. Laugh at the ridiculousness of the situation rather than lose your mind. It helps you keep things in perspective and will help you to focus on the things and people that truly matter.

Back-to-school doesn't have to mean back-to-chaos — I know that now. I am going to cling to my summer memories and let them propel me forward. I am going to show myself grace and kindness and build into my busy days and nights some space for me, myself, and I. My kids used to dread it when I gave them a time-out for misbehaving, but I will embrace it and demand it for myself whenever I sense I'm slipping into the abyss. Send me to a quiet corner. I'll happily turn my back on the angst and soak up the solitary confinement for as long as I can.

► Lyss Stern is co-author (with Sheryl Berk) of the book *Motherhood is a B#tch* and is currently working on a docudrama about motherhood.

► Follow Lyss on Instagram @diva_moms

RACHEL'S RADAR

BEAUTY, WELLNESS & TRAVEL



BY RACHEL HELLER

Writer, actress, host, and art consultant Rachel Heller is also the sponsorship and brand relations manager at Talent Resources
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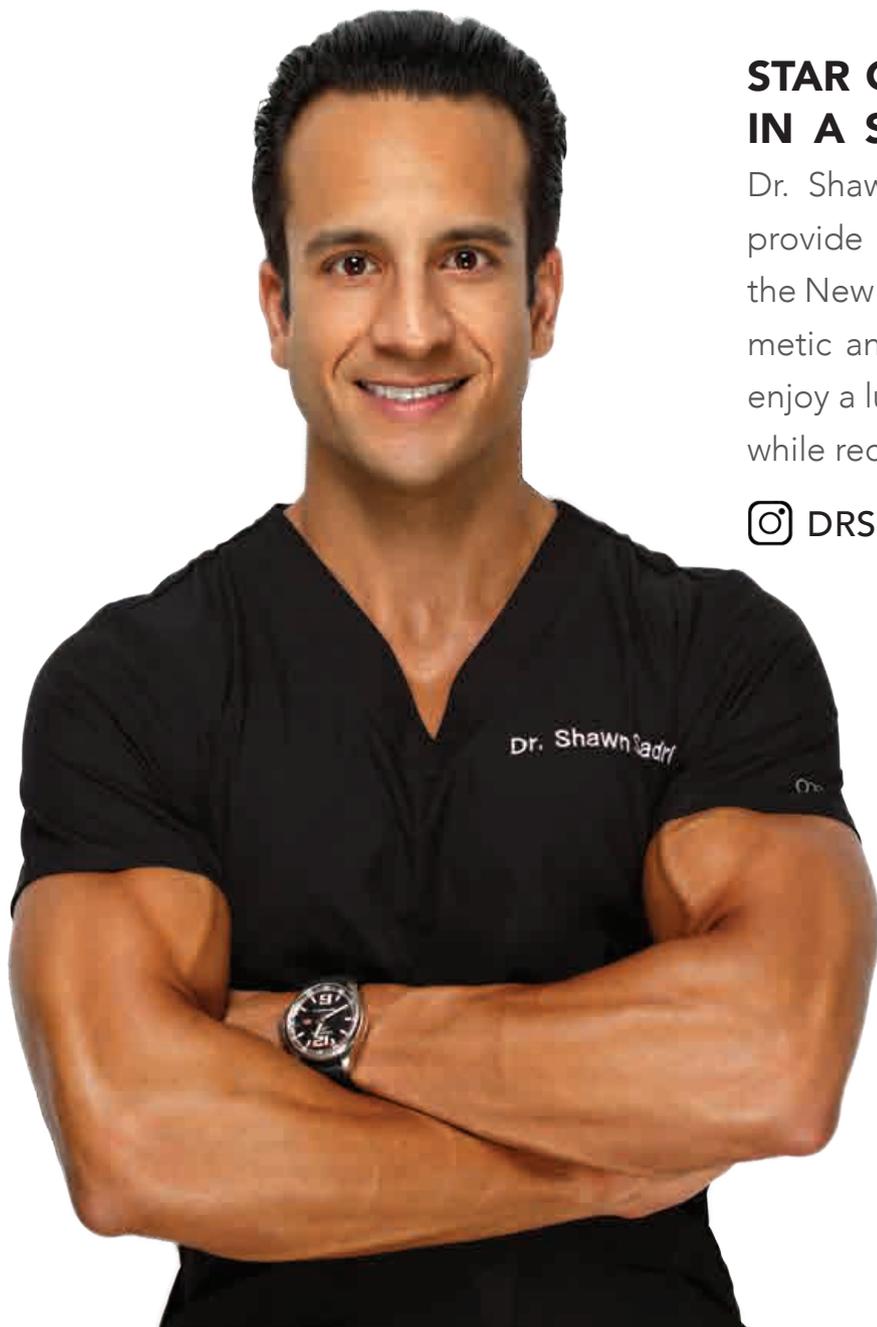


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PETER THOMAS ROTH

SKIN CARE MOGUL

BY BENNETT MARCUS

KIM KARDASHIAN & MARGOT ROBBIE

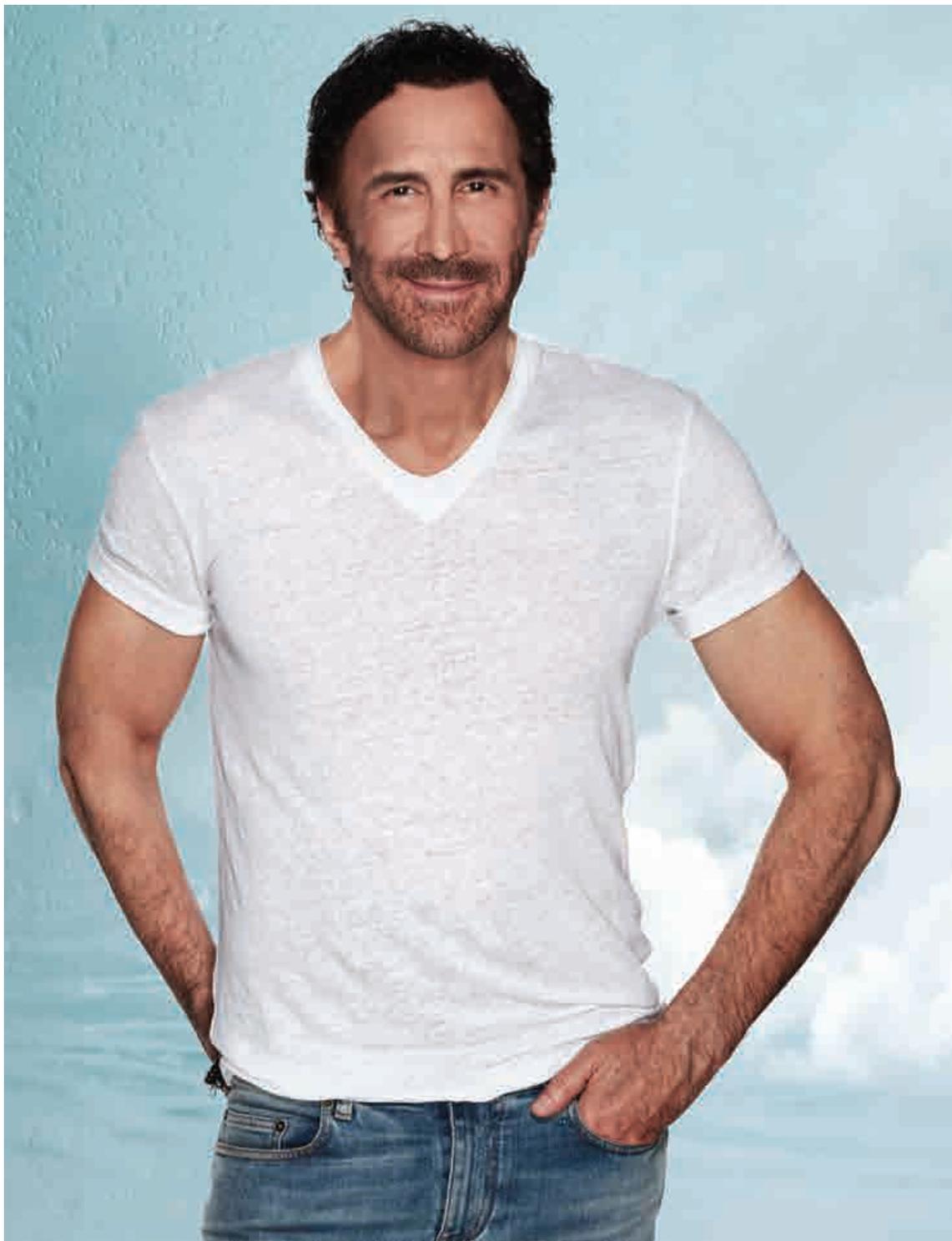
You're probably familiar with Peter Thomas Roth, the top-selling skin care brand sold at Sephora and Ulta stores worldwide, a favorite on QVC, and beloved by celebrities like Kim Kardashian, Margot Robbie, and Taraji P. Henson. What you may not realize, however, is that Peter Thomas Roth is not just a brand — he's a real person. In fact, his is the largest privately owned skin care company in the United States. Who is the man behind the skin care empire?

FAMILY TRADITION

A native New Yorker, Peter Thomas Roth is a child of Hungarian immigrants whose family owned and operated spa resorts, so skin care is an inherent part of his heritage. When he launched his own company in 1993, many of his formulas were based on the muds and minerals found in Hungarian thermal springs. Roth started the line because he'd always had skin issues. While working in his father's jewelry factory after graduating from Wharton, he spent evenings toying with skin care formulas. "I was always going to the dermatologist; I was always getting facials; I had very active acne, so I just dived into it," Roth says.

MADE IN U.S.A.

Peter Thomas Roth Clinical Skin Care produces all its anti-aging and anti-acne products using the highest quality ingredients at its own facilities in the United States. "I started



with other people making the products and I wasn't getting anywhere," Roth says. "So, we opened our own lab, manufacturing facility, and distribution center. "The brand quickly became popular at luxury spas, and the entire line has been carried at Sephora since it opened in the United States in 1998. The cosmetics retailer also stocks the PTR brand in Canada, Mexico, Southeast Asia, and China.

SELENA GOMEZ'S VIRAL SOCIAL MEDIA POST

The enduring popularity of Peter Thomas Roth skin care products is no mystery: they work. Social media posts featuring the brand's products often go viral. Selena Gomez's morning grooming ritual, which includes the 24k Gold Eye Patches, has been wildly popular with her 42 million TikTok followers. "It was amazing; it garnered a lot of views," says Roth, noting that the video was unsolicited, and they did not give Gomez the product.

TIK TOK 50 MILLION USERS

Another delightful surprise came when an unknown 54-year-old hospital worker, TikTok user @trinidad1967, posted a video showing the incredible results the Instant FirmX Eye Tightener had on her under-eye bags. The company sold out of that

product everywhere within hours. A whopping 50 million users have watched her video. She's since appeared on national television and has garnered 186,000 followers. "It's been trending like crazy, all from a TikTok. It's the No. 1 eye treatment product in America," says Roth. The brand now sends her products.

TWO SONS & A FAMILY BUSINESS

Roth, who lives in Manhattan, is a divorced father of two sons with whom he is very close. Both recently celebrated their graduations from Wharton at the same time, in 2022 — since Ryan, the oldest, finished in 2020 when graduation ceremonies were halted amid the pandemic. "We went back two weeks in a row; everyone's officially graduated," says the proud dad. Recently, Ryan joined his father's company. Brendan, the youngest son, has taken a job in finance.

PHILANTHROPY IN THE HAMPTONS

While Roth is considered an eligible bachelor around town, he keeps a low profile on the social scene, mainly supporting charities with which he's long been associated, including his friend Denise Rich's Angel Ball for cancer research, and the Rita Hayworth Gala for Alzheimer's, founded by Princess Yasmin Aga Khan, whom he met while skiing in Utah years ago. In July, he attended Polo Hamptons, close to where in 2021 he purchased a "cute little cottage" in an idyllic setting, complete with dock and jet boat. "It looks like Golden Pond; you can see the deer and rabbits."

MIAMI, ART COLLECTOR

He also has an apartment in Miami, where his mother lives, and he's able to spend more time there now that he's an empty nester and remote work has become feasible.

In recent years Roth began collecting art. Among his acquisitions are an Andy Warhol painting of a Studio 54 VIP ticket, in all black, and another by Damien Hirst, on which the artist signed "Happy Birthday" to Roth on the back of the canvas.

JEWELRY LINE

While running his ever-growing company, Roth spent his spare time dabbling in jewelry design, just for fun. "Some people like to play golf or tennis, or play cards; I don't, so jewelry was like my hobby," he explains. His Ribbon & Reed collection, inspired by works in the Metropolitan Museum of art, where he spent many youthful hours, debuted in 2016.

In gold and silver, the line consists of classic, simple, modern pieces for women and men that will still look good in 20 years. "That was the goal, to just do clean and modern with a little kick of the past," says Roth.

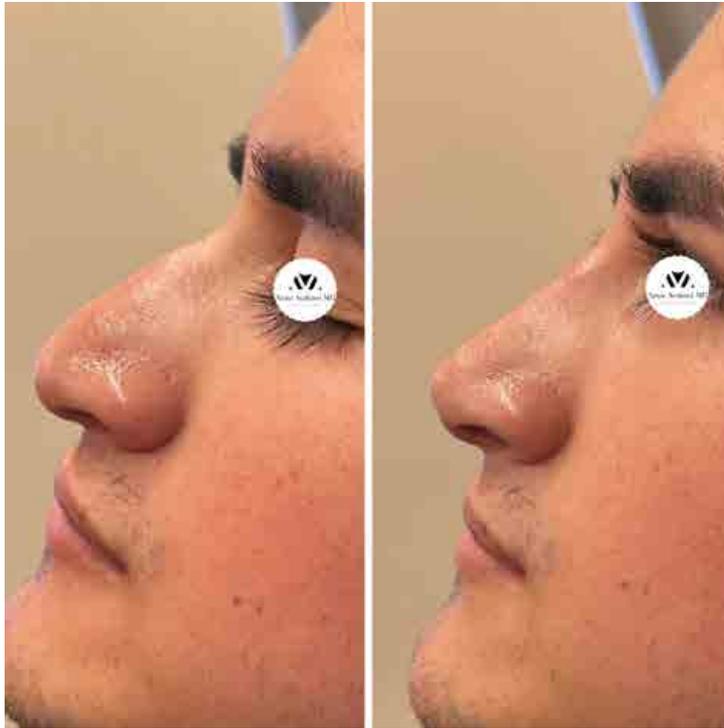


Peter Thomas Roth and Ryan Thomas Roth

- ▶ peterthomasroth.com
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THE MIRACLE OF A NON-SURGICAL NOSE JOB WITH DR. ANNA AVALIANI

BY FRANCES GORMLEY



BEFORE

AFTER



BEFORE

AFTER

Dr. Anna Avaliani, the renowned Park Avenue noninvasive cosmetic surgeon, has a special interest in nonsurgical rhinoplasty, aka liquid rhinoplasty, aka a nose job. It's one of the myriad procedures Dr. Avaliani performs for patients — many of whom are entertainment and sports celebrities, socialites, high-end models, and successful corporate leaders. Word of mouth is Dr. Avaliani's most frequent advertisement.

If you go to Dr. Avaliani's website and look at the many before-and-after photos of nonsurgical nose jobs, you might think, as I did, *Wait, how did she do that without surgery?* It's downright magical how she can make a hooked nose look straight, a bulbous nose look slimmer, a turned down nose have a nice little upturn, a sizeable nose look smaller. She can also correct a dent from a previous surgery or injury. In other words, she can improve a nose's symmetry, alter its size, and re-contour its shape. Yet she doesn't change the length of a nose, nor alter the size of nostrils.

The procedure doesn't take long to accomplish —

in Dr. Avaliani's hands, ten minutes or less. There's no downtime. The result lasts indefinitely with tweaks at intervals. A liquid rhinoplasty is also a great idea for someone considering actual surgery. It's an easy way to try on a new nose before committing to the expense and permanence of surgery, and it can be reversed at any time.

Dr. Avaliani's procedure is a combination of injectable fillers and her artistry. Make no doubt about the importance of artistry. Her fillers of choice are Restylane Lift, Juvéderm Ultra Plus, and Juvéderm Voluma — all hyaluronic acids that Dr. Avaliani has used *thousands* of times in her practice, and she has won awards for her medical expertise.

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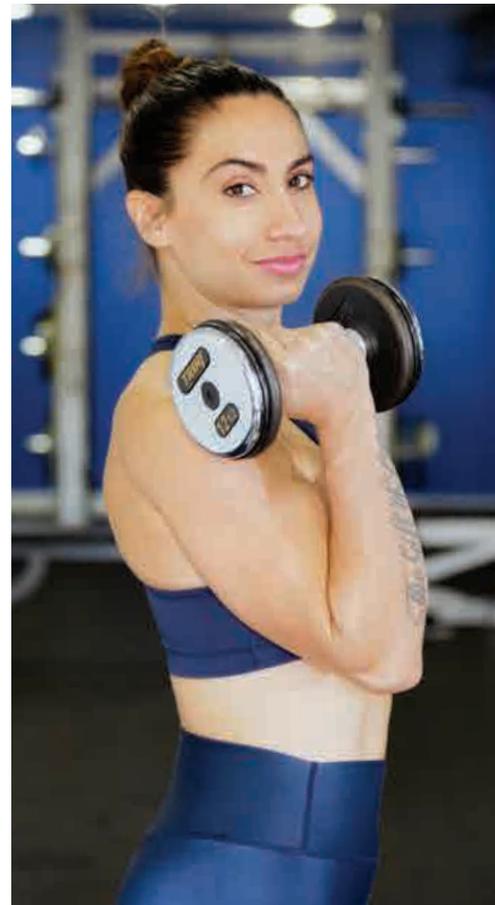
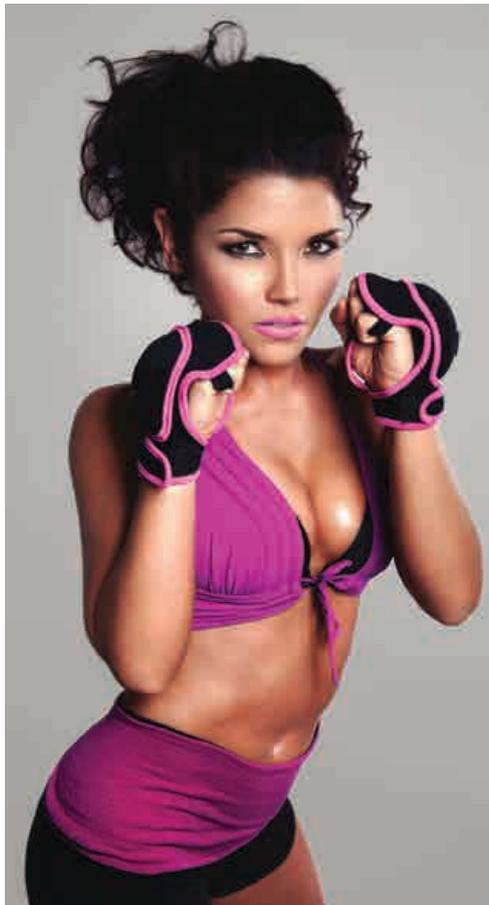
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HAMPTONS & MANHATTAN

BY MARSIN MOGIELSKI



Trevor Franklin is a group fitness instructor from Lubbock, Texas. An athlete himself growing up, Trevor loves full body, athletic style training that can translate to daily life. Trevor has spent 5 years doing both group fitness and one-on-one training. Trevor's certifications include RKC, ISCA, ISSA, and CF lvl 1. Trevor has worked at fitness studios such as Orangetheory Fitness, Performix house, Spartan, and city row. Trevor prides himself on delivering energy and passion in all things health and wellness.

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Marissa Ivana is the founder of Mivana Move, a dynamic and innovative program that combines barre, pilates, yoga sculpt, dance conditioning and functional fitness. These high intensity, low impact, music-driven workouts will challenge you physically and mentally, elevating your fitness and transforming your body. Every class is unique and the results are truly enviable! Plus, Marissa has over 20 years of dance and fitness experience.

Marissa Ivana
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mivanamove.com

Breahna Arnold is a certified functional strength coach. Breahna Arnold believes in getting that body you have always dreamed of while training the body for optimal performance both in the gym and in daily life. She keeps training upbeat, fast-paced and ever-changing so boredom is never an option, from free weights to TRX training to resistance bands and much more. She offers in-home training as well as training at many different training facilities from Manhattan to the Hamptons.

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GET BACK TO YOU

WITH PARK AVENUE PLASTIC SURGEON STEPHEN T. GREENBERG, M.D., F.A.C.S.

BY JOHANNA BILLOW



Fall can be a very exciting time, with the season changing, the weather cooling, and the holidays beckoning. It is also the perfect time to think about how to finally deliver on your commitment to doing something for yourself. Back to the gym, back to the diet, the new season brings with it the impetus to look better and feel better. And now that the kids are getting back to school, this is the perfect time to have the cosmetic procedure you've always wanted.

From non-invasive med-spa treatments to rapid-recovery surgical solutions, award-winning, celebrity plastic surgeon Dr. Stephen T. Greenberg will help you begin the fall season in the best shape possible. Many of us enjoy the outdoors with the best of intentions, but sun and wind exposure can affect the skin. Now is the time of year to refresh and revitalize and get your skin ready for the colder months ahead.

A deep-cleansing HydraFacial is a great place to start. Perfect for all skin types, the HydraFacial resurfacing procedure thoroughly cares for your skin, providing cleansing, exfoliation, extractions, and hydration. It removes surface damage such as dead skin cells and impurities, but it also replenishes the skin with antioxidants through Vortex-Fusion, the most advanced application of nutrients to the skin. The result is fabulous, glowing, healthy skin.

Treating sun damage is easy with our IPL Photo Facial skin rejuvenation treatment that reverses the signs of aging. Intense pulsed light (IPL) penetrates the layers of the skin and stimulates

the growth of new collagen, while destroying excess pigment, redness, spider veins, fine lines, and enlarged pores. IPL Photo rejuvenation can be used on the face, hands, chest, or arms, and promotes smoother, more youthful looking skin.

The Morpheus8 device (a favorite of Kim K.) targets subdermal layers of skin and tissue to remodel collagen. Used at various depths to address a wide variety of concerns, it can erase fine lines and wrinkles, lift sagging jowls, improve skin tone and texture as well as treat skin laxity, crepey skin, smoker's lines, crow's feet and even erase scars and stretch marks. Morpheus8 is the ultimate anti-aging treatment to restore, refresh, and revive skin on the face and body quickly and without downtime.

Greenberg Cosmetic Surgery and Dermatology specializes in providing the latest rapid-recovery face and body surgical options, ranging from face lifts, mini-face lifts, eyelid lifts, neck lifts, and rhinoplasty to breast augmentation, breast lifts (with or without implants), breast reductions, tummy tucks (which may be covered by insurance) as well as liposuction. Dr. Greenberg's surgical solutions have patients enjoying their new look faster than ever before.

Cosmetic injectable treatments lift, restore, and contour the cheeks, jowls, lower face, lips, and eyes — many times with immediate results. Fat can be transferred to the face and the lips, cheeks, jaw, under-eye area, and even the hands and buttocks. Non-invasive body treatments such as CoolSculpting and EMSculpt reduce stubborn fat and trim and tone the body with zero downtime and incredible results.

Use this time to tune up and make a difference in how you feel about your appearance. Dr. Stephen T. Greenberg and his award-winning team create customized treatment plans based on your personal goals and individual physical traits. Many times, it is a combination of procedures that produce the most natural and best result. With the summer season ending, this is the perfect time to have the cosmetic procedure you've always wanted and start on the path to a younger, more confident-looking you.

Dr. Stephen T. Greenberg is a double board-certified plastic surgeon who specializes in cosmetic plastic surgery. He is director of New York's premier centers for plastic surgery in Manhattan, Woodbury, Southampton, Smithtown and also in Boca Raton, Florida. To schedule an appointment, or request additional information, call **631.287.4999** or visit **greenbergcosmeticsurgery.com**.



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RACE TO THE HAMPTONS, NOT TO THE BATHROOM

PROSTATE-SHRINKING TECHNOLOGY WITH DAVID SHUSTERMAN, M.D.

BY EMILY FASSBERG



Dr. David Shusterman's cutting-edge surgical technology is revolutionizing the urology industry in treating men for frequent urination. The traffic from New York City to the Hamptons can be brutal. Not only is waiting in traffic frustrating, but sitting on the road with a full bladder can be extremely uncomfortable or even painful. Trying to find a restroom on the way to the Hamptons can be time-consuming. Dr. Shusterman found a solution to what he calls "the Hamptons bladder problem."

Bladder issues for men result from an enlarged prostate. Although this can be treated with medication, a new minimally-invasive surgical procedure has results superior to medication alone. In his office, Dr. Shusterman's team of world-class specialists inject tiny particles into the prostate artery, which works to block blood flow to the prostate. And this, in turn, shrinks the prostate back to normal size. The recovery is minimal; in fact, many patients even go back to work the next day. Most important, there are no negative sexual-performance side effects. This technology is a known intervention that is used in other medical fields, including cardiology, but Dr. Shusterman is pioneering it for an enlarged prostate. The surgery is safe and has been tested on millions of patients around the world.

Dr. Shusterman's goal is to cure the problem. Medications can have side effects and require return doctor's visits, in

addition to not always being totally effective. Dr. Shusterman's procedure is a permanent solution.

Surgical intervention isn't entirely new. The old-school way was an invasive surgery where bleeding could be an issue. It required a long recovery, and often resulted in negative sexual side effects. For these reasons, many surgeons avoid surgery because they have yet to adopt the latest in urological technology. But Dr. Shusterman uses the newest, minimally invasive technology that has none of the negative issues of invasive

surgery and is, therefore, revolutionizing the treatment. Dr. Shusterman's practice has performed more of these minimally invasive procedures than any other practice in the world.

Dr. Shusterman's practice emphasizes minimal medical intervention. He focuses on issues before they become acute, ensuring a quick recovery and patient cure rather than constant treatment. His Midtown practice has everything on-site, including surgical rooms and testing. He uses his own highly vetted anesthesiologists and, unlike a hospital, no trainees. Hospitals can be a very scary place for patients, contaminated with germs. Dr. Shusterman provides his patients with world-class care at their convenience. He is thinking about opening a practice during the summer months in Southampton, expanding his expertise beyond the city.



David Shusterman, M.D.

Board-Certified Urologist

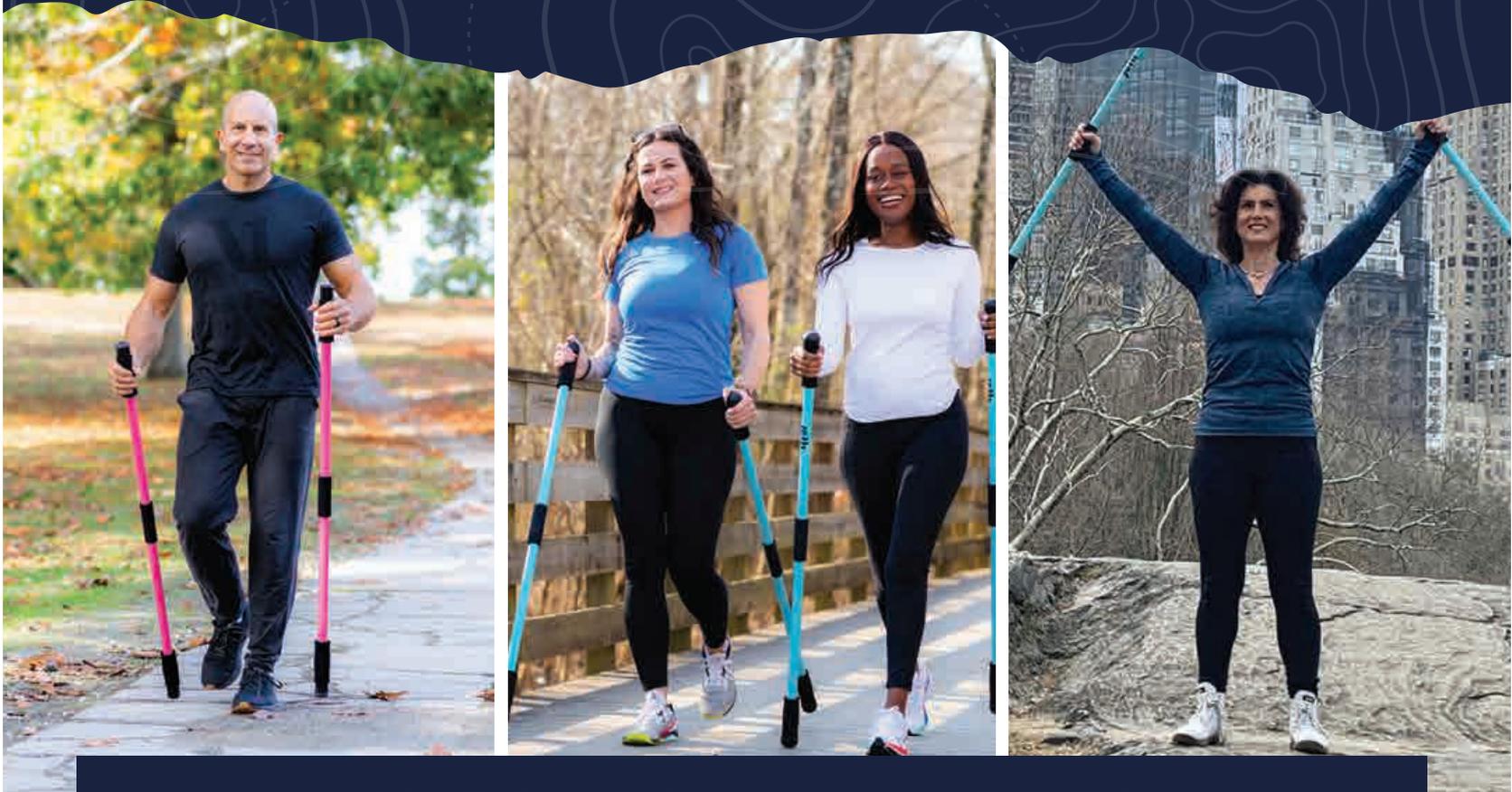
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BY WINTER RODRIGUEZ



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A METHOD

A METHOD TRAVEL KIT FROM CELEBRITY
DERMATOLOGIST TINA ALSTER

BY LISA DAWIN



Social Life editors are in love with Tina Alster's innovative sun products. The Travel Kit, which includes a variety of A Method products, is a favorite of ours this season and will be for our trips to warm destinations during the winter months.

WHAT'S IN THE A METHOD TRAVEL KIT?

After a long flight, start with C Gel Facial Mask. The kit contains two masks, one for the start of your trip and one before you head home. It boosts circulation beneath the skin and pulls moisture into the outer layers to soften and condition skin texture.

Use Cleanse Gentle Daily Wash as the first step to both your morning and evening routines. It's a gentle, creamy, and hydrating cleanser, free of potential irritants. C Antioxidant Gel 20% (the bestselling vitamin C serum) is ideal for skin brightening and antioxidant sun damage protection, while H2Biome Probiotic Moisturizer can be used daily.

The final step to a great skin care routine is sun protection with Protect SPF 30 Sunscreen, a 100% mineral sunscreen that provides a broad-spectrum UVA/UVB protection, without risk of skin sensitivities commonly experienced with chemical sunscreen use.

Lip care is also important while traveling. The kit includes C-Kissed Lips, which applies an occlusive layer on the lip surface to seal in moisture and protect lips from external exposure both indoors and outdoors. \$120, themethod.com

SHANI DARDEN

BY DÉESSE PRO LED LIGHT THERAPY MASK

BY LAURA HILTON



Considered the secret behind Hollywood's most flawless faces like Shay Mitchell and Jessica Alba, Shani Darden has built a reputation as one of the most sought-after estheticians in the world.

What's really gotten our editors excited is her new Shani Darden by Déesse Pro LED Light Therapy Mask. LED light therapy is one of Shani's favorite treatments for next-level glow and firmer, clear skin. We tried it. And it works! We sat down with Shani to learn more.

What inspired you to create the mask?

I had been selling Déesse masks through my website and studio for years, and I always really loved the device. However, after using it for years as well as hearing from clients about their feedback on the mask, I really wanted to design an upgraded, exclusive mask that used the latest technology with high-strength LED lights at the most effective wavelengths and was FDA-cleared. I also designed a custom neck-attachment to be used with it as well, which was a high priority on my wish list as well as my clients'.

What is so special about LED light therapy?

I have used LED light therapy in my facials for many years. The devices and technology have changed a lot over the years, but I saw early on what an incredible effect it had on the skin for anti-aging and acne. It's been an integral part of my facials ever since. It's a clinically

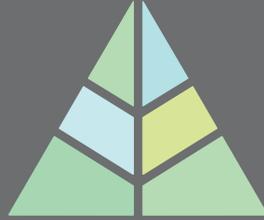
proven treatment to reduce wrinkles, acne, and pigmentation, and I've seen firsthand how transformative it is for the skin.

How do you care for your skin in between mask usage?

Here's a great a.m./p.m. routine that incorporates my LED Light Therapy Mask for glowing, youthful skin. In the morning, I start with a gentle cleanser such as my Cleansing Serum. Next I will do a session with my Facial Sculpting Wand and a session with my LED Light Therapy Mask. I apply an antioxidant serum such as iS Clinical's Pro-Heal Serum, followed by my Intensive Eye Renewal Cream. Last but not least, I use Supergoop's Play Everyday SPF 50, which is hydrating enough to double as my daily moisturizer.

At night, I will cleanse again with my Cleansing Serum. I alternate nights with my Retinol Reform and Lactic Acid Serum. One to two nights a week, I recommend exfoliating with a chemical exfoliant such as the Dr. Dennis Gross Alpha Beta Peel Pads. Following that I love to use a hydrating serum such as Dr. Nigma's Serum No. 1, then my Intensive Eye Renewal Cream, and I'll finish with Weightless Oil-Free Moisturizer.

Shani Darden by Déesse Pro LED Light Therapy Mask
\$1,900, shanidarden.com



DR. LANA WELLNESS

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Lana Butner, N.D.

Lana Butner, N.D., known to her patients as Dr. Lana Wellness, is a naturopathic doctor and licensed acupuncturist who strives to help her patients be their best self by feeling healthy and looking great. She earned her doctorate in Naturopathic Medicine from Southwest College of Naturopathic Medicine, a four-year accredited medical school in Arizona.

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THE IMPORTANCE OF EATING ANTI-INFLAMMATORY FOODS

BY KRISTY ROWLING

PHOTOGRAPHY BY DEBRA SOMERVILLE



The word “inflammation” comes with many negative connotations. However, it is an important part of your body’s natural defense system. Your body’s inflammatory response is a lifesaver when it comes to cutting your finger or catching a cold. That’s because it means your immune system is doing its job to get rid of infection and allow for healing. A stuffy nose, fatigue, aches, and fever are all signs of acute inflammation that eventually go away.

Chronic inflammation is the real problem, because this means that the inflammation will not go away. In fact, it is what contributes to nearly every chronic and autoimmune disease. If your body is continually exposed to inflammatory agents, such as the wrong foods or environmental toxins, you will experience constant, low-grade inflammation. This type of inflammation increases the risk of conditions like obesity, asthma, autoimmune diseases, depression, arthritis,

cardiovascular disease, insulin resistance, cognitive decline, osteoporosis, and more.

I have worked with a lot of clients who are experiencing chronic inflammation and have seen firsthand how an anti-inflammatory diet can dramatically alleviate the suffering caused by autoimmune disorders, arthritis, and a whole range of other issues. Once a client feels better from improving his or her diet and then relapses after reintroducing inflammatory foods, the pain comes back with a vengeance. I consider this positive reinforcement, as they then realize without a doubt how interconnected their diet is to how they feel. A diet filled with inflammatory food and drinks will undoubtedly lead to an inflammatory response that remains active, inevitably resulting in potential tissue damage and disease.

Inflammatory foods include refined carbohydrates, fried foods, sugary drinks, processed meats, alcohol, processed



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foods, and unhealthy fats. However, it is important to remember that having French fries or a donut every once in a while will not determine your net inflammatory outcome. It is your overall dietary habits that matter the most.

If you regularly experience symptoms such as bloating, diarrhea, congestion, eczema, migraines, or acne, you should take a closer look at your diet. Food allergies or sensitivities (typical culprits are gluten, dairy, eggs, and soy) will contribute to inflammation. Some people can be allergic or sensitive to particular foods that are otherwise not inflammatory.

Symptoms from eating a diet rich in inflammatory foods can differ from person to person. Responses can range from mild to debilitating. An inflammatory diet is also related to both weight gain and weight loss. Research has shown that excess fat produces inflammatory compounds that keep you in a cycle of inflammation. Finally, it's not just the food we eat that causes inflammation. Lifestyle factors like stress, smoking, a lack of sleep, and being sedentary also contribute greatly.

To find out whether you are dealing with chronic inflammation, it's important to assess inflammatory markers (such as C-reactive protein) via lab work. If you are in an inflammatory state, start by lowering your intake of added sugars, refined carbohydrates, unhealthy fats, and alcohol. You can even eliminate particular foods, for example sugar, for one to three weeks. Not only will this help reset your taste buds, but its absence from your diet will put you in touch with how it had been affecting you. Then, you can aim to add these foods back into your diet on occasion. More formal testing for sensitivity or allergy is another way to determine whether your diet is contributing to inflammation. In functional medicine, the gold standard is an elimination diet, which entails removing common allergens from your diet for a period of six weeks and then reintroducing them one by one in order to identify any adverse symptoms. If you experience gas, bloating, skin issues, or other gastrointestinal issues, then you know what foods are causing an inflammatory response in your body.

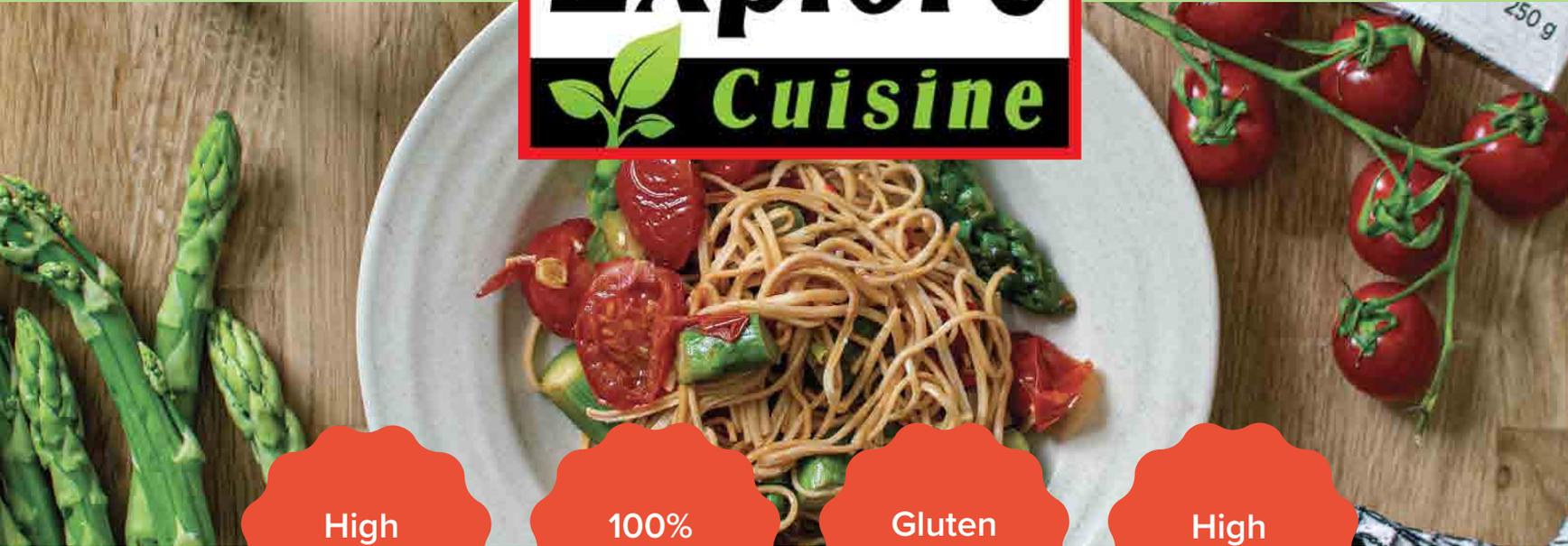


Eating a diet rich in nutrient-dense foods will lower inflammation. Some of the most anti-inflammatory food choices include:

- Wild salmon
- Spices like turmeric, ginger, and cinnamon
- Dark leafy greens
- Cruciferous vegetables
- Berries
- Extra virgin olive oil
- Dark chocolate (more than 70% cacao)
- Seeds such as ground flax and chia
- Citrus fruit
- Bone broth
- Green tea
- Grass-fed animal and dairy products
- Legumes
- Almonds and walnuts

Taking small, targeted steps by gradually adding more anti-inflammatory foods into your diet is the most sustainable approach to reduce or prevent chronic inflammation. Trying all-or-nothing will eventually backfire in the long-term. Instead, crowd out the junk by filling up on foods your body recognizes as good for you and leave you feeling satisfied.

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Sharon is a NYS licensed aesthetician, beauty expert and aesthetic practitioner for over two decades. Working closely with plastic surgeons as a patient advocate, aesthetic consultant, and beauty advisor, KOL (key opinion leader), preceptor and luminary for Sciton Inc. aesthetic laser and light device company. Sharon is also a duly licensed medical micropigmentation specialist with a sub specialty in cosmetic tattooing and scar correction since 1995.

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HOUSE OF DESIDERATA

A DIGITAL LUXURY MAGAZINE THAT CELEBRATES THE DESIRES OF LIFE

BY LAURA HILTON



House of Desiderata is a digital luxury magazine that celebrates the desires of life: beauty, fashion, fitness, food, health, lifestyle, and travel and presents evolving hot-topic short reads. The magazine offers its readers aspirational, personal, and curated insights into a definition of luxury that focuses on sustainability, diversity, the new, the classic, and the now. It is not only aesthetically luxurious but it also offers an intellectual angle that is thoughtful, emotive, and will excite your soul.

While *House of Desiderata* has built relationships with some of the world's most luxurious brands, it also focuses on small luxury businesses that take the time to truly get to know their customers' wants, needs, and desires, and shares these precious, luxurious gems with its global reader base.

House of Desiderata's editorial teams are located on different continents, and so they can seek out luxuries across the globe and allow their readers to see the world through fresh eyes, putting the utmost care in crafting articles, interviews, and podcasts that inspire their readers to pursue their own desires in life. Each month, *House of Desiderata* grows and expands its network, providing direct access to some of the world's most successful brands and entrepreneurs that bring the brand into their businesses, into their lives, and into their worlds.

House of Desiderata has worked with brands such as Aman Resorts, Fregate Island, Vintner's Daughter, The Clinic at Holland Park, HUM2N, Psycle, One White Street, Buddha Bar, L'Abeille, Dr Smood, Shani Darden, Skin Design London, Stalle Studios, Citizen Atelier, Barry's Bootcamp, Minotti, Poliform, and many more, and continues to grow its global network.

House of Desiderata's mission is to not only provide its readers with stunning pictures and eloquent prose, but also to fuel a desire in each and every reader and inspire them to search for and fulfill each and every one of those desires. *House of Desiderata* weaves a thread of luxury through each feature, seeking to awaken awareness of luxuries that its readers thought only existed in their dreams.

House of Desiderata hopes that its insights inspire your desire for life, allowing you to truly find your bliss. Each new discovery inspires the brand further, allowing it to share these incredible finds with its readers across the world.

House of Desiderata
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HANGOVER PREVENTION TIPS

BY LIANA WERNER-GRAY

Liana Werner-Gray at *Yammi!* The Watermill Center Annual Summer Benefit, Photo by Patrick McMullan



Although drinking to celebrate or having a drink at dinner can be fun, sometimes we wake up not feeling our best the next day. Typically we will feel symptoms like fatigue, headache, brain fog, nausea, etc. These symptoms are a form of detox also known as a hangover. Alcohol is a toxin and can be taxing on the liver, the first organ that begins to process alcohol. Drinking heavy amounts of alcohol regularly overloads the liver and can make us very sick. Therefore, alcohol

should be enjoyed in moderation with no more than two to four drinks a week. But even when enjoyed in moderation, we can still feel the detox effects. I am going to share some tips to help make these symptoms less unsettling so you can enjoy alcohol with fewer regrets the next day! Here are my top remedies for preventing a hangover.

ACTIVATED CHARCOAL:

After a night of drinking, before bed take activated charcoal. Activated charcoal is odorless and can be bought in capsules or a powder, then added to water or a smoothie. This works as a natural detox and helps to aid the body with the detoxification of the liver.

CHLOROPHYLL:

Chlorophyll is a compound found in dark leafy greens like kale, spinach, collard greens, dandelion greens, turnip greens, broccoli and broccoli sprouts, and blue-green algae, like chlorella and spirulina. Although I feel that chlorophyll has been understudied, it has been shown to have many health benefits. This is one of the best health hacks we have available to us! A lot of high-performance people have discovered its value already. It is noteworthy that chlorophyll contains magnesium and reduces inflammation in the body, which alcohol causes. It has been shown to enhance oxidative stress tolerance, meaning that your body will be able to adapt to stressful conditions more easily. It also contains a lot of healthful antioxidants.

Chlorophyll helps put fresh oxygen into the body, which gives us instant energy. Adding a few drops of chlorophyll to water before bed will help you wake up feeling refreshed and less fatigued. Chlorophyll can also be consumed via my Liana's Organics Anxiety-Free Supplement which can be purchased on LianasOrganics.com.

MILK THISTLE TEA:

Milk thistle is known to be helpful for detoxing the liver. It contains silymarin, a group of compounds known to have antioxidant and anti-inflammatory properties. Drinking this before bed or the morning after drinking will not only detox the liver but can also help to soothe any hangover symptoms you may have.

ROASTED POTATOES

After consuming alcohol it's common to crave fatty and salty foods. This is from our blood sugar becoming elevated and our body becoming dehydrated. Due to this, we will crave fats and salt to help balance the body. While it's easy to run by your favorite fast-food restaurant and pick up fries, I recommend roasting organic potatoes at home with olive oil and sea salt. This allows the body to reset with nourishing healthy fat and starch and helps to line the stomach so the liver does not have to work as hard to process out the alcohol.

LEMON WATER AND CHIA SEEDS

The day after consuming alcohol, drink lemon water with chia seeds. Lemon is a natural detox for the body and chia seeds contain protein, healthy omega-3 fats, iron, and antioxidants which all help in detoxing the body. Lemon water is highly alkalizing for the body and helps flush the digestive system including the stomach and liver. It is also very hydrating. You can even add a little sea salt and honey to make a natural Gatorade that will help to replenish the electrolyte balance in the body and lessen a headache.

As a body is detoxing itself from alcohol, it is worth trying to make hangover symptoms feel less intense. The above are all great remedies to help prevent detox symptoms from becoming so extreme that you are stuck in bed the day following a night of fun. Give these a try next time you overindulge a bit!

Liana Werner-Gray

Nutritionist at Complete Wellness NYC, Best-Selling Author of *Cancer Free with Food* (Top 100 cancer books of all time), and founder of LianasOrganics.com Anxiety-Free Supplements.
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THE RITUAL

HEALING TEAS BY ANNA CHERNITSKAYA

BY BAILEY BECKETT

SPILLING THE TEA

The healing properties of teas have been essential components of Eastern medicine for centuries yet have only recently begun to be explored by Americans seeking an alternative to pharmaceuticals. Four years ago, when the New York entrepreneur and model Anna Chernitskaya discovered that she was chronically ill, she turned to the tradition she knew from her youth to treat herself successfully and naturally through tea and lifestyle changes. Chernitskaya founded @the.ritual.tea, bringing teas of exceptional quality and healing potential into the marketplace, beginning with her buckwheat tea.

ANNA CHERNITSKAYA



After moving to the United States from Eastern Europe, Chernitskaya frequently became ill. “There is constant air conditioning everywhere, which I was not used to, and my body reacted. I was diagnosed with chronic tonsillitis and treated with antibiotics and other medications, but the symptoms persisted,” she recalls. Chernitskaya’s

body began reacting to some American food. She was definitely not feeling like herself and she attributed part of the problem to processed food, which she says was responsible for her gaining 20 pounds. She explored ways to treat herself with intermittent fasting and buckwheat tea. “A lot of illness is attributed to sugar intake, which creates many complications, up to and including cancer,” she says.

BUCKWHEAT TEA

What makes Anna Chernitskaya’s buckwheat tea unique is the taste and the process through which it is produced. Originating in China, where much of the world’s highest quality



teas are grown, its benefits are abundant. “I am obsessed with this tea because it’s filling and tasty. It’s FDA-approved and it has no caffeine,” she says. “It has a relaxing quality, reducing stress, and the body feels more comfortable, in addition to curbing your appetite. When I lost twenty pounds by drinking buckwheat tea, I was hooked for life.”

Born in Poland, Chernitskaya says she grew up in a very healthy environment because Poles use nature for medicinal needs by treating ailments like high blood pressure, flu, and heavy monthly periods with herbs and teas. She says in Poland she had a cleaner diet without processed foods. “Natural foods are much more satisfying to the body,” she says.

BLUEBERRY & VALERIAN ROOT TEAS

@the.ritual.tea is launching with buckwheat tea, but Chernitskaya has more in the works including a sleep-inducing tea driven by valerian-root extract, and then a blueberry tea, high in antioxidants. “I really love the idea of helping yourself with supplements as part of a broader healthy routine and healthy rituals,” she says. “That’s why I named my brand The Ritual. It *is* a ritual that you can add to your daily life for improved health.”

- ▶ You can purchase Anna’s The Ritual Tea at theritualteacompany.myshopify.com

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FEATURES

MATTHEW J. BRUDERMAN





MATTHEW J. BRUDERMAN

HUMBLE HOT SHOT

BY CHRISTINE MONTANTI
PHOTOGRAPHY BY GEN NISHINO

“The way you treat the waiter says more about who you really are, than what you say you care about at a cocktail party,” says Matthew Bruderman, his feet planted in his signature Vans as he looks out over Oyster Bay Harbor from his sprawling Centre Island estate. Bruderman, the scion of a family synonymous with finance and investment for five generations, is in a reflective mood.

One gets the sense he’s been reflecting a lot lately, perhaps about his next big move.

He talks about the race cars he redesigns, his next project on the property and his family. But there is a sense that he’s uncomfortable talking about himself and his enormous success. It’s a rare and remarkable trait for someone who’s at the top of his game in business, expanding his reach into entertainment and even politics.

Bruderman’s family helped found Southampton and fought in the Revolutionary and Civil Wars. Since 1879, they’ve left an indelible mark on the world of finance, advising royal families, celebrities, the high net worth, large institutions, even the Roman Catholic Church.

His grandfather was a partner of Brown Brothers Harriman in the 1940s before joining and then succeeding Robert Brunner at the helm of his venerable investment firm that would be renamed John M Bruderman and Co. His father would go on to expand the business by an order of magnitude.

When asked about whether there was pressure to go into the family business, Bruderman recalls sitting on the floor in his grandfather’s office with his siblings playing “guess the ticker symbol.”

“Sure, there was pressure growing up, but it was more about understanding that with our family name came responsibility. My name is my father’s name, but it also belongs to my children. Protecting that reputation is where the weight of responsibility lies.”

To meet Bruderman is to meet an everyman, despite his wealth and success. He’s relatable and approachable. “My parents had the good sense to know that if they just gave us everything, we’d be entitled, detached and less successful. They prepared us to be our own people,” he says. “I had to have a paper route and take the trash out to get my allowance.”

“When I was in college, I parked cars and washed dishes with people who were twice my age, who came to this country and worked to feed a family. I learned early on just how hard people have to work to make it.”

“I think to some degree the time I spent as a busboy, a waiter, and a caddy taught me more than any school I attended,” he says.

He says, more than any financial resources, he was given a set of principles to live by: be honest, work hard, don’t be afraid to fail, treat people with respect, build a strong family, relationships matter, and having money doesn’t make you any better than the next guy.

“I had to earn what I have here,” he says as he walks the pea gravel driveway between the lush property’s residences. He can name the species of every tree and flower.

“My kids have part time jobs. They’re great students. They are self-conscious about wealth and that’s a good thing. My wife and I have tried intentionally, as my parents did, to make

sure they understand the responsibility that comes with carrying a family name and having resources.”

Bruderman’s humility also helps provide him with the freedom to constantly explore new ventures. “You can’t be afraid to fail. I tell my kids, don’t be afraid of not being good at something. One of the great enjoyments of life is working to get better at something.”

“I never thought I’d be involved in a media company or a hit show like “Selling the Hamptons” but trying new things and continually expanding my horizons is the best way to keep growing as a person. If you want to feel the excitement of scoring, you have to move the ball down the field,” says Bruderman.

“Selling the Hamptons” is currently shooting its second season for Discovery+. In 2018 he co-founded Allyance Media Group with former MTV president and prolific producer Tony DiSanto.

“When I was looking to start a new multimedia content company, I needed someone who could approach the business side of things with the same out of the box thinking and philosophy that I wanted to bring to the creative side. Matt is a brilliant businessman with great creative instincts.





That's his secret weapon and it gives our team the competitive advantage we need in the ever-evolving media landscape," said DiSanto.

Allyance is producing a range of content for all platforms and networks across scripted, unscripted, documentary and feature films, including the upcoming thriller *Give Me Your Eyes* starring Mauricio Ochman, Hunter King and Elyfee Torres.

As an investor and entrepreneur, Bruderman has been the majority shareholder in more than 80 companies. He goes from board shorts and boat shoes to business suit and boardroom effortlessly, driven to make the most of every day.

Commerce Bank Founder Vernon Hill recalls, "When I first met Matt, it was obvious right away that one of the reasons he was so successful was because he understood how to create wealth by creating customer value. He has that unique talent that very few have where he can start with an objective, have a vision for how to meet it and be willing to do what it takes to make it a reality. People know they can trust him."

Warm and funny, Bruderman says he's living "his best life," a saying he attributes to his wife. He works hard and plays hard. On any



Matt is a young, dynamic and smart gentleman, whom I admire and respect. A risk taker and consummate entrepreneur. Confidence oozing from every pore — with good reason, because he is that good.

JAMES C. METZGER

Founder and CEO of the Whitmore Agency

given day he'll participate in several hours of outdoor activity before a full day of work. He takes friends and clients on hunting and fishing trips blending getting business done with a dose of fun.

Even still there's more left to do. "Maybe it's turning 50," he says. "I've been so blessed and when you realize how blessed you really are, you should want others to feel that level of positivity and confidence in their lives." While the Bruderman family has a long history of philanthropic activity, Bruderman seems poised to shift his focus to that work more vigorously, including public service.

He's bothered by the injustice and inequities he sees, as well as a lack of initiative on the part of some to solve major societal problems using their own wealth, time and ingenuity. "People need to get off their butts and help. Don't expect other people to pay for it and government to just make the problem go away. That's a cop out and it doesn't work. Enough with the virtue signaling. Let's demonstrate some actual virtue."

Bruderman recently made his first foray into public service, accepting an appointment to chair the Board of Directors of Nassau University Medical Center (NUMC). The safety net hospital is Long Island's largest and only trauma center. Bruderman was tapped to bring his financial and business acumen to the hospital that has had longstanding fiscal challenges.

"It's the only hospital on the island that serves everyone, regardless of their ability to pay," he says. "For years that patient population has deserved a topflight public hospital. But it became a political football and it suffered. It's a good case study for why government has such a hard time fulfilling its promises to people."

Bruderman says that often the media and politicians play to the extremes or benefit from driving fear and uncertainty. "I like to see a problem and solve it. I don't care about politics, and I'm not worried about pleasing reporters."

CEO of Nassau University Medical Center Dr. Anthony Boutin didn't quite know what to expect when Bruderman was named chairman in April, but the two have established a close working relationship. "Matt's energy is only matched by his genuine concern for the community. He didn't ask to do this. He doesn't need it. He wants to ensure this hospital runs better and every patient is treated with the dignity they deserve."

"If something doesn't make sense or it doesn't help advance the mission, don't do it," says Bruderman. "That's how you turn a profit in business and that's how we can begin to restore faith in our institutions. It's not left. It's not right. It's common sense." He cites millions spent several years ago at the hospital to build new executive offices while patient clinics that served largely minority communities were left unrenovated for years.

Among a range of other reforms, Bruderman is launching a naming rights program to involve individuals and companies on Long Island and beyond to increase charitable giving to the hospital to help with renovations.

When asked how he intends to help do his part beyond his work at NUMC, he smiles. His eyes light up as though his vision is already taking shape. "Soon," he says. "I know people are struggling, either financially or in their confidence in the country right now, but I've never been so optimistic. If we can reintroduce Americans to their history, to what made this country the envy of the world — freedom, personal achievement, hard work, charity, and capitalism — we can lift everyone up."



He says it's unfortunate that might be viewed as controversial by some. "Go to a socialist country and see how people are treated, particularly racial minorities and the less fortunate. Today, our fringes are taking control and our young people don't have an appreciation for our history and what made this nation great."

Bruderman also dipped his toe into politics for the first time this year, though he's direct about never running for office himself. He's concerned the country is developing a top-down mentality. "I think it's clear that we need to get back to basics. Take care of your family, your neighbor, your town, your church, mosque or synagogue. Empower people not big systems. When the power of people is unleashed, the results can be truly magnificent."

He says he's started openly supporting fiscally conservative candidates because, "If your house isn't in order, you can't really help anyone else." Bruderman says his family legacy gives him a unique understanding about how this country was built.

"I feel like people don't understand the value and dignity that comes from work these days. Entitlement and dependency are destructive to the soul. They're poison."

Earlier this year he hosted former Vice President Mike Pence at his home for a fundraiser supporting NY gubernatorial candidate Lee Zeldin. "People should be able to experience the promise of this great country, whoever they are and wherever they started from," Bruderman offers.

When asked about some of his recent political activities he says it's about choosing people and solutions. "Too often we're too busy choosing sides and the ideas, the innovation that we can bring to the challenges of our time, fall by the wayside."

"There are folks who like to label, and judge people. I don't believe in that. It was core to my upbringing that we are no different than anyone else. We're all people. We're all neighbors. If we start thinking of ourselves like that and focus on helping each other, we can unite as a nation again and help people live better lives."

As he walks his private dock out to his Boston Whaler for some time on the water, the humble hot shot clearly knows who he is, where he's been and is happily anticipating the waves that lay beyond the horizon.

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hospitality and our beautiful location in Centre Island!



KRISTIN CHENOWETH

VOICE & DISCOVERY

BY DEVORAH ROSE

PHOTOGRAPHY BY JOHN RUSSO

Kristin Chenoweth is one of the most dynamic, talented, and generous individuals and actresses today. As someone who is always on the move, the pandemic forced a shocking stop to her busy life. The sudden pause became a catalyst for this creative force to write, something familiar to Chenoweth. Her memoir, *A Little Bit Wicked: Life, Love, and Faith in Stages*, was on the *New York Times* bestsellers' list. Her two new books *What Will I Do With My Love Today?* and *My Moment* are both timely and important. Yet it hasn't all been discovery and fun. Kristin has been living with chronic migraine and is letting others know what works for her. I virtually sat down with Kristin to hear all the details.

Your book *What Will I Do With My Love Today?* is a hit with mom groups and toddlers. Can you tell us how you came up with the title and story?

During the pandemic I kept asking my dog, Thunder, *What am I going to do with myself today?* We were going on daily walks and she would prance along and make everyone that passed by us so happy. And I realized, *Oh, how are we going to show our love today, Thunder? That's the question! Yes, that's what we are going to do! How are we going to show our love today without touching or coming too close.* So then I started thinking about a melody but I stopped and realized this isn't a song . . . *This is a book! Wait, this is a children's book.* So the book was inspired by Thunder and that's how the idea was born.

What part of your journey writing this book surprised you?

Well I wasn't sure about a certain part of the book and now I don't know why I even bristled. Some people know that I am adopted and some don't. I wanted to touch on that and for

people to see that love is a circle. Adoption means love and we might not look the same and we might not talk the same and we might not even act the same but love unites. Adoption means love and love is forever. It's in the middle of the book and obviously it's my favorite part of the book now.

How did the book *My Moment* come about?

My friend Chely Wright and I were having a pretty deep talk one night and she asked me, 'Do you remember the first time you fought for yourself?' And you know I didn't have an answer but I kept wondering and wondering long after that talk and it took a couple of weeks before I had an answer. So that led me to ask my other best friend, Kathy Najimy, 'Hey do you remember the first time you fought for yourself?' So then we asked Linda Perry and she instantly remembered. And it was Chely Wright who said, 'You know this is a book, right?' And so it was. We sent a camera to several women and we asked them to take a photo of themselves and write their story. It's a book about and for all women. From Gloria Steinem and Carol Burnett to a young woman named Priyanka who escaped an abusive father from India and who graduated from college. I am so proud of both of these books.

Can you speak about your experience with chronic migraine?

I was twenty-five the first time I got a migraine attack. I was onstage at the Virginia Symphony. I started getting what I now call "kaleidoscope eyes" — meaning I saw flashes of light — and couldn't see clearly. I also got what felt like a brain freeze, like when you drink a slushie too fast, and the music sounded like it had been turned all the way up.





Fast forward to a few years later. The migraine attacks became more frequent, and I received my official chronic migraine diagnosis — meaning I was having 15 or more headache days a month, each lasting four or more hours.

I was worried because it was impacting my life and career. I won an Emmy once and due to all the flashing lights I was in an ambulance. So what did I do? I pushed through for years. I finally met a doctor and I told him that I had tried it all and he said, ‘Let’s try Botox for chronic migraine.’ We did the treatment every 12 weeks, and I started noticing a difference. I’m at a point in my life where I want to tell people. I want people to know about what I’m going through because I was quiet about it for so long. This isn’t a perfect cure but it’s the closest I’ve come to a solution and I talk about it because I hope others can learn from this, from me and what I went through.

What is the most important lesson you’ve taken away from the past few years?

Well I kept thinking, *What will I do with myself?* and I answered my own question. One was inspired by my dog and one was inspired by my good girlfriend. So I learned to open up to new things and share my voice and experiences in new ways.

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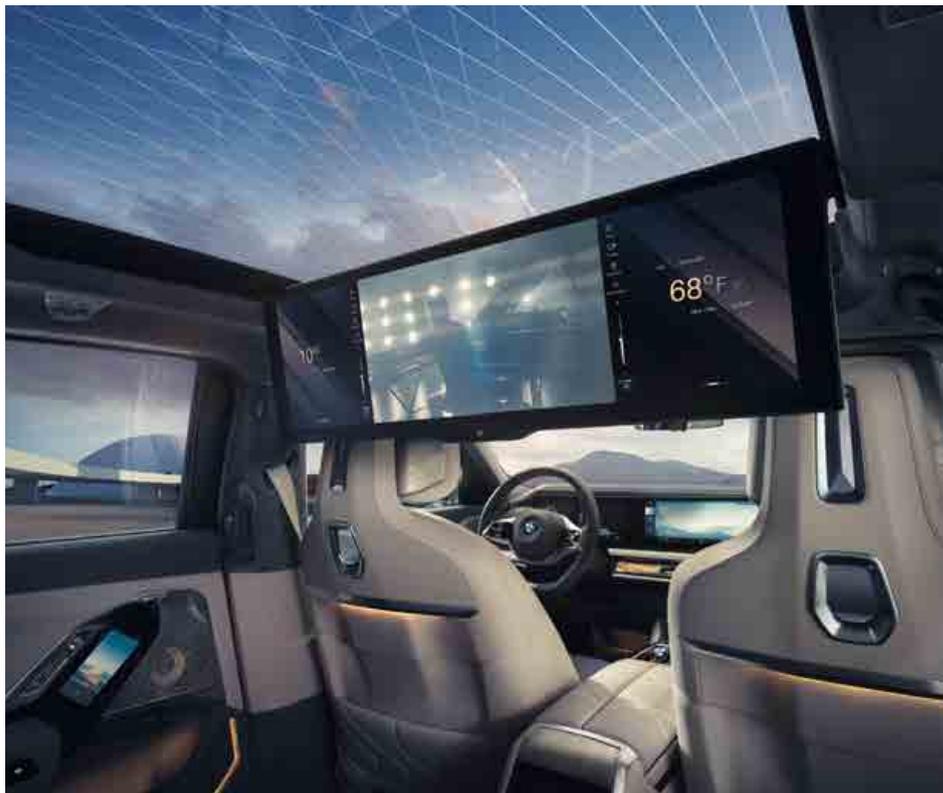
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Mario Carbone



Marsin Mogielski



Valerie Greenberg



Kyle Johnson



Martin Pepa with Polo Player



Polo Players holding a trophy by Idriss B. with Florent Firmin



El Tesoro Tequila



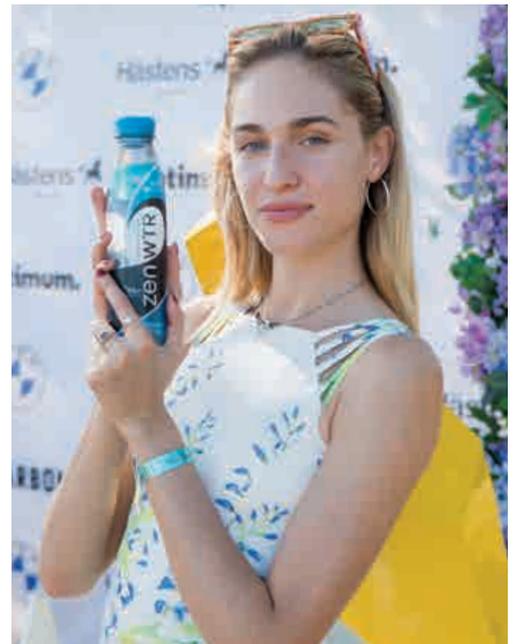
Guests, Maria Fishel, Ken Fishel, Ruth Miller



Peter Thomas Roth



Ali Natella



ZenWTR



Derek Hedlund, Andrew Molen



Natalia Bennett, Ryan Bennett



Jon Harari, Victoria Spagnola



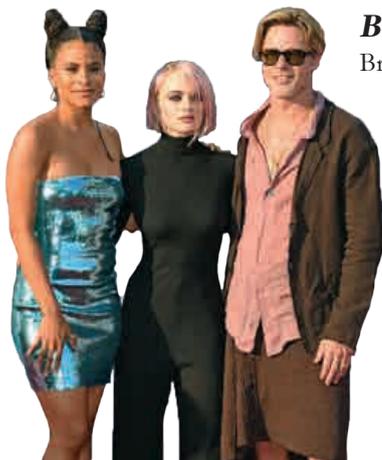
Jimmy Carchietta, Andrea Corrale

SOCIAL SAFARI

TASTE OF SUMMER

BY R. COURI HAY

BRAD PITT, ROBERT WILSON, THE WATERMILL CENTER,
RACE OF HOPE, SOMOS, LONGHOUSE & HOLIDAY HOUSE



Zazie Beetz, Joey King, Brad Pitt

Bullet Train

Brad Pitt's latest blockbuster, *Bullet Train*, is a rowdy and witty story about five assassins on a train trying to kill each other in Japan. The film co-stars Sandra Bullock, Logan Lerman, Brian Tyree Henry, a hilarious bit by Bad Bunny, and Joey King. "Brad always says the most fun roles are the chump or the villain," said King before adding, "In this movie he says he's the chump, and I'm the villain."

STAND The Watermill Center

Robert Wilson's Happening **STAND: The Watermill Center's** Annual Summer Benefit celebrated the work of international artists with an engaging and dynamic evening. The center's gala was held in an enchanted forest and was a performance art extravaganza." The evening united the worlds of art, theatre, design, and fashion to raise funds to support year-round programming. The invited artists from around the world filled the property with installations for us to explore while we sipped cocktails on a hot night. Taking inspiration from the English writer H.G. Wells's assertion for renewal: "If you fell down yesterday, stand up today," The Watermill Center acknowledged the international need for solidarity and the unprecedented challenges that many are confronting nationally and globally. **STAND** is a space where artists from different nations can create, a site where different communities can gather, a night where the audience can become the participant. The gala's co-chairs included H. R. H. Princess Caroline of Hanover, Marina Abramovic, Calvin Klein, Pedro Almodóvar, Laurie Anderson, Francesco & Alba Clemente, Willem Dafoe, Sharon Stone, Philip Glass, Annie Leibovitz, Audrey & Martin Gruss, Jenny Holzer,



Dayssi Olarte de Kanavos and Tatiana Platt

Anjelica Huston, Emilia & Ilya Kabakov, Rufus Wainwright, and the divine Inga Maren Otto. **STAND** was curated by Noah Khoshbin and presented by Van Cleef & Arpels. watermillcenter.org



Désirée Von la Valette, Julian Te Neues, and Galia Solomonoff

ONWARD LongHouse Reserve

East Hampton's LongHouse Reserve celebrated its community of artists — past, present, and future — at its annual summer benefit. The event was titled **ONWARD**, a favorite expression of its late and legendary founder, Jack Lenor Larsen. Banished was the old-style sit-down dinner under a tent. Instead, LongHouse spread couches, canopied beds, rugs, and chairs throughout the garden under the stars, with five buffets boasting everything from poké bowls to a raw bar. The art auction proved a centerpiece, while multiple bands kept 300 revelers dancing into the wee hours — many of them sporting caftans. Among the artists in the mix were Cheng Tsung Feng, who traveled with his team from Taiwan, inviting guests to enter his bamboo pavilion, *Fish Trap VI*; Steven Ladd stood inside his piece *Right Here, Right Now*; Moko Fukuyama engaged us with her *Hell Gate Keepers*; and Fitzhugh Karol shared *Friendship*, his immense totems honoring the spirit of trees. Other work on the property for the first time included Bjorn Amelan's sumi ink paintings and Alexander Polzin's *Parthenope* alongside permanent installations by Yoko Ono, Buckminster Fuller, and Willem de Kooning. Guests included Nathan Lane, Edwina von Gal, Alice Aycock, Anna Kulinova, Fern Mallis, Stewart Lane, Robert Wilson, Jean Shafiroff, stylish sister duo Tanya and Temidra Willock, and Victoria Wyman as well as the LongHouse poohbahs Carrie R. Barratt and Dianne Benson. "You could feel the love and support in the air," said co-president Nina Gillman. *N'est ce pas?* The evening raised over half a million dollars. longhouse.org

Holiday House Hamptons Breast Cancer Research Foundation

Andrea Stark, Champion Platt, and Jean Shafiroff co-chaired Iris Dankner's Holiday House Hamptons annual tabletop event



Dr. Marie Hayag and pup

Fox Platt, Campion Platt, Xenia Platt, Tatiana Platt, Riva Platt; Aleksandra and Dr. Kenneth Mark; Andrea Stark and Iris Dankner; Dr. Ramon Tallaj and Mariano Rivera; Arthur Aidala, Tracy Morgan, and Mayor Eric Adams

benefitting the Breast Cancer Research Foundation and the Ellen Hermanson Foundation at Jean-George's Topping Rose House in Bridgehampton. The organizations second annual 'Coming Together' Tabletop Event showcased the work of leading designers, including Ashley Stark, Abundant Habitat, Amal Kapen, Elsa Soyars, Evan Mason, Hidden Gem NY, Kathy Kuo, Katie White, Sage & Madison, Sarah Lederman, Sea Green Designs, The Lewis Design Group, and ABC Carpet. Each designer presented unique and cutting-edge table-scapes. Among those sipping Whispering Angel and cocktails by Tito's Vodka were Sid and Louise Banon, Aleksandra and Dr. Kenneth Mark, Dr., Debra Halpert, Felicia Persaud., Gina Bradley, Helen Gifford, and Will Jarosak and dermatologist Dr. Marie Hayag. The host committee included Julie Ratner, Elisa DiStefano, Maureen McDermott, Lynn Scotti, Darcy Miller, Alison Stager, Sasha Bikoff, Steve Roeder, Thomas Davis, and Timothy Davis. The event was sponsored by Stark Carpet, Unlimited Earth Care by Frederico Azevedo, Adam Miller Group, CLEAN by Meurice, FJ Hakimian, Hamptons Real Estate Showcase, Nash Stone Group, Palm Beach Design Masters, and Modwell. To date, Holiday House has raised nearly \$2 million for breast cancer projects. holidayhousehamptons.com

Unconditional Love Gala Southampton Animal Shelter

Former NYC police commissioner Bill Bratton was honored at the Southampton Animal Shelter Foundation's (SAS) gala chaired by Jean Shafiroff. The 13th Annual Unconditional Love Gala was held at a sprawling private estate on Gin Lane in Southampton. Guests, included Rikki Klieman, Polina Proshina, Janna Bullock, Missy Hargraves, Lucia Hwong Gordon, and Alex Resnik. The SAS is a non-profit, open-admission, no-kill shelter supported exclusively by donations and grants from the community. Proceeds from the gala directly supported the more than 5,000 animals the shelter takes in each year.

southamptonanimalshelter.com



Jean Shafiroff and William Bratton

SOMOS Daytime Emmy

Eva Longoria, Marc Anthony, and Mariano Rivera are just a few of the VIPS who have worked with Dr. Ramon Tallaj, the founder of SOMOS Community Care, to get members of the Latino and African-American communities vaccinated. Now, the non-profit network has been nominated for an Emmy Award in the societal concerns category for its documentary *Dr. Tallaj, The Hispanic Physician Who Faced Covid-19 In New York*. The film highlights Dr. Tallaj's three-year fight against the pandemic and the ongoing health inequities in his ethnically complex community. somos.com

Race of Hope Hope for Depression Research Foundation

Sex and the City author Candace Bushnell and Arthur Dunnam served as the grand marshals of Audrey Gruss's Hope for Depression Research Foundation's Seventh Annual 5K Race of Hope. Four hundred men, women, children, dogs, and babies in strollers helped raise over \$300K for depression research. Bushnell whipped up the crowd saying, "This organization is so important to me, because I, too, have suffered from depression. And I can tell you that it really does rob people of a portion of their lives. I've also had friends who have had mental illnesses and the outcome hasn't always been good for them. So, for me, this is a very personal cause, and I'm thrilled to be here, and I'm so excited about the work that Audrey is doing in finding new treatments, which is so important. Being here actually gives me a great deal of hope." raceofhopeseries.com

Arthur Aidala The Power Hour

Mayor Eric Adams was one of the first guests on Arthur Aidala's new radio show: *The Arthur Aidala Power Hour*. Adams spoke candidly about fighting crime, clubbing, clothes, and rats in the city. Aidala, one of the country's top litigators, blends his courtroom experience with his perspective as a lifetime New Yorker on the program. Tune in to AM970 The Answer every weekday between 6 and 7 p.m. to listen in on his discussions with high-profile guests and at-home-callers about living in NYC, health and wellness, politics, and entertainment. aidalalaw.com

AUTHORS NIGHT

BY EMILY FASSBERG



Chloe Melas, Zibby Owens, Allison Trowbridge, and Jeanine Cummins



Gary Edwards and Wade Rouse

Zibby and Kyle Owens graciously hosted an intimate literary dinner at their home in Water Mill to kick off Authors Night. Welcomed by a breathtaking sunset, the guests made their way through the grand white gates, then enjoyed cocktails and appetizers alongside the pool and tennis court. In the blooming hedge-lined garden the authors conversed while also enjoying fresh shrimp cocktail and colorfully arrayed crudités.

Zibby created a beautiful and thoughtful display of each invitee's latest book, gifts for the invitees. All books were purchased from Book Hampton. After drinks, the authors made their way over to the dinner table. The moon's reflection glistened on the blue silk tablecloth, and the centerpieces with white roses filled the air with sweetness.



Sudhir Venkatesh and Amanda Fairbanks



John Searles and Kyle Owens



David Levy and Allison Pataki

Photography by Anthony Valencia

SOCIETY



David and Eve Karlin

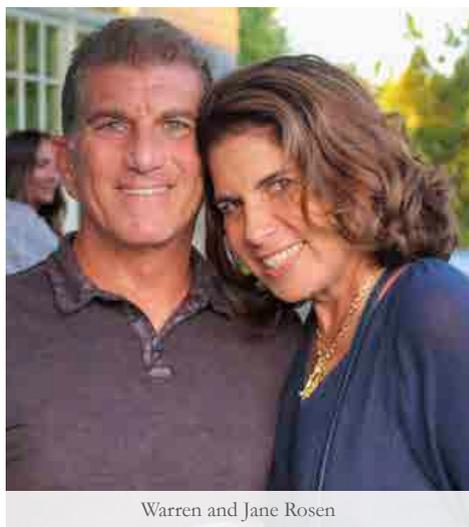


Kyle and Zibby Owens

Before dinner, each guest described his or her current book. Zibby Owens talked about her new memoir, *Bookends*. A few authors discussed exciting upcoming projects. Creativity extending in all fields, these authors offer a unique voice in the world. Authors like these have inspired guest Chloe Melas, CNN's senior entertainment reporter, to start a book club at the network. Another avid reader and creative, Austen Rydell, who alongside Kyle Owens founded Morning Moon Productions, enjoyed talking with authors. John Searles's witty banter had everyone in stitches throughout the evening. Jeanine Cummins attended the dinner with her beautiful and poised daughters. Allison Trowbridge, a podcaster, businesswoman, and author, epitomized the uplifting spirit in the room with her love of literature and literary contributions. Amanda Fairbanks, Jane Rosen, and Gary Edwards kept one end of the table entertained with their brilliant wit and fantastic stories. The night was blissful and inspired. Zibby Owens's warm thoughtfulness created a wonderful dinner party thoroughly enjoyed by all.



Samantha Boardman



Warren and Jane Rosen



PRESTIGIOUS MAIDSTONE CLUB TO HOST ANN LIGUORI FOUNDATION 24TH ANNUAL CHARITY GOLF CLASSIC

BY PETER ELSTON



Ann Liguori with board member and past business honoree Jim Halpin

Sports Broadcasting trailblazer and award-winning talk show host Ann Liguori will be hosting her 24th Annual Ann Liguori Foundation (ALF) Charity Golf Classic on Thursday, September 22, at the Maidstone Club in East Hampton. The annual charity outing benefits non-profits that work in the field of cancer research and care, including the Samuel Waxman Cancer Research Foundation, St. Jude Children's Research Hospital, and East End Hospice.

Dan Pontecorvo, the global director of real estate & engineering at Jane Street Capital, is the 2022 ALF Business Honoree, and Alex Lifeson, RUSH guitarist and Rock & Roll Hall of Fame inductee, will accept the 2022 ALF Music Honoree Award at the awards dinner that evening.

Sponsors for the annual event are ABM, STRUCTURE TONE, PLATINUM, and Tommy & Shonda Foster. Donors for the charity tournament include Hotel Indigo EAST END, Eye King, IBKUL Athleisure Apparel, FRENCH POOL TOY Wine, Tour Edge, Dune Jewelry & the Hamptons Rope Collection, PEAKVISION Sunglasses, Dooney & Bourke, Linda Hartough, SwingLube, TaylorMade, Hidden Links, DunDonald Links, North & West Coast Links Golf IRELAND, and No Sweat.

"This is a disease we are all too familiar with," says Liguori. "We are all directly or indirectly affected by this dreadful disease and anything we can do to fight cancer has been a mission of mine for decades since our family lost my dad to cancer in 1981. We also lost my brother to leukemia when he was 22. My sister Jean, brother Dan, and I are committed to this cause forever.



Ann Liguori Charity Golf Classic

We're thrilled to honor Hall of Fame guitarist Alex Lifeson, who is a passionate golfer as well. And Dan Pontecorvo, our Business Honoree, is a shining light! And we so appreciate the support from our amazing sponsors, golfers, donors, and volunteers. And the golf community is so very generous, which we're so grateful for."

In addition to Ann's philanthropic work, the broadcaster hosts a weekly *Talking Golf* show on WFAN-NY, from April through September, Sunday mornings from 7 to 8 am, where she was the first woman to host a call-in sports show. The *Hey Liguori, What's the Story* show aired every week on WFAN for 24 years. Ann was also the first woman to host her own prime-time show on The Golf Channel. Ann's *Sports Innerview* cable show aired weekly for 17 years as Ann interviewed the top legends in sports. And the *Sports Innerview* radio show airs Saturday mornings on WLIW.

Ann recently was honored with the Winnie Palmer Award, at the MET Golf Writers Association National Awards Dinner, previously awarded to Barbara Nicklaus, Nancy Lopez, Tom Watson, Ernie Els, and Gary Player, to name a few.

Ann is the global ambassador for IBKUL Athleisure line (ibkul.com) and has collaborated on a jewelry line with DUNE JEWELRY, called the Hamptons Rope Collection.

- ▶ For more info on Ann Liguori, visit annliguori.com
- ▶ For more info on the Ann Liguori Foundation, visit annliguori.com/philanthropy



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OUT & ABOUT

EAST HAMPTON HISTORICAL SOCIETY'S SUMMER LECTURE LUNCHEON

BY ROLISE RACHEL
PHOTOGRAPHY BY RICHARD LEWIN



David Netto



Mary Kate Murray, Marc Porter, Neda Whitney, Bonnie Brennan, Lizzie Roswig



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 Melissa Psitos
 Alison Mitchell
 Antonella Lemos
3. Elsa Soyars
 Thuyen Nguyen
4. Matt Lowe
 Amer Ahmed
5. Elizabeth Shafiroff
 Kate McEntee
 Richard Ballard
 Geronamo
6. Katie Couric
 Dylan Lauren
7. Bernt Heinberg
8. Georgina Bloomberg
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Hank Stampfl
- 2. Revel Rouge Events
- 3. Ruth Miller
Jacques Acoca
- 4. Ken Fishel
Maria Fishel
- 5. Ivan Levin-Steimberg
Tobias Steimberg
- 6. Suzan Kremer
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Elizabeth Steimberg
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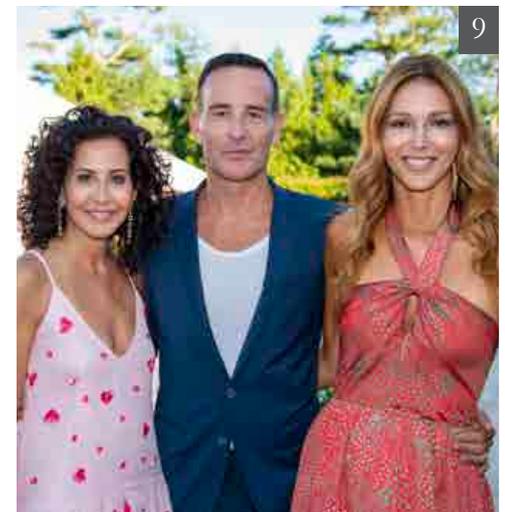
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Rosanna Scotto
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Kelli Giddish
Beau Richards
Fern Mallis
Steve Abrams
- 4. Dr. Lee Hausner
Roberta Amon
Denise LeFrak
- 5. Natalie O'Brien
Dan Knopf
Heather Knopf
Alyssa Katz
Howard Katz
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Ryan Serhant of Bravo's *Million Dollar Listing NY*, opened SERHANT. House this weekend in the Hamptons by hosting a launch party. SERHANT., the award-winning and multi-dimensional real estate brokerage, marks its second SERHANT. House location with its new Hamptons location. SERHANT. operates in both NYC and the Hamptons with its Signature Division which specializes in homes priced above \$10 million. The party welcomed agents, staff, clients, sponsors and partners to socialize together and offered entertainment, summer lawn games, food, drink, and a chance to tour the new location. Ryan Serhant is the CEO/Founder and broker of SERHANT.

All images thanks to Anthony Collins for SERHANT.



Ryan Serhant and Genesis Suero



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**ISABELLE BSCHER
INTERSECT ASPEN ART FAIR**

Gallerist Isabelle Bscher's Galerie Gmurzynska was the talk of the town at Intersect Aspen. Highlights of the gallery's showings were Picasso's *Vénus et Amour*, which the artist painted on the walls of his honeymoon suite after his marriage to Olga Khokhlova, and Wilfredo Lam's *Composition*, which is one of the earliest representations of the *femme cheval* in the artist's oeuvre. "We brought a sophisticated selection of art for people and collectors to get to know us better; we showed the artists we're best known for," Bscher said. gmurzynska.com



ISABELLE BSCHER



MATHIAS RASTORFER
KRYSTYNA GMURZYNSKA



LUCAS BSCHER
CARLY STEEL

**ANDY SABIN
NATURAL HISTORY MUSEUM**

Susan and David Rockefeller served as the co-chairs for Andy Sabin's 33rd annual gala to benefit the South Fork Natural History Museum (SOFO) and *Ray Donovan* star Liev Schreiber was named SOFO's new ambassador. The evening honored Sylvia Earle, a National Geographic explorer and oceanographer who has been at the forefront of ocean conservation for 50 years. Guests included Carole Crist, the former first lady of Florida; Morgan Stanley wealth manager Sergio Nicolosi; and Greg Mancherman. The dinner was catered by Andrea Correale's Elegant Affairs. sofo.org



SYLVIA EARLE
ANDY SABIN



SERGIO NICOLOSI



ANNA CHERNITSKAYA

**CARLTON FINE ARTS
THE GRATEFUL DEAD**

Artist Robert Cenedella became a dead-head at 80. He channeled this love into a painting called *So Many Roads*, which honors the band. Carlton Fine Arts showed the monumental piece that also comes as a limited-edition print at Carlton Fine Arts's *Rock & Roll* exhibition. Kelly Sullivan's FingerSmear painting *Rock and Roll Voodoo*, which she created with the Rolling Stones 28 years ago, was also shown. A portion of the sales of her piece benefits The Strand Theatre and some of Cenedella's profits goes to HeadCount. carltonfa.com



KELLY SULLIVAN



TASHA TARNO
CHARLES SAFFATI



THOMAS, CHRIS,
JACK CONCANNON

Isabelle Bscher Intersect Aspen Art Fair — 1st Photo by Brauer — 2nd Photo by Getty — 3rd Photo by Patrick McMullan
Andy Sabin Natural History Museum, Photos by Rob Rich
Carlton Fine Arts the Grateful Dead, Photos by Patrick McMullan

THE SOUTH FORK NATURAL HISTORY MUSEUM
33RD ANNUAL SUMMER GALA



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SHEILA ROSENBLUM



BELLA CORREIA
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OLGA LITVINENKO



MICHAEL GLUCKMAN
LILA GLUCKMAN



TANYA GRUNBERG
MICHAEL GRUNBERG

Photos by Rob Rich. For more photos go to societyallure.com

PARADISE ON SHELTER ISLAND

BY FALLON HARRINGTON



Gary DePersia's name is synonymous with the best in Hamptons real estate. From Southampton to Montauk and from Sagaponack to Shelter Island, Gary has participated in over \$3 billion of real estate transactions since 1995. With hundreds of his exclusive listings sold and closed, as well as matching hundreds of his own buyers and renters with the right properties, Gary's more than 25 years spent in Hamptons luxury real estate has generated benchmark sales. You may have heard people refer to him in real estate circles as the "go-to man."

Gary realized early on the importance of deep local knowledge and the benefits of expert marketing that other brokers have come to emulate. Knowing each buyer or renter has their own idea of what defines their Hamptons experience, he is well versed on the inventory of each village and hamlet on the East End.

41 Manhasset Road, Shelter Island \$5,950,000

The charming, 200-acre, seaside Village of Dering Harbor with just 35 homes has been dubbed "the smallest village in New York." In the heart of this quaint village is Oriole Farm, which was once the private arboretum and gardens of the famed horticulturist Alice Fiske. Today, it's home to a new Shelter Island offering providing endless possibilities in a privileged setting.

The sprawling estate of six park-like acres is a brilliant collaboration between Barnes Coy Architects and Edmund D. Hollander Landscape Design. The intriguing stone-and-stucco residence incorporates 7,000+ square feet of finely articulated living space on three levels. The two-story entry hall leads to the living room under a beamed ceiling, beautifully finished white oak flooring, a fireplace, and intimate dining alcove.



The chef's kitchen, equipped with Viking and other professional appliances, statuary marble countertops, center island seating, and a breakfast table overlooking the grounds opens to its own family room with fireplace. The ground-floor master suite offers a large sleeping chamber with cathedral ceilings, dual walk-in closets, and a spa-like French limestone bathroom with steam shower. Adjacent to the master suite is a paneled library/office with fireplace and private terrace. Four additional bedroom suites, one with a sleeping porch, an office, and a laundry room await on the second floor. The finished lower level offers a media room with a fireplace, gym, playroom, wine room, laundry room, and a full bath with steam shower. Multiple covered terraces adorn the outside of the house highlighted by a large, covered porch with fireplace, all overlooking the manicured lawns and lush plantings. The 55-foot gunite pool and spa with pergola sit next to an enchanting Lord & Burnham greenhouse, used as a pool cabana and dining atrium, all braced by an allée of 100-year-old weeping beech trees and specimen plantings. Privacy is absolute and assured by over a quarter mile of 80-year-old beech hedge.

There is ample room for tennis and the detached 3-car garage could be finished to provide additional living space. The home boasts energy efficient state-of-the-art geothermal heating and air conditioning with a redundant traditional boiler system. An ambitious new owner might inquire about the opportunity to own a nearby deep-water dock with cabana and an additional 8 acres of contiguous property.

This sublime property sits across the street from Gardiner's Bay Country Club and is within easy walking distance to beaches and the quaint waterfront commercial district with its multiple shops and restaurants. With easy access to both the North and South Forks as well as proximity to the shops and various restaurants that dot the 29-square-mile island oasis, this singular new offering will take your breath away.

GARY DEPERSIA

Licensed Associate Real Estate Broker

gdp@corcoran.com

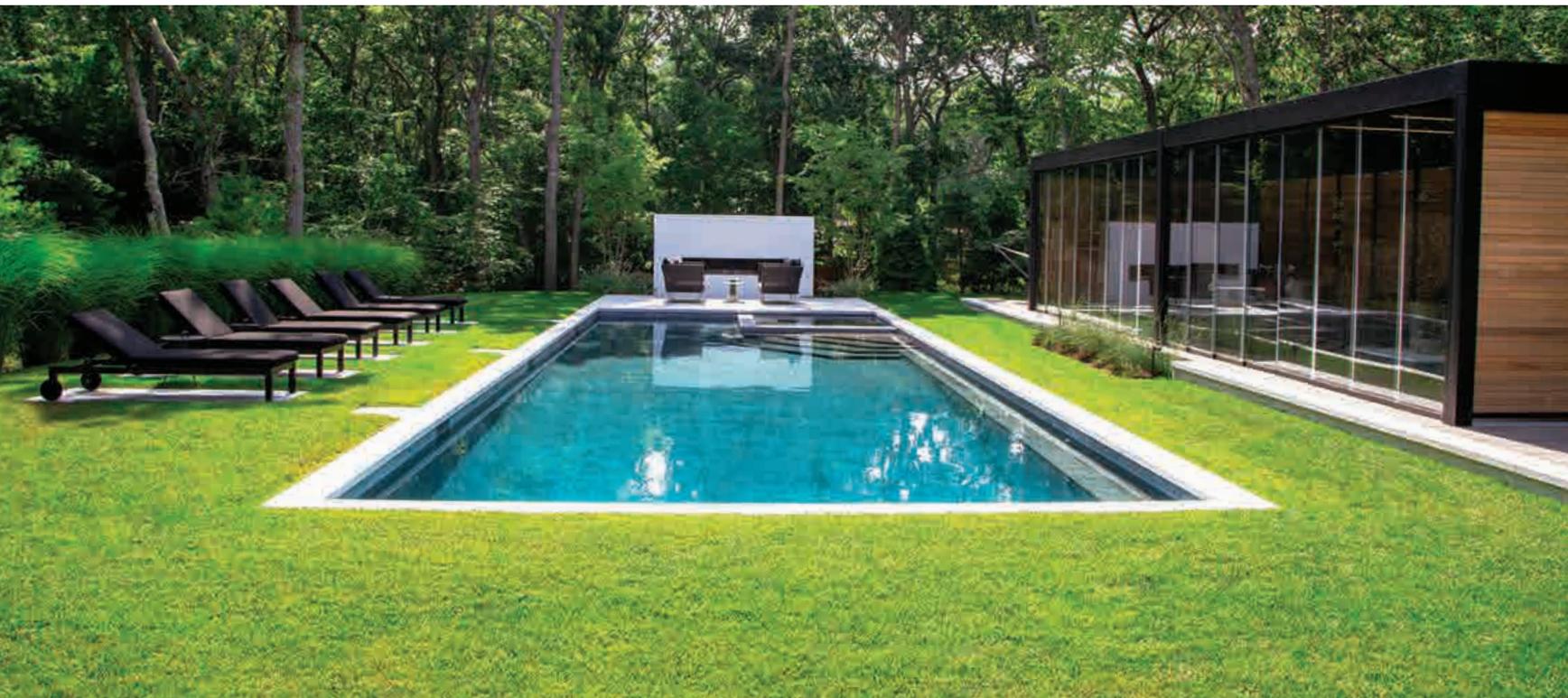
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POOLS

PERFECTION, PARTNERSHIP & PIECES OF ART

By LINDA HEARST



Vincent Ciccone

When we think about the Hamptons, we conjure up mental images of beautiful homes, pristine beaches, quaint towns, and serene pools. When you're looking to build a brand-new pool, you'll want the very best in the business to tackle the project. With this in mind, *Social Life* sat down with Vincent Ciccone of Shinnecock Pools, the premier developer and designer of the Hamptons most beautiful residential pools for over 20 years to learn why he is so passionate about building pools.

Ciccone, a lifelong East End resident, says he always wanted to build pools because families are going to make wonderful memories as they use them for generations. "It feels great seeing a pool totally done and looking beautiful," he says as he describes his passion for selecting the tiles and type of finish, keeping to the vision that the owner has for their dream pool. "Every pool is different and made to order for the homeowner. Whatever the homeowner wants, they get."

Ciccone has worked with Stuart Andrews, the owner of Shinnecock Pools, for 19 years. He began his career cleaning pools, then he became a mechanic, then a field supervisor, then an office manager, and now a salesman and pool builder. Pools out East are often referred to as pieces of art for their creative and immaculate designs — while still being functional. "I love working in the Hamptons. I've built pools



Stuart Andrews

for some very famous people. I am so grateful for the trust our clients put in us. I take it very seriously," he says.

He also knows the importance of working with trusted partners. Recently, he was tapped to work with the talented and sought-after Jonathan Davis of Davis Landscape Design. The pool at an East Hampton home turned out to be spectacular because of the dynamic duo's partnership. "Out here, finding a partner who says they can deliver and then delivers is not always easy to find. Vincent got the job done through the

challenging process of building a new landscape on a tight time-frame. The pool looks beautiful, functional, and exactly what the client wanted. Between Stuart and Vinny, they run a great shop," Jonathan Davis says. "They offer a good combination of value and quality. There is a lot of fluff out there and finding people who can get it done and not overcharge or overproduce on the final product can be difficult. If you pay top dollar, you should get top product."

Trust, integrity, and the commitment to the promise are essential in any pool project being completed on time and as envisioned. Go to the trusted experts at Shinnecock Pools.

shinnecockpools.com

631.283.5001

7 Powell Avenue, Southampton

SARA BURACK

THE SMART & SAVVY SARA BURACK IS AT THE TOP OF THE REAL ESTATE GAME

BY LAURA HEART



Sold: Last asking \$15 Million

A dazzling top producer, Sara Burack is a household name in the Hamptons, Manhattan, and South Florida luxury and commercial real estate scenes. As an avid jetsetter and socialite, Nest Seekers was a perfect fit for Sara with its 25 locations and \$35 billion in active inventory and over \$5 billion in off-market inventory. Ruffling the feathers of Sara's competitors, her yearly combined sales volume has been consistently over \$200 million and she has over 350 transactions to date.

Her clients just love her! Sara's comprehensive understanding of the real estate market, incomparable experience, and remarkable negotiation skills have given her much success in the markets of investment properties, new development, and private acquisitions.

You may have spotted Sara featured on Nest Seeker's real estate series *Million Dollar Beach House* on Netflix. Filmed in the Hamptons Sara and her team offer a peek into the East End's extremely competitive luxury real estate industry and what it is like to work in the most remarkable and exclusive luxury destination.



That's not all. Sara has also been seen on Bravo's *Real Housewives of Miami* and Discovery's *Selling the Hamptons* with her elite clientele. A native New Yorker from Westchester County, Sara is also an avid philanthropist.

Nest Seekers International

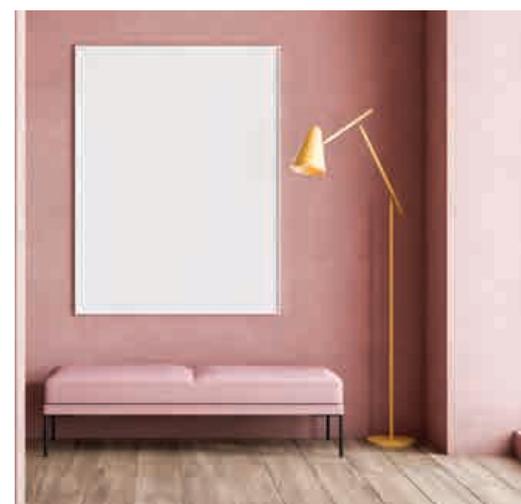
SARA BURACK

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ROBERT CANBERG

RENOWNED REAL ESTATE GURU JOINS NEST SEEKERS INTERNATIONAL

BY LARA HILTON

Robert Canberg began his career in the Hamptons residential-luxury real estate market many years ago, developing a comprehensive knowledge of the local luxury markets both east and west of the canal while specializing in luxurious waterfront properties. Born and raised on the East End, Canberg truly understands the unique lifestyle differences the Hamptons and the North Fork have to offer. This firsthand experience and knowledge have allowed him to serve all his clients at the highest level. His love for real estate motivated him to learn the family business of developing and selling high-end luxury real estate. Subsequently, Canberg added commercial real estate and expertise to his skill set and personal portfolio by developing and selling both high-end residential and commercial properties on both the North and South Forks. This allowed Robert to build a very large and diverse clientele base quickly.

His hard work and his unparalleled dedication and passion for his clients, along with his out-of-the-box thinking, have earned Canberg the 2018 Master Marketer of the Year Award at the annual Privet Hedge Awards in Southampton.

We sat down with Robert Canberg to learn more about what drives his passion for real estate.

Why do you love your job?

It's really simple: I get to help my clients and make a difference in their lives. Period. There is nothing more satisfying for me than knowing I've made a positive impact in their lives. It's always been and will always be about my clients, their needs, their goals, and seeing their goals through to the end. Being of service to them, laser-focused on their needs is extremely gratifying for me. When their goal is reached, nothing is better than seeing your client come back to you, smiling ear to ear, praising your hard work with a job well done. Nothing.

People love working with you and your team. What makes you different?

For starters, we think way outside the box. In fact, with us there is no box. We also do not accept the word *no* or the words *it can't be done*. Our commitment to you is to find the *yes*.





Sold & Closed: 3 Halsey Farm Drive, Southampton Village, Last asking \$9,495,000



Sold: 124 Dune Road, Quogue, The highest sale ever West of the Canal, \$22,500,000



New to Market: 20 Cove Neck Lane, Southampton, \$2,495,000

We are a solution-driven and global team. Our creativity and marketing ability along with our global platform are truly unmatched. When you add all of that to an unparalleled work ethic and passion to serve our clients at the highest level possible, good things happen. For us, it's being laser-focused on the needs of our clients from start to finish, doing whatever it takes to achieve their goals.

Do you have a favorite town in the Hamptons?

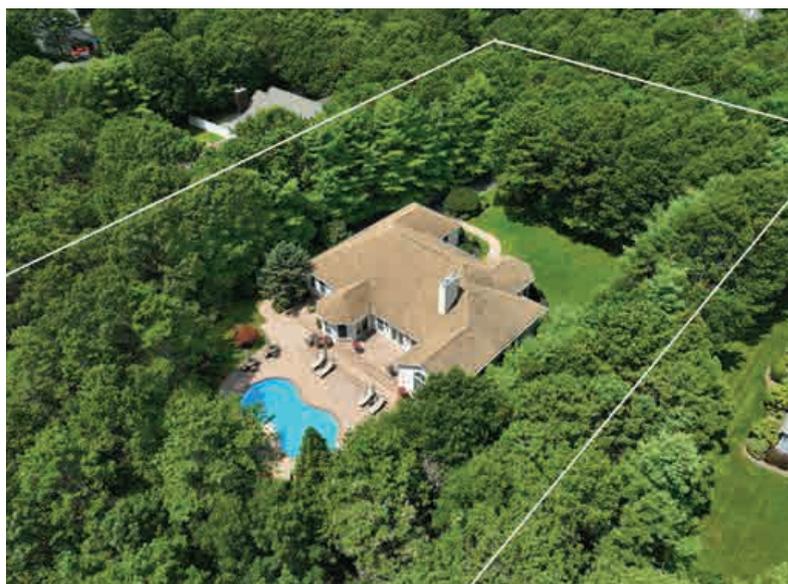
Yes! All of them. Each is unique in its own way and offers something different. I couldn't pick just one.

How would you describe your work style in three words?

Relentless. Driven. Passionate.

Any fun plans in the Hamptons this summer?

Yes. I am excited to announce that we are launching our new



New to Market: 131 Malloy Drive, East Quogue, \$1,975,000

Canberg Team Office and headquarters in the heart of Quogue Village, ideally located next to the Quogue post office so you can't miss us. I'm also happy to announce my team has expanded across the pond into London, so I'm very excited to collaborate there and directly introduce our spectacular Hamptons portfolio to our British neighbors. It's going to be a very busy summer and fall season for sure.

Nest Seekers International

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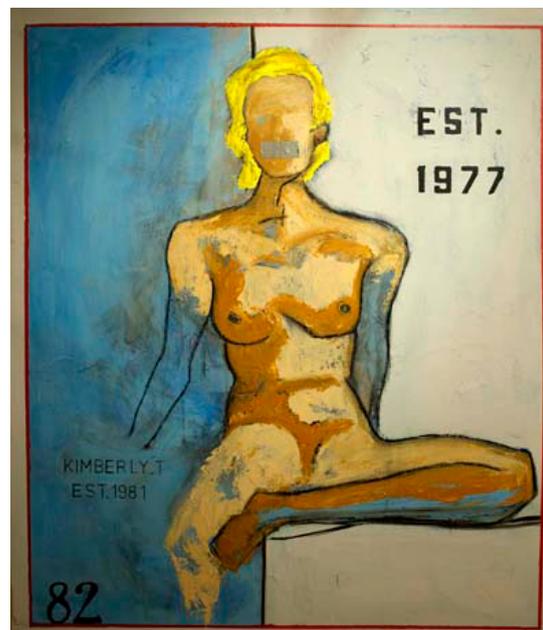
THE ARTIST GUY STANLEY PHILOCHE

'NEW YORK, I STILL LOVE YOU!'

BY JAMES SALOMON



Guy Stanley Philoche, *Remember Your Innocence: Grumpy Bear*, Mixed Media on Board



Guy Stanley Philoche, *No Comment Series: Kimberly T.*, Mixed Media on Canvas

NEW YORK CITY

Funny thing about love . . . it's almost always complicated. We can get into family, friendship, or intimacies, but right now let's talk about a special place, the city of New York. All clichés aside, New Yorkers know it's not the most beautiful city, or certainly the most lovable in a cozy charming way, but they also know that New York is alive and exciting and ever-changing. When I'd come home from the airport I'd get chills as I crossed the bridge into the city. I'd ask the driver to take the outer lane so that I could get the full-scale panorama as a world of opportunity.

Living and working here has been the dream of generations from all over the world, including the artist Guy Stanley Philoche, one of the millions who have made New York City their adopted home. He was three when he came to the United States with his family from Haiti, settling in Connecticut. He learned English by looking at comic books and watching cartoons on TV, artistic influences seen in his work today.

He went to the Paier School of Art in Connecticut and then to Yale. As an artist he struggled at first, but then found great success. He has an important body of work held in public and private collections.

ICONIC THINGS

Philoche was having dinner with friends who were down on New York and venting about their reasons for wanting to leave (part of New York's cyclical nature). "I was just sitting there, listening to it and thinking *What are they talking about?* I went back to my studio and said to myself, '*New York, I still love you!* and let me remind them why I still love you. And that's when I started to paint these iconic things," said Philoche.

SUBWAY PIZZA RAT

The result is his series *Painting New York With Love*. The compositions are framed as Polaroid pictures with "LOVE NYC" in lipstick red on the lower right. "I chose this compositional framework because Polaroids are so nostalgic to me. Before phone cameras, you could take a Polaroid and get instant gratification with the result," he said. "And they were fun, these little machines. The noise of the film rolling out, anyone old enough knows that noise. And I always wrote something on the bottom, where your thumbs went. So it all made sense for me."

The series covers the icons of New York in all their high and low culture. Subway pizza rat — that adorable looking

mafia boss creature? He's there. The black-and-white cookie is present (Seinfeld once had a great conversation with George Costanza about it). Chinese take-out containers. Famous New York artists like Warhol, Basquiat, Koons, among a couple of dozen others.

Philoche has other bodies of work, but he says this New York series feels very dear to him.

WHAT IS YOUR WHY?

Philoche has a genuine and sincere warmth, but with a no-bullshit street style. His ideas come from the right place, and love is foremost. He even spent over \$70,000 buying art from emerging artists, doing this to support and encourage young artists, ever grateful for his own considerable success. For an artist who has had considerable commercial success and attention, I needed to ask, What is your why? His answer was, "Who in their right mind would want to be an artist? There are times when I wish I had a more straightforward, simpler life. It's in your blood, it's in your DNA. I've made so many personal sacrifices by being an artist, but it's something that I have to come to terms with. I want my work to provoke, inspire love, inspire happiness." Like all love, it's complicated.

Philoche Studios
philocestudios.com
[@guystanleyphiloche](https://www.instagram.com/guystanleyphiloche)



Guy Stanley Philoche in front of his artwork

SANDY COHEN

HOTTEST ARTIST ON THE MARKET

BY VEDA FALMOUTH



Sandy Cohen, *Compliance*, charcoal, 42 in. x 60 in., \$75,000



Sandy Cohen, *Protector of Liars and Thieves*, charcoal, 40 in. x 56 in., \$85,000



Internationally famous Hamptons artist Sandy Cohen never fails to deliver new and innovative ways to enjoy her riveting and emotional art. Every piece reflects and plays off a social construct or observation of popular culture.

Her work is known for attracting a very broad clientele. Bankers, CEOs of well-known corporations, fashion designers, film producers, hip-hop artists, royals, actors, and more. In fact, her popularity has grown so quickly over the last few years that she was invited to speak about her work at a museum. Most recently, the Stern family — NYU Stern School of Business benefactor — and others in their social circle acquired several of her paintings as investment pieces to add to their multi-million-dollar art collections. This will skyrocket the value of her work as well as establish Sandy Cohen as an artist whose name you'll want to add to your collection while you still can.

Social Life magazine editors have been enormous fans of Sandy Cohen's work since her early days of painting. We knew she'd make it big!

Sandy Cohen
sandycohenart@gmail.com
[@SandyCohensArt](https://www.instagram.com/SandyCohensArt)





Mill House Inn is a charming property, ideally located steps away from the village of East Hampton. Nestled back along the tree lined North Main Street. Our beautiful landscape and views of the windmill make for a perfect quiet escape. The Mill House Inn delivers optimum privacy. Smartly designed expansive rooms for business or pleasure.

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ARTIST ROBERT CENEDELLA

BECAME A DEADHEAD AT 80

BY BENNETT MARCUS



coming a deadhead at 80, she said, ‘Well, what music *did* you listen to?’ And I said, ‘Beethoven.’ She replied, ‘Oh, my father would’ve loved you. Beethoven was his favorite.’” The finished piece, *So Many Roads* (2021), a mural-sized triptych portraying the Grateful Dead from 1965 to the present and into the future, is being exhibited at Carlton Fine Arts on Madison Avenue in Manhattan.

THE GRATEFUL DEAD

The artist Robert Cenedella discovered the Grateful Dead and pot smoking at age 80. The painter was commissioned to do a painting of the legendary rock band The Grateful Dead in 2019. The renowned artist went all-in on studying his subject, attending five of their concerts and smoking marijuana for the first time. These classic counterculture rituals have been a rite of passage for college-age folks since the 1960s, and like many of them, Cenedella became a fan. Unlike most, he began his Deadhead journey at age 80.

A RABBLE ROUSER IN THE ART WORLD

A longtime rabble rouser in the art world, Cenedella was profiled in the 2015 critically acclaimed documentary *Art Bastard*, and his body of work includes political and pop-culture satiric work, including *Santa on the Cross* and *Fin del Mundo*.

SO MANY ROADS

While the prolific artist works in a range of genres, including still life, landscape, and sculpture as well as commercial work for companies like Absolut Vodka, experiencing the unique Grateful Dead culture was a completely new adventure full of surprises. “That kind of music, it just was not my thing,” says Cenedella. “I’m thinking, *What am I doing?* When I met Jerry Garcia’s daughter and I told her that, more or less, I was be-

THE ALLURE OF THE GRATEFUL DEAD UNIVERSE

As Cenedella got more into the Dead universe, he began to understand that it was more than just a rock band and lead singer Jerry Garcia’s brilliance as a musician. Attending five concerts within four months, Cenedella realized that the magical thing was the band’s followers, many of whom had attended hundreds of concerts over the decades. “Call it a cult or a religion, but it’s most benevolent. It was a wonderful atmosphere that existed with these people; they knew every tune.” He discovered that famous scholars were fans, like Joseph Campbell, who had written about becoming a Deadhead later in life. At one concert someone handed him a joint. “I had never smoked any kind of cigarettes — even though people look at my art and think *This guy must be stoned all the time*, but that really isn’t the truth. There was a worldly feeling that I got; it was a very positive group,” Cenedella explains. “In other words, it was not political. And here I am, a political painter for years, and so it was kind of a relief to be working on a subject like this and getting into it and not taking on Washington or whatever people over the years that I wasn’t too thrilled with.”

ISLAND IN MAINE

It wasn’t only a Grateful Dead awakening that formed the backdrop of this project. He left his NYC townhouse of 38



Robert Cenedella, 2021, *So Many Roads* (triptych), oil on primed linen, 55 in. x 96 in.

years and moved to a new space in Maine, in July 2020. He luckily found an ideal home with studio space that has 40-foot ceilings and skylights, and is close to his island in Maine where he spends summers. He finished the painting there, while adjusting to the new studio after 60 years in NYC.

TRAILBLAZING DIGITAL ANTI-COUNTERFEITING HOLOGRAM TECHNOLOGY

A trailblazer, Cenedella was the first, in 1994, to come up with the concept of selling stock in a single painting. Critics viewed it as too commercial, but he felt that the art world had become very commercial, with more focus on the prices than on the art itself. Today there are more than 20 companies selling stock in artworks.

Now he and a partner have come up

with a new anti-counterfeiting and anti-tampering hologram technology that will be used on the *So Many Roads* digital archival prints. Featuring UV invisible marking, micron text hologram technology, and kinematic and color movement patterns, it will also be applied on all of Cenedella's existing limited-edition digital archival prints, silkscreens, stone lithographs, drawings, and posters.

"I might be first again in using this concept; it seems like it's absolutely airtight, there's no possible way of forging that," Cenedella says. He hopes the new technology will also spur interest in artworks. "People love technology so much that they forget it's not more important than whatever the hell it's connected to."

Robert Cenedella
robertcenedella.com

Robert Cenedella and a partner have come up with a new anti-counterfeiting and anti-tampering hologram technology. Featuring UV invisible marking, micron text hologram technology, and kinematic and color movement patterns.

TRAVEL

DIARY OF A CRUISE

ROME, SANTORINI, MYKONOS, EPHEBUS, CAPRI & ATHENS

By R. COURI HAY



R. Couri Hay is the travel editor and society columnist for this magazine. Couri began his career at Andy Warhol's Interview and he wrote for Town & Country and People. Couri can currently be seen on the Netflix series The Andy Warhol Diaries and CNN's film Halston. He also appears on Access Hollywood, PBS, FOX, and VH1, among others. Couri lives in NYC and Southampton and is the CEO of his own PR firm. rcourihay.com

ROME

I left NYC and landed in Rome at 9:30 a.m. and was met by a sleek black Mercedes car with a knowledgeable driver from the Hotel Gregoriana. Forty minutes later we arrived at my charming hotel — literally 20 paces from the Spanish Steps.



Living Room with Terrace at Hotel Gregoriana



Bedroom Suite at Hotel Gregoriana

HOTEL GREGORIANA ROME

This intimate four-story hotel housed in a 17th-century former convent has been run by the same family since 1971. Its location is superb, next to the famous Spanish Steps, and easily walkable to many of Rome's other historic treasures, including the Trevi Fountain, the Pantheon, Piazza Navona, and Villa Borghese. A delightful 30-minute walk through the ancient, cobble streets will bring you to the Vatican and Castel Sant'Angelo. Hotel Gregoriana's prime location is in the very center of Rome, but tucked away on a quiet, charming street so you're not faced with hordes of tourists outside your door.

I was thrilled by the ultra-glamorous suite, simply called No. 3, that I was shown to. An inviting sitting room with Art Deco décor opened to an enormous and well-appointed living room

with comfortable furniture in shades of light green. The suite included two bedrooms, one spacious with dark wood original Art Deco furniture (that I wanted to take home); one smaller bedroom with a single bed. But the pièce de résistance was the ginormous terrace overlooking the city, with lush plantings of lavender and lemon trees bearing fruit. Because of the heat, which reached 97 degrees, I didn't spend much time on the divine terrace, which is large enough to easily accommodate a cocktail party for 75 people.

Thankfully, the air conditioner at the hotel was powerful enough to keep the suite as close to frigid as you could want. I immediately took a refreshing nap and woke up in time to meet my family, who were staying just steps away at Hotel Hassler Roma, for drinks before heading out to dinner. hotelgregoriana.it

HOTEL HASSLER

One look at my family's rooms and I knew I'd made a wise decision as my accommodations were truly grand — and that's saying something as the Hassler is no slouch and was one of Travel & Leisure's top five hotels in Rome in 2021. As I entered the Hassler, Roberto, the son of the recently deceased owner, greeted me like an old friend. The garden courtyard with a spouting fountain is a perfect spot for cocktails or the hotel's divine breakfast buffet. Behind the bar, small ancient-looking Greek statues are set within a wall of greenery, making this an ultra-glamorous stop for a glass of Ruinart. We had dinner at a charming spot nearby and, needless to say, the pasta was *perfetto*, as was the chateaubriand. hotelhasslerroma.com

SPANISH STEPS

One of Rome's most famous attractions, the Spanish Steps, was named for the Piazza di Spagna — Spanish Square — at its base, outside the embassy of Spain to the Holy See. A popular gathering place since its completion in 1725, the steps early on became a magnet for artists and, later, photographers, and thereby attracted a noticeably good-looking crowd hoping to be discovered as models. Ever since, the Spanish Steps has been an ideal spot for people-watching.

The steps have been a backdrop in countless movies, including *The Talented Mr. Ripley*, Bertolucci's *Besieged*, and, perhaps most notably, 1953's *Roman Holiday* with Audrey Hepburn and Gregory Peck.

Partway up the Spanish Steps you'll find the Keats-Shelley House, a museum dedicated to the British Romantic poets who were spellbound by the Eternal City. It's where the poet John Keats lived and, sadly, died of TB in 1821 at the age of 25.

HAUTE SPANISH

STEPS SPAT:

VALENTINO VS. DIOR

In July, Italian design house Valentino closed off the Spanish Steps to show its autumn/winter 2022/2023 collection to a celeb-studded audience, including Anne Hathaway, Naomi Campbell, and Andrew Garfield. Afterward, Dior slapped Valentino with a lawsuit demanding \$100,000 in damages as the runway show blocked customers from entering its nearby boutique that day. Who else would tell you these things?

VIA CONDOTTI: LUXURY SHOPPING

This high-fashion kerfuffle can be chalked up to the fact that Rome's high-end luxury shops are clustered near the Spanish Steps on via Condotti. This exclusive street is where you can drop mega-bucks at Gucci, Chanel, Prada, Bulgari, and Armani, or just window shop.

THE VATICAN MUSEUMS

The entire Couri clan is here, so the next day we piled into our Mercedes van with our driver and guide, Nick, who gave us a tour of the city that included Michelangelo's Sistine Chapel. Tip for the Vatican Museums: Have your concierge buy tickets so you don't wait in line. Initially they'll tell you it's sold out, but the clever concierge goes directly to a broker and presto — you're in to see the endless treasures of the museums. vaticanstate.va

THE COLOSSEUM

Next stop is pizza and pasta for lunch and then on to the Colosseum, which is still under construction and gets better every time you see it. Wear comfortable shoes and be prepared for a lot of steps and unbearable heat if you're there in the summer.

One of the marvelous things about Rome's ancient wonders is that no matter how often you visit, there's always something new to see. The Colosseum, dating from the year A.D. 80, has been undergoing yearslong restoration projects. In 2021 a 160,000 square-foot section never before accessible to the public opened after a four-year restoration underwritten by the fashion house Tod's.

The next phase is rebuilding the wooden, retractable floor (remember, this place was built 2,000 years ago) expected to be completed in 2023. The floor had been removed by



The Colosseum, Rome



The Trevi Fountain, Rome



Santorini, Greece

archeologists in the 1800s, exposing the underground network of tunnels where gladiators and lions waited before the Roman blood sports began.

Once the floor is rebuilt, the government expects to hold cultural events like concerts and exhibitions at the Colosseum (no blood sports, with the exception of the occasional fistfight between superfans), so there will be new things to see for eternity at this ancient monument.

THE TREVI FOUNTAIN

On to the Trevi Fountain, a true architectural masterpiece. Of course, we turned our back and threw our coins in to ensure our return. Completed in 1762 and inaugurated by Pope Clement XII, the fountain's name signifies its location at the junction of three roads — *tre vie* in Italian. One of Rome's most high-profile sites, the Trevi has been immortalized in movies like Fellini's *La Dolce Vita*, in which Anita Ekberg waded into the fountain with Marcello Mastroianni. The ancient practice of tossing coins into a fountain was popularized by the 1954 American movie *Three Coins in the Fountain* and the Oscar-winning song of the same name.

THE CATACOMBS

Last stop was the Catacombs, where the remains lie of 16 popes of the roughly 270 that have been the bishop of Rome. This is the perfect end of our tour as it's a blessed 55 degrees several stories underground, and the site stretches for 12 miles.

Another fabulous dinner, this time pasta with truffles and porcini mushrooms and eggplant with cheese — wickedly delicious. Really, terrific food is everywhere in Rome; you're spoiled for choice. Ask your hotel concierge for dining recommendations if you're overwhelmed.

After a good night's sleep, we packed and headed for the port, an hour from the hotel, for a cruise to Greece and Turkey

SANTORINI — MINOAN RUINS

Our first stop was Santorini, the island that is the most beautiful of the Greek Isles, known for its dazzling sunlit blue-green cliffs speckled with whitewashed villages cascading to the shoreline. It is a picture postcard come to life. Ride the funicular up and eat at a cliffside restaurant to take in the panoramic views overlooking the Aegean Sea. Tip: Arrange for a van and driver to take you around as it's not easy to find a taxi.

Known as Greece's Pompeii, Akrotiri is an ancient Minoan city on Santorini that was buried in ash from a catastrophic volcanic eruption in the 17th century B.C. Uncovered in 1967, the ruins are remarkably well preserved, making this one of the most significant archaeological sites in Greece. Housed within a cool protective structure, you'll pass through a city complete with roads and elaborate drainage systems, and peek at wall paintings inside buildings that survived. A guided tour is best. There's also the Museum of Prehistoric Thera that tells the story of ancient Akrotiri.

MYKONOS — DELOS ISLAND

We are on Mykonos. There is a nice breeze to keep us cool, and the island's glitzy beach club Nammos and new-ish (2020) Soho House are the places to see and be seen. Known for its decadent nightlife, Mykonos is also a longtime magnet for the jet set and their mega-yachts. Celebrity guests over the years have included Elizabeth Taylor, Brigitte Bardot, Grace Kelly, Marlon Brando, Princess Soraya (wife of the Shah of Iran), and Jackie O, for whom a beach club is named, and where we took in a drag show during our visit.

Famous folks still flock here in droves — in more recent years Mariah Carey, Leonardo DiCaprio, Sharon Stone, Alessandra Ambrosio, Demi Moore, Gerard Butler, Linda Evangelista, and Ariana Grande have all enjoyed this jewel of the Aegean.



Windmills of Mykonos

Indeed, at Nammos we saw Elon Musk whooping it up at lunch.

Of course, Mykonos has plenty to do for every taste — fabulous beaches (even for families), water sports, great shopping from tourist trinkets to Chanel, charming towns to explore, and the famous windmills that are the island’s most photographed site.

While on Mykonos, take a boat to the sacred island of Delos, the mythical birthplace of Apollo and Aphrodite, a Unesco World Heritage site, and one of the most important archaeological sites in Greece. This small island features a well-preserved ancient city containing the remains of a sanctuary to the gods Apollo and Artemis, plus an on-site museum with one of the finest collections of ancient Greek sculpture and artefacts. I’ve been coming to this idyllic island since I was a teenager; although the crowds have changed dramatically, its charms have not been totally extinguished by the cruise ships and the day-trippers — at least not yet.

EPHESUS, TURKEY

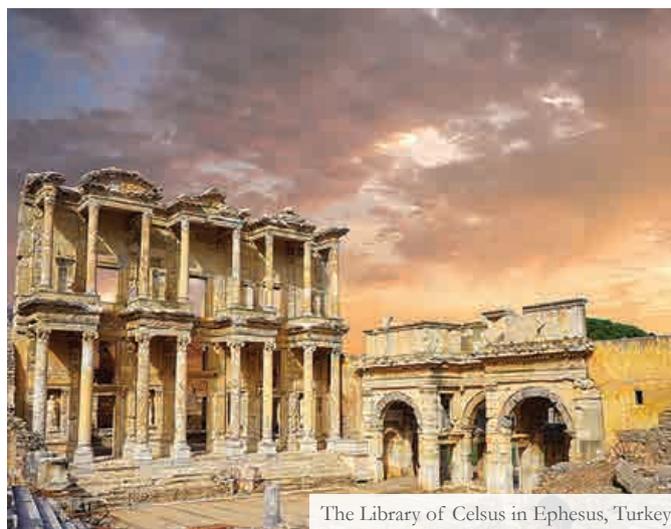
We headed to Ephesus, a harbor city in Turkey packed with history dating from 6000 B.C., once home to Amazon female warriors who would cut off one breast so they’d excel at archery. N’est ce pas? Of Turkey’s many ancient cities and classical ruins, Ephesus, a Unesco World Heritage Site, is the grandest and best preserved.

Just outside Ephesus, we went to the purported home of the Virgin Mary — now a chapel built atop the foundations of a ruined house where she is said to have lived for several years. It is believed that the Apostle John brought the Virgin Mary to Ephesus near the end of her life. A French priest found the house in 1881 based on the visions of a bedridden German nun, Anne Catherine Emmerich, who was beatified by Pope John Paul II in 2004.

We then went to the ancient city itself, which is clearly laid out with quite a number of buildings — more or less intact — with wonderful examples of Doric columns. There is a nearly fully restored amphitheater, The Great Theatre, the city’s most spectacular site. Originally built about 250 B.C. and later reconstructed by the Romans between A.D. 41 and 117, the theatre is still used today for live musical performances, with a seating capacity of 8,000. ephesus.us

THE LIBRARY OF CELSUS

Another must-see in Ephesus is the façade of an architectural marvel commissioned in A.D. 110 as a funerary monument for Tiberius Julius Celsus Polemaeanus, who was buried there. One of the world’s largest libraries of its time, it held over 12,000 scrolls. Amidst the scrolls was a secret tunnel that led directly to a brothel, so the oldest joke in Turkey was for a husband to say, “Honey, I’m going to the library to study,”



The Library of Celsus in Ephesus, Turkey



The Parthenon, Acropolis of Athens



The Porch of Maidens, Acropolis of Athens

but of course, once inside, he slipped into the brothel to study the oldest profession in the world. The interior was destroyed by a fire in A.D. 262, and an earthquake later destroyed the remaining façade. Archeologists rebuilt the façade in the 1970s.

At an authentic local restaurant, we had chicken and lamb kebabs, lamb chops, the famous yogurt dip, tahini, and Turkish pizza made of thin pita bread topped with tomato and herbs. Lunch finished with an enormous bowl of delicious and rare white figs.

ATHENS

Because we had teenagers with us, we braved the crowds at the Acropolis. The Parthenon has been restored quite a bit since I was last there. Restorations to this ancient site have been ongoing since 1975, with the most recent phase completed in 2020, and more in the works.

We rode up and down to the site in the new elevator — yes, if you pay off the right guide, you can not only go to the front of the line with your group, but you can also use the elevator that was put in with funding from the Onassis Foundation. This modern innovation greatly improves accessibility to this site.

After our tour we headed to Plaka, the old historical neighborhood in Athens, where you'll find the Grande Bretagne Hotel, still the best hotel in town. We strolled in the shade and picked one of many local and authentic Greek restaurants to order the divine grilled octopus from. After lunch, grab a gelato from one of the spots and then shop and shop and shop. The prices are quite good and there is a lot to choose from. [marriott.com](https://www.marriott.com)

THE PANATHENAIC STADIUM

We stopped at the Panathenaic Stadium, built in c. 330 B.C. for the Panatheneic Games (a combination of religious,

cultural, and athletic events). The marble stadium was the venue for the first modern Olympics held in the 1800s and was an Olympics venue for games in 2004. Nearby, we watched the changing of the guard in front of the Presidential Palace. The guards with black pom poms on their shoes, tights, beige skirts, red hats, and long braids do a truly hilarious march that reminded me of Viennese show horses lifting their legs and pawing the ground.

CAPRI, ITALY

We moored in Capri, one of my oldest stomping grounds, for lunch at one of the beach clubs and then drinks at the Quisisana, still the island's chicest hotel. Capri's grande dame hotel has hosted Tom Cruise, Sting, Oscar Wilde, Gianni Agnelli, Gerald Ford, and Jean-Paul Sartre. Although Capri's main square has turned into a luxury mall, the views and the sea are the same as when Emperor Augustus discovered it and used it as a health spa. [quisisana.com](https://www.quisisana.com)

We took out the tender for a private tour around the island, taking in the dramatic coastline, the tiny coves, and grottoes surrounded by turquoise waters. This way, we were able to stop and visit a friend on their yacht, which was moored near the Blue Grotto. It's the only way really!

Archeology buffs should head to Villa Jovis, ruins of the largest and most sumptuous of 12 villas on Capri commissioned by the Roman emperor Tiberius in the first century. The vast complex and its gardens were famously designed to cater to Tiberius's debauched tastes, and its cliffside location required feats of engineering to provide water to the estate. The views are spectacular from Salto di Tiberio — Tiberius' Leap — a sheer cliff from where Tiberius had out-of-favor subjects and lovers hurled to their death into the sea. It's the only way, really.

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NOË HEIVANUI BROWN

By JAMES MASTERS



Noë Heivanui Brown was born in Tahiti but has lived mostly in the United States, notably Maui, Los Angeles, Massachusetts. She now lives in the Hamptons, but has homes in Tahiti and Maui.

A retired mental health therapist who specialized in trauma-related conditions, and she is also a real estate agent with Nest Seekers International. She is on the board of the Southampton Cultural Center and on the committee of the Hamptons Womenpreneurs Collective. She partnered with the Ram's Head Inn, on Shelter Island, to run her signature Womenpreneur Retreats as part of her Vahine Exclusive venture, to help womenpreneurs grow their business with social media.

Her first love and priority, however, is Noë Rosé Travels and thriving as a digital content creator and marketing consultant, inspiring others by advocating for self-empowerment through travel, and promoting related brands and especially women-owned businesses.

She and her travel business partner, Lois Stodgill, the founder and CEO of Tahiti Adventures, design and organize group tours to French Polynesia and here is what they have in store for you in 2023.





Noë Rosé Travels, in partnership with Tahiti Adventures (tahitiadventures.com), invite you to travel to French Polynesia on bespoke retreat packages designed to liberate your spirit in this highly sought-after idyllic paradise.

From the Pearl of the Pacific to Marlon Brando's private island — once the summer residence for Tahitian royalty and a playground for the affluent of nearby islands — let the breathtaking beauty and energy of Bora Bora and Tetiaroa set the stage for a transcending week in overwater bungalows and your own private world with white sand beaches, swaying coconut palms, colorful birds, and sparkling lagoons.

If you fancy exploring the island by sea, Noë Rosé Travels in partnership with Te Mana Travels, offers you a Tahitian Escape By Land And Sea. From Raiatea, the cradle of Polynesian civilization, cruise to one of Tahiti's best kept secrets, Taha'a. Sail through remote lagoons for five nights on board a yacht, followed by two nights of pampering at a Bora Bora luxury resort. Treat yourself to an ultimate week of relaxation, experience the exotic, venture off the beaten path, reignite your senses, taste the culinary soul of Polynesian island culture.

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LUXURY TRAVEL TO CUBA

BESPOKE EXPERIENCES CREATED JUST FOR YOU

BY AUDREY BAUER



Classic cars in Havana with Cultural Cuba

Cuba will take your breath away. This unique and vibrant culture is a complex mix of Latin American, European, African, and Indigenous influences that form a broad swath of customs, traditions, and cultural practices that shape life in Cuba today.

The island, only a 50-minute flight from Miami, is the perfect destination for those craving enriching culture and fun. Havana brims with music, dance, and art in a faded yet beautiful frozen-in-time setting unmatched by any other city. The crystalline ocean waters and rolling mountains of the countryside beckon travelers wishing to explore outside the capital. The Cultural Cuba Support for the Cuban People customized itinerary is what makes a visit to Cuba so captivating, including meaningful interactions and exclusive access.

A full-service destination-management company that can provide legal, bespoke, and private luxury travel to Cuba is an absolute must. Cultural Cuba is all this and then some. Trust this tourism company. Your expectations are sure to be exceeded.

David Lee established Cultural Cuba in 2011 to serve the desires of culturally curious travelers, focusing on entirely custom itineraries that marry their interests and preferred travel pacing, with special insider access to unique and meaningful experiences. Cultural Cuba's high-level connections within Cuban society include artists, musicians, historians, university professors, designers, and diplomats who enable the on-the-ground teams in both Cuba and the United States to provide one-of-a-kind experiences. The team's dynamic bilingual guides are considered the best in the business and with years



Gran Manzana Kempinski Habana Hotel Constante Bar



David Lee of Cultural Cuba

of expertise are adept at navigating the ever-changing landscape of possibilities and preferences.

Town & Country “strongly recommended” using Cultural Cuba when traveling to Cuba, and Virtuoso Travel Consortium lists Cultural Cuba as a preferred travel management company. Lee and the Cultural Cuba team have been named Condé Nast top travel specialists in 2020, 2021, and 2022. Cultural Cuba partners with luxury travel advisors to seamlessly manage booking private trips to Cuba.

David Lee and his phenomenal team in Cuba will make your trip undeniably spectacular.



Cigars & Rum — a private tasting and pairing session



Trumpet Player on the streets of Havana, Photo by Justin Mikita



Cultural Cuba classic car photoshoot



Painting by Roldan Lauzan of Fucina de Artistas

ITINERARIES WITH PURPOSE

Travelers enjoy immersive and interactive cultural experiences that support the Cuban people and go far beyond a history lesson or a cookie-cutter guided tour.

As part of a Cultural Cuba Support for the Cuban People customized itinerary, you can enjoy:

- ✓ Dining in Havana's top-rated family-run eateries called *paladares*
- ✓ An exclusive Havana Club rum-tasting + cigar pairing
- ✓ An immersive walking tour of Old Havana
- ✓ A tour in a vintage convertible and professional photoshoot

- ✓ A visit to emerging and established artist studios, including that of Ronald Lauzan
- ✓ Lunch with a dynamic historian and diplomat
- ✓ Best-in-the-world working cigar factory tour
- ✓ A day trip to Las Terrazas, a biosphere reserve and UNESCO site
- ✓ And so much more!

Cultural Cuba
culturalcuba.com
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THE STRIKING & GLAMOROUS KEMPINSKI HOTELS

BY LAURA HEARST

Just a hop, skip, and a jump from Miami and a less than three-hour flight from New York, sizzling Cuba offers some of the most culturally stimulating experiences. With its dazzling, pristine white beaches lining crystal clear turquoise seas, stunningly picturesque mountains, and cities brimming with live bands, salsa dancing, and art, Cuba is a playground for those craving luxury, history, and fun.

WHERE TO STAY

Hands down, Kempinski Hotels are the hotels of choice. These hotels are the country's first five-star hotels — one in Havana, one in Cayo Guillermo.



IN THE HEART OF OLD HAVANA Gran Hotel Manzana Kempinski

Surrounded by the main Unesco World Heritage buildings of this vibrant city, the Gran Hotel Manzana Kempinski offers an unparalleled experience as the first luxury hotel in Cuba. With 246 sumptuous rooms, including 50 suites, the hotel is steps from a stroll through the enticing and historic city of

Havana. Indulge in the hotel's extensive gastronomic restaurants, including the El Arsenal Lobby Lounge & Bar or at the panoramic restaurant San Cristóbal. Gear up for a night on the town with a cocktail at Constante Bar or smoke a cigar paired with a rum in the cozy tobacco lounge, Evocación. What's our favorite thing about the hotel? The rooftop pool and restaurant! The breathtaking view is simply spectacular.



A LUXURY HIDEAWAY FROM THE CROWDS Cayo Guillermo Resort Kempinski

The all-new resort hotel in the heavenly location of Cayo Guillermo, approximately 310 miles east of Havana, offers exclusivity and privacy away from the hustle and bustle of the tropical island's capital city. Cuba's first non-all-inclusive resort hotel brings a uniquely refreshing and authentic experience, inspired by Ernest Hemingway's legacy and love for Cuba's cayos, reimagined for the contemporary traveler.

Surrounded by a breathtaking natural landscape and extensive gardens, the hotel has 245 rooms and suites, including six over-water villas with stunning panoramic views and private pools. Most of the rooms boast unobstructed sea views and the famous white sand Playa Pilar beach is directly adjacent to the resort. The hotel's barefoot luxury includes spa and yoga, extensive pool landscapes, and a phenomenal culinary experience. A kids' club, gym, tennis court, lobby bar and, of course, a cigar bar round off the exclusive facilities in this luxurious hideaway.

► kempinski.com

Note: US law states that US citizens can only travel to Cuba on a 'general license' based on one of 12 different approved categories, which include family visits, educational and religious activities, public performances and exhibitions, and support for the Cuban people.

LE TOINY ST. BARTHS

DISCREET & ROMANTIC GLAMOUR

BY HANNAH HILTON



St. Barths, regarded worldwide as the sexiest, most extravagant island in the Caribbean, is known for its seemingly endless list of high-end beachfront hotels and lavish lifestyle. With scores of ultra-luxe properties to indulge your desires, choosing just one may be harder than you think. The key is to know what you want, and if that's a perfect marriage of relaxation and luxury, we have the best place for you. Located right before the southern coast peels northward and curves around and up to reveal more of the island's striking topography is Hotel Le Toiny. It's spectacular in its chic simplicity and arguably the best hotel on the island.

RAVISHING & ULTRA PRIVATE VILLAS

Located on the hillside above Anse de Toiny, the stunning property offers 22 villa suites nestled in an oasis of calm and tranquility. Surrounded by lush palm trees and exotic flowers, each suite has absolute privacy. Feel free to skinny-dip in your private dipping pool with a breathtaking panoramic view of the ocean. The rooms come equipped with endless Evian water and Nespresso capsules (a must-have for me!) as well as all the little nibbles, sodas, wine, and beer you need to be fully relaxed in your private heaven. The best part is . . . it's all complimentary.

FRENCH CULINARY DELIGHTS

The signature Le Toiny restaurant will satisfy your appetite with a mix of local and seasonal elements, all incredibly fresh

and delicious. The talented chefs will cater to your dietary needs. As a vegan, I enjoyed delectable breads, pastas, salads, and desserts. They made me a tart-and-sweet rhubarb sorbet that was out of this world. The wine list offers a *de rigueur* mix of Old World vintages with New World offerings.

BOHO-CHIC BEACH CLUB

Enjoy a day with your feet in the sand under sea grape trees. The Beach Club is a secluded spot that offers a lush array of light bites and more traditional island fare. Many flock from all over the island to eat local fish of the day. Check out the fabulous shop with a curated selection of flowy beach dresses in the most beautiful colors of the Caribbean.





SPECTACULAR SERVICE

The staff anticipates all your needs, which they take care of before you even express them. I overheard one guest saying, “The service here has forever spoiled my wife and me.” Everyone was personable, professional, and on top of their game.

SPA SERENITY

Enjoy the spectacular Serenity Spa next to the Beach Club or enjoy a phenomenal treatment in the privacy of your own villa.

If you must leave the property for variety, go to Gyp Sea Beach Club on St. Jean’s Bay. It’s perfect for a day at the beach with plush beds, fab food, and a fun vibe. It’s très cool.

Le Toiny
letoiny.com

RENÉE FLEMING'S CITIES THAT SING

EXCLUSIVELY IN SELECT IMAX THEATERS THIS FALL

BY HANNAH HILTON



This September, in a magnificent spectacle that can be experienced only in select IMAX theaters, the Grammy Award-winning soprano Renée Fleming will take moviegoers and opera lovers on a one-of-a-kind tour of Paris.

In October, she'll do it again . . . only this time in Venice. Ah, Venice!

The two experiences are called *Renée Fleming's Cities That Sing*, and they are produced by Stage Access, a unique company dedicated to "bringing the stage to you" through a co-production partnership with IMAX. The two films — *Renée Fleming's Cities That Sing – Paris* on September 18, and *Renée Fleming's Cities That Sing – Venice* on October 30 — will dazzle on the IMAX screen.

Their premiere screenings will be accompanied by a live Q&A hosted by the Emmy Award-winning performer Kelsey Grammer, made possible by IMAX LIVE, which connects IMAX theaters via a high-speed network that can broadcast events and experiences worldwide.



Bruce H. Lipnick
Stage Access Founder & CEO

"My life has taken me to some of the most magical cities around the globe, with legendary opera houses and centuries of musical history," said Fleming. "It's thrilling to bring these places —and their glorious music — to audiences with the immersive power and scale of IMAX."

Stage Access was founded by its chief executive officer, Bruce H. Lipnick, a devoted patron of the arts

whose distinguished career in alternative investments and visionary leadership led him to reinvent the way the performing arts are consumed and distributed. Tripp Hornick serves as the company's chief operating officer, and together they have created a company unlike any other in North America — one that not only produces and licenses classical arts programming, but also distributes highly acclaimed content through a number of channels.

"Partnering with Rich Gelfond and Megan Colligan at IMAX and the incomparable Renée Fleming for these two lavish films on IMAX screens is a wonderful opportunity to introduce Stage Access to an even bigger audience," Lipnick said. "That's enormously exciting because our entire mission is to bring the stage to everyone." Hornick added, "Think of the Anthony Bourdain or Stanley Tucci series but exclusively for the performing arts."

Producing these stunning films in partnership with IMAX is only one way Stage Access is achieving its mission. It has also developed its own, fast-growing on-demand streaming service for the classical performing arts. It's a segment of entertainment that Lipnick thinks has been tremendously underserved, and Stage Access's early success — including its distribution deal with IMAX — showcases the enormous demand. Stage Access, the streaming service, is available on the web at StageAccess.com, and also available for iOS, Android, AppleTV, Amazon Fire, and Roku.

As the service grows, Stage Access is also building an impressive library of acclaimed original programming, all of which is hosted on-screen by Grammer. Its original productions have included *Yo-Yo Ma — Six Solo Bach Cello Suites from the Odeon, Athens*, and the documentary *The Three Tenors: From Caracalla to the World, The 30th Anniversary*. In addition, Stage Access is home to exclusive collections, such as the Rossini Opera Festival.

"We promise beautiful, memorable, enriching programs that will delight the most discerning connoisseur of the performing arts," Lipnick said. "We are fans ourselves, and we know that in many parts of the country it's simply not possible to see live performances of music, opera, ballet, and theater any other way. There is such a strong, passionate audience for the arts, and it's our great honor to lead the performing arts into the digital age."

Tickets to the two Renée Fleming performances, in September and October, are available on tickets.imax.com.

Readers of *Social Life* can subscribe to the Stage Access streaming service with a special 30% discount offer. To take advantage of this exclusive offer, enter code "**SocialLife30**" when signing up for a new annual subscription at stageaccess.com.

MELISSA NAEDER

LEASING COMMERCIAL REAL ESTATE

BY ROBYN FREEDMAN



Melissa Naeder is a senior director in the Long Island office of Cushman & Wakefield, which began in 1917 and now has more than 400 offices worldwide. Cushman & Wakefield is a leading global real estate services firm with core services in property, facilities, and project management; leasing; capital markets; valuation and consulting; and more. Fueled by ideas, expertise, and dedication across borders and beyond service lines, Cushman & Wakefield creates real estate solutions to prepare clients for what is next.

Naeder specializes in retail brokerage, focusing on landlord and tenant representation in leasing space on Long Island and the Hamptons. She knows how to find the right property to help a client build its brand and understands the landscape of availability and how to navigate the challenges of commercial real estate. Her knowledge and insights into the future of retail and commercial real estate bring her to the forefront of brokers on Long Island and beyond.

Melissa Naeder will help you find the perfect site location and space on Long Island and the New York area. With nearly two decades of experience, her clients entrust her with all facets of their commercial real estate needs and consider her an integral part of their business strategies.



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AUDREY GRUSS

HOPE FOR DEPRESSION RESEARCH FOUNDATION

BY BLAIRE BASS

QUEST TO BATTLE THE WORLD'S TOP CAUSE OF DISABILITY

When you meet Audrey Gruss or read one of the many articles about her, she is polished, poised, and proper. While these surface characteristics are accurate, the depth of her heart and soul, and commitment to helping others runs vast and deep. Her hope to make life better for millions of people across the globe is simply breathtaking. Her story begins with her late mother, Hope, who suffered from depression for decades. Audrey, her two sisters, and their father witnessed firsthand the intense battle her mother fought throughout the years — psychic pain, misdiagnosis, trials of medications, side effects, and so much more. Depression affects over 18 million adults in any given year and is the leading cause of disability worldwide. Severe depression is even rated in the same disability category as terminal stage cancer. So, when her mother died in 2005, Gruss vowed to work tirelessly towards “conquering this dreaded illness” and make finding a cure her personal mission.

AUDREY & MARTIN GRUSS FOUNDATION

A year later Gruss established the Hope for Depression Research Foundation (HDRF), a non-profit organization with a mission to fund pioneering international scientific research into the origins, diagnosis, treatment, and prevention of depression and its related mood and emotional disorders, with



the goal of finding a cure. Audrey has served as the chairman of HDRF since its inception. She's also the president of the Audrey and Martin Gruss Foundation, which she and her husband, Martin, established thirty years ago to support the cultural arts. The couple also funded the Audrey and Martin Gruss Heart and Stroke Center at Southampton Hospital.

DEPRESSION TASK FORCE

What's unique about HDRF's research program is, they not only fund research, but they also created their own research group by hand-selecting several doctors who collectively work with the non-profit on strategy, development, and implementation. “We had to create our own research team because what we envisioned did not exist. Our Depression Task Force works collaboratively — they put all their data into the Hope Data Center at the University of Michigan and that data is shared among the doctors at HDRF who do the research. That's really a very hard thing to do,” Audrey says. “It's as though we created our own mini neuroscience center,” she adds. Since its start, HDRF has given support to 48 research institutions in 12 countries and 18 U.S. cities and has provided more than \$45 million through 200 grants for breakthrough depression research that promises to transform the way depression is viewed, diagnosed, treated, and prevented. raceofhopeseries.com



Michael Phelps and Audrey Gruss, Photo by Patrick McMullan

DEVELOPING AN ALTERNATIVE TO PROZAC

And the research is paying off. “The HDRF doctors are now creating a category of anti-depressant that is completely new, since Prozac was introduced 35 years ago,” Gruss said. This was only eight years after the HDRF doctors were brought together, a remarkable accomplishment in the world of neuroscience because discoveries like this usually take decades. Gruss explained that HDRF did not create something brand new. The doctors found an existing drug that hadn’t been approved in the U.S., but they made a patented version of this drug that is now in clinical trials at Columbia University and Mount Sinai.

It’s a fact that better medication to help with depression is desperately needed. Studies today estimate that from 35 to 50 percent of people suffering from depression do not positively respond to existing antidepressant medications called SSRIs (selective serotonin reuptake inhibitors).

5K RACE OF HOPE

In addition to the Week of Hope when businesses around the Hamptons showed their support for the fight against depression, Gruss and HDRF also hosted their 5K race in Southampton Village. This year marked the seventh race, and Candace Bushnell, the author of *Sex and the City*, served as the grand marshal. She cheered on the race’s participants as she led them on the 5K (3.1 mile) loop around Lake Agawam in Southampton Village. The race was open to all ages and speeds and walkers were also welcome. The Race of Hope has raised over \$1 million for research since its inception in 2016. The next annual HOPE Luncheon Seminar will take place on November 9 in NYC. Check the website for more information:

hopefordepression.org

JEFFREY BERI

ANIMAL ADVOCATE

BY JAKE DRESSLER



NO DOGS LEFT BEHIND

Hamptonites gathered at a benefit in Water Mill to support Jeffrey Beri's animal rescue organization No Dogs Left Behind, a nonprofit that works to save, advocate for, rehabilitate, and adopt dogs around the world. Beri is currently in Ukraine rescuing homeless dogs. Before Beri found his calling as an animal rights organizer, he had spent most of his career as a mechanical engineer and jewelry designer. In 2016, he pivoted roles to become a full-time animal activist. "I grew up with dogs; they're man's best friend," Beri said. Since then, he's saved 117 dogs from Yulin, China.

EARNING A DOG'S TRUST

In a video available on YouTube titled *Yulin Survivor Iron*, Beri soothes an agitated dog named Iron. In the video, Beri slowly earns Iron's trust, teaching him to embrace human touch. The transformation in the video is a poignant snapshot of just some of the work that Beri and his team put into helping homeless dogs.

ANIMAL RIGHTS

After hearing about the pervasive problem of homeless dogs in Yulin, China, Beri chose to target the problem at its roots. The solution takes enormous preparation and community organizing. "We have volunteers and activists all over eastern Asia and they work to spot homeless and abused dogs,"

said Beri. "It then gets passed along through our channels of communication and we execute our plan."

USING THE COMMUNITY AS HIS ARMY

When Beri's organization targets a facility, he rallies the community to help. "We'll go in, surround the place, and we'll have brave activists demand and execute seamless and effective emergency responses," said Beri. After he rescues the dogs, his organization begins the arduous process of rehabilitation. The dogs are taken to a quarantine center, then sent to the No Dogs Left Behind sanctuaries, where they're treated and rehabilitated.

SAVING 10,000 DOGS

Beri is mobilizing his army of community activists and volunteers for the upcoming Yulin summer solstice festival, a hotspot for homeless dogs. "We're fighting to make sure that no dogs are harmed during the upcoming festival," said Beri. He attributes the outpouring of support he garners to social media. "The support of social media fans has been extremely helpful. Our work truly does take a village," he said.

► If you would like to find out more about Beri and his organization, and his work rehabilitating and saving dogs in need, as well as the efforts made in saving and adopting out rescued dogs, please visit nodogsleftbehind.com

ARTY DOZORTSEV

WHEN A PLAYBOY BECOMES A DADDY

BY INNA DESILVA

Arty does not remember this, but I met him when he was only four years old when we were both growing up in the rough-and-tumble neighborhood of Coney Island. Even then he was hanging out with a girl who was older and taller. We both became reacquainted again in the 1990s when Arty was known for throwing huge bashes at his fabulous apartment in the Financial District. There were always tons of pretty girls and celebrities. I don't know what it is, but celebrities sure do love Arty. I think it's his childlike sense of wonder, appreciation of beauty in all its forms, and loyalty to people he calls his friends.

Some of the celebrities I met with Arty over the years included Naomi Campbell, Michael Jordan, Ray Stevenson, and Oliver Stone (who flew Arty to L.A. for a small part in the 9/11 movie he was making at the time).

Arty has followed his father, Eugene, into the family's caviar business, IKRAA Caviar. Eugene Dozortsev, an entrepreneurial legend, brought rare caviar from Siberia to the United States starting in the 1980s. The family also founded Dozortsev & Sons Enterprise, a liquor and wine importing and distribution company



based in Elizabeth, New Jersey. Arty has spent 27 years burnishing his family companies' reputations.

Dozortsev & Sons' portfolio offers 220 items imported from 22 different countries. Arty's popular private label wines are carried by the trendiest of restaurants, such as Scarpetta, Cipriani, and Serafina. Arty is a genius at grassroots marketing. He can make any brand famous.

But now to get to the love story, which is my favorite part. We, who know Arty well, were used to the ever-revolving door of girlfriends. All of them pretty, young, and so in love with him. Then along came Anya. Not only did she tame Arty, but this year they welcomed a new addition to their family, Olivia. She is already the apple of his eye. He considers fatherhood the greatest gift bestowed on him.

In addition to Anya and Arty working together at Dozortsev & Sons, they are also running IKRAA Caviar. The hip brand has been delivering caviar to the rich and famous here in NYC and Long Island. Several types of premium caviar are available from IKRAA. A tasting set starts at \$320. The VIP package, which starts at \$1,600, can be at your abode out East within four hours of ordering. This package includes blinis, truffle butter, and mother-of-pearl spoons. Beyond NYC and the Hamptons, orders can arrive via free overnight shipping. You can order via the company website, listed below.

Bon appétit.

FOR CAVIAR
ikraacaviar.com
info@ikraacaviar.com
 646.934.1070

FOR LIQUOR AND WINE
dwinesandspirits.com
dozortsev.wines@gmail.com
 908.353.1234



THE GREAT ARCTIC SWIM

SET TO MAKE HISTORY WITH FIRST-EVER HUMAN SWIM FROM CANADA TO GREENLAND

BY JAKE DRESSLER



The world will witness a historic expedition that will test the endurance and willpower of Justin Fornal and Wesley Archer as they battle the elements for the sake of adventure. It will in turn promote crucial global warming awareness and understanding of the effects the planet's fast-changing state has on the Arctic.

Facing a daunting and dangerous journey just to get there, the Great Arctic Swim Expedition will launch from New York. The ultimate objective is to have the first human being swim from Canada to Greenland across a 25-mile section of the Nares Strait, which lies between Canada and Greenland.

Justin Fornal is an international explorer, long-distance swimmer, and cultural detective. He is the expedition's swimmer and will be central in telling the story of the Arctic and its inhabitants. Fornal is also the host of *Unexplained and Unexplored* on the Science Channel.

Wesley Archer is an explorer, adventurer, and general aviation pilot with over 1,100 hours in a Cirrus. Archer is co-producing and directing logistics for the expedition and will fly his personal single-engine plane to Qaanaaq, Greenland. Archer will also act as a safety supervisor during the swim.

The team's incredible athletic adventure will honor the planet and the people who inhabit it. From aviation and extreme swimming to nature and culture, the project's range of important topics is set to bring worldwide attention to two men who dare to make a difference. Four years of dutiful planning has resulted in this awe-inspiring itinerary that is in collaboration with Polar Bears International.

A first in the history of exploration, the groundbreaking pioneers' dream will become a reality as the duo will first fly north through remote Arctic Canada with a primary day stop in Iqaluit, Canada. From there the expedition takes a daring turn as they undertake the dangerous crossing to Qaanaaq over the inhospitable Arctic ice and Baffin Bay.

The team statement about the adventure reads: "The Nares Strait and to the south, Baffin Bay, are the epicenter for the results of global

warming. Conditions are changing fast and in dramatic fashion and the result is the loss of traditional Inuit culture and the natural ecology. It is imperative we educate the world but we also tell the story of adventure. Together, we believe we will tell the story of the Arctic."

After arriving in Qaanaaq, the team will meet with the Inuit hunters who will support the swim and transport the team to Pim Island. They will discuss current conditions on the ice and the weather. The team will also be in contact with support teams in the United States to ensure the weather forecast will be stable during the swim portion of the expedition. After final preparation and planning, the team and the hunters will set off for Pim Island, a 120-mile open-water sea journey. It is imperative the weather conditions during this phase hold up. The Nares Strait has some of the most extreme weather in the Arctic. The winds can reach hurricane force as the result of the Nares Strait compression zone and the ice floes are unpredictable.

Once at Pim Island, the team will contact their science advisor to ensure weather and sea-ice conditions will remain good for at least three days. When conditions permit, Fornal will begin the epic swim of more than 25 miles across the Nares Strait as Archer rows alongside in a kayak full of supplies, including food, water, and hot drinks. The Inuit support team will remain close by to keep away potential approaches by wildlife like massive Greenland sharks and territorial walruses.

Others involved in the expedition include the Emmy Award-nominated filmmaker Emiliano Ruprah, who will serve as director, photographer, and cinematographer. Visit Greenland has graciously sponsored travel for Emiliano, for which the crew is grateful because the self-funded expedition works with a low out-of-pocket budget to fund the monumental task.

Additionally, G.W.K. Moore serves as science advisor and will support the team from Toronto. Moore has a Ph.D. in Geophysical Fluid Dynamics from Princeton University and a B.Sc. in Theoretical Physics from the University of Guelph. He is currently a professor at the University of Toronto Mississauga, in the department of chemical and physical sciences.

Sakiko Daorana, the Greenland advisor and expedition fixer and board member for Visit Greenland and Greenland adventure expert, also joins the project.

What will be accomplished on the incredible journey will be more than just risky flight or a swimming feat. This is an adventure for all mankind that will test human endurance and the sheer will power to raise awareness about the changing world.

greatarcticsswim.com

WILD CAUGHT SEAFOOD FROM A FISHERMEN'S CO-OP

BY ROBYN FREEDMAN



The only fish you should be eating is wild-caught, never farmed. Alaska Gold Seafood is where you can get wild-caught seafood delivered to your door. It is a fishermen-owned co-op based in Sitka, Alaska. Specializing in line-caught wild salmon, halibut, sablefish, rockfish, and Dungeness crab, Alaska Gold puts a big emphasis on quality and service. You can see from customer reviews that Alaska Gold really takes great care of their customers.

What's special about ordering from Alaska Gold is that you are getting seafood delivered direct from a fishermen-owned co-op. There is great pride in the work these Alaskan fishermen do. They fish using traditional hook and line methods, which have minimal impact and result in great quality, as each fish is caught "one hook one fish at a time," giving the fishermen time to properly handle each fish for maximum quality. Alaska Gold's motto is "Small Boats, Independent Fishermen, and Co-op Values" and these ideals result in healthy, sustainable, delicious meals from a storied operation built on good old-fashioned pride in workmanship.

Each package sent from Alaska Gold is well packed with dry ice to keep frozen until arrival, and each dinner-sized fish fillet is individually vacuum-sealed for maximum convenience.

A great way to check out what Alaska Gold has to offer is its Alaska Gold Standard Variety Pack, which includes six portions of coho salmon and two portions each of halibut and sablefish, along with a rockfish fillet. Its smoked king salmon is a very special treat and would make a wonderful appetizer to have alongside a glass of bubbly. Alaska Gold's most popular offerings are its king salmon, halibut and sablefish. If you haven't had sablefish, it's more commonly known as black cod or "butterfish" because of its rich, buttery texture and flavor. The heart-healthy fat content of sablefish makes its omega-3 content even higher than king salmon. In addition, each 6-ounce serving has 90% of the daily recommended allowance of vitamin D. Like wild salmon, sablefish is a nutrition powerhouse.

Folks at home can place orders for Alaska Gold Seafood in a matter of seconds. But, Alaska Gold also works with high-end restaurants and retailers. Contact Alaska Gold for more details on wholesale orders.

Alaska Gold Brand
844.833.0120
alaskagoldbrand.com

CARBONE FINE FOOD

A DELECTABLE TASTE

BY ANTONIA RICHARDS

Carbone is a high-end Italian American restaurant created by Mario Carbone, Rich Torrisi, and Jeff Zalaznick. The restaurant pays homage to the essence of the great Italian-American restaurants of mid-20th century New York, where delicious, exceptionally well-prepared food was served in settings that were simultaneously elegant, comfortable, and unpretentious.

The beloved restaurant is also home to the world's most delicious pasta sauces. Go to their website to check out all the scrumptious options.



TRY MARIO CARBONE'S FAMOUS CHICKEN PARMESAN RECIPE:

Ingredients

6 oz boneless, skinless chicken breast
 ½ cup all-purpose flour
 2 eggs, beaten
 4 oz Italian-seasoned breadcrumbs
 8 oz Carbone marinara sauce
 2 tbsp grated parmesan
 3 slices mozzarella
 3 large basil leaves
 1½ C canola oil

With a mallet, pound the chicken breast to ¼ inch thick.

Add the eggs to a large bowl and pour the breadcrumbs and flour onto separate plates.

Dredge the cutlet in the flour, coating both sides, and shake off any excess. Dip the floured chicken in egg, allowing any excess egg to drip off. Last, dredge the cutlets in breadcrumbs and transfer to a plate.

Heat the Carbone marinara sauce in a small saucepan, reduce to about 6 ounces and hold hot. Turn on your oven's broiler.

Heat the oil to 350 in a pan that is wide enough to hold the chicken comfortably. Fry on each side for about 1-2 minutes until the chicken is golden brown. Remove the chicken to a towel-lined plate to remove any excess oil. Season with salt.

Spread 2 ounces of the Carbone marinara sauce evenly over the cutlets. Arrange slices of mozzarella over each cutlet and sprinkle evenly with parmesan. On an oven-safe sheet tray, broil the cutlets until the mozzarella is melted. Apply the remaining sauce to a serving dish.

Transfer the cutlets to the dish and garnish with fresh basil.



*Q & A WITH ERIC SKAE,
CEO OF CARBONE FINE FOOD*

What is the story behind opening the famous Carbone restaurant?

The chefs Mario Carbone and Rich Torrisi and their business partner, Jeff Zalaznick, opened Carbone in 2013. The restaurant is a nod to mid-century, Italian American fine dining with a 21st-century food makeover. It immediately struck a chord with New Yorkers with reservations becoming impossible to get the moment it opened.

What's the secret to the deliciousness of the sauces?

The sauces are created by the masterminds of Carbone, the chefs Mario Carbone and Rich Torrisi. They spent months perfecting them and continually sample them to ensure every jar is done to their exacting standards. Our sauces only use 100% imported Italian tomatoes. Added are the same ingredients used at the restaurant: basil, onions, oregano, olive oil, sea salt — no sugar and nothing you can't pronounce.

Why do you love your job so much?

I've been in the food and beverage business for several decades and have worked on some amazing brands with fast growth like Arizona Iced-Tea, Naked Juice, Popcornopolis, and even Rao's. Fast growth makes my job exciting, and I have never seen such fast growth from a brand as I have with Carbone Fine Food. Currently we are the third fastest growing brand in the country, and we plan on being No. 1 in the next few months.

Carbone Restaurant

181 Thompson Street

(also Dallas, Miami, Las Vegas, Hong Kong)

212.254.3000

carbonenewyork.com

Carbone Fine Food

Buy eight sauces online or find a retailer

carbonefindfood.com

NEFT ULTRA-PREMIUM VODKA

UNIQUE FINDS

BY SARAH BARTH

If you haven't heard of NEFT Ultra-Premium Vodka, then you're in for a fabulous surprise. The high-end spirit comes in the coolest container ever — an unbreakable aluminum barrel — choice of black, white, or Pride colors — that keeps the liquid cold for up to six hours.

And it's not just the brilliant packaging that makes this vodka spectacular. NEFT is a small-batch, award-winning Austrian vodka made from the highest quality non-GMO rye grains, sourced from Europe's finest farms. NEFT is meticulously distilled in a copper-pot still using carbon layer filtering. But the magical secret is in the water, crafted using oxygen-rich spring water from the Alps of Austria.

The vodka has a subtle sweetness and a luxuriously lengthy finish of soft, rye spice, making it a perfect sipping spirit.



OUR FAVORITE NEFT SUMMER COCKTAIL

AUSTRIAN MULE

That ginger bite pops. The NEFT Austrian Mule brings the Austrian Alpine vodka to everyone's favorite mule.

Ingredients

- 1 ¼ oz NEFT vodka
- ¼ oz lime juice
- 4 oz ginger beer

NEFT Ultra-Premium Vodka
neftvodka.com

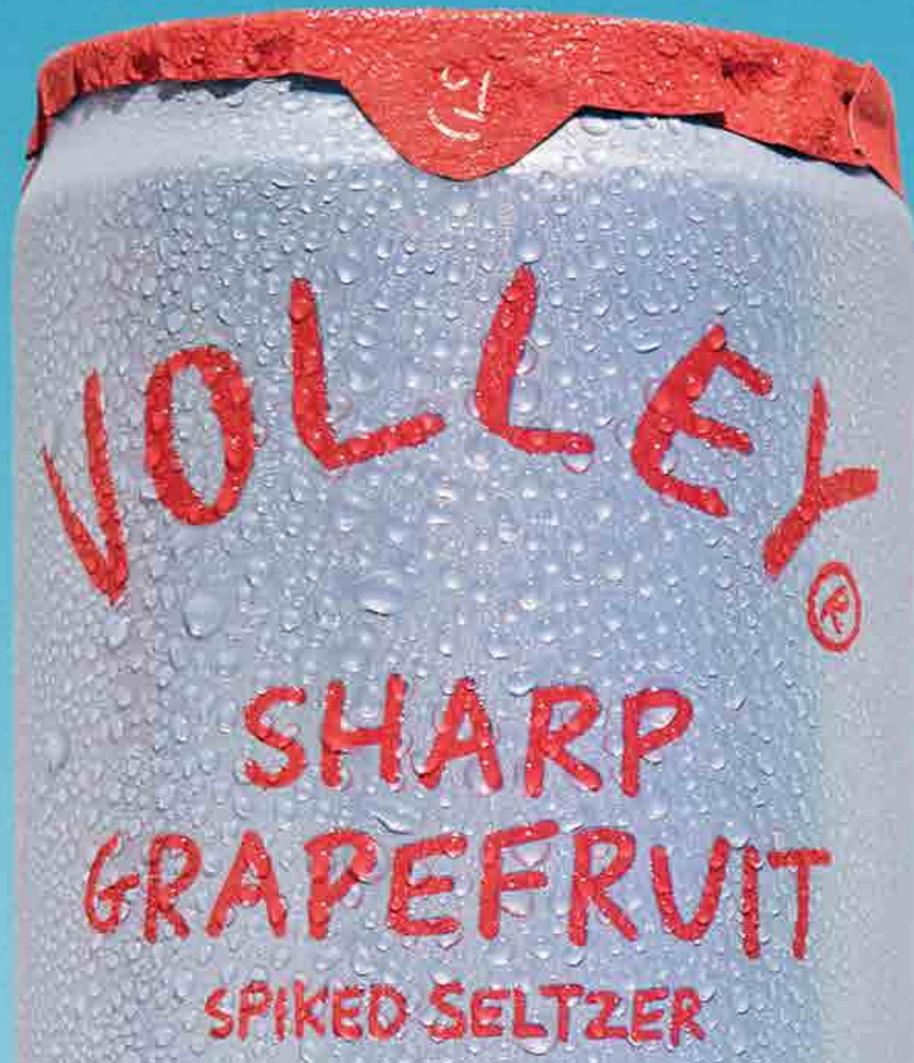


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Summer Things



20'S-ERA COCKTAIL HOUR, ARTFULLY REBORN

BY SHARON ROTH



Our glorious East End Summer '22 will be wrapping up with the onset of generous sunsets and jewel-toned leaves, crisp sailboat jaunts in boxy sweaters, and the timeless allure of wood-burning fireplaces. Hot toddies and s'mores here we come!

In honor of fall and its classic, retro feel, let's begin our Labor Day toasts Prohibition-Era style in the majestic coves of Shelter Island, where two of our favorite vintage gems have thankfully reopened — and are newly renovated to boot.

Built in 1872 and known throughout the 20th century as the Bayview Inn, the Chequit is the oldest continuously used public building on Shelter Island and hosted iconic legends from Mary Pickford to Marilyn Monroe and Arthur Miller, not to mention various samplings of Kennedys.

Back to important matters: The Chequit currently boasts an impressive array of Long Island, California, and international wines. There is the Peconic Bay Vineyard chardonnay, with its floral tones and notes of green apple, pear and citrus, along with the viognier from the same vineyard with its creamier finish. For reds, the Cline pinot noir is always delightful and pairs well with almost any fare, and both the Minuty Côtes de Provence and Wöllfer Estate Summer in a Bottle are smooth, highly delectable rosés that never go wrong. If bubbles are on the itinerary, splurge for the Tattinger NV Champagne — clean, crisp and delicious. Drink in hand, lounging on the Chequit's hilltop expansive porch with glimpses of the bay, one can't help but hear the stirrings of '20s jazz and catch hazy glimpses of ascots and bowler hats.

Continuing with our '20s-era theme, let's head over to the newly reopened Pridwin, majestically brought back to life by the Cape Resort group, which artfully recreated the chic decadence of the '20s in all its European flavor while infusing a vivid freshness. Built in 1927, this sprawling waterfront resort offers some of the most breathtaking views in the Hamptons, and the new vivid pink and woodsy green striped restaurant décor with (somewhat) edgy artwork is evocative of turn-of-the-century charm with a subtle modern twist. Well done — upscale designers who pay due homage to history!

The drinks menu that bartender Johnny D. offers is worthy of a full-on Hemingway/Fitzgerald evening. The Papa Hemingway daiquiri of blanco rum, luxardo (classic maraschino liqueur), grapefruit, and fresh lime juice is a refreshing libation that deserves the graceful lines of its vintage martini glass, while the peach and mint juleps made of Kentucky bourbon, simple syrup, peach bitters, and mint sprigs should absolutely be enjoyed on one of the balcony's retro rocking chairs for the complete Jane Seymour period film effect. The Vesper martini takes a leap, combining both gin and vodka, along with vermouth and Lillet Blanc. The fruity sunset Cosmo is divine, and there are of course the bygone-but-not favorites such as the Sidecar and Negroni. Grab your libation of choice for our sunset overlooking the bay!

Back on the mainland, see Michael at Topping Rose for a nightcap before bed, and let's toast to fall and fabulous '20s-era iconic moments, East End-style. And to a very happy Labor Day!

PLANNING A PARTY?

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