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Throwback Hamptons: A Rare Opportunity to Live the Way it Used to Be

By Author April 29, 2022

Head south down Mecox Road in Water Mill about a mile and look for a large, open field on the left (corn this year). Directly across on the right is a small white, wooden sign that reads “West Mecox. One-Way.” Turn right, and you turn back the Hamptons clock.

The narrow, one-way road has a landscaped mall maintained by the community. Keep going and both sides of the street are lined with classic shingled homes. Most are charming, large cottages, with a few having been upgraded or replaced over the years. In a few hundred yards, you have a choice: straight ahead is Brennan’s Moor, a finger of land surrounded by Calf Creek to the east and Hayground Cove to the west, with large waterfront homes on both sides.

Stay left, and the street changes loops left in an inverted U, with the name changing to Westminster Rd. Around the top of the turn, Calf Creek jumps out in front of you. On the day I visited, it sparkled, with swans and egrets easy to spot.



On the right, between blackberry bushes and cattails, is a wide path that leads down to the water. At the end is something hard to find in the Hamptons anymore: a community dock for



the 27 families who live here. There were several kayaks and paddleboards, as well as a sailboat and a few small motorboats. And why not? Scott Cameron beach is just across the bay.

The homes on the right are directly on the water, while most on the left have water views. On a Saturday morning in August, it was more like Maine than Long Island. There were practically no cars, and I lost count of the number of joggers, kids on bikes and moms pushing strollers.

The neighborhood ends where you come in, on a one-way street on the other side of the mall. I waited at the stop sign before turning onto Mecox Road, looking back at the small sign that tells you you’re here. Yes, you’re here in Water Mill. But it feels like a long time ago.



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Brand New breathtaking project on Jobs Ln set for completion Q1 2023. This spectacular property is situated far south of the highway in Bridgehampton, and provides an unparalleled level of luxurious living. On a par with the very finest homes being built in the Hamptons now, no detail will be overlooked, no expense will be spared in the design and construction of this superb residence. The home provides three levels of entertaining and living with radiant heated floors, seven bedrooms, including two master suites, seven full and three half baths, and many places to entertain and gather both indoors and out. Outdoors in the lush landscape, gather on the terrace spanning the length of the home (three bedrooms also access a second floor terrace), enjoy the heated gunite pool and spa. An accessory building provides an outdoor bar with kitchen and TV, a massage room, steam room and upstairs bedroom and full bath. At night this home is a place of breathtaking beauty. WEB ID 2201950 \$21,995,000

J.B. ANDREASSI 631-875-6323 jbandreassi@nestseekers.com

LUXURY



INCREDIBLE SOUTHAMPTON NEW CONSTRUCTION

This transitional masterpiece by John Himmelsbach Architecture, with interiors by LMS Design is an expansive +/- 9,323 square feet with eight bedrooms, eight full and two half baths, and offers a spacious open floor plan that merges seamlessly for casual or formal entertaining. Glass paneling in the gathering rooms open effortlessly to a beautifully landscaped +/- 1.10 acres with expansive patios, heated gunite pool and the option to add tennis. A chef's kitchen with custom cabinetry and professional appliances flows directly into the double height great room and living room, all centered around a fireplace. The first floor also features a junior master, dining room that flows from the kitchen, office, mudroom, two car garage and the option to add an elevator. The master suite offers a roof terrace, fireplace, spacious bathroom with radiant heat, spacious master bath with shower, sitting tub and separate lavatory, all surrounded by master closets. There are four additional guest bedrooms all with en suite baths and closets, with laundry concluding the hallway. The lower level is equally as grand with 2,741 +/- square feet of luxury and amenities with two guest bedrooms and recreational room WebID 2187284 \$8,495,000

JAMES GIUGLIANO 631-456-3567 jamesg@nestseekers.com



NEW WATERMILL MODERN RESIDENCE- ENDLESS VIEWS

Overlooking 50+ acre verdant farm reserve with unobstructed south-western views in Watermill, is the latest modern steel and glass masterpiece presented by luxury home builder, Breskin Development. This 7,600 square foot estate features 7 bedrooms / 7 + 2 half baths, pool house, heated 16 x 50 gunite pool with spa, pool house with outdoor kitchen and outdoor BBQ. The first floor consists of a large living room warmed with linear fireplace. Seating for 12 in the dining room with views of the reserve and rear court yard. A comfortable den overlooks the outdoor patio, large designer kitchen designed by renowned cabinet maker Cufio with Sub-Zero and Wolf appliances and a large, well-appointed butlers pantry. The primary suite includes a large sitting area, linear fireplace and a balcony and wall of windows spanning it's height and width. The primary bath is appointed with an oversized shower and Waterworks deep soaking tub. Enjoy drinks and sunsets on the roof top Brazilian walnut deck. Complete privacy and nearly 360-degree views of Hamptons farmland and reserve. The lower level has an expansive gym, theater, living room and two large guest bedrooms. Architect- RRL Design WebID 2205156 \$8,595,000

MICHELLE BRESKIN 917-751-0620 michelleb@nestseekers.com



WATERMILL SOUTH NEW CONSTRUCTION, FARM, BAY AND OCEAN VIEWS

Overlooking 44 acres of open farm with direct views of Mecox Bay and the Atlantic ocean, this modern masterpiece is situated on 1.5 acres of prime real estate that is rarely available anymore. Built by luxury home builder, Breskin Development and their team of master craftsmen, the primary house will feature 11,000 square feet of decadence. A total of 9 bedrooms and 11 bathrooms on three levels with ocean views from nearly every room. Multi-slide doors lead out to large white stone patio, overlooking the pool and grounds. An elevator that services every floor completes the first level. Floating spiral staircase brings us to the second floor which features a large 1500 sq foot primary suite with sitting room, office, 2-linear fireplaces, large walk in closets. The elevator or stairs lead to a rooftop lounge with 180-degree, expansive views of the Atlantic Ocean. The lounge features a full service bar with built in seating for 20. The backyard features a 20x60 infinity edge pool and spa. There is a pool pavilion that has a fireplace and a full outdoor kitchen with a pergola and seating for 25. Wimbledon style grass tennis court. The lower level's amenities are a fully appointed gym and spa. Featuring a sauna, steam room and massage lounge. A theater with seating for 10 with full stereo surround seating and state of the art projection. A four-car climatized garage with motorized lifts for the discerning car collector. **WebID 2012021 \$27,500,000**

MICHELLE BRESKIN 917-751-0620 michelleb@nestseekers.com



GRAND ESTATE SAGAPONACK VILLAGE

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WebID 1070783 \$6,495,000

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WebID 2301011 \$3,995,000

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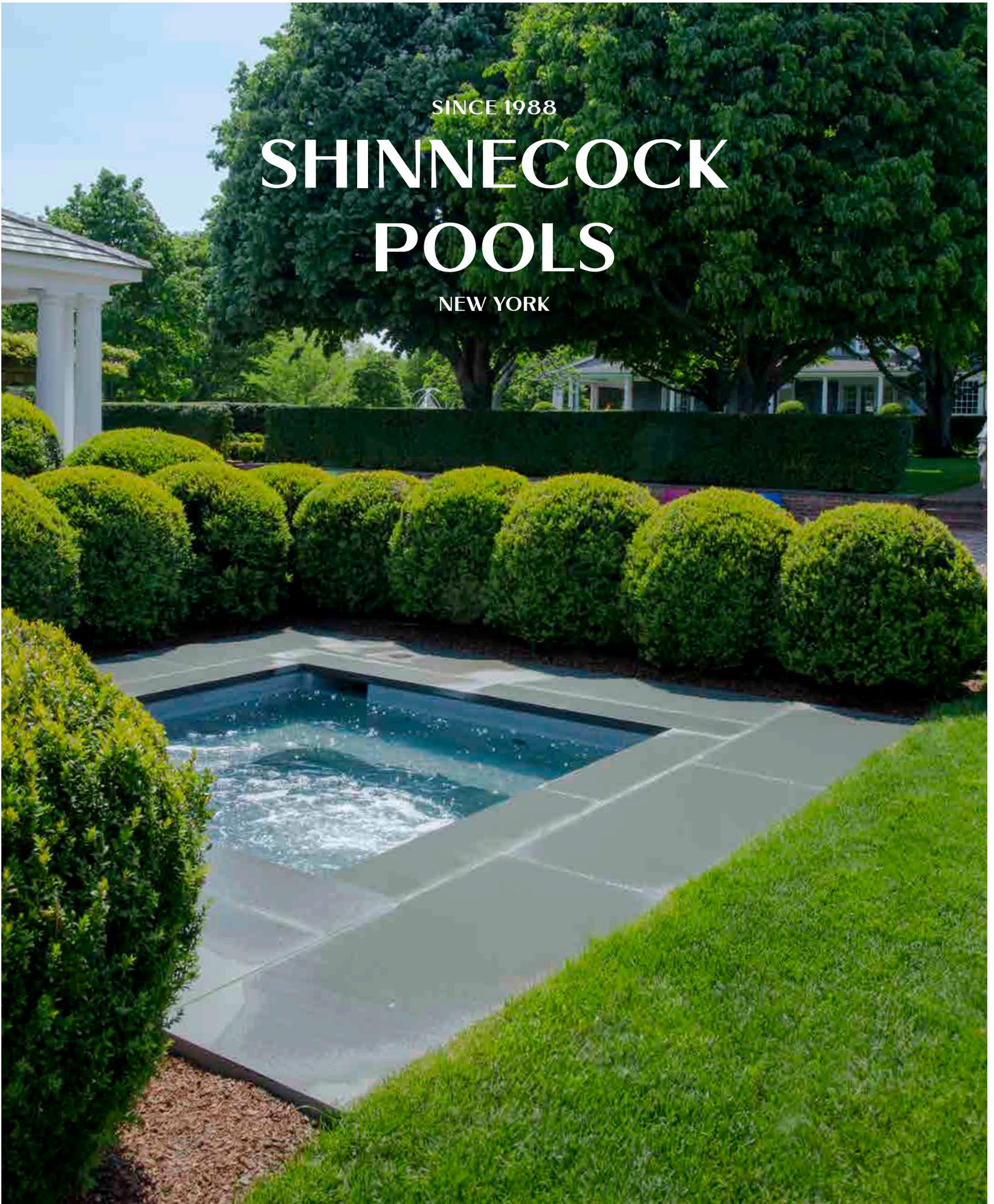
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SOCIAL LIFE



Parrish Art Museum, photography by Marsin Mogielski

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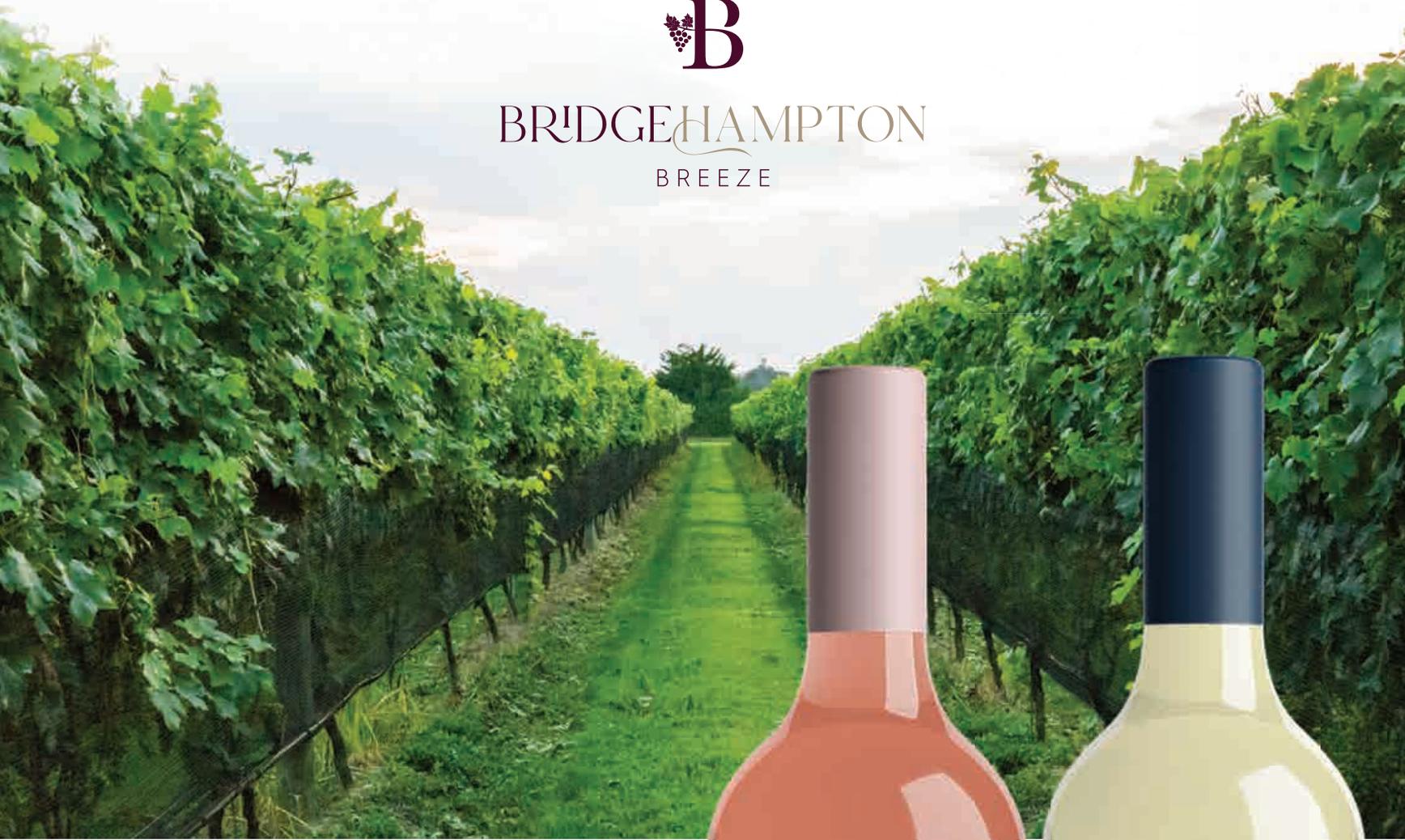
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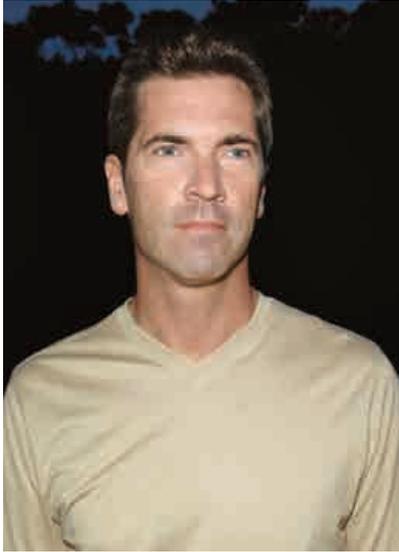
BRIDGEHAMPTON BREEZE



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I have always loved Memorial Day weekend in the Hamptons. For me, it means the start of summer. This time of year recalls some of the greatest memories in my life, beginning when I was in my early teens up to the present day. The Hamptons will never get old to me. I am excited for the summer ahead!

This year I am especially looking forward to socializing with my family and friends and making new friends. At the top of my list will be dinners parties, long beach days, and events. It's time to start being social again: going to events and restaurants and doing all the things we love to do. I believe an active social life is important for everyone. It fulfills our human need to connect with other people and partake in the world around us.

Summer in the Hamptons has so much to offer. Life here is truly wonderful. The ocean beaches, farm stands, vineyards, open fields, and the natural scenery as well as quaint villages and great restaurants are unmatched. It makes for a great venue to get married, enjoy bike rides, and have family gatherings.

With a world of choice here, you can clearly make a year-round life in the Hamptons as many of us have already done.

Have a great Memorial Day weekend!

Justin Mitchell



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Devorah Rose, Nomi Ellenson Photography



It happens only once a year — summer in the Hamptons. During the other nine months, summer is but a long distance friend — a collection of photos, memories, and favorite places.

Now that our favorite months are finally here, I'm curious: What is the first thing you will do when you arrive in the Hamptons? Do you have a favorite coffee shop or beach? I'm so excited to introduce my son to the East End. I'm pretty sure our first activity will be to get ice cream and dig our toes in the sand. That said, making plans with a toddler is always an adventure and many times not at all what you planned — but surprises in the Hamptons always give rise to delight.

Every year, I discover something new. Many of us adhere to the same routines and familiar haunts, but I challenge you to venture beyond your beaten path. I promise you — visiting places you've driven by but never really explored can be magical. Stepping outside of patterns, more often than not, kindles bliss. This summer, I hope everyone's days end with sandy toes and sun-kissed noses.

Devorah Rose



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Christine Montanti, Photography by Don Fitzgibbon



I can't believe it's already that time of year; Memorial Day Weekend is almost upon us, a time to honor the men and women who graciously served our country by nobly sacrificing their lives. This special weekend also signals the unofficial start to summer, so with that, we are incredibly excited to be launching our 19th anniversary season as the leading luxury lifestyle publication of the Hamptons. We kicked off the season earlier this year in March as we celebrated the launch of our very first issue of this magazine in Palm Beach, Florida.

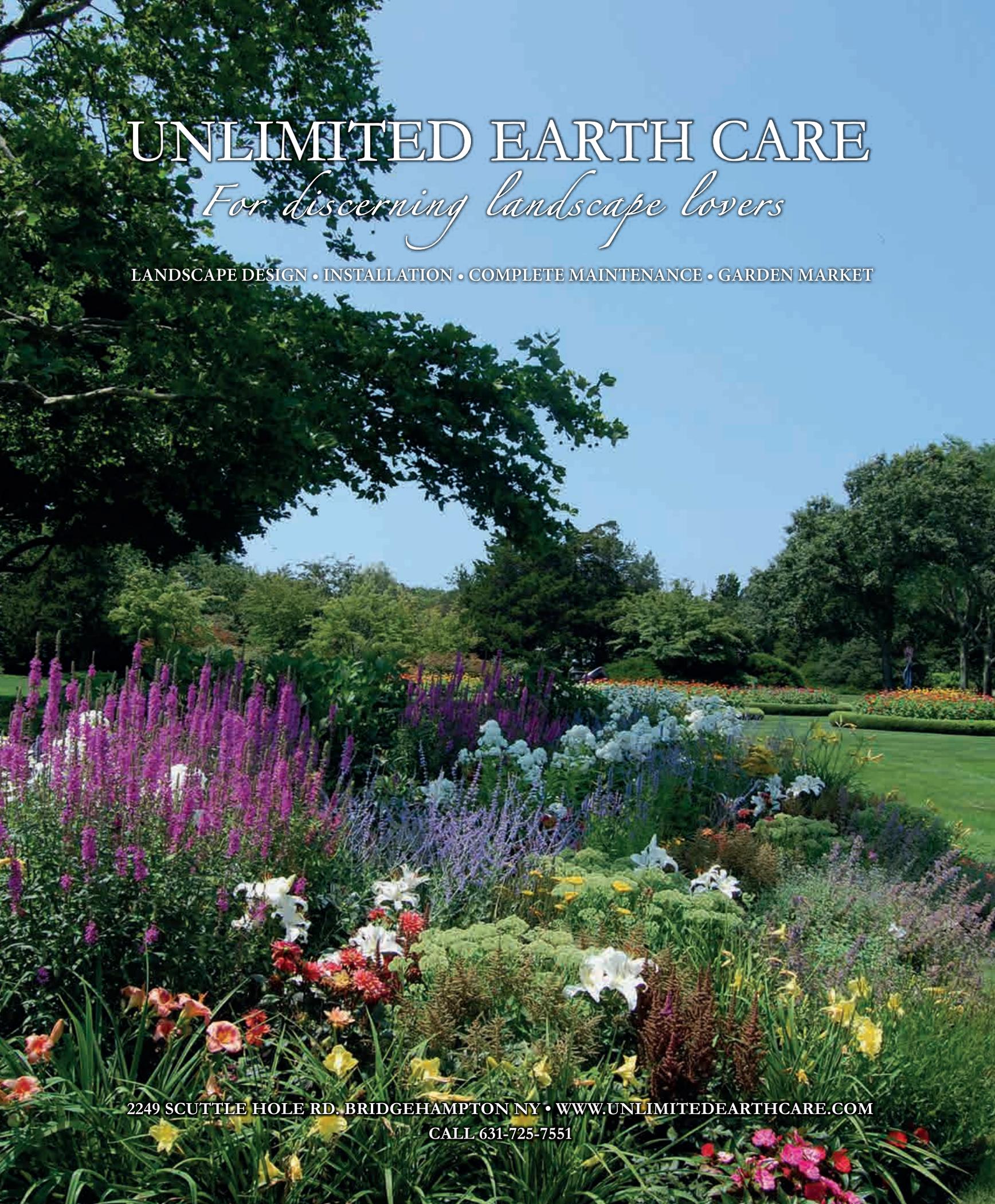
In the quaint little seaside villages of the East End, energy and vibrance are apparent due to the upsurge of full-time residents. As we embark on the summer season, we are pleased to announce that we will be hosting many exciting events including two polo matches in July; please be on the lookout for additional information which is forthcoming.

As with many holidays, we enjoy festivities celebrating with friends and family, so join with them to remember those who served in our military. Whether you are at a traditional backyard barbecue, picnic, family reunion or are merely soaking up the sun on any one of the pristine ocean beaches, you also might consider taking a scenic drive along the East End. There you can enjoy spectacular beach views, the scenery of picturesque farmland and lush greenery bathed in cascading sun and glimpses of some of the beautiful and varied wildlife that call the forests and ponds of the East End home. It is all truly breathtaking and memorable. Have a happy and safe holiday weekend!

Warm wishes,

Christine Montanti

Christine Montanti



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WATCHES

BY JONATHAN VALDEZ

It's time to hit the water and this means you'll need the perfect nautical timepiece to get yourself back to shore in time for cocktails.



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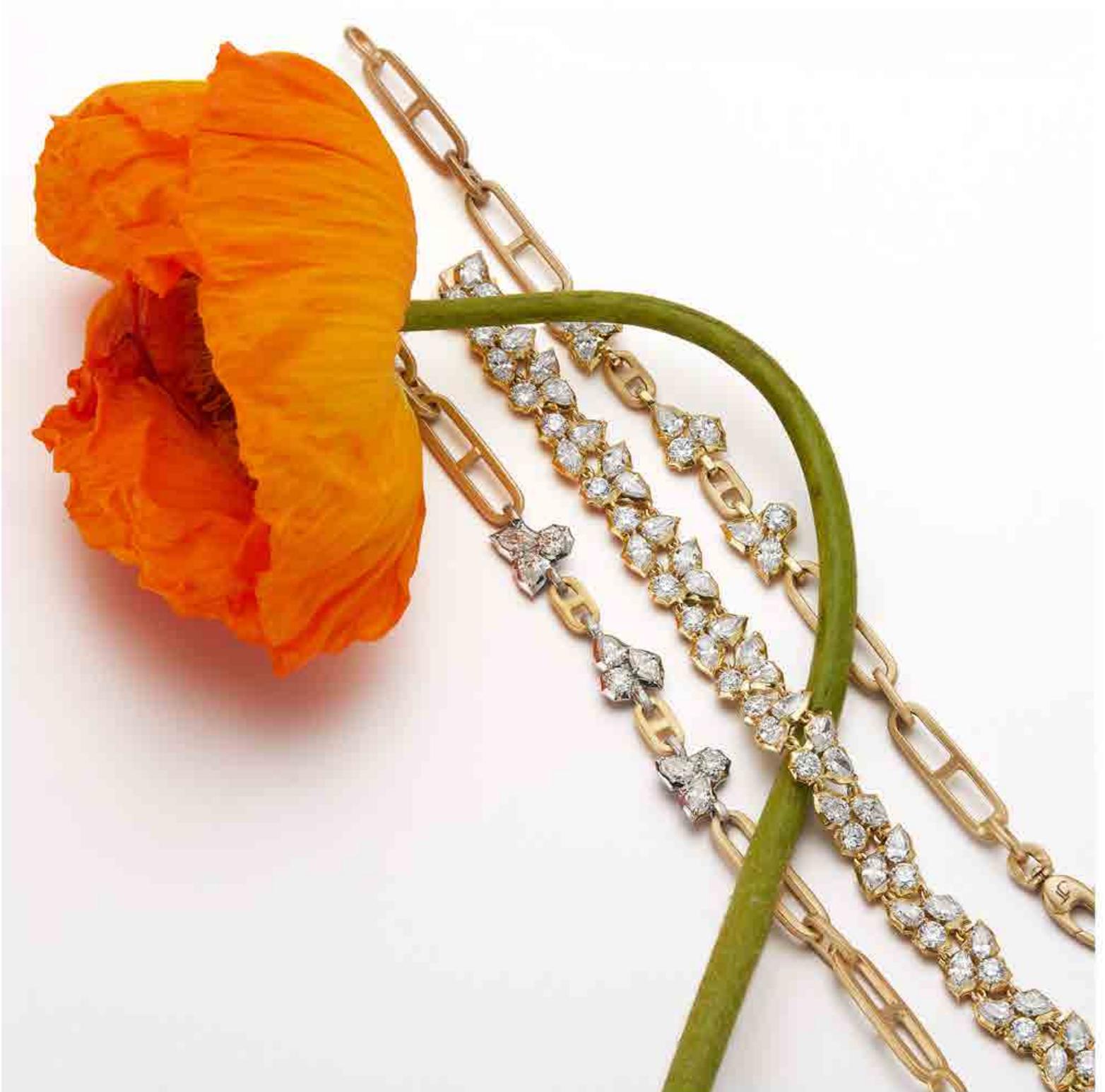
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JEWELRY

By JONATHAN VALDEZ

We've finally made it to the 2022 summer season out East and what better way to celebrate than with new baubles to pop bubbles with!



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SHOPPING

BY GREGORY DELICARPINI JR.

These shops offer an array of items for any occasion. Whether it's a walk on the beach or an evening painting the Hamptons red, these three shops know how to cater to your needs.



J.CREW

This is your one-stop shop for any look you may need this season. J.Crew looks go effortlessly from summer to autumn and will leave you looking relaxed and sophisticated at all times.

14 Main Street, East Hampton



GUCCI

The famous luxury Italian brand celebrates the second summer of its permanent and only store in the Hamptons. The iconic shop sells men's, women's, children's, and home collections. The unique boutique also offers up an exclusive capsule of bags and small leather goods embossed with "The Hamptons." Make your summer filled with Gucci!
17 Newtown Lane, East Hampton



OLIVER PEOPLES

Oliver Peoples is the perfect East Coast boutique with West Coast charm. This spot began in the Hamptons as a pop-up but is now very much here to stay. Head here for the chicest and most sophisticated frames on the scene. Your eyes will thank you.

53 Newtown Lane, East Hampton

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J/SLIDES
NYC

RUNWAY

BY GREGORY DELLI CARPINI JR.

New Denim

Denim is back again this summer! Come to think of it, denim really hasn't ever gone away. However, for summer 2022, designers have elevated denim and transformed the fabric in cool new ways. Valentino created edgy oversized denim pants while Blumarine layered various butterfly shapes of pale blue denim. Isabel Marant created dazzling denim skirts sparkling with multi-colored crystals this season. Whether you're heading to the beach or an elegant evening event out on the town, denim is the perfect summer fabric to add edge to your summer look.



Blumarine



Missoni



Isabel Marant



Valentino

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www.adamasreserve.com

ACCESSORIES

BY GREGORY DELLI CARPINI JR.

Heart It!

Wearing hearts in all shapes and sizes is one of the boldest fashion choices you can make this year. Not to mention that we all need to spread love now more than ever. To successfully rock hearts without looking like a teenager, you'll need the right accessories. Punctuate your look with this pink shoulder bag with a heart cut-out by Marco Rambaldi and a Dolce and Gabbana gold sacred heart 'DG' logo ring. For an extra edge, opt for this silver-and-blue crystal heart necklace by Vetements and pair it with an exaggerated heart-shaped top by Dolce and Gabbana.



Dolce & Gabbana



Dolce & Gabbana
Gold Sacred Heart
'DG' Finger Ring, \$495



Vetements
Silver & Blue
Crystal Heart Necklace, \$775



Marco Rambaldi
Pink Heart Shoulder Bag, \$635

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THE MALE BAG

BY ANTHONY MICHAEL



Babor

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Paskho

Getting up and going to work is a trek in and of itself, and comfort is key. Paskho is among the most luxe varieties — it's also superbly eco-friendly. With exceptional, durable fabric, the Artisan Tech Travel Pants fuse freedom and comfort through cutting-edge construction. (Pair with the Innovator polo for a truly aerodynamic look.) \$198, paskho.com



Raen

When it comes to accessories, a fresh pair of summer sunglasses is the best way to officially signal you're kicking off the season in style. Raen, which hews to a distinctly California vibe, brings quality, prestige, and a subtle twist to iconic shades. The Clyde is a personal fave. \$185, raen.com



Ron Dorff

Blending the sophistication of French style and the simplicity of the Swedes, Ron Dorff is killing it in the guys' fashion space. They get the best models, too. This summer's Beach Boy/Pool Boy lines are must-haves . . . if your bod can pull them off at the beach or the pool. Save the earth, and get started with the Recycled Polyester Marathon Swim Shorts. \$190, rondorff.com



Bag packed and ready to go: Explora

Arguably one of the best luxury adventure outfits in South America, if not the world, Explora will tap into your inner nomad, giving you many reasons to pack that bag. Our top spots include Patagonia, Easter Island, and Peru's Sacred Valley. Explora finishes off each jaw-dropping day of excursions with simple luxe at its award-winning base lodges equally well known for their cozy quarters and their haute cuisine. explora.com



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MEN THAT TREND

BY MJ PEDONE



*MJ Pedone is the founder & CEO of Indra Public Relations
@MJ_Pedone | @indrapublicrelations | indrapr.com*

Memorial Day weekend is the perfect time to spend on the beautiful East End. The bright blue skies, beautiful beaches, perfectly manicured vineyards, some of the best restaurants, charity events and luxurious homes make the Hamptons the most desirable destination to spend the summer. This edition is dedicated to wheels to take us around town and to see the great outdoors. Cheers to the start of a safe, healthy, and wonderful summer filled with great friends, great health, and serenity.



SYNAPSE HI-MOD-GRX DI2

This is Cannondale's lightest endurance frame with 2 x 11 electronic Shimano GRX shifting & carbon wheels. The light endurance allows for a smooth terrain ride for long distances. \$7,875, cannondale.com



GB 500 LOW STEP

Take your ride anywhere — public transportation or on vacation — the folding ease of the GB500 Low Step brings a whole new meaning to the word mobile. With only two folding points, you'll have no trouble quickly folding up this bike into a compact size. \$1,399, greenbikeusa.com



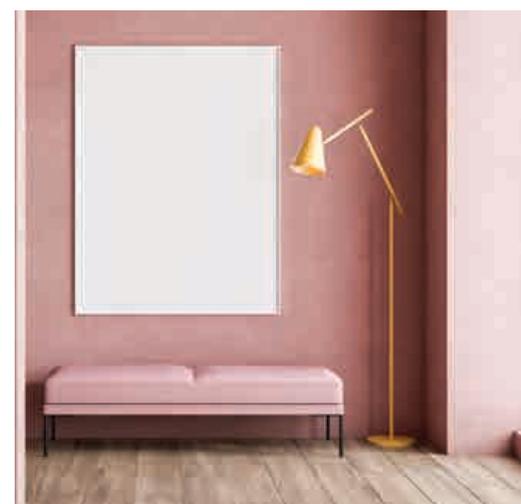
SYSTEMSIX HI-MOD DURA-ACE DI2

Fast, efficient, race-focused Cannondale bicycles engineered to get you to the finish line first. \$13,000, cannondale.com



GB FLYBY

The Green Bike USA GB Flyby 500W 48V folding electric full-suspension scooter is one of the most affordable, powerful e-scooters on the market today. Chock full of features — you'd be hard pressed to find another scooter with all of this advanced technology at this price point. Take the Flyby out for a ride and have the time of your life. \$599, greenbikeusa.com



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HOT LYSST

BY LYSS STERN



What's hot? What's in? What's #fabULyss?
 Lyss Stern, a NYC best-selling author and the founder of Divamoms.com
 is at the forefront of style, trends, and the must-have nows.
 Lyss gives moms and expectant moms the scoop on Instagram @diva_moms

Memorial Day FabULyssFinds for Divamoms



#fabULyssSummerScent

There's no better way to get into the summer mindset than a new fragrance. Introducing Ready For Rosé eau de parfum by Veronique Gabai. Magnolia is the surprise star in a bright and bold bouquet of jasmine, orange blossom, and freesia. All sweetened by a touch of juicy rhubarb and made simply divine with finishing notes of amber, cedarwood, and musk. \$260, veroniquegabai.com



#fabULyssCandle

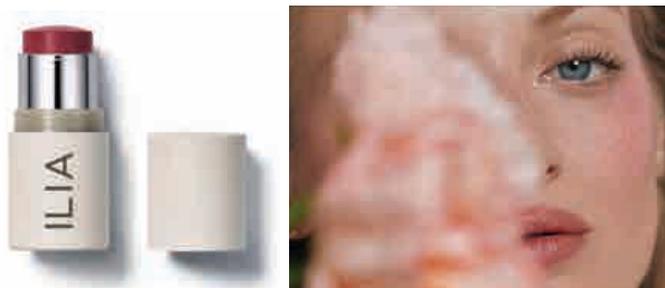
Who doesn't love a Maison Francis Kurkdjian scented candle. Enveloping and airy, the À la rose scented candle is an ode to femininity. Inspired by Centifolia roses from Grasse and Damascena roses from Bulgaria, its floral and musky scent translates the fantasy of a free spirit and the elegance of a radiant femininity into a musky floral fragrance. \$85, Saks Fifth Avenue, Neiman Marcus, Bloomingdale's, Nordstrom.

Marcus, Bloomingdale's, Nordstrom.



#fabULyssFaceMask

Dr. Jart+ Cicapair Tiger Grass calming serum mask, one of my favorites, is the only mask you'll need to throw into your weekend bag. This highly concentrated Centella asiatica serum and sheet mask soothes, calms, and strengthens. It makes skin supple, hydrated, and visibly even-toned after one use. Perfect after a long beach day. \$9, drjart.com, sephora.com



#fabULysssMultiStick

ILIA's cult-classic, clean-color stick is now in more shades and finishes. The creamy, multi-use formula melts with skin's warmth for a fresh, foolproof veil of color anyone can wear. The twist-up tube makes it easy to apply on the go — just swipe and blend for skin that looks and feels alive. Mix, match, and layer the 12 dewy and luminous shades to suit any mood or moment. Made with skin-loving clean ingredients, including shea butter, avocado oil, and orange peel wax. \$34, iliabeauty.com



#fabULysssHairCare

Rahua offers several kits that deliver pure, potent rainforest-grown rahu oil and other plant-based ingredients straight to skin and hair. My favorite is the core rituals set; it includes shampoo, conditioner, and a leave-in treatment — the essentials to rejuvenate damaged, dull hair and heal and maintain scalp health. All rahu oil is gathered via a centuries-old tradition led by women in the Amazon rainforest in a manner that preserves the indigenous rituals as well as the rainforest.

\$30 and up, rahua.com



#fabULysss Carry-All Bag

This #fabULysss carry-all bag was designed and handmade in Accra, Ghana, and is filled with hydrating body cream, hand cream, and lip balm, each made with raw, sustainably sourced shea butter naturally concentrated with essential fatty acids and vitamins A and E. \$160, mykarite.com



#FabULysssSkinCare

The Sonage Friez trio offers a face massage tool and skincare for a rejuvenating at-home facial. This trio will help refresh, protect, and rejuvenate skin with a soothing mist, NMF hyaluronic serum, and Friez icy globes facial massager. \$99 (\$120 value), sonage.com



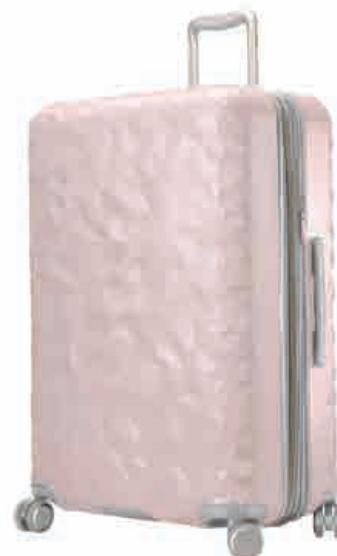
#FabULysssLips

I love Grande Cosmetics Most Loved Nudes Set 2.0, a hydrating lip-plumper set featuring three travel-ready GrandeLIPS in Clear, Barely There, and Spicy Mauve for rapid and long-term hydrating benefits. \$27, sephora.com

#DivamomsTravelBag

Perfect for traveling to and from the Hamptons. Stylish and durable, this mid-sized suitcase meant for checking-in was designed for trav-

elers who like to pack more and prefer hardside protection. Dual, smooth-rolling wheels move easily in any direction with the gentle push of the ergonomic telescoping handle. Two generous areas offer ample space for longer trips or for separating wardrobes, while organizational features like an interior divider and compression straps make packing simple. With fashionable touches and convenient features. \$169, ricardobeverlyhills.com



BEAUTY

By JEANETTE ZINNO



Summer Beauty Essentials

Celebrate the beginning of summer by supporting brands that support the ocean! These beauty brands support the environment and give back — from packaging and recycling programs to sustainable ingredients — they're on board with saving the ocean.

REEF SAFE

Chantecaille supports charities that protect wild species and spaces through philanthropy collections. The SeaScreen Sunscreen Mist is free of damaging ingredients that can bleach corals and cause them to become fragile. Sales of each product sold supports WildAid Marine and its work in Tanzania's Pemba Channel. \$70, chantecaille.com

SHIMMER TIME

At the root of African Botanics' ethos is its commitment to use only sustainably harvested wild-grown ingredients — from the sea, land, and desert. This Shimmering Gold Oil leaves skin with a subtle sun-kissed glow. Responsibly sourced marula, baobab and kalahari melon seed oils deeply soften and nourish the skin. \$110, africanbotanics.com

ANYTIME MOISTURIZER

Kypris is luxury, high-performance skincare with a gentle footprint. Organic, wild-crafted, and sustainably grown botanicals combine with the best of green biotechnology for powerful results. Introducing your perfect summer moisturizer: a day or night lightweight moisturizer infused with nature's botanicals. \$165, kyrisbeauty.com

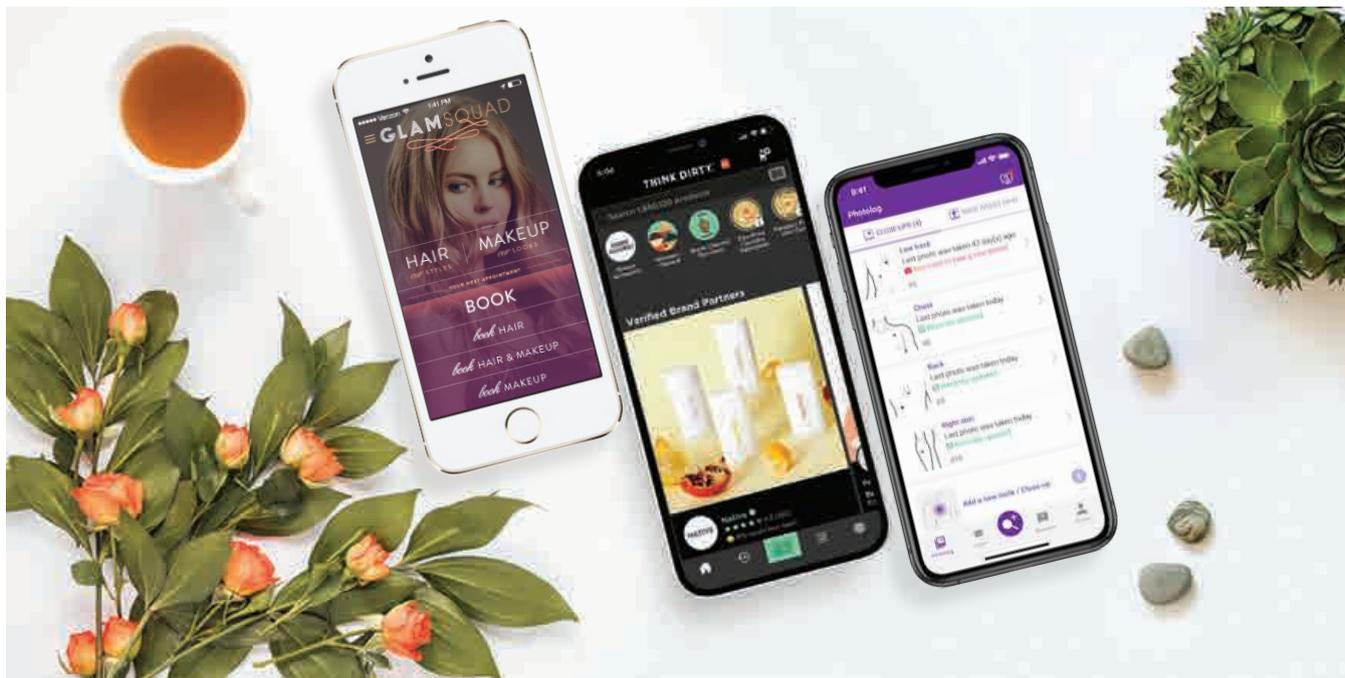
HYDRATION HERO

Every decision OSEA make comes from a commitment to treat our skin, ourselves, and our planet with kindness. The initials for ocean, sun, earth, and atmosphere are where OSEA gets its name. The Hyaluronic Sea Serum is made from ingredients from the sea like seaweed and volcanic marine ferment that work to restore moisture levels, keeping your skin hydrated all day. \$88, oseamalibu.com



Best Beauty Apps

These days, our phones assist us with just about anything, and mobile apps are only making this trend easier. Here are some of the best summer beauty apps out there.



POLISHED MANI

Polished Mani is a new mobile app that allows users to browse the nail polishes everyone else is wearing and track the polishes they've already worn. With a quick photo from their phone, users can log each of their manicures including brand and polish name, for what occasion they wore it, and whether they would recommend it. Beach day mani inspiration? Yes, please!

UVLENS

UVLens is your skin's new bestie. The app helps you stay safe in the sun by providing you up-to-date forecasts of UV intensity over the day. To most people, a UV index of 8 doesn't mean much. Understanding that you could burn in as little as 15 minutes is a lot more practical in terms of knowing the precautions you need to take to protect yourself.

ZEEL

Providers from the Zeel network travel directly to your home or workplace. Or maybe even the beach? Whether you use massage for athletic recovery, relaxation, or pain relief, you can book a session on-demand with as little as an hour's notice or up to 30 days in advance. Zeel recently rolled out at-home stretching sessions and physical therapy in Manhattan.

MIISKIN

Calling all sun lovers! Take care of your skin with Miiskin, the first AI-powered skin tracking app that helps people keep track of their skin and moles over time for the early detection of changes. The Miiskin app does not try to diagnose you based on your photos. It's simply your own tool to document changes to your skin when performing your regular skin check.

GLAMSQUAD

Glamsquad delivers on-demand, in-home hair and makeup in the Hamptons from Memorial Day to Labor Day. Look and feel your best with convenient and customizable services with just three clicks away. Their trusted beauty professionals are hand-selected and rigorously vetted to guarantee consistent, high-quality results with every appointment.

THINK DIRTY

Think Dirty's mobile app connects ingredient-conscious beauty shoppers to natural beauty brands. The platform engages both consumers and brands to make healthier and socially responsible choices when it comes to ingredients' safety and a healthy environment. So why not shop for better personal and beauty products for your health and the environment?

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PRE-WEDDING BEAUTY BOOT CAMP GUIDE BY DR. ANNA AVALIANI

THE LASER QUEEN OF PARK AVENUE

BY FRANCES GORMLEY

This is wedding season. Of course you want to look fabulous in front of so many people. Pre-wedding boot camp is for the bride, groom, wedding party, and parents. You'll be remembered in photos and videos practically to infinity.

Anna Avaliani, M.D., is a skilled cosmetic physician who can restore, rejuvenate, and improve your face and body. Turn back the clock. Turn up your appearance. If your event is six months or less from now, think about getting started.

Trust an expert. Never underestimate the importance of a practitioner's education and skill. Trust Dr. Anna Avaliani for looking and feeling perfect on your dream day (and forever after). Her bespoke treatments for face and body are carefully planned and skillfully performed in her cutting-edge office equipped with more than \$5M of gold-standard technology.

SKIN TEXTURE

PicoSure Focus — 15 minutes, no downtime — the Rolls Royce of skin rejuvenation, 4 sessions 1 month apart.

1540 Icon fractional laser — smooth, even complexion after 2–3 days of redness and some flakiness. 3 to 4 sessions 1 month apart.

BROWN SPOTS/SUN SPOTS

IPL/Photofacial — 10 to 15 minutes, minimal to no downtime.

PicoSure Focus — see above.

REDNESS/CAPILLARIES

Photofacial — 15 minutes, minimal to no downtime, just a little redness (great for rosacea).

Nd:YAG — 15 minutes, totally painless laser facial for diffuse redness, no downtime.

SKIN TIGHTENING

Tempsure Envi for face — 40 to 50 minutes, no downtime, several sessions.

Tempsure Firm for body — 3 hours or less (depending on number of areas), no downtime, several sessions.

PDO (lifting threads) — 30 to 60 minutes, maybe redness and swelling for a few days.

Ultherapy — 2 hours, no downtime, one session.

RF Microneedling (Genius RF) — 3 days of redness and some peeling.

APPEARANCE BOOSTERS . . .

Dr. Avaliani's medical skill is matched by her artistry. Both are critical to safe and fabulous results.

Botox/Dysport are practically miraculous treatments to lift brow for bigger eyes • eliminate crows' feet, bunny lines & frown lines • upturn mouth corners • correct a gummy smile • create a fuller upper lip (lip flip) • slim jawline • vanish neck bands • stop sweating.

Fillers can magically fill in under-eye troughs • plump and contour hollow cheeks (no alien look ever!) • create kissable lips • lift eyebrows and temples • hide a nose bump & lift the tip of the nose • contour and enhance a chin • define jawline • reshape earlobes.

Lose fat permanently with EmSculpt, EmSculpt Neo, and SculptSure, CoolSculpting Elite, and Kybella, the non-surgical alternatives to liposuction.



Dr. Avaliani is a national GAIN trainer and a master injector. She is committed to a natural look, never overdone.

Dr. Avaliani and her team always strive to deliver the best in every way, a medically sound and safe, aesthetically pleasing, and most comfortable experience possible. She can administer Pro-Nox (laughing gas) when requested or needed for comfort and to lessen anxiety.

Be beautiful happily ever after.

Anna Avaliani, M.D.
30 East 60th Street, Suite 1100
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MEDICAL

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Psoriasis
Eczema
Warts
Skin Cancer
Rosacea
Hyperhidrosis
Melasma
Moles

COSMETIC

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Filler Injections
Chemical Peels
Microneedling
Laser Treatments
Platelet-rich Plasma
truSculpt iD®
ThreadLift

SURGICAL

Skin Cancers
Malignant Moles
Cysts
Mucosa
Lipomas
Unwanted Growths

AESTHETIC

Truly Hydrating Facial
Deep Pore Cleansing
Diamond Anti-Aging
Truly Brightening
Laser Hair Removal
Laser Tattoo Removal

CAMP FOR MOMS

BY LYSS STERN
HEIDI GREEN PHOTOGRAPHY



Wendy Siegel and Lyss Stern

Every mom on the planet wants to throw in the towel for 48 hours. Amid the tears and tirades of life emerged a brilliant idea: Give fellow females a place to bond and blow off steam in a real summer camp. The Moms Time Out Getaway was born in Sept. 2020 and had its latest weekend escape earlier this month. The campers (more than 50 women from assorted walks of life and menopausal stages) let loose, explored their passions and possibilities, unplugged, and found themselves — with both funny and surprising results.

The brainchild of moi, 48, and Wendy Siegel, 53, the camp is situated at Camp Tyler Hill, a 220-acre campus in the Poconos, two hours from New York City. Siegel and her husband, Andy, own the camp, which hosts children throughout the summer months. The moms' weekend, however, was entirely family-free. It's moms getting three solid days off for good behavior. Mothers' mental health is in crisis — we're all on the verge of nervous breakdowns.

The goal was to provide mothers a chance to kick back and just *be* — sans kids, spouses, work and life obligations. The adventure was eye-opening: new friends, new experiences, new attitudes emerged in a setting that allowed these women to meditate, vent, and, of course, party. We sat around a campfire at night roasting s'mores. There were energy-healing sessions, yoga, wine and tie dying classes. I was constantly amazed at how cathartic it was, how much women needed this.

At our last camp, a group of us were literally howling at the moon, channeling our inner she-wolves!

Aside from the fun and games, the camp takes it mission seriously. The media has continued to sound the alarm that moms are not okay; the *New York Times* even created an online series, "The Primal Scream," for women to vent their fears and frustrations. A new national survey reveals that four in ten women are reaching their breaking point with regard to mental health and 72 percent say they "just need to take a break." How many times do we need to hear it before we do something. The sad reality is that moms are so busy caring for everyone else, they neglect themselves. We are expected to be caregivers and nurturers, but it's taking a toll on our mental and physical health.

The camp not only provides a much-needed time-out but also sets moms on a new track. When they leave, they're not the same people who checked into their bunks on Friday. They're empowered and recharged, and they feel heard and validated. The idea is to give women the tools to continue down this path. One weekend of peace can change their lives and literally save them.

► For more information on the next Mom Time Out Camp Retreat follow [@diva_moms](#) on Instagram. A dads' time out retreat is being planned for the fall. We have both moms and dads covered.

SUMMER IS COMING . . . HAVE YOU CALLED DR. GREENBERG YET?

BY CARA VINDMAN



“Bathing suit season is almost here and many exciting new technologies are making cosmetic procedures quicker, safer, and easier while providing beautiful and natural-looking results,” says the award-winning, celebrity plastic surgeon Stephen T. Greenberg, M.D., F.A.C.S., of Greenberg Cosmetic Surgery and Dermatology. If you’re concerned about how signs of aging are impacting your image, Greenberg Cosmetic Surgery and Dermatology offers cutting-edge anti-aging solutions to rejuvenate the face and body for a more youthful appearance.

Confidence booster extraordinaire, Dr. Greenberg is actively implementing his innovative approach to beauty by performing rapid recovery procedures, such as mini face lifts, breast augmentations, breast lifts, and breast reductions as well as body slimming and trimming procedures daily at his contemporary facilities. “Given the fast-paced lifestyles of today, it is crucial to take an individualized surgical approach to ensure the most dynamic results,” says Dr. Greenberg. “People want to look as young as they feel, and are now taking steps towards meeting that goal.”

A mini facelift can be very effective for the right patients. Dr. Greenberg provides a comprehensive evaluation where he discusses goals and unique requirements with each patient to determine the best course of treatment. An individual treatment plan is essential to providing the most natural outcomes possible. Patients will see a refreshed and rejuvenated result with a mini facelift that uses micro-incisions, resulting in very little downtime. Dr. Greenberg has his mini-lift patients restaurant-ready in a matter of days!

Sometimes patients desire a more comprehensive treatment plan that may include breast procedures, liposuction, tummy tucks, body lifts, full facelifts, and eyelid lifts and even non-surgical treatments

like cosmetic injectables, lasers, and med spa services. “Our goal is to make patients as happy and beautiful as they can be! We treat patients in a caring, safe, and luxurious environment. The best candidates for cosmetic procedures are those who want to look their best by improving upon their natural beauty,” says Dr. Greenberg.

Dr. Greenberg says that oftentimes the combination of surgical and non-surgical treatments creates the most natural and best results. He has performed thousands of procedures over the past twenty-seven years and delivers the utmost care at his state-of-the-art surgery centers in Manhattan, Woodbury, Southampton, Smithtown, and Boca Raton, Florida. “It is of the highest importance to me that each patient gets the best results suited to their unique features. I use cutting-edge imaging to help patients visualize their surgical results and mentor them on how a natural-looking and effective outcome will have a significant impact on reaching their goals. Our commitment, first and foremost, is to our patients,” says Dr. Greenberg.

Greenberg Cosmetic Surgery and Dermatology offers complimentary consultations to answer questions and provide information about procedures, expectations, and anticipated results. Greenberg Cosmetic Surgery and Dermatology will have you beach-ready, looking and feeling your best while wearing less and showing more. Make this your best and most beautiful summer yet!

Call Greenberg Cosmetic Surgery and Dermatology today to schedule a complimentary surgical or injection consultation.

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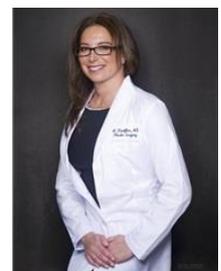
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SMALL-SPACE GARDENING

BY L. A. DAWSON



L.A. Dawson is the author of articles, self-help books, and novels. As a certified health and life coach, she is also an inspirational speaker and resides with four happy canine friends. Dawson's motto is to always lead with love.
 @authorladawson | authorladawson.com | liveandheal.com



An apartment garden, especially one with a balcony, can be as lush and vibrant as its backyard counterpart. Accessing your light situation is your No. 1 priority. Choose a variety of colors, flowers, vegetables, and herbs to make your small space garden radiate with life. Do some quick research to see which plants need more light than others, and determine if you want to plant inside, outside, or both. Let your imagination do the rest.

Imagine romaine lettuce planted next to purple pansies. Try using different shapes and heights for the planting pots, or use creative containers you have in your home. Brightly colored pots will give your plants some extra visual beauty. If you enjoy growing your own herbs and vegetables, try planting them in a larger planter surrounded by verbena or portulaca. These all need bright light and would do well together.

Consider organic gardening by using egg shells or coffee grounds as plant food, especially on herbs and vegetables.

One pot dedicated to lettuce creates a beautiful palette. If you want to try zucchini and cucumbers, use a larger pot to allow room for the vines. Pot your plants with potting soil that is appropriate for your specific plants, to give your seedlings or plants the best opportunity to grow. Sit back and enjoy your effort and the beauty it created. Small space gardening is five simple steps away.

1. Decide where in your apartment you want to garden.
2. Access your lighting.
3. Shop for seeds or plants.
4. Collect flower pots: an old shoe, a pretty bowl, a tall pot.
5. Plant with an eye for pleasing color combinations and enjoy.

SUN PROTECTION FOR SUMMER 2022

BY LIANA WERNER-GRAY



Applying sunscreen and staying out of the sun is the most obvious way to protect your skin from the sun. But when it's summer and you are out and about, it's impossible to avoid some of the reflecting rays, and, of course, you may want to spend some time enjoying outdoor activities. It's become more known in the last couple of years that sunscreen can be more harmful than helpful. Most sunscreens are filled with harmful chemicals that can actually be toxic. A list of sunscreen chemicals to avoid is below.

A common chemical in sunscreen is oxybenzone; it's a synthetic estrogen that penetrates the skin and can disrupt your endocrine system. More than half of the beach and sports sunscreens in the marketplace contain oxybenzone. Oxybenzone's primary function is to absorb ultraviolet light, but staff at the Environmental Working Group (EWG) and other toxicology experts believe that oxybenzone is linked to hormone disruption and potentially to cell damage that could lead to skin cancer. According to Steve Kronening, ND, cases of thyroid disease have increased over the last few years. The culprit has been found to be sunscreen with high levels of, you guessed it, oxybenzone. Kronening says, "When your thyroid gland absorbs this chemical, it causes an increase in the hormone

TSH (thyroid-stimulating hormone) along with a decrease in the hormone thyroxine (T4). This change in hormone production is what causes hypothyroidism (where the thyroid does not produce enough thyroid hormone). The chemical also increases the weight of the thyroid gland — another indicator of thyroid suppression. The more you use this chemical, the worse your hypothyroidism becomes."

Instead of a sunscreen with toxic chemicals, use a natural mineral sunscreen consisting of organic ingredients that actually works and doesn't leave you looking completely white. According to the EWG, we should look for mineral products that include zinc oxide, titanium dioxide, 3% avobenzone, or Mexoryl SX. These ingredients protect skin from harmful UVA and UVB light rays. Finding quality sunscreens like this in today's market is tough; however, there are some out there. If I'm in the sun for more than an hour or two I make sure to use extra protection by applying a natural mineral sunscreen. I love the sunscreen that the brand Olita makes. It's made with organic ingredients and doesn't contain damaging ingredients! It's been vetted and approved by the EWG, ensuring that it doesn't contain any disruptive chemicals that would harm our health or the environment. Olita is a mineral sunscreen that is certified organic, EWG certified, non-GMO, and reef safe! Olita goes on smooth and blends into the skin unlike other mineral sunscreens that leave the skin white and pasty. Olita sells a variety of sunscreen products to use after a day in the sun. I also love the coconut oil After Sun that hydrates my skin.

Second, protect your skin from the inside out! Many people are fatigued because of the chemicals that they ingest or absorb into their bodies. Removing as many toxins as possible is ideal, and you can actually protect yourself internally by eating the foods below:

- ✓ **Tomatoes**
- ✓ **Watermelon**
- ✓ **Papaya**
- ✓ **Grapefruit**
- ✓ **Guava**
- ✓ **Red bell pepper**
- ✓ **Mango**
- ✓ **Asparagus**
- ✓ **Red cabbage**

The registered dietician and skin-cancer survivor Anne Cundiff recommends increasing your consumption of lycopene-rich foods. She says this powerful antioxidant “tends to act as a natural sunscreen, providing an SPF of 3 or 4 from the inside out.” In addition, lycopene helps protect skin from free radicals as the sun’s rays are helping cells synthesize vitamin D.

*To prevent or heal skin cancer,
try preparing meals that contain:*

Beta-carotene

carrots, kale, mango, spinach,
squash, and sweet potato

Curcumin

(turmeric and curry)

Epigallocatechin gallate (EGCG)

and **polyphenols**

cacao, garlic, green and black tea,
oregano, rosemary, and thyme

Lutein

collard greens, kale, and spinach

Lycopene

apricot, guava, ruby red grapefruit,
tomato, and watermelon

Selenium

Brazil nuts and some meats

Sulforaphane and a variety of other phytochemicals, minerals, and fiber

cruciferous veggies like broccoli,
brussels sprouts, cabbage, cauliflower, and kale

Vitamin A

sweet potato and egg

► Olita will also be one of the brands participating in *Social Life's* 6th Annual Healthy Guru fitness, wellness, and beauty event on August 20th at the Southampton Arts Center. There you can sample Olita products as well and buy them to stock your beach bag and suitcase — great travel size options are available.

**For 10% off Olita sunscreen,
use code: LIANA at OlitaShop.com**



Tips when choosing sunscreen:

Avoid sunscreens that contain chemicals below that are linked to cancer, autoimmune disease, allergies, anemia, endocrine disruption, and skin irritation.

- | | |
|------------------|-------------------------|
| ✗ Benzene | ✗ Fragrance |
| ✗ Phenoxyethanol | ✗ Ethylene oxide |
| ✗ 1,4-dioxane | ✗ Propylene glycol |
| ✗ Chlorphenesin | ✗ Homosalate |
| ✗ Salicylic acid | ✗ Trimethylcyclohexanol |
| ✗ Octocrylene | ✗ Oxybenzone |
| ✗ Avobenzene | ✗ Octisalate |
| ✗ Octocrylene | ✗ Octinoxate |

Keep in mind that our skin is the largest organ, and whatever we put on our skin gets absorbed and distributed throughout the body. This is why so many people are fatigued because of the chemical overload they put into their bodies. Removing as many toxins as possible is ideal.

► Liana Werner-Gray is a nutritionist, natural food chef, and best-selling author of *The Earth Diet*, *Cancer Free with Food* and *Anxiety-Free with Food*. She is the founder of Liana's Organics: Anxiety-Free Supplements.

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DR. DAVID PINCUS

BY EKATERINA WARD

The road to plastic surgery success is paved with names that have been in the industry for decades, revered for their craft, and labelled as innovators. However, with the onset of an evolving social time follows an evolution of beauty and idealism. The next generation of visionaries are making their mark with the understanding that beauty is no longer coupled with the concept of perfection or fits a mold, that of a “model.” As the next generation takes the helm of plastic surgery royalty, Dr. David J. Pincus has soared into stratospheric success by being at the forefront of innovative, impeccable work that has been catered to the most important component of any plastic surgeon’s career — his patients.

Dr. David Pincus conceived Pincus Plastic Surgery in 2018 and has since risen to colossal accomplishment. His patient clientele has increased over 700%. He is one of the most sought-after surgeons in New York with a fully booked surgical schedule through May 2022 and an extensive waiting list eagerly anticipating a cancellation.

Many have questioned how it is possible to skyrocket to such a level of success in this short period of time when Pincus Plastic Surgery is a practice where one surgeon does it all. The answer goes back to the most essential and simple way of practicing medicine— sheer talent and individualized patient care.

The secret to his success is not linked to the most talked about phenomenon of visual social media nor the new concept of doctor shopping online. It is quite the opposite. His secret is the rudimentary practice of individualized patient care without the current trend of outsourcing care to other surgeons under his umbrella nor any visual social media phenomenon. These new age concepts that the current literature speaks to only gets you so far as a surgeon that relies on visual results.

The intent and care of Dr. David Pincus can certainly make an impression on a patient at their consultation, but the true talent of a surgeon can only speak to you through the results of their work. As the saying goes, his results speak volumes. Dr. Pincus does not believe in a mold or ideal of the human shape. His objective is to empower his patients by helping them achieve their individualized concept of beauty and confidence.

The success of Pincus Plastic Surgery is due to the unfiltered, unadulterated talent of a surgeon that was cultivated by 18 years



of training in Miami, Boston, and Paris in order to achieve the expertise needed to be extraordinary. For Dr. Pincus, it most certainly did not take a decennary to become a trailblazer in his area of expertise. But as we all know, giving yourself the title of an expert in any field is completely different from proving your brilliance and talent. Dr. Pincus has most certainly proven his title as an innovator and continues to persevere. After 3 years of practicing in Smithtown, Long Island, Dr. Pincus is now opening up his 2nd office in Boca Raton, Florida.

Pincus Plastic Surgery
pincusplasticsurgery.com

THE BENEFITS OF EATING ORGANIC

BY KRISTY ROWLING



Photography by Debra Somerville

Some people are skeptical about the benefits of buying organic food. Is the price tag worth it? As a nutritionist, I feel wholeheartedly that buying organic, when possible, is the best choice, not only for my own health and but also for the health of the planet.

Let's look at what organic food is, the science-backed health benefits of eating it, and shopping tips that will help you save money when buying it.

Organic agricultural products must meet the following requirements to carry the organic label:

- ✓ No interaction with GMOS (genetically modified organisms)
- ✓ Grown without the use of synthetic substances, pesticides, or herbicides

- ✓ Specific maintenance and enhancements of soil and water quality
- ✓ Grown in soil that had no prohibited chemicals applied for at least three years

Studies have shown that an increased intake of organic foods is associated with reduced incidence of infertility, birth defects, allergies, middle ear infections, pre-eclampsia, metabolic syndrome (high blood pressure, high sugar, abnormal cholesterol levels, and excess fat around the waist), high BMI, and non-Hodgkin's lymphoma.

A 2018 study published in JAMA (Journal of the American Medical Association) demonstrated that an increased consumption of organic foods was associated with a lower risk of cancer. Choosing organic foods reduces our exposure to

pesticides and herbicides. Glyphosate is the most widely used herbicide for conventional farming in the world. In 2015, the World Health Organization's International Agency of Research on Cancer (IARC) classified it as a probable human carcinogen (cancer-causing agent). A 2019 study reported a 41% increased risk of developing non-Hodgkin's lymphoma among workers exposed to glyphosate-based herbicides. A 2014 study that reviewed 343 peer-reviewed studies found that pesticide residues were four times higher in conventional crops. The same study also found that 94% of organic produce was free from pesticide residues.

Opting for organic foods can help us maximize the nutrients we get from what we eat. This is important given that studies demonstrate an ongoing decline in key nutrients in produce, including protein, calcium, phosphorus, iron, riboflavin, and ascorbic acid.

Some research even shows that organic foods contain more nutrients than conventional produce. Organic farmers also rotate their crops and utilize composted animal manures and green manure crops to improve the nutrient density of the soil. One well-conducted meta-analysis comparing organic and conventional crops found that organic crops had significantly greater antioxidant activity and increased bioactive phytonutrients, which are anti-inflammatory and help boost the immune system. Another comparative study calculated nutrient contents of organic and conventional produce and grains and found higher levels of vitamin C, iron, magnesium, and phosphorus in the organic crops.

And, it's not just organic produce that is superior. In addition to reducing your exposure to harmful pesticides, eating organically can reduce your exposure to hormones and antibiotics. Organic beef and poultry are raised on 100% organic feed and never given antibiotics or hormones. Their meat is also never irradiated. Yet another study that compared conventional and organic meat found improved nutritional composition in organic meat, with a 47% increase in total omega-3 fatty acids and no major difference in total fat composition. It is worth noting that purchasing grass-fed and pasture-raised meat provides additional nutritional benefits.



The following are budget-friendly ways to add more organic foods into your diet:

- ✓ Buy organic frozen produce, which can be less expensive and last longer than fresh.
 - ✓ Fill up your plate with more vegetables. We often are not eating enough vegetables, thereby eating more animal protein, which is more expensive.
 - ✓ Buy a membership to a big store like Costco, which can provide a discount on bulk organic produce.
 - ✓ Eat what's in season, as that will always be less expensive.
 - ✓ Grow your own organic produce!
 - ✓ Don't worry about eating the inorganic versions of the following: avocados, pineapple, onions, asparagus, honey dew melon, kiwi, mushrooms, cabbage, cantaloupe, mangoes, watermelon, and sweet potatoes. They have the least amount of pesticide residue according to the Environmental Working Group.
 - ✓ Finally, buy organic items on sale and throw them in your freezer. The same goes for organic fruit or vegetables in your refrigerator. If you are not going to eat them by the time they go bad, just freeze them.
- ▶ Remember, health is an asset, and it requires long-term investment.

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DR. STEVEN R. FOX

THE FATHER OF DENTISTRY IN THE 21ST CENTURY

BY DANA JACA

While many professionals claim to be the most highly qualified cosmetic dentists in the world, it's Dr. Steven Fox who is internationally known for revolutionizing oral care. He called upon by a who's who of royals, celebrities, and other luminaries to design perfect veneers, achieve outstanding whitening, or perform more complicated reconstructions like implants. But in addition to this, he's developing a non-narcotic, non-opioid drug to treat neuropathic chronic pain. This impressive feat could help end the opioid crisis!

Dubbed the "father of dentistry" in the 21st century by a Nobel laureate for chemistry, Dr. Fox shared more about all the good work he is up to these days.

You've worked with some of the most prominent names and oral care companies in the industry. Can you tell us about this?

In partnership with the U.S. Government and the American Dental Association, I developed many of the products used in oral care, from the back-end products used to ensure proper placement of veneers and crowns to some of the formulations that make toothpaste as advanced and effective as it is today.

In 2018, I founded Akelos Inc., a bio-pharmaceutical company that is developing a non-narcotic, non-opioid drug to treat neuropathic chronic pain. I have collaborated with researchers from Weill Cornell Medical, a winner of a Nobel Prize for Chemistry, a former United States Senate majority leader, chief counsel to the FDA, a renowned professor at Harvard Medical School, and the director of neuroscience at Pfizer. I am grateful for being able to bring together some of the brightest minds in the industry.

What are your patients focused on right now?

As people begin to live life again, they want to look and feel their best. The first thing people see is another person's teeth. And then there's another person's breath. These things can make or break an experience. Helping people is my forte and my passion, and there's no time like the present to truly improve your presence.

How do you help with bad breath?

Halitosis — as doctors call bad breath — bad taste, and periodontal disease occur because of a bacterial imbalance



in the mouth. It's possible for a bacterial infection to travel through the bloodstream to other areas of the body and contribute to systemic disease. I recently founded Fox Fresh Breath Dental, a highly specialized NYC practice where we use high-tech diagnostic equipment to analyze the bacterial imbalances of the mouth and apply evidence-based prescribed treatments, developed over 40 years, to cure bad breath and treat periodontal disease with a non-surgical solution. Bad breath is eliminated, and other potential health issues may be reduced or avoided altogether.

Steven R. Fox, DDS

110 East 40th Street, Suite 406, New York

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drstevefox.com

foxfreshbreathdental.com

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DR. ROBERT SCHWARCZ

THE NATION'S TOP OCULOFACIAL PLASTIC & RECONSTRUCTIVE SURGEON

BY CHRISTINE MONTANTI



It's not surprising that the country's leading cosmetic Oculofacial Plastic and Reconstructive surgeon is NYC based Dr. Robert Schwarcz. He is one of only 650 surgeons nationwide to be admitted to the American Society of Oculofacial Plastic and Reconstructive Surgeons (ASOPRS). In addition to being double board-certified Dr. Schwarcz, undisputedly, has had more training for eyelids than any other type of cosmetic surgeon. Known for achieving natural looking results and for his skill and precision in cosmetic surgery, Dr. Schwarcz is in high demand and has catered to many well-known clients. He is requested not only for his specialty in eyelid surgery including eyelids, midface and brows but also for many other surgical and non-invasive procedures including facelifting, neck lifting, injectables and of course as seen in *W* magazine he is the go-to post blepharoplasty botched surgery cases.

Dr. Schwarcz's extensive training and skill in Ophthalmology led him into Oculoplastics and cosmetic surgery causing him to become one of the most celebrated cosmetic Oculofacial plastic surgeons around. He offers surgical procedures including anything and everything for the eyes: blepharoplasty, which is lifting of the eyelid, ptosis repair which is muscle surgery to open the eyelid wider, lower eyelid surgery including bag removal, and brow lifts. "What I like so much about my specialty is that it is precision surgery; unlike like large flaps, everything is very precise and refined. I started off my residency medical career operating with a microscope," explains the NYC based surgeon.

What is even more unique about Dr Schwarcz is that he offers a boutique practice at two locations, NYC, and Scarsdale, New York where he provides patients with one-on-one care.



He performs all consultations, surgeries, post-operative visits, and injections himself. Dr. Schwarcz explains, “My practice is truly white glove. I do everything myself, and I don’t delegate anything; I take out my own sutures. If you get a facelift, you are put up in a nearby hotel with an overnight nurse, and I come to your bedside the next day. I have been doing this for years. It’s the necessary hand holding needed for top notch quality care.”

Dr. Schwarcz also enjoys living a healthy plant-based and active lifestyle, and as a result, he recently launched Orvos Skin Science, a three-piece skin care collection that is a plant-based, medical grade antioxidant skin care system. He believes it is equally important not to have any chemicals in your body as well as on your body. Orvos delivers visible results to all skin types, addressing primary skin concerns including dullness, age spots, hydration, fine lines, and even skin tone. Every ingredient is carefully curated with the highest possible concentrations to create radiant, glowing skin. “I always felt that most plant-based product lines don’t have as many chemicals in them and therefore are unable to accomplish as much, so I was on a mission to accomplish more. Orvos Skin Science is loaded with natural ingredients. I substituted a lot of the chemicals needed to create a certain effect with mimickers: instead of a retinol, I substituted plant-based fruits like Bakuchiol, and

instead of ascorbic acid and vitamin C, I put in Kakadu plums and a lot of other fruit-based acids as well.”

The renowned surgeon explains that being in plastics is the only discipline of medicine that allows for creativity and doesn’t follow an algorithmic approach. Dr. Schwarcz describes, “If you have a heart attack, then you follow the pathways of treatment and see five cardiothoracic surgeons who will all say the same thing, that you need this done and this is how you do it. Whereas, if you see five plastic surgeons, you are going to get five different opinions about five different ways of doing things and five different assessments of what needs to be done. Although it may be confusing for the patient, for me it allows for full creativity.

Everyone uses that “catch” word “natural-results.” I have been true to that from the inception of my practice 15 years ago; I don’t overdo it. I don’t overpull because I like to keep it natural, and I base everything on how you looked 20 years ago instead of on how someone else looks. I require every consult to bring in old photos of themselves. I don’t change someone’s face or appearance; I reset it, and that is what I think is different.”

► To schedule a consultation and appointment with Dr. Robert Schwarcz please call **212.396.4400**.

WHITE GLOVE MEDICINE

URGENT CARE AND WELLNESS IN THE COMFORT OF YOUR OWN HOME

BY LAURA ROTHSCHILD

Dr. Temur Chowdhury



White Glove Medicine (WGM) is a practice designed to bring medical services directly to you. It's a fact that sometimes you need urgent care. Perhaps your child gets injured playing sports and needs stitches. You have a pesky headache and sore throat that won't go away. You need relief from a hangover or tiredness. You want a vitamin boost for extra wellness. Or maybe you simply need a last-minute test (with fast results!) or vaccination for travel. Why chance it with possibly

having to wait to be seen by a provider at a walk-in clinic or urgent care facility. Bring exceptional care right to your own home!

White Glove Medicine currently does not require a membership. No waiting on frustrating lines or seeing a practitioner with a less than an ideal bedside manner. With years of experience, WGM creates a plan of action that is personalized just for you. From infancy to geriatrics, this practice offers examinations, diagnoses, treatments, and ongoing wellness plans for both adults and children. Services cover both preventive and urgent care and include house calls, testing (including PCR), phlebotomy procedures as well as at-home diagnostic imaging.

Wellness infusion is becoming increasingly popular. An IV can be customized to restore hydration, reverse fatigue, boost brain health, and up levels of vitamins B12, C, and D. WGM's infusions also include NAD (a co-enzyme that delays aging) and glutathione (aka the master anti-oxidant). We hear same-day appointments are available as well!

MEET DR. TEMUR CHOWDHURY WE JUST LOVE HIM!

Dr. Chowdhury is the founder of WGM and lives and works right in Southampton, and *Social Life* editors can attest to the fact that he is one of a kind. He completed his residency training at the University of Minnesota, one of the top five family medicine residency programs in the United States. Upon graduation, he decided to return home and service the East End, and he's been involved in patient care at many different acute levels.

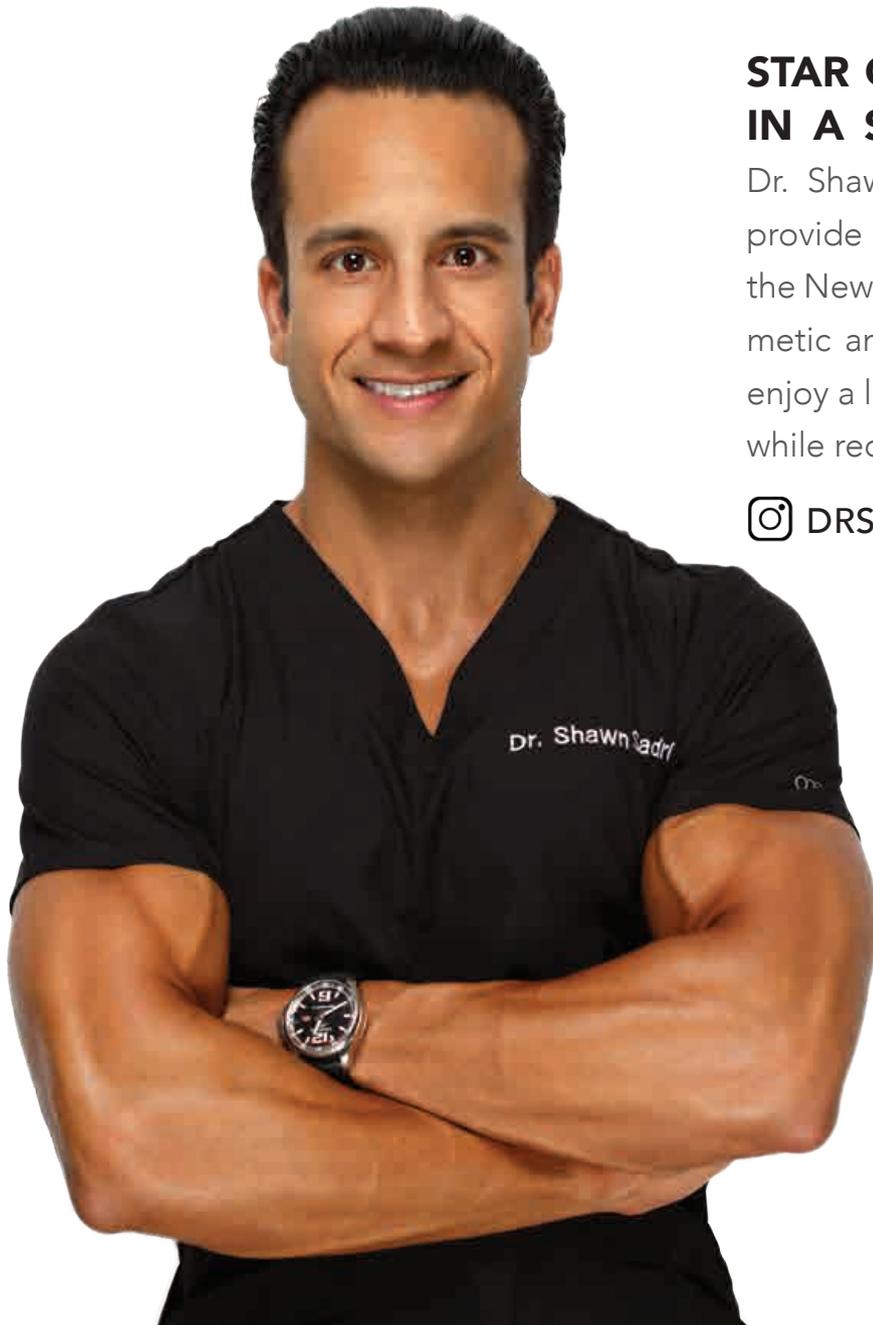
Dr. Chowdhury has been on the faculty at Northwell Peconic Bay Medical Center and Go-Health urgent care. Also an assistant clinical professor in the Department of Family, Population, and Preventive Medicine at SUNY Stony Brook Medicine, he is committed to training future family physicians.

Trust us, you'll love (and trust) him too!

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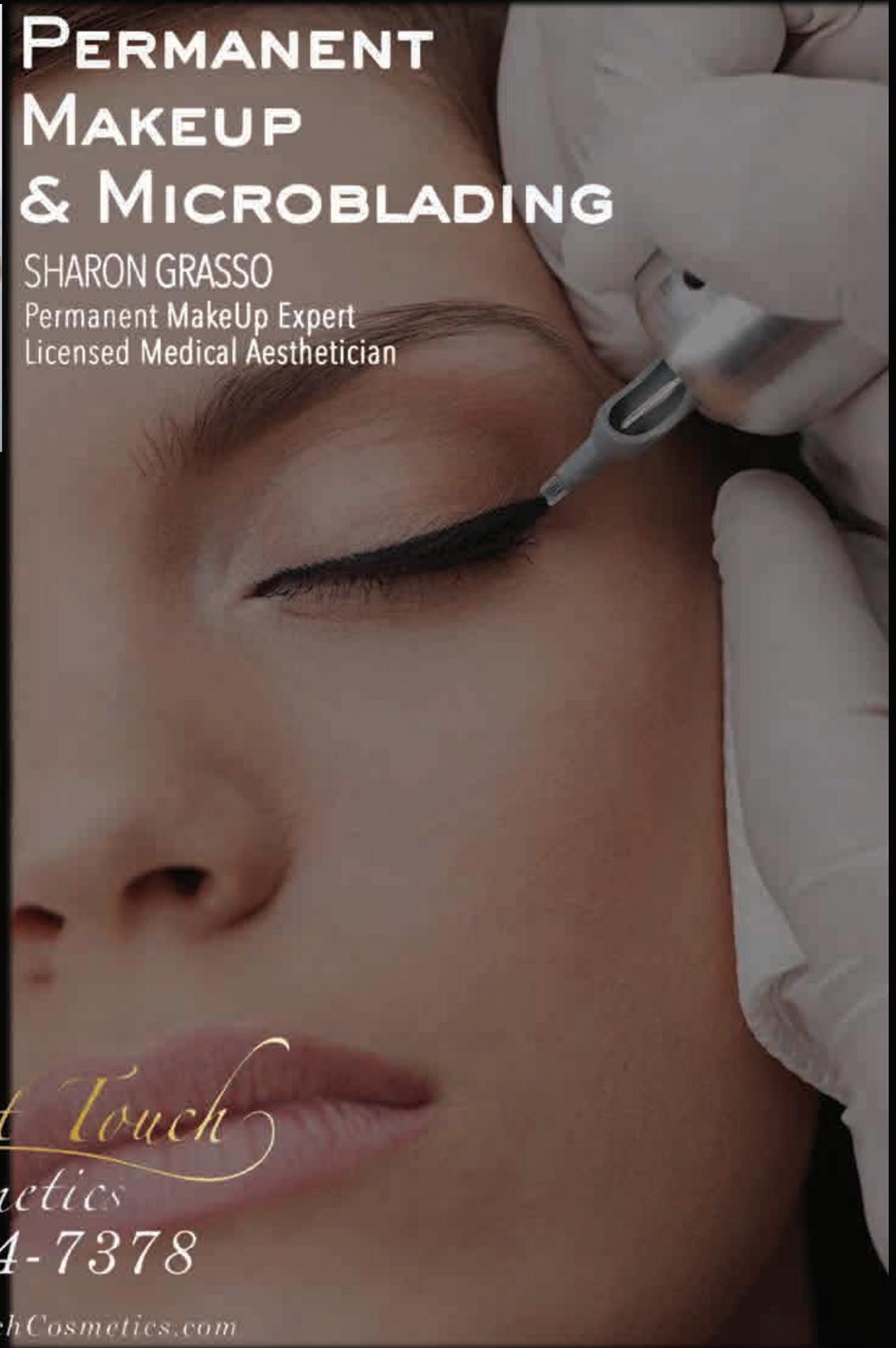
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DR. KENNETH MARK

COSMETIC DERMATOLOGY

BY BENNETT MARCUS



Aleksandra Milicevic and Dr. Kenneth Mark
at Samuel Waxman Foundation

HAMPTONS, SOHO & ASPEN

As an avid skier, outdoorsman, and physical fitness aficionado, Dr. Kenneth Mark knows firsthand about the benefits of a healthy lifestyle and the effects of the elements on our skin. While he openly admits that his favorite *office* for a cosmetic consultation is the Aspen Mountain gondola, Dr. Mark also finds it rewarding to take care of the skin cancer and cosmetic concerns of patients on the East End and SoHo. “Practicing in multiple locales that have that small-town feel has allowed me to become embedded in the communities, supporting various local charities. It’s not just work; it’s being part of something bigger,” says Dr. Mark.

MASTER BOTOX & FILLER INJECTOR

Allergan, the maker of Botox and Juvederm/Voluma fillers chose Dr. Mark to be part of their faculty to train other doctors. His practice is also one of Allergan’s top 1% accounts in the country.

BEST DOCTORS LIST

Dr. Kenneth Mark was twice named a Best Doctor, a list of the top 5% of physicians in the United States as selected by other doctors. This is arguably one of the most prestigious honors a doctor can receive. After three years of training in dermatology at NYU, Dr. Mark completed a two-year fellowship with a cosmetic dermatology surgeon and a plastic surgeon in order to sub-specialize in cosmetic procedures, plastic reconstruction, and minimally invasive Mohs micrographic skin cancer surgery.

“For 20 years I have improved countless eyelids, ears, noses, and lips, and I’m fortunate to have mastered eye-hand coordination and attention to detail,” he says. “This precision, knowledge of anatomy, and experience translates to being a better injector when it comes to Botox and fillers.”

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Last summer Dr. Mark received this foundation’s Community Health Leadership Award.

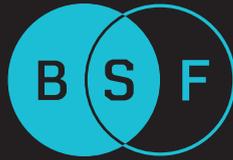
► Dr. Mark maintains private practices in SoHo, Southampton, East Hampton, and Aspen.

kennethmarkmd.com

SoHo: 212.447.SKIN

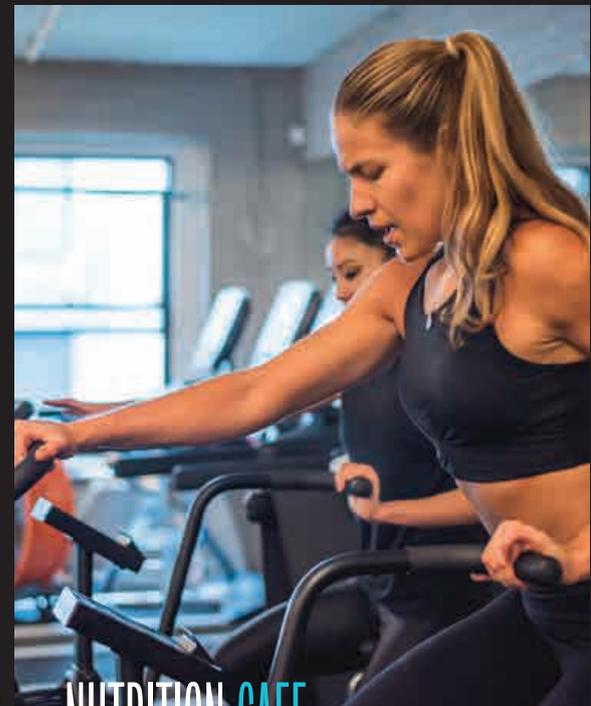
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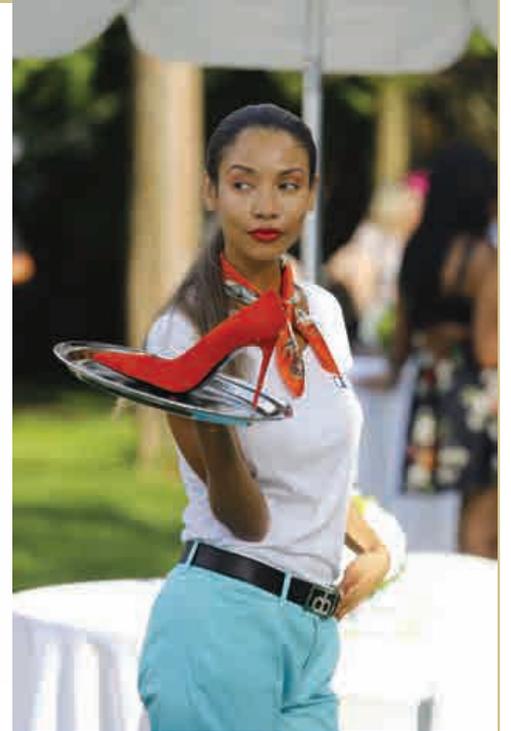
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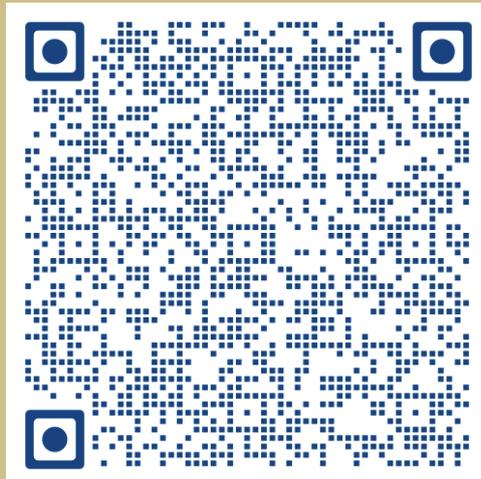
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Makeup by Lavonne Anthony for Angelo David Salon | Laura Mercier
Models, Lauren and Karime at Fusion Model.



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NATALIE PORTMAN

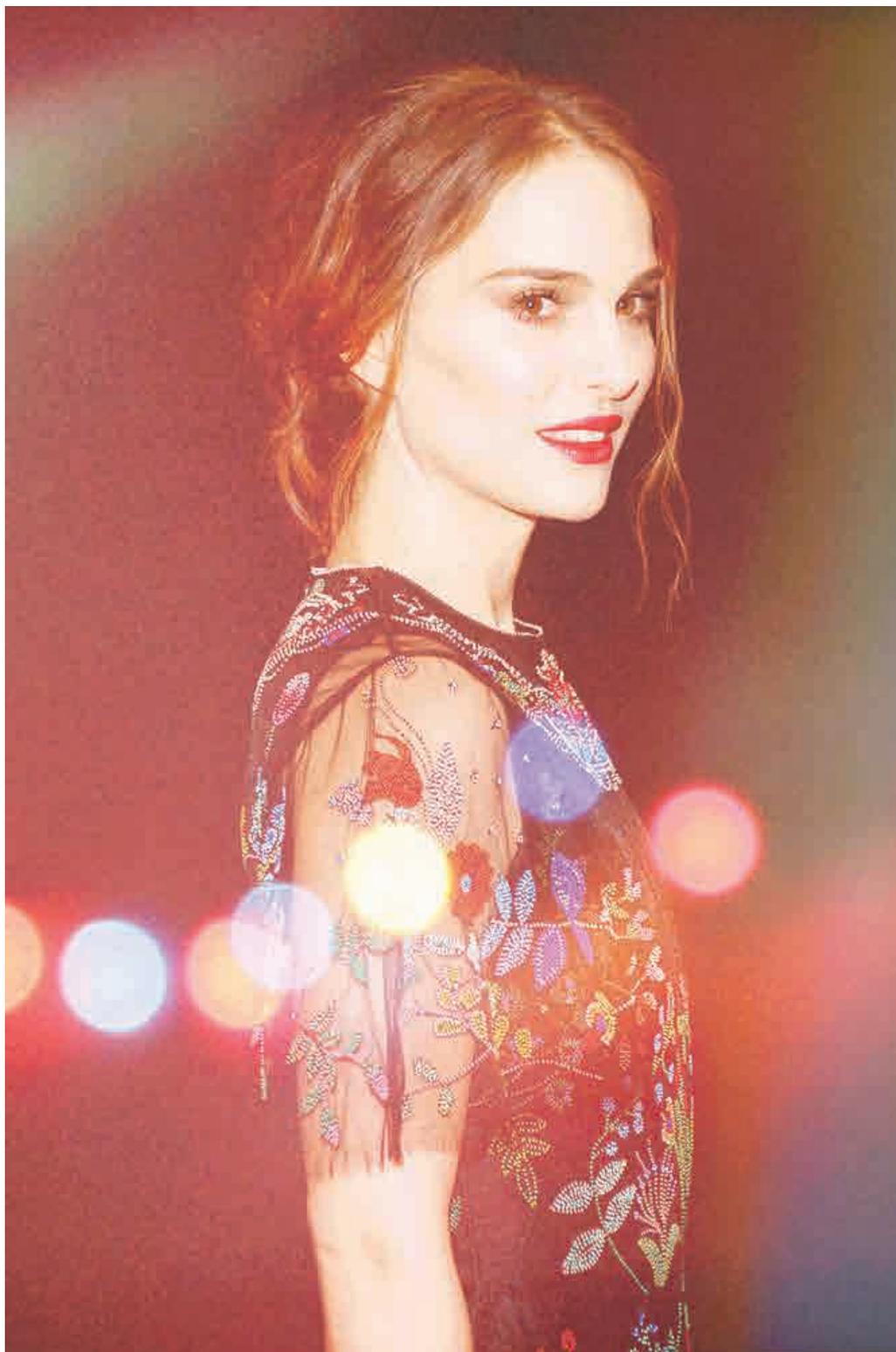


Photo by Patrick McMullan, Creative Design by Marsin Mogielski

NATALIE PORTMAN

LOVE AND THUNDER

BY WYNN MILLER

Can anyone other than the brawny Thor wield the mighty Mjöl­nir? If the alternate movie poster for *Thor: Love and Thunder* — Natalie Portman in a striking pose brandishing the famed hammer — is any indication, the answer is a resounding yes! Natalie Portman uploaded the poster to her Instagram with the caption: *And you thought you were the one and only @chrishemsworth.*

In *Thor: Love and Thunder*, the titular character, goes on a journey of self discovery in the hope of finding inner peace, but that search is interrupted by Gorr the God Butcher (Christian Bale). Gorr's objective is to annihilate all the gods in order to stop the villain's vengeance.

Thor enlists the help of a few friends, including his ex-girlfriend Jane Foster (Natalie Portman). Although Thor wasn't expecting Jane 2.0. Portman's new buff physique gives Jane a formidable presence as she wields Mjöl­nir.







During filming, Natalie Portman made the talk show rounds, including *The Tonight Show Starring Jimmy Fallon*, where she confessed that her workouts were exhausting. Transforming into the muscular Jane Foster was no easy feat. “I’m, like, super tired after working out. And during. And dreading before,” she said.

Yet Portman isn’t just a movie actress. She has added children’s author and soccer-team owner to her long list of achievements. Her new children’s book, *Natalie Portman’s Fables*, prides itself on putting a realistic spin on our favorite time-honored tales. The need for updating and grounding certain tales is something that may not pop into your mind but when you think about it, the need becomes apparent. As a mother of two, Portman’s interest in children’s books seems like a natural pursuit, but soccer-team owner may seem like a stretch. But Portman is spearheading a group of mainly female investors who will be bringing the sport to the City of Angels, and the team has aptly been named Angel City, FC. Not many people know that Los Angeles is the second largest sports market in the United States.

Natalie Portman has an extraordinary list of achievements: Oscar winner (three nominations), two-time Golden Globe winner (four nominations), executive producer, writer, sports-team owner, and activist. We look forward to watching this ambitious talent adding more titles to her list of accolades. Until then, we can’t wait to watch her co-star in *Thor: Love and Thunder*.



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MATCH & EVENT 2021
HOSTED BY CHRISTIE BRINKLEY
PoloHamptons.com

All images thanks to
Rob Rich / SocietyAllure.com
Patrick McMullan
Vital Agibalow



Kenneth Fishel, Maria Fishel, Christie Brinkley, Bradley Fishel



Indra Cesarine



Dr. Anna Avaliani



Dr. Eunice Park, Christie Brinkley



Kelly Fobar Davis, Jessica Lee Davis



Frank and Dawn Bodenchak



Magdalena and Jay Schneiderman



Julia, Sandy Cohen



Olivia Reagan



Gail Greenberg, Dr. Stephen T. Greenberg



Peter Thomas Roth



Gabrielle Woodworth, Evangeline Napoli



POLO HAMPTONS

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Kyle Johnson



Dr. Howard Sobel, Brittney Sobel



Diane Leyva, Sage Leyva



Kavita Channe



Brock Pierce



David Walentas, Bonnie Comley, Stewart F. Lane



Jason Ikel, Brandon Jun, Donna & Ari Dacruz, Elliot Tomaeno, Blake Tomaeno, Steven Clark



Hazel the Beauty RN



Gary DePersia



Ramona Singer



Diana Passarelli, Ava Passarelli





POLO HAMPTONS



BMW NORTH AMERICA

POLO IN THE HAMPTONS

MATCH & EVENT 2022

SATURDAY

JULY 23 AND JULY 30

4-7 PM

900 LUMBER LANE, BRIDGEHAMPTON

DRINKS & HORS D'OEUVRES BY ELEGANT AFFAIRS
CHAMPAGNE LOUNGE

LIMITED TICKETS AVAILABLE AT

POLOHAMPTONS.COM

THANK YOU SPONSORS

JULY 23

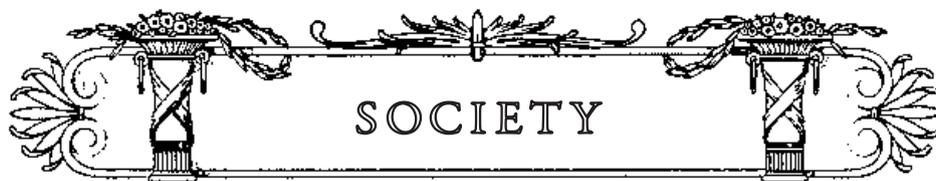
BMW NORTH AMERICA, IDRIS B., BEAM SUNTORY, TURKS & CAICOS TOURISM,
FRANK & DAWN BODENCHAK OF SOTHEBY'S REALTY, DAVID J. PINCUS, MD, FACS,
ADAMAS, FLEWBER, FGI YACHT GROUP, SOCIAL LIFE MAGAZINE

JULY 30

BMW NORTH AMERICA, HÄSTENS, IDRIS B., BEAM SUNTORY, TURKS & CAICOS
TOURISM, DAVID J. PINCUS, MD, FACS, SOCIAL LIFE MAGAZINE



JEAN SHAFIROFF | PHOTOGRAPHY BY MICHAEL PANICCIA



ROBERT S. CHALONER

JEAN SHAFIROFF INTERVIEWS ROBERT S. CHALONER,
CHIEF ADMINISTRATIVE OFFICER AT
STONY BROOK SOUTHAMPTON HOSPITAL

BY JEAN SHAFIROFF

I recently had the opportunity to catch up with esteemed Robert S. “Bob” Chaloner, chief administrative officer at Stony Brook Southampton Hospital. We discussed the hospital’s role in realizing Stony Brook Medicine’s commitment to shaping the future of healthcare on the East End.

Recently the Southampton Hospital Association, Southampton Hospital Foundation, and the East Hampton Healthcare Foundation announced that construction of the new East Hampton Emergency Department will begin this summer. Can you tell us more?

Yes, we are very excited that the Stony Brook Medicine East Hampton Emergency Department (SBM EHED) will be breaking ground this summer. We have successfully raised \$38 million to date. This is a remarkable feat as restrictions imposed by Covid thwarted traditional fundraising efforts. Our success is due to the commitment, passion and generosity of local donors and a \$10 million state grant made to Stony Brook University Hospital. The East Hampton Emergency Department will provide emergency and essential health services, administered by Stony Brook Medicine specialists, to those who live farthest east. Scheduled to open in late 2023, this 22,000-square foot building will have a resuscitation room; cardiac monitoring in every exam room; fast-track treatment rooms for general, pediatric, obstetrics/gynecology, and ophthalmology patients; two isolation rooms; dedicated rooms for advanced imaging; and an on-site ambulance for hospital transport, as needed. The design reflects East Hampton’s architectural heritage, while having rooftop solar panels, a rain-catch garden and native plantings to reduce environmental impact.



Robert S. Chaloner

We are grateful to the residents and the Town of East Hampton for their unwavering support throughout the planning process and encourage donations to continue to fund services and equipment.

As we approach June, which is Pride Month, I was wondering if you could provide the status of the Edie Windsor Healthcare Center.

In May 2021 the Edie Windsor Healthcare Center relocated to Hampton Bays. The new space accommodates the center’s expanded mission of providing LGBTQ+ healthcare services as well as HIV/Aids treatments and prevention. The center has a dedicated physician, Dr. Eric Lella, and a professional staff who administer the highest level of quality care with compassion and respect. To better address the diverse needs of the LGBTQ+ community, Stony Brook Medicine and over 20 organizations with ties to the LGBTQ+ community conducted the first-ever LGBTQ+ health needs assessment survey on Long Island. In June, we will be sharing the survey results, which will help medical practitioners in Nassau and Suffolk counties, as well as elsewhere through the region and country, be aware of issues impacting LGBTQ+ patients and help in their treatment. We were very proud to participate in this survey and look forward to implementing key learnings in the year ahead. The Edie Windsor Healthcare Center was eponymously named for the LGBTQ+ rights activist whose 2013 landmark victory over the Defense of Marriage Act (DOMA) set the stage for marriage equality for all. Her widow, Judith Kasen-Windsor, will be hosting the annual Edie’s Backyard BBQ on May 28 from 1 to 4 pm, to benefit the Edie Windsor Healthcare Center. Tickets start at \$125 and are available at southampton.stonybrookmedicine.edu/news/special-event. We hope to see you there. For years, this party has been celebrated as the official start of the Hamptons summer season.

Jean Shafiroff, Robert S. Chaloner, Letitia James. Photo by Rob Rich / SocietyAllure.com



Robert S. Chaloner, Judith Kasen-Windsor, Jean Shafiroff



Is the Summer Party back under the tent this year? It is always a favorite of mine. I was honored to serve as the chair of the Summer Party back in 2010, 2011, and 2013 when we raised a total of \$5.4 million from those parties for the John and Jenny Paulson Emergency Room.

This year we thought it best to hold small “Gala in the

Garden” parties that will take place in the homes of our benefactors. A host purchases a “table” and we provide everything needed for a spectacular dining experience — food, wine, and flowers — for the host’s guests. There are many different levels of “tables” available, including a fully catered feast, prepared in a host’s own kitchen, with private chefs, waiters, bar staff, china, and crystal glassware!

We hope our generous donor community will once again support this important fundraiser, as we rely on the funds raised from this event to help underwrite vital hospital programs and services.

How can our readers donate to Stony Brook Southampton Hospital?

To learn more or to donate, your readers can go to our website: southampton.stonybrookmedicine.edu or call the Southampton Hospital Foundation at 631.726.8700.

Editor’s Note: Jean Shafiroff is an active board member of the Southampton Hospital Association. She has been involved as a supporter and active volunteer fundraiser for the hospital for the past 14 years.

ABOUT ROBERT S. CHALONER

Robert Chaloner has 37 years of health care administrative experience and has a strong passion for community hospitals. For over 15 years, he has led Stony Brook Southampton Hospital on Long Island. Chaloner received his undergraduate education at Dartmouth College and his graduate degrees in Health Management and Planning at Columbia University. He also holds an MBA from New York University. Chaloner enjoys mentoring and teaching the next generation of healthcare leaders and teaches graduate management courses at Stony Brook University’s School of Health Technology and Management.

Chaloner serves on the board of many health care and community service organizations. He is the current chair of the Nassau Suffolk Hospital Council. He is a fellow in the American College of Healthcare Executives, where he has served as an inaugural member and past chair of the LGBTQ Forum.

ABOUT JEAN SHAFIROFF

Jean Shafiroff — philanthropist, advocate, TV host, and the author of the book *Successful Philanthropy: How to Make a Life By What You Give* — is a volunteer leader of several charitable causes. She serves on several charity boards: Southampton Hospital Association, American Humane, NYC Mission Society, Casita Maria, The NY Women’s Foundation, French Heritage Society, Couture Council of the Museum at FIT, Global Strays, Jewish Board (honorary trustee), and Southampton Animal Shelter Foundation honorary board. In addition, Jean served as the national spokesperson for American Humane’s Feed the Hungry Covid-19 Program which raised \$1,000,000 for animal shelters across the country. She is the ambassador for the Southampton Animal Shelter Foundation.

Jean is the producer and host of the TV show *Successful Philanthropy*, which airs six times a week through LTV studios in East Hampton. It also airs on Sun20TV in Southampton. Jean holds two degrees: a BS in Physical Therapy from the College of Physicians and Surgeons at Columbia University and an MBA in Finance from Columbia Business School at Columbia University.

GLOBAL STRAYS 3RD ANNUAL BENEFIT
AT NAIA HAMPTONS

1. Elizabeth Shafroff
Martin Shafroff
2. Georgina Bloomberg
Jean Shafroff
3. Georgina Bloomberg
Alex Hamer
Katie McEntee
Greg D'Elia
Dorothy Frankel
4. Elizabeth Shafroff
5. Jesse Warren
Rebecca Seawright
6. Elizabeth Shafroff
Jas Leverette
Georgina Bloomberg

*All images thanks to
Patrick McMullan
Sean Zanni/PMC*



RACHEL'S RADAR

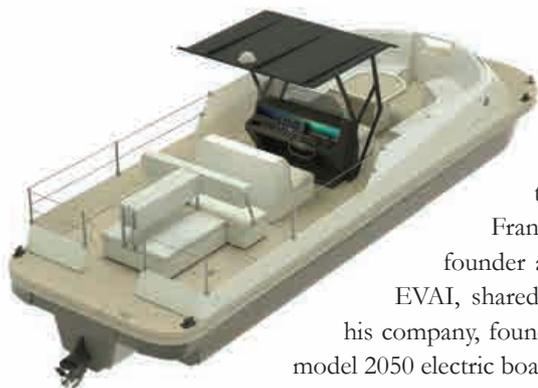
HALEVAI

GO BOATING, GO ELECTRIC

BY RACHEL HELLER



Writer, actress, host, and art consultant Rachel Heller is also the Sponsorship and Brand Realties Manager at Talent Resources @rachelhellerxo | @talentresources | talentresources.com



HALEVAI is a company that's building renewable energy solutions for the marine industry.

Frank Heidenger, the founder and CEO of HALEVAI, shared information about his company, founded in 2020, and its model 2050 electric boat.

Frank Heidenger



Tell us about HALEVAI.

HALEVAI is redefining how smaller recreational boats are engineered. We are looking at every component of the boat building process. We started with the power source and have developed a fully electric drive train with a clean design, more on-board room, and more power at the propeller. We have built a high performance hull, perfect for all types of marine environments, including the many bays of Long Island's East End. There's 80 square feet of storage, along with a fully digital interface for controls on board highlighted by keyless activation, real time analytics, mobile device connections, crystal clear sound system, and interactive video games. Our model 2050 is modern, easy to operate, and fun to drive, all while being in balance with nature.

What are some facts people should know about the industry?

Boating is one of the worst pollutants in the United States. In fact, 15 million recreational boats registered in the country produce the same amount of carbon dioxide as 200 million cars. Not to mention the constant oil and fuel leaks and high-frequency noise pollution that is destroying our marine ecosystems. HALEVAI is



committed to providing sustainable solutions to reduce the harmful impact on our environment while increasing your time spent enjoying the outdoors. The cost of operating clean motors is less expensive and easier maintenance.

What kind of range can be expected and are batteries easy to charge?

The average consumer is concerned about range and that was one of the most important metrics when engineering our model 2050 boat. Our standard battery maintains average speeds of 20 mph for 2 hours which equates to more than 50 nautical miles. Charging is easy since our boats can charge on 110/120V or 220/240V power sources. Charging times range from a few hours to overnight depending on the voltage, and this allows boaters to start their journey with a full charge every time they hit the water. With increases in gas prices globally this is a major advantage to going electric. For full specs and design go to Halevai.net, and look for us this summer. Our HALEVAI tour featuring music, chats, and more will be stopping in Sag Harbor, Shinnecock Bay, and Montauk.

HALEVAI | halevai.net

SOCIAL SAFARI

SPINNING INTO SUMMER

By R. COURI HAY

PHOTOGRAPHER CONTRIBUTIONS BY PATRICK McMULLAN

LONGHOUSE, TOM CRUISE, ZOË KRAVITZ, SYLVESTER STALLONE, ISABELLE BSCHER, PETER THOMAS ROTH, JACKIE O, WHITE HOUSE, MET, CHANEL & FILM FESTIVAL

Top Gun: Maverick & The Batman

The Batman, a dark version of the sexy franchise starring Robert Pattinson and Zoë Kravitz, and Tom Cruise's *Top Gun: Maverick* are two exhilarating movies worth getting out

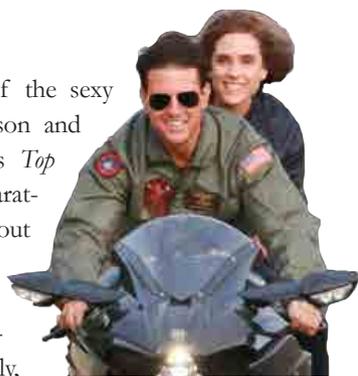
of the house for. Cruise is joined by Jennifer Connelly, Val Kilmer, and Miles Teller in this fast-paced sequel to the iconic original released in 1986. Cruise, who flies fighter planes and helicopters in the movie said, "I don't pretend to be the character. I *am* the character."

Robert Pattinson & Zoë Kravitz
@ *The Batman* NYC Premiere

LongHouse Reserve Art in the Garden

The annual *Rites of Spring* celebration marks the 31st season of art, horticulture, and music at LongHouse Reserve founded by the late Jack Lenor Larsen in East Hampton. The spectacular garden is blooming right now with a million daffodils alongside tulips as well as cherry and magnolia trees. New art on the grounds include works by Niki de Saint Phalle and a glowing bronze tree by Alexander Polzin. Also new is the woven cedar-shingled portal by Steven and William Ladd, the artist brothers' first outdoor sculpture. These pieces join LongHouse favorites, including works by Buckminster Fuller, Yoko Ono, Ai Wei Wei, Sol Lewitt, and Willem de Kooning. VIP events this season include their partnership with Hampton Pride and programming for Juneteenth. LongHouse will hold its not-to-be-missed Summer Party on July 23, a garden-wide gala with food, cocktails, music, and its ever-popular art auction. longhouse.org

Jack Lenor Larsen



Tom Cruise & Jennifer Connelly



Metropolitan Museum of Art Acquisitions Gala

The Metropolitan Museum of Art is famous for its Met Gala, but its elegant Acquisitions Gala is where you'll find more billionaires in the room than movie stars. The evening was co-chaired by some of the city's most glamorous ladies: Samantha Boardman, Dasha Zhukova, Gina Peterson, Ann Tenenbaum, and Amy Griffin. The night celebrated the Met's new acquisitions, including Ronald Lauder's extraordinary collection of European arms and armor and an important Picasso straight off Leonard Lauder's living room wall. In the mix were Christy Turlington and Ed Burns, Thelma Golden, Didi and Oscar Schafer, Mark Guccione, Danielle Moné Truitt, and Kristolyn Lloyd. The evening raised \$3.6 million. metmuseum.org



Tory Burch, Pierre-Yves Roussel

White House Historical Association 60th Anniversary at the Met

The former First Lady Jacqueline Kennedy envisioned a restored White House that conveyed a sense of history through its decorative and fine arts. In 1961, she established the White House Historical Association (WHHA) to support her vision to preserve and share the Executive Mansion's legacy. Our current First Lady, Dr. Jill Biden; Jackie's daughter, Caroline Kennedy; and Al Roker greeted the guests at the WHHA's 60th anniversary gala, which honored its founder at the Metropolitan Museum of Art. During her remarks, Kennedy noted that her mother shared



Caroline Kennedy,
Genevieve McSweeney Ryan

President John F. Kennedy's belief that the White House should serve as a stage for the very best of American arts and culture. She also highlighted her mother's civic accomplishments, including her celebrated televised tour of the redecorated White House in 1962. Supported entirely by private resources, the association's mission is to assist in the preservation of the state and public rooms, fund acquisitions, and educate the public on the history of the White House. Since its founding, the WHHA has contributed more than \$50 million in fulfillment of its mission. whitehousehistory.com

Sylvester Stallone & Isabelle Bscher

Sylvester Stallone — who lives in Palm Beach with his wife, Jennifer Flavin, and their three daughters, Sophia, Sistine, and Scarlet — has had a long career, both as an actor and an artist. Rocky showed 15 paintings at Isabelle Bscher's Galerie Gmurzynska's booth at The Palm Beach Show. Among the pieces was a pop-art interpretation of Superman from 1990 titled *Sublime Hero*. Stallone said, "Both in art and film, I looked at figures like Spartacus or Hercules who radiated hyper-reality through their hyper masculinity. Painting is where I feel close to a bare-naked truth, so much so that I look at the canvas as some sort of an enemy." Stallone said, "I made a self-portrait with a more defined pug face than I had back then, but to capture sadness, I switched the brush with a screwdriver and carved the eyes." gmurzynska.com



Isabelle Bscher, Sylvester Stallone

Chanel No. 5 Celebrates Its First Century

When Marilyn Monroe was asked what she wore in bed she quipped, "Chanel No. 5." Coco Chanel debuted the legendary fragrance 100 years ago and to mark the anniversary the company gave a party dubbed "Chanel No. 5 in the Stars" at Rockefeller Center, where Mary J. Blige sang a selection of her hits. The perfumed pack included Lily Allen, Dylan Penn, Ella Hunt, Brittany O'Grady, Lauren Ridloff, and the artist Jemima Kirke who said, "I love a woman who wears the same scent every day. It's glamorous and classic. It's old Hollywood." The French actress Marion Cotillard is among the fragrance's ambassadors. chanel.com



Mary J. Blige

Martina Navratilova & Peter Thomas Roth

Tennis legend Martina Navratilova and skin care mogul Peter Thomas Roth celebrated the unveiling of two of Martina's paintings at Roth's house in Southampton. The female sports icon created the works by dipping tennis balls into paint and then hitting them onto a blank canvas, creating the high-energy pieces of art. Martina even has an E-PACE Jaguar wrapped in one of her black and white paintings that never fails to create a stir when she drives around town. peterthomasroth.com



Peter Thomas Roth, Martina Navratilova

NYC International Film Festival

The 14th annual NYC International Film Festival put the spotlight on storytelling by emerging filmmakers. The movies were curated by its founder Roberto Rizzo; Caroline Ingeborg Johnson, the director of programming; and R. Couri Hay, who served as the president of the jury. Over two dozen films were shown at the Park Avenue Screening Room. Winners included the Best Documentary *Do You Remember Me?* by Désirée Pomper and Helena Müller as well as the audience favorite: *Shelly*, which won the Best Horror Short Film Award. *Shelly* was co-written and directed by Emmet Dotan and stars his co-writer, Zack Weiner. Guests included the photographer Udo Spreitzenbarth, Will Jarosak and Marie Hayag, Janna and Eugenia Bullock, and Bitcoin billionaire Brock Pierce. The opening party was sponsored by Russian Standard vodka. nyciff.com



R. Couri Hay, Caroline Johnson, Emmet Dotan, Roberto Rizzo



Eugenia Bullock, Janna Bullock, Udo Spreitzenbarth, William Jarosak, Dr. Marie Hayag

THE SCENE

NEW YORK NETWORK FOR PHILANTHROPY, WHERE CHARITY MEETS STYLE

BY CHANEL KORBY



Chanel Korby is a native New Yorker raised on the Upper East Side, West Village, and Upper West Side. She's worked for Fortune 500 companies and has appeared on NBC's Open House and in national and international publications. Chanel received recognition for expertise in sales development and was presented the Sales Development Executive Award at adMarketplace, the premier paid-search firm. She was also recognized as a top 100 broker with The Nassimi Group. Chanel volunteers for New York Cares and Health Advocates for Older People and is a Della Leaders Club honorary committee member. Follow @thescenenyc

RED CARPET HOSPITALITY GALA

On May 2, New York City's hotel industry and Broadway held its annual dinner hosted by the Hotel Association of New York City Foundation (HANYC Foundation). The host committee included Alan Steele, president & CEO of the Jacob K. Javits Convention Center and Jonathan M. Tisch, chairman & CEO of Loews Hotels.

THE ASF SPRING GALA

On May 19, The American-Scandinavian Foundation 2022 spring gala was held at the Metropolitan Club. Proceeds will benefit ASF's initiatives to promote cultural and education exchange between the United States and Nordic countries.

THE FRICK COLLECTION YOUNG FELLOWS BALL 2022: MODERN LOVE

Each spring, supporters of The Frick Collection and their guests look forward to the Young Fellows Ball, the museum's highly anticipated annual benefit event. The event's theme this year, "Modern Love," was inspired by the current year-long installation series *Living Histories: Queer Views and Old Masters*.

This year's event took place March 31, in partnership with Saks Fifth Avenue, First Republic Bank, and Carolina Herrera, with additional support from Tito's Handmade Vodka, Desolas Mezcal, and Quinn Rosé.

For the first time, the Young Fellows Ball was held at Frick Madison, the museum's temporary home, in the iconic modernist building on the Upper East Side designed by Marcel Breuer.



Olivia Bak

The Frick Collection Young Fellows Ball 2022

Chanel Korby, Photo by Kristin Ducharme



William Kalaris and Charlotte Kirsten
The Frick Collection Young Fellows Ball 2022



Paul Arnhold and Wes Gordon
The Frick Collection Young Fellows Ball 2022



Sophia Robert and Lansing Moore
The Frick Collection Young Fellows Ball



Elizabeth Mayhew, Audry Nafziger, Judy Woodruff, Dan Healy
NYSPPC 2022 Spring Luncheon



Harvard Men
Row New York's Bow Ball

Nearly 500 guests, many inspired by the evening's romantic theme, filled Frick Madison for cocktails, hors d'oeuvres, and dancing to music by Angel + Dren. The energy of the evening spread throughout the entire museum, where guests mingled and posed for pictures with the portraits on view in the galleries.

Proceeds from the benefit event will provide essential support for the Frick's many activities, including the acclaimed programs of the Frick Art Reference Library and its Education Department, which serves students from New York City public schools in all five boroughs.

THE NEW YORK SOCIETY FOR THE PREVENTION OF CRUELTY TO CHILDREN (NYSPPC) 2022 SPRING LUNCHEON

NYSPPC held its annual spring luncheon on April 27 at The Tavern on the Green in New York City's Central Park. The honored guest speaker was Audry Nafziger, who is a senior deputy district attorney in Ventura County, California, where she specializes in prosecuting sex crimes. Judy Woodruff, the anchor and managing editor of PBS NewsHour, moderated an important conversation about Nafziger's own heroic survivor experience, her current role as a prosecutor of sex crimes, and what parents need to know to protect their children.

The luncheon raised funds for critical programs, including

the Trauma Recovery and Safe Touches programs. Founded in 1875, The NYSPPC helps the most vulnerable children of our community recover from trauma. It helps prevent child abuse through its work with parents, teachers, children, and foster care agencies. The NYSPPC's amazing work is used as a model for child welfare agencies across the nation. Another fundraiser is set for November 2022.

ROW NEW YORK'S BOW BALL

On April 22, the Row New York Associate Board hosted its fifth annual Bow Ball, at the New York Athletic Club (NYAC). After a two-year hiatus, over 200 guests came together to support Row New York. The event honored Bow Pair Award winners Charlotte Buck and Nicole Doyle. Buck is a Tokyo Olympics fourth-place finisher in the Women's 8+ who's currently training at NYAC for the next Olympic cycle. Doyle is a Row New York alumna who's currently working at Goldman Sachs and is soon starting a new role at Morgan Stanley.

Over the past 20 years, Row New York has transformed the lives of thousands of New Yorkers through the sport of rowing. Its programs for middle school and high school athletes, people with disabilities, and veterans bring free and low-cost rowing opportunities to participants from the five boroughs. Their student support and success programs support athletes through high school, college, and beyond.

EVENTS CALENDAR

MUST-SEE HAMPTONS EVENTS OF SUMMER 2022



EVELYN ALEXANDER WILDLIFE RESCUE CENTER
14TH ANNUAL GET WILD BENEFIT
Saturday, June 25
wildliferescuecenter.org

The Evelyn Alexander Wildlife Rescue Center will host its 14th annual Get Wild Benefit! at Swans Crossing in Southampton Village. This year's benefit will honor Bridget Fleming and Karen Johnston, DVM, and celebrate the center's continual efforts to rehabilitate and successfully release animals back into the wild across Eastern Long Island. Guests will enjoy live music along with cocktails and light fare, and a silent auction. All guests are welcome to the cocktail party featuring appearances from some of the hawks and owls the Evelyn Alexander Wildlife Rescue Center has rehabilitated but are non-releasable and now reside at the center.

SAMUEL WAXMAN CANCER RESEARCH FOUNDATION
18TH ANNUAL HAMPTONS HAPPENING
Saturday, July 9
waxmancancer.org/events/hamptons

The Samuel Waxman Cancer Research Foundation (SWCRF) will host one of the most anticipated Hamptons events of the year, the 18th annual Hamptons Happening. Held on the beautiful Bridgehampton estate of Kenneth and Maria Fishel, the event will raise critical funds for collaborative cancer research. Guests will enjoy a night of delicious tastings from dozens of chefs, restaurants, and beverage companies. This year's honorees include



Bess Freedman (CEO Brown Harris Stevens), Julian Medina (chef & owner of Toloache, Tacuba, Coppelia, Kuxé, La Chula & El Fish Shack), and Mark Melchiorre (executive managing director CIO & head of Brean Investment Group). Through events like Hamptons Happening, SWCRF has raised funds and invested more than \$100 million in collaborative cancer research, supporting hundreds of investigators around the world. This philosophy of collaboration has led to breakthrough discoveries.

SOUTHAMPTON ANIMAL SHELTER FOUNDATION
13TH UNCONDITIONAL LOVE GALA
Saturday, July 16
sasf.org

The Southampton Animal Shelter Foundation's 13th annual Unconditional Love Gala is returning to the Hamptons. The event will take place under tents on Gin Lane in Southampton. The annual event has been the most important fundraiser for the shelter for over a decade. The fun-filled gala will feature cocktails, a delicious seated dinner, and dancing. In addition, a live and silent auction will help raise much-needed funds for the animals. This year's gala, chaired by Jean Shafiroff, will honor William Bratton, the former New York City police commissioner, and Jonathan McCann, a founding member of SASF. Proceeds from this event directly support the more than 5,000 animals that enter the shelter's doors each year. The Southampton Animal Shelter Foundation, a 501(c)(3) non-profit organization, is supported exclusively by donations and grants from the community.



POLO HAMPTONS 2022
Saturday, July 23 & July 30
polohampton.com

Polo Hamptons will host a polo match and event on the Bridgehampton estate of Kenneth and Maria Fishel. Guests will have access to an open bar, hors d'oeuvres by Elegant Affairs, and preferred seating as they enjoy the thrill of the polo match and a VIP cocktail party.



STONY BROOK SOUTHAMPTON HOSPITAL'S
 64TH ANNUAL SUMMER PARTY
Saturday, August 6
southampton.stonybrookmedicine.edu

The Hamptons longest-running fundraiser will continue its "Gala in Your Garden" format this summer. Guests purchasing a table for ten guests will host at home, with everything they need for a wonderful dinner party delivered to their door. Elegant Affairs will provide a delicious three-course meal, event sponsor Wölffer Estate Vineyards will be responsible for the wine selection, and floral décor will accompany the delivery. Tables at different price points will include customized menus, waiters, chefs, handmade cocktails, and more. All guests will be invited to join a group toast on Zoom. All proceeds from the event will support the Stony Brook Southampton Hospital's Emergency Department and the new East Hampton Emergency Department, due to open in 2023.



6TH ANNUAL HEALTHY GURU
Saturday, August 27, 11 am – 3 pm
healthyguru.com

Healthy Guru is the hottest fitness, beauty, and wellness event, held in the Hamptons at the renowned Southampton Arts Center. Bringing together free group fitness and yoga classes, as well as wellness, fashion, beauty, and nutrition exhibitors. Celebrity host, music, and *Social Life* magazine as the media partner. Free to the public.



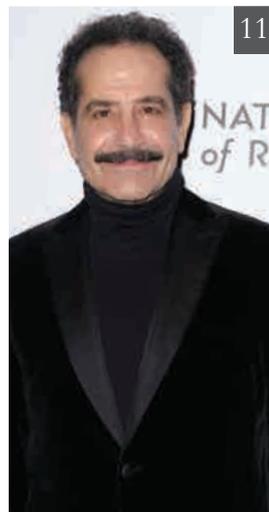
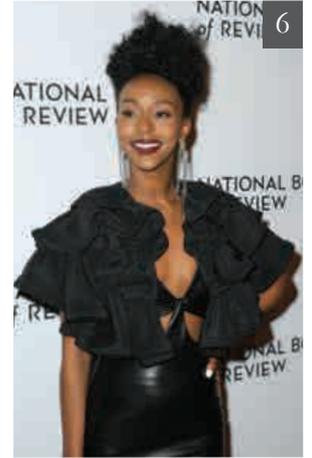
PROSTATE CANCER FOUNDATION GALA
 IN THE HAMPTONS
Saturday, August 27
pcf.org

The Prostate Cancer Foundation (PCF) annual gala in the Hamptons will take place at the Parrish Art Museum in Water Mill. The summer benefit will support the annual PCF Pro-Am Tennis Tournament while also commemorating the millions raised and accomplishments made by PCF over the last quarter-century. The founder, Mike Milken, along with The Gala in the Hamptons weekend hosts and sponsors, invite guests to enjoy, engage, and be entertained while helping to fund groundbreaking cancer research discoveries. As distinguished guests and athletes enter the breathtaking Parrish Art Museum terrace, the gala will begin with a lively cocktail reception. The extravagant dinner party will be followed by a special musical performance and other surprises.

THE NATIONAL BOARD OF REVIEW
 AWARDS GALA RED CARPET
 AT CIPRIANI 42ND STREET

1. Morena Baccarin
2. Stephanie Beatriz
3. Julianne Moore
4. Alana Haim
5. Joachim Trier
 Renate Reinsve
6. Ebony Obsidian
7. Bradley Cooper
8. Questlove
9. Craig Melvin
10. Zazie Beetz
11. Tony Shalhoub
12. Danielle Deadwyler
13. Ben McKenzie

All images thanks to
Rob Rich | SocietyAllure.com





Ten Homakase is *THE* go-to bespoke experience for premium and authentic omakase, offering customizable nigiri courses for any type of Hamptons gatherings. Crafting delicious and unforgettable moments for friends and family all summer long.

TENHOMAKASE.COM | @TENHOMAKASE



NEW YORK CITY BALLET
 2022 SPRING GALA
 AT DAVID H. KOCH THEATER

1. Pritika Swarup
2. Rosie Perez
3. Patricia Shiah
4. Liz Peek
 Jeff Peek
 Joan Hornig
5. Jean Shafiroff
 Victor dE Souza
6. Deborah Roberts
 Al Roker
7. Zac Posen
 Harrison Ball
8. Georgina Pazcoguin
9. Michele Herbert
10. Emily Reifel
 Juliet Izon
 Lola Koch
 Ellen Frances

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Cardi B
3. Anna Wintour
4. Tory Burch
Sydney Sweeney
5. Gwen Stefani
6. Christine Baranski
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8. Kendall Jenner
9. Pete Davidson
Kim Kardashian
10. Joe Jonas
Sophie Turner

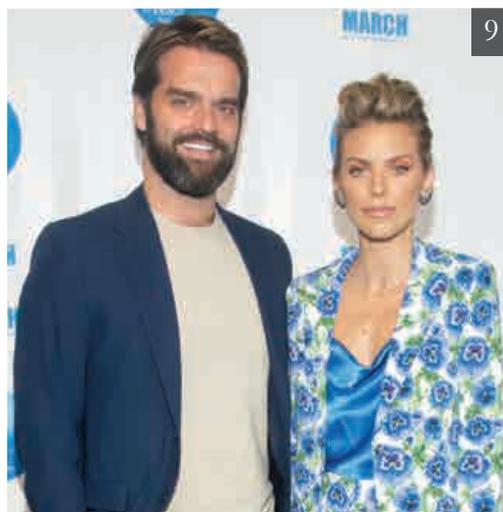
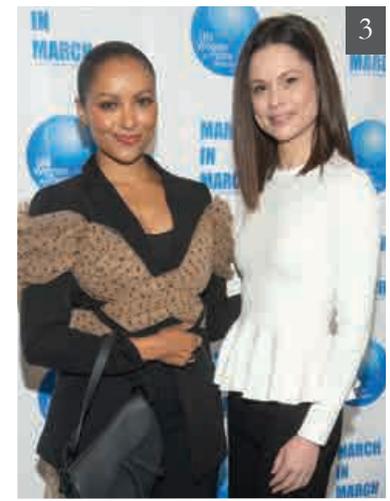
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Joanne King Herring
Maha Khan
2. Christian Elliott
3. Kat Graham
Claire Angelle
4. Kevin Hyland
5. Rosanna Scotto
6. Irena Laks
Margo Langenberg
7. Rebecca Damon
Fran Drescher
Ezra Night
8. Vicki Hollub
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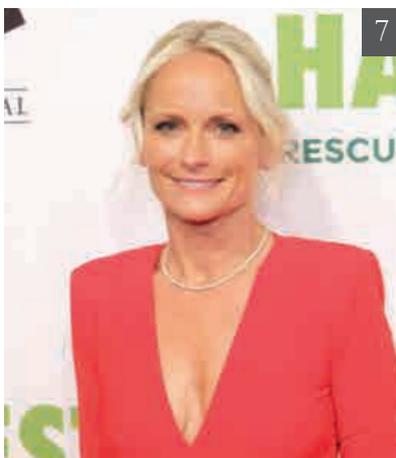


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David Burtka
6. Christine Mack
7. Heather deForest Crosby
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- 3. Mike Bloomberg
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Jean Shafiroff
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Nicole Salmasi
Fe Fendi
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- 5. Cheri Kaufman
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- 6. Suzy Buckley Woodward
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40TH ANNUAL FREDERICK LAW OLMSTED
 AWARDS LUNCHEON
 HOSTED BY THE CENTRAL PARK
 CONSERVANCY'S WOMEN'S COMMITTEE
 AT THE GARDEN OF CENTRAL PARK

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2. Stephanie March
3. Gillian Miniter
4. Jaime Caiola
Goly Noghrey
Claudia Avendano
5. Randi Zuckerberg
Arianna Blanch
6. Tom Kempner
Diana Taylor
7. Alexia Leuschen
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Regina Fleming
Barbara Scott
9. Caterina Heil Stewart
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ART: TECHSPRESSONISM
DIGITAL & BEYOND OPENING RECEPTION
SOUTHAMPTON ARTS CENTER

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Skip Blumberg
- 2. Steve Miller
Sue Beyer
- 3. Beth Lieberman
Paul Lieberman
- 4. Tom Dunn
Joseph Cipro
Jessica Mackin-Cipro
Joe Diamond
- 5. Colin Goldberg
- 6. Dalton Portella
- 7. Sara DiOrazio
Alison Sneed
- 8. Brenda Giurfurta
Sal Piazzolla
Oz Van Rosen
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- 2. Mary Brittain Cheatham
Julia Amory
- 3. Tarra Pressey
Lou Ella Jordan
- 4. Model
- 5. Sarah Wetenhall
Daphne Oz
- 6. Lauriston Segerson
Katherine Lande
- 7. Cortney Leidy
Casey Waldin
- 8. Model
- 9. Model
- 10. Tara Vecellio
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Kate D'Hondt
Nicole Nason
Sheri Wright
- 6. Guests
- 7. Sue Jin Lee
Libby Kirsch
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CUISINE SOLUTIONS: INTERNATIONAL SOUS VIDE DAY

Daniel Boulud welcomed Cuisine Solutions (CS) for International Sous Vide Day. NYC Councilman Erik Bottcher (District 3) issued a proclamation to CS (the industry leader in sous vide foods) and its chief scientist, Dr. Bruno Goussault, for their contributions to culinary arts and donations to City Harvest. CS's CMO, Thomas Donohoe, and the chef Gerard Bertholon greeted guests, including the chefs John Karangis and Gottfried Menge as well as AJ Schaller, the executive chef for CREA of CS. cuisinesolutions.com



GERARD BERTHOLON,
DANIEL BOULUD



ALLISON SELLS, TOM DONOHOE



MARTHA COHEN, HARRIET COHEN

MUSEUM OF NATURAL HISTORY ANDY SABIN'S 75TH BIRTHDAY

Susan and David Rockefeller and Kara Ross attended Andy Sabin's 75th birthday party at the American Museum of Natural History. Sabin founded South Fork Natural History Museum in Bridgehampton. The program featured tributes from Representative Kevin McCarthy and Senator Rob Portman. Also attending were Virginia Foxx and the Nobel Prize winner Jim Allison, Dick Grasso, Trammell Crow, Greg Manocherian, Jonathan and Susie Sabin, Kiera and Ava Sabin, and Diana Aceti. Livingston Taylor sang happy birthday. sofo.org



CAROLE CRIST, ANDY SABIN,
JILL ZARIN, KARA ROSS



SUSAN ROCKEFELLER,
DAVID ROCKEFELLER



COLLEEN REIN, PAOLA ROVENSHEIN

JEAN SHAFIROFF N.Y. WOMEN'S FOUNDATION

Ramona Singer and Jill Zarin were among the 60 women who lunched at the Pierre Hotel to support the New York Women's Foundation. The lunch was given by the East Hampton TV host Jean Shafiroff. The foundation has given over \$100 million in grants since its founding. The organization works to bring economic security, end gender-based violence, and provide health access and reproductive justice to all women and girls. In the mix were Consuelo Vanderbilt Costin, Carole Crist, Liliana Cavendish, Janna Bullock, and Christopher Pape. nywf.org



REBECCA SEAWRIGHT,
JEAN SHAFIROFF, CAROLYN MALONEY



KAREN KLOPP, CECE BLACK,
SUSAN GUTFREUND



LUCIA HWONG GORDON,
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PCF PALM BEACH
GALA DINNER

The Prostate Cancer Foundation (PCF) hosted its annual Pro-Am Tennis & Golf Tournament in South Florida. The tournaments were a part of a five-day event that combined the 2022 Milken Institute South Florida Dialogues and annual Pro-Am Tournaments. The highlight of the first night in Palm Beach was a gala dinner at the home of Steve and Andrea Wynn with entertainment by John Fogerty and master mentalist Lior Suchard.

Photos courtesy of Milken Family Foundation



JOHN FOGERTY



MIKE MILKEN, DARIA BARRY,
JOHN F. BARRY III



SAGE ROBBINS, TONY ROBBINS

THOMAS J. HENRY'S
SUPER BOWL LVI
WEEKEND EXPERIENCE

Famed Texas attorney Thomas J. Henry gifted his senior staff from his law firm along with a selection of close friends with a one-of-a-kind Super Bowl LVI weekend experience. Flying in on a \$250K jet, guests of Thomas J. Henry were treated to extravagant parties before the big game, including the annual Sports Illustrated pre-Super Bowl party. Thomas J. Henry then had a beautiful \$1M suite at the stadium for a beautiful view of the championship game.

Photos courtesy of Johnny Nunez, Getty Images



RUBEN HERRERA, CARMELO ANTHONY,
EVELYN CROSSLAND, THOMAS J. HENRY



THOMAS J. HENRY JR., THOMAS J. HENRY



RUBEN HERRERA, THOMAS J. HENRY,
ROGER TURK

GERALDO RIVERA HON-
ORED AT LIFE'S WORC
"CELEBRATE 50" GALA

Life's WORC hosted its 50th Anniversary Gala celebrating the hard-working people of the organization, and honored the trailblazing journalist Geraldo Rivera of FOX News, and Life's WORC founder Victoria Schneps-Yunis, the president and co-publisher of Schneps Media. Life's WORC was proud to "Celebrate 50" this year, marking fifty years of service to people with intellectual and developmental disabilities.

Photos courtesy of Patrick McMullan



ERICA RIVERA, SOL RIVERA,
GERALDO RIVERA, BILL O'REILLY



GERALDO RIVERA, BRUCE BLAKEMAN



CONGRESSMAN TOM SUOZZI,
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Created by Idriss B., The Art Collection is continually evolving to reflect the time in which it is made. Born and raised in Paris, Idriss has shown an interest in art since his childhood.

With his considerable knowledge of new materials, combinations of different sources and various handmade art objects, Idriss B. began to think of a new collection. This collection was made by molding his vision of

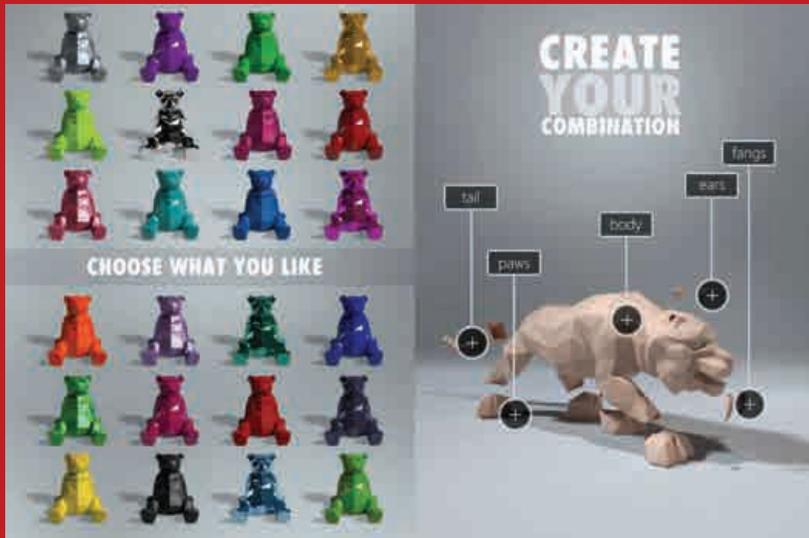
contemporary art to create polygonal animal forms in different sizes which he then sold to collectors as limited edition pieces.

The goal is to give the possibility to everybody to own unique piece of art. Idriss B. capacity for design with The Art Collection is far wider than what you are reading here, his work is limited edition in the sense that every created piece is unique. Learn more on idrisb.com

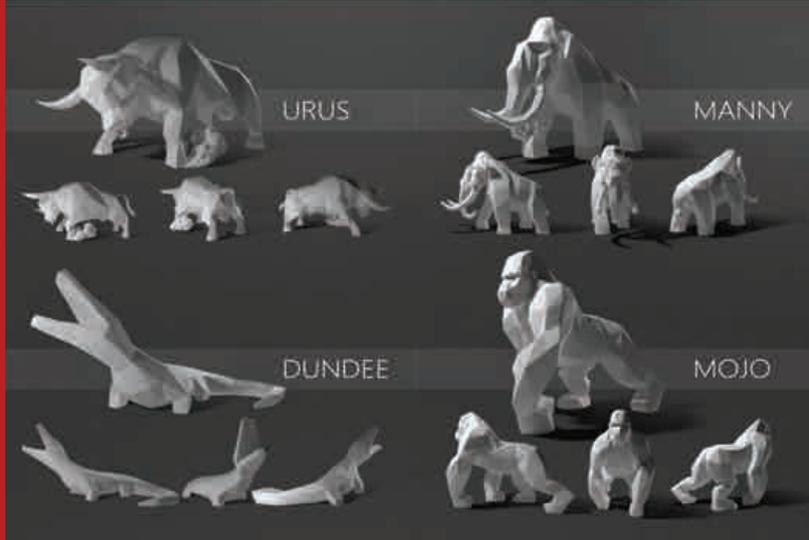


PHOTO BY @NEWYORKJOSEPH

STEP 1 SELECT COLOR



STEP 2 CHOOSE YOUR CHARACTER



STEP 3 SELECT FINISH



ROBIN WILSON

PIONEER IN HEALTHY HOME DESIGN

BY BENNETT MARCUS



CLEAN DESIGN HOME

Robin Wilson has built a successful lifestyle brand in a stellar career of 20-plus years, while breaking barriers along the way. Her conglomerate of family brands, A Blue Egg Corporation, includes the design and licensing division CLEAN DESIGN HOME. This division focuses on educating consumers on the power of a wellness-focused interior home ecosystem.

INC'S TOP 100 FEMALE FOUNDERS

Wilson was the first Black woman with a licensed, global textile line, the first woman with a licensed line of custom cabinetry sold nationwide, and was the third Black woman with a Bed, Bath & Beyond line of merchandise. In 2020, she was named to *INC* magazine's "Top 100 Female Founders" list.

An entrepreneur, best-selling author, lifestyle maven, real estate developer and interior designer, Wilson laughed when asked how she would characterize her professional life. "I'm a poly-hyphenate business entrepreneur," this busy mom said over Zoom on a recent evening. "And I call myself a lifestyle brand that focuses on everything for the healthy home."

ALLERGY & ASTHMA SUFFERER

An allergy and asthma sufferer since childhood, Wilson grew up in Austin, Texas, where she had a holistic pediatrician who advised her parents to make modifications to diet, interior design, and exercise, instead of using steroid medications. This lifelong knowledge led to her building her lifestyle brand. She is now considered an expert to guide the one in five Americans — 60 million — affected by allergies or asthma.

ROBIN WILSON HOME

Her business has grown into a multi-channel, cross-category entity focused on everything home, with three prongs: Robin Wilson Home (design), Clean Design Home (licensing), and a real estate development arm.

My vision has created a firm that complements each division. "We develop a subdivision, I design the home concepts, and then our branded products are placed in the model homes! As a pioneer in eco-friendly design, we focus on the foundation to the furnishings with eco-conscious, hypoallergenic, and sustainable products. It makes absolute sense," she says.

Along with residential, the design arm has begun work in the hospitality sector — including design and textiles for the famed Esalen Wellness Institute since 2020. The lodging team works with her firm on sheets, comforters, robes, bath rugs, and towels.



WESTPOINT HOME'S MARTEX DIVISION

In 2020, Wilson licensed the Clean Design Home brand in a deal with WestPoint Home's Martex division. The textile collection Clean Design Home x Martex is a line of premium, hypoallergenic luxury products. "In the 1970s, you could rarely find hypoallergenic pillows as feather was most common. Today we have changed the lexicon for hypoallergenic products with a focus on a solution-based luxury brand for consumers," Wilson says. She's excited about the brand appearing in every room of your home, with a deal for mattresses launched this spring 2022.

MACY'S & BELK'S

Clean Design Home x Martex textiles are sold at Macy's and Belk's nationwide and online, in addition to the website cleandesignhome.com – and the brand has been picked up internationally in the UK and Japan.

RULE OF THREES FOR PILLOWS

Wilson's book, *Clean Design: Wellness for Your Lifestyle* (Greenleaf, 2015), has seen its sales surge. Among her tips for home wellness is her rule of threes for pillows, to achieve healthier sleep: Wash the zippered pillow cover every three weeks.

Wash the pillow itself every three months. Replace the pillow every three years.

It is important to remember that Wilson is a pioneer in the hypoallergenic wellness lifestyle sector. Wilson is thrilled that her two decades of expertise is being recognized more than ever. "It's just wonderful that people are catching on to what we've been teaching all this time."

SUPPORTING DOMESTIC VIOLENCE SURVIVORS

The Clean Design Home brand has partnered with legendary Yankee Joe Torre and his Safe at Home Foundation. This organization has a network of safe spaces in schools to educate youth, and safe houses for families. The philanthropic initiative is called Project Lilac and donates lilac sheets for every Clean Design Home product purchased. These sheets might be the only thing a domestic violence survivor owns in a safe house — except their clothing, and it provides a reminder that they took a step in the right direction. Lilac is the color of domestic-violence awareness, and survivors have already started to see donations arrive in safe houses around the country.

Clean Design: Wellness For Your Lifestyle
cleandesignhome.com

TRAVEL

CASTLE HOPPING IN IRELAND

BY R. COURI HAY



R. Couri Hay is the travel editor and society columnist for this magazine. Couri began his career at Andy Warhol's Interview and he wrote for Town & Country and People. Couri also appears on CNN, PBS, FOX and VH1 commenting on Hollywood. He lives in NYC and Southampton and is the CEO of his own PR firm.

CLONALIS HOUSE

It was early evening when we arrived at Clonalis House in Castlerea in Western Ireland, about two hours from Dublin International Airport. Clonalis House is the ancestral home of the O'Connor family; its iron gates bearing a coat of arms with a tasteful touch of gold. We drove up the long drive flanked by stately trees, past vast green fields where a picturesque herd of cows was grazing languidly.



Clonalis House, Castlerea

KINGS OF CONNACHT

When the house finally came into view, we were impressed by the grandness of this Victorian Italianate-style pile. We rang the bell, and after a few minutes, an elegant woman wearing an apron appeared. She turned out to be the lady of the house, Marguerite O'Connor Nash, and she was the most gracious hostess we met during our time in Ireland. We were immediately made to feel at home in this imposing house that sits on land the O'Conors have owned for over 1,000 years. This is unique, the same family living on their land for ten centuries. The O'Connor family includes eleven High Kings of Ireland and 24 Kings of Connacht.

HIGH KING OF IRELAND

The current house was built in 1878 by the great grandfather of today's proprietor, Piers O'Connor Nash, a banker who, if history had veered toward the monarchy, would have a claim as High King of Ireland. He is the epitome of the charming, approachable Irishman, and a man of letters and history who drives a tractor like a Ferrari.

In front of the house sits the coronation stone of the Irish kings, one of only two left in the country, used as part of the coronation ritual. On the grounds is a courtyard with a mews and cottages that can be rented for vacations, and on a walk



Clonalis House, Entrance Hall



Clonalis House, Dining Room

around the estate you'll find ruins of the original Clonalis House. Five miles away are ruins of the O'Connor Castle, called Ballintubber, which is currently the site of an architectural dig. They've gotten down to the 14th century and found the foundations of a medieval town.



Clonalis House, Bedroom

together in the main dining room as one big dinner party. Breakfast is served in the less formal kitchen room and features local breads, eggs, herbs, and even plums from Marguerite's garden.

INTIMATE HOSPITALITY

A stay at Clonalis House is a deeply personal hospitality experience, as there are only four guest bedrooms, and the family hosts only eight guests at a time. It's akin to staying at a great country house, exactly as it would have been in the 1800s. Of course, there aren't as many house maids nowadays, but there is more than sufficient staff to keep the place in impeccable order.

The mansion has 45 rooms furnished with Louis XV and Sheraton antiques and filled with family heirlooms and costumes. Nine generations of family portraits line the walls, each with an intriguing story that Piers O'Connor Nash is happy to tell. clonalis.com

STATELY ROOMS

The main floor of Clonalis House is a series of elegant and stately rooms, all of which are in constant use by the intimate group of guests. A formal sitting room contains portraits of the beautiful and storied O'Connor ladies; a red-hued dining room has an astonishing assortment of silver table-ornaments.

We were ushered to a second-floor corner room complete with a four-poster bed and bucolic views, and it rivaled anything you've seen on *Bridgerton*. The bathroom was as large as many studio apartments in New York City and came with a seating area.

We had a lovely dinner in the library, and on another night all the guests ate



Clonalis House, Library

HIDDEN IRELAND

Clonalis House is part of Hidden Ireland, a grand collection of historic country houses where visitors can stay. These houses are privately owned and different from other accommodations in Ireland. They range from Ireland and Northern Ireland's most important Georgian buildings to charming rural rectories. What they all have in common is a commitment to traditional hospitality and service in a modern world. hiddenireland.com



Ashford Castle

WHAT TO DO & SEE

The best way to see Ireland and its reported 40 shades of green is with a road trip. I suggest hiring a comfortable sedan and knowledgeable driver to make the adventurous rounds of ancient castles and grand country houses Ireland is justly famous for. You can do a lot of history hopping within a two-hour radius of Clonalis House, which is in County Roscommon.

ASHFORD CASTLE

An hour's drive from Clonalis House is Ashford Castle in County Mayo. It's a medieval estate dating from 1228, in a dramatic setting overlooking Lough Corrib. Now a luxury hotel, this is the perfect place for lunch and a stroll around the gardens, or for treating yourself to high tea in the Victorian-era drawing room with views to the water. The history here is long.



Ashford Castle, Interior



Ashford Castle, Bedroom

In more modern times — that is, 1852 — Sir Benjamin Lee Guinness, a member of the brewing dynasty and the richest man in Ireland, bought the estate. He expanded the place, adding Victorian-style extensions to the house and also buying more land. The Guinness family gave the property to the Irish government in 1939. In 1951, John Wayne and Maureen O'Hara stayed there while shooting the classic movie *The Quiet Man*. A later renovation turned it into the swank hotel it is today. ashfordcastle.com

CASTLE COOLE

The next day we headed to Castle Coole, possibly the grandest Georgian mansion in Ireland, which is under two hours from Clonalis House. The interior decor is incredibly elaborate and rich, and though the castle itself is run by the National Trust, the contents inside are still owned by the 8th Earl Belmore, John Lowry-Corry, who still lives in the west wing of the house. He is continually updating and rearranging the collection of furniture, paintings, and objects d'art, so the house is a living exhibition. Queen Elizabeth visited in the late 1980s after a renovation, and Jessica Chastain and Colin Farrell filmed *Miss Julie* here. Castle Coole's vast grounds make for lovely long walks year-round, but do note that the mansion is open only at certain times of the year. nationaltrust.org.uk/castle-coole

STROKESTOWN PARK

Also nearby is Strokestown Park, a manor house built in the 17th century as the family home of the Cromwellian adventurer family, the Pakenham Mahons, who resided there from the 1600s until 1979. This grand estate, located in County Roscommon, was infamous for its role in the great Irish famine of the 1840s, when thousands of tenant farmers were evicted and forced to immigrate to North America. Today it houses the National Irish Famine Museum. While waiting for a guided tour of the house to begin, we popped into the walled pleasure garden, and wandering through this six-acre English-style garden turned out to be a real joy. There were avenues of green arches, a mini maze leading to a green square with large topiaries, plus a lily pond and several architectural follies. The house contains plenty of antique furniture, silver, and paintings; it has recently been taken over by Irish Heritage Trust and has been renovated. strokestownpark.ie

MONEA CASTLE

Two more historic locales were on our list, Monea Castle and Tully Castle, both mere ruins today. At Monea, we came upon several herds of dairy cows and their calves and a couple of dozen horses and their young. They happily trotted over to the fence looking for apples; we had brought some along, making us popular during our brief visit.



Tully Castle

TULLY CASTLE

Nearby Tully Castle has a tragic, blood-soaked history as the site of a massacre on Christmas Day, 1641, during the Irish Rebellion, a conflict between Irish Catholics and English and Scottish Protestant settlers. The Maguire family attempted to reclaim the property, and on Christmas Day killed sixty women and children and fifteen men at the castle, and then burnt it to the ground. A visitor's center in a restored farmhouse at the site features an exhibition of local lore relating to the castle. castles.nl/tully-castle

MEET THE HOTELIERS

Pyers & Marguerite O'Conor Nash



CORONATION STONE

Outside the front door of Clonalis House, hidden behind some shrubs, is a coronation stone, dating back to the 12th century. This marks the date when an O'Conor was originally crowned the High King of Ireland.

DOWNTON ABBEY

The O'Conor family lost control of their estate here and there over the centuries through wars and the like, but somehow managed to recoup the property each time. It's an unusual situation, given how so many of the similar grand estates in Great Britain have been taken over by the British government because they were just too expensive for private owners to maintain.

Pyers was working in finance in Dublin when, in 1980, his mother inherited the estate upon the deaths of her two sisters who had been living there. At that time, his mother wasn't able to care for the place, and they didn't know what would happen to it, given that the house was in poor condition, and the taxes were high.

PYERS & MARGUERITE O'CONOR NASH

Pyers and his wife, Marguerite, in their late 20s with young children at the time, went to take stock of the place in November of 1981. "All the advice we had was, that under no circumstances should I give up my job, because we had a young family and because the house wasn't going to survive the tax charge that had been levied on it," Pyers said. "We were just told that, technically, while the property had been inherited by my mother, it was really worth nothing."

"The walls would absolutely run with condensation," said Pyers. "I mean; I'm not talking just kind of the odd drip. I'm talking running. We'd mopped the walls in this place in those early days more than once to get the condensation of the dampness out of it."

But a senior colleague at his bank with an interest in history advised him to grab the opportunity, saying, "I guarantee you twenty years from now, you'll lean back in your office one day and put your hands behind your head and say to yourself, 'God, I wonder if I'd ever gone down there would I have been able to save the property.' And I thought to myself, *Nailed it*," Pyers said, smiling at the memory. Thirty-six years later, the O'Conor Nash family is still there.

The property actually does support itself now, but they made it work by Pyers returning to his banking job after six years, so they were able to live on his earnings while restoring the property. "Bit by bit we started to do things with the estate, because that took an enormous pressure off," his charming wife Marguerite explained. "It meant that we had income outside of the estate. We were not now relying on Clonalis for personal income." And they never have. "Now, the electricity bill and the insurance bill is paid for by the revenue generated, but we actually live off my pension now from my previous salary," Pyers said. "So, it's a rather strange way of making ends meet, but it worked."

BALLINTUBBER CASTLE

Clonalis House was built in 1878 by Pyers' great-grandfather, and there are ruins of an earlier family home on the property. About five miles away is Ballintubber Castle (aka Ballintober), which was the medieval seat of the O'Conors until the time of Oliver Cromwell, who removed the family from it in the 1600s.

WILLIAMITE WARS

"They got it back briefly, and it again was removed under the Williamite Wars, when William of Orange and James VII, King of England, battled it out, and the O'Conors lost it for a second time," Pyers said. "They lost it for about 300 years, but the castle then was repurchased in 1895 by my great-grandfather, the man who built this house. And so, it's still back in O'Conor hands."

clonalis.com

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LES ILETS DE LA PLAGE

LAID-BACK LUXURY IN ST. BARTHS

BY ANTHONY GIAMPETRUZZI



If you haven't been to St. Barths, well, you simply haven't lived. Not that the tiny Caribbean island is the meaning of life, but you just might be able to find yours there.

Perhaps you'd find manna at one of the pristine, cliff-flanked beaches. Your palate might experience ecstasy at what are arguably the best (and certainly the toniest) restaurants among the islands. You may feel transcendence at an exclusive hotel. Or, if your high comes from seeing and being seen, there is no shortage of highbrow events at which you can peacock about.

If you're like me, though, extreme comfort comes when I can retreat from (almost) all of it, finding an island upon an island where luxury and planned indolence lull me into a prolonged state of bliss.

I followed that bliss this year to Les Ilets de la Plage . . . and I almost never made it home.

One simply can't overdo the hyperbole when describing this tiny, exclusive resort of 12 villas. Only minutes from the airport, the property is located on the beautiful St. Jean Beach

with the simple yet elegant villas nestled among the lush tropical gardens of the hillside or smack dab on the beach itself.

Unlike the majority of St. Barths, life at Les Ilets is simple, laid-back, and relaxing. And, while there are plenty of aforementioned reasons to venture away from this small paradise, there are many features that will compel you to just stick around.

Right on the shore are four attractive one-bedroom beach villas, built in traditional West Indian style. Separated by palms and bushes, each villa has its own personality, while they all evoke the simplicity of island life. Tucked away on the hillside and very close to the pool are seven ocean-view villas.

Yes, the property is family friendly and recommended as such for a multitude of reasons. However, this in no way detracts from a vacation without kids: The generous layout all but ensures you'll come in contact with a child only on your terms!

The on-beach villas are by far the best way to seal the deal on privacy. Each villa has a covered terrace that opens on to green space, complete with loungers and hammocks, which



then transitions to the beach. This is a great place to mention that the beach itself offers privacy and exceptional views of St. Jean Bay.

The upstairs bedroom is air conditioned and includes either a king or twin beds and a generously sized en-suite bathroom. On the lower level, the kitchen is well equipped for cooking, including a coffee maker, Nespresso machine, microwave, toaster, and refrigerator/freezer. The dining area is just off the kitchen and the living room is at the entrance of the villa, affording a magnificent view.

If more space is needed, opt for the three-bedroom garden villa or a two-bedroom ocean-view villa. Because there are a number of options, and each has its own personality, you are encouraged to reach out and work with the property on your own personal needs.

And this is where the experience gets really good: The service and attention to detail are beyond compare. It's quite possible you'll encounter your manager and hostess who will ensure that your every want or need is realized. In fact, the entire Les Ilets team is committed to their guests' complete relaxation.

Whether it's organizing a culinary adventure of French or Creole specialties from a favorite restaurant or caterer, or having fresh baguettes delivered to your door each morning, Laurie, the hostess, and team will ensure you're well fed.

In fact, if you're too tired to shop on the day of your arrival, send along your wish list and the groceries will be on hand when you arrive (along with wine, Champagne, or even a delicious Planter's Punch). Babysitting, car rentals, currency exchange, maid service . . . Les Ilets takes great pains to ensure that your effort to get away from it all is not spoiled by a need to *do* it all.

Yes, life at Les Ilets is very simple, laid-back, and relaxing. Your morning read in a hammock can easily melt into a lazy lunch on your personal terrace followed by an afternoon at the beach. If you must get out, you can practically walk to the trendy bistros and boutiques of the North Shore. But honestly — why bother?

Les Ilets de la Plage
lesilets.com

HOW SUITE IT IS

VERSANTE HOTEL UNVEILS NEW DESIGNER SUITES

BY PATRICK STEVENS



Versante Hotel, one of Greater Vancouver's newest luxury boutique hotels, is pleased to announce the opening of its lavish 2,275 sq ft Versante Suite. The highly anticipated two-bedroom suite, designed by CHIL Interior Design, includes a fully equipped kitchen and dining room, a walk-out balcony with sweeping mountain and city views, original commissioned artwork, and more.

The 14th-floor Versante Suite is a collection of fine custom furnishings and thoughtfully curated artistry from around the world, providing a deluxe experience unlike any other. Vibrant inset marble floor mosaics, hand-woven textured European wall coverings, and a 10-foot custom millwork closet set the tone for a memorable experience in the vestibule. The open-concept kitchen is designed for entertaining and includes a gas stovetop, wall oven, coffee machine, wine fridge, 19-foot marble island, and a separate dining area with floor-to-ceiling windows. Admire sweeping panoramic views of the city and nature from the walk-out balcony, or from the contemporary living room with seating for eight and custom textiles and décor that complement two commissioned original paintings by Vancouver artist Andy Dixon.

The Versante Suite's master bedroom features a king-size leather platform bed and chaise lounge; an extravagant master ensuite bathroom with floor-to-ceiling calacatta marble, a double-sink vanity, and a free-standing soaker tub overlooking the city; and a show-stopping 100 sq ft walk-in closet with custom millwork and a backlit vanity. The second bedroom has custom wall coverings with florals and koi fish embellishments, a separate bathroom with a rainforest shower, a seating area, and a large closet. The private den in the suite serves as an executive office or family room, with a dedicated workstation, soft seating, an armoire, and thought-provoking artwork.

Room service and exclusive private dining experiences presented by Club Versante Executive Chef William Lew are available to

those who book the Versante Suite. Butler service is also available as a stay enhancement.

The slightly more intimate CHIL Suite, designed to accommodate bold personalities and pleasure seekers, has living space for four people and dining space to accommodate six people. The elegant two-bedroom CHIL Suite, named after Versante's interior design firm, features a master bedroom in a mesmerizing metallic urban tropical design and a spa bathroom with a breathtaking floating vanity overlooking the city.

To discover more about Versante Hotel and to book your stay, visit versantehotel.com.





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GUAYAQUIL, ECUADOR

HOTEL DEL PARQUE

BY INNA DESILVA



Guayaquil, Ecuador, is more than a convenient stop on the way to or from the Galapagos Islands; this port city has much to offer an international traveler looking for a window into South America's friendliest ally to the United States.

Guayaquil sits on the Guayas River and is filled with lovely Spanish Colonial architecture now serving as official government buildings. There are plenty of museums and wonderful restaurants, and the currency is the U.S. dollar.

While in Guayaquil, I stayed at a fantastic boutique hotel inside a beautiful park, aptly named Hotel del Parque. This 19th-century former hospital building was dismantled, moved to its current site in a historical garden setting, and renovated into a hotel with 44 guest rooms on two levels. It is now managed by Relais and Châteaux.

The hotel picked me up at the airport, which is something I highly recommend, and delivered me in time to order room service. The hotel's food is amazing, and its Ecuadorian breakfast dishes will leave you remembering them long after you've left. Cafetería El Jardín is a lovely, landscaped courtyard that

serves meals and snacks as well as excellent Ecuadorian chardonnay. The hotel offers a private chapel for prayer, and while I was there I witnessed a wedding ceremony.

One of the best gourmet restaurants in the city sits in front of the Hotel del Parque in another beautiful historical building owned by the hotel. Casa Julian is where the crème de la crème of Ecuadorian society dine overlooking the Daule River. I enjoyed cocktails and appetizers there one night and a gourmet dinner on another. The restaurant is considered one of the fifty best restaurants in South America. The Ecuadorians I met were lovely and friendly people who went out of their way to make me feel at home in their cosmopolitan city.

The hotel staff was exceptionally friendly and competent, arranging everything from a manicure to a private city tour and a PCR test taken in the privacy of my room for my return flight to United States.

Hotel Del Parque is an oasis in a bustling city, ready to welcome you with open arms. To book your stay, please visit hoteldelparquehistorico.com.



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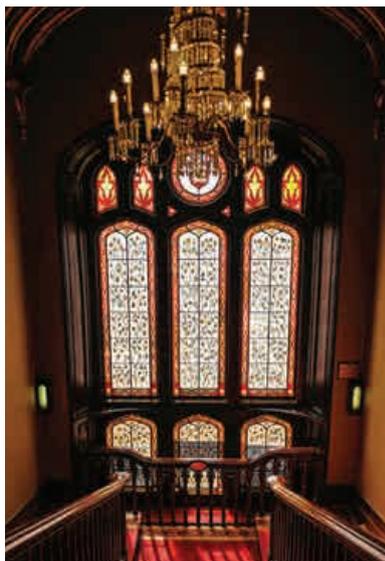
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JETSETTER STYLE

DROMOLAND CASTLE

COUNTY CLARE, IRELAND

BY GREGORY DELLI CARPINI JR.
PHOTOGRAPHY BY LORENZO VINTI



Dromoland Castle is a true Irish gem that mixes centuries-old character with contemporary charm.

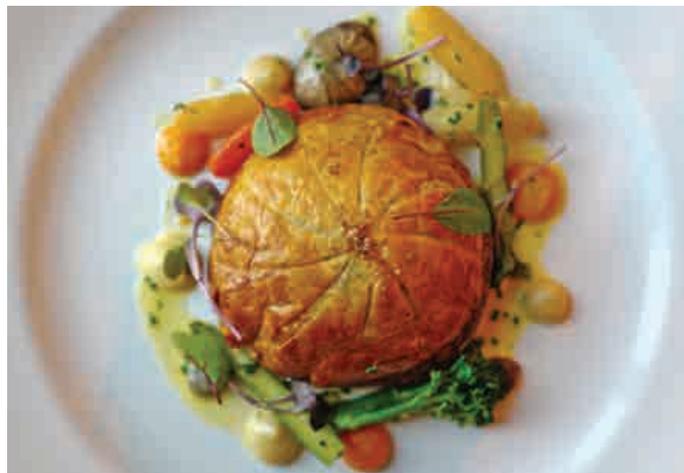
Located in County Clare, Ireland, Dromoland Castle has been welcoming guests since the 16th century and is surrounded by diverse natural beauty. The property is the ancestral home of the O'Briens of Dromoland, whose lineage dates back 1,000 years to Brian Boru, one of the last High Kings of Ireland.

The hotel's incredible history and preserved heritage features historic charms like wood-burning fireplaces, impressive stained-glass windows, and original stone walls. The 97 guest rooms are throughout different levels of the building with varying views of the lush and green-drenched grounds.

The property is the perfect setting for a royal rest and relaxation. Take in the gorgeous and sumptuous natural world of Ireland as you stroll around the 450-acre estate. Tee off on the world-class, 18-hole championship golf course with a state-of-the-art golf academy. Relax in the hotel's intimate spa. Enjoy a creative and perfectly crafted cocktail in the impressive bar room where your drink is paired with tarot cards. There is truly something for everyone at the Dromoland Castle.

Renowned for award-winning cuisine, the executive chef, David McCann, has been impressing guests for over 20 years with his

elegant and delicious cooking. Enjoy a delectable tasting menu and wine pairing in the chandelier-lit Earl of Thomond restaurant. You can also enjoy a luxurious afternoon tea by a roaring fire in this same awe-inspiring room.



Dromoland Castle is a unique hotel that will allow you to feel both rested and inspired. For more information and to book your stay, head to dromoland.ie.

THE OMNIA HOTEL

ZERMATT, SWITZERLAND

BY GREGORY DELLI CARPINI JR.
PHOTOGRAPHY BY LORENZO VINTI



The Omnia Hotel, a modern and luxurious hideaway in the heart of Zermatt, Switzerland, is the epitome of modern sophistication.

Driving through the center of Zermatt in a tiny electric car is like cruising through a winter landscape painting. Passers-by move through wafting snowflakes as they make their way to and from cozy restaurants and quaint shops. After a swift right turn down a small street, I found myself at the base of a mountain in front of a large glass door printed with the words The Omnia Hotel.

The doors slid open, and I was driven through an illuminated cave that led to a glass elevator. My ascent to the main lobby revealed an overall view of the city framed by the glistening white Alps.

The Omnia Hotel is a serene, design-focused mountain lodge that is unlike any other. A palette of taupe, white, and grey tones drench this calming retreat. Warm woods and natural stone perfectly punctuate the sleek aesthetic in the 30 guest rooms.

Everything is designed with precise precision to leave guests feeling calm and relaxed. The decanter filled with bourbon, handmade chocolates on the pillows, and Aesop toiletries create a feeling of home. The Matterhorn views from the large wooden balconies are unforgettable.

The food is also a genius creation of understated and inviting luxury in the Michelin-starred restaurant. You can sit by a fire as you peruse the menu over a glass of Champagne or an Aperol spritz, while the head chef, Klemens Schraml, is in the kitchen getting ready to wow you with his true artistry. He creates unique and fragrant takes on a vegetarian barbecue. Dining at this hotel is a unique experience.

The hotel is also perfectly positioned in the city center and a short walk to the slopes. After a day of skiing, enjoy the sleek spa which offers a sauna and steam room, a beautiful relaxation area with warm beds, and an impressive indoor pool that flows outside to a hot tub with views of the Matterhorn.

The Omnia Hotel masters modern luxury and is a true destination for inspiration.

For more information and to book a room, please head to the-omnia.com/en.

MAGO'S JOURNAL

BY MAGO



MAGO is an internationally acclaimed artist, focusing on installations. He also curates for private collectors and consults for galleries and museums. MAGO is experienced in media and production, and this wealth of cultural knowledge intends to use to inform this column. Contact MAGO at mago@sociallifemagazine.com or 212.203.7582

Hamptons Art 2022 Season Is Starting to Bloom

The spring air never sweeter, sunshine never brighter

Cheers to the highly anticipated, couldn't be overrated Hamptons 2022 season! I am thankful to all members and supporters of the arts and their respective industries as I share with you my creative journey through our rich creative community. So many thanks, in particular, to Joi Pearle Jackson, my colleague from RJD Gallery, who started a conversation with the LongHouse Reserve team about my participation to introduce and moderate conversations with marginally represented emerging artists. This series is scheduled to begin at the end of August and will extend into the fall. I would also like to thank the artist Lucy Cookson of Amagansett for inviting me to the stunning Guild Hall gala at Cipriani's and introducing me to her fabulous friends who joined her table that evening. Together with *Social Life's* creative director, Marsin Mogielski, I had tons of fun creating a video for Lucy Cookson.

The SHINE Studio in Bridgehampton

Within every child is a light

I got my start as a LatinX graffiti street artist, and this year I was proud to have been commissioned for a mural to represent SHINE, an organization that has been giving children aged 4 to 10 magical innovative, creative, and fun-filled summer camp and mini-camp experiences, since 2004. My buddy Aaron Goldschmidt is the founder of SHINE, which celebrates all things Hamptons: the natural flora and fauna, local art and artists, architecture, history, the beach, the bay, and more. This season will extend from Tuesday, July 5, through Friday, September 2, at SHINE's Bridgehampton location and Tuesdays at the LongHouse Reserve (one of my favorite Hamptons art spaces).

Wabi Beach at Salt House Mercantile Sag Harbor

Casually cool lux surf lifestyle brand

This fall and spring, I had the pleasure to spend eternal summer at Salt House Mercantile, the gallery and home goods store in Sag Harbor — the brainchild of Carrie Schei and her totally chill

husband, Adam Brotman. They asked me to help launch the soft opening of works by the visionary photographer Dean Isidro. Available are original photographs and limited edition prints. Isidro's inspiration began in his childhood as he watched the sun glistening off the waters of coastal California and continues in Sag Harbor. Isidro is especially drawn to indigo, a color and dye that appears in his art works and items in his clothing line.

We Can Do It

2022 backyard barbecue to benefit the Edie Windsor Health Center

I first met Kathy Hochul, the first female governor of New York, at the Hamptons home of Judith Kasen-Windsor, whose late wife, Edie Windsor, was the lead plaintiff in the landmark Supreme Court case *United States vs. Windsor*. This ruling overturned Section 3 of the Defense of Marriage Act, allowing for same-sex married couples to have access to federal benefits and privileges. This year, Kasen-Windsor commissioned me and Marsin Mogielski to create a poster for Governor Hochul's upcoming campaign. The poster, *We Can Do It*, was inspired by Governor Hochul and also by the late Edie Windsor and Judith Kasen-Windsor as well as my mother and all women facing uncertain times. A backyard barbecue to benefit the Edie Windsor Health Center at Southampton Hospital will be on May 28, from 1 pm to 4 pm. Tickets are available on the Stony Brook Southampton Hospital website, southampton.stonybrookmedicine.edu

Bharat Dalalon's Fossilized Passions of Da Vinci

On exhibition this Hamptons season

I am now introducing Bharat Dalalon's series *Fossilized Passions of Da Vinci* to art venues and collectors. The late artist created this series of six Magical Realism paintings over five years in the late 1980s. The paintings are not only an homage to Leonardo, but also a philosophical story of the eternal soul and its journey through metamorphosis. Last August, the Dalai family of India, in partnership with Anna Rothschild PR, hosted a three-day exhibition of *Fossilized Passions* at the Consulate General of India in New York.

TRANSCENDING LIFE THROUGH ART

By MAGO



Sharyn Bradford

The painter Sharyn Bradford captured local and national attention when she and her artwork were featured on *Serving the Hamptons*, a new Hamptons-based reality TV series that is currently airing on Discovery+. She also donated a commissioned portrait sitting to the “Spring Fling,” the annual event hosted by the Parrish Museum that benefits art education for children and adults on the autism spectrum, a mission important to Bradford. “Art is a voice. Art is a vibration,” she says.

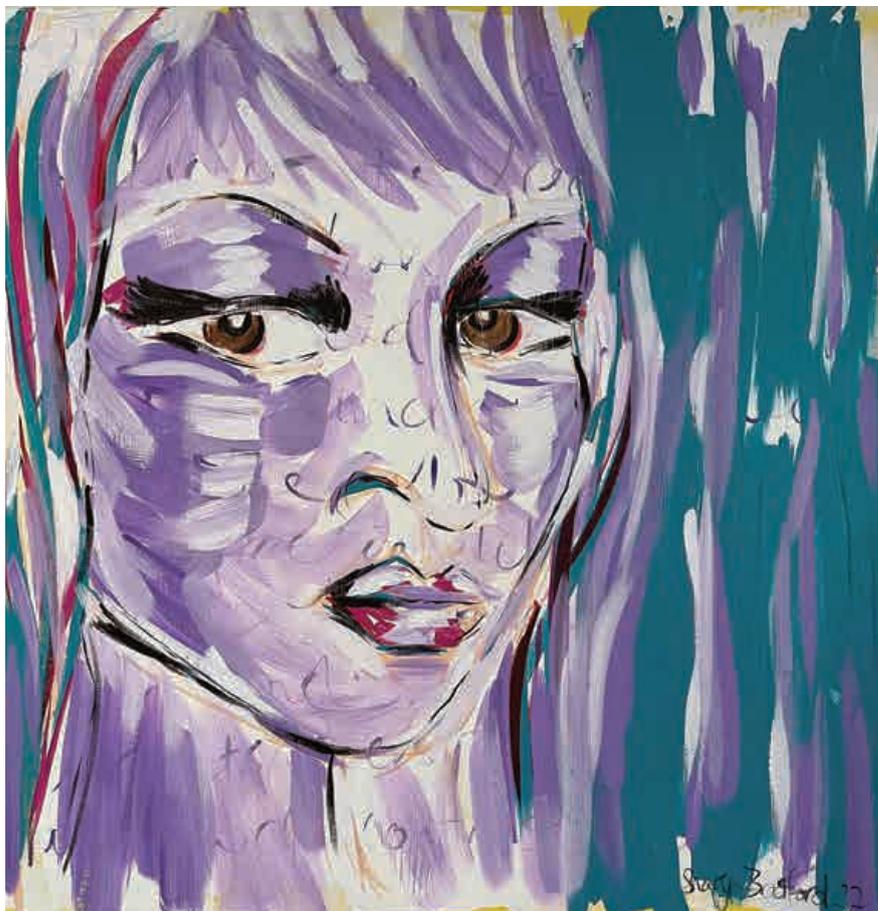
Sharyn Bradford was born in New York and received a bachelor’s in Fine Art and a master’s in Art Education, both from New York University. This pioneering artist was part of a team that developed an art curriculum and program for the enrichment of children, which she received acclaim and recognition for. Bradford, along with NYC public schools, led a non-profit program, Public School ArtWorks, which expanded an art-education curriculum into a gallery module. This endeavor presented young artists with the direct opportunity to develop skills, exhibit in a gallery, and sell their art.

Bradford’s women painting series is narrative portraiture. “I share a collective stream of consciousness that once were words on the border of my paintings and have evolved with my subject matter creating an insight into their inner voices and my stream of thoughts,” she explains.

When encountering Bradford’s intimate expressionist portraits, the spectator will perceive how the artist has embraced the emotions and attitude of her portrait subject. Both visceral and deliberate, Bradford’s generous, gestural brush strokes are accompanied by authentically raw words that flow directly from her mind to her hand to the canvas. Bradford is drawn to a bold color palette. “Color is pure energy,” she says.

Sharyn Bradford is married to Glenn Bradford, the esteemed jewelry designer, whose well-known couture flagship shop is frequented by Hamptons elites. Together they have raised three beautiful children — Tayler, Ethan, and Hannah — and they live with their beloved dog, Bryce. They share a love story that has spanned almost three decades. Family, art, and design remain at the core of their extraordinary life.

► Bradford’s studio is located in Southampton and is available for private viewings and portrait commissions. For any inquiries, please contact MAGO at **212.203.7582**.



Sharyn Bradford, *Woman in Purple II*, acrylic with gloss medium and varnish on heavy frame canvas, 30 x 30 in.

MATTHEW MARCOT

BY MARSIN MOGIELSKI

I first saw Matthew Marcot's art at an event on the Upper East Side, and I had to purchase a piece. I was intrigued by the symbols, colors, art-form, and what it meant not just to the artist, but to me. I took my time to listen to everything Marcot said with passion regarding his work. He signed the artwork for me and my niece Mila. I had a feeling that Mila would appreciate the simplicity of it, yet would try to understand what each stroke, symbol, and color represents.

When asked what kind of artist Matthew Marcot is, he says "I work primarily in semiotics and collage. I draw on ancient art forms that were based on superstition and religiosity, such as African sculpture, religious manuscripts, and cave drawings."

Marcot continues, "the most telling part to me as an artist is that, whether someone understands these ideas or not, there is always a visceral reaction to my art. I see it all the time at shows, where I encounter art-educated viewers, and when I show my work at my studio located in Sheridan Square in the West Village, where often people have no knowledge of this."

In his work, Marcot is seeking to give visual expression to unseen ritualistic and cosmic forces that both underlie and govern modern civilization. He believes that it resonates with people on both, a conscious and unconscious level, whether they feel they understand it, or not.



Marcot is not the first artist to do this. The New York School of the Abstract Expressionists were he was inspired by the idea of bringing expression back to the roots of primal immediacy. But as a Gen Z dropout whose greatest wish growing up was to have an art studio in the West Village (and not own a cell phone), I can see that Marcot's point of view is unique.

"I am fueled by my desire to explore the essence of what it means to be human in an increasingly de-humanized world. Through my embrace of primal expression, such as my own brand of hieroglyphic-like calligraphy, biomorphic semiotics, and geometric portraiture, I bring the human back to their roots. In a world that humans are steadfastly making less habitable for our species —decimating our forests, oceans, as well as our life force, our climate and air — I find it essential for art to confront our predicament."

Marcot's art is not about confronting the outward environment but reevaluating our inner environment—which the outward destruction is a direct result of. Marcot says, "my art is a confrontation of being human itself. With the impersonality of advancing technologies, we are being taken even further out from our humanness in a time where it is essential we begin to harness it.

My work is my contribution to this, and to remind people of what it is to be human." Learn more at marcotart.com and follow [@therealmarcot](https://www.instagram.com/therealmarcot).

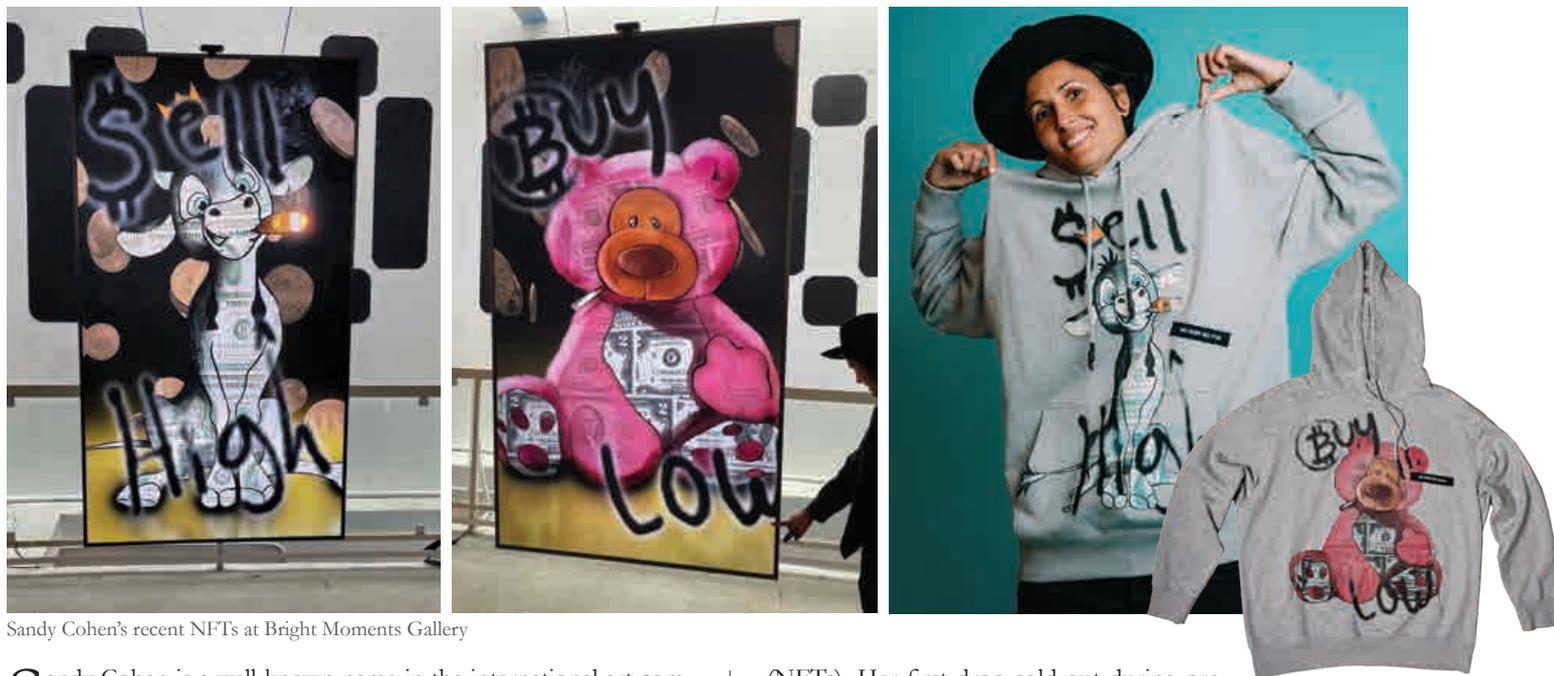


Matthew Marcot at his studio in the West Village

ART, STREETWEAR & NFTS

THE THOUGHT-PROVOKING CREATIONS OF LOCAL HAMPTONS ARTIST SANDY COHEN

BY VEDA FALMOUTH



Sandy Cohen's recent NFTs at Bright Moments Gallery

Sandy Cohen is a well-known name in the international art community. A Hamptons resident, whose paintings are coveted by celebrities, royal families, and high-end collectors, her work is both provocative and emotional, spinning on concepts and realities that connect many to their inner dreams, delights, fears, and frustrations. Cohen describes her work as genuine and raw. “The one thing I hear often is that my work is *alive*. I’m self-taught, so there are no rules.”

Her style is a mix of pop, contemporary, fine, classical, and street art — sometimes all on the same canvas. Don’t be surprised if you see her art displayed in homes next to artists like Alec Monopoly and Pablo Picasso.

This year, in collaboration with the financial journalist Markus Koch and the European clothing brand Born Originals, the trio created limited-edition hoodies. The hoodies display a creative take on the famous metaphor of market movements: the Wall Street bull and bear. The hoodie also shows dramatic emblems of rising and falling stock prices. Streetwear and art are a unique way to capture the essence of Wall Street and the reflection of how technology, cryptocurrencies, and decentralized finance are rising in popularity and changing the way personal finance operates.

Following the success of the hoodies, Sandy brought the images to life as nonfungible tokens

(NFTs). Her first drop sold out during pre-launch. Email sandycohenart@gmail.com to be added to the whitelist to secure early access to exclusive drops. The NFT collection also includes limited-edition items with every purchase. Partnering with Sean Marshall, a renowned designer whose clients include presidents (like Barack Obama), celebrities (like Robert Herjavec and David Arquette), and famous athletes (NFL and MLB), Cohen offers the unique experience of having Sean personally travel to have clients fitted for a bespoke, limited edition, luxury suit jacket valued at \$3,000. The suit jacket has the image of the NFT inside the lining and other unique details. Sandy explains that “as the Metaverse keeps growing, so do NFTs. They’re becoming important tools for investment and utility, both in the virtual and the real world.”



- ▶ Email sandycohenart@gmail.com to be added to the whitelist to secure early access to exclusive NFT drops
- ▶ Check out the NFTs on opensea.io under Sandy Cohens Art
- ▶ To purchase a hoodie, please visit sandycohenart.com

GALLERIST MARCELO ZIMMLER

UPSILON GALLERY OPENS NEW SPACE

BY BENNETT MARCUS

Marcelo Zimmler in front of art by Osvaldo Mariscotti



Upsilon Gallery has expanded in Manhattan, with a new 2,000-square-foot space at 23 East 67th Street, in addition to its gallery at 146 West 57th Street. Upsilon specializes in international postwar and contemporary art, with a focus on rediscovering overlooked artists within a historical scope.

OSVALDO MARISCOTTI

The new UES space launched with a solo exhibition of Osvaldo Mariscotti's paintings, sculptures, and mixed-media works. The show focused on the artist's study of symbols and the development of language. "Osvaldo is a proper artist's artist," Marcelo Zimmler says. "He likes to lock himself up in the studio and paint all day."

BRITISH ARTIST CLYDE HOPKINS

The gallery's second show, *Chaunticlere: Paintings from the 1980s*, which opened this spring, highlights the work of the late British artist Clyde Hopkins. In London, Upsilon's director is Greg Rook, an established art advisor, collections manager, university lecturer, and artist. "He's super knowledgeable, especially when it comes to U.K. artists," says Zimmler. Rook worked with the estate of the British artist Clyde Hopkins to bring the important show to Upsilon's newest space.

Hopkins, who died in 2018, has work in the permanent collection of the Tate. His work has also been exhibited at the Serpentine Gallery, Salisbury Art Centre, and Francis Graham-Dixon in London, among many others. "This is the kind of high-caliber work that we're dealing with," Zimmler says.

CIRCUITOUS ROUTE TO THE ART WORLD

Upsilon Gallery, which launched in 2014, also has representatives in Miami and London. Its founder, Marcelo Zimmler, had a somewhat unusual path to discovering his passion for art and becoming a gallerist.

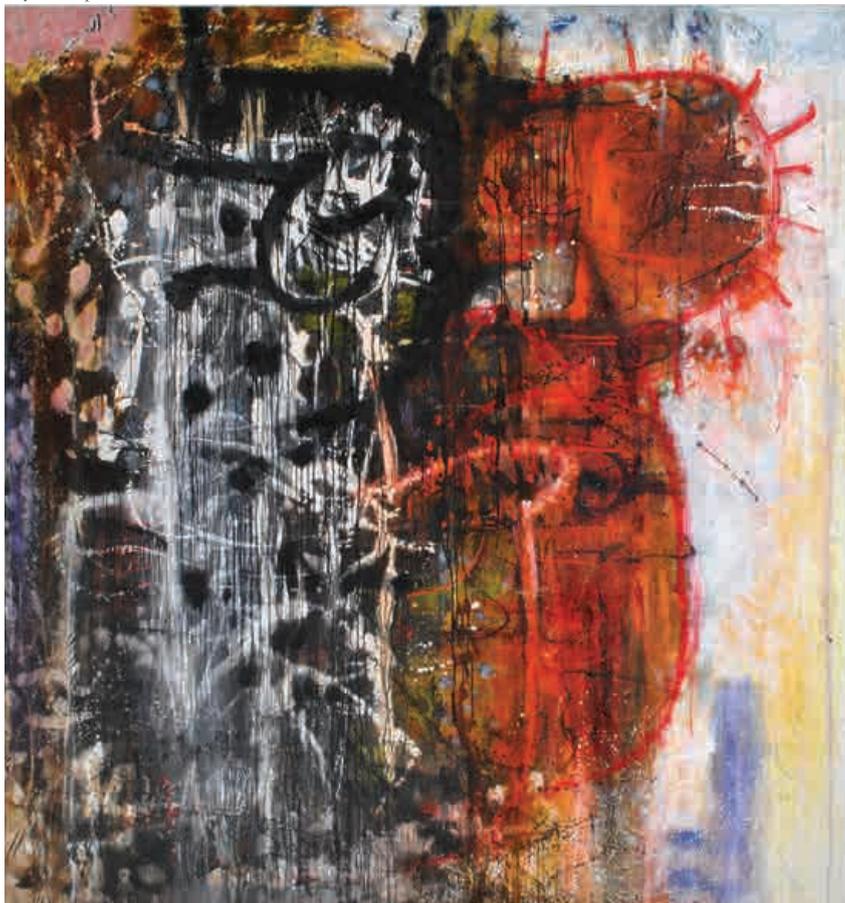
While studying computer science at Pace University in New York, Zimmler's plan was a graduate program in applied math followed by a career in academia. A study-abroad program in London, where he met a lot of entrepreneurial characters and participated in competitions for business plans, upended those plans.

"Coming into London, I thought I knew exactly what I wanted to do. I was already preparing for the GREs," Zimmler says. "Then it all flipped upside down. I didn't like it anymore. I knew it wasn't my passion."

A museum buff, he'd always been interested in the arts, and once back in New York, he immersed himself in the world of fine art, and found he loved it. More kismet followed once he'd graduated: He met Osvaldo Mariscotti, "I offered to help him," says Zimmler, "because he needed exposure."

Zimmler designed a website, which received a good response, and built the business from there, reaching out to art publications and initiating collaborations with several art groups within the United States and Europe. "Eventually I put together an e-commerce site and a number of applications that combined Mariscotti's aesthetics with things like sound synthesis and augmented reality to take the experiential aspect of the artwork to a new level. The work we did ten years ago was highly experimental, which in turn made it very exciting."

Clyde Hopkins, *Chaunticlere*, 1989, oil on canvas, 72 x 67 in.



deep knowledge and connections in the industry. His director in New York is Andrew Horodysky, an authority on prints and printmaking, one of the gallery's strengths. He has a background in art history, previous gallery work, consulting, and appraising, and is a member of the Association of Print Scholars.

MIAMI SPACE

Zimmler opened an office in Miami as a response to the recent influx of New Yorkers. In Florida the gallery has participated in art fairs for the past five years. "We're building a good base in Miami; we get people from Palm Beach, Boca Raton, and other parts of Florida."

Upsilon has always had an online presence; the gallery started out online even before having brick-and-mortar locations, which helped during recent times. "You can work around clients not being physically in the gallery by being fully transparent, namely by supplying high-resolution photography and video, accurate artwork specifications, full provenance, condition reports, etc.," Zimmler notes. "As a result, our business ended up growing a lot. Last year we had our best year ever, and it was over a 100% increase from the year before."

Upsilon Gallery | upsilongallery.com

LONDON SCHOOL OF ECONOMICS

After a couple of years as an artist's manager, Zimmler began to think about starting a gallery, and enrolled in a master's business program at the London School of Economics. "I used my thesis to study the art market, doing a quantitative study on certain features of the English auction, which is by far the most popular type of auction and the one used in the sale of fine art." After graduating, he returned to New York and started Upsilon Gallery.

ASSOCIATION OF PRINT SCHOLARS

In his early 30s, Zimmler surrounded himself with a team of art-world heavyweights with



Clyde Hopkins, *Phallogentric Painting (for-MB)*, 1985, oil on canvas, 66 x 75 in.

GRIT & GRATITUDE: THAT'S GRAVAGNA

BY KRISTEN FRANK
PHOTOGRAPHY BY THE SOCIAL ELEPHANT



Christopher Gravagna

“My success is built from the tuition of my failures. These failures have been the greatest gift to my success, to my happiness.”

Christopher Gravagna on his journey from ego to gratitude.

At the ripe age of 13, Christopher Gravagna, an ambitious Queens native, launched his first business, marking the beginning of a long and storied entrepreneurial journey. He called it The Busy Bees: He and four of his friends mowed lawns, cut grass, and washed cars. That summer was instrumental in shaping how Christopher developed over the next ten years. He had learned that hard work, long hours, and physical exhaustion paid off — both monetarily and as inspiration.

Many ventures later — failed as well as successful — Christopher today runs the Gravagna Group, a diverse organization involved in sectors like hospitality, real estate, finance, tech, crypto, health and wellness, and lifestyle. The types of businesses they’re invested in are quite varied. Some of you may know him as the co-owner of the popular Ainsworth restaurants or the former owner the famed nightclub 1 OAK in Southampton. His current portfolio of investments includes much more, like health and wellness ventures, including the popular KINRGY dance fitness and energy healing program that has Manhattan’s elite and celebrities alike hooked. His wife, Sofia Gravagna, owns and runs the company Extensive Nutrition, wellness services dedicated to improving the health and well-being of busy professionals through nutrition and lifestyle guidance.



Throughout his journey, he's had some colossal failures, which he credits as being the biggest wake-up call of his life. About 12 years ago, after selling multiple companies (two successful printing enterprises, online matchmaking, and others), he thought he was financially set for life, so he started chasing different business ideas. They turned out to be flops and he subsequently lost a ton of money, got divorced from his first wife, had his house go into foreclosure, and had to borrow money. "That was the greatest, greatest gift that could ever have been given to me. Because this was the gift that made me humble," he said.

Gravagna remembers that he had usually been the person at the dinner table who would grab and pay the bill. "And suddenly I was the person sitting at the table hoping someone else would pay the bill. I was afraid that my credit card would be declined," he remembered.

From losing it all at one point, he picked himself up and learned some hard lessons. He learned how to truly understand and love himself and put value on time spent with loved ones, not on material things. Through deep personal development he's taught himself to communicate better and show up fully every day for his family and business partners. "My currency today is moments, time. Time with my two kids and wife, laughter, joking around, just being in the moment. When you look at life and look at what we have to show for it, it's our memories," he said.

Gravagna refers to himself as a serial entrepreneur with a sincere human twist. Husband, father, son, mentor, and friend are the basis of his holistic approach on business and investing. He is now committed to using his voice to give back and help youth and aspiring entrepreneurs find purpose, create gratitude, and experience so they, too, can help make the world a better place. He's passionate about helping build great companies as well as great people.

Gravagna wants to work with you to drive impact and win together. To learn more about the Gravagna Group, chat, be a part of their team, have them invest in you or partner on investments, email him directly at chris@gravagnagroup.com.



FUN FACTS ABOUT CHRISTOPHER GRAVAGNA

- ☺ Born and raised New Yorker — went to Fordham Prep in the Bronx
- ☺ Loves comedy clubs, laughing, and making people laugh
- ☺ Enjoys dancing — we hear he has some mean dance moves
- ☺ Adores creating experiences like events and get-togethers
- ☺ Has mastered the art of karaoke
- ☺ Favorite time is hanging on the couch watching movies with his family
- ☺ Devoted Knicks fan — find him courtside!

TAMARA BOOK

YOUR GUIDE TO WEALTH

BY BRIANA COHEN



Social Life sat down with Tamara Book, an entrepreneur, financial freedom mentor, and real estate investor, to learn more about the inspiration behind *Your Guide to Wealth*.

Your Guide To Wealth believes with a solid education in real estate investing and vital business skills, along with an introduction to alternative solutions to diversifying your income, you will be well on your way to thinking and operating like the wealthy already do.

No matter your current financial situation or what level of investment experience you have, the experts at *Your Guide To Wealth* can help guide you to find new tools and resources to start or accelerate your wealth-building journey. From real estate investing foundations, advanced investing techniques, available investment technologies, and even networking strategies to expand your investment options, *Your Guide to Wealth* will teach you proven methods of successful investing.

What's your philosophy on financial freedom?

Warren Buffet famously said: "If you don't find a way to make money while you sleep, you will work until you die." Learn ways to make your money work for you, versus you working for your money. When the money comes in, regardless of what you're doing, who you're with or where you are, that's when true financial freedom comes.

Was there something specific about real estate investments that inspired you to dive in?

Yes, 3 things: It's something that people will always need. It can create generational wealth. It would allow me to live life on my terms.

Can you share some of your wealth building strategies?

Having multiple streams of income is key. Always live below your means. Find ways to have your assets pay for your liabilities.

Any advice for aspiring entrepreneurs?

Set clear and concise goals and go for them! Be coachable and always give back! Find people, and mentors who are doing what you aspire to do and learn everything you possibly can from them. Invest in yourself, whether it's reading books, paying for training, or personal development. The best investment you can make is in yourself. Also, don't be afraid to fail, I can't tell you how many times I failed at the beginning (and still do). The important thing is how you handle those failures and to make sure you learn from them. Get back up and keep going, and never let them keep you down!

What's your personal motto?

The only limits in life are the ones you make. You can achieve any goals you set your mind to. Dream big. Take big action, and don't ever give up.

► 646.838.2341 | yourguidetowealth.com

THE CHARISMA FACTOR BY LEESA ROWLAND: THE ULTIMATE GUIDE TO UNLOCKING YOUR CHARM

BY ELIZABETH ELSTON



Embrace your uniqueness, discover your authenticity, and empower yourself like you have never done before with *The Charisma Factor: Unlock the Secrets of Magnetic Charm and Personal Influence in Your Life*, the latest book from the actress, philanthropist, and author Leesa Rowland. *The Charisma Factor* is a follow-up to Leesa's best-selling self-help/motivational book *Discovering the It Factor Within You: Developing Your Charismatic Personality*. Published by Hatherleigh Press, the 224-page self-help book is available in paperback and e-book.

SYNOPSIS

The Charisma Factor: Unlock the Secrets of Magnetic Charm and Personal Influence in Your Life

Charisma is an unseen but powerful force that has many different facets. Charisma is a special and compelling spark that makes you unique, and sets you apart from the rest of the

crowd, and it is something all people possess — whether they are aware of it or not. Devoting a little time to connecting with our inner selves, learning what makes us truly special, and incorporating this magnetic quality into our personality can have untold benefits on our lives. *The Charisma Factor* is the ultimate handbook that unlocks the mysterious formula for charm and influence. Whether you're someone who lives in the spotlight, or you're a college graduate just starting out on a career, this book will improve the way you communicate and interact with others, with useful lessons and Leesa's personal tips.

► The paperback (\$15.95) is available at Barnes & Noble, Target, Walmart, Penguin Random House, Books A Million, Bookshop.org, Hudson Booksellers, IndieBound, Powell's, and Amazon.

► The e-book (\$12.99) is available from Amazon, Apple Books, Barnes & Noble, Books A Million, Google Play Store, and Kobo.

ABOUT LEESA ROWLAND

Leesa Rowland, the daughter of an artist and a college professor, grew up in Austin, Texas, where she studied broadcast journalism before becoming a classically trained actress at the world-famous Stella Adler Studio in Los Angeles.

Leesa is well known as a philanthropist and animal rights advocate. She has been involved with the national non-profit organization Last Chance for Animals since 1989 and is the president of the New York non-profit group Animal Ashram, which she founded in 2013.

As she continues to develop her work as a philanthropist and involvement with these and other charities while exploring new dramatic roles, Leesa recently began adding something else exciting to her sizzle reel: comedienne. A lifelong sitcom fan, she has been taking comedy classes in Los Angeles with Richard Kline, the actor best known as Larry on the 1970s classic *Three's Company*. She has also been studying improv and sketch comedy in New York at the famed Upright Citizens Brigade, whose alumni include Amy Poehler, Horatio Sands, Matt Besser, Matt Walsh, and Ian McKay.

Leesa Rowland
leesarowland.net

MICAH MCLAURIN

THE MODERN LIBERACE

BY ELIZABETH ELSTON



THE JUILLIARD SCHOOL & EUROPEAN TOUR

Micah McLaurin is the Liberace of the Millennial generation. He started playing the piano at eight and spent his childhood studying under some of America's most notable classical pianists, including Enrique Graf and Gary Graffman. When he was nineteen, he attended the Curtis Institute of Music, one of the top music schools in the country, before attending The Juilliard School for his master's degree. When McLaurin was fourteen, he played his first performance with the Hilton Head Symphony Orchestra, and at sixteen he appeared as a soloist with the Cleveland Orchestra. Since then, he's played all

over the world at music festivals and top-level concert halls, including a solo show at Lincoln Center. He's also played with the Philadelphia Orchestra and Orquestra Filarmónica de Montevideo. McLaurin has won numerous awards, including the Gilmore Young Artist award that honors two of the nation's most talented up-and-coming musicians every year.

CHOPIN TOUR

This spring McLaurin embarked on a sold-out European tour. He performed as a soloist in the world premiere of "Bohemian Rhapsody in Blue" in Germany at the Hagen Philharmonic. The piece was composed by Steve Hackman, who has also worked with Kanye West. McLaurin then went on to tour Italy in a series of concerts sponsored by La Societa dei Concerti Milano. With the cellist Ludovica Rana, he performed an all-Chopin program with appearances in Arnesano, Cerro Maggiore, and Cavernago, culminating at the Milan Conservatory. European critics are already comparing him to the late and legendary Vladimir Horowitz.

LADY GAGA, ZALDY & MICAH GARNER A MILLION VIEWS

McLaurin's performances fuse two of his first loves, the piano and high fashion. His Instagram account, which boasts 117K followers, features his favorite costumes and outfits, some of which were designed by Zaldy, the world-renowned designer who's worked with Lady Gaga, Michael Jackson, Britney Spears, Katy Perry, and RuPaul. Zaldy and McLaurin's collaborations have resulted in some

unique and stunning creations, including their royal face mask with gold-encrusted diamonds dripping off both sides. McLaurin also worked on the musical arrangement of Lady Gaga's songs *Bad Romance* and *Paparazzi*, which have just been released on YouTube and have received nearly one million views to date.

INSTAGRAM & YOUTUBE

The first time the 27-year-old wunderkind first lay his fingers on the piano as a child he knew he'd discovered his reason for living. He remembers being consumed with piano throughout

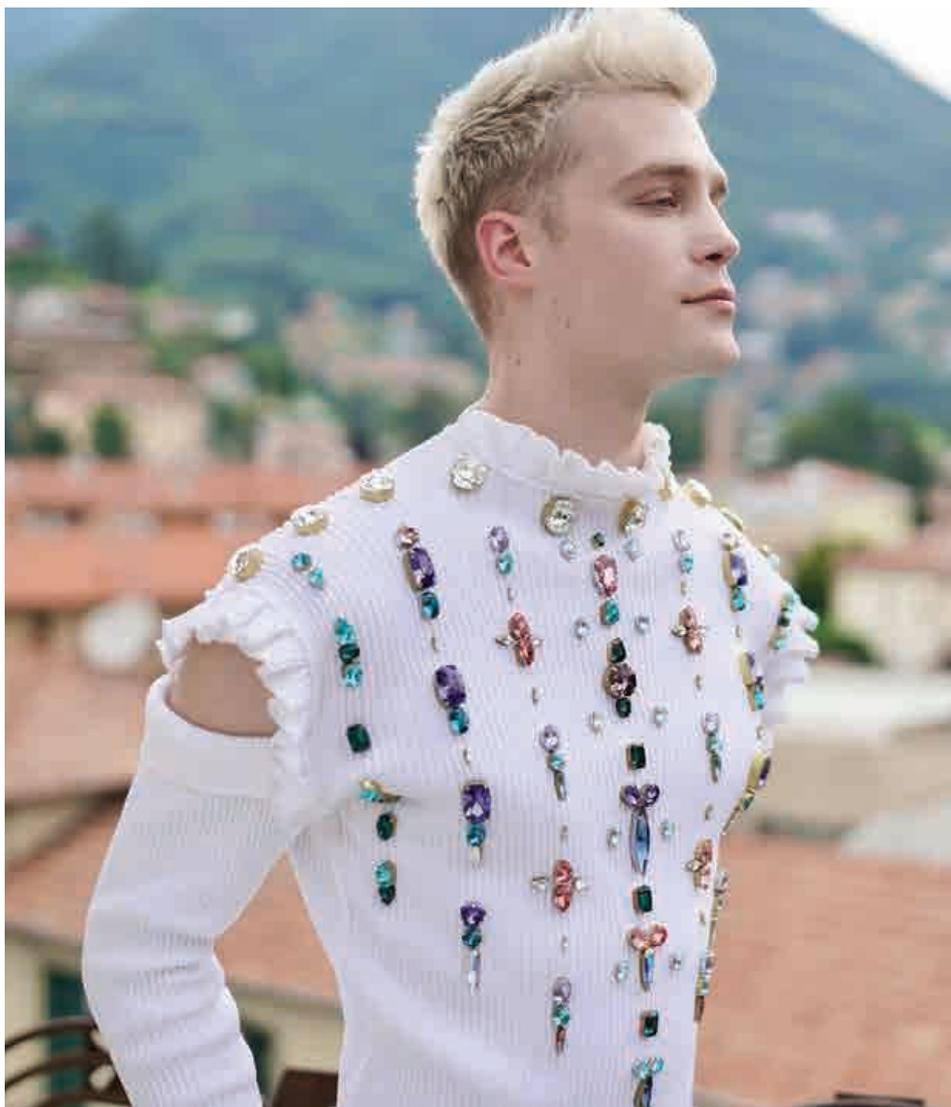
his childhood. He never focused on school or other jobs because he knew he was destined to become a pianist. McLaurin's education at Curtis also unlocked a newfound love for fashion. "I only wore hand-me-down clothes; I never had the chance to go shopping until I went to Curtis. I saw things with crystals, and they really caught my eye. This really developed my taste for fashion." McLaurin said. His Instagram features his high style and his peerless piano playing. Through social media, McLaurin is reinvigorating a national appreciation for classical music. "It's interesting how Chopin has millions of monthly listeners on Spotify," McLaurin said, "Even some pop artists don't have that."

MEET MICAH IN HIS OWN WORDS

My mom got a book called *Teach Yourself How to Play Piano* and tried to sit us all down and teach us. When she gave up, I started going through it on my own and figured things out for myself. I was the third of seven children, three boys and four girls. It was pretty crazy; I shared a room with my two brothers for most of my life growing up and I mean it was always fun because there was always someone to talk to. I grew up in a Catholic family. Very Catholic. I went to a Catholic school at one point and dropped out. I wanted to be homeschooled because I wanted to play piano; I really didn't like school because I was too obsessed with piano to care.

WHY PIANO?

When I first started, I remember vividly how much I loved the sound. It's so powerful it's so beautiful. It encompasses so many emotions. When you play the whole piece — the melody, the bass, the accompaniment — you experience the whole work and the whole emotion. With the piano it's complete; you have all the parts in one place. It can pretty much do anything; it almost has no limits, other than you can't sustain a note — it will die out.



CONVERSION THERAPY & COMING OUT

When I was eleven. I felt like something was wrong with me, so I had to tell my parents. Then I went to gay conversion treatment, a one-day event. From that day on I was a different person because you're trying to change yourself at that age and you reject everything you know and every part of yourself, so it really shut me down. It took a long time; the damage is permanent. I feel that music saved my life. It gave me something to hold on to, it gave me something to love, something to express myself with. I couldn't express myself in any other way, so that was the only way really.

Micah McLaurin
@pianomicah
[youtube.com/c/MicahMcLaurin](https://www.youtube.com/c/MicahMcLaurin)

THE TRUTH ABOUT GUARDIANSHIP ABUSE

BY CHRISTINE MONTANTI

Christine Montanti, Photography by Rob Rich / SocietyAllure.com



What happens when a guardianship or health care surrogacy gets into the hands of a mentally or morally unfit family member or individual? It can be extremely dangerous to the elder which is exactly what I see happening in the case of my mother.

As seen in the Netflix thriller, *I Care a Lot*, starring Rosamund Pike who portrays Marla Grayson, an unscrupulous guardian, the cruelties that caregivers inflict on their wards is incomprehensible and have evolved into a real-life modern-day tragedy. In the movie, Grayson's incestuous relationships with doctors, court appointed attorneys, long-term care facilities and probate judges enable her to legally abuse and financially exploit elders; unfortunately, this is happening in real life. In reality, guardianship abuse has existed for more than half a century and is currently a national epidemic. An article in the *New Yorker* in 2017 revealed an estimated 1.3 million elders in the United States are under the care of guardians who control about \$273 billion in assets. What is even scarier is that a person doesn't need any medical or financial credentials to become a guardian: they only have to take a few hours of a basic training course and a guardianship exam. Worse, a geriatric care manager does not even need a license or training!

Morally and mentally unfit guardians, health care surrogates and geriatric care managers are engaging in physical and emotional abuse against aging adults for the sole purpose of financially exploiting them and misappropriating their funds. Oftentimes, they will overmedicate the elder to make them appear sicker than they are just to gain total control of their money, and sadly in a number of instances, the elder dies due to the physical and mental abuse. Although not an elder, the recent case of Britney Spears has brought national attention to the problem of conservatorship abuse taking place in this country and which is growing.

When a dispute arises among family members, some courts will use "geriatric care managers" to protect the interests of the elder. It sounds pretty good, right? I also thought so in the very beginning; however, what I couldn't possibly know is the degree to which the care manager could turn my mother's life upside down! Remarkably, a number of these care managers gain unwarranted familiarity with judges that preside over these cases and are given a great deal of discretion. Essentially, they then have the ability to play God over the day-to-day decisions of the elder. They will align themselves with the family members who are in control of the aging adult's money and will immediately take the side of the family member who has control of the trust, so they can excessively bill the trust in exchange for providing a favorable outcome in court.

It is painful for me to share my personal story about my mother Karilyn, but by sharing her story I can shed light on the nationwide epidemic facing my mother and countless others by unveiling the truth about guardianship abuse. Throughout my grueling three year long experience trying to advocate for my mother's rights in Broward County, Florida Probate Court, my ability was repeatedly thwarted by three individuals appointed by the very judge entrusted to protect my mother's interests, but who were instead engaging in abuse by keeping her locked up and isolated. When confronted, they collectively, proclaimed their own innocence and heroism and blamed any person who tried to protest their abusive actions. Although this matter was litigated in court, the court gave the geriatric care manager a blank check to do whatever she wanted. My mother's court appointed attorney's complete loyalty had been to the geriatric care manager, who he also represented despite the obvious conflict of interest.

What is heartbreaking about my mother's story is that she was held in a jail-like atmosphere and essentially cut off from communication with the outside world. The abuse took place in two assisted living facilities in Broward County. She was isolated without any access



to a telephone, a computer and blocked from seeing her family and only grandchild. She was not allowed to receive calls, letters, packages, food delivery or permitted to go outside the facility, not even on her balcony. Virtually, all of her property and money was taken away from her. My mother was even forced to spend holidays and her birthday alone this year. Prisoners have more rights than she did!

What is even more outrageous is over the past year and a half my mother was overmedicated four separate times and suffered disabling symptoms while under the care and supervision of a health care surrogate, court appointed care manager and court appointed attorney and was denied her right to see her treating doctor. How could this happen when she had three individuals who were being paid from my mother's own money, allegedly for the sole purpose of protecting her interests and ensuring her medical needs are being met? Never has my mother been overmedicated; not even when she was in charge of her own care. What is even more horrific is despite my mother's repeated requests to go to the hospital and see her doctor for disabling symptoms, the court appointed individuals and my mother's health care surrogate did everything in their power to prevent her from receiving necessary and urgent medical care. My mother's freedom and basic liberties were stripped away leaving her isolated causing severe emotional distress and suffering. Due to this isolation, and blocking and denying her right to see doctors, she lost substantial weight (three clothing sizes) and looked as if she has aged twenty years in four months.

My mother has been repeatedly denied the opportunity to be heard before the court with respect to her own wishes and to have an evidentiary hearing to determine her capacity. Her numerous

requests to appear in court have been denied for over three years by the court and the same two attorneys' who were appointed to protect her interests. Since she was deprived of the right to be heard, she has decided to speak out publicly for the first time to reveal intimate details of her guardianship-type captivity in the hopes that she will find justice not only for herself but for many other victims of guardianship abuse.

Initially, I believed that my mother's victimization was just an isolated and tragic event. I could not fathom a judge would empower, and seemingly reward these individuals entrusted to protect her interests for engaging in this type of behavior.

As I continue to encounter endless roadblocks along the way while fighting for my mother in court, I have connected with numerous others whose loved ones share strikingly similar horror stories. After doing substantial research and speaking to countless advocates, attorneys, law enforcement officers and care givers in the elder care system, I realized this outrageous conduct is a common practice, and unbelievably, the practice against defenseless victims is always the same: to isolate, medicate and liquidate.

All elders should be treated with respect, kindness and compassion and live their golden years to the fullest as they rightfully deserve. Together we can advocate for new legislation in the elder care system. Let's put an end to this abuse now and come together and create a movement. Join me on my personal journey to save my mother Karilyn by allowing her voice to be heard. My mother has filed several appeals seeking a reversal of the judge's prior orders in this matter. She is hoping to overturn the court order which denies her request to restore her capacity. **#FreeMom #standupforkarilyn**



BLEAKLEY
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FIGHTING
TO END
GUARDIANSHIP
ABUSE



Pursuing civil claims against abusive guardianships
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Restoration of rights of allegedly incapacitated individuals
Defending against claims of incapacity to avoid court appointed guardians
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KEN JEWELL

NEW YORK MAGAZINE'S LEADER IN THE LAW

BY BENNETT MARCUS



With divorce being an awful, emotionally intense, and painful experience for all those involved, adding an arduous legal process to hardship only increases agony and maximizes stress. As one of America's most resolute matrimonial lawyers — quoted extensively in the *New York Times*, *Town & Country*, the *New York Post*, and the *New York Law Journal* — Attorney Ken Jewell operates Jewell Law, PLLC, with a steadfast philosophy: Resolve matrimonial disputes efficiently to allow clients to move forward with peace of mind.

PRIVACY IS PARAMOUNT

At Jewell Law, staff members refer to clients only by first name to maintain anonymity. Appointments are staggered and clients are immediately ushered to a private office. Former clients include high-profile fashion models, performance artists, owners of renowned business establishments, real estate moguls, and other well-established professionals and business owners.

AS LITTLE PAIN AS POSSIBLE

"It's only the two parties that are in the room and there's no way of being able to prove what's really happening

unless someone shows up with bruises," says Jewell. Given that background, he advises getting the divorce done smartly and sooner rather than later. Jewell Law excels in highly contested cases where the parties are likely to fight over every little thing. "It's figuring out what is driving the fight. Once that is addressed, the case takes far less time to get done than it would with other matrimonial firms."

JEWELL LAW

"We pride ourselves on getting the job done, doing what's necessary, and expediting clients through the process instead of having their cases drag on unresolved," says Jewell. "A happy client is a client who's got whatever they need done," he adds. "So, if they're looking to get divorced, they want to get divorced. They don't want to go through years and years of agony; they want to get the job done sooner rather than later."

Jewell tries to get his clients to see divorce proceedings in an optimistic light, to move on from an unhappy situation. One of the biggest problems in matrimonial law is that everybody wants justice, Jewell explains, but marriage is one of the closest relationships anybody can have. It's not the kind of relationship where justice is always available.

WHY MATRIMONIAL LAW?

Before attending law school, Jewell spent ten years as a Supreme Court law librarian in Nassau County, helping judges and lawyers with research. He was torn between becoming a psychologist or an attorney. Matrimonial law seemed a natural fit. "It hits the hybrid of being both a psychologist as well as being an attorney to help people." Jewell worked for another matrimonial practitioner for a short period, but quickly realized that with years of legal research experience already under his belt, he could bring in business and help people in a way that he considered more appropriate. He opened Jewell Law in 2003.

TRAVEL & FAMILY

"I have a wonderful wife and two amazing kids, and they're everything to me," says Jewell. Travel is his favorite way of shaking off stress. "We do a lot of traveling. That's the way that I relax."

kenjewell-law.com

555 Fifth Avenue

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A SOUTH FORK IN THE ROAD DINE, SLUMBER AND SPLURGE IN THE HAMPTONS

EAST HAMPTON & AMAGANSETT

BY KAREN HOLLY BERLINER

The approach to East Hampton from NY-27 E onto Main Street toward Amagansett begins with a picturesque long pond, hugged by rows of historical inns, each one with its own patina adding unique character. Boutiques, casual and fine restaurants, and of course the landmark windmill or two add vibrancy and charm.



Rita Cantina



RITA CANTINA

Located in Springs, this modern Mexican cantina celebrates local ingredients and high-end tequilas and agaves in a vibrant atmosphere. East Hampton chef extraordinaire Eric Miller, known for his prior fabulous restaurants, such as Bay Kitchen Bar, brings his passion for Mexican cuisine to the East End with the help of his partners, Adam Miller, who is behind the innovative bar program, and Marc Miller, who handles operations.

The space was designed and built by Adam Miller, who drew inspiration from Oaxacan textiles and pottery. The indoor dining room features a bar that seats 10 and dining that seats 65. The interior showcases Oaxacan fabrics of brightly colored patterns. A back fenced-in patio features white picnic tables upon a bed of sand and beneath a canopy of vintage yellow umbrellas. Rita Cantina's menu celebrates Mexican cuisine with an emphasis on ingredients from local farms and Gardiners Bay. The menu features a range of ceviches, tacos, quesadillas, slow-cooked dishes and large plates. Meat and fish-based tacos include local harvest fluke served bat-

tered with pickled cabbage slaw and crema. Large plates like the market catch whole fish roasted with citrus are bound to measure up as signatures here. Guests can enjoy a lineup of refreshing spirit-forward cocktails focusing on various tequilas and mezcals. Some special cocktails include the Oaxaca Old Fashioned with tequila, mezcal, agave, and orange bitters and the Horchata Colada with rum blend, house-made and dairy-free horchata, and pineapple. Rounding out the cocktail program are the frozen and original Margaritas.

Care for a memento to take back home with you? Rita Cantina offers branded retail merchandise. Rita Cantina sells various to-go bundles containing everything needed for a beach picnic: signature picnic bags with margaritas, tacos and more; and Bonfire Bags containing Mexican chocolate, house-made graham crackers and marshmallows along with house-made drinks.

The restaurant opens for dinner Wednesday to Sunday from 4 pm to closing. Happy hour is from 4 pm to 7 pm and features \$1 oysters and \$10 margaritas or glasses of wine. ritacantinahamptons.com



il Buco Al Mare



IL BUCO AL MARE

Featuring local choice seafood and farm-to-table produce on a menu inspired by Bottega il Buco in Ibiza, Spain, this restaurant is a dining experience. The menu includes ancient grain focaccia, imported tinned fish like squid in ink, and a variety of fare cooked in a wood-burning oven. A boutique wine list enhances the menu. Inventive dishes such as local bass with charred cabbage, beluga lentils, and parsley make for unique menu options. Wines from a variety of countries and regions allow for sublime pairing. The panna cotta with 10-year-aged balsamic offers a final sweet among other choices. The restaurant has al fresco dining in its back garden and front patio. Next door is il Buco Vita, a coffee bar with breads, pastries, panini, and other delicacies. This shop sells Buco-branded olive oils, salts, and vinegars. Picnic baskets are available for a perfect grab-and-go option. ilbuco.com

THE CLAM BAR

On the way to Montauk via Amagansett, The Clam Bar with its casual and welcoming atmosphere is perfect for a quick stopover and refresher. It embodies the spirit of the beach where folks gather under umbrellas at outdoor tables to relax, drink, and eat. The clams on the half shell, steamers, and oysters are fresh, iced, and tasty. The lobster roll stuffed with fresh chunks of sweet lobster meat and the fried clams that are perfectly seasoned and crisped are signature dishes. Non-seafood options like burgers, hot dogs, and fresh salads complete the menu. clambarhamptons.com



The Clam Bar



EHP Resort & Marina



Sí Sí



Sí Sí

EHP RESORT & MARINA

Formerly East Hampton Point, this Hamptons landmark underwent a multi-million-dollar transformation and reopened as EHP Resort & Marina. Resplendent with a modern Mediterranean vibe, this five-acre waterfront destination offers open-air dining, private and bespoke accommodations, curated activities and more. Blending historic exteriors with contemporary interiors, the cottages and suites have been mindfully revitalized, with a fusion of stylish furnishings and an emphasis on mind/body comfort. Most suites and cottages feature a private balcony, backyard, or deck with the 13 one- and two-bedroom cottages that have varying layouts and atmosphere. All include spacious living areas and a fully equipped wet bar or kitchenette. The Magari Harbor House on property sits closest to the marina and boasts some of the best views of Three Mile Harbor and spectacular sunsets. It features four suites ranging from one to three bedrooms with the House King Suite offering a king-sized bed, modern furnishings, a Carrara marble bathroom, and a private roof deck. EHP Resort & Marina is a full-day destination where visitors can enjoy curated activities and daily offerings. Resort amenities include a tennis court; swimming pool; fitness center with cardio machines, weights, and Peloton bikes; complimentary bikes for exploring; and wellness classes, including yoga.

In-house dining enhances your visit. Helmed by the executive chef Dane Sayles, EHP offers three casual eateries, showcasing fresh, coastal Mediterranean-inspired fare and curated cocktails. Sí Sí offers the tastes of Italy, Greece, Spain, Morocco, and beyond. Sí Sí's signature paella, roasted striped bass, and

bucatini verde with lobster are must-haves. Buongiorno, the resort's Italian bakery and espresso bar offers a nice variety of morning bites, such as the nutella croissant or a lemon-filled bomboloni. Buongiorno sells a select stock of imported Italian goods. Sunset Harbor features dishes that range from American fare to shrimp scampi topped with fresh crab to signature sushi rolls.

With two separate full-service marinas, EHP welcomes the yachting community to dock. EHP's marina located on Three Mile Harbor accommodates 25- to 120-foot boats across 58 slips. Located a half mile from EHP Resort & Marina, Shagwong Marina accommodates 25- to 45-foot boats across 40 slips. Each marina has professional dockhands on staff in season. Exclusive membership packages allow for added amenities throughout the summer season. ehpresort.com

THE ROUNDTREE AMAGANSETT

Each room at The Roundtree, Amagansett, has been meticulously renovated with thoughtful design details that respect the legacy of this historic property, but at the same time updates it with contemporary touches and modern amenities. The suites in the newly renovated barn offer the added comfort of a separate living space. Five stand-alone cottages offer complete privacy and luxury. The three-bedroom, 250-year-old cottage is over 1,000 square feet and is perfect for families. It features a cathedral ceiling, gas fireplace, two full bathrooms, a separate living room with a queen sofa bed, a dining room, and a fully equipped European-style kitchen. A spiral



The Roundtree Amagansett

staircase leads to a quaint loft space on the second floor with two twin beds. Add a Nespresso coffee machine, a stocked mini-bar, Frette linens, Matouk towels, Alchemist bath products, a Rain showerhead, and more, and you are swaddled in luxury. This dog-friendly hotel (maximum two dogs per room) offers canine amenities: beds, bowls, towels, and treats. Rise, shine, and enjoy fresh Jack's Stir Brew coffee, tea, orange and grapefruit juices, and a selection of breakfast favorites such as a yogurt parfait, bagels, and croissants. You're welcome to use the kitchen in the main house to prepare meals and cook on the backyard barbecue — first come, first served. The mini-bar offers complimentary beverages and snacks.

Roundtree can set up your party for a beach bonfire, take you on a tour of a winery and the Parrish Art Museum, lead you on a nature walk, or give you an afternoon cooking class. If fitness is your thing, Roundtree offers private trainer-led workouts, yoga on the lawn, a boot camp on the beach, or a strength circuit in the privacy of your room. At the end of a workout, enjoy an in-room massage with treatments that combine holistic principles with advanced therapeutic techniques.

Looking for a tee time? Roundtree Amagansett has partnered with Montauk Downs State Park Golf Course — designed by the world-famous golf course architect Robert Trent Jones Sr. — to give guests priority reservations.

The beach is a 10-minute bike ride, or 30-minute walk from the property. You'll find all beach gear in the beach shack, including chairs, towels, umbrellas, portable ice coolers, and sand toys. theroundtreehotels.com

SHOP AND SPLURGE IN EAST HAMPTON AND AMAGANSETT

MACRAE SKYE

Macrae Skye, clothes for children, announces its first brick-and-mortar location in the Hamptons. Located at 136 Main Street, in Amagansett, Macrae Skye opened its doors with its spring 2022 line. This beach-inspired boutique, designed by its founder and designer Kim Slicklein, stays true to the brand's commitment to ethical fashion and sustainability, allowing the bold and timeless clothing to be showcased front and center. The line includes their best-selling pajamas, as well as dresses, skirts, jumpsuits, joggers, shorts, tees, and the newest addition, bathing suits. Macrae Skye's newest collection is versatile, comfortable to wear, and makes the most of every delightful moment. The spring 2022 collection, from global to local, features new expressive prints created by the illustrator Emily Taylor,



in collaboration with Kim Slicklein. Each print expresses a story and has significance. For example, Macrae Skye's global stamp print is an ensemble of stamps representing each of the countries that Kim and her family have lived in: the Netherlands, England, Scotland, United States, and South Africa. Equally significant are the hand-drawn illustrations, each giving a nod to the Hamptons, featuring designs of iconic Hamptons locations. macraeskye.com

BOOKHAMPTON

A mainstay bookshop situated on Main Street in the village of East Hampton, BookHampton provides a year-round local spot for discovering books of all genres, satisfying the most voracious of readers. A dedicated and knowledgeable staff, lively events with a roster of authors, all in a welcoming space, make this a haven for book lovers of all tastes. bookhampton.com

2022: COCKTAILS & SUMMER DREAMS

BY SHARON ROTH



Summer 2022 is finally here — bringing long-awaited travel and summer destination celebrations under the stars. But as we all know, nowhere else in the world do we have the sublime incandescence of our East

End sunsets, smoky bonfires on velvety sands, early morning strolls through verdant lushness, or our sweeping vineyards under the duskiest, most lilac-magenta sky we have ever seen. Welcome back, summer. Here's to an epic one deserving of endless toasts. So here we go:

The Montauk Salty Dog

Perfect for a day of boating, this refreshing classic is simple to make, low in sugar, and delivers electrolytes as an added boon, a tasty, almost clear option for your summer parties:

INGREDIENTS

1 oz. gin or vodka
1 oz. fresh grapefruit juice
Kosher salt

DIRECTIONS

Too simple: Wet the rim of a glass and dip it in salt. Add liquor and grapefruit juice over crushed ice in the glass, then stir.

The Sag Caipirinha

Brazil's national cocktail, made with cachaça — rum's hipper Brazilian cousin — will bring Rio to your après-beach poolside fiesta:

INGREDIENTS

2 oz. cachaça
½ lime
2 tsp. sugar

DIRECTIONS

Slice lime into half-inch rounds and cube. Then muddle them in glass of choice with sugar (We went over muddling last season: Simply smash with a muddler or bottom of spoon). Add ice cubes, pour in cachaça, drink . . . then samba the night away.

The Wainscott Negroni

A citrusy twist on a classic: Dating back to the early 20th century, the Negroni was supposedly concocted by an Italian count in Florence. Fun fact: Unlike the typical Negroni — which is stirred — this recipe calls for shaking. The reason? The Wainscott contains citrus, and bartender law clearly dictates that all-spirits cocktails be stirred, while those that include citrus, cream, egg white, and other non-liquor ingredients be shaken. Good to know!

INGREDIENTS

2 peeled, ruby red grapefruit segments
(or 1 oz. fresh ruby red grapefruit juice)
1½ oz. gin
½ oz. sweet vermouth
½ oz. Campari
Grapefruit peel for garnish

DIRECTIONS

Squeeze juice from grapefruit segments into a shaker and drop in the fruit (or add fresh juice). Add gin, sweet vermouth, Campari, and ice. Shake until well chilled. For classic cachet, place one large cube of ice in a rocks glass and curl the grapefruit peel around the inside of the glass. Strain and enjoy!

The Bridgehampton Aperol

And finally, the ever-loved (and highly photogenic for its burnt orange, candy-like visual pop) Aperol.

INGREDIENTS

2 oz. Aperol
3 oz. Prosecco
2 oz. (or a top-off) club soda
Orange slices

DIRECTIONS

Like the Salty Dog, this one takes zero effort: Add Aperol, prosecco, and club soda into a large wine glass over ice. Garnish with fresh orange slices.

And there we have it: Four refreshing libations to honor the summer of '22 (Get it? 2+2? Oh, never mind:) to kick off the season with a tangy mix of classic and not. Select and craft your summer cocktail of choice, put your toes in the sand, and let's toast to a fantastic, utterly memorable summer 2022!

ANKUSH PUNHANI

FINE INDIAN DINING

By JAKE DRESSLER



In the 1980s, when most American kids were spending their childhood perplexed by Rubik's cubes and obsessed with calculator watches, Ankush Punhani, a New Delhi-born entrepreneur who came to America when he was three, was more interested in management and financial modeling for his father's gas station in New Jersey. He remembers being intimately involved with the family business, helping his father with Excel sheets and other administrative work when he was just a child. After late nights helping at the gas station, Punhani would come home to the welcoming aromas of his mother's authentic North Indian cooking; some of his favorite dishes were chicken biryani, paneer lababdar, saag paneer, and butter chicken. "We're definitely a foodie family," said Punhani.

NINE INDIAN RESTAURANTS

The examples of hard work and perseverance set by his parents instilled in Punhani a drive to succeed. After earning a degree in criminal justice at Rutgers and a J.D. from John Marshall Law School, he would go on to open his own law practice, and manage and launch nine Indian restaurants. "I always had that entrepreneurial drive," Punhani said, "Being involved with my parents' various businesses for so long taught me a lot, and I always felt as though there was no other path than being an entrepreneur."

NINE RESTAURANTS: NYC & NJ

Having established a successful firm just two years out of law school, Punhani roused his father from retirement and invested in Indian restaurants as a silent partner. When Punhani's not at the firm, he's managing his restaurant group that includes eight locations, five of which are in Manhattan. Currently the group is working on opening its ninth location, its fourth in New Jersey.

Punhani's restaurant group, Fine Indian Dining, manages a lineup of some of New York's and New Jersey's most acclaimed Indian restaurants. These include Wok in the Clouds, Sahib, Dhaba,

Chote Nawab, Malai Marke, Dhaba Express, Jashan by Dhaba, and the newly opened Kebabs & Kurries. The restaurants' menus feature classic dishes with playful twists, complete with bold flavor profiles that aim to surprise and excite guests. Some restaurants are fine dining; others are a mix between fine dining and fast casual. Wok in the Clouds features Asian-fusion dishes.

A SWEEPING VARIETY OF FOODS

The restaurants' dishes can please a range of palates. Punhani says that when it comes to Indian food, having talented chefs and the right ingredients such as spices and masalas are crucial for authenticity. "I would say our food is very authentic to what you get in India. Indian food has a lot to do with the right touch of spices and masalas," he said. "These can make diverse dishes even if they're from a similar gravy base."

MASTER CHEFS FROM INDIA

If there's anyone who knows the right equations to create perfect Indian dishes, it's the master chefs that Punhani and his family brought from India. Punhani said, "We have personally sourced and legally sponsored master chefs and executive chefs from five-star hotels in India. We've had them come to the United States to work at our different restaurants so that we can provide our customers with both authentic and fusion Indian cuisine. My understanding of immigration law helped in legally bringing these talented chefs to the United States."

COMMUNITY SERVICE

In addition to serving premium and authentic Indian cuisine, Punhani also focuses on giving back to the community. "Community is definitely an important part of my upbringing," Punhani said. "My dad was always involved in community events as I was growing up." Today, Punhani carries on the tradition of community involvement instilled in him by his father. His restaurants host community events and support the communities they serve. When he's not managing nine restaurants, or servicing clients at his bustling law firm, you could catch Punhani enjoying some of his favorite Indian dishes at his favorite Indian restaurants. For more information, please visit fineindiandining.com.

OLD STOVE PUB

ICONIC EAST END RESTAURANT COMES TO MANHATTAN

BY NEIL CHARLES



Iconic Hamptons dining staple Old Stove Pub is ready to make its mark in New York City as the distinguished restaurant has officially opened doors in Midtown Manhattan at 1076 First Avenue. Showcasing a superb dining destination for over 50 years, Old Stove Pub is sure to establish itself as a new hotspot destination in the neighborhood.

The menu boasts quite a medley of delectable dishes including, but not limited to, entrees like their savory prime steaks, succulent rack of lamb, and juicy roasted chicken; the freshest seafood plates such as branzino, salmon, scallops, and jumbo shrimp; a raw bar featuring fresh plump oysters and crisp king crab legs; and delicious sides like their creamed spinach and roasted cauliflower.

Owner Joseph DeCristofaro proudly brings Old Stove Pub to New York City in 2022 during a perfect time of re-establishing the Big Apple as the dining capital of the world. The successful eatery is legendary to culinary aficionados out East and has attracted the likes of celebrities to CEOs to families and first dates for good reason.

With warmth and comfort, the embracing atmosphere DeCristofaro has established complements the needs of the foodie while appreciating the value of an incredible atmosphere. The new location in Manhattan offers quality steaks and entrees sure to rival the top steakhouses across New York City while boosting an immaculate setting that will house comfortable dining room and outdoor seating.

With dinner service running from 5:00 pm to 11:00 pm on Tuesday through Sunday, guests can enjoy the steakhouse with a Mediterranean flair.

Originally known as Flynn's Inn, the Hamptons restaurant changed hands several times before becoming Old Stove Pub in 1969. Old Stove Pub was originally a Greek Restaurant that DeCristofaro re-opened in 2020 after it fell on hard times following a two-year closure. After years of changing hands and neglect, the structure was aesthetically worn-down and out of business. DeCristofaro was aware of the prestige and potential of the establishment and brought life back to the restaurant.

Born and raised in Southampton, a local himself, and part time Upper East Side resident, DeCristofaro is a restauranter as well as a notable real estate developer. With an aptitude for home renovation and design, he quickly put together a team to revitalize the iconic Hamptons eatery and before long it was better than the original.

DeCristofaro has now brought that same focus and determination to Midtown Manhattan as Old Stove Pub will be a destination for foodies and locals alike. With delightful entrees for dinner to fun and family-oriented brunches with live music, the new venue on First Avenue is sure to shine above the competition.

Old Stove Pub
oldstovepub.com



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