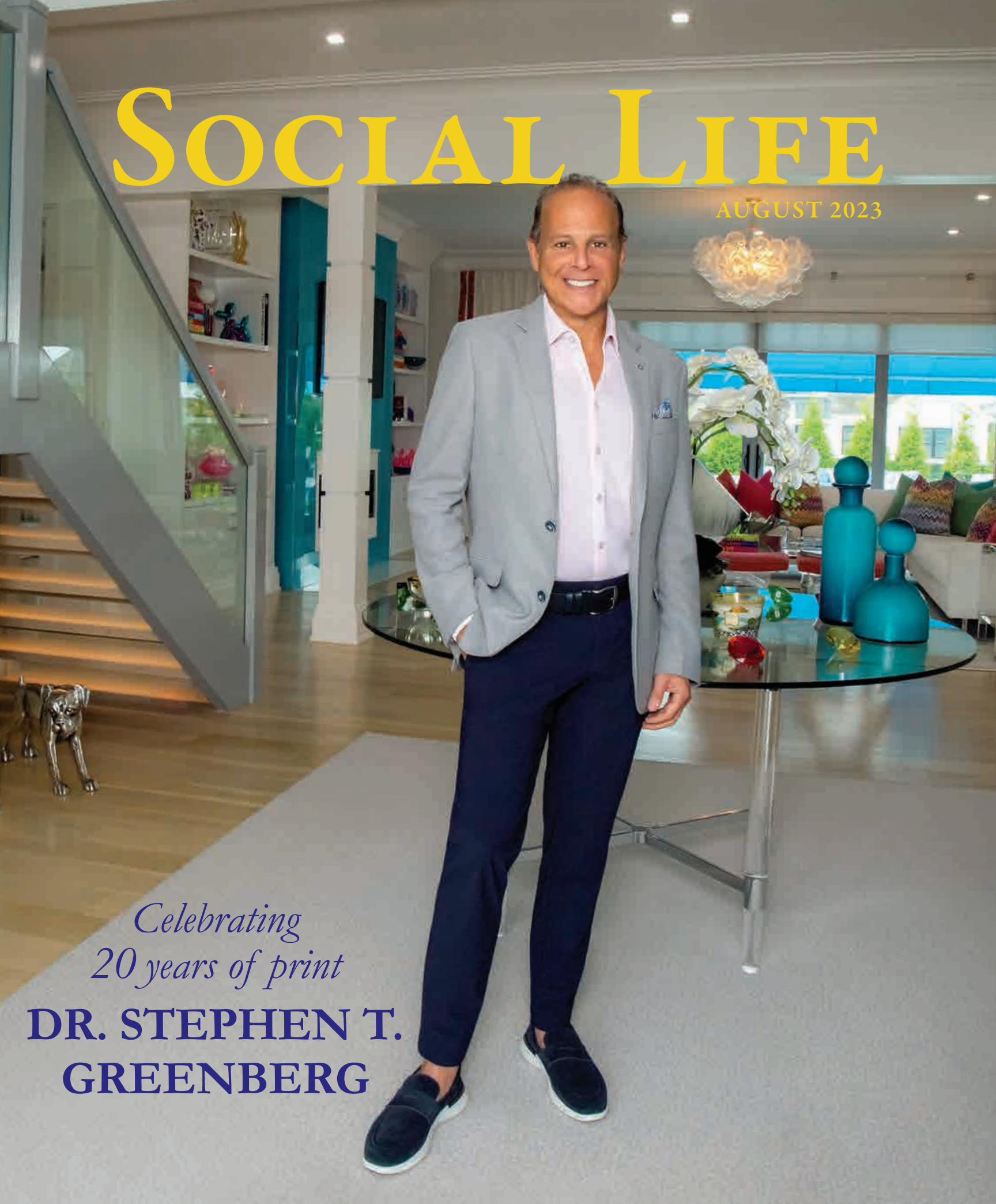


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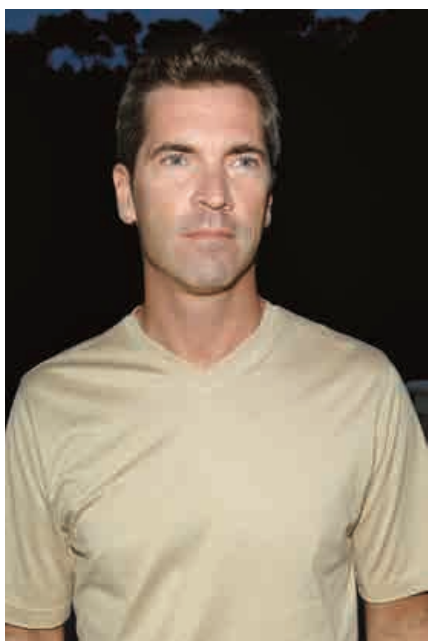
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August is always special in the Hamptons. Summer is at its peak and it's the perfect time to relax at the beach or spend a day by the pool. I suggest unplugging from the digital world and let your real life unfold instead of spending your time on social media.

Wellness seems to be on everybody's mind nowadays. Biking, yoga, and getting exercise is at the forefront of my mind on the weekends. Wellness spots are scattered throughout the Hamptons. It's easy to find the perfect place to work out, meditate, cycle, paddle board, or take a yoga class. All sorts of sports and activities are available too, like sailing, horseback riding, golf, and fishing.

Charities out East will continue to host fundraising events to support their important work. I think the Stony Brook Southampton Hospital is very important to the Hamptons. It's never too late to make a donation to this world-class hospital that residents and visitors depend on for medical care, especially in emergencies. You can donate online at southamptonhospital.org.

Labor Day is only a few weeks away, so enjoy these long summer days.

Justin Mitchell



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Devorah Rose, Nomi Ellenson Photography



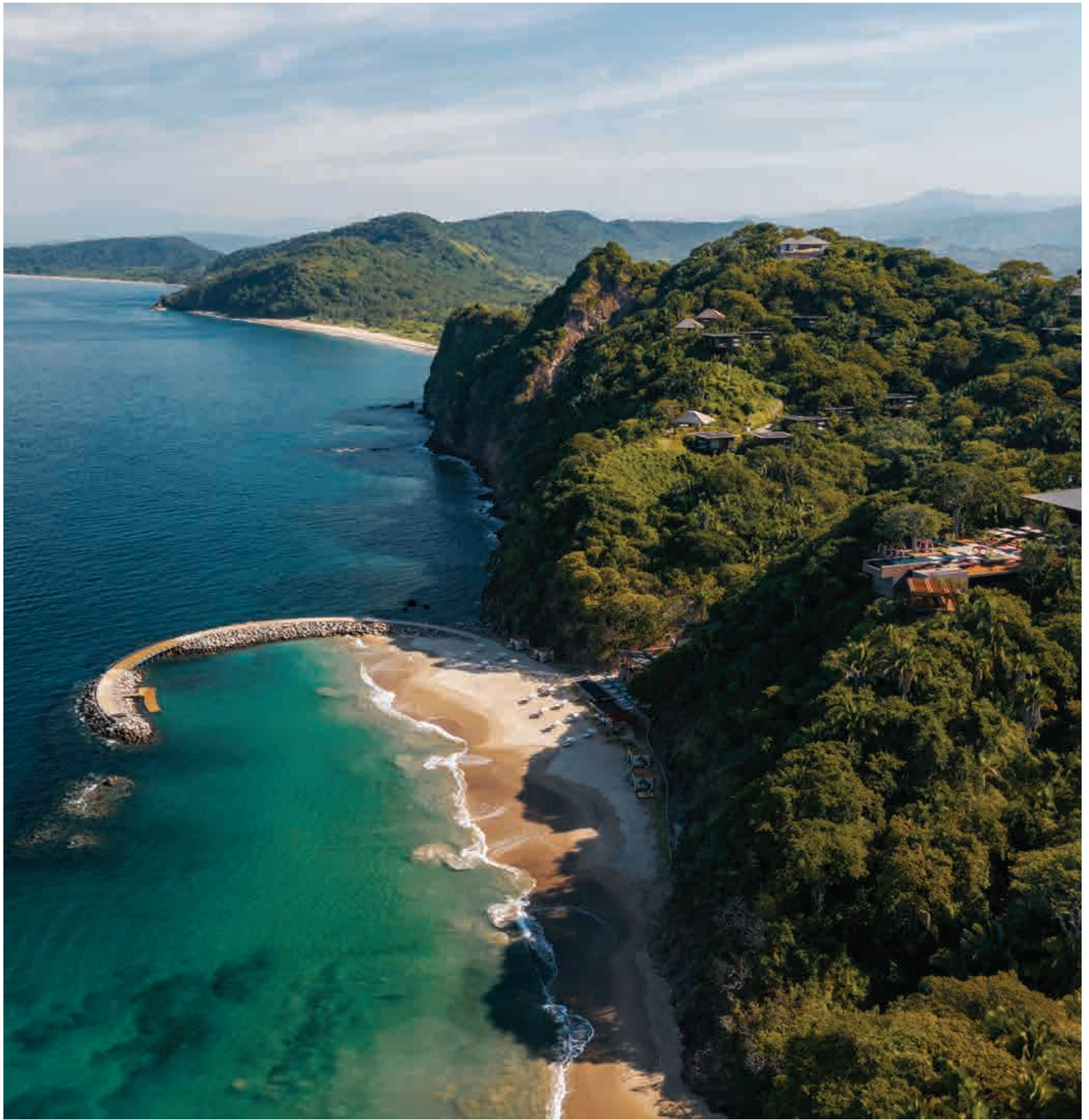
As we celebrate the spirit of August on the East End, I extend my heartfelt gratitude to you, our cherished readers. It is your unwavering support and enthusiasm that fuel our passion to bring you the very best of this exceptional region. Our commitment to delivering captivating stories and unforgettable experiences remains steadfast. This summer has been an absolute triumph for Polo Hamptons, and we are abundantly grateful to everyone who has helped make it happen — from our astounding polo players to our sponsors and patrons. Their commitment and contribution made this season spectacular.

The Hamptons have truly come alive, and there's no shortage of reasons to celebrate. From charity galas to beachside soirées, the social calendar is bursting at the seams with must-attend events. But there's more to August in the Hamptons than just glamorous parties. It's a time to savor every moment of the laid-back lifestyle that has made this destination so iconic.

Our editorial team has curated an array of activities and things to do, ensuring that you make the most of every day. From beach bonfires under the starlit sky to enchanting outdoor concerts that will sweep you off your feet, there's something for everyone to enjoy. Whether you're a seasoned Hamptons regular or experiencing this magical place for the first time, our insider tips and recommendations will ensure your summer memories are nothing short of extraordinary.

Thank you for making us a part of your summer! Wishing you a sunlit August filled with joy, laughter, and endless possibilities!

Devorah Rose



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Christine Montanti, Photography by Don Fitzgibbon



I can't believe it is mid-summer already. August in the Hamptons wouldn't be complete without a visit to the world-renowned beaches that stretch the coastline. Each historic beach community boasts its own unique charm, but some of the most sought-after beach destinations include Southampton's Coopers Beach, East Hampton's Main Beach, and Montauk's Ditch Plains Beach. Summer days can be spent basking in the sun on plush cabanas, swimming in the refreshing Atlantic waters or dining beachside at exclusive oceanfront restaurants.

August is also the perfect time to explore the numerous galleries showcasing an array of contemporary and traditional artworks. Don't miss the chance to attend art openings and mingle with both local and internationally acclaimed artists. The Southampton Arts Center and the Pollock-Krasner House are must-visit venues into artistic heritage.

Whether you are seeking relaxation on pristine beaches or the excitement of social events, the East End does not disappoint!

Warm wishes,

Christine Montanti

Christine Montanti



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WATCHES

By JONATHAN VALDEZ

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By JONATHAN VALDEZ

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SHOPPING

BY GREGORY DELLICARPINI JR.

These stops offer an array of items for any occasion. Whether it's a walk on the beach or an evening painting the Hamptons red, these places know how to cater to your needs.



GOLDIE SAG HARBOR

This lifestyle boutique is a must-stop to snatch cool casual items. Featuring Goldie tees and a curated mix of denim, outerwear, footwear and accessories, this shop will leave you looking effortlessly chic for the remainder of the summer.

127 Main Street, Sag Harbor



LOULOU LA PLAGE

After you shop the strip in East Hampton, head to Loulou La Plage for drinks and dinner. The beloved Loulou Petit Bistro in Chelsea now has a home away from home in the Hamptons. Restaurateurs Mathias Van Leyden and Mino Habib brought their French hotspot to The Maidstone Hotel. The East End pop-up is open nightly for dinner, with brunch served on weekends. A late-night menu is also available Thursday through Saturday from midnight to 2 a.m. The executive chef, Evan Bergman, has a menu filled with French signatures complemented by picture-perfect cocktails.

207 Main Street, East Hampton



STONEY CLOVER LANE

Stoney Clover Lane opened its first East Hampton store two years ago and brought color back to the Hamptons again this summer. Expect an explosion of bright colors served up in everything from cool lifestyle items to accessories. You can also pick up customizable weekend bags for your next trip out East.

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RUNWAY

BY GREGORY DELLI CARPINI JR.

Back to Black

Channel Wednesday Addams this summer! Monochromatic black looks are taking on a whole new vibe this summer with sheer, layered, and elevated looks. Dresses, blouses and pants were drenched in a variety of flashy sequins and fabrics, making them even more appealing. Dior's, Versace's and Richard Quinn's spring 2023 shows were saturated with this sophisticated palette. It's an incredibly stylish look that can take you right into fall and the winter season. So stay away from pops of color and dip into these fantastic black options this season.



Nensi Dojaka



Versace



Dior



Richard Quinn

A portrait of Maria Sharapova, a woman with long brown hair and green eyes, wearing a black turtleneck. She is looking directly at the camera with a slight smile. The background is a blurred indoor setting with large windows.

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MARIA SHARAPOVA

SOFIE'S TRENDS

BY SOFIE MÄHLKVIST

PUNK



Sofie Mählkvist is a 24-year-old fashion columnist and social media consultant. She works with fashion brands overseeing their social media channels while also analyzing trend forecasting for upcoming seasons. Sofie is working on her master's degree at Harvard University in Fashion Marketing Management.

She graduated from Regent's University London, where she finished with honors in Fashion Marketing and Global Management. Sofie lives in NYC, London, and Paris, allowing her to attend all the fashion shows. She made her debut this year at the Viennese Opera Ball and was proclaimed "The Deb of the Year." **Instagram: @sofiemahlkvist**



Trend 1

The moody punk trend is all the rage right now with its mysterious allure. You can't go wrong with this lace Dolce & Gabbana midi dress that elevates the look.

Dolce & Gabbana
Lace Midi-Dress
\$2,516
mytheresa.com



Trend 2

These lacy sheer pants create a perfect soft-glam, goth look.

Dolce & Gabbana
High-Rise Wide-Leg Pants
\$2,100
mytheresea.com



Trend 3

Over the past year, we have seen an uptick in unique accessories made from leather, metal, and feathers. Layering these accessories is key to rocking the punk look.

Noir Kei Ninomiya
Faux Leather Net Halter-Neck Top
\$826
luisaviaroma.com



Trend 4

Mixing black lace and satin is the perfect way to mix romantic and punk trends.

Alexander Wang
Cut-Out Detail Slip Dress
\$525
farfetch.com

Trend 5

The '90s are back with spikes and studs featured on almost every runway this season. If you're looking for a subtle way to incorporate '90s grunge goth into your closet, this bag is the way to go.

Alexander McQueen
Skull Mini-Spike-Stud
Crossbody Bag
\$1,390
neimanmarcus.com

**Trend 6**

Studded heels can make any boring outfit look cool! These Louboutins add a subtle edge to any look.

Christian Louboutin
Duvette Spikes
\$995
christianlouboutin.com

**Trend 7**

The soft-goth look can be translated all the way down to your footwear. These pumps are perfect.

Dior
Dior Capture Pumps
\$1,290
dior.com

Trend 8

Diamonds are still a girl's best friend! With this necklace, shimmering with rose-cut diamonds, you can bejewel any punk look.

M.S. Rau
Rose-Cut Diamond
Necklace,
6 Carats
\$42,000
rauantiques.com

**Trend 9**

This dress screams romantic goth! Celebrities including Gigi Hadid and Billie Eilish are hitting red carpets with this look.

Lia Aram X Alchemy
Tulle Floor-Length Dress
\$653
farfetch.com

**Trend 10**

A lace bra is the perfect way to look sexy and fashionable! Wear one underneath a blazer or oversized jacket for a chic look!

Dolce & Gabbana
Lace Balconette Bralette
\$795
dolcegabbana.com

**Trend 11**

Studs are also fabulous on jacket and tops. You will look dangerously chic!

Khaite
Studded Leather Jacket
\$4,900
mytheresa.com

**Trend 12**

A simple way to incorporate the goth look is layering different fabrics, materials, and textiles. If you aren't looking for anything too heavy, this cropped blazer is the perfect piece.

Dolce & Gabbana
Studded Lapels Cropped Blazer
\$4,995
farfetch.com

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ACCESSORIES

BY GREGORY DELICARPINI JR.

Lime Green!

Channel a spicy margarita this season and style any look with a bold lime green accessory. Go for a zesty and bold look and style Burberry sandals and a Balenciaga bag with a lime dress by Victoria Beckham. Add a subtle pop of green to your outfit with a JW Anderson bag and Simone Rocha cluster drip earrings. The sun never has to set this summer with this punchy and bright trend.

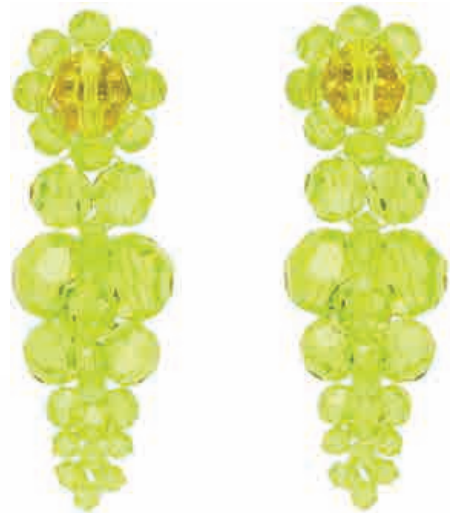


Victoria Beckham

Simone Rocha
Green Small Cluster
Drip Earrings
\$270

Balenciaga
Green XS Hourglass Bag
\$2,550

Paris Texas
Green Croc-Effect Tall Boots
\$800



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Michael Kors



The Attico
Green Linda Farrow Edition
Irene Sunglasses
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JW Anderson
Green & Yellow Large Knotted Tote
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Burberry
Green Furley Slides
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MEN THAT TREND

BY MJ PEDONE



*MJ Pedone is the founder & CEO Indra Public Relations
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This feature is all about some cool gadgets that are at the top of every tech list.



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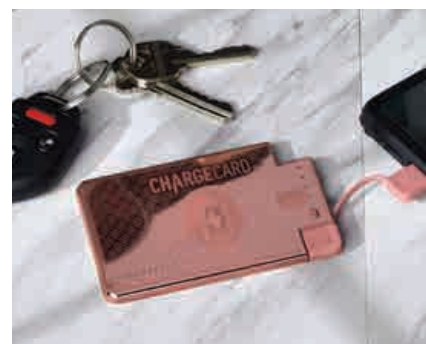
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By LYSS STERN



What's hot? What's in? What's #fabULyss?
 Lyss Stern, a NYC best-selling author and the founder of Divamoms.com
 is at the forefront of style, trends, and the must-have nows.
 Lyss gives moms and expectant moms the scoop on Instagram @diva_moms



IG @heartofstoneny and LoveShackFancy, Sag Harbor



IG @heartofstoneny



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Also from the same #fabULyss Instagram you can purchase the most exquisite necklaces to make your summer outfit absolutely sparkle. You will not be able to go to a summer soirée without getting compliments on your baubles. IG @heartofstoneny

#divamoms summer rings

Who doesn't love a stretch beaded-style ring with a beautiful center stone for summer? I know my fingers are always swelling from the heat and humidity. Bonnie Jennifer rings are made with love in New York City. Her rings are made with high-quality gold-filled beads that do not tarnish or turn color. Clean with a silver-polish cloth after wearing. Shapes, size, orientation, and hue of the stone may vary as these are natural gemstones. \$98, bonniejennifer.com

#divamoms jewelry

Introducing Anna Zuckerman jewels. From summer galas to moms' nights out, indulge in some playful glamour this summer. I personally love this evil-eye bracelet. Individually set, diamond-white crystalline pavé and navy enamel. Anna recreates the look and feel of affordable luxury, re-defining what a demi-fine jewelry collection can be, with colorful gems as its focus, bringing bold statement and wearability to her customers.

\$225, annazuckerman.com



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SONNY is an ultra-lightweight, non-nano, mineral-based sunscreen (SPF 40). It helps even out skin tone while it hydrates and protects from UV light, blue light, and other environmental stressors. SONNY's warm, universal tint removes the white/grey/purple cast problem that makes other mineral sunscreens challenging. SONNY IS SPF without the WTF! \$65, thewarecompany.com



#divamoms jetsetting

JETSET by LILFOX was specifically curated to help reset the body post-flight and to prevent and address the effects of jet lag. It's an ideal gift for anyone planning to travel this summer. The set includes the following plus a QR code to access a medication specifically designed to help relieve jetlag. I am going to Israel this summer and purchasing for myself.

- Amazon After Dark (50ml/full size)
- Pro Massage Nectar (100ml/full size)
- Bitter Orange Neroli Toning Mist (50ml / half size)
- Blue Legume Hydra Soothe Mask (15ml/mini)
- Ambrosia Immortalis Eye Crema (5ml/mini)

\$250, lilfox.miami



#fabULyss hoodies

In April of 2022, Jill's only child, her son, her best friend, the reason she was able to get over the death of her father, passed away while at his University in Atlanta. She honestly lives her life since then having to make a decision every day if she can try to love life again or tell life to Fuck Off. So, she made herself a sweatshirt and some of her friends saw it and asked her to make them one too. I have since purchased two myself from Jill.

From that point on, people have asked her if she will make them one too. So, since she actually has a company that makes bar/bat mitzvah, sweet 16, etc. swag, she has now decided to offer her mantra to everyone who wants it. The sweatshirt is a J. America zipper-front, sweatshirt that is 10 oz premium 80/20 cotton/poly blend. She is currently working on a website that will take orders but for now, you can contact her and let her know what size you would like. More shirt logos are coming soon too. \$75, email her at jillsroyaltees@yahoo.com

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SCAN ME

BEAUTY

By JEANETTE ZINNO

Summer Skincare



As the weather gets warmer, glow like the sun with these summer-approved beauty products that will protect and hydrate your skin.

LOTION TO FOAM

In a single pump, the La Mousse Clarifiante toner transforms into a cushiony foam that can be applied directly to the face — no rinsing required. Chanel's formula features two types of naturally derived alpha-hydroxy acids, which reduce the appearance of pores. Saks Fifth Avenue, \$60

EYE MASKS

Skincare meets self-care with these Jillian Dempsey eye masks. Soaked in a milky prebiotic serum, they reinforce the skin barrier, leaving under-eyes soothed, hydrated, and plump. Store them in the refrigerator for a refreshing experience. Neiman Marcus, \$75

NO-CHEMICAL SUNSCREEN

Juice Beauty's new SPF collection features sunscreens with a new sheer melt-into-your-skin zinc formula — no residue left behind. They protect your skin with ultra-hydrating oils, plant pigment-tinted sunscreens (no synthetic dyes), and organic antioxidant-rich ingredients. Credo, \$20 to \$34

DEWY SKIN

Inspired by the sea and its natural healing properties, Osea's refreshing facial mist gives skin a boost of hydration and a healthy glow. Loaded with antioxidant-rich seaweed and pomegranate, the vitamin elixir deeply nourishes sun-exposed skin. The Detox Market, \$38





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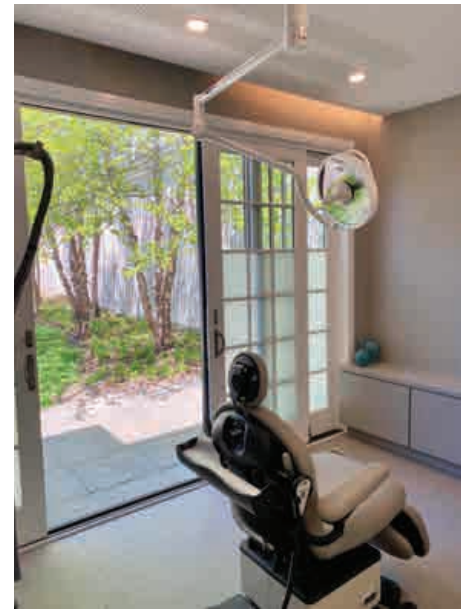
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The Hamptons Dermatologist-Approved Guide to Summer Skincare

BY JEANETTE ZINNO

Minimize breakouts and protect against sun damage with Dr. Anne Chapas's summer skincare guide to achieve glowing healthy-looking skin all season long. Dr. Chapas is the founder and medical director of UnionDerm, which recently opened in the Hamptons at 728 Montauk Highway, Water Mill.



What tips do you have for keeping skin and hair healthy in the summer?

With high temps and humidity at its peak during the summer months, it's crucial that we stay hydrated. Drinking eight cups of water a day will help to regulate hair and skin health when combined with a consistent beauty routine. Do not frequently switch out your products; allow your skin to respond to treatment and new products that are brought into your regimen.

Should we change our skincare products as summer gets hotter?

In summer we need to lighten up on the skincare formulations because our skin already has enough moisture. Look for lighter lotions and gels to hydrate the skin without making it too greasy.

How can we prevent acne breakouts and clogged pores?

The best way to prevent acne is to avoid occlusive skin care products and clothing. Look for skincare products that say "non-comedogenic" on the label, which means that they have

been tested and do not clog pores. With clothing, look for fabrics that wick away the sweat and make sure to shower and change after a sweaty workout.

What tips do you have for preventing sunburn?

Preventing sunburn comes down to avoiding sitting in the sun for long periods of time and making sure to apply sunscreen on all exposed skin, reapplying every two hours. Always wear sunscreen with an SPF of 30 or higher to protect the skin best against UVA/UVB rays.

Do you recommend specific sunscreens for our lips and the delicate eye area?

I wouldn't say that it's a necessity to buy specific sunscreens for different parts of the face; however, targeted sunscreens for the lips and eyes can make application and wear easier. When it comes to sunscreen, more is more!

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THE ROCKSTER

A BIO-ORGANIC SUPERFOOD FOR DOGS

BY CHRISTINE MONTANTI



Zoe, Clementine and Sven Ley, Photo by Don Fitzgibbon

In the heart of London, a prominent family-operated company known globally for the Escada fashion brand, is redefining the standard of canine nutrition. Rockster, the world's only bio-organic dog food certified as a superfood, is the brainchild of the fashion brand inheritor Sven Ley and his wife Zoe who has ties to The British Royal Family and is the Goddaughter of Sir John Vane, recipient of the Noble Prize for Medicine.

The European dog food company is currently launching The Rockster Brand in the United States and the driving force behind the enterprise, is an unparalleled tale of love, rescue and nutritional revolution. The story of The Rockster is more than just a tale of successful business, it's a love story that began on the streets of Naples, Italy. The couples' journey into the world of canine nutrition started unexpectedly during their honeymoon in 2004. They discovered a dying street dog on the steps of La Conca del Sogno, south of Naples. The couple, moved by the plight of the dog, they would later name "The Rockster," cancelled the remainder of their honeymoon to rescue the despondent canine.

From the onset when the couple returned to their hometown in England, Rockster refused to eat commercial dog food. The couple sought advice from Europe's leading experts on canine nutrition. They learned about the importance of gut and digestive health in dogs and the potential harm that hormones, steroids and chemicals can cause. They were inspired by their new found knowledge and their overwhelming love for The Rockster and together, embarked on a mission to create a superfood for dogs that would enhance their health.

They combined the highest nutritional science with purely natural and organic superfoods, using a revolutionary cooking process to ensure nutrient preservation in a can. This super-premium nutrient-rich organic dog food is suitable for dogs with allergies due to its single protein formula, and its absence from harmful chemicals, allergens, or gluten. The Rockster dog food is certified to be free from any exposure to antibiotics — Bio in Europe is known to be more stringent than "organic." Zoe's Godfather, Sir John Vane believed the exponential rise in NCDs (Non-Communicable Diseases -for example allergies, diabetes and cancers) was directly attributable to our food and the widespread use of antibiotics and other chemicals in unnatural intensive farming.

His Royal Highness Prince Michael of Kent, GCVO President of The Kennel Club endorsed the Rockster brand and said, "A remarkable Superfood for dogs. I am grateful to The Rockster, a rescued street dog himself, for having affected such a change in my dog's life." Elizabeth Hurley said, "My four dogs love Rockster — the new canine Superfood."

"Rockster is something that could be life-changing. This is a company that is not willing to compromise their standards," said Dr. Judy Morgan DVM, CVA, CVCP, CVFT, world renowned author and US veterinarian.

Rockster sadly passed in 2020 at the approximate age of 21, however, the impact of the brand shall live on for many years and revolutionize the pet industry.

The Rockster

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POSITIVE AFFIRMATIONS

By L. A. Dawson



L.A. Dawson is the author of articles, self-help books, and novels. As a certified health and life coach, she is also an inspirational speaker and resides with four happy canine friends. Dawson's motto is to always lead with love.
@authorladawson | authorladawson.com | liveandheal.com

Soothing healing blessings

Bid all discord cease

- My body is a temple for perfect health.
- Today is my chance to be present in every moment and feel the joy that it brings.
- Today everything is unfolding perfectly, according to a greater plan.
- I am strong enough to face every issue in my life with courage and trust.
- In my heart, I know good things are coming my way.
- Nothing is impossible for the heart. Love will always find a way.
- Even when things aren't perfect or don't seem to be working out, I choose to trust in life!
- I am thankful for many things and my gratitude attracts abundance into my life.
- I am valuable. Many people are thankful for my presence in their lives.
- I am a unique child of the Universe, perfectly me, exactly as I am meant to be.
- I choose to live with courage. I do not allow others to intimidate me. I stand my ground. I never give up.
- It's safe for me to explore unknown worlds and try new things.
- I soothe away anxiety and stress by choosing to do things that help me relax.
- I choose happy and loving thoughts. I feel good and express love for myself and others.
- The love within me is more powerful than doubt or fear.
- I trust myself. I am wise. I am brave.
- I have confidence in myself. I am ready for everything that life offers me.
- Life is good to me.
- I am doing well on this life journey. I am proud of myself.
- Every dark night *must* turn into a beautiful new morning.
- Body, I command you to listen to my brain. My body is perfectly healthy. I am grateful for this optimal health journey.
- I let go of the past; I trust in the future; and I accept the present moment.
- I give myself permission to switch off my mind and have some fun.
- I am deserving of respect, love, and happiness. I give respect, love, and happiness, too.
- Every part of my mind, body, and spirit is evolving and learning. I happily receive this sweet gift.
- The Universe is always helping me, sometimes in unexpected ways.
- Soothing healing blessings fill my soul with peace.



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HAIR STYLIST CHAZ DEAN

INDUSTRY LEADER IN BEAUTIFUL HAIR

BY LAURIE NEWKIRK

**GWYNETH PALTROW,
BROOKE SHIELDS,
ALYSSA MILANO
& JULIANNA MARGULIES**

“The energy, the culture, the history, the people . . .” celebrity hairstylist and successful entrepreneur Chaz Dean talks with great passion about why he just opened a luxury salon in NYC. Despite living in LA and owning a thriving salon in Hollywood, he dreamt of adding a Manhattan location. Why now? He finally found the ideal venue, a landmark building from 1845 in the West Village, which he has painstakingly restored to its original beauty, style, and Old World charm.

Chaz has a growing A-list clientele. His meteoric rise can be traced back to an early career as a photographer who dearly wanted his glamorous models to have equally glamorous hair. Determined in his quest, he attended cosmetology school, quickly became a rising hairstylist, and began working on a new approach to haircare — focusing on nourishing hair’s natural oils instead of stripping them with harsh detergents and chemicals found in traditional shampoos.

WEN BRAND: HOLISTIC APPROACH TO BEAUTY

By understanding hair chemistry and using natural ingredients, Chaz created a conditioner that both cleaned and protected the scalp and follicles, resulting in lush, hydrated hair. From there the groundbreaking WEN brand was born. Between his new haircare line and his magic touch as a stylist, Chaz quickly gained a celebrity following. His noted clientele has included Gwyneth Paltrow, Alyssa Milano, Julianna Margulies, and

Nicolette Sheridan. In 2015, Brooke Shields, whose hair had suffered immensely from decades of over processing for her modeling and acting jobs, became a product ambassador. By using the brand’s Cleansing Conditioner and Nourishing Mousse, Shields said she was able “to turn back the clock on my hair and it feels healthy again.”

Since Chaz emphasizes a holistic approach to beauty, focusing on overall well-being and self-care, he chose the name WEN because it’s close to the word Zen. His unique, scientifically sensible approach has

worked so well, the brand now touts over 700 hair, skin, and beauty products. It has received numerous awards and continues to be one of the top-selling beauty product lines on QVC.

BRAVO’S FLIPPING OUT & QVC STAPLE

When asked about his philosophy of success, Chaz said: “One thing I always remember from my grandmother is, ‘You can do or be anything you want in life as long as you’re willing to work hard for it.’” Family is deeply important, and Chaz talks with great love and affection about both his birth mother, Millie, and his

adoptive mother, Joan Dean. When Joan passed away after battling cancer, Chaz created the deep-cleaning protective product line 613 to honor her June 13th birthday.

While discussing his own celebrity as a star on the show *Flipping Out* and as a QVC fixture, he noted he surprises





people with his grounded and down-to-earth demeanor. Along with his stunning hair (alone an advertisement for his products) he is a mixture of incredible knowledge, charm, and gentleness. His kind heart is evidenced by his extensive philanthropic endeavors. He's worked for decades with the Los Angeles Mission, HollyRod Foundation, Oprah Winfrey Leadership Academy for Girls, and Project Angel Food, and is involved with countless other charities, including Best Friends Animal Society and The Vanderpump Dog Foundation.

CLASSIC HOLLYWOOD GLAMOUR & WEN PETS

Chaz has a deep love of animals . . . all animals, but especially labs. His current loves are Bella and Riley. He talks

fondly about two previous pets, a black lab and a white lab. "I named them Grace and Montgomery after Grace Kelly and Montgomery Clift, because I was in Hollywood and I wanted to bring back old Hollywood," Chaz said. They grew up with me; they came to the salon. Every time I would go live on QVC, I would put up new pictures of them and they grew up with our QVC customers."

It's not surprising, then, that WEN Pets came into being. People kept asking him for a product for their furry friends. Chaz used his traditional product as the base and then "By doing my research, I realized that a dog's pH level is higher than ours. So, I adjusted the WEN Pets to a higher alkaline level. And added more appropriate essential oils for the fur," he said. People often bring these WEN products to their dog groomers to use.

CHAZ DEAN'S STUDIO NYC

What's next for this pioneer? In addition to a new, delightful-sounding piña colada scent, plans are in the works to extend the brand with an exciting line of color products that are vegan, ammonia-free, and cruelty-free. And, living up to his grandmother's words about working hard, Chaz

is also launching a new lightweight, low-heat blow-drying tool. This idea is based on an older client who sadly thought she was losing her hair. Chaz came to her rescue and diagnosed her real issue as burnt hair from her unnecessarily hot straightener.

With Chaz being in NYC for only part of each month, the hot, hard-to-get reservation in the city is an appointment with the man himself at Chaz's New York salon.

Chaz Dean
chazdean.com
59 Greenwich Avenue
212.524.3292

NATURAL REMEDIES FOR INNER AND OUTER BEAUTY

BY LIANA WERNER-GRAY



In the pursuit of beauty, it's essential to embrace gifts that nature has bestowed on us. By incorporating natural remedies into our daily routines, we can enhance our inner well-being and outer allure simultaneously.

NOURISHING FROM WITHIN

HYDRATION

The foundation of beauty begins with staying hydrated. Drinking ample water throughout the day flushes out toxins, improves skin elasticity, and keeps hair glossy and vibrant. The rule of thumb is to drink half your body weight in ounces of water each day. For example, if you weigh 140 pounds, drink 70 ounces of water. Coffee, juices, tea, and smoothies count for 70% of this total.

ANTIOXIDANT-RICH FOODS

Incorporate antioxidant-rich foods like berries, leafy greens,

and nuts into your diet. These combat free radicals, protect skin from premature aging, and foster a radiant complexion.

OMEGA-3 FATTY ACIDS

Consuming omega-3 fatty acids found in fatty fish, flaxseeds, and chia seeds promotes healthy cell turnover and keeps skin supple.

CHLOROPHYLL

Drink one green juice daily or add chlorophyll drops to water. Chlorophyll, the green pigment found in plants, offers remarkable benefits to the skin, aiding it in a healthy glow. Chlorophyll effectively neutralizes free radicals that contribute to skin aging and damage. Its powerful detoxifying properties help eliminate toxins from the body,

resulting in clearer and more vibrant skin. Additionally, chlorophyll aids in oxygenating skin cells, promoting improved circulation and skin cell regeneration, leading to a revitalized and radiant complexion.

PROBIOTICS

A balanced gut-flora achieved through probiotics supports digestion, which positively impacts skin health and complexion. I take Ancient Nutrition probiotics and omega-3 fatty acids.

HERBAL TEAS

Sipping on herbal teas like chamomile, green tea, ginger, and peppermint helps in detoxifying the body and alleviating skin inflammation.

HEALTHY FATS

Embrace avocados, olive oil, and coconut oil as they nourish the skin, strengthen hair, and promote overall vitality.



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Sovereign Silver Natural Healing Gel is a natural alternative to conventional skin care treatments. Its properties help support your skin health in many ways, and it's dermatologist and clinically tested. It's used for various skin issues, including eruptions from acne and eczema, scarring, and wound care. Its soothing, cooling effect on your skin is a must-have if you're out in sun a lot this summer. Apply Natural Healing Gel immediately if you have a sunburn! I have used Sovereign Silver since 2010 as an eye cream, and I love it!

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CUCUMBER SLICES

Placing cucumber slices on tired eyes diminishes puffiness and dark circles, leaving eyes refreshed and revitalized.

TURMERIC FACE MASK

A blend of turmeric, coconut, yogurt, and honey evens out skin tone, reduces acne scars, and imparts a natural glow.

OATMEAL SCRUB

Oatmeal mixed with yogurt and honey forms a gentle scrub, exfoliating dead skin cells and revealing a smooth complexion.

ALOE VERA GEL

Aloe vera's healing properties soothe irritated skin, reduce redness, and moisturize effectively.

LUSTROUS HAIR

COCONUT OIL MASSAGE

Massaging warm coconut oil into the scalp nourishes hair follicles, reduces dandruff, and leaves hair lustrous.

EGG MASK

Applying an egg mask on hair replenishes proteins, repairs damage, and strengthens strands.

AMLA (INDIAN GOOSEBERRY)

Amla oil stimulates hair growth, prevents premature graying, and improves the overall health of hair.

ROSEMARY INFUSION

Rinsing hair with rosemary-infused water enhances hair thickness and stimulates the scalp.

INNER HARMONY & PEACE

MEDITATION

Practicing meditation cultivates inner peace, reduces stress, and positively impacts mental and emotional well-being, ultimately reflecting on one's outer appearance.

STRETCHING AND YOGA

Engaging in yoga enhances flexibility, promotes blood circulation, and contributes to a balanced mind-body connection.

SOUND SLEEP

Prioritizing quality sleep helps the body repair and regenerate, leading to a refreshed and glowing appearance.

DEEP BREATHING

Incorporating deep-breathing exercises into daily routines calms the nervous system and encourages a serene demeanor.

STRESS MANAGEMENT

Finding healthy ways to manage stress, such as through hobbies, spending time in nature, or practicing mindfulness, contributes to overall well-being. I take my Anxiety Free supplement daily from LianasOrganics.com, which contains ashwagandha and nine other natural ingredients to help build resilience to stress.

BLOWOUTS INSPIRE CONFIDENCE

A mobile concierge blow-dry in NYC and the Hamptons. For the founder, Hector Rodriguez, it's more than a blowout; it's an art form with hair as a medium to breathe and blow life into. Blowouts that inspire confidence are beneficial for mental health. Visit blowoutsinspireconfidence.com

Ultimately, natural remedies for inner and outer beauty embrace a holistic approach to well-being, transcending fleeting trends and fleeting beauty fads. By embracing nature's bounty, we can unlock the timeless allure that lies within each of us, nourishing our body, mind, and spirit in harmony with the world around us.

► Liana Werner-Gray is a nutritionist, natural food chef, and best-selling author of *The Earth Diet*, *Cancer Free with Food* and *Anxiety-Free with Food*. She is the founder of Liana's Organics: Anxiety-Free Supplements.

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ARIEL OSTAD

THE COSMETIC SURGEON WITH THE ARTISTIC TOUCH

BY BRIAN AKER



DERMATOLOGIC SURGERY

Turning back the clock through cosmetic procedures has substantially increased in popularity, for both women and men, over the last two decades. New Yorkers in search of the best work often find themselves in the office of Dr. Ariel Ostad. Through his practice on the Upper East Side, Dr. Ostad has become the destination for dermatological and facial cosmetic surgery needs, for everything from treating skin cancers to lifts

and liposuction. In the 27 years he has been in practice, the doctor has seen the field advance in technology to make aging less noticeable and treatments more accessible.

“I have always wanted to help others, and I am very sensitive to people’s traumas,” says Dr. Ostad. “I wanted to be a doctor from a young age; however, in medical school, I realized that I had a fascination with art and making things look aesthetically pleasing. I chose dermatologic surgery because it is a marriage of medicine and the art of reconstruction or putting things back together. Yes, I was focused on helping people cure their skin cancer, but at the same time minimizing facial deformities that can result from removal of skin cancer. For me, it’s an opportunity to help patients while practicing what I’m passionate about.”

THE GOAL:

LOOK AS GOOD AS YOU FEEL

Dr. Ostad uses a combination of non-surgical and surgical modalities to combat aging and to help people feel better about themselves. He says, “Nonsurgical treatment options such as Botox and fillers make people look better with minimal recovery. Botox relaxes what we call dynamic wrinkles. These are lines that result from expressions, including frown lines, forehead creases, and crow’s feet.

Fillers address hollowness. We lose fatty tissue and collagen in the aging process, and fillers do a great job of helping to fill you out adequately. The key is to be natural with these things, not to overdo it so you maintain your youthfulness, while looking your best version of you. Many women and men feel great inside. However, as they get older, there are insecurities about getting older. If I can help them to look as good as they feel inside, I feel like I’ve truly helped them.”



MALE CLIENTS

With the uptick in cosmetic procedures available, Dr. Ostad has also seen his percentage of male clientele rise over the years. Men have become more concerned about their appearance and more relaxed about exploring options to feel better about themselves. Dr. Ostad says, “I see men come in because they feel like they have a receding chin, and we can address that with fillers in what we call jawline contouring, and fillers also treat under the eyes where they are getting hollow. Men are also concerned about treating eye bags, jowls, and loss of definition around the face. I see men come in for hair loss,

The key is to be natural.”

Dr. Ostad

which we treat with PRP injections into the scalp to stimulate hair growth. Hair loss is a big concern for men with stress.”

TEENAGERS

Teens are also seeking cosmetic procedures for which Dr. Ostad proceeds with caution. He says, “I am not a fan of promoting cosmetic procedures for teenagers. I think it’s important to teach the young that you have to accept yourself with some imperfections. But if a teenager has a plump nose and is very self-conscious and it affects their confidence, getting rhinoplasty, or a nose job, is fine. That is something commonly done before the age of 18. I also see teenagers who have pronounced acne scars. They are just formulating their self-esteem, and if I can help them correct that in their teen years, there’s nothing wrong with that. We do see people in their 20s getting Botox and fillers, and the same thing holds true for that. I try to tell majority of my younger patients that beauty stems from within. You have to feel good inside and not to put so much emphasis on how you’re perceived.”

NUMBER ONE RULE TO AVOID AGING

In terms of slowing the aging process, Dr. Ostad has some essential advice: “Sun prevention is key. The idea of staying exposed and getting a tan should not be practiced. Enjoy yourself outdoors but wear your sunscreen. Try to get your sun in the early morning hours before 11 or after 4. That’s how you can actually prevent skin cancer. Studies show that over 90% of skin cancers are environmentally induced. They’re not genetic. It’s about being mindful of not getting sunburned, and then there are other lifestyle issues that can reduce the risk of skin cancer that work for all types of cancer, and that really is a combination of exercise, proper sleep, nutritious foods rich in antioxidants, and drinking enough water.”

Ariel Ostad, MD
897 Lexington Avenue
drarielostad.com
212.517.7900

ANGELO DAVID

REVITALIZING YOUR BEAUTY CONFIDENCE WITH COUTURE HAIR

BY ELIZABETH TAYLOR

PHOTOGRAPHY BY JAIME PAVON

The famous 18th-century English poet Alexander Pope wrote, “And beauty draws us with a single hair.” The modern-day world appreciates luscious locks the same way. Gorgeous hair makes one feel alive and sexy. It is the thing most desired by individuals experiencing hair issues. Angelo David Salon strives to make each client look stunning and feel worthy of poetic sentiments.

The salon’s creative director and owner, Angelo David Pisacreta, wants to bestow each client with his gift of beauty confidence. To sit in his chair is a new sort of salon experience — something magical and transformative. This hair illusionist uplifts the soul. His Midtown Manhattan salon is one of the best in the industry and a destination for boosting your self-assurance. His world-renowned techniques and wealth of knowledge make him one of the leading artists performing hair miracles.

“Almost half of all women have thinning hair, which is really distressing to them,” says this gifted stylist. “Great hair is part of women’s self-esteem, and by working with women to help solve fine- and thinning-hair problems, I brought my artistry to the next level.”

His vast experience has made him a master who specializes in hair health and growth for both his female and male clients. Clients around the world have experienced the wonder of his work, including even those who suffer from alopecia or hereditary hair loss.

Addressing underlying issues is just the beginning of Angelo’s skill set as a master stylist. Reflecting on the passion that drives him, he explains, “I’m a veteran in the industry, with prestigious clientele and a salon on Madison Avenue. I’ve become an expert in hair care because I live and breathe it every day. I am always looking for new ideas and I love being a pioneer in what I do.”

Angelo is also the incredible inventor of his popular line of couture hair. Angelo David Salon is the world’s only salon that offers completely customized couture wigs, hairpieces, extensions, additions, fillers, clip-on bangs, and ponies that are 100% human hair. This luxury hair can command as much as \$3,000 to \$10,000.

“Faux hair has now become part of our culture; it’s no longer taboo to talk about it.” Hairpieces may be prevalent in salons, but according to Angelo, “You must know how to do it right and go all in.”



At Angelo David Salon you can choose from dozens of extensions and additions, as well as dozens of different application methods. Groundbreaking attachment techniques include strand-by-strand, hot fusion, cold fusion, micro-cylinder, bonding/adhesive, linking, and tube shrinking.

This master stylist says, “Couture hair is not only to address thinning hair. It has become part of the culture in fashion, editorial, and television. Don’t be fooled by celebrities changing their look overnight. This is made possible with couture hair, and more and more people are embracing this lifestyle.”

Every component of Angelo David Salon’s couture hair is designed on-site by professional wig tailors who match each client’s hair texture, type, and color. “The wig tailors customize hair and alter it just for you,” Angelo declares about his dedicated team.

Across the board his inspirational fervor for beauty makes Angelo a shining example in the industry, with no signs of slowing down. Innovation and creativity are what drive the accomplishments of the salon.

It is this outlook that helped him formulate his successful Hair Detox hair-revival supplement. The exclusive lifestyle supplement combats the problem of unhealthy hair by correcting nutritional deficiencies, environmental aggressors, and hormonal imbalances through natural nutrients that are specifically selected for their traditional and scientifically supported combinations.

Key vitamins, herbs, amino acids, and antioxidants are carefully balanced in the unique stress-relief blend, which includes biotin, mixed phytoosterols, ashwagandha root extract, L-theanine, holy basil leaf power, astragalus root powder, gotu kola powder, and saw palmetto berry extract. It is the first lifestyle dietary supplement with all-natural ingredients that are specifically selected to help improve the effects of stress and, at the same time, detox your system.

Hair Detox also addresses the different supplemental needs of men and women. The men's formula contains saw palmetto, a known DHT (dihydrotestosterone) blocker. DHT is known to play a role in male-pattern baldness (androgenetic alopecia). The women's formula includes cranberry fruit extract to promote urinary tract health and L-cysteine, which contributes to protein-building in cells. With use of Hair Detox, positive change is in store.

Angelo has constantly evolved his portfolio and business by enhancing offerings at the salon.

Angelo David Salon is a modern, meticulously designed facility that offers a spa-like experience. It boasts 2,500 square feet with seven private VIP hair suites, a hair-extension styling bar, a beauty concierge department, a beauty lounge, and a couture hair boutique. The boutique offers both couture and ready-to-wear styles, so that most clients can have the hair they want the same day they walk in the door.

The location houses a full-service salon with an open area facing Madison Avenue where you can have the perfect cut, color, and style. The salon also offers a range of bridal services, including up-dos, styling, and makeup for the bridal party. There is also a private consultation room that comfortably allows you to discuss your concerns and vision for your hair.

Additionally, unique to the salon is the sale of Angelo's Flex



Brush, which molds to the curvature of your head, detangling knotted hair and cleaning your scalp. The Flex Brush provides the perfect amount of pressure and stimulation, not hurting your scalp and not tearing at your hair like rigid brushes.

"We have industry veterans visit the salon and they are blown away by what we've created here," notes Angelo. Undeniably, this is a man who can help you wow a crowd. Angelo can restore confidence to women and men no matter how difficult their hair problems may be. There is simply no stopping the magic from sparkling with Angelo David Salon.

angelodavid.com

Facebook: @AngeloDavidSalon

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FEATURES

DR. STEPHEN T. GREENBERG





PARK AVENUE PLASTIC SURGEON

STEPHEN T. GREENBERG, M.D., F.A.C.S.

CONFIDENCE BUILDER EXTRAORDINAIRE

BY LISA MAGUN

PHOTOGRAPHY BY MARSIN MOGIELSKI

The award-winning, celebrity plastic surgeon Dr. Stephen T. Greenberg has more than 30 years of expertise and has performed thousands of surgical procedures. He is the founder of Greenberg Cosmetic Surgery and Dermatology and is a respected leader in cosmetic plastic surgery. Dr. Greenberg

prides himself on combining his advanced surgical techniques with cutting-edge technologies at his state-of-the-art facilities in Manhattan, Southampton, Woodbury, Smithtown, Scarsdale, Boca Raton, and Dubai. When asked about his philosophy on plastic surgery and

beauty, he says, “I want my patients to feel good about themselves, and I always strive to provide the most natural-looking results coupled with minimal recovery time. Many of my patients tell me that after their procedure they have a

newly found confidence which has prompted them to go for that new job or promotion, get back into the dating scene, and start to wear the clothing they always dreamed of. Oftentimes, they tell me that no one can pinpoint that they have had a procedure, only that everyone notices how refreshed, youthful,

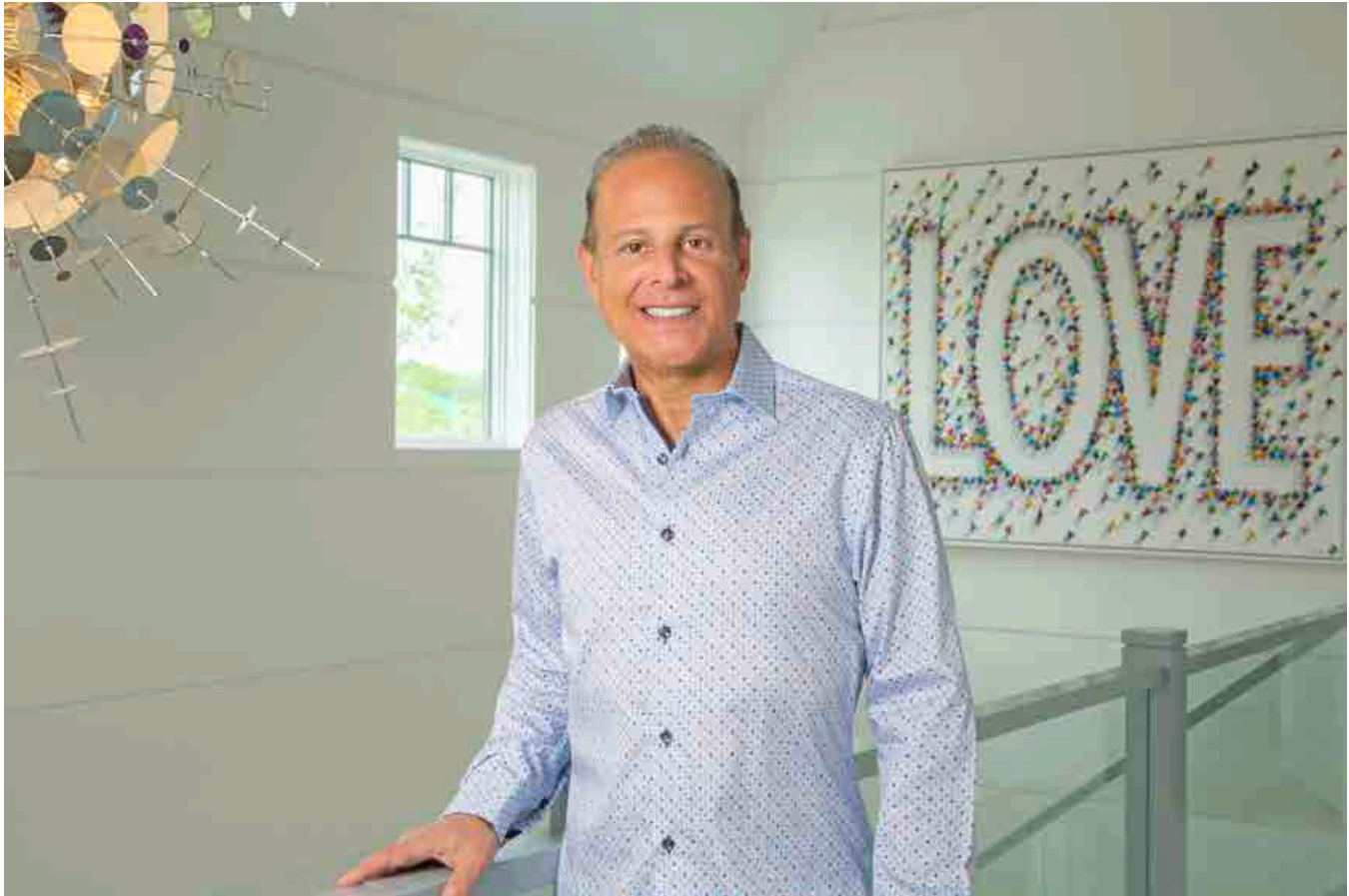
and vibrant they look.”

Dr. Greenberg is passionate about helping his patients’ outer appearance reflect their inner beauty. Seeing the uptick of people seeking cosmetic procedures, Dr. Greenberg believes that self-esteem has been the driving force for many patients.

“I want my patients to feel good about themselves, and I always strive to provide the most natural-looking results coupled with minimal recovery time.”

Dr. Stephen T. Greenberg

“It always amazes me to see the difference in how a patient sees themselves from their initial consultation to their post-operative check-up. They walk taller, smile brighter, and I see a sparkle that wasn’t there before.”



Dr. Greenberg is seeing a spike in requests for his ultra-modern Rapid Recovery techniques to reduce downtime for face, breast, and body procedures. Eyelid and face lift procedures for both men and women are especially popular, says Dr. Greenberg: “People want to look as young as they feel and are now taking steps to meet that goal.” Dr. Greenberg pioneered the micro-mini face lift for his younger patients and is performed under local anesthesia. Face lifts many times include a facial fat transfer, allowing

“It always amazes me to see the difference in how a patient sees themselves from their initial consultation to their post-operative check-up. They walk taller, smile brighter, and I see a sparkle that wasn’t there before.”

Dr. Stephen T. Greenberg

Dr. Greenberg’s artistry to result in a more dramatic outcome — restoring youthful fullness and providing a refreshed glow.

Dr. Greenberg’s patients who receive his micro-mini or mini face lift are often restaurant-ready in a matter of days! Utilizing an individualized approach, Dr. Greenberg has expanded the aesthetic arena by delivering exceptional patient care coupled with amazingly natural outcomes. His reputation for employing the most



Dr. Stephen T. Greenberg and his wife, Gail Greenberg.





sophisticated medical devices with his deft skills drives people from all over the world to his practice. His newest outpost in Dubai is where he rejuvenates the UAE elite who have sought him specifically for his contemporary approach.

Dr. Stephen T. Greenberg is in constant demand to discuss the latest trends in cosmetic procedures, making frequent appearances on FOX 5 *Good Day New York* and is continually featured in *Newsday*, the *New York Post*, Page Six, and the *New York Times*. He hosts the only cosmetic-surgery radio show, *Nip Tuck Today with Dr. Stephen T. Greenberg*, every Sunday at 10 a.m. on 710/WOR. Dr. Greenberg is dedicated to his devoted listeners and shares his vast knowledge, discussing everything from exercise, fashion, and beauty tips to nutrition

and wellness, including celebrity transformation critiques and, of course, the most effective cosmetic solutions. Listen from any device at iheart.com.

To the rich and famous across the globe as well as his friends and neighbors in Manhattan and on the East End, Dr. Greenberg is something of a legend. His achievements garner him continual awards for his revolutionary work, where clearly experience does make the difference.

For a complimentary consultation at Greenberg Cosmetic Surgery and Dermatology, please call **631.287.4999** or visit **greenbergcosmeticsurgery.com**. Follow Dr. Greenberg on Instagram: **[@drstephentgreenberg](https://www.instagram.com/drstephentgreenberg)**



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Mike Meyers, Therese Corriente



Douglas Arthur, Lindsey Michelle



Ashley Sloan, Julia Waldbauer, Kate Carlucci, Devorah Rose



Madison Sheffer



Emrach Uskovski, Stella Flame



Xandra K



Christie Brinkley wearing Piaget, Manuel Alonso Cloux



Shani Grosz



Aleksandra Milicevic, Dr. Kenneth Mark



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Bill Schlight, Cheri Kaufman



Luciana Pampalone



Kyle Rosko, Renata Kaczoruk



Martin Pepa



Valerie Greenberg, Rainy Casteneda



Gillian Lieberman, Scott Diamant



Anna Rothschild, Abigail Pollak



Marsin Mogielski



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Maggie Delaney, Hubert Delaney

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Hosted by Maria and Kenneth Fishel
July 22 and July 29

*All images thanks to
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Sharon Bush, Pamela Wright



Luann de Lesseps, Maria Fishel, Candace Bushnell



Greg D'Elia



Alicia Quarles



Adrien Lesser, Lizzie Asher



Consuelo Vanderbilt Costin



Ann Van Ness, Bill Van Ness



Susan Kramer



Deanna Passarelli, Jacqueline Murphy, Ramona Singer, Andrea Werner



Lauren Smart, Geoff Smart



Wendy Federman

THE HOUSE OF SUNTORY

The Nature and Spirit of Japan



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Jill Nicolini



Sara Shala



Di Mondo, Hanson Aaron



Alexa Avaliani, Dr. Anna Avaliani



R. Couri Hay, Janna Bullock



Robert Marchart, Stephanie Marchart



Tracy Turco, Jerry Turco



Ruth Miller, Susan Baker



Liana Werner-Grey, Drew Naylor



Alison Mitchell

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Rolise Rachel, Maryliz Wheelis



Winsome Lennon, Stephen Suk



Dr. Jordan Sudberg, Julia Lindenthal



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Anne Bezamat, Amanda Caroline Cronin,
Peter Thomas Roth, Susan Shin



Anja Metryk, Eva Penson



Patricia Shiah, Jean Shafiroff



Tino Rossi, Tommy Dirube



Julie Romo Auclair



Dr. Frantz Lerebours, Martina Gurgel



Ante Jakic, Kim Shephard



Cuba Gooding Jr.



Keith Hart, Heather Hart



Elizabeth Goutevenier, Gintare Mulerskaite, Olga Gold



Victor San Andrés



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Erika Katz



Donna Younis, Nahill Younis, Gina Vincequerra



Besma Alsubaie, Farah Alsubaie



Charles Tetro, Stacey Berg, Amy Goldenberg, Amleto Mazza



Alexis Kokolis, Charlotte Yerkovich, Kim Levin



Lee Kalt, Lilikoi, Wolfie, Malinda Carlton



Noreen Donovan, Luisa Diaz



Dr. Shawn Sadri



Tabitha Bennet



Alison Mitchell



Arielle Nadler

SOCIAL SAFARI

WHAT'S DOING AT THE BEACH

By R. COURI HAY

PHOTOGRAPHER CONTRIBUTIONS BY PATRICK McMULLAN

CALVIN KLEIN, ROBERT WILSON, MARTHA STEWART, GEORGINA BLOOMBERG, RON DYCE, JACKIE KENNEDY ONASSIS, DAVID KOCH, PETER THOMAS ROTH & LINDSAY LOHAN

The Watermill Center

Calvin Klein, Audrey & Martin Gruss, and Tatiana & Campion Platt are among the avid supporters of Robert Wilson's Watermill Center 31st Annual Summer Benefit, a yearly benefit that should never be missed. This year's event, dubbed "the BODY," celebrated the human form's role in creating art through time-based performance, painting, sculpture, and video. Dozens of artists from around the world created edgy art installations throughout the center's grounds and woodlands. The proceeds from the night and auc-



Robert Wilson, Lady Gaga

tion went to The Byrd Hoffman Watermill Foundation, which supports the center's year-round programing and artist-in-residency programs. Founded by Wilson in 1992, The Watermill Center is an interdisciplinary laboratory for the arts and humanities with an emphasis on creativity and collaboration. The night was presented by Van Cleef & Arpels. watermillcenter.org



Martin & Audrey Gruss; Campion & Tatiana Platt

New York Botanical Garden

Gillian Hearst, Georgina Bloomberg, Deborah Goodrich Royce, Sharon Jacob, and Jill Joyce were among the chairs of the New York Botanical Garden's Conservatory Gala. The evening celebrated the NYBG's summer show, ... *things come to thrive ... in the shedding ... in the molting*, by the contemporary artist Ebony G. Patterson. The exhibition features provocative displays of art and nature throughout the institution's spectacular green spaces. Sigourney Weaver and Eugenia Bullock were among the guests who explored the immersive exhibition, which spreads across the 250-acre landscape. Also in the mix were Maureen and Richard Chilton, Jr., Friederike K. Biggs, Ravenel Curry, Jane Moss, Sharon Jacob, J. Barclay Collins II,



Georgina Bloomberg, Sharon Jacob, Deborah Goodrich Royce, Jill Joyce, Gillian Hearst

and Kristina Durr. Dinner and dancing to songs played by DJ Runna were held in the elegant Conservatory, where endless flutes were filled with Perrier-Jouët, one of the night's sponsors. nybg.org

New York City Ballet

Mikhail Baryshnikov, Michael Bloomberg, Diana Taylor, Carolina Herrera, Lucia Hwong Gordon, Julianne Hough, Sofie Mählkvist, Fe Fendi and daughters Paola Fendi and Alessia Fendi, and a large contingent of attractive dancers were at the New York City Ballet's gala at the David Koch Theater at Lincoln Center. The night was a celebration of NYCB's ongoing commitment to invention, which was the theme of the evening. The program featured new works by Tony Award-winning choreographer Christopher Wheeldon and emerging Canadian choreographer Alysia Pires, followed by Justin Peck's *The Times Are Racing*, which was the crowd pleaser. Ruinart, my favorite brand of bubbly, hosted the cocktail reception, which kept things lively. Chopard, one of the night's sponsors, lined up waiters to showcase its jewelry on trays as you came in. Very inventive, indeed. Since its founding in 1948, the NYCB has created nearly 500 new ballets. The company has resurrected the brilliant but neglected ballet *Brandenburg* by the company's former ballet master Jerome Robbins, which shouldn't be missed. What I did miss was seeing any of the ballets by the company's late

guiding light George Balanchine. Every gala should also pay tribute to at least one of NYCB's founding fathers. Although this year was a little less exciting than past galas, everything is still beautiful at the ballet. nycballet.com

Jackie O OH LA LA Supper Club



Joe Gallagher, Zack Weiner;
Martha Cohen Stine, Harriet Newman Cohen

Martha Stewart, Spike Lee, Sienna Miller, and Alicia Keys are among the stars who have been attracted to nightlife guru Omar Hernandez's signature vaudeville acts. Omar launched the summer edition of his OH LA LA Supper Club, tucked at the back of the exclusive bistro La Goulue, on the Upper East Side. The hotspot was originally made famous by Jackie Kennedy Onassis, starting when she dined there regularly while working as a book editor at Doubleday from 1978 until her death in 1994. The immersive dining and entertainment experience by the chef Antoine Camin on opening night included comedian D'yan Forest. Guests included Manhattan Movie Studio producers Zack Weiner and Joe Gallagher, Milestone Scientific CEO Arjan Haverhals, and mother-daughter divorce lawyer duo Harriet Newman Cohen and Martha Cohen Stine. lagouluerestaurant.com

Lindsay Lohan & Peter Thomas Roth

Lindsay Lohan's Mykonos hotspot, Lohan Beach House, will not reopen this summer despite rumors among the jet set. The beach club originally closed in 2019 after her MTV reality show was canceled. The *Mean Girls* star and new mom, who is married to Bader Shammass, recently welcomed a baby boy. Lohan, who lives in the United Arab Emirates, partnered with skincare guru Peter Thomas Roth to become the face of his popular 24k Gold Hydra-Gel eye patches. During the skit, she wears a headset and mans the hotline at "1-844-EYE-CONS" to answer fans' questions about the cult-favorite patches that keep her looking fresh throughout the day and night. During the video she looks in a handheld mirror and says, "Honey, you never looked better!," a line from her hit movie *The Parent Trap*, which she made in 1998 when she was 12 years old. peterthomasroth.com



Peter Thomas Roth, Lindsay Lohan

Starz Star Joseph Sikora & Noel Ashman



Joseph Sikora

Power Book IV: Force star Joseph Sikora and his film producer pal Noel Ashman celebrated their birthdays at the Hustler Club. The fun party was hosted by the *The Sopranos*' Federico Costellucio along with Bo Dietl, George Wayne, Damon Dash, Richie Rich, and Anthony Haden Guest. The club's dancers donned blonde wigs and white dresses inspired by the gown Marilyn Monroe wore to sing "Happy Birthday" to President John F. Kennedy at Madison Square Garden, in 1962. The impersonators brought out two cakes with Sikora's and Ashman's faces on them as they sang "Happy Birthday," mimicking Monroe's whispery voice. After the candles were blown out, handsome Dick Manitoba of The Dictators sang his version of "New York, New York" and a cover of the Ramones' hit "I Want to Be Sedated." hustlerny.com

Designer Ron Dyce & Jean Shafiroff

Sex and the City author Candace Bushnell and Jean Shafiroff are among the VIPs who have been dressed by Harlem-based fashion designer Ron Dyce, who has also dressed Gloria Estefan's daughter, Emily. The designer showed 90 new looks for both women and men at his Fashion Week show called "The Ultimate Collection." Dyce hosted a pop-up preview of his fall show at the home of Jean Shafiroff, in Southampton. Among Dyce's favorite clients is rapper MC Lyte, whom he recently dressed for her appearance on *Good Morning America*. ron-dyce.com



Ron Dyce, Jean Shafiroff

Mariano Rivera & Dr. Ramon Tallaj

Iconic ballplayer Mariano Rivera and SOMOS Community Care founder Dr. Ramon Tallaj were invited by the New York Yankees for its game against the Tampa Bay Rays. Dr. Tallaj was chosen to throw out the first pitch because of his work with underserved communities in New York, including the Bronx. The doctor threw a hard ball to Mariano, who caught it handily. After the game, which the Yankees won 9 to 8, Dr. Tallaj filled in Rivera on his recent trip to the Vatican, where he met with Pope Francis to talk about accessible health-care around the world. somoscommunitycare.org



Mariano Rivera, Dr. Ramon Tallaj

CLOUDY BAY DINNER

BY DEVORAH ROSE

The scent of peonies and gardenias mixed with the sea breeze as Suki Waterhouse celebrated the art of entertaining with Cloudy Bay wines & Outstanding in the Field. On July 20, the beautiful crowd gathered around long tables laden with delectable food from Amber Waves Farm. The stunning event featured flowers from East Olivia: wildflowers clustered together like paint splatters on a canvas. Everyone stopped to take pictures of the sunset over the beautiful beach house before they enjoyed their dinner and conversation against the backdrop of the ocean.

Photo Credit: Madison McGraw for BFA.com



Suki Waterhouse



Jessica Wang



Ryan Clark



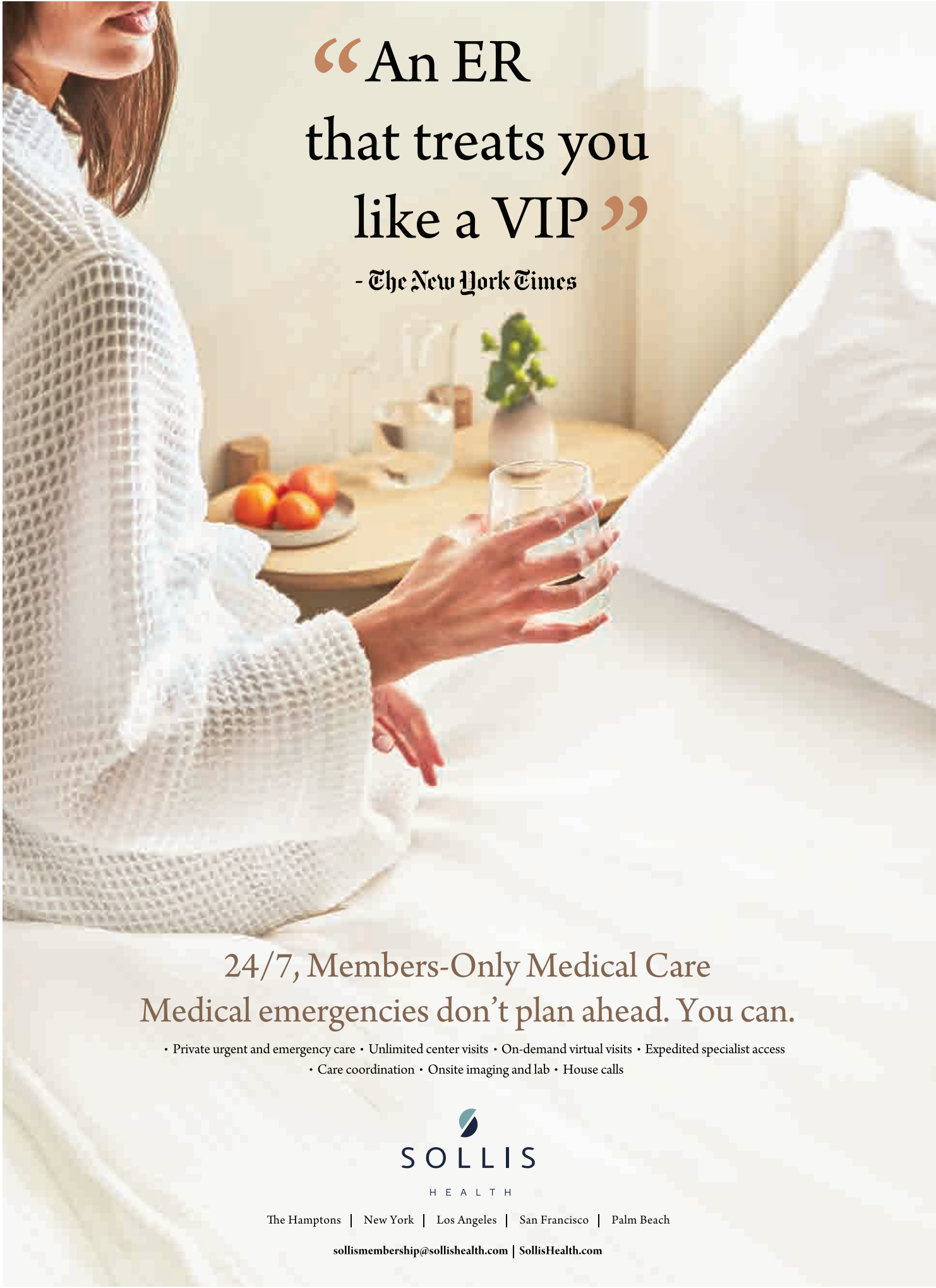
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ROCKSTER

BY CHRISTINE MONTANTI

Escada Heir Sven Ley and entrepreneur wife Zoe Ley, founders of The Rockster, together with their daughter Clementine attend the Rockster, “Lets Pawty” Event on Saturday, July 15th, 2023 at Community Pet Supplies in Huntington, New York. Senior Editor Christine Montanti attends the Rockster Superfood Banquet to support the brand’s mission.

Rockster is known globally for its bio-organic, human-grade ingredients, that are certified to be free from antibiotics, chemicals, hormones, pesticides and steroids ensuring the purest meal for dogs.

Photo Credit: Rob Rich / SocietyAllure.com



Christine Montanti, Zoe Ley, Clementine Ley, Sven Ley



Marvin, Buttercup, Tori Berenson and Hammy, Brody, Amy, Puccini



Christine Montanti and Dusty



Amanda Heinrich and Joann Bakal



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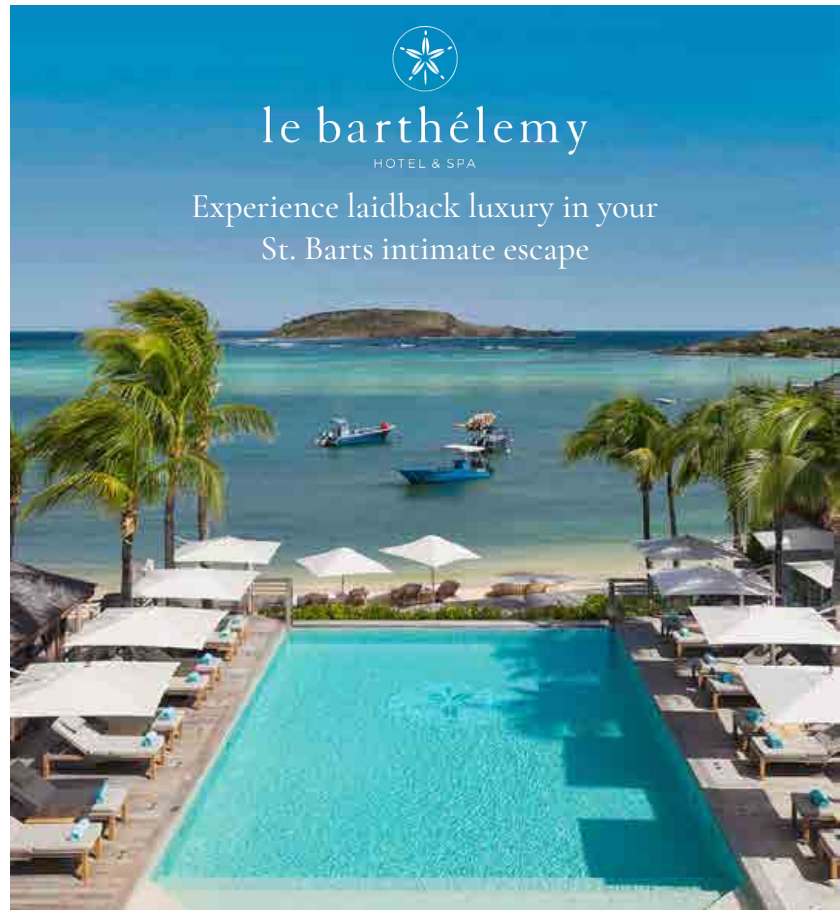
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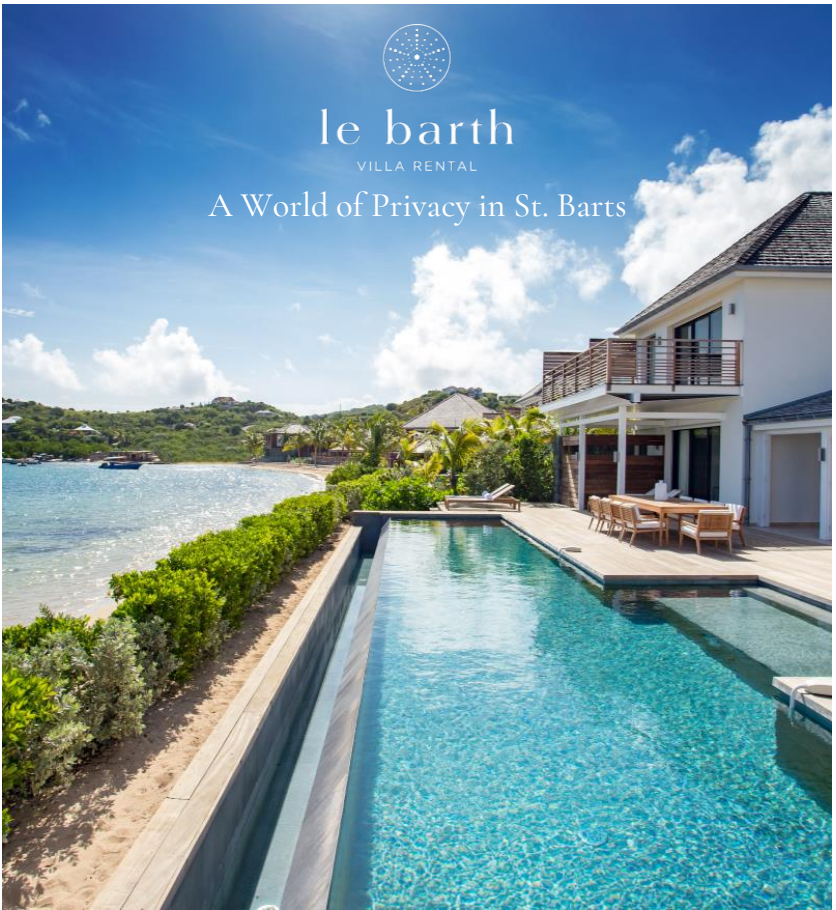
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OUT & ABOUT

EAST HAMPTON ANTIQUES & DESIGN SHOW

BY ROLISE RACHEL

On Friday, July 14, the East Hampton Antiques and Design Show opened its doors for a preview cocktail party that benefited the East Hampton Historical Society. The show took place at Mulford Farm, ca.1680, which is under the stewardship of the Historical Society. The farm oozes Colonial New England charm with several barns, a windmill, the main house, and Rachel's Garden, which is taken care of by the East Hampton Garden Club. On the National Register of Historic Places, it represents one of the finest architecturally intact specimens in the United States. The Antiques and Design Show has become a beacon to those who appreciate the genuineness of the East End.

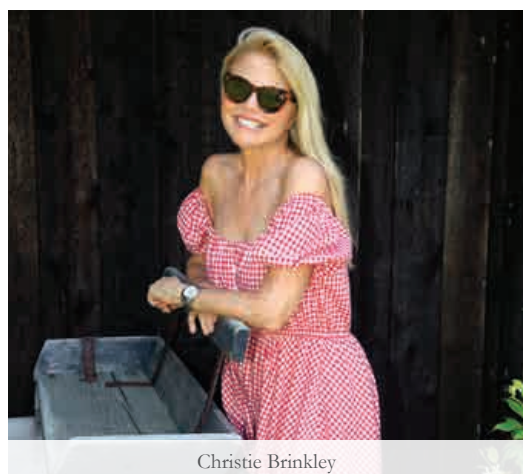
The event honored Liz Lange, the current owner of the well-known Grey Gardens estate in East Hampton. Lang is also an American fashion designer, entrepreneur, author, and podcast host. Guests admired sun-lit Lalique, vintage gems, antique garden items, and more. There were surprise visits from Joy Behar, Christie Brinkley, Jill Rappaport, and Alan Patricof during the three-day event. Distinguished guests included Aerin Lauder, Richard & Lauren DuPont, Jenny Landey, Laura Doyle, Katharine Rayner, Annette Cumming, Mike Clifford, and Robert Levy. The design community came out in full force, including David Netto, Stephen Sills, Scott Sanders, Marshall Watson, Tom Scheerer, Steven Gambrel, David Kleinberg, Tom Samet & Nathan Wold. East Hampton Historical Society trustees attended, including Debbie Druker (event chair), James Blauvelt, Paige Daly, Andrew Davis, Dorian Fuhrman, Arthur "Tiger" Graham, Lys Marigold, Jackie Mitchell, Frank Newbold, Coco Shean, and executive director Steve Long.



Steve Long, Jackie Mitchell



Jim Blauvelt, Debbie Druker



Christie Brinkley



Lauren DuPont



Paul Sparks, Susan Dunlevy, Marshall Watson



Joy Behar and her dog Bernie Sanders



CATERING and EVENTS



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Don Lemon, Dennis Basso

Kelly Ripa, Mark Consuelos
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Brian Kelly, Alessandro Ford-Rippolone, Benjamin Dixon



Candace Bushnell



Kevin Harrington, Antoni Porowski

Timothy Peters, Lee Cannon, Salvatore Pizzolla,
Dawn Kreizer-Drozjock, Ryan Ward

OUT & ABOUT

HETRICK-MARTIN INSTITUTE: SCHOOL'S OUT

BY ROLISE RACHEL

PHOTOGRAPHY BY ANDREW WERNER

On Saturday, July 15th, the garden at the home of Nathan Orsman and Jose Castro was overflowing with supporters of the Hetrick-Martin Institute (HMI). The 23rd annual Hamptons event called School's Out was hosted by Douglas Elliman's Benjamin Dixon; Alessandro Ford-Rippolone; and Brian Kelly, The Points Guy founder.

The event broke records by raising more than \$620,000, double what it was last year. Synchronized swimmers with parasols, mermen, celebrity sightings, and a Coach bag in the gift bag were some of the touches that made this well-attended event a highlight of the season. Attendees included Kelly Ripa and Mark Consuelos, Candace Bushnell, Thom Filicia, Katie Lee, Don Lemon, Marci Klien, Antoni Porowski, Peter Som, Dennis Basso, Nate Berkus, Peter Cook, and Isaac Boots, among others. Dinner courses were provided by host committee members Eric Lemonides and Lee Felty of Almond. Other courses were provided by Duryea's, STK Steak, and Kerber's Farm, and 250 bottles of wine provided from Dry Farm Wines. Place settings were created by Christophel. The following Monday, Kelly Ripa and Mark Consuelos shared their experience on their morning show, LIVE. Kelly said, "I'm lucky if I can get a float in my pool, but now I want synchronized swimmers. I was mesmerized and I have found my sport! I can go underwater, I can hold my breath, I like gymnastics, ballet, and chic costumes, and I think I have the right *je ne sais quoi*.



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Nathan Orsman, Amy Harclerode, Jose Castro



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MARK WAHLBERG CLUBHOUSE IN EAST HAMPTON

Mark Wahlberg flew into the Hamptons by private jet for eight hours to go to the Clubhouse in East Hampton to play miniature golf and promote his new tequila, Flecha Azul. After scoring two holes in one, he jumped over the bar to pour drinks for fans and friends, including the Clubhouse's owner, Matt Rubenstein. The hot spot will host a show by Chelsea Handler on August 26. clubhousehamptons.com



SOFIE MÅHLKVIST



MARK WAHLBERG, MATT RUBENSTEIN



MARK WAHLBERG

ISABELLE BSCHER GALERIE GMURZYNSKA

Glamorous gallerist Isabelle Bscher celebrated the opening of her booth at the Treasure House Art Fair in London with a party for the gallery's new ambassador, actor George Hamilton, and photographer Johnny Pigozzi, who is credited with inventing the selfie. Pigozzi showed a variety of pictures, including those of his friends Kate Moss, Mick Jagger, and Keith Richards. Bscher also exhibited Pablo Picasso, Henri Matisse, and pop icon Marjorie Strider. gmurzynska.com



GEORGE HAMILTON



LUCAS BSCHER, KRYSTYNA GMURZYNSKA



ISABELLE BSCHER, JOHNNY PIGOZZI

JETI FITNESS JOYCE SHULMAN

Joyce Shulman of Jeti Fitness and Shawn Dromgoole hosted their annual "We Walk with Shawn" at Long Beach in Sag Harbor. The free event supported Shulman's mission to connect communities through wellness. Jeti Fitness and its popular weighted walking-poles have sponsored numerous neighborhood walks across the country. Shulman also created 99 Walks, a tracking app that measures pace and distance and offers guided classes, meditation, and daily inspiration. jettifit.com



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RANCHO LA PUERTA

PARADISE FOUND IN MEXICO

By R. COURI HAY



R. Couri Hay is the travel editor and society columnist for this magazine. Couri began his career at Andy Warhol's Interview and he wrote for Town & Country and People. Couri also appears on CNN, PBS, FOX and VH1 commenting on Hollywood. He lives in NYC and Southampton and is the CEO of his own PR firm.

MY POINT OF VIEW

I've been going to Rancho la Puerta since the 1980s and although it is now a state-of-the-art facility, yet with limited Wi-Fi cell connection, the basics of The Ranch remain the same: the authentic vibe of the cozy casitas with fireplaces, fresh food and juices from its organic gardens, classes for all ages, attentive staff, wonderous hiking trails for all levels of walkers, and Mt Kuchumaa — the sacred mountain that gives off a palpable spiritual energy. Let's not forget the pollution-free air; but for me, one of the most impressive features is the world class gardens: 32 gorgeous acres — some wild, others manicured. The sprawling beds of red and white hollyhocks that soar to 14 feet are the most magnificent I've ever seen. Sarah Livia Szekely Brightwood, president of Rancho La Puerta and daughter of the co-founder Deborah Szekely, is a gifted landscape architect. Her use of color-blocking by planting large spaces of one specimen creates a breathtaking panorama that reminds me of master works by the great Impressionists. Everywhere you look there's something heavenly to see: fields of black-eyed daisies, red and white geraniums, calla lilies, cacti of all sizes, white irises that could bring tears to your eyes, and trellises covered in lavender wisteria. Brightwood has been working on these gardens for over thirty years, and the love and energy she has invested has paid off. My advice: try to visit Rancho La Puerta at different times of the year to see the enormous variety of plantings that bloom in different seasons. And Deborah Szekely is still here, every week imparting the wisdom she has gathered over her remarkable 101 years on our planet. Rancho La Puerta is the *ne plus ultra* of spas.



Deborah Szekely



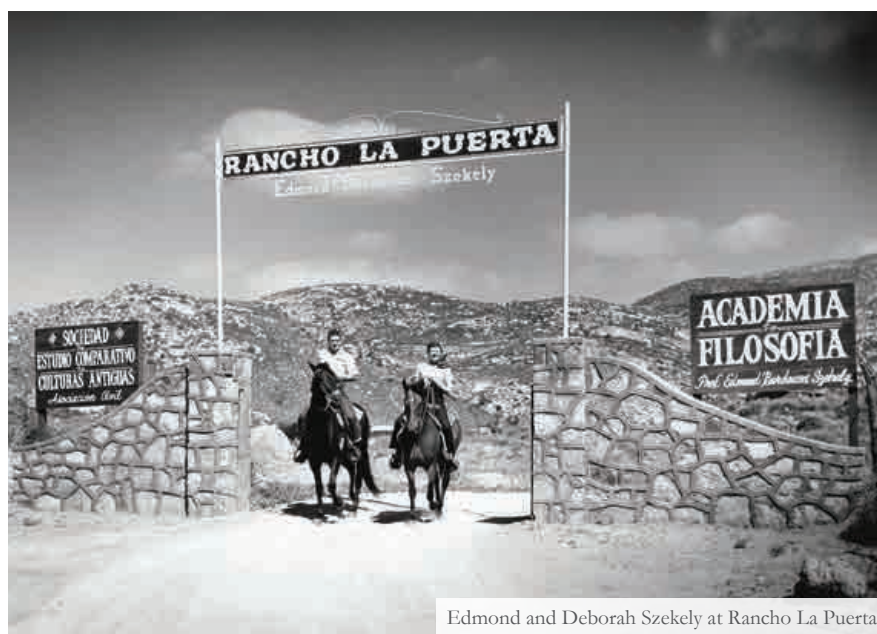
Rancho La Puerta

THE RANCH

Rancho La Puerta has consistently been hailed as one of the top wellness resorts in the world by travel writers, celebrities, and seekers of a healthier lifestyle since it was founded by Edmond and Deborah Szekely in 1940. Located 45 miles from San Diego in bucolic Tecate, Mexico, it is the oldest spa in North America, and was proclaimed the “World’s Best Destination Spa” by Travel + Leisure for multiple years. What began as a tiny camp built in the shadow of historic Mt. Kuchumaa is now an all-encompassing resort nestled amid lush flora and vineyards. The 4,000 scenic acres include vast woodlands and meandering mountain trails. The resort’s winding brick paths, vineyards, and koi ponds are bordered with orange and yellow lilies, flowering shrubs, and red roses. Nicknamed “The Ranch” by the procession of returning guests, it limits itself to a maximum of 150 guests per week.

MOTHER OF THE MODERN SPA MOVEMENT

Deborah just celebrated her 101st birthday in May 2023 and is now an indefatigable and spritely example of healthy living. Deborah is widely referred to as “the mother of the modern spa movement” and is one of the country’s leading wellness crusaders. Deborah told me, “Delight in the little things in nature and in life — I think it’s hard to be truly healthy without that. Thinking out of the box, seeing, being aware, and enjoying the little things, this is what is so important.” Of her charitable work, she said, “All the different nonprofits I created have to do with connecting people because then you get strength. It’s very nice to be powerful individually, but if you can bring people together, it’s lasting.”



Edmond and Deborah Szekely at Rancho La Puerta

KATE WINSLET, MADONNA, CLAUDIA SCHIFFER & OPRAH WINFREY

Szekely’s pioneering fitness and health spa in Mexico was discovered in the 1940s by Hollywood luminaries such as Burt Lancaster, Kim Novak, Bill Holden, and the writer Aldous Huxley. Over the years Rancho La Puerta has attracted Kate Winslet, Madonna, Governor Jerry Brown, Arianna Huffington, Claudia Schiffer, Bill Moyers, Alicia Silverstone, Erica Jong, and Oprah Winfrey. Ricki Lake once took advantage of the resort’s classes to train for her appearance on *Dancing with the Stars*. There are also weeklong schedules of Pilates, yoga, art lessons, meditation, and cooking classes by renowned visiting chefs. New classes this year include Breathing Basics, Cardio Drum Dance, and Chakra. Some of the interesting workshops include Journaling for Joy and How to Create a Life with Purpose. Do not miss the inspiring Sound Healing classes by Anne Van de Water: she has a magic touch.



At The Ranch, Deborah is hoping to encourage the next generation of “health nuts”— a favorite descriptor for people like herself who she says, “read labels, go to farmer’s markets, participate in a community garden or have a garden, and are active in taking responsibility for their own health.”

ESCAPING THE DEPRESSION

Born in Brooklyn, Deborah’s fascination with beautiful landscapes was developed at an early age when her family moved to Tahiti during the early 1930s to escape The Great Depression. “We were the only Americans on the island other than the governor, who had two boys,” she remembers. Her mother, Rebecca Shainman, was the vice president of the New York Vegetarian Society in 1926 and set the family’s course for healthful eating. “In those days they called it ‘fruitarian’ because we ate everything raw.”

Szekely met her husband, Edmond, just after finishing high

school and the couple married when she was 17. “He had never bought a train ticket, he never learned to type, he never learned to drive because he said that it interfered with the life of the mind. He was totally impractical but marvelous and charismatic,” she says of their first meeting in Tahiti, when Edmond, the head of the British International Health and Education Center in Surrey, England, was on leave to write two books on Mexico. “Everybody thought he was wonderful, so I thought he was too. The minute he walked into a room, some way or another the energy of the room changed.”

WORLD WAR II

The original no-frills camp had its origins in World War II, when Deborah and her husband, a native of Hungary, were living in Southern California, and because of his refusal to return to Europe to serve in the military, an order was issued for his arrest as a deserter. “We didn’t collapse,” Deborah recalls. “Thankfully, we got a letter two weeks later from U.S. Immigration and Naturalization, what they now call Homeland Security, and it said that if he was found in our country on June 1st, 1940, he would be arrested and shipped back to his country. So, we went to Mexico.”

TECATE, MEXICO

Edmond Szekely, a renowned scholar, had planned to teach a summer school session in Oslo. “We knew we would have to hold the summer school because we were counting on the



money from the students, and they had already signed up. So, we just wrote them and said the summer school instead of being in Oslo is going to be in Tecate. And we had to make it cheap because they had to bring their own tents.” That’s why they chose the location, near the U.S. border, about an hour from San Diego. The resort is still in that same location today.

HERBAL WRAPS & SKIN CARE

The Ranch began as a rustic summer camp; however, in the early days, they did create an herbal wrap, out of necessity, Deborah explains. “Without it many of the guests, because they never exercised at home, were so stiff they literally crawled out of their beds after their first day of hiking and exercise at The Ranch. Herbal wraps were the answer. The heat relaxed the muscles.” Later, the Szekelys hired experts to begin training programs in massage and skin care at Rancho La Puerta, and they were an immediate hit. “Guests had worked hard all day, and they looked forward to having the soothing attention of facials and massages.” Want a deep tissue massage or shiatsu? Ask for Carlos or Arturo; they can bring your body back to life after a long day.

THE SACRED MOUNTAIN: MT. KUCHUMAA

Together, the couple opened Rancho La Puerta, which today runs \$5,150 a person per week; however, their first summer health camp in Tecate was decidedly more humble — \$17.50 a week and bring your own tent. For that economical price,

guests hiked, enjoyed rustic vegetarian meals, group exercises, and attended daily lectures by the founders.

“It was years before we could buy property and it was little by little that we assembled the land,” she says of Rancho’s property that now spans 4,000 acres — half of which can never be developed and includes the famed Mt. Kuchumaa, where Deborah’s late husband and their son, Alex, are now buried. “When we got here, we heard some weird stories that it’s a sacred mountain and my husband said, ‘Oh, it’s just folklore,’ but after we’d been here a few years, they had a major pow-wow on the mountain and tribes came from all over the United States. I know that we’re here because we were meant to be here. I really believe that, and the reason Rancho La Puerta is so successful is because we’re on the path that we’re supposed to be on. It was nothing that we planned, created, plotted — none of that.”

LIVING SKILLS

The lessons taught at the spa on how to lead a healthful, mindful life Deborah has been trying to teach beyond the San Diego region over the last several decades. In 1984, she wrote the Congressional Management Manual, which is still used by all new members of Congress as a manual on how to transition into their new offices. She ran for Congress herself in her 60s and lobbied for issues popular with the “health nuts,” such as taxing sodas and soft drinks and lowering subsidies on unhealthy foods. And she created Living Skills, an elementary school curriculum to teach students about obesity prevention.



Villa Bedroom

SARAH LIVIA SZEKELY BRIGHTWOOD

Although her daughter now runs the resort full time, Deborah has not slowed down. She's an author and advises Congress on policies promoting fitness, health, and making more nutritious, natural foods available to Americans. Deborah is still lecturing at The Ranch at least once a week. She thinks her daughter is doing a wonderful job. "She is gifted, and I think in some ways Rancho reflects her personality," says Deborah. "She is very spiritual. She's very musical. She's an artist, and I think most of the classes reflect more of her."



Now in her eleventh decade, Deborah has ensured her mindful message will live on. Rancho La Puerta is now under the direction of her daughter, Sarah Livia Szekely Brightwood, who continues to strive for excellence with new endeavors. Their newest additions include a state-of-the-art water treatment plant as well as a brand-new community, dubbed "The Residences."

THE RESIDENCES

The Residences is a private, wellness-focused 118-acre village with sweeping views of the grounds and will eventually boast 113 private homes priced from \$1.21 million to \$2.51 million. The homes will feature spacious living and dining room areas with fireplaces, large private patios with hammocks, meditation spaces, and fountains, as well as eco-friendly and sustainable technology. "For many years at Rancho La Puerta we have nurtured the dream of creating a residential community – a village rooted in our traditions of living in harmony with the natural world," says Brightwood. "This village is dedicated to wellness. It's a place where you can draw strength and become your most resilient self."

A TYPICAL DAY'S ACTIVITIES

What you do on any day at The Ranch is entirely up to you and depends upon what interests you, but many guests enjoy a morning hike, go to breakfast, and then perhaps take a meditation class or a visit the gym. For guests who want to participate in a fitness session led by a trained instructor, there are over 40 classes every day, including pickleball, tai chi, HIIT, barre, kickboxing, and salsa. The Ranch also offers mind-body classes, such as aerial yoga, meditation, Feldenkrais, and WATSU, a form of guided water dancing.

FOOD: PART OF THE EXPERIENCE

Up to 80% of what is served at each meal is grown on the premises at the resort's six-acre organic farm, Tres Estrellas. The farm is located about two miles up the valley from the

Bourse de Commerce



Villa Living Room



rest of the facilities; guests can visit with early morning hikes, tours of the garden, and even an introductory organic farming class led by the charismatic head gardener, Salvador Tinajero. The rest of the food is sourced from local farmers who follow sustainable practices, and seafood is purchased daily from local fishermen at the nearby port of Ensenada. A fresh catch-of-the-day is featured on the menu four times a week for dinner, and several times a week for lunch. My favorite dishes include fresh juices and made-to-order omelets or oatmeal for breakfast and rainbow lasagna with lentils and pomodoro sauce or eggplant parmigiana with curried tomato sauce for dinner.

The cuisine at the resort is described as “lacto-ovo-pescatarian,” which includes dairy, eggs, and seafood, but no meats or poultry. Meals consist of fruits, vegetables, grains, legumes, nuts, seeds, dairy, eggs, and seafood. Since 1940, the team at Rancho La Puerta has developed, tested, and proven hundreds of recipes, culminating in a superb all-natural diet for their guests.

Mealtimes at The Ranch are about creating camaraderie and community. Breakfast and lunch are informal while dinner is a sit-down affair.

Reyna Venegas, the executive chef at The Ranch, says that she believes eating is a sacred act. “What we consume becomes a part of ourselves. I want guests to enjoy each bite, relax, and have the best dining experience possible.” When she cooks, she draws from her culinary training, her strong Northern Mexican roots, and her experience preparing light and healthy cuisine. She explains that her goal at the ranch is “for guests to feel energized, inspired, and nourished with every meal.” The Ranch has also hosted internationally renowned guest chefs such as Deborah Madison, the founding chef of Greens in San Francisco; John Ash, the author of *From the Earth to the Table*, and James Beard Foundation Hall-of-Famer Anne Willan, who wrote *The Country Cooking of France*. On my visit, the guest chef was the James Beard Award-winning cookbook author Virginia Willis, known for her scrumptious Southern cuisine.

FINAL THOUGHT

After dinner I asked Deborah if she had a final thought now that she’s entered her eleventh decade. “Just do everything right,” she said, and she certainly has. I’m already looking forward to my return!

Rancho La Puerta
rancholapuerta.com
 800.443.7565
 Instagram: @rancholapuerta

JETSETTER STYLE

LA VALISE TULUM AND NEST TULUM

TULUM, MEXICO

BY GREGORY DELLI CARPINI JR.
PHOTOGRAPHY BY LORENZO VINTI



Head to La Valise Tulum and NEST Tulum to reacquaint yourself with nature, peace, and modern luxury. These resorts are on the southeastern tip of Mexico, on the Caribbean Sea.

Experience Tulum's essence and laid-back luxury and authentic charm at NEST Tulum. The hotel features locally sourced fixtures and furniture crafted by talented local craftsmen.

Embark on a culinary journey where the flavors of the Caribbean come to life. At NÜ Tulum, chefs curate a unique menu showcasing fresh, locally-sourced, and sustainable ingredients.

Unwind and embody a Caribbean state of mind at La Valise Tulum, the sister property to NEST. A private oasis awaits with each of the eleven exotically furnished rooms sited between jungle and sea, combining stunning views, curated works of art from local artisans, spacious bathrooms, luxury linens, and access to a salt-water infinity pool just steps away from the gorgeous sea.

The hotel also houses the most majestic accommodation in Tulum: a 23-foot-high elevated roof, an unforgettable bathing tub, and a king-size bed that can roll onto the expansive private terrace if you'd like to sleep under the stars.

Indulge in serenity and rejuvenation at La Valise SPA, a luxurious wellness sanctuary. Experience signature treatments and spa experiences. Immerse yourself in a sensorial journey, nurturing body, mind, and soul. From blissful massages to revitalizing facials, La Valise SPA therapies embrace ancient Mayan techniques in a tranquil atmosphere. Skilled practitioners curate tailored treatments, ensuring a sanctuary of relaxation. La Valise SPA is your oasis of well-being and a perfect setting to unwind, rejuvenate, and find balance and harmony.

The property also helps to maintain the harmony of the planet and celebrates nature, culture, and art while supporting the community and preserving the environment.



The hotels have created The Tulum Pledge, inviting their partners and guests to join in preserving the land for future generations to cherish.

Both properties offer immersive experiences to entice the senses, engage the body, uplift your soul, and connect you to your origins. When your journey comes to a close, you will certainly feel changed, inspired, lighter, with a new appreciation for life.

Namron Hospitality opened two new properties in Tulum this fall, Umi and Xela. They will be beachfront properties and boast chic Japanese-inspired design. Head to namronhospitality.com for more.

THE STUDIO SOUTHAMPTON DEBUT



Teresa Sorkin and Sharyn Bradford



Bridgette Morpew and Jeff Muhs



Luca, Karen, and Juan Zeledon



Carter Smith and Miss Lily



Glenn Bradford, Bridget Marks, Phillip Isles



Diane, Adam, and Aiden Blank

Sharyn Bradford's kickoff art event at her esteemed Studio in Southampton was a huge success. She welcomed artists, buyers, friends and press into her home to experience the warmth of her studio. She designed the space to pursue her purpose of creating her own works of art as well as connecting with a like-minded community, and collaborating with fellow Hamptons artists.

On July 8, Sharyn unveiled her artwork as well as curated pieces from her latest body of work along with works from

other Hamptons-based artists Jerome Lucani, Jeff Muhs, Beth O'Donnell and surprise guest artist Enrique Cabrera. The outpouring was amazing as was the response to the art.

The Studio is open for private appointments.

516.306.1847

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VITAL AGIBALOW

CELEBRITY PHOTOGRAPHER AND HENSEL AMBASSADOR

BY BRADY GOODMAN-WILLIAMS

When we imagine editorial and celebrity photo shoots, we think of high intensity, glamour, and many moving pieces. Makeup, hair, and fashion stylists run around with urgency, all under the auspices of a demanding photographer. However, after seeing one special photographer on set with Nigel Barker, Carol Alt, Irina Pantaeve, and Iris Apfel, I can attest that Vital Agibalow truly breaks the mold. As he worked the camera in quick bursts of intensity, he never lost the professional, yet inviting half-smile from his face — and the effects were visible. Most of us hesitate in the face of fame, but Agibalow's lighthearted and sensitive demeanor allowed his subjects to open up in ways I had never previously seen. The result? Portraits of each subject's inner being — comfortable, raw, and vulnerable. I sat down with Vital Agibalow to learn some more about him and his work.

Where are you from? How did you become a photographer?

I'm New York-based, but my roots are in Sweden, Russia, and Ukraine. When I was 7, my dad gave me my first camera as a birthday present — a Zenith.

I fell in love with it. I started taking portraits of the other kids in my neighborhood. There's something about portrait photography that has clearly inspired me since an early age. By 20, I had started working with local modeling agencies, and I opened my own business when I was 21.

How has your photography changed since then?

Those were the days when cameras used only film, and you didn't see the result of a shot until after the film was processed. As a photographer, you couldn't afford to make a mistake back then. Now everyone shoots digital, so you can see the shot on display, which makes it all so much easier. But I'm proud to say that I started as a film photographer.

Why does your background in film matter?

Well it builds credibility. It makes me more professional than any newbie these days who starts with a digital camera and doesn't know what it means to shoot slides. You have to be much more accurate when doing so, and this skill enhances my digital photography.



So I know you love portraits. Why is this your favorite genre?

I love working with people and seeing their reaction when they see themselves, sometimes in a whole new way. Bringing out a person's beauty and charm results in much joy to my subjects and their families. Right now, because of word of mouth, I have been doing a lot of physicians' portraits. But I do also work with fashion designers, which is a whole different world!

Who was the most challenging designer to shoot?

Probably shooting Karl Lagerfeld. Our time in the studio was limited to only 30 minutes, which is a photographer's worst nightmare! But the resulting portraits from the shoot were so good. He really liked the images, which is huge since he was a photographer himself. My portrait of Karl was published in *BELLA* magazine and many others, so the hard work paid off.

So changing gears a little bit. Do you have any recommendations for others interested in pursuing a career like yours?

Do it only if you really enjoy it. Don't do it for the money, but for

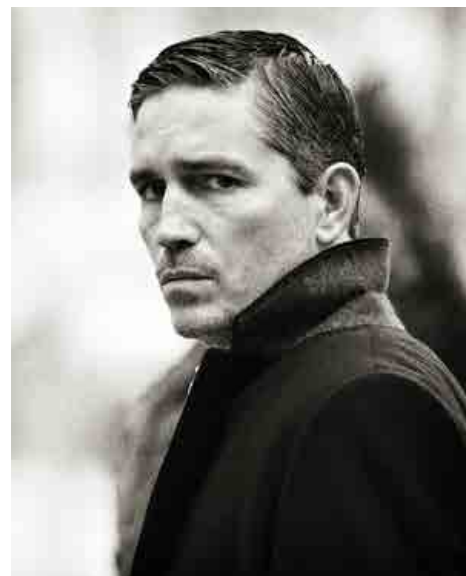


the art. You'd be shocked at how much money you can make when you prioritize the art first.

That's great advice. So what new projects are you working on right now? Where can I see your work?

I worked with the legendary supermodel Carol Alt for her new show on FNL Network, *Carol Alt's Living Room*. Also, I've been working with beauty and fashion bloggers like Kate Romanoff.

The publisher of *CAPRICE* magazine in Crimea published a limited-edition coffee table book called *Super MODELS 2020*, which features more than 70 pages of black-and-white photographs of supermodels from my work over the previous 10 years.



You have a brand partnership with HENSEL, right? Tell me a little about that.

HENSEL is a German brand that produces professional lights for photographers. I've been the brand ambassador for this company since 2008. I'm using its lights on each and every shoot and I'm proud to promote them in my studio and through my work.

Vital Agibalow

Follow Vital:

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GRAVESEND: WILLIAM DEMEO

KEEPING ENTERTAINMENT INTIMATE IN THE HAMPTONS

BY NADJA SAYEJ



BROOKLYN MOB SERIES

You might know the Brooklyn actor William DeMeo from his roles in *The Sopranos* or *Back in the Day*, a gangster boxing drama he starred in alongside Michael Madsen and Alec Baldwin.

He grew up in Gravesend, a southern part of Brooklyn, and now honors his hometown neighborhood in a TV series. *Gravesend*, a Brooklyn mob series, is set in the 1980s. The mini-series first premiered with four episodes in 2020 on Prime Video and Tubi. Now, the series has returned for its second season. The premiere was held at The Floral Terrace in Queens. DeMeo is the writer, producer, and star of the show. He plays Benny Zerletta, a.k.a. Benny Z, a soldier with the Colezzo crime family.

ANGELINA JOLIE, ROBERT DE NERO, ALEC BALDWIN, BRUCE WILLIS & JOHN TRAVOLTA

"I made many films, and I was on *The Sopranos*. After I co-starred with Bruce Willis and John Travolta in *First Kill*, and I starred in *Back in the Day*, a film I led that had Mike Tyson, Robert De Niro, Shannen Doherty, and Alec Baldwin in it, in 2017, I thought, *What is my next move?*" After growing up in Brooklyn, DeMeo got his first cameo as a character in *A Bronx Tale*, in 1993, and produced his first indie film, *One Deadly Road*, in 1998. He has appeared in films like *Hackers* (1995) with Angelina Jolie, *Boss of Bosses* (2001) alongside Chazz Palminteri, and *Analyze That* (2002) with Robert De Niro and Billy Crystal.

While *Gravesend* isn't exactly a Brooklyn neighborhood that's considered sexy with the hipster crowd, it does have history with the mob. Many of New York's most notorious mobsters came from Gravesend, from Carlo Gambino to John Gotti. The series is a fictionalized tale of their lives and what went on in this part of Brooklyn. Mobsters were "part of the social fabric" in Gravesend, says DeMeo, and this series offers some insight and insider's wisdom.

GINA GERSHON, FRAN DRESCHER & CHAZZ PALMINTERI

"We only put out a miniseries of four episodes, and we built a following," said DeMeo. In fact, he said it was trending No. 1 in 2020 on Prime Video when it first debuted. "People were messaging me everywhere, asking when the second season would come out," DeMeo said. The second season is now streaming on Tubi and Prime Video. This new season features Andrew Dice Clay as well as the series regulars Gina Gershon, Fran Drescher, Chazz Palminteri, Christina DeRosa, Louis Lombardi, and Paul Ben-Victor.

The series is self-produced and independent. "Today, we have more of a voice. We have more platforms we can go to," he said. "We can do it our own way. If you wait on Hollywood . . . they passed on *The Walking Dead* originally. A lot of times they don't see it like you see it. I feel like I know so many stories about the hood, that I could keep telling stories," he adds.

A BRONX TALE

DeMeo may have started out in *A Bronx Tale* as an actor, but he wanted to grow artistically. "I started reading scripts



Cristian DeMeo, William DeMeo, Chazz Palminteri, Michele Frantzeskos

about the genre. I felt I grew up in a tough experience, and felt I could write my own script,” he said. “My first script I got into the hands of [actress] Peggy Gormley, and she said I should stick with it. I got everyone’s business card on set and said I would make my own movie and develop a crew. I learned filmmaking from being there. I was a novice; you’re always growing and learning. Even when it wasn’t time for me to be on set, I would still show up and see how they set up. I grew as a writer just by doing it.”

WE COME FROM BROOKLYN, BABY

DeMeo has always been nostalgic for where he grew up. “It’s so sad — there’s so many people who came from Brooklyn. I know people want to move on with their lives, but why don’t they come back or give back?” he asks. His next project is directing a documentary called *We Come From Brooklyn, Baby*, which aims to highlight Brooklyn-born stars like Adam Sandler, Neil Diamond, Rosie Perez, and the Beastie Boys, among others.

DeMeo is also the founder of Brooklyn Brand, a fashion line with a Brooklyn logo on velour jumpsuits, sweaters, and T-shirts. “I started it because designers would ask me to wear

their clothes,” he said. “I was grateful, but I thought I should do my own line. I’ve always been pro-Brooklyn — it’s a brand, an identity, unlike any other borough. There’s a lot of pride in every borough, but look at all the apparel that is sold based on the identity of Brooklyn.”

Brooklyn Brand, founded in 2017, started out with the logo, then led to hats and T-shirts, then the sweatsuits sold “like crazy,” said DeMeo. “I helped bring it back. Now velour jumpsuits are in style. When people see this new season of *Gravesend*, people will dress this way. Members Only jackets are also coming back.”

Despite the gentrification and rent spikes we see in Brooklyn today, DeMeo is happy that his home borough is in the limelight. “I love it but also love the old way too,” he says. “People don’t know what it was. I always look at real scenarios and make it my own version for TV. But it has so much truth to it.” He’s in it for the long haul with *Gravesend* too. “With *Gravesend*, people keep wanting more,” he said. “The goal is to do a minimum of five seasons.”

Check out his fashion brand at mybrooklynbrand.com

Instagram: [@william_demeo_](https://www.instagram.com/william_demeo_)

ATTORNEY DANIEL H. STOCK

HIGH-ASSET DIVORCE CASES

BY RODNEY SPARROW



EXPERIENCED FAMILY LAWYER

If you're a high-net-worth individual, or the spouse of one, and seeking a divorce, you may want to consider consulting Daniel Stock, one of New York's most respected matrimonial lawyers. His specialty is high-asset divorce cases. This may sound counterintuitive — you'd imagine that all highly experienced family lawyers want to represent wealthy clients who can pay big fees, which for a high-asset divorce start at around \$100,000 per lawyer. But this is, in fact, a specialized area of matrimonial law.

COMPLEX, HIGH-CONFLICT, ONGOING DIVORCES

High-net-worth divorce cases are also usually high-conflict and highly complex, often taking years to litigate. "A lot of lawyers, strangely enough, do not like high-conflict cases," Stock explains. In such cases a husband and wife cannot agree on virtually any significant decisions regarding their divorce, from how much the house is worth to what private school the children attend to what the children should eat for breakfast. "I have a case now where one parent accused the other of feeding a two-year-old child too much sugar," Stock says.

Hotly contested custody battles in high-asset divorce cases present additional complexities that make this area of law challenging for the average family law attorney. "These cases typically go on for years. One or both parties have the money for legal fees, and they tend to take entrenched positions."

Neither parent wants to lose custody of their children, and those who can afford to mount all kinds of trials are willing to do so. People try to hide assets, claim dubious tax deductions,

or give away artworks, thereby reducing the value of marital assets. These require hiring forensic accountants to comb through voluminous paperwork, or art appraisers. Other experts may be called in if there are accusations of drug or alcohol abuse. "Trials are very expensive; they involve witnesses and evidence and people's time. Those cases can get quite involved," says Stock.

THRIVES ON COMPLEXITY

Stock thrives on such complexity. "You have a lot of number crunching going on, which I find personally very interesting." He enjoys the strategy aspect of pulling together a diverse group of professionals to build a case.

Skillful lawyers, he explains, need to have multiple skills to win a case: they need to be good at talking persuasively in court, writing, and being aggressive when necessary. "As the cases get more complicated and more high-net-worth, there are more moving parts, and to me, that's more interesting. So that's what I've gravitated toward."

Attorney Daniel H. Stock
dhstocklaw.com



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BJØRNULF ØSTVIK

THE ULTIMATE RECYCLED PRODUCT: FURNITURE MADE FROM GARBAGE

BY BENNETT MARCUS



Bjørnulf Østvik

WHAT SHOULD WE DO WITH OUR GARBAGE?

Environmental issues are in the spotlight like never before with climate change escalating disastrous storms, droughts, wildfires, and intense heat waves around the globe. One ecological problem that has been causing alarm for decades is waste disposal. It was back in 1987 that a barge adrift for five months bearing six million pounds of New York garbage made headlines because it was turned away by six states and three foreign countries. Our landfills are full and toxic. What should we do with our waste?

GOAL: END LANDFILLS

One company has a revolutionary solution: furniture made from garbage and trash. Ecogensus has patented waste recycling machinery called the Rhino Recycler, which processes waste into printed out “rods.” These rods are then placed into molds and pressed into board shapes used to create luxury furniture in a wood-like substitute. The process is also incredibly uncomplicated; an assortment of typical household waste — food waste, cardboard and other paper, mixed plastics, yard waste, textiles, wood chips — are dumped unsorted into the recycling machine.

The resulting boards are more solid than wood, lower in moisture, and more stable. And it’s beautiful. “People look at this, and if you don’t tell them what it is, they have no idea that it was made from waste. They assume it’s some kind of granite-wood combination,” says Bjørnulf Østvik, Ecogensus founder and CEO. “But if you’re buying one of these pieces, you are also directly helping stop landfills and dumps in a way that’s never been able to be done before.” Landfills, he notes, are the world’s third largest source of methane, a greenhouse gas that contributes to global warming.

At this time, the line consists of wood-based items like tables and dressers. The smallest item is a serving board. “It looks like some sort of wood-marble hybrid, but it’s food safe and has a special coating,” Østvik says.

HAND-MADE FURNITURE; ARTIST & DESIGNER COLLABORATIONS IN THE WORKS

For now, Østvik is designing the furniture and making it by hand along with some staff and local artisan support. Current handcrafted tables are priced at \$4,000 to \$5,000, comparable to Restoration Hardware price points. The brand is seeking out artists and designers for collaborations. “I don’t consider myself a real designer. I’m just showing what we can do with the post-waste material. But we hope to have some real design collaborations, and then those will probably be at a bit higher price point.” Future lines will be produced at higher volume and are expected to achieve lower price points.

He likens their situation to Tesla when it started. “We’re starting with premium, built-by-hand artistic pieces because this is very new for us. And then, as we get to volume and build up orders, it won’t take us long to then get into a mass production line.”



AVAILABLE ONLINE, NYC SHOWROOM TO COME

Currently sales are online only via the newly launched website: TheHouseOfEcologie.com. The company is also actively seeking gallery space in New York for its first physical space.

OFFSHOOT OF LUMBER SUBSTITUTE FOR AFFORDABLE HOUSING

The furniture line came to fruition while Østvik was working on producing sustainable building materials to be used for affordable housing for both developing and developed countries. While building a tiny house in his backyard, he realized some of these recycled materials had a beautiful, natural look, and figured that furniture pieces made from it would be easier to show to people.

PREMIUM PRODUCTS OUT OF WASTE

"Initially, I was thinking I want people to think differently about waste. And I can show them that you can actually make beautiful premium products out of waste, and I'm not talking about just recovering specific components. I'm talking about actually taking all of waste, breaking it down, and then building it back up into new materials."

The response was very enthusiastic, so they launched this home furnishings line. "People loved the design, and they

loved the story and knowing that it was sustainable and preventing material from going to the landfill."

QUALITY

The sustainable lumber substitute for use in construction will eventually be available widely at retailers as production is ramped up. Østvik's goal is not just to make recycled materials into new products, but to make them better than the thing they're substituting. "People actually want that more than the virgin material that it's replacing. That's how you really open up demand for these types of products."

LAUNCHED ECOGENSUS IN 2015

After years as an innovator at the aerospace company Lockheed Martin, Østvik launched Ecogenesis in 2015, focusing on alternative energy, sustainable materials manufacturing, resource recovery, and advanced recycling methods. He earned a master's in public administration from Cornell, and a JD from George Washington University Law School. Based in Connecticut, Østvik is a longtime supporter of the World Wildlife Foundation and The Nature Conservancy.

House of Ecologie
thehouseofecologie.com

YMS: UNVEILING THE ULTIMATE LUXURY

(THE BEST KEPT SECRET)

BY CHRISTINE MONTANTI



Yacht Management Services (YMS) embraces the essence of exclusivity as the foundation of their mission. They comprehend that owning a luxury yacht entails an insatiable desire for extraordinary moments and personalized attention. Therefore, they surpass expectations by ensuring that every interaction with their esteemed clients is marked by exclusivity, catering to their individual needs and preferences with meticulous detail.

YMS offers a comprehensive range of tailored services, meticulously designed to meet the unique requirements of each yacht owner and their specific vessel. From precise scheduling and meticulous service management to weekly wash-downs, interior cleaning and staging, systems checks, and project management, YMS guarantees that every yacht is maintained in impeccable condition and always prepared for unforgettable adventures. Their meticulously crafted programs combine the owner's lifestyle preferences with their yachting necessities, surpassing even the most discerning expectations of yacht owners.

Their dedication to excellence is evident in every aspect of YMS's operations. From the selection of expert staff to the implementation of cutting-edge technologies,

YMS consistently strives for superiority. Their team of seasoned professionals possesses a wealth of industry knowledge and expertise, enabling them to deliver unrivaled yacht management services that go above and beyond expectations. By staying at the forefront of industry trends and adhering to best practices, YMS ensures that clients receive nothing but the highest standard of service.

Yacht Management Services boasts multiple teams of

yacht experts, including wash teams, technicians, and captains, who employ state-of-the-art technology and industry-leading practices to consistently satisfy both yacht and owner. With extensive partnerships with shipyards and contractors, they possess an in-depth understanding of yacht design and operational requirements. They actively support shipyards with deliveries, boat shows, and inventory management, often having prior experience with our owners' specific vessels. Their strong industry connections also enable them to efficiently handle warranty issues, providing owners with peace of mind.

In addition to their comprehensive maintenance and management services, they offer exclusive concierge services that grant owners priority access to premium dockage, dining reservations, and unique onboard experiences. This holistic approach allows YMS to seamlessly manage every aspect of yacht ownership, creating an unparalleled and hassle-free experience for valued clients.

YMS takes immense pride in leading the luxury yacht management industry, and remain committed to consistently delivering exceptional experiences to yacht owners and enthusiasts.



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PETER'S FAVORITE HAMPTONS HOT SPOTS

BY PETER DAVIS



SIP'N SODA

I grew up on the extra creamy ice-cream (the fresh peach is a must in the summer) at this luncheonette which opened in 1958, making it the oldest food establishment in Southampton. I've known for years the Parash family that owns it and always say hi to Mark Parash, who is usually behind the counter flipping perfect burgers. Sip'n Soda is like the Elaine's of the East End — you bump into everyone at lunch.

SHOU SUGI BAN HOUSE

My fiancé, Ted, and I discovered this truly hidden Hamptons retreat recently, and it's truly a Zen oasis off frenetic Montauk Highway in Water Mill. You get buzzed through a discreet gate and are greeted by a large Buddha commanding the gravel driveway. The suites around the pool are like white-washed spa rooms and of course there is yoga, sound baths, and the best, freshest, and most innovative food I've ever eaten out East, and, believe me, I have chowed my way through the Hamptons.



Shou Sugi Ban House

Continued on page 134

SOCIAL LIFE



Mill House Inn is a charming property, ideally located steps away from the village of East Hampton. Nestled back along the tree lined North Main Street. Our beautiful landscape and views of the windmill make for a perfect quiet escape. The Mill House Inn delivers optimum privacy. Smartly designed expansive rooms for business or pleasure.

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The Roundtree, cottage on Surf Drive



Duryea Montauk



Love Adorned

THE ROUNDTREE

Amagansett is my favorite town in the Hamptons, and this new hotel is like having my own perfectly decorated cottage right in town near all the cool shops and my tried-and-true night-life hangout Stephen Talkhouse. I shacked up in Roundtree's beach cottage on Surf Drive, which once belonged to Neil Simon — if only those walls could talk . . . or write a play.

DURYEA MONTAUK

I used to hit Duryea when it was a ramshackle lobster joint — you ate off plastic cafeteria trays at picnic tables by the dock overlooking the water and the well-known “THE END” sign stuck in the bay. Duryea is all chic-ed up now with famous faces everywhere (Hi, Christie Brinkley!) and the prices are steep, but the enormous lobster salad served in a big wooden bowl is worth the price tag.

LOVE ADORNED

I basically want everything at Love Adorned in Amagansett, from the vintage silver jewelry (I scored a 1950s Mexican skull and crossbones motorcycle ring) to the haute hippie housewares and clothing from the cult Japanese streetwear label Kapital.

NOAH

I was sad to see my favorite surf store, Pilgrim, close its doors in Amagansett Square but stoked that Noah, which was founded by Brendon Babenzien (who used to be the creative director of Supreme), opened nearby. My latest Noah haul included a pair of sea blue pants with white sailboats, which made me feel like a cooler version of the mayor in *Jaws*.

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O by KHG's mission is to take diners on a culinary exploration through their senses. Expanding beyond the omakase focus of Kissaki's flagship, O focuses on a blend of Japanese and Italian cuisine commonly known in Japan as Itameshi, which translates simply into an Italian meal. On small plates, skewered foods, hot ingredients fresh from the robata grill, and sushi are served alongside craft cocktails and sake.



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AMBER WAVES FARM

I proudly sport an Amber Waves trucker hat, which can be spotted on hipster heads all over the Hamptons. A non-profit farm, market, café, and bakery on Main Street in Amagansett, Amber Waves is my first food-shopping stop. The porridge — with Amber Waves grains, fresh seasonal fruit, jam, maple syrup, and spiced seeds — is the tastiest way to kick off the day.

CARISSA'S

This local, eco-friendly sustainable bakery is expanding all over the Hamptons (Sag Harbor is the newest outpost) but the Pantigo Road location in Amagansett is still my fave. The freshly baked bread is legendary as is the toasted pistachio croissant. And the meringue flourless chocolate cake decorated like a piece of art with gold leaf and organic flower petals is the perfect dinner party present and always camera-ready to post on Instagram.

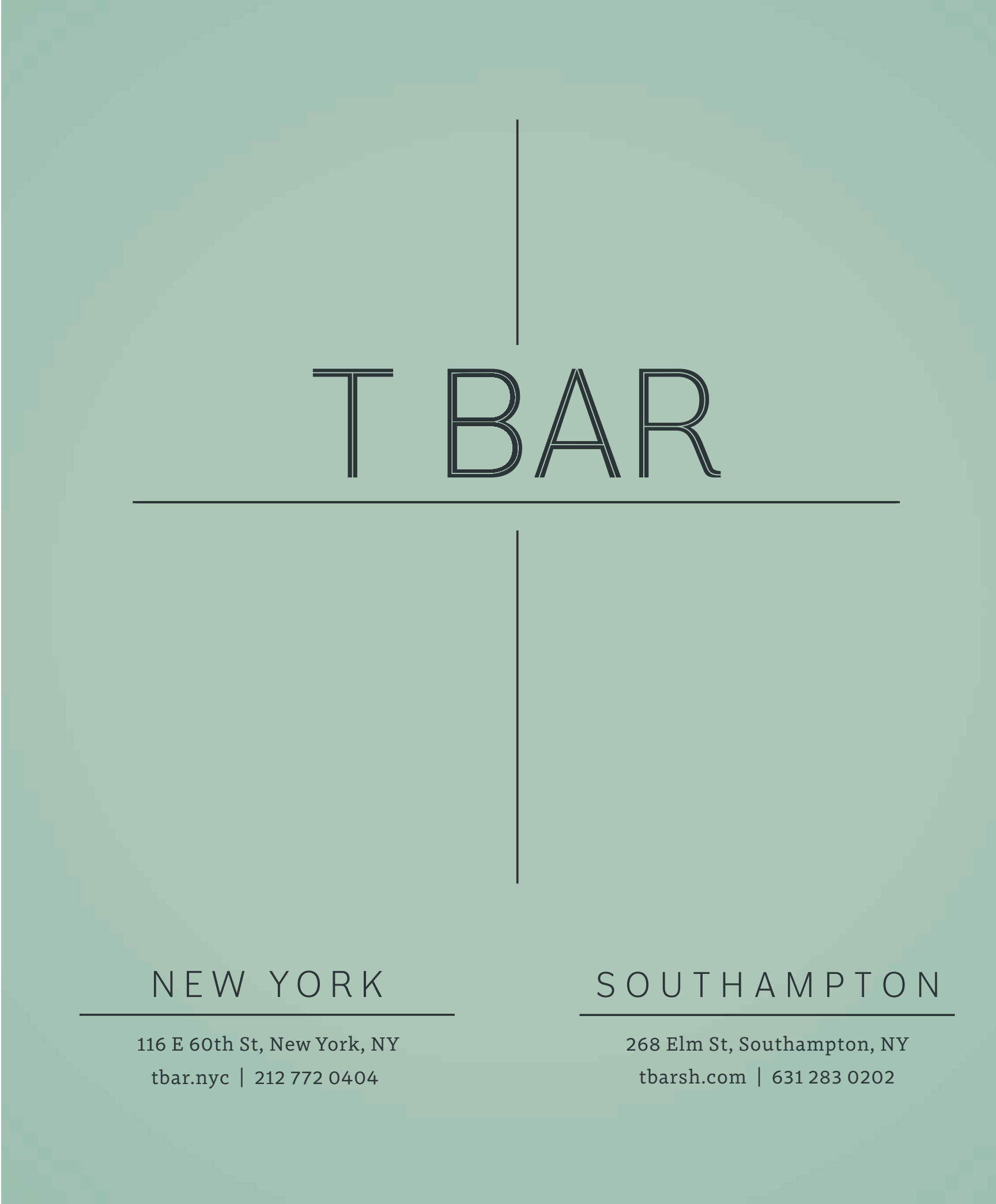


J. MCLAUGHLIN

I could wear only J. McLaughlin, started in 1977 by New York brothers Jay and Kevin, and always feel super stylish. I have countless candy-colored striped polos, wildly preppy print pants, and so many grosgrain ribbon belts that I could start my own store.

SURF LODGE

I hosted Surf Lodge's first dinner party, for my sister Minnie Mortimer's clothing label, over a decade ago and this Montauk hot spot has been home ever since. When I stay chez Surf, my room becomes a kind of secret VIP lounge as friends pour in after parties on the deck or concerts by the lake. Every summer I make sure to ring up Surf Lodge's queen, Jayma Cardoso, to book a table to catch Jimmy Buffett's impromptu jam session.



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WHAT'S NEW THIS SUMMERMONTAUK 2023

BY INNA DESILVA



I have been going to Montauk for the last 25 years, and every summer there's something new to gossip about on everyone's favorite peninsula. The big news this summer was Montauk Yacht Club being sold and under new management.

The Montauk Yacht Club has a storied past and was built by Carl Fisher, an automotive industrialist and real estate magnate. Fisher was the man who built Miami. He stumbled upon Montauk and thought he could build a New Miami out East. He mapped out the area and designed the streets, which remain today. Planning for summer tourists, he built a golf course, tennis courts, beach cabanas, a lighthouse, and more. After dynamiting the shoreline to create a harbor, he opened the Montauk Yacht Club in 1928.

But then The Great Depression began and Fisher lost everything.

It's taken only 85 years, but it seems his vision for Montauk is getting there. The original yacht club attracted members like J.P. Morgan and John Jacob Astor's son Vincent, while Charles Lindbergh would fly his seaplane straight to the marina.

In its present-day iteration, the Montauk Yacht Club is beloved by both families and hipsters alike. The accommodations, which are quite roomy with huge bathrooms and closets for those who are planning a week out East, include 107 waterfront rooms, villas, and plenty of acreage for your dream wedding. The marina is the largest in the Hamptons and it is always busy with yachts and sailboats.

Continued on page 140

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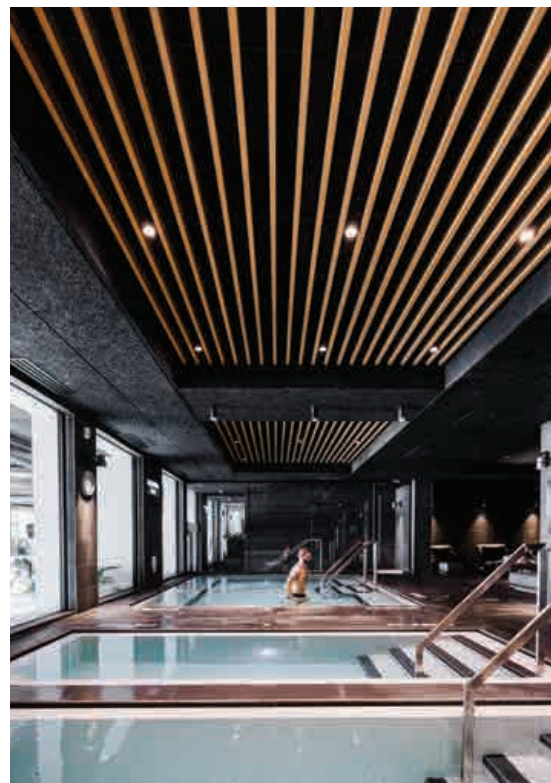
*Flicker, J. (2020, Sept. 28). The 14 Best Gins to Drink Right Now. [Liquor.com. https://www.liquor.com/best-gins-7075583](https://www.liquor.com/best-gins-7075583)
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The hotel has refreshed its menu at Showfish Restaurant this summer under its executive chef, Matt Murphy, who took it back to its roots of serving the freshest seafood. Tuna tartare, fluke ceviche, and local cod are some of the crowd pleasers. The best pizzas in Montauk and a very impressive wine list can be found here too. The cocktails are strong and so are the beats from a curated music program on weekends. Great wellness classes help to work off those pizzas.



The restaurant scene has gained three newcomers this year. Mavericks leads the charge with excellent food and beautiful sunsets. I didn't try Talya, but it certainly has a buzz going on. Maison Close (sister of the one in Soho) tragically burned right before it was to open on Memorial Weekend, but it is operating an outdoor restaurant. Classics like Surf Lodge, Harvest, and Scarpetta continue to attract huge crowds and waitlists for tables.



If you unluckily get a rainy day, which has happened a little too often this summer, book yourself into Gurney's Spa, which underwent a multimillion-dollar renovation and has a stunning indoor pool overlooking the Atlantic, along with a bathhouse that reminded me of Aire in Tribeca. The lathering body buff will get rid of toxins from the night before. But the real reasons we all keep returning to Montauk are pristine beaches with a gentle breeze, surfers riding waves on Ditch Plains Beach, healthy breakfasts at Joni's, and the concerts on Sundays at Surf Lodge.



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MAVERICKS

A FARM-TO-TABLE STEAKHOUSE IN MONTAUK

BY KRISTY ROWLING

KRISTYROWLINGNUTRITION.COM



Every year a few new restaurants pop up in the Hamptons. Rarely is one as unique as Mavericks — a healthy take on a steakhouse, with a focus on fresh East End produce and seafood. Situated on the water, it has a 40-seat outdoor patio with unobstructed views of Fort Pond and beautiful sunsets. The vista is spectacular and so is the décor, which also has aquatic accents. Mavericks' entrance way is lined with a wall made from oyster shells. The dining room space has paintings reflecting the water surroundings as well as one original Andy Warhol screen-print from his *Cow* series and a shark sculpture from the contemporary artist RISK. Mavericks features piano and live jazz music performed by local musicians.

The chef, Jeremy Blutstein, was previously at the Crow's Nest and Showfish at Gurney's. The menu includes grass-fed beef, a maitaki mushroom steak as a vegan option, and plenty of local produce and seafood, such as a Montauk fluke, Amagansett gem Caesar, and local littleneck clams. Even the shrimp cocktail is wild-caught. There are also a slew of yummy vegetable sides. I tried the burnt Sagaponack carrots with basil labneh, which were delicious, as well as a creamed spinach that was more Balsam Farms spinach than cream. That night there was also a special side of creamed corn that paired well with the fresh, cooked-to-perfection, bone-in swordfish sirloin. Although I'm a fan of Prosecco, I enjoyed a red sparkling wine from Italy, which is something I had never tried.

As a nutritionist and native New Yorker, I am from a city full of cold-feeling steakhouses with conventional meats and vegetable sides that are both sparse and boring. I have a true appreciation for the ambiance and healthy offerings of Mavericks. Red meat gets a bad reputation, but research has shown that the right type is actually good for you. The grass-fed fillet mignon I ordered is the equivalent of having chicken, as it is not like the standard red meat. In fact, believe it or not, the fat composition of grass-fed beef is more nutritious than chicken. Chickens eat grains and have higher levels of omega-6 fats, which are generally too abundant in our diets to begin with. Grass fed beef is extremely different from conventionally raised beef, as it is rich in phytonutrients and antioxidants. What a cow eats can significantly affect the nutrient composition of its beef. This is particularly evident when it comes to fatty acid composition. Grass-fed cows eat grass, while grain-fed cows eat an unnatural diet based on corn and soy to fatten them up. However, both grain- and grass-fed beef are highly concentrated sources of nutrients. Beef is loaded with vitamin B and rich in iron, selenium, and zinc. It also contains high-quality protein and various lesser-known nutrients, such as creatine and carnosine, which are both important for your muscles and brain. Remember, at least half of your plate should be vegetables, which is easy to do at Mavericks!

mavericksmontauk.com

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GATSBY & SCOTCH

MIDSUMMER IN AUGUST

BY SHARON ROTH

While midsummer is normally celebrated around the summer solstice at the end of June, I think August makes infinitely more sense. We still have a few months of gloriously balmy weather ahead. Traditions of pagan-born summer fiestas across Europe are rich and varied and include songs, dancing, bonfires, flower wreaths, greeting the rising sun — and midsummer-themed cocktails of course!



Our list begins with a drink featuring the very aptly named Hendrick's Midsummer Solstice Gin: Light, crisp and delicately floral, Hendrick's Solstice Gin is infused with rose and cucumber — making it the perfect choice for our first midsummer cocktail.

The Gin Rickey was made famous in F. Scott Fitzgerald's *The Great Gatsby*, imbibed by Daisy and Gatsby over our twinkling Long Island shores. It's similar to a gimlet, but is carbonated, lacks simple syrup, and is served in a highball instead of a martini glass. (So not really similar at all.)

Here's our East End variation:

The Wainscott Rickey

Ingredients:

- 50 mL Summer Solstice gin
- 150 mL tonic water
- Sparkling white wine

How to make: In a tall glass, add ice, gin, and tonic water. Then top with sparkling wine. Garnish with orange.

Delicious, with a fun party anecdote, but way too easy. Let's try this:

The Midsummer Sag

Also known as the Shoulder Monkey, created by Dan Williams of the Darling Oyster Bar of Charleston, S.C., the Midsummer Sag is where Highland scotch meets tiki cocktail — balancing the sweetness of fruit with an appealing earthiness. Just like us Hamptonites:

Ingredients:

- 1½ oz. blended malt scotch
- 1 oz. sage syrup
- ¼ oz. lemon juice
- ¼ oz. orgeat (syrup fashioned from almonds, sugar, and rose- or orange-flower water. Honestly, any simple syrup will do in a pinch.)

How to make: Combine ingredients in a cocktail shaker, serve in a coupe glass garnished with fresh sage. Sage syrup (the tricky part): Combine grilled pineapple and a few springs of sage in a blender. In a saucepan, bring 1 cup water and 1 cup brown sugar to a boil. Let cool, then blend with pineapple and sage until smooth. Strain and store.

The Southampton Sipper

Credit: Johnny Swet (JIMMY at the James, NYC)

Continuing with our theme today about going against the grain (no pun intended), the Southampton Sipper will change your mind about scotch being a winter drink:

Ingredients:

- 2 slices fresh ginger
- 8-10 fresh mint leaves
- 2 oz. blended scotch whisky
- ½ oz. honey syrup
- ½ oz. lime juice
- Ginger ale (to top)

How to make: Muddle ginger and fresh mint leaves. Add scotch, honey syrup, and lime juice, then shake with ice until chilled. Strain into a tall Collins glass, add ice, stir in ginger ale. Garnish with mint sprigs and lime wheel.

And there we have it. Happy Hamptons-Reinvented Gatsby Scotch Midsummer! Get your bonfire going, raise your cocktail of choice and let's continue fêteing summer 2023 until October — at the very earliest.



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