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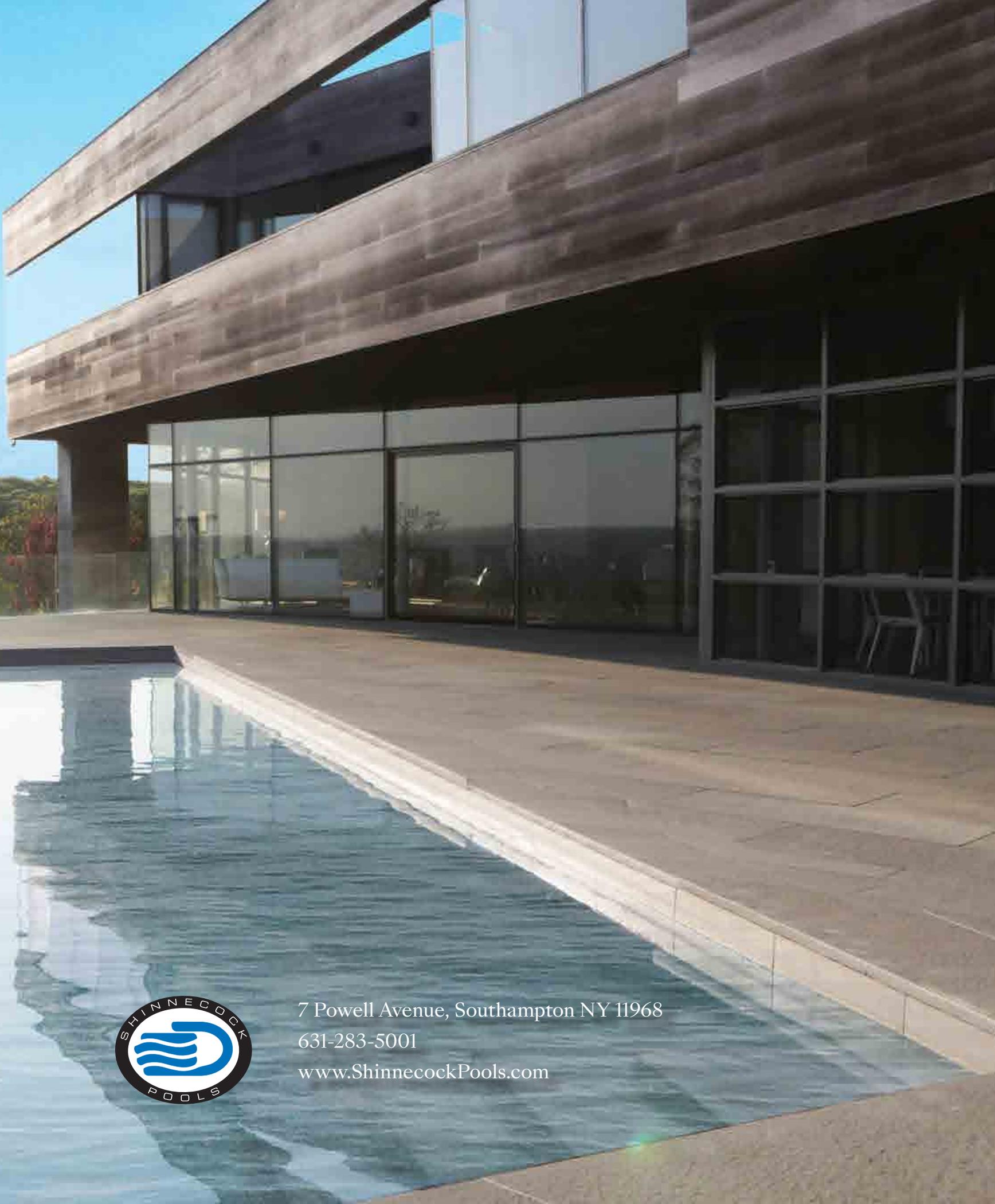
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Pickleball, Anyone?

Open House Every Saturday, 10:30am-1pm | 168 West Neck Road, Southampton | \$5,595,000 | Set on a 1.29-acre fully grassed quiet flag lot outlined with massive privacy trees, amidst stunning landscaping, this home offers approx. 6,500sf of living space on three levels and has 7 bedrooms and 6.5 bathrooms. Six-inch-wide white oak select hardwood flooring throughout. The eat-in kitchen features a top-of-the-line Sub-Zero refrigerator and Wolf 8 burner stove and a waterfall edge island. A pool bath with direct private access to the pool is just past the outdoor shower. Plans include 8 zones of Sonos throughout, 5kW Solar on the roof, and prewired for every amenity. RadioRA Lutron lighting system automation in common areas, Belgian block curbs and apron, outdoor barbecue/kitchenette, and room for a pool house. Superior construction quality. **Web# H364143**



Bridgehampton Compound

Open House Every Saturday promptly at 4pm but please let us know if you're coming in advance | 876 Millstone Road, Bridgehampton | \$2,495,000 | 6 BR, 7 BA, 2 HALF BA | Unique compound consisting of three separate legal buildings comprised of a main house, a 2-story studio/playhouse, a 2-story cottage and garage. Income producing opportunity or use for guest housing. The main house has four bedrooms. The cottage features two bedrooms. The playhouse/studio with on two floors offers four large rooms and two full bathrooms. **Web# H286853**



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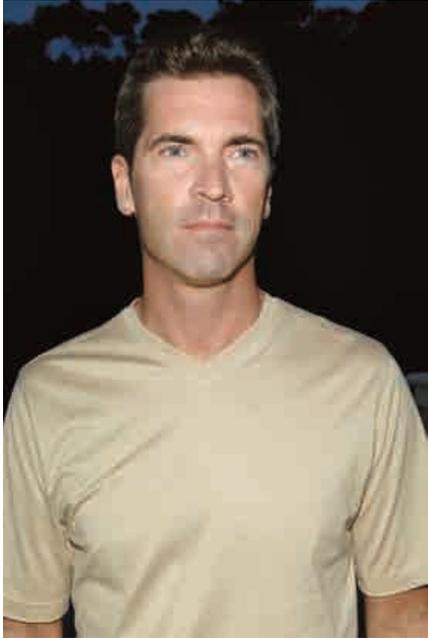
A portrait of Maria Sharapova, a woman with long brown hair and green eyes, wearing a black turtleneck. She is looking slightly to the right of the camera with a neutral expression. The background is a blurred indoor setting with windows.

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MARIA SHARAPOVA



Nothing quite compares to a Hamptons summer. I would say the same goes for autumn . . . winter and spring. Come September, the Hamptons transforms into a different but equally vibrant version of itself. It's quieter, yet full of wonderful things to do with family and friends.

The Hamptons has many fall activities to offer — attending the Sag Harbor American Music Festival and the Hamptons Film Festival, picking apples and pumpkins, playing a round at Montauk Downs, visiting vineyards, riding your bike through the less traveled roads, playing tennis as FS Tennis Club, and skating at the Southampton ice rink are some. Spending time in the Hamptons' natural woodlands, meadows, and the ocean makes life a little more special. Year-round you can find most shops, hotels, and restaurants open, making out East a great place for you to spend holidays with our family.

Even though I'm fond of New York City, there is something about the Hamptons I love but can't describe in mere words. I recommend trying to find out why spending time in the Hamptons beyond the summer months may define your life as it has mine.

Justin Mitchell



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Devorah Rose, Nomi Ellenson Photography

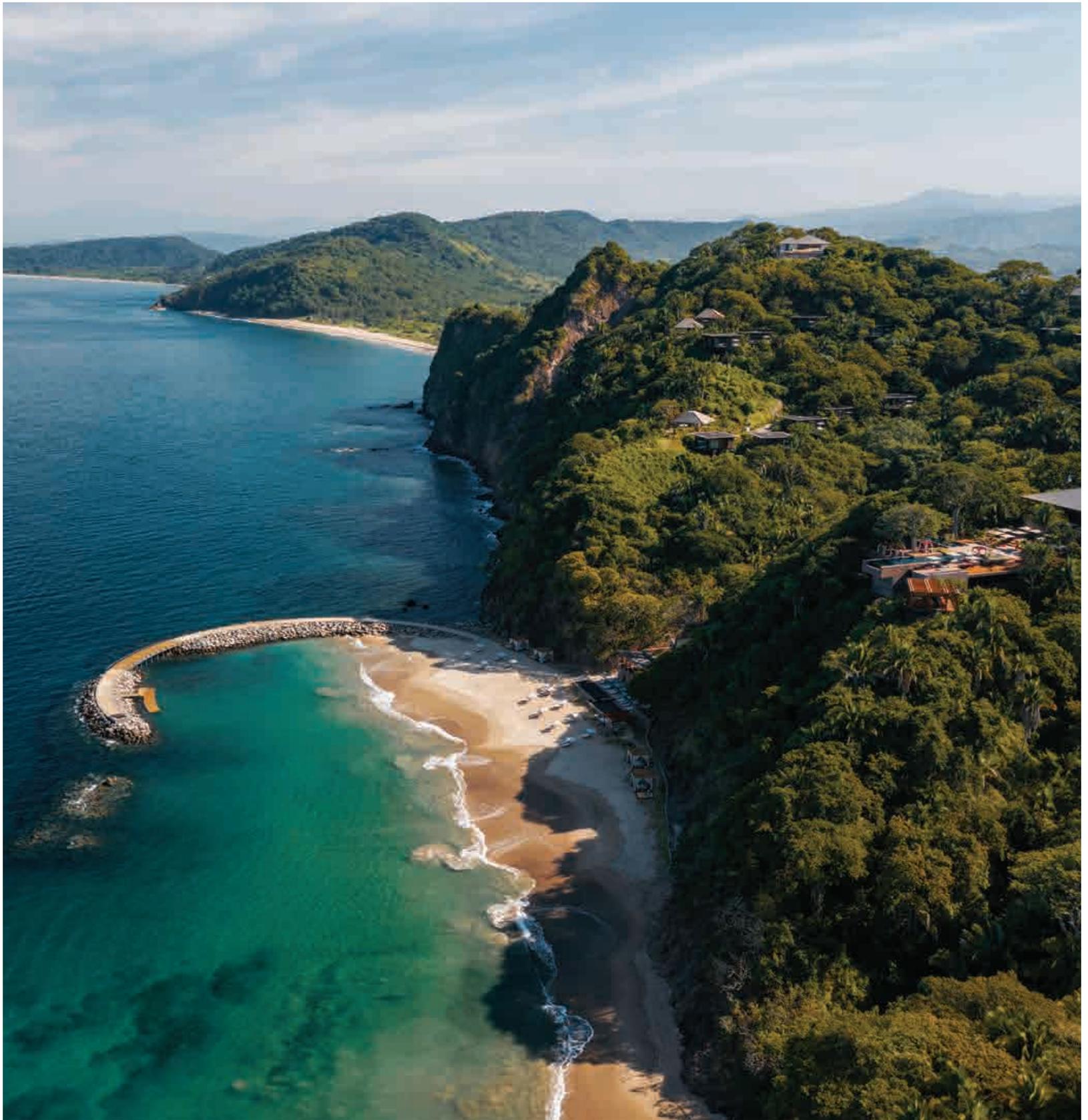


As the vibrant colors of summer gradually transition into the warm and cozy hues of autumn, we find ourselves at the cusp of a new season filled with endless possibilities. The September issue is both a celebration of the past and a journey into the exciting times ahead. In these pages, we invite you to immerse yourself in a curated selection of stories that encapsulate the essence of Hamptons living. We hope you enjoy a glimpse into the lives of the artists, entrepreneurs, and community leaders who lend their brilliance to our East End haven.

As the foliage begins its transformation, so too does our fashion. Our style section showcases this seasonal transition with ensembles that seamlessly blend casual elegance with a touch of autumn's allure. Whether you're stepping into a gallery opening or strolling along Main Street, we hope to provide inspiration that informs your style. From fashion trends and sumptuous meals to charity work and discovering the Hamptons, I hope our pages have stirred your curiosity and encouraged you to explore this summer. I want to thank you, dear reader, for embarking on this journey with us. Your stories are woven into the very pages of this magazine, and your support fuels our commitment to capturing the essence of the Hamptons.

Always with love,

Devorah Rose



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Mexico

Christine Montanti, Photography by Don Fitzgibbon



I can't believe Labor Day weekend has already arrived marking the end to the Hamptons summer's season. Whether you are a seasoned Hamptons resident or a first-time visitor, the East End offers a plethora of activities to make the most of your holiday celebration.

The holiday weekend is definitely not complete without a visit to one of the Hamptons pristine beaches that stretch for miles. Enjoy the powdery sands, soak up the last of the summer's rays, take a refreshing dip in the Atlantic Ocean or simply just rent a private beach cabana and enjoy your breathtaking surroundings. It is also a perfect time to visit a local farmer's market to enjoy an array of delicious organic produces, artisanal cheeses and homemade desserts. For those seeking a more culturally enriching experience, the end of summer celebrations often feature gallery exhibitions, art fairs, and local and international talent.

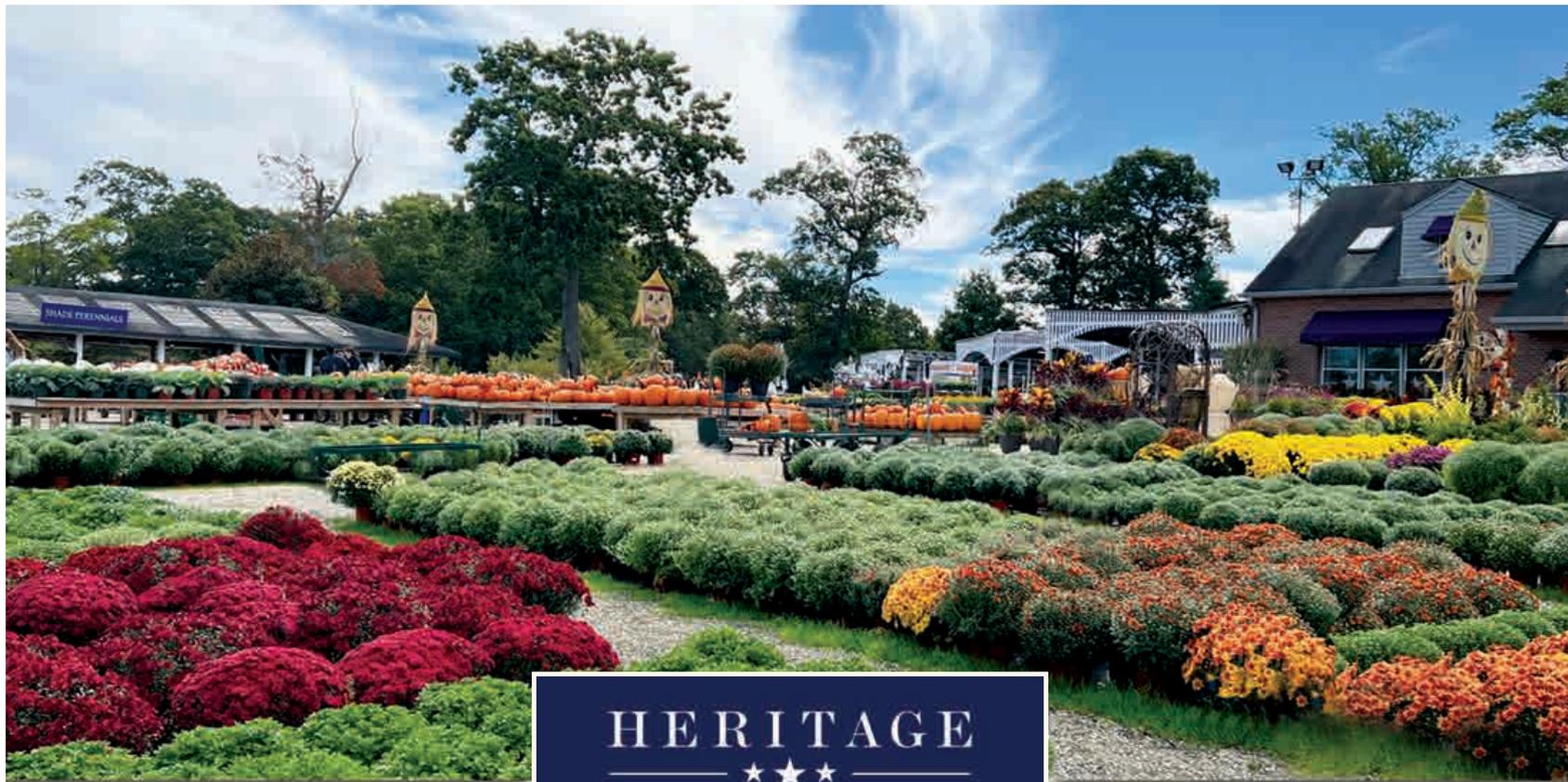
There are also plenty of outdoor physical activities to enjoy this weekend. Take a leisurely bike ride through one of seaside villages, explore the hiking trails of the Hither Hills State Park, or schedule a horseback riding session at one of the local stables. Whatever activities or entertainment you choose, make sure your experience is unforgettable!

On a different note, fall will soon be upon us, and it is one of the most beautiful, magical times of year on the East End. Enjoy your Labor Day weekend, I am looking forward to connecting with you again soon!

Warm wishes,

Christine Montanti

Christine Montanti



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WATCHES

By JONATHAN VALDEZ

*Sparkle and shine needn't be reserved for your jewelry.
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JEWELRY

By JONATHAN VALDEZ

The end of the summer season may be upon us but that only means that gala season is just around the corner. Be the belle of the ball with these enchanting diamond baubles.



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RUNWAY

BY GREGORY DELICARPINI JR.

All That Shimmers

Sequins and metallic fabrics shimmered on runways all around the world this season. Metallic fabrics were everywhere, from pants and jackets to daywear and eveningwear. The metallic trend glistened at designer shows ranging from Michael Kors and Brandon Maxwell to Isabel Marant and Simone Rocha. Whether it be dazzling gold lamé, sparkling silver, sapphire, or emerald embellishments, rock this edgy look this summer and autumn, because this trend is here to stay.



Brandon Maxwell



Michael Kors



Isabel Marant



Simone Rocha



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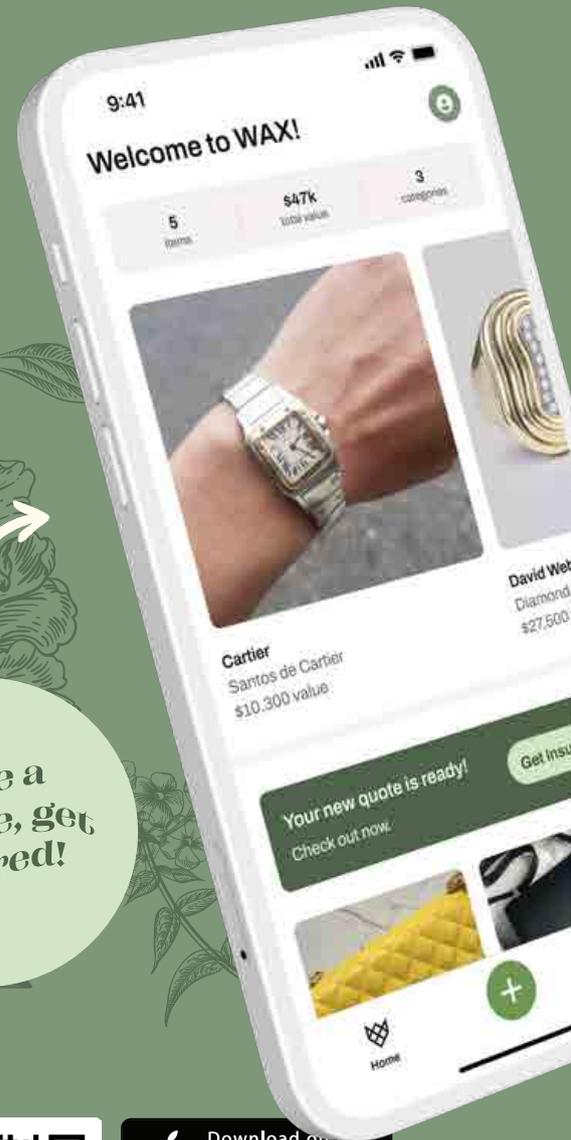
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SOFIE'S TRENDS

BY SOFIE MÄHLKVIST

EVERYDAY LINGERIE



Sofie Mählkvist is a 24-year-old fashion columnist and social media consultant. She works with fashion brands overseeing their social media channels while also analyzing trend forecasting for upcoming seasons. Sofie is working on her master's degree at Harvard University in Fashion Marketing Management.

She graduated from Regent's University London, where she finished with honors in Fashion Marketing and Global Management. Sofie lives in NYC, London, and Paris, allowing her to attend all the fashion shows. She made her debut this year at the Viennese Opera Ball and was proclaimed "The Deb of the Year."

Instagram: @sofiemahlkvist



Trend 1

All the top designers are embracing the lingerie inspired look, proving bras aren't only for underneath an outfit.

Givenchy

Bra Top in Denim with Crossed Effect
\$3,000
givenchy.com



Trend 2

A lace bodysuit pairs well with a skirt or a pair of high-waisted trousers or for a night in.

Wolford

Snake Lace String Body Suit
\$400
wolfordshop.com



Trend 3

Satin is the the must-have fabric right now. Especially for an easygoing, lingerie-esque look.

Ahlvar Gallery

Hana Satin Skirt
\$237
ahlvar.com

Trend 4

Silk camisoles are great for any time of day! They can be worn with a skirt for a dressy style or with skinny jeans for an effortlessly cool look.

Prada
Silk Crepe Top
\$1,170
prada.com

*Trend 5*

Slip dresses are perfect for the shift into fall, and they're easy to wear for any occasion. Style one with a pair of heels for night or ballerina flats for day.

Reformation
Aribella Silk Dress
\$278
thereformation.com

*Trend 6*

Flowy dresses give a nightgown like look. This shift from Azeeza is perfect for the sleepy-chic style.

Azeeza
Alcott Silk Trapeze Minidress
\$895
azeeza.us

*Trend 7*

A see-through dress is the best way to achieve a sexy look this season. One pairs perfectly with an oversized blazer or just leave it as is.

Dolce & Gabbana
Kim Dolce & Gabbana Marquisette
\$4,995
dolcegabbana.com

ACCESSORIES

BY GREGORY DELLI CARPINI JR.

Groundbreaking Florals

Not to quote a certain fictional editor-in-chief, but we're sure you have heard flowers for spring and summer are not groundbreaking. Though when done this way, at the end of the season, they very much are. Layer your florals and lean into the look as the sun sets on the summer season. Go for a bold floral dress and style it with a graphic flower print bag by Moschino, a pair of earrings by Acne Studios, and sunnies by LOEWE. Blossom in a big way this season.



Brandon Maxwell



LOEWE

Orange Flower Sunglasses, \$380

Moschino

Red Heart Flowers Bag, \$815



Simone Rocha

Green & White
Flower Beaded Earrings
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ACCESSORIES

BY GREGORY DELICARPINI JR.



Simone Rocha



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Gucci
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Adam Lippes
Sophia Dress in Matchassé, \$2,890

Magda Butrym
Black Flower Heeled Sandals, \$1,090



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MEN THAT TREND

BY MJ PEDONE



*MJ Pedone is the founder & CEO Indra Public Relations
@MJ_Pedone | @indrapublicrelations | indrapr.com*

As Labor Day is upon us, we continue our labor of love with the Hamptons and some stylish fall favorites that will be sure to turn the ladies' heads. Always remember to be kind, laugh, and enjoy life each and every day!



RALPH LAUREN SUEDE-TRIM QUILTED VEST

This quilted taffeta vest is fully lined and filled to help keep you warm on chilly days. It is finished with considered details, like leather and suede accents for signature polo style, and oh so sexy. \$398, ralphlauren.com



ZEGNA WOOL SUIT

Thanks to its exceptionally high thread count, this teal blue centoventimila (Italian for 120,000) wool suit is luxuriously soft and lightweight. The silky finish enhances the updated colorway for a contemporary take on refined tailoring that offers an elegant silhouette. \$6,190, zegna.com

MEN'S ADIDAS GAZELLE SNEAKERS

These 100% leather sneakers not only are stylish but provide comfort and a fashionable look with anything you wear. \$99, amazon.com



RALPH LAUREN ROUGHOUT SUEDE & LEATHER BOOTS

Handmade at a Texas workshop that has been constructing boots for over 160 years on traditional lasts, which create a fit that is looser through the heel to allow for comfort and flexibility during riding. Durable, full-grain cowhide sourced from an American tannery. Vamp, counter, and pull tabs are roughout suede while the shaft features the grained side of the leather facing out. Fully stacked leather heels are finished with a rubber heel tap for longevity. \$990, ralphlauren.com



ZEGNA BLUE SUEDE TRIPLE STITCH SNEAKERS

The utility blue suede Triple Stitch low-top sneakers offer a luxurious take on casual footwear. The sneakers slip on easily and the white rubber sole adds a pop of contrast. Perfect for office wear as well. \$950, zegna.com



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HOT LYSST

BY LYSS STERN



*What's hot? What's in? What's #fabULysss?
Lyss Stern, a NYC best-selling author and the founder of Divamoms.com
is at the forefront of style, trends, and the must-have nows.
Lyss gives moms and expectant moms the scoop on Instagram @diva_moms*

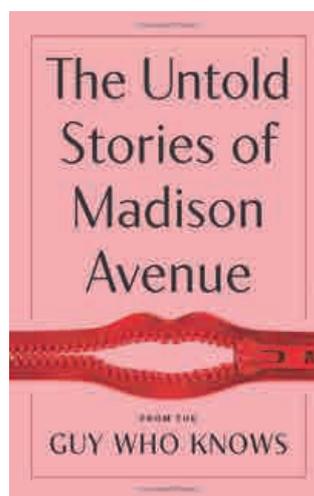


#fabULysss hair color

When you are back in NYC after Labor Day weekend, book an appointment to see Abby Haliti, hair color guru. She is truly a gem who understands women's color. Founder of her eponymous salon, Abby Haliti is known for her European technique of French balayage and has created signature looks for stars, including Olivia Palermo, Rita Ora, Jane Krakowski, Sigourney Weaver, and more. The salon is located inside a charming Upper East Side townhouse, where clients can enjoy a serene atmosphere and personalized hair coloring experience. Abby is committed to enhancing hair health and promoting sustainable beauty practices and using organic techniques and treatments with a "less is more philosophy." Abby's goal is to not only keep clients fashionable, but also to maintain the health of their hair. abbyhaliti.com

#FabULysss Summer Labor Day Beach Read for #divamoms

You will not be able to put #fabULysss *The Untold Stories of Madison Avenue*, from The Guy Who Knows, the book's most intriguing character. The foreign-born author operates behind



the scenes of the social circle of Madison Avenue. He humorously and cynically shares the secrets and untold stories of New York elite while hiding their identities. *The Untold Stories of Madison Avenue* is your ultimate guide to walking among the shadows of blitz and bling that is Madison Avenue. All of your friends will be whispering from exercise class to the pickle ball courts, hair salons, and soirées trying to figure out the who is who

in this book. You'll be asking your friends when the TV show is coming. \$9.95, amazon.com



#deLysscious

Labor Day weekend drink

Freshie's organic tequila seltzer in cans is a #deLysscious summer drink. Perfect for your backyard BBQs, sunset watching, and beach gatherings. Mexico-Freshie organic tequila seltzer is certified organic, non-GMO, gluten-free, and sustainably farmed and distilled. 99 calories and 4.7% ABV. Comes in lime, grapefruit guava, and blood orange. 4-pack \$13 (other size packs available), getfreshie.com

#deLysscious healthy snack for all families

Scott's Protein Balls was created by co-founder and CFO Scott Levine for his wife, Lori Levine, who, after a battle with breast cancer, was looking for a clean, low-sugar snack that was truly healthy and tasted great. They recently launched a



new flavor, Peanut Butter Cup, made in collaboration with Daily Dose, and the company's first protein ball made with all-organic ingredients. Their Peanut Butter Cup balls are the first made with the company's proprietary protein powder blend, a new addition created by Tricia Williams, CEO and founder of Daily Dose, a chef-prepared home meal delivery service. The snack has 4.5 grams of protein per ball or 9 grams of protein per serving, and superfood ingredients.

My favorite is the peanut butter flavor, but there are 8 other flavors. \$16.99 (10 balls), \$29.99 (20 balls) online from scottsproteinballs.com; available on amazon.com, walmart.com, and in stores.

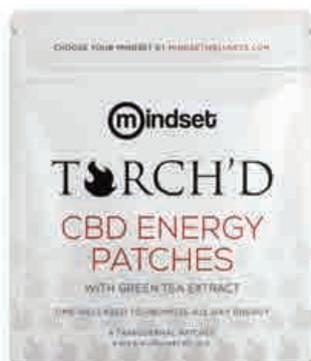
DivamomsGet TORCH'D!



Elevate your energy levels and reduce anxiety naturally with the groundbreaking TORCH'D transdermal energy patch, a collaboration between Mindset Wellness and renowned fitness guru and philanthropist Isaac Boots. At the heart of the TORCH'D line is the transformative power of plant-based cannabinoids. These natural compounds are derived from hemp and supports balance and relaxation within the mind

and body. These revolutionary patches are designed to optimize your energy, reduce your anxiety, and unlock your full potential. Each TORCH'D patch is meticulously crafted in the USA using a proprietary hydrogel technology. This innovative delivery system gradually releases a blend of all-natural ingredients over time, ensuring a sustained and consistent experience. Each patch is infused with green tea extract and L-carnitine, synergistic elements that work together to enhance your energy levels and promote mental clarity. \$30 for a pack of 4 patches.

mindsetwellness.com



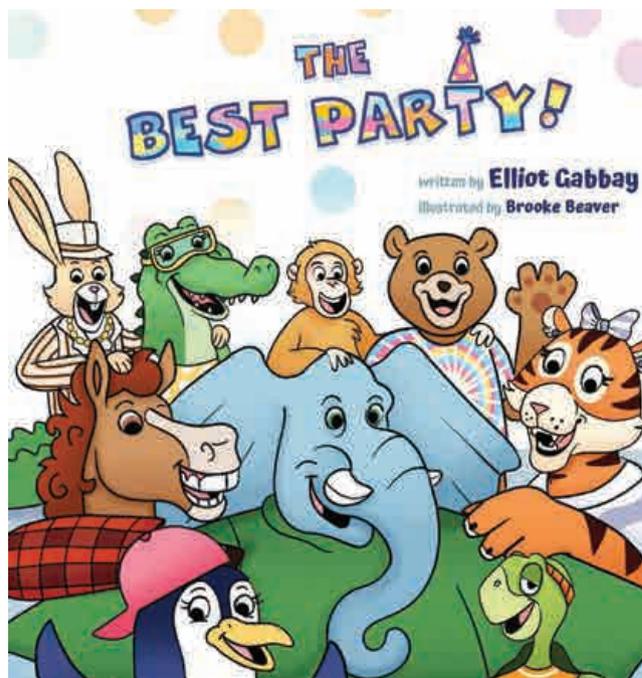
#fabULysss stroller

Bugaboo Fox 5 is the most comfortable and maneuverable all-terrain stroller. It offers the best ride on any terrain, with one-hand fold and superior comfort for your child. Your child will take long naps walking around town in their Bugaboo Fox 5. The stroller is suitable for children from birth to 50 lbs. \$1,299, bugaboo.com



#divadolls kid's book

With back to school fast approaching, I wanted to introduce you to a new favorite children's book of mine, *The Best Party*, by Elliot Gabbay. Who doesn't love a good party?! Elliot the elephant just wants to have a great party for his friends. This new children's book will bring a big smile to you and your child's face. You can engage in a fun conversation about your favorite #fabULysss kind of party. \$22.46 (hardcover), \$15.55 (paperback), amazon.com



BEAUTY

By JEANETTE ZINNO



Too much fun in the sun?

Transition your skincare routine from summer to fall with these hydrating products, treatments, and expert advice.

SUNSPOT REVERSAL

Address any post-summer skin imperfections with Chanel's Le Blanc Intensive Multi-Spot Treatment. It helps prevent and correct the appearance of dark spots and reduces the look of pores and dark circles with vitamin E and lemon balm. chanel.com, \$170

FACIAL TRIO

The KG Big Three is a trio of products that helps nourish and hydrate skin while also helping to support the skin's overall health. The system contains a cleansing oil, hydrating tonic, and serum that clears impurities and replenishes moisture. karigran.com, \$224

HAIR REPAIR

Replenish dry and brittle hair with the Balmain Moisturizing Repair Mask, which leaves hair shiny and hydrated. Packed with argan oil and provitamin B5, it's best used once a week for incredibly smooth and silky hair. Neiman Marcus, \$65

BODY POLISH

Revive skin with this unique soufflé-feel exfoliator designed to buff skin gently, breaking down dead skin cells. Simultaneously, a balanced fusion of essential oils works to help purify skin, leaving you with a naturally glowing appearance. The Detox Market, \$64



Post-Summer Beauty Guide

BY JEANETTE ZINNO

CHRISTINE CHIN

FACIALIST & OWNER OF CHRISTINE CHIN SPA



After a long summer, which facial treatments do you recommend to clients for a hydrating glow?

I recommend getting a regular facial along with microdermabrasion for removing dead skin and post-summer skin imperfections. Carbon laser is another post-summer treatment for managing uneven skin tones, which

is a non-invasive and painless laser that destroys the carbon particles and oil, dead skin cells, bacteria or other impurities on the skin. Meanwhile, for at-home use, I recommend using a gentle cleanser, toner, gentle exfoliating scrub, water-based moisturizer, and a soothing mask.

FREDERIC MOINE

HAIRSTYLIST AT PAUL LABRECQUE
SALON & SKINCARE SPA



Which in-salon hair treatment do you recommend for dry hair and scalp?

The best in-salon hair treatment for post-summer rehab is the Biologique Recherche Lotion P50 Capillaire Purifying Hair & Scalp Treatment. It helps to detox yet strengthen strands, also aiding in everyday manageability. The first step with the lotion

P50 Capillaire is then followed by a hair masque under heat to make sure the ingredients are fully absorbed. After, we'll use a Biologique Recherche oxygenating shampoo to gently cleanse, and then we'll apply a conditioner from the line that detangles and locks in moisture.

NINA AVAKYAN

WORLD SPA ESTHETICIAN LEAD



Which massage do you recommend for skin that's seen too much sun, chlorine, or salt water?

To effectively moisturize and soothe the skin, we highly recommend indulging in a rejuvenating massage using our carefully selected hydrating and nourishing products. Aloe vera, hyaluronic acid, shea butter, and coconut oil

work in harmony to create a protective barrier, ensuring your skin retains its essential moisture and recovers from any sun-related damage. Our skilled estheticians will perform a gentle yet effective massage, allowing the nourishing products to deeply penetrate and revitalize your skin.

DR. DENNIS GROSS

DERMATOLOGIST & FOUNDER OF
DR. DENNIS GROSS DERMATOLOGY



Post-summer what kind of treatments do you recommend for damaged skin?

Post-summer is a great time to schedule an appointment with your dermatologist to address any hyperpigmentation or dullness that might have accumulated during the warmer months. For hyperpigmentation, I like the Alexandrite Laser. It uses a

precise wavelength to target dark spots in a quick, easy treatment. To enhance results, I like to combine this laser with the professional Alpha Beta Peel. Chemical peels safely remove or exfoliate the top layer of dead skin allowing new, more youthful, healthy skin to show through.



Photo by Neil Tandy

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WOODBURY SMITHTOWN BOCA RATON DUBAI

BEYOND BEAUTY WITH STEPHEN T. GREENBERG, M.D., F.A.C.S.

BY LISA MAGUN



As a nationally renowned cosmetic plastic surgeon, Stephen T. Greenberg, M.D., F.A.C.S., is continually expanding the aesthetic arena by combining the use of cutting-edge techniques with the latest technology. An Ivy League-trained double board-certified plastic surgeon, Dr. Greenberg takes great pride in restoring patient confidence by actively working with each patient to set realistic expectations and create a custom surgical package to provide the most natural outcomes possible. Dr. Greenberg says, “As a cosmetic plastic surgeon, I work both on the inside and the outside of a patient’s skin every day. I understand patients’ needs and the best method for achieving superior results.”

Offering everything from injectables and fillers to laser treatments, breast augmentation, liposuction, facelifts, and nose jobs, Dr. Greenberg’s offices are perfect locations to accomplish a lunchtime mini lift or a more extensive, life-altering transformation to the face or body. “Over the years, I have enjoyed treating thousands of women and men with a personal and individualized approach. I am part surgeon and part artist, and I appreciate the opportunity to play an important role in the lives of my patients.”

With his vast expertise and innovative methods, Dr. Greenberg performs procedures such as

Rapid Recovery breast augmentation to have patients back to daily activities enjoying their new look the very next day. Dr. Greenberg's perfected Rapid Recovery breast augmentation system utilizes sophisticated mini-incision techniques to provide patients with a true 24-hour experience. Using 3-D computer imaging, Dr. Greenberg helps each patient select the appropriate implant size for their unique physique. Patients experience minimal pain, swelling, and bruising, coupled with a notably decreased recovery time.

Dr. Greenberg applies his advanced techniques to eyelid lifts, facelifts, mini face lifts, and his proprietary micro-mini facelift, many times combined with deeper laser resurfacing, and facial fat transfer. "The eyelid lift takes only about an hour and provides a youthful appearance to both the upper and lower lids. A facelift, whether it is mini, micro-mini, lower, or a full lift, takes years off facial appearance. A face lift is a great way to pull up excess skin, rejuvenate the neck, and lift jowls. Mini, or modified facelifts are often performed on younger patients before the signs of aging are advanced. Overall, a natural look is of utmost importance." Dr. Greenberg is proud to offer this ultra-modern approach at his state-of-the-art surgical centers, which have met the stringent criteria for AAAASF accreditation.

Dr. Greenberg designs a treatment plan tailored to individual goals and to enhance natural beauty. The fleet of lasers and high-tech devices at his luxury facilities ensure a rejuvenated and more youthful appearance. Treatments such as Morpheus8 provide resurfacing, skin tightening, collagen remodeling, and facial contouring on all skin types. This advanced treatment addresses concerns on the face and body such as skin laxity, crepey skin on the chest, hands, arms, abdomen, thighs, and knees. For facial rejuvenation, the technology targets smoker's lines, crow's feet, deep lines, and wrinkles and tightens loose jowls. Ultherapy lifts and tightens the neck, chin, brow, and eye area as well as treats lines and wrinkles on the chest. Coolsculpting and Emsculpt are nonsurgical body-contouring treatments performed to reduce fat and tone the body when diet and exercise are not providing desired results.

"It is oftentimes the combination of surgical and non-surgical treatments that produce the most natural and best results," says Dr. Greenberg. He has literally performed thousands of procedures over the past three decades and delivers the utmost care along with his dedicated team. "It is of the highest importance to me that each patient gets the best results suited to their unique features. I use cutting-edge imaging to help patients visualize their surgical results and mentor them on how a natural-looking and effective outcome will have a significant impact on reaching their goals."

Dr. Greenberg created his celeb-endorsed environments to maximize his patient's comfort and give each patient an exceptional luxury experience. Dr. Greenberg is frequently called



upon by various media outlets for his plastic surgery expertise. His roster includes *Good Day New York*, WABC, CBS, Fox News, NBC, and News12 Long Island. He has also appeared in national magazines such as *Harper's Bazaar*, *Cosmopolitan*, *More*, and *Elle* as well as in the *New York Times*, *New York Post's Page Six*, and *Newsday*.

Dr. Greenberg is honored to have been named Best Cosmetic Surgeon, 10 Best Plastic Surgeons in America, Top Doctor, and Expert Injector as well as to have been awarded with the Patients' Choice Award, Compassionate Care Award, and Best of the Best. Dr. Greenberg takes great pride in his doctor-patient relationships and sees this connection as key to providing the best patient experience. "After 30 years in practice, I still receive great satisfaction from helping my patients reach their aesthetic goals. Once they are happy with how they look, their entire demeanor changes. It is amazing how important these improvements can be to a patient's state of mind."

For more information and to schedule your personal and complimentary consultation at Greenberg Cosmetic Surgery and Dermatology, call **631.287.4999** or visit greenbergcosmeticsurgery.com.

CAULIFLOWER CHEESE PENNE

GLUTEN-FREE AND DAIRY-FREE

BY LIANA WERNER-GRAY



Indulge in a culinary masterpiece that marries health and decadence flawlessly: my exquisite recipe for cauliflower cheese penne. As the epitome of guilt-free indulgence, this gluten-free and dairy-free delight will redefine your notion of sumptuous dining.

Gone are the days when healthy meant compromising on taste; this velvety creation is here to revolutionize your palate with its creamy goodness and delectable flavors. The star of the show is the humble cauliflower, elevating this dish to new heights of nutrition without sacrificing a morsel of taste.

Revel in the pleasure of each velvety green lentil penne coated in a luscious, dairy-free cheese sauce that tickles your taste buds with delight. It's a revelation that creamy and dairy-free can coexist in perfect harmony, granting you the joy of savoring your pasta without the bloating or guilt.

Green lentil penne surpasses regular wheat pasta on multiple fronts. First, this plant-based pasta option boasts higher protein, 12 grams per serving, making it a valuable choice for

those seeking a nutrient-packed meal. Unlike traditional wheat pasta, green lentil penne is an excellent source of plant-based protein, promoting satiety and supporting muscle maintenance and repair. With its protein-rich profile, it's an ideal choice for individuals following a vegetarian or vegan lifestyle, ensuring they receive the essential amino acids necessary for their well-being.

Moreover, green lentil penne offers a host of health benefits that set it apart from wheat pasta, particularly in reducing inflammation. Gluten, found in wheat pasta, can trigger inflammation and discomfort in some individuals with sensitivities or intolerances. In contrast, green lentil penne is naturally gluten-free, making it a gentle alternative that won't provoke inflammatory responses. Its nutritional value extends further with a higher fiber content, aiding in digestion and supporting a healthy gut. Choosing green lentil penne not only elevates the nutritional profile of a dish but also presents a flavorful and inflammation-friendly option for everyone to enjoy.

Indulging in vegan cauliflower cheese offers a mouthwatering and health-conscious alternative to traditional dairy cheese. By harnessing the natural creaminess of cauliflower, this plant-based version exudes a luscious texture that rivals its dairy counterpart. The steamed cauliflower blends harmoniously with nutritional yeast, plant-based milk, and spices, resulting in a rich and flavorful cheese-like sauce that satisfies every craving. Not only does this vegan option cater to those with lactose intolerance or dairy allergies, but it also offers a lighter, guilt-free experience without sacrificing taste.

In addition to its delectable flavor, vegan cauliflower cheese can contribute to a healthier you. Dairy products have been linked to skin issues like acne, as they may disrupt hormone levels and lead to increased inflammation. On the other hand, a plant-based cauliflower sauce is free from the hormones and antibiotics commonly found in dairy products. Embracing the goodness of vegan cauliflower cheese not only delights the taste buds but also supports overall well-being for a vibrant and acne-free complexion.

Prepare to be enchanted by the sheer opulence of this luxurious cauliflower cheese penne. With its unrivaled health benefits, dairy-free charm, and gluten-free allure, it's time to embrace a new era of delectable dining. Let your taste buds embark on a journey they won't soon forget — a symphony of flavors that redefine the very essence of luxury cuisine.



Cauliflower Cheese Spinach Penne

- ✓ Dairy-free cauliflower cheese sauce
- ✓ Gluten-free
- ✓ High in plant-protein
- ✓ Vegan
- ✓ Simple steps

Total time: 25 minutes, Serves 4–5

Ingredients:

- 1 box Explore Cuisine green lentil penne
- 4 cups of spinach
- Cauliflower cheese sauce:
 - 4 cups cauliflower in bite-sized pieces (1 head cauliflower)
 - 1 Tbsp. coconut oil or vegan butter
 - 2 tsp. garlic minced
 - 1 shallot thinly sliced
 - 1 cup water
- 1 cup cashew cream cheese like Monty's (livemontys.com)
- 2 cups vegetable broth
- ¼ cup Bragg nutritional yeast (nutritional yeast is inactive)
- 1 Tbsp. lemon juice
- 1 Tbsp. olive oil
- ¼ tsp. thyme
- ¼ tsp. oregano
- ¼ tsp. sea salt
- ¼ tsp. pepper

Actions:

1. Cook the penne pasta as per packet instructions. Add the spinach and cook it with the pasta.
2. Drain and return to pasta pot.
3. Make the cauliflower cheese sauce by adding all ingredients to a blender and blend until smooth and creamy.
4. Pour on top of the pasta and toss until we'll combined.

► Liana Werner-Gray is a nutritionist, natural food chef, and best-selling author of *The Earth Diet*, *Cancer Free with Food* and *Anxiety-Free with Food*. She is the founder of Liana's Organics: Anxiety-Free Supplements.

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PROIMMUNE – IMMUNE FORMULATION 200

ELEVATING WELLNESS WITH GLUTATHIONE

BY CHRISTINE MONTANTI



Joseph V. Cassarino

In a day and age where millions of Americans suffer from an almost endless list of health concerns and toxicity, ProImmune® dietary supplement is a scientific breakthrough and health solution that is gaining awareness for supporting the immune system and cellular vitality. The revolutionary supplement incorporates the science of glutathione, which is known as the “master antioxidant” and is scientifically reported to be the fundamental nutrient of cellular well-being. Respected scientists, including Dr. John Pinto from the Memorial Sloan Kettering Cancer Center in New York, have all praised the importance of glutathione. The nutrient’s relevance spans all eukaryotic organisms, emphasizing its role as an essential component in the formation of multicellular life.

Since its discovery in 1888, glutathione has evolved into an indispensable nutrient, similar to essential amino acids and vital vitamins and minerals, to ensure the ideal operation of our bodies. The intricate balance of cellular health centers on the replenishment of intercellular glutathione — a process that poses scientific challenges due to its absorption properties. Dr. Albert B. Crum’s groundbreaking creation - Immune Formulation 200® aligns with natural physiological pathways to replenish glutathione precisely where and when it’s needed, even for the healthiest of individuals resulting in optimal cellular support. ProImmune®, a glutathione synthesis precursor follows principles of nature and evolution by replenishing glutathione inside cells as efficiently as possible.

In a world where oxidative stress is amplified by factors ranging from airborne toxins to temperature fluctuations, the body’s ability to replenish glutathione becomes paramount. Immune Formulation 200® ensures bodily glutathione levels remain optimally sustained. The proof of this supplement is in its ability to boost glutathione levels intracellularly, which maintains its presence in the cells, bloodstream and other tissues.

“The allure of healthy intercellular glutathione levels is not only its immune system supporting properties but also its potential to help with aging, explains Joseph Cassarino distributor for ProImmune. Co LLC. “ProImmune® supports the body’s natural ability to reduce toxins and other oxidative stressors and helps the body remain in its healthiest state.”

Dr. Albert B. Crum, M.D., DSc (Hon), M.S., nominee for induction into the National Inventors Hall of Fame has unraveled the 125-year-old enigma for glutathione synthesis. His discovery is helping people around the globe restore the immune system safely by replenishing glutathione exactly as nature designed. My soul’s purpose is fulfilled each time I introduce ProImmune® and help others comprehend the myriad health benefits ProImmune® provides.

Experience the glutathione precursor supplement difference with ProImmune’s - Immune Formulation 200® sold globally since 2008. ProImmune® is available online with free shipping in the USA on Amazon and at TheBestImmuneSupport.com

Joseph V. Cassarino

Distributor for ProImmune Co LLC.

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THE FUTURE IS TUNE

BY DEVORAH ROSE



Tune is a performance technology built to balance the nervous system. This vibrational technology is scientifically proven to reduce stress up to 54% in every 15-minute session. Tune uses specific vibrations, inspired by those within a violin, combined with neural music to achieve balance. The experience is most easily explained as a medical-grade sound bath on demand. *Social Life* was able to sit down with one of the founders of this amazing technology, Kyle Godfrey-Ryan, to learn more.

What led you to create Tune?

The inspiration for Tune came from my previous private practice in NYC. It became increasingly clear that all our clients were experiencing a version of nervous system dysregulation and that was leading to a whole series of breakdowns. I was, and still am, completely driven to create products and processes to bring more ease and balance to people's lives. Working with the nervous system is a fundamental building block.

Where can people find Tune?

Tune is mostly in Fortune 100 companies and leading national medical institutions as a tool to increase productivity and reduce stress for their teams. We have also been rolling out access to our technology to select studio partnerships across the US, sports franchises, and wellness clinics. We do offer a limited run of our product for private home use as well. What I'm most excited about is creating more access to our technology. During this time of tremendous stress, I am grateful to have built a product that can rapidly reset the body back to its designed state of balance.

Can you give us a glimpse of what's to come?

We are about to launch our new app, giving wider access to our technology in 2024, and are working with companies to re-think workspaces/work life balance. The most exciting times for innovation come during societal reorganization points and now, maybe more than ever, people are looking towards technology to bring ease and joy into their lives. We built that product.

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DR. STEVEN STUMMER

PIONEERING PODIATRIC EXCELLENCE

BY CHRISTINE MONTANTI

Long Island-based foot and ankle surgeon Dr. Steven Jeffrey Stummer, DPM possesses a remarkable list of credentials and accomplishments and has dedicated his life to serving both his patients and the community. Graduating with honors from the New York College of Podiatric Medicine, he quickly distinguished himself by becoming a member of the esteemed Pi Delta Honor Society and as the Chief Resident of Podiatric Surgery and Medicine at Brown University/Rogers Williams Medical Center, he honed his surgical skills and expanded his expertise in reconstructive podiatric surgery, limb salvage and sports medicine and has the certification of Fellow of The American Podiatric Wound Care Association

Dr. Stummer's achievements aren't just limited to the operating room; he played a crucial role in launching the Robotic Program at the State University of New York at Oneonta and has been a key figure in the treatment of diabetic wound care, holding a staff physician position at the NSUH at Plainview Wound Care Center. His expertise in hyperbaric oxygen therapy adds an extra dimension to his medical arsenal, demonstrating his determination to explore cutting-edge solutions for his patients.

The Long Island native has continued to expand his career through his commitment to sports medicine as the team physician for the Long Island Rough Riders Men's and Women's Soccer programs. Dr. Stummer's expertise plays an essential role in ensuring the athletes' optimal health and performance. His dedication expands beyond soccer fields to include roles as a club physician at BW Cosmos Academy and as a league physician for the Half Hollow Hills FURY football and basketball leagues. Through these positions, he combines his passion for medicine with his love for sports.

Dr. Stummer practices at three locations; Northport, Melville and Bellmore where he provides patients with personalized care deciding which treatments are necessary for painful foot conditions such as bunions, hammertoes, plantar fasciitis and growth plate issues. These foot ailments can significantly affect an individual's quality of life, causing pain, discomfort, and limitations in daily activities.



To treat these issues Dr. Stummer customizes functional foot orthotics that offer a multitude of benefits in the prevention of foot conditions and the improvement of balance, sports performance, and stability.

Orthotics provide support, alignment, and cushioning to the feet by promoting proper foot positioning and reducing excessive pressure on vulnerable areas, including open growth plates in children. In addition, orthotics can help prevent the development or progression of painful bunions, hammertoes and plantar fasciitis, which are characterized by the misalignment of the joints resolving these issues by redistributing pressure away from the affected areas, supporting proper toe alignment and providing arch support reducing strain on the affected tissue. Orthotics can be used in sneakers, golf shoes, ski boots and high heeled shoes.

“Sports specific footwear and precision corrective orthotics can greatly improve athlete's performance in all areas,” explains Dr. Stummer. I receive many referrals from other medical professionals and the patients results reveal that their back, knee and ankle pain have greatly improved by a proper biomechanical exam and custom orthotics.”

Your feet are the foundation of your body, supporting your every step. Custom orthotics are designed to provide tailored support to your unique foot structure, ensuring that your weight is distributed evenly and reducing the risk of strain or discomfort. Balance and stability are crucial for maintaining an active lifestyle and preventing injury. Custom orthotics can help optimize your gait and posture, leading to improved athletic performance and reduced risk of injury!

Dr. Steven J. Stummer DPM, FAPWCA

Podiatric Surgery & Sports Medicine

Northport Location: **220 Fort Salonga Road, Northport, NY**

Melville Location: **180 Walt Whitman Road #120, Melville, NY**

Melville – Bellmore – Northport: 516.449.1842

DR. SOREN M. WHITE

LOOK YOUR BEST

BY ELIZABETH DARWEN



Dr. Soren M. White is an internationally recognized expert in non-invasive, state-of-the-art skin rejuvenation, with offices in Manhattan, East Hampton, Greenwich, and Aspen. This in-demand and leading authority in the field offers at his premier destinations Botox, fillers, and laser treatments. His expert eye and techniques are backed by ethical practice. Insights and his masterful opinions on the latest rejuvenation therapies bring a true glow to the patient who leaves his office radiating with positivity and joy.

Certified by the American Board of Dermatology, Dr. White received a B.S. from the University of Michigan at Ann Arbor and an M.D. from Columbia College of Physicians and Surgeons in New York. Additionally, as Director of Dermatologic Surgery at Metropolitan Hospital in New York, he instructed residents in the latest techniques in dermatologic and cosmetic procedures.

Dr. White writes for multiple medical journals, most recently for *Dermatologic Surgery*. He has collaborated on numerous published articles and delivers presentations on cosmetic dermatology at prestigious centers and universities throughout the United States.

Celebrated for his medical expertise, Dr. White is also frequently admired for his unique approach in the field and his compassion when it comes to intimately and respectfully working with patients from all over the globe. They come from every corner of the planet to experience his

gold standard of dermatology. Considered an outstanding dermatologist among his peers for his gentle touches and subtle approaches, he is also seen as a passionate artisan. Each visitor to his office leaves with a refreshing approach to skincare that is subtle and natural in design and, most importantly, meant to make you truly feel beautiful inside and out.

Exceptionally ethical and patient, he comes highly recommended for a variety of procedures and treatments. From humble beginnings in the Midwest to becoming a highly successful physician, Dr. White will never put profits above care. He has a heart of gold and believes that every patient deserves only the best no matter where they come from and that their look should be and feel glamorously natural. His shining valor boldly radiates because of this. To meet him is to firmly experience the genuine devotion that you fundamentally deserve.

Soren White, M.D.

Instagram: @drsorenwhite

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FS TENNIS CLUB FOR ALL-SEASONS PLAY

By JONATHAN VALDEZ



The indoor season should never be an excuse for losing those excellent tennis skills you worked hard on all summer, especially when you have the Hamptons' best kept secret in tennis right in your own backyard. Oftentimes, living in an area means tending to forget about the wonderful opportunities right at your fingertips. For tennis enthusiasts and players of all skill levels, FS Tennis Club should be your secret weapon to mastering, honing, and maintaining your tennis skills all year long.

FS Tennis Club located at 1370A Majors Path, in Southampton, works with some of the best tennis professionals from around the world and offers a variety of adult clinics, private lessons, court rentals, and junior development programs throughout the fall and winter. Indoor season discounts run from September 16 through May 10. The programs at FS Tennis Club are designed for both competitive and recreational players and accommodate all skill levels.

During the indoor season at FS Tennis Club, you'll find four Har-Tru indoor tennis courts and four state-of-the-art Deco-Turf or hard courts in a climate controlled bubble, with cutting-edge lighting. A staff of tennis professionals will take your game to the next level and have you ready for the summer season.

The Lunch Bunch, a program that FS Tennis Club offers only during the indoor season, includes discounted rates for court rentals and private lessons Monday through Thursday. It's a smash of a deal, with 60-minute private lessons for \$100 and 60-minute court rentals for \$40. These special rates combined with the quality, care, and experience of FS Tennis Club's professional coaches are something that truly highlights the benefit of living in and having access to the Hamptons year-round.

If you're looking for adult clinics, FS Tennis Club offers group classes that run multiple times per day, with groups of from 4 to 6 being the most popular. This is perfect for the tennis lover on the go. You can also purchase court rentals in time lots of 30, 60, 90, or 120 minutes. FS Tennis Club's expert staff of tennis professionals lead adult clinics that both challenge and improve your tennis game regardless of your current tennis experience and level. This kind of personal attention will help you improve areas that you may not have had time to work on during the summer season, like pace, ending points, and pressuring opponents and will make you feel more confident with your game.

If you're more of a one-on-one learner, FS Tennis Club offers private lessons for the duration of the 30-week indoor season. These are available for all ages and skill levels in time slots of 60 or 90 minutes. Book at least one month in advance to lock in your preferred time slot and tennis professional.

If you have children who are obsessed with tennis, the Junior Development Program may be the perfect thing for them during indoor season. For ages 4 and up, the classes are based on the skill and age of the child. It's the perfect way to get your kids ahead of the game come summertime because the roster of tennis professionals at FS Tennis Club includes players from divisions I and II college tennis as well as ITF tournaments.

No matter what you are looking for when it comes to playing tennis, FS Tennis Club has the right coach, right price, and perfect temperature.

For more information about FS Tennis Clubs, email info@futurestarsouthampton or call 631.287.6707



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THE MOURNING AFTER

A SURGEON'S COMPELLING JOURNEY OF HEALING THROUGH FORGIVENESS

BY LAURA HILTON



Before becoming a highly successful hair-replacement surgeon, for many years Dr. Keith R. Durante was a highly successful micro-vascular surgeon, known for his skillful precision in replacing aortas, restoring limbs, fixing carotid arteries, and saving lives. His extensive education, board certification, and training included a vascular fellowship under Dr. Lester R. Sauvage, a world-renowned cardio-vascular surgeon in Seattle. The remarkable story of Dr. Durante's switch from one specialty to another is detailed below.

Dr. Durante transitioned from an esteemed career in a surgical specialty critical to a person's life to his current specialty critical to a person's happiness: hair transplantation for men and women. He not only treats hair loss and fixes poorly done transplants, but he is also a master at transforming eyebrows and is now increasingly called on to restore beards. Dr. Durante has perfected it all because his experience and expertise as a vascular surgeon has given him a true advantage in his current practice. He is laser-focused on hair and he absolutely loves what he does. "I'm thrilled that thousands of people have discovered me and my practice." He is hands down considered the best for hair transplants.

You may ask why Dr. Durante changed specialties. The key event that drove him into a personal and professional metamorphosis was the sudden death of his beloved daughter Elizabeth. She was an aspiring doctor who was tragically killed by a drunk driver while on her way to the airport for humanitarian work in Uganda. Dr. Durante made it his mission to honor Liz's philanthropic ambitions and eventually travelled to Uganda himself. From that trip, "Project Liz — The Mountain Pygmy Project" was born. "I felt it was my obligation to continue the work she had started," says Dr. Durante. When he began his work in Uganda, he built a clinic from generous donations in Liz's honor. Yet the clinic wasn't equipped to treat very sick children, let alone perform surgery. He knew that a child would die if a serious emergency presented, so Dr. Durante sought a more appropriate medical setting where he could volunteer his skills as a surgeon.

In rural Uganda near the Virunga Mountain Range, Dr. Durante discovered a hospital that needed a surgeon, and he quickly found it to be a new home. "I started going as often as I could, because it was there I realized that I could perform surgeries and serve the community the best," he says.



Daniel Boulud and Dr. Durante

THE MOURNING AFTER



A SURGEON'S COMPELLING JOURNEY OF HEALING THROUGH FORGIVENESS

KEITH R. DURANTE, MD, PC, FACS
Introduction by **Richard Rohr**

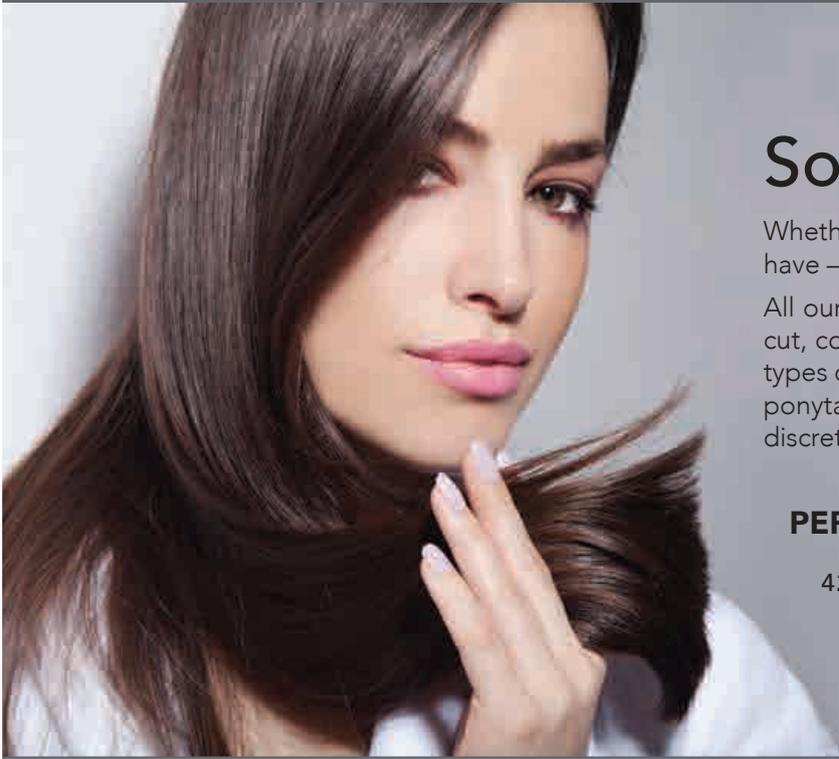
Dr. Durante also believes it was no coincidence that the endangered silverback gorillas he had studied in college made their home there, too. “Funny how things circle back,” he says.

When reflecting on his life, Dr. Durante openly admits he had once been a narcissistic, selfish, and spiritually bankrupt surgeon, driving his Ferrari in the fast lane, going nowhere. “I thought I was living the dream, but it was a veritable nightmare,” he admits. Elizabeth’s death changed him in profound ways. He learned to live a life of purpose in which selflessness triumphs over greed. In his own words, he shares with confidence, “There is always a light at the end of the tunnel.” And much of that light came from Dr. Durante’s forgiving the man who killed his daughter.

It is important to Dr. Durante to share with the world his own experience of grief and how he learned to live with the tragedy, in hope that he can help someone struggling with

their own grief. In his captivating book, *The Mourning After: A Surgeon’s Compelling Journey of Healing Through Forgiveness*, Dr. Durante tells his emotionally charged, inspiring story of growth. His story recalls how he reacted to the news of his daughter’s death, the grief that ensued, and what he learned on his journey to a different life. He also reflects on performing surgical procedures in remote areas in Uganda and his frequent trips into the impenetrable forest trekking for the silverback gorillas that first captivated him as a college student. He’s refreshingly honest, revealing the rigors of being a surgeon, how he lost his way, and how he reinvented himself to focus on what really matters.

Keith Durante, MD, FACS
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ELEGANT SHOULDERS & FREEDOM FROM NECK PAIN

BY FRANCES GORMLEY

Dr. Anna Avaliani is a non-invasive cosmetic physician who can quickly reverse the unattractive look of sloped shoulders and, at the same time, relieve neck tension and neck pain that often results from over-developed trapezius muscles. These are the muscles at the top of your back on either side of your neck, and they can be responsible for neck pain and headaches as well as a bulky look that detracts from a slender shoulder silhouette.



In the stunning before-and-after photos of one of Dr. Avaliani's patients, see how reduced trapezius muscles elongated the neck and created a horizontal, rather than a sloped, shoulder line. Even if you don't have neck pain, you may want to improve the way your shoulders look. Think strapless dress. Poor posture, tension, strain from improperly lifting weights, or bending toward a computer and phone are some of the reasons trapezius muscles become problematic.

HOW DOES DR. AVALIANI ACHIEVE THESE RESULTS?

Dr. Avaliani, an award-winning cosmetic physician, can create this dramatic difference with Traptox, the treatment name for using a neuromodulator like Botox or Dysport. When properly injected in the trapezius, nerve signals that cause contractions get blocked, muscles relax, and bulkiness disappears. NSAIDs and other pain killers are no longer needed.

COMPLEMENTARY TREATMENT

Botox and Dysport are FDA-approved, and they're used off-label for Traptox treatments. Like all neuromodulators, they're temporary, peaking in 2 to 4 weeks, lasting from 3 to 6 months. Traptox can be repeated as necessary, but this doesn't have to be the only permanent solution. Traptox can also be used in connection with other therapies, like PT, specific exercises, and cupping. In other words, Dr. Avaliani can provide immediate help while a person pursues other strategies that take time to work over months.

WHY DR. AVALIANI?

This award-winning physician is renowned for her non-invasive cosmetic practice. At her Park Avenue office, she cares for women and men from the worlds of entertainment, sports, modeling, and business. Persons who could choose anyone, choose Dr. Avaliani because they know from word-of-mouth and personal experience how experienced and careful she is. If a procedure, technology, or product isn't right for you, she will let you know, and she determines this after careful consultation.

Dr. Avaliani delivers natural results. She is a national trainer for Dysport, among other treatments. She uses a special Accuvein tool to avoid bruising, and she offers pain-free, anxiety-free treatments with topical numbing or Pro-Nox, quick lasting nitrous oxide known as laughing gas. The highest quality medical standards and patient comfort are hallmarks of Dr. Avaliani's practice.

See Dr. Avaliani's website for a list of the *many* procedures and treatments she offers. High-tech lasers are a particular specialty. If it's fabulous, she has it: the latest technology and software as well as meticulous maintenance. Her website includes an educational blog about all sorts of cosmetic possibilities to refresh, renew, re-contour, lift, and plump from head to toe, including hands and the hairs on your head.

Anna Avaliani, M.D.
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DR. LEWIS GROSS

HOLISTIC DENTISTRY

BY ROLISE RACHEL



Is there an alternative to a root canal? Yes, if you see a holistic dentist like Lewis Gross, DDS. Not all dentists have the same approach to dental medicine. Dr. Gross has been an assistant professor of oral pathology at Columbia University School of Oral and Dental Surgery, his alma mater. In other words, he's a traditionally trained dentist. Dr. Gross decided early in his practice that dentistry should focus on a patient's entire well-being, which also includes considering the patient's environment. This is the holistic approach, and Dr. Gross is not only a pioneer in integrative and alternative dentistry, but he is also a renowned leader in this field. Removing fillings that contain mercury, non-surgical treatment for gum disease, and alternatives to root canals are three hallmarks of holistic dentistry.

For example, a patient goes to a dentist with a toothache and the doctor reviews the X-ray and immediately recommends an expensive and invasive root canal. Is this always necessary? According to Dr. Gross's holistic approach, it depends on the vitality of the nerve, the individual tooth's relationship to the rest of their teeth, and the patient's systemic health.

If a tooth is still alive, Dr. Gross works to keep it alive. An X-ray doesn't always show what is causing a toothache. Dr. Gross uses a 3-D CAT scan because it's the best diagnostic tool.

His holistic approach involves minimal cutting, yet careful removal of decay. He then uses an herbal filling. Dr. Gross's approach is to save a tooth for the long-term by eliminating a dental environment that might allow bacteria to cause future problems.

If the tooth is dead and needs to be extracted, Dr. Gross wouldn't want to lock bacteria that thrives without oxygen into the bone, which might cause chronic inflammation and long-term systemic complications, especially in patients with Lyme disease or a weakened immune system. Dr. Gross would extract the dead tooth and use an ozone irrigation and PRF (platelet-rich-fibrin) stem cells from the patient's own blood. He would avoid using animal bone grafts, and he would replace the tooth with a metal-free implant or Valplast partial.

Dr. Gross's practice provides a full array of dental services, from preventive to cosmetic. His center is a provider of Invisalign braces.

Lewis Gross, DDS
Tribeca Center for Integrative Holistic Dentistry
17 Park Place
holistic-dentists.com
212.732.2200

DR. DAVID SHUSTERMAN

A LEADING UROLOGIST, MINIMALLY INVASIVE SPECIALIST

BY AMY POLIAKOFF

David Shusterman, MD, is a leading minimally invasive urologist who is prominent in his field. He believes modern urology is all about a minimally invasive approach to in-office diagnostics and treatment for most urological conditions. Dr. Shusterman recognizes that invasive surgery risks side effects, has a long recovery time, and is not always the superior medical option. With two fully staffed offices in Midtown and Forest Hills, Dr. Shusterman's practice is innovative in offering nonsurgical, in-office treatments that require little downtime. His offices are certified for in-office anesthesia, allowing all treatments to be painless and comfortable.

Dr. Shusterman's high-tech offices offer state-of-the-art diagnostic testing that most offices are unable to offer: advanced ultrasound imaging, advanced urine testing, and thorough blood-testing capability. For example, instead of finger exams to evaluate the prostate, he uses advanced ultrasound imaging that more comfortably gives more accurate results. With an advanced lab within his office, test results come back within 24 hours as opposed to other facilities, which can take days.

Eliminating 90 percent of maximally invasive hospital procedures by doing in-office minimally invasive procedures is what makes Dr. Shusterman a leading minimally invasive urologist. Using advanced nonsurgical techniques for prostate enlargement and prostate cancer, Dr. Shusterman treats prostate issues before a condition progresses. Dr. Shusterman treats prostate enlargement with artery embolization. Not only does Dr. Shusterman know this option works better than surgery or medication, he is unique in offering this in the New York City area. This simple procedure works via an IV line in veins and arteries, and it only requires a band-aid. Dr. Shusterman employs a leading interventional radiologist, a doctor who treats conditions with advanced imaging and not a scalpel.



Working together they treat prostate enlargement and cancer in minimally invasive ways. With minimally invasive and cutting-edge techniques, he can create maximum healing with little to no side effects, minimal downtime, and the best results.

For kidney stones, he employs a nonsurgical sound wave treatment. The waves pass through soft tissue to break up hard kidney stones without surgery. Patients don't even have to remove their clothing.

For overactive bladders, Dr. Shusterman uses cutting-edge techniques such as Botox and other minimally invasive treatments, which are more effective than medications and eliminate medications' side effects.

"Educating patients is key to better health. I continually educate myself, and I go to several urology meetings every year so I can stay up to date and remain knowledgeable about the latest research in the field of urology. Every year we see amazing advances, and I always stay on top of the best in evidence-based medicine."

Every year we see amazing advances, and I always stay on top of the best in evidence-based medicine."

Dr. David Shusterman

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DR. RAMON TALLAJ

EMMY WINNER & HEALTHCARE REFORMER

BY BENNETT MARCUS



Mariano Rivera and Dr. Ramon Tallaj

SOMOS COMMUNITY CARE

Dr. Ramon Tallaj, founder of SOMOS Community Care, a non-profit physician-led network of almost 3,000 healthcare providers serving over one million Medicaid beneficiaries in New York City, won an Emmy Award this year. You may be surprised to learn that this is the third Emmy that this distinguished, caring physician has won. “The company, SOMOS, has won three, and I’m the producer of all of them, but in this last one, I was also the subject,” Dr. Tallaj says. He points out that SOMOS itself does not perform medical services. The doctors in its network do so, and they have accomplished incredible work.

The majority of SOMOS patients are poor and without government help would not have access to healthcare. “Our doctors do not open their doors on Park Avenue,” says Dr. Tallaj, whose office is in Washington Heights. “Our doctors are in the poorer neighborhoods of Manhattan, the Bronx, Queens, and Brooklyn. Because our doctors are part of these communities, because we are immigrants and speak the languages of our patients, we can listen to our community.”

Growing up as the eldest of six children in a mixed Lebanese and Dominican family in Santiago de Los Caballeros, he faced hardship. At his university in Santo Domingo, which was frequently without electricity, he studied by candlelight. He was inspired to attend medical school by his uncle, a pediatrician who had been arrested and tortured under the Trujillo dictatorship. Dr. Tallaj quickly became a prominent figure in his country. He became the undersecretary of public health and social service, a member of the Dominican-Haitian Frontier Affairs Commission, and then the medical

director of the Social Security and Welfare Institute. His work put him in close contact with politicians and foreign officials.

ADVISING PRESIDENT BARACK OBAMA ON HEALTHCARE REFORM

When John Cardinal O’Connor of the Archdiocese of New York asked him to come serve in New York, he immediately accepted, turning down a position as the Dominican Republic’s minister of health. Little did he know that a few decades later, he would advise President Barack Obama on healthcare reform. It was a dream for me to come to New York,” says Dr. Tallaj, who now enjoys painting and international horseracing and breeding. “It was the American dream.” But when Dr. Tallaj arrived in 1991, New York was in the midst of the AIDS crisis. “I was here during the strongest part of the epidemic,” he says. “Almost fifty percent of the patients then were AIDS patients. I had to watch young people die from a virus. That’s how I was introduced to New York. That is a time that is still in my head. You can’t take that away. Every diagnosis was a confrontation with death.”



POPE FRANCIS, THE NEW YORK YANKEES AND KAMALA HARRIS

Last year, Dr. Tallaj had a private audience with Pope Francis in Rome. He says that the words the pope spoke to him that day still inspire his vision for SOMOS and the future of healthcare for New York's minorities. "We are serving the poor," Dr. Tallaj says. "We are feeding the hungry. We are caring for and curing the sick. It gives me such peace in my heart to know that at the right moment we have done the right thing for the right people for the right reason." This past spring, the iconic ballplayer Mariano Rivera and Dr. Tallaj were invited by the New York Yankees to throw the first pitch in their game against the Tampa Bay Rays. He has also held meetings with Vice President Kamala Harris at his home in New Jersey, where she praised him for his commitment to providing value-based healthcare to Medicaid and Medicare patients.

WORKING TOWARD HEALTHCARE REFORM — WITHIN THE SYSTEM

Dr. Tallaj is still with his people, in the streets, at their homes, and in the hospital. That may sound strange for a Manhattan doctor and healthcare executive, but Dr. Tallaj says that is precisely why we have to transform our "sick care" system

into a true "health care" system. "SOMOS is value-based," Dr. Tallaj explains. "That means that primary care providers are not paid a fee based on a service, but according to the long-term health outcomes for patients. Prevention is the key." And because so many of SOMOS's patients rely on Medicaid, those long-term health improvements mean big saving for the state via a 25 percent reduction in hospital admissions. In fact, in 2018 alone, SOMOS saved New York \$336 million in avoided Medicaid costs. "We have really done something unique in New York City," he says of the healthcare platform he founded in 2014. "We establish genuine relationships with our patients and get to know their family circumstances, social lives, and the environmental factors that impact the health of the patient and their families."

Dr. Tallaj believes we need to move in a different direction, with prevention as the key. "The best healthcare should be the best prevention," he says. "Our healthcare system is based on disease, and I intend to use more resources for prevention, so that in the future, fewer and fewer people have complications with chronic diseases."

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DR. ROBERT SCHWARCZ

OCULOFACIAL PLASTIC AND RECONSTRUCTIVE ARTISTRY

BY CHRISTINE MONTANTI



What sets the country's leading cosmetic Oculofacial Plastic and Reconstructive surgeon Dr. Robert Schwarcz apart from the rest, is not just his remarkable training but his relentless dedication to achieving results that appear nothing short of natural. Driven by a philosophy that cosmetic surgery should inspire rejuvenation without the telltale signs of intervention, his approach ensures that his patients leave his care looking refreshed and revitalized, rather than overtly altered.

He is one of only 650 surgeons nationwide to be admitted to the American Society of Oculofacial Plastic and Reconstructive Surgeons (ASOPRS) and is recognized as a luminary in his field. In addition to being double board-certified Dr Schwarcz,

undisputedly, has had more training for eyelids than any other type of cosmetic surgeon. Dr. Schwarcz is in high demand and has catered to many well-known clients. He is requested not only for his specialty in eyelid surgery including eyelids, midface and brows but also for many other surgical and non-invasive procedures including facelifting, neck lifting, injectables and of course as seen in *W* magazine he is the go-to post blepharoplasty botched surgery cases.

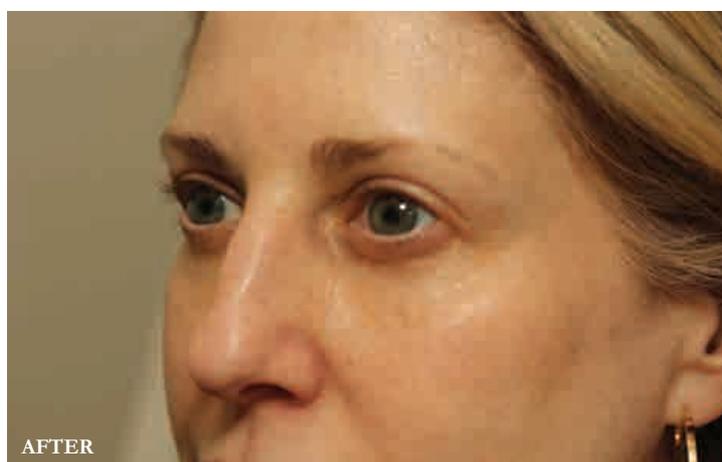
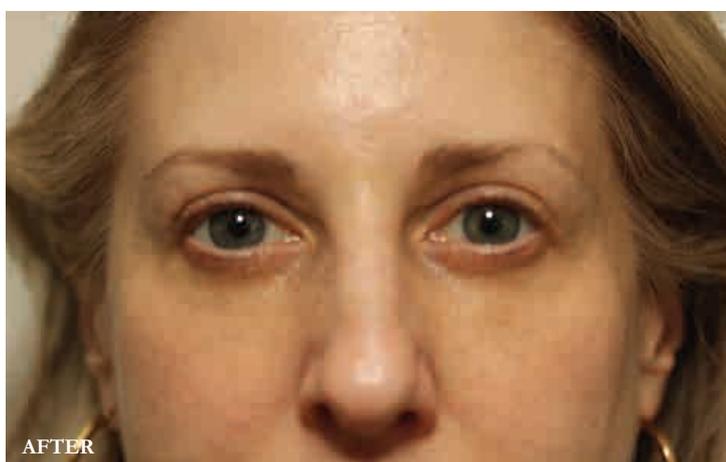
One of Dr. Schwarcz's notable qualities is his ability to obtain a sense of trust and confidence in his patients. Testimonials from individuals who have benefited from his work consistently praise his warm bedside manner, emphasizing that he takes the time to listen to their concerns, answer their questions, and fully explain procedures. This personalized approach allows patients to feel at ease, knowing they are in the hands of a caring and experienced practitioner.

Among the diverse array of patients who have shared their experiences, the recurring theme is the remarkable outcomes they achieved under Dr. Schwarcz's care. Whether it's eye-

lid surgery, injectables, or other cosmetic treatments, patients repeatedly express their satisfaction with the natural and refreshed results they have obtained. Many have reported how Dr. Schwarcz's expertise in oculofacial plastics combined with his surgical skill, produce results that enhance their appearance without looking overpulled or overdone.

This past March, 47-year-old Danielle Koza sought the advice and expertise of Dr. Robert Schwarcz after she had an adverse reaction to a filler that was injected under her eyes which encapsulated forming a hard rock substance:

"For many years I was going to a nurse practitioner and injecting filler under my eyes to puff-out the areas that were



hollowed-out and dark. The last time I had filler injections under the eyes, I had an adverse reaction and the filler encapsulated, forming a hard rock-like substance. As a result, I had to have the filler dissolved and had to go back about 7 times. When all of the filler was finally dissolved, I looked crazy. My eyes appeared to be very deep-set and underneath the eyes looked completely deflated. The treating nurse/partitioner advised I should seek a more permanent solution suggesting I have a lower blepharoplasty to resolve the issue instead of continuing with fillers.

Prior to scheduling a consultation with Dr. Schwarcz, I had already spoken to several other doctors. I did extensive research on Dr. Schwarcz's background, and it was amazing. I even asked my step-father who is an ENT doctor to look into Dr. Schwarcz and after reviewing him, he told me "he was my doctor."

When I first met Dr. Schwarcz, he had a great bedside manner and when I saw his work, I could tell he had a very light touch and was extremely artistic. I really liked him and had a great feeling about him: he seemed very genuine. During the consult, Dr. Schwarcz recommended a Triplanar Blepharoplasty which is an upper and lower blepharoplasty and a fat transfer from the abdomen to fill underneath the eye.

A term he coined 10 years ago and has been doing it successfully for the past decade. I knew I really needed all three procedures, but I was apprehensive about the CO2 laser. I did it before and it took two weeks to recover and I was scared to do it. Dr. Schwarcz explained that I needed the laser because the skin under my eyes was not the same as the skin on the rest of my face, it didn't match. I finally agreed to do the laser procedure because I trusted him.

I took pain medication immediately after surgery, and then, I only needed to take Tylenol. After the third day, I started to look really good and noticed the results. Only two weeks after the surgery, I was out in public walking around, and it wasn't even noticeable that I was just recovering from surgery. I knew I had received a really great result. I put my trust in Dr. Schwarcz and the results are amazing!"

As individuals continue to seek the best options to maintain and enhance their natural beauty, Dr. Schwarcz has been a trusted source of rejuvenation for both men and women and his positive patient testimonials reveal that he has not only met but exceeded these expectations.

To schedule a consultation and an appointment with Dr. Robert Schwarcz please call **212.396.4400**

DR. CHRISTINA RAHM

FINDS A WAY TO BUILD A HEALTHIER WORLD

BY ANN GRENIER



Dr. Christina Rahm, founder of DRC Ventures, embarked on a mission to improve the world after her personal journey as a mother and survivor. Battling Lyme disease and multiple rounds of cancer, she gained invaluable knowledge from academic and spiritual findings. Working in over 80 countries, she gained critical insights that led to a path of empowerment, aiming to create a healthy and happy life for herself and others. DRC has become a leading authority on health and wellness with multiple ventures specializing in various sectors.

DRC Ventures fosters collaboration and innovation based on philanthropic principles. Involvement spans beauty and fashion brands, platforms with inspiring voices, societies

spreading new ideas, and renowned organizations providing medical, supplemental, and environmental services on a mass scale. Her focus is on cultivating positive change for a better, cleaner, and healthier world and aims to become a global catalyst for conservation efforts, leaving a healthier environment for future generations.

SOME OF THE BRANDS IN DR. RAHM'S PORTFOLIO

THE ROOT BRANDS

Just as a great farmer will choose a crop based on the geography, climate, and season to have his plants grow deep roots, The ROOT Brands was founded with the intent to address the needs of humanity — specifically, to create greatness for those who want to get back to their roots and live their best life. therootbrands.com

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Looking for a way to detox from environmental toxins? Whether in the form of air pollution, water contamination, or even the food we eat, toxins are everywhere. Envirem is the perfect solution for those looking for an effective way to protect their health and prevent disease and aging caused by environmental factors. envirem.co

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Merci Dupre is the pinnacle of luxury environmental fashion and protection, specializing in envioware apparel. Its unique line of clothing incorporates nanotech skin coatings on the clothing to create a barrier against hazardous toxins such as 5G technologies, EMF radiation, antimicrobials, and heavy metals. mercidupreclothiers.com

THE RAHM ROAST

The Rahm Roast is a delicious, detoxified coffee that was formulated by Dr. Christina Rahm. This coffee is designed to help you feel your best and achieve optimal health. The Rahm Roast is made with organic, fair trade coffee beans from Guatemala, infused with patented, proprietary detoxing solutions that are known for their benefits. rahmroast.com

To learn more about the prolific work of Dr. Christina Rahm and her mission, please visit drchristinarahm.com



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FEATURES

SHANI GROSZ



SHANI GROSZ

ABSOLUTELY FABULOUS: SHANI COLLECTION

BY EDINA SULTANIK
PHOTOGRAPHY BY TYLER KENNY

The dress designer Shani Grosz is giving big designer energy. And we love it. Watching Shani at work is like witnessing the word *fabulous* personified. She's standing on a pedestal in the center of her showroom, trying on dresses from her newest SHANI Collection. She's petite, but in her Ruthie Davis stilettos she's giving big designer energy. At 8:30 Monday morning she already has her glam on — hair bouncy, lashes fluffy, makeup glowy. Beyoncé's *Renaissance* plays loudly while her assistant stands nearby, handing her trims and accessories to go with each look. Nearby, her team prepares for a fitting for one of Shani's long-time clients: an on-air personality who would be attending an event later that evening. "Make sure she wears the lashes I bought for her!" Shani calls out from the pedestal. "They will be absolutely fabulous!" And speaking of fabulous, in late July Shani caught the spotlight at Polo Hamptons with her bold red dress and enormous straw hat, and she was photographed by the *New York Times*. Now, her phone is blowing up with messages from loyal clients and friends who saw the photos.

Shani is the face and creative director behind the dress label SHANI Collection. Blending the entrepreneurial spirit of a Girl Boss with the creativity of an artist and warmth of a best friend, Shani is known for designing cocktail and daytime dresses that strike that perfect balance between killer looks and classic style. Her warm, welcoming personality is always accented by a bit of glamour: a glint of Swarovski, a whisper of feathers, and lashes that won't quit.

In a sea of choices in the dress department, a SHANI design stands out as a beacon of classic style. "I want you to slip into one of my dresses and instantly feel like a star, ready to conquer the world," she tells me. "Clothes are a magic wand for transformation." Shani herself embodies this transformative magic, attracting a squad of successful women and celebrity clients who gravitate toward her inner circle. An hour with Shani is like seeing your therapist, stylist, glam team, and business manager all at once. She's always planning, moving, creating,

Her confidence and desire to connect with her customers comes through in her designs and on her social media, which features pictures of real women as well as styling tips and inspirational quotes. "I like to present positive, joyful messages through my clothes and my content," she says. Her commitment to all women and their diverse shapes has earned her a loyal following and critical acclaim in the fashion industry. SHANI dresses are thoughtfully designed to enhance every body type, providing versatility from desk to dinner while complementing and concealing. They are alluring without being too revealing. She understands that clothes can influence how a woman sees herself. Shani takes on the task of making women feel exceptional and confident. "Everyone has a part of their body that they may be a bit insecure about showing to the world. We design for those insecurities, offering longer lengths and sleeves, while focusing on timeless silhouettes," she says.

I first met Shani 25 years ago, when we worked together in the design studio of a popular fashion brand. Back then she would style me in diamonds and feathers so we could hit Patricia Field's annual holiday party at the Rockefeller Center ice skating rink in style. I never felt more glamorous! Shani had just graduated from Parsons, but she had her sights set on her own label. She honed her craft and developed her unique perspective on fashion in the ateliers of several Seventh Avenue legends before going out on her own.

A native New Yorker, Shani designs her collection in NYC's garment district, and her showroom is a true reflection of her aesthetic — modern, urban, baroque, and chic. A custom-designed chandelier commands attention in the center of the room. It's a space where high-profile clients often pop in for a visit.

The Monday I was there, two women, whom I recognized as local TV reporters, were hanging out on Shani's cozy couch, in between broadcasts, laughing and sipping iced coffee as if they were in a friend's living room. Behind the couch hangs





a beautiful oil painting of the Amalfi Coast, painted and encrusted in Swarovski by Shani, who is also an accomplished artist. “I love that they feel comfortable dropping by — they’re not just clients, they’re part of the family,” says Shani. “They simply want to unwind, kick back, and take a moment from their bustling day. And they even bring me coffee,” she laughs.

Dozens of TV personalities — anchorwomen, reporters, and meteorologists, real women who always have a spotlight on their appearance — love Shani’s bold colors and sleek, flattering silhouettes. “I call Shani my fairy dressmaker,” one of the women tells me. “Her dresses are magical — I zip, and I go. I can wear them with sneakers or with heels. Whether it’s on TV or at an event, I always look great and feel amazing in her dresses!” And as many of us are putting more time in the office and our evenings are filling up with cocktails, dinners, and other engagements, we want to look put together. Shani’s dresses deliver elegance without effort.

Designers often focus on one aspect of a woman’s shape

or a specific occasion when they design, but Shani takes the full lifestyle of a woman into consideration when she sketches her collections. By designing for women of all ages and sizes, Shani has charted a course for more inclusive fashion practices. Her ability to empower women to look and feel their best has landed her recurring appearances on NBC’s *Ambush Makeover*, and she has been featured on *Good Morning America*. Celebrity stylists also work with Shani and her dresses have been seen on a wide range of TV shows and movies, including *Kathy Lee & Hoda*, *The Wendy Williams Show*, *Mob Wives*, *General Hospital*, and even *Sex and the City*.

What sets Shani apart as a designer is that she follows her own instincts. She created her label not just to design beautiful clothing, but also to dress a community of powerful women. She takes full control — creatively and strategically — of her ventures. I’ve watched Shani fiercely grow her business over the years, defying personal and professional challenges and thriving as an independent designer for over two decades. Most fashion start-ups in New York don’t stay in business for more than five years. I asked her what fuels her determination to win in a tough business climate. “The fashion industry is filled with ups and downs, and one of the most important lessons I’ve learned is to never give up,” she says. “Every *no* can eventually become a *yes*. My mindset has always been centered on believing in what I do. *No* often just means *not now*, and it’s crucial to hold onto that positive vision.”

With an optimistic outlook and an eye on balancing commercial success with style, Shani’s approach is to make sure her clients feel confident and look impeccable, while working with retailers to make sure her designs are commercially viable.

Featuring materials like laser-cut ponte and applied embroideries, her dresses are wearable art. “Fashion isn’t just about crafting beautiful pieces; it’s about turning them into reality and ensuring they find their audience,” she says. “My work has two facets: the creative and the commercial. They’re like parallel paths that need to be aligned. And when I feel strongly about a business decision, I go for it.”

This year, “going for it” involves launching several luxury extensions to her brand. “I believe that everything I do must be super relevant,” she says. “I don’t launch products just to chase a trend. I have to truly believe that what I am doing will enhance the lives of my customers.” A fine jewelry collection and a





skin-care line are in development. In September, she will launch her first luxury eveningwear collection at a time when women are rethinking how they shop and what they buy. “Women today are investing in statement pieces, unafraid to wear an amazing dress on multiple occasions. The perfect dress holds memories and sentimental value. It’s something you’ll want to wear more than once, not just a one-hit wonder like in the past. My dresses offer timeless elegance that defy seasonal trends.”

As she continued to put the finishing details on her upcoming collection, I noticed that each look was emitting Shani vibes. Her designs reflect her artistry, warmth, and joyful spirit, with the requisite dash of glam. Each dress is like a friend, entrusted to address the hopes and aspirations, and even insecurities, of the wearer and provide a comfortable, easy revelation of one’s inner sparkle. Shani says, “The idea behind SHANI is empowering women. And to express that, everyone can look and feel fabulous.”

SHANI Collection is available at Saks Fifth Avenue, Nordstrom, and at ShaniCollection.com @shanidress.official

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To celebrate the cover, Shani is offering *Social Life* readers 20% off everything on ShaniCollection.com with code “social20”





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Maria Fishel, Martin Pepa, Kenneth Fishel



Christie Brinkley



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Oscar de la Renta



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Sharon Grasso



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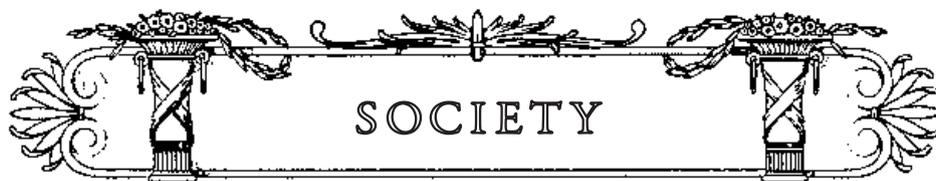
Jeffrey Bradford, Norah Lawlor



Polo Hamptons polo players, Kyle Johnson | BMWUSA.COM



JEAN SHAFIROFF | PHOTOGRAPHY BY MICHAEL PANICCIA | GOWN BY MALAN BRETON



ANA OLIVEIRA

JEAN SHAFIROFF, BOARD MEMBER
OF THE NEW YORK WOMEN'S FOUNDATION,
INTERVIEWS ANA L. OLIVEIRA,
PRESIDENT AND CEO
OF THE NEW YORK WOMEN'S FOUNDATION



BY JEAN SHAFIROFF

Why is it important to support women?

Women are the largest population of people on the planet, collectively, that are faced with attacks on our rights and lives. Whether it be white women, black women, women living with disabilities, younger women, older women, women who partner with women, trans women, and so on, every single one of these demographics listed and hundreds more, are experiencing discrimination in some way. Women are at the backbone of society. We are often the ones taking care of children and the elderly. Nearly 75% of those educating the leaders of tomorrow are women. When women are supported it has a great ripple effect — and others are inherently taken care of as well. For example, 70 cents of each dollar invested in a woman goes to directly benefit others, whereas 40 cents of each dollar invested in a man goes to benefit others.

The more freedom, safety, and support women have, the stronger society and institutions become. While there are hundreds of thousands of organizations dedicated to supporting women and girls, less than 2% of philanthropic dollars goes to these organizations.



Jean Shafiroff and Ana Oliveira



Jean Shafiroff and Tory Burch at NYWF breakfast



Gloria Steinem, Jean Shafiroff, Rebecca Seawright, and Rosita Romero at a NYWF dinner

Ana, can you tell our readers a little about the work of The New York Women’s Foundation?

1987, The New York Women’s Foundation has advanced a dynamic philanthropic strategy based on the fundamental reality that, when women and gender-expansive people thrive, their families and communities also thrive. The Foundation’s mission is to create an equitable and just future for all women, girls, and families. It achieves this goal by uniting cross-cultural and community alliances that ignite action. The Foundation invests in women-led, innovative, and bold community-based solutions that promote the economic security, safety, and health of the most overlooked women.

How long have you been President & CEO of The Foundation?

I have been President and CEO of The Foundation since 2006, where I’ve led the increase of The Foundation’s grant-making from \$1.3M to \$10 million today. In its 35-year history, The Foundation has invested well over \$110 million in New York City’s women!

Can you give our readers an example of some of the grants The Foundation makes?

The Foundation invests in women-led solutions in the areas of economic security and justice, safety and healing, health

equity and reproductive justice, expanding democracy and civic engagement, and more. For example, we fund Custom Collaborative, an organization that trains, mentors, and advocates for and with low to no-income women to build the skills necessary to achieve economic success in the sustainable fashion industry and broader society. Another organization we support in our efforts toward economic justice includes Workers Justice Project, a woman-led organization that educates, organizes, and fights for justice in the workplace.

In order to advance safety for women, we invest in Malikhah, a network of active and engaged women leaders that trains women in self-defense, healing justice, organizing, and financial literacy. We fund Bx (Re)Birth to fight for maternal health equity by supporting their work to help black pregnant women in the Bronx through birth education, doula care, postpartum support, and advocacy.

How does The Foundation’s work impact families?

At The New York Women’s Foundation, we believe in the fundamental truth that when women thrive, their families and communities also thrive. Because women are the backbone of families, our work extends beyond just the women we invest in. For example, women who participate in Custom Collaborative’s programs funded by The New York Women’s



Jean Shafiroff and Ana Oliveira

Foundation build a career in sustainable fashion, empowering their entire family to achieve economic security and a better future. Through The Foundation's grants to The Alex House Project, young women increase long-term family sufficiency by participating in parent education and leadership development with support to access higher education and the workforce. By supporting Sanctuary for Families, The Foundation helps survivors of domestic violence connect to legal support, shelters, counseling, and more to enable their families to find safety.

What can a person do, given how big are the challenges we face?

Give. You can give to The New York Women's Foundation, a foundation that centers on women, and invests in women creating solutions for and with other women.

The Foundation supports economic security, educational and professional development, safety and elimination of gender-based violence, reproductive rights, and empowerment of women to be engaged in democracy, as voters and leaders. We give funds to organizations created by women, for women, and serving women. You can find us at nywf.org.

If you cannot give, you can always share. Tell your friends, your family, and your friends about The New York Women's Foundation. Share our website or one of our social media accounts. Make time for the women in your life to connect on issues you believe are most relevant to women today. If one can vote! Vote for leaders on a local and national level that align with your beliefs and invest in women.

Jean, I thank you for your generosity and support of the NY Women's Foundation. You are a valuable board member to The Foundation.

ABOUT ANA L. OLIVEIRA

Ana Oliveira is president and CEO of The New York Women's Foundation. Under Ms. Oliveira's leadership, the foundation has increased grantmaking from \$1.3M in 2006 to \$10M in 2023.

Ana previously held key roles as a CEO of the Gay Men's Health Crisis and VP of Programs at Osborne Association. Prior to that she held senior roles at the Lincoln Medical Center and the Mental Health Center Substance Abuse Clinic. Ana earned her M.A. in Medical Anthropology and a PhD (honorary) from the New School for Social Research. She was born in São Paulo, Brazil, and resides in Manhattan.

ABOUT JEAN SHAFIROFF

Jean Shafiroff — philanthropist, advocate, TV host, and the author of the book *Successful Philanthropy: How to Make a Life By What You Give* — is a volunteer leader of several charitable causes. She serves on several charity boards: Southampton Hospital Association, American Humane, NYC Mission Society, Casita Maria, The NY Women's Foundation, French Heritage Society, Couture Council of the Museum at FIT, Global Strays, Jewish Board (honorary trustee), and Southampton Animal Shelter Foundation honorary board. In addition, Jean served as the national spokesperson for American Humane's Feed the Hungry Covid-19 Program which raised \$1,000,000 for animal shelters across the country. She is the ambassador for the Southampton Animal Shelter Foundation.

Jean is the producer and host of the TV show *Successful Philanthropy*, which airs six times a week through LTV studios in East Hampton. It also airs on Sun20TV in Southampton. Jean holds two degrees: a BS in Physical Therapy from the College of Physicians and Surgeons at Columbia University and an MBA in Finance from Columbia Business School at Columbia University.

SOCIAL SAFARI

STARRY, STARRY NIGHTS

By R. COURI HAY

PHOTOGRAPHER CONTRIBUTIONS BY PATRICK McMULLAN

NEIL PATRICK HARRIS & DAVID BURTKA, NATHAN LANE, HARRY BENSON, BROOKE SHIELDS, KELLY RIPA, RENEE ROCKEFELLER, DONNA KARAN, IVY GETTY & NARCISSISTER

The Summer's Best Events



Ivy Getty, Larry Milstein

The Parrish Art Museum

Billionaire heirs Ivy Getty and Larry Milstein co-chaired the Parrish Art Museum's Midsummer Dance, which celebrated the institution's 125th anniversary. Narcissister, a Brooklyn-based performance artist, brought an avant-garde show to the party. The artist first appeared as a wolf on all fours and proceeded to strip down to a masked, doll-like figure. Things turned interesting when she extracted a seemingly endless pale blue ribbon from her nether

regions. The artist proceeded to tie helium-filled balloons to the ribbon and attach the ribbons to poles throughout the room. She then pulled the balloons back to herself and sat on them crushing them until they popped. Some theorized the performance was about giving birth and cutting the umbilical cord and then hatching her cubs. The young crowd cheered her on while some of the older folks ran for the bar. The Parrish has gotten cool and edgy, and I can't wait to see how they'll top this next year. parrishart.org



Harry Benson, Gigi Benson

The Southampton Arts Center Summerfest Culinary Arts Festival

Legendary 93-year-old photographer Harry Benson has shot everyone from Greta Garbo to Princess Diana. Guests at his show at the Southampton Arts Center were literally moved to tears by his photograph of Robert F. Kennedy lying on the floor after he was shot in 1968. Benson confessed, "I still have nightmares about seeing Bobby Kennedy shot. The screaming of the people around him still

haunts me. The last thing Bobby said to me was, 'See you in Chicago,' but of course he never got to Chicago. In my job you always have to be ready for something awful or beautiful to happen." In the mix were Hilary Geary Ross and Wilbur Ross, Peter Thomas Roth, attorney Daniel Stock, Christine Schott and George Leeds, Milestone Scientific CEO Arjan Haverhals, and Dr. Kenneth Mark with his wife, Aleksandra Milicevic. The Center's always fun Summerfest Culinary Arts Festival honored founder Simone Levinson and featured a performance by Academy Award-winner Ariana DeBose. Supporters included David Levinson, Caterina and Charles Stewart, Sylvia Hemingway, Nicole Salmasi, Stefano Tonchi, Kara Ross, and others of that ilk and stripe. southamptonartscenter.org

God's Love We Deliver

Neil Patrick Harris and David Burtka opened their far-flung Funhouse Farm in the Hamptons for God's Love We Deliver's 22nd annual Midsummer Night Drinks benefit. The property features whimsical touches, including a vintage Ferris wheel that sadly no longer works but perfectly fits the farm's vibe. Burtka told me, "We are growing vines up the Ferris wheel, so it looks like it's been here forever." Guests dining on carnival-themed food and mingling around the unique round pool and the lavishly landscaped gardens included Nicky Hilton and her children, Nathan Lane, Alex Guarnaschelli, Kyle MacLachlan, Desiree Gruber, Derek Blasberg, Vicente Wolf, Jason Weinberg, Geoffrey Bradfield, Andrew Farkus, Andrew Saffir, Jeffrey Banks and Terrence Meck (the board of directors co-chair). God's Love is the only provider of medically tailored meals for individuals living with severe and chronic illness, including HIV/AIDS, in NYC. Everyone left with a gift bag filled with Supergoop! products and, of course, Chuck's Famous Brownies. Who else would tell you these things? glwd.org



Neil Patrick Harris
David Burtka



Mark Consuelos, Kelly Ripa

School's Out Hetrick-Martin Institute

Kelly Ripa, Mark Consuelos, Don Lemon, Marci Klein, and Thom Filicia all came out to support Hetrick-Martin Institute's (HMI) annual School's Out fundraiser in Water Mill. The evening began with a lively cocktail hour with mermen in the pool and was followed by a "Best of the Hamptons" dinner with bites from Almond, Duryea's, STK Steakhouse, and Kerber's Farm. The event was launched in 1998 to help support programs for LGBTQIA+ youth throughout the summer months. HMI is the nation's oldest organization serving queer and trans youth, primarily of color, between the ages of 13 and 24. The evening, sponsored by Nordstrom, United Airlines, and Douglas Elliman, raised a record breaking \$620K. hmi.org

Guild Hall: Summer Gala

Producer Jordan Roth served as the witty emcee of Guild Hall's inspirational gala at Mulford Farm, one of America's most important English colonial farmsteads. The night honored museum trustee Ken Wyse for his outstanding leadership and support. The event started with a viewing of Leo Villareal's stunning installation *CELESTIAL GARDEN*, a monumental light sculpture over ten feet high and twenty-eight feet wide. Also on display in the newly renovated building was the critically hailed exhibition *Renee Cox: A Proof of Being*. Leading the perfumed pack into the tent that had been dramatically transformed into a blue-and-white oasis by Anthony Taccetta, with theatrical lighting by Bentley Meeker, were Robert Wilson, Julian Schnabel, Ross Bleckner, Yvonne Force, Leo Villareal, Florence Fabricant, Cynthia Rowley, Janna Bullock, Lisa Perry, Barbara Tober, Kim Heirston, Alice Hope, and 300 others more or less just like them. "Artists lead us," said the organization's popular executive director, Andrea Grover. The evening raised \$1.1 million in support of the institution's 200 year-round interdisciplinary programs. guildhall.org



Andrea Grover, Leo Villareal, Renee Cox, Joanna Grover

Hope for Depression Research Foundation

Brooke Shields carried her two-week-old puppy across the finish line at the Hope for Depression Research Foundation's 5K Race of Hope in Southampton because her new pooch was pooped. Shields was at the race to support her daughter, Grier Henchy, who served as the event's teen grand



Grier Henchy, Brooke Shields

marshal. Brooke told pals, "Our new puppy's name is Tuzi, and she has a twisted tail. We picked her because no one else wanted her, and we have so many twisted tales in our family," she said with a laugh. Grier added, "Tuzi is an American standard terrier. It's like a pit bull," explained the charming 17-year-old. Brooke wore bright yellow sunglasses and the organization's signature yellow hat and T-shirt. Even Tuzi had a yellow Hope banner on his leash. Over 600 people, including Arthur Dunnam and John Paulson ran or walked, including teens, parents pushing babies in carriages, and lots of dogs. The race's founder, Audrey Gruss, announced they raised a record \$250K. Bravo! hopefordepression.org

Safari Round-Up

Southampton Hospital Gala

Audrey and Martin Gruss were honored at Southampton Hospital's 65th annual Summer Gala. The benefit, dubbed "A Night at The Colony Hotel," was made possible by Sarah and Andrew Wetenhall, the owners of the iconic hotel in Palm Beach. Event co-chairs included Renee Rockefeller, Dayssi Olarte de Kanavos, Ashley McDermott, Laura Lofaro Freeman, Joey Wölffer, Ros L'esperance, and Stacey Bronfman. After dinner the young set streamed in and danced until the lights went on. Over \$2 million was raised to help provide access to healthcare for everyone on the East End. southampton.stonybrookmedicine.edu



Martin and Audrey Gruss

Solving Kids' Cancer & Hamptons Concours

Donna Karan, Christina Cuomo, Andrea Greeven Douzet, Lisa Evans, and Deborah Hughes were among the hosts of the Solving Kids' Cancer Luncheon in Southampton. Guests included Julia Haart and Christie Brinkley. The event raised funds to accelerate new, next-generation treatments, including immunotherapy and cancer vaccines. skc.org . . . Sergio Nicolosi, Greg Matthews, and



R. Couri Hay, Julia Haart

Rand Luxury hosted the Hamp-

tons Concours, a car show at Maria and Kenneth Fishel's estate in Bridgehampton.

The day benefitted the Southampton Animal Shelter and the Breast Cancer Research Foundation. Some of the serious collectors brought their vintage Ferraris and Porsches for the car contest. randluxury.com

Aleksandra Milicevic
Dr. Kenneth Mark

Rufus Wainwright, Liev Schreiber

AUTHORS NIGHT

BY DEVORAH ROSE

On Saturday, August 12, the East Hampton Library hosted its nineteenth Authors Night fundraiser. This gathering was one of the most anticipated events on the Hamptons' summer schedule, with 100 authors from a variety of genres in attendance. This gathering of books and authors, which has grown significantly over the years, is now one of the most successful in the United States and among the largest library-sponsored events in the country.

The event kicked off with a reception held beneath a large tent. Guests partook of delicious hors d'oeuvres and wine while conversing with authors as they purchased their works and had them signed. At 8 p.m., right after the reception, attendees enjoyed dinner parties in private homes honoring various guest writers. The evening proved to be a great success!

Photography by Eugene Gologursky



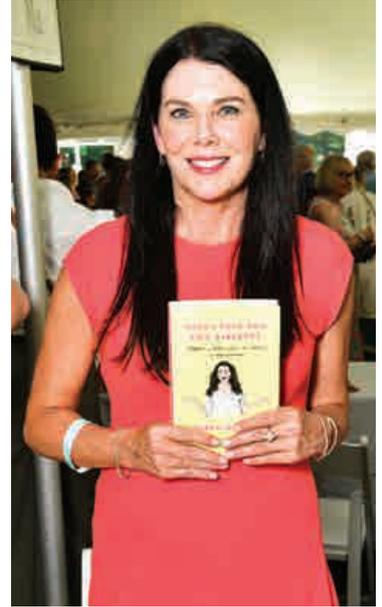
Chloe Melas and Devorah Rose



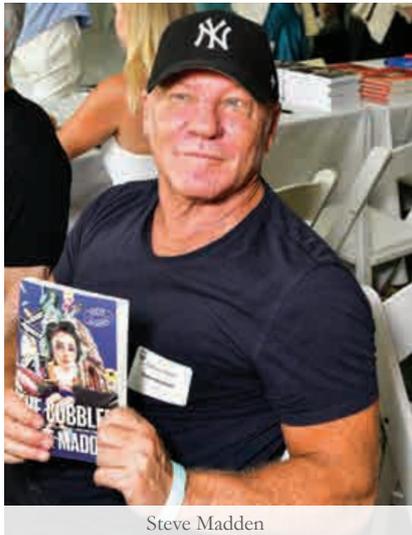
Paulina Porizkova



Katie Couric and Misty Copeland



Lauren Graham



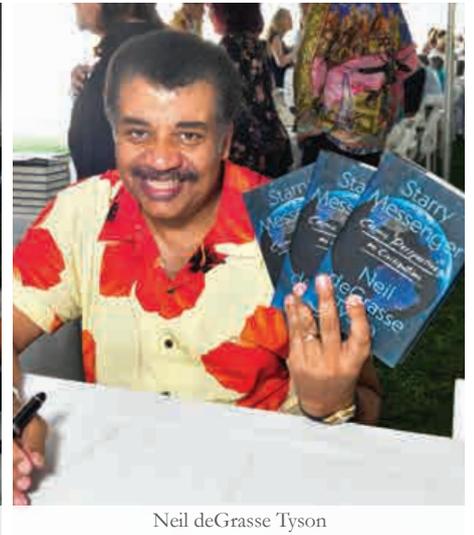
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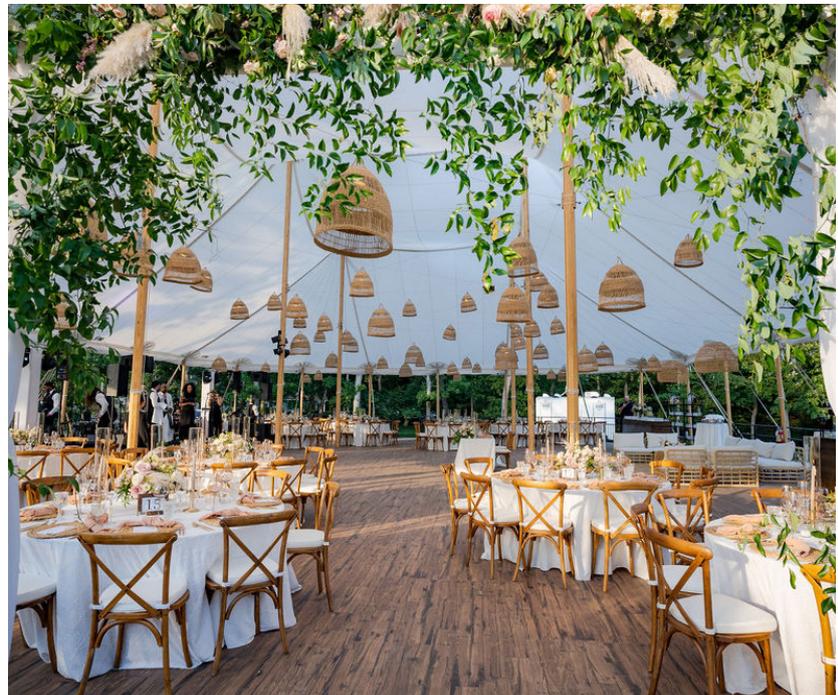
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4. Bessy and Joe Gatto
with Remo and Milana
5. The Udell Family
6. Alie Mitchell
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Guests
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9. Fern Mallis
Durrell Godfrey
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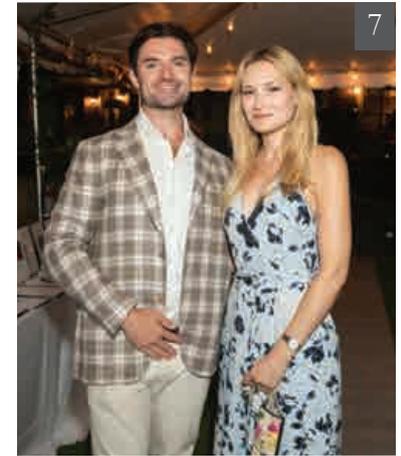
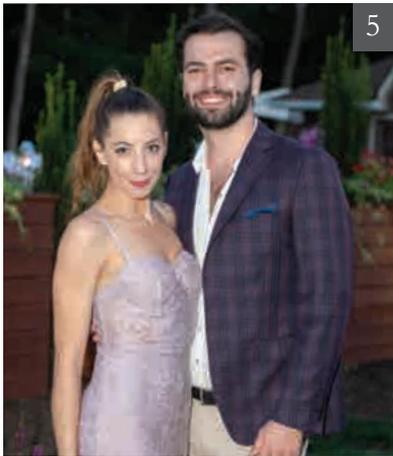


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Jennifer Fessler
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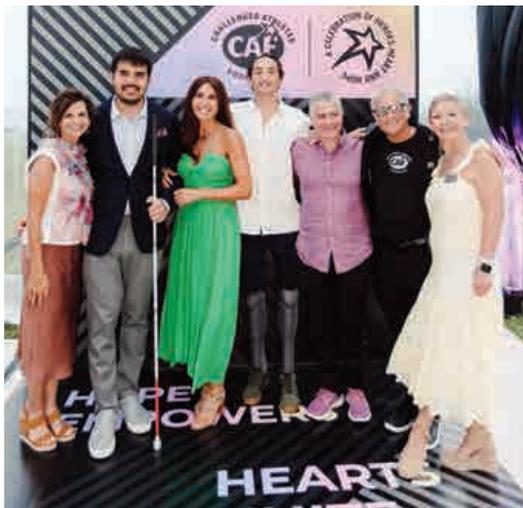
HEART & HOPE IN THE HAMPTONS

BY ROLISE RACHEL

On Friday, August 4, The Challenged Athletes Foundation (CAF) filled a tent in Bridgehampton with the most generous benefactors. Since 1994, CAF has raised more than \$159M and fulfilled over 44,000 grant requests to help persons with physical disabilities. CAF has funded over 104 different sports and has reached all 50 states and 70 countries. The gala also celebrates CAF's 30th anniversary and its leadership in the inclusive sports movement. CAF has created opportunities, provided resources, and transformed lives through empowerment and adaptive sports.

The room was touched by several heartwarming testimonials about the achievements of athletes with physical disabilities. The special guest of honor was 19-year-old Parker Byrd from North Carolina. Byrd lost his leg in a boating accident and is now the first D1 baseball player. Then 17-year-old Mia Emory from New Jersey took the stage. Mia excels at wheelchair basketball, track, field, and archery. Born with spina bifida, she serves as an example to her peers. The final testimonial was from a CAF grant recipient from New Jersey, Logan Marmino, who excels in both sports and entertainment.

Bob Babbitt, the founder, emceed the event. Notables included the CAF gala founder & chair: Scott & Emily Stackman; the host committee: Adam & Rachel Doneger, Michael Fisch, Stephen & Lindsay Kraus, David, & Amy Kriss, Tara Lipton, Richard & Christine Mack, John Pizzi, David Samson, Michael & Tamara Stark, Rob & Lesley Vecsler; the advisory board: Justin Model & Sari Schorr; the official event partners: Decco by Party Up, Arthur Golabek Flowers, Gefrom Productions, Keren Precel Events, and White Light Photo.



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KIMBERLY PAIGE BLUHM FRIENDSHIP LUNCHEON: ASPEN

Philanthropists Kimberly Paige Bluhm and Donna Slade hosted a Friendship Luncheon in Aspen at Casa Tua. “The idea was to slow down and recognize how important friendships are,” Kimberly said. “We wanted to uplift these women and to remember how fortunate we are to have each other.” Topics of conversation included Jazz Aspen and the Aspen Art Museum’s ArtCrush Gala, chaired by Jamie Tisch. Bluhm is on the museum’s National Council. aspenartmuseum.org



CANDACE STARK,
KIMBERLY PAIGE BLUHM



CHRISTY FERER, DONNA SLADE



WENDY WOGAN, MELISSA WIGHT,
JAMIE TISCH

NYC TV FESTIVAL FOUNDER ROBERTO RIZZO

Roberto Rizzo’s NYC TV Festival featured over 30 films. Winners included *Hot Angry Mom*, *Timeless Love*, and the documentary *UNDIVIDED: Pandemic with a Purpose* by director Richard Yelland. The film, which was produced by SOMOS Community Care founder Dr. Ramon Tallaj and Anel Pla, weaves together the story of non-profits, physicians, and brands (including Lysol). SOMOS is a network of over 2,600 NYC doctors that care for one million underserved patients. somoscommunitycare.org



DR. RAMON TALLAJ,
RICHARD YELLAND, ANEL PLA



CAROLINE JOHNSON, ROBERTO RIZZO



KATHERINE MCQUADE, R. COURI HAY

SOUTH FORK NATURAL HISTORY MUSEUM FOUNDER ANDY SABIN

Liev Schriber, +Body creator Julia Haart, and metal magnate Andy Sabin (who founded the South Fork Natural History Museum (SOFO), hosted SOFO’s annual gala, which benefited its environmental programs. The night honored Yvon Chouinard, Dan and Rae Emmett, Basil Seggos, and Annette Sabin. Guests included Carole Crist, the former First Lady of Florida; Sergio Nicolosi; and Milestone Scientific’s CEO, Arjan Haverhals. SOFO is the East End’s premier nature center. sofo.org



ANDY SABIN, LIEV SCHREIBER,
VIVI SHOU



JULIA HAART



SERGIO NICOLOSI, CAROLE CRIST

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TRAVEL

LONDON HIGH SEASON

By R. COURI HAY



R. Couri Hay is the travel editor and society columnist for this magazine. Couri began his career at Andy Warhol's Interview and he wrote for Town & Country and People. Couri also appears on CNN, PBS, FOX and VH1 commenting on Hollywood. He lives in NYC and Southampton and is the CEO of his own PR firm.



May, June, and July mark the high season in London, with the Chelsea Flower Show, Royal Ascot horseracing, Wimbledon tennis tournament and rich cultural offerings that include museum exhibitions, theater productions, and art fairs. The new Treasure House art fair was established by founders of the venerable Masterpiece London, which was discontinued in 2023. Obtaining entrée to such attractions takes planning, so here's my experience this year, a fall primer to help you plan your springtime visit – these events are all favorites of the royal family, and tickets do go fast!

CHELSEA FLOWER SHOW, MAY 21–24, 2024

The British love their gardens, and this Royal Horticultural Society (RHS) annual event never disappoints. Beginning in 1913 in a single tent, the flower show has grown through the years into perhaps the world's largest flower show. A staple on the royal calendar, the Princess of Wales, a.k.a. Kate Middleton, attended the show's first-ever Children's Picnic on

opening day in 2023. King Charles and Queen Camilla, Princess Alexandra, the Duke and Duchess of Gloucester, and Prince Michael and Princess Michael of Kent all followed suit. Princess Beatrice was on hand with her husband, Edoardo Mapello Mozzi, and Princess Diana's nieces Amelia and Eliza Spencer also stopped by.

Oh, and in addition to people-watching, there were more than 30 colorful gardens by master landscape artists from around the world, including twelve main show gardens and over 500 exhibitors to inspire your green thumb. [rhs.org.uk](https://www.rhs.org.uk)

THE ROYAL ASCOT, JUNE 18–22, 2024

The Royal Ascot races were actually founded by Queen Anne, in 1711, and to this day it's a must for the British royal family. It was a favorite of Queen Elizabeth's and this year her family members continued the tradition. King Charles and Queen Camilla attended all five days in 2023. Charles's brother Prince Edward, and sister, Princess Anne, and her husband, Timothy Laurence, were regulars at the races. The Prince and Princess of Wales, better known as William and Kate, put in an appearance, riding in a carriage together with William's cousin Princess Beatrice and her husband, Edoardo Mapello Mozzi. There were celebs, like Dame Judi Dench, and even more royals, too many to list here. King Charles's horse even won a race! Children under age ten are not permitted in the Royal Enclosure at Ascot, even the King's grandchildren are not allowed. Will wonders never cease!

And there were hats, naturally. In fact, the Royal Ascot has a strict dress code, so you may need to visit your tailor if you're attending: men must wear "a full morning suit with waistcoat



King Charles III, Queen Camilla



Princess Charlotte and Prince George

and either a black or grey top hat at all times,” and women need to wear hats, and dresses that cover their shoulders.

Membership in the Royal Enclosure at Ascot is by invitation only, requiring recommendation from two members. However, you may be invited as a guest of a current member, so start making friends among the upper-crust horsey set. You can also contact the American Embassy as they may be able to help you. New Yorkers at Ascot included SOMOS Community Care founder Dr. Ramon Tallaj and his wife, the hat designer Ines Hernandez, who wore one of the events most stunning confections.

WIMBLEDON, JULY 1–14, 2024

The tennis championships — the only ones played on grass courts — are also a favorite of the royals. They were all there in 2023, as at the above-mentioned events, but William and



Carlos Alcaraz, Novak Djokovic, Photo Credit: Twitter @Wimbledon

Kate also brought their young kids, Prince George and Princess Charlotte.

Wimbledon draws a lot of celebrities as well. Spotted this year: *Bridgerton* stars Nicola Coughlan and Phoebe Dynevor; Hannah Waddingham of *Ted Lasso*; plus Rachel Weisz and Daniel Craig, Lily James, Ariana Grande, Tom Hiddleston, Andrew Garfield, Nick Jonas, Hugh Jackman and Deborah-Lee Furness, Tessa Thompson, Emma Watson, and Idris Elba. Fab fashion is *de rigueur* at the matches, but there is no dress code, and hats are not required. wimbledon.com

TREASURE HOUSE ART FAIR & GALERIE GMURZYNSKA, JUNE 2024

The new Treasure House Fair stepped up to replace the former Masterpiece London, which was discontinued in 2023. Founded by two of Masterpiece’s original founders, Harry Van der Hoorn and Thomas Woodham-Smith, Treasure House is aptly named — its mission is to bring together the finest in all disciplines of collecting — fine art, furniture design old and new, sculpture, jewelry, clocks, and antiques. In fact, there is no limit or time period for what can be shown, so long as it is the best in its class.

Held at the Royal Hospital Chelsea, the inaugural show had about 55 dealers participating, including London’s Adrian Sassoon; D.C.’s Geoffrey Diner Gallery, renowned as a major dealer of works by George Nakashima; New York-based silver specialist S.J. Shrubsole; and Galerie Gmurzynska, a modern art dealer with locations in New York as well as Zurich and Zug, Switzerland. treasurehousefair.com

Highlights at Gmurzynska’s exhibit was a mix of Nouveau Realism, Surrealism and Pop Art by artists who had a decisive impact on the course of the 20th century. Proprietor Isabelle Bscher showed an extraordinary Yves Klein “fire painting,”

from 1961, and works by two of South America's major Surrealists, Chinese-Cuban Wifredo Lam and Chilean Roberto Matta, both of whose estates Galerie Gmurzynska represents.

She also included Marjorie Strider's pop-infused painting *Red Rose* (2010), notable as the centerpiece of an acclaimed retrospective for the previously underappreciated artist at Gmurzynska's New York gallery last year. Strider's bold experiments in male-dominated 1960s-70s New York had her push the boundaries of painting into the third dimension with her sculpture-like build-outs of pin-up girls.

Additionally, the gallery devoted a room to the photographer Johnny Pigozzi, who showed some of his large-scale portraits of his celebrity friends, including Mick Jagger, Keith Richards, and Kate Moss. Pigozzi, whom *Vanity Fair* credited with inventing the selfie, also showed some edgy underwater photography from his summertime home in Cap d'Antibes.

Another stellar piece was a large, abstract landscape by the Catalan painter Joan Miró. The piece has brought Michael Douglas's iconic role as the greedy and shady Gordon Gekko in the movie *Wall Street* back into the conversation with billionaire financiers and art collectors. Oliver Stone directed the 1987 film, which also starred Martin Sheen, Daryl Hannah, and Charlie Sheen, and featured the green-and-black Miró painting *Paysage* that Stone placed behind Douglas's character's desk. In the film, Douglas, as Gekko, says, "This painting here, I bought it ten years ago for \$60,000;



Isabelle Bscher, Johnny Pigozzi

now I could sell it today for \$600,000." Thirty-six years later, this piece of Hollywood history was listed for over \$10 million by Bscher's Galerie Gmurzynska. Douglas and Stone are probably ruing the day they didn't take the painting home from the set, now that the value has increased over 1,000 percent. The painting was also included in the recent Miró retrospective at the Nouveau Musée Nationale of Monaco.

gmurzynska.com



Princess Kate, Paul McCartney, Nancy Shevell

NATIONAL PORTRAIT GALLERY NEWLY RENOVATED

London's famous National Portrait Gallery is ripe for a revisit — it just reopened after a three-year renovation, the building's biggest transformation since it opened in 1896. And the changes start at the front doors, which now sport 45 carved brass panels representing "every woman, throughout time," by the artist Tracey Emin, who was commissioned for the piece.

Fortieth birthday portraits of the Princess of Wales — Kate Middleton — that were temporarily shown in various venues around the UK during the renovations, will be permanently hung in the space. These portraits are still quite new, as Kate is just 41 now.

Kate has a special relationship with the National Portrait Gallery, as it's one of her longest associations. She became the museum's royal patron in her first year as a member of "the firm." She did the honors, presiding over the grand reopening on July 4. Also present at the opening were Paul McCartney and wife, Nancy Shevell; the musician's extraordinary cache of never-before-seen photos from the earliest days of the Beatles' rise to fame are currently on display through October 23. Truly a must-see if in London. npg.org



Crazy for You, (below) Mike Faist and Lucas Hedges in *Brokeback Mountain*, and Channing Tatum as Magic Mike

WEST END SHOWS:

CRAZY FOR YOU,

BROKEBACK MOUNTAIN & MAGIC MIKE

I took in some extraordinary musicals. *Crazy for You* is a dream of magical dancing by the supremely talented double-threat Susan Stroman, who won her first Tony Award for choreography for this show's 1991 Broadway debut. Stroman, who has gone on to win a slew of Tonys, Oliviers, Drama Desk awards and others, also directed this production, which runs through January 20, 2024.

Brokeback Mountain stars Mike Faist and Lucas Hedges, who have both been in Oscar-nominated films, including, respectively, *West Side Story* and *Manchester by the Sea*. This sexy love story is about two closeted cowboys and pays homage to both the original novella by Annie Proulx and the screen adaptation, in which Jake Gyllenhaal and Heath Ledger played the leads, written by my former professor Larry McMurtry, who won an Oscar for his script. Faist and Hedges have some very hot make-out sessions on the stage that surprised some theater goers. Although the spectacular show had a limited run on the West End, it's rumored to be making its way to Broadway with the same stellar cast.



Magic Mike Live is another dance extravaganza, and it is immersive — like being at a club. Conceived and co-directed by Channing Tatum, it is not just the striptease show you'd imagine, it's also a dance spectacular with a feminist message. A critic summed it up nicely: "Trying to scribble in your notebook while dodging a pair of legs akimbo is not a typical problem in the life of a theatre reviewer." This is a fun evening, especially for a group of girls or gay men. The show, which is headed to Broadway next year, runs on the West End through June 30, 2024.



Spencer House

SPENCER HOUSE — PRINCESS DIANA'S FAMILY HOME

This is the house that love built, so it's understandable that couples Nicky Hilton and James Rothschild and exes Jerry



Princess Diana

Hall and Rupert Murdoch decided to have their respective wedding parties at Spencer House. This magnificent 18th century pile is owned by the late Princess Diana's brother, Charles Spencer, the 9th Earl Spencer, and is the last remaining private palace in London. It began in 1756 as a love nest by John, 1st Earl Spencer for his 18-year-old bride, Georgiana Poyntz. The couple married

secretly during a ball marking his coming of age at Althorp, still the Spencer family seat, where Princess Diana is buried.

The young lovers were both exceedingly wealthy. The diamond buckles on his wedding shoes were said to have set him back \$50K, so a proper house in town was called for. Lord Spencer chose John Vardy as his original architect, and he designed the exterior facades of the magnificent mansion. In 1758, Spencer switched directions and hired James "Athenian" Stuart, who created the astonishing neoclassical interiors with Greek details that remain today. The house was completed in 1766 and immediately declared one of the finest houses that had ever been built in London. In 1986, the financier Jacob Rothschild, 4th Baron Rothschild and a cousin of Nicky Hilton's husband, James, secured a 96-year lease and paid to restore the house, state rooms, and gardens to their original splendor. Lord Rothschild uses the house's upper floors as his offices. The late Queen Elizabeth and her prime ministers would go to Spencer House for quiet talks away from the gossips who lurk in the corridors of Buckingham Palace. The house's staterooms and gardens can be rented for private events, and it is open to the public on Sundays and should not be missed. spencerhouse.co.uk

THE CHURCHILL WAR ROOMS

The Churchill War Rooms, where the British government secretly ran the military affairs for World War II, is one of the



Angelina Jolie and Brad Pitt

most interesting sights in London. On a visit when they were married, Brad Pitt offered Angelina Jolie the chair from which Winston Churchill ran World War II from a bunker buried deep under London to escape Hitler's bombs.

Jolie settled into the wooden chair with a red leather seat and noticed that the ends of both arms were deeply gouged. As she ran her fingers over them,

Angie asked Phil Reed, then the director of the Churchill War Rooms, why they were damaged. He said, "The prime minister scratched the right one with his nails and the left one was scraped by the nervous pounding of his pinky ring over the ten months the Nazis attacked London and ran unchecked over Europe."

President Bill Clinton and Elton John have also made the pilgrimage to this historic site. The Cabinet Room originally belonged to Neville Chamberlain but was used only once during his tenure as prime minister, in 1939. iwm.org.uk

THE HARI HOTEL

I stayed at the Hari, in Belgravia, which is perfectly located, within walking distance of Buckingham Palace, Hyde Park,

and the high-end shopping in Knightsbridge, with stores like Harvey Nichols and Harrods. The 5-star hotel's ambiance, even in this glitzy location, feels like laid-back, clubby luxury, with exposed brick and bright blue velvet furnishings in the public spaces. The hotel's spacious second floor lounge, overlooking the park, has multiple secluded seating areas where you can read the papers or work on your computer uninterrupted. Order a yummy Caesar salad with chicken or shrimp or try the juicy burger served with terrific french fries. The bar serves Dom Ruinart Champagne, my personal favorite.

The service at the Hari is stellar; the professional staff responds to requests immediately, and they'll easily accommodate any personal preferences you may have. The gym has a Peloton bike, and the hotel has a fleet of bicycles that guests can borrow free of charge.

With 85 cozy rooms, including 14 suites and a swanky penthouse, the Hari has a chic boutique feel. The rooms have luxury features like marble bathrooms, jewel-toned furnishings, plants, and complimentary minibars. That said, all rooms aren't created equal here so be sure to request a large room or a suite with a view of the beautiful park. My top choice is the perfectly appointed penthouse.

Il Pampero, Hari's Italian restaurant, is a standout, with homemade pastas — my favorite is the *cacio e pepe*, simply divine — plus steaks and terrific desserts. They also serve a very good breakfast. thehari.com

CARI SWANSON'S WINDROCK FARM

HOME OF RED HORSE RESCUE

BY JOSHUA KOKENY



As your summer comes to an end, make your way up the Hudson River to experience a whimsical weekend getaway at Cari Swanson's Windrock Farm, home of Red Horse Rescue. Cari is an accomplished equestrian, a Hollywood horse trainer and USDF Silver Medalist who welcomes you to her beautiful home in the Hudson Valley — just twenty minutes away from the breathtaking Kent Falls State Park.

Upon arrival, you hear a symphony of whinnies greeting you to their new home where Cari has so graciously rehabilitated dozens of horses that are no longer able to work under rigorous conditions. Instead, Cari rehabilitates and trains the horses for film and production. You may have seen them in *Winter's Tale*, *White House Plumbers*, and the Cinemax series *The Knick* as well as numerous other productions. Listo, the famous Andalusian stallion and Bond, a Danish Warmblood have been seen in a stunning video display jumping and galloping across Ralph Lauren's windows as you walk down Madison Avenue.

Galivanting in their paddock on the 63-acre farm, Listo and his stunt double, Merlin, gallop over to see what all the excitement is about. You may feel a nuzzle from behind when Webster, the white donkey, stealthily approaches to greet you. The joy that you experience among these magnificent animals running through the rolling hills will make you forget about all your worries and cares. The farm is truly magical.

As Cari opens the door to her beautiful 6,000 square foot home, a river of Icelandic sheepdogs gregariously run over to you filling your arrival with nothing but joy and laughter. The front hallway is painted with scenes from the Hudson Valley to Manhattan. Set your bags down in one of her spacious bedrooms and prepare yourself a bite in her chef's kitchen where her stunning horse Lily would be happy to join you for a quick snack!

Make your way down to the barn and say hello to the kid goats and meet the beautiful horses. Always willing to join in on the parade, Bonnie and Clyde are two mammoth Berkshire hogs in a nearby paddock sending you their warm wishes.

Enjoy a lovely hack through the stunning countryside or visit the round pen training arena to see what the horses are diligently working on. It is here that Cari builds a connection of respect and trust with the horses. Witness the preparation that goes into training



the horses to appear in film and TV. You will meet the white stallion Listo who portrayed the "angel horse" in the 2014 Colin Farrell/Russell Crowe film, *A Winter's Tale*, and is featured in many fashion campaigns and films and was recently ridden by Andrea Boccelli in Central Park to promote his film, *The Journey*.

Saddle up on the stunning Hanovarian Luna for a light ride through the flowing meadows and rolling hills before you retire for the evening in the library. Light a fire under the mantle and explore hundreds of various topics from folk fiction novels to weathered diaries written over a century ago and learn what life was like in the Hudson Valley post world war era.

Through the beautiful oak doors, go down the foyer and enter the living room and listen to the sounds of a century old grand piano that has seen the likes of Liam Ó Maonlaí in full concert performing traditional Irish folk music. Before you head up to the guest bedrooms for a relaxing night sleep, be sure to ponder what a fulfilling life you could have in the beautiful Hudson Valley.

You will be forever changed once you experience the farm and you will understand Cari's motto, which is to live passionately, truthfully, and always believe in magic.

Cari Swanson
724 Bangall-Amenia Road, Amenia
cari@cariswanson.com

LES BORDES ESTATE

CHAMPIONSHIP GOLFING & LUXURY RESIDENCES IN FRANCE'S FAMED LOIRE VALLEY

BY ROBYN FREEDMAN



Les Bordes Estate, only a 90-minute drive south of Paris, has long been a golfer's paradise because of its elite, champion courses, and is now a world-class lifestyle destination, with an upscale, active community, connection to nature, and first-rate hospitality. The Loire Valley's rich history provides a stunning backdrop to Les Bordes Estate's Cour du Baron, customized single-family homes at one of the world's top private communities.

Les Bordes Estate — a 24-hour gated community — now has a limited collection of luxury residences designed by Michaelis Boyd Architects to honor the timeless history of Loire Valley. This idyllic area is among the most accessible regions to visit or own a second home for discerning residents and travelers from around the world. Multiple airports are nearby, including two private airports, and convenient helicopter landing and takeoff access is on-site. Homes will be available in fall 2023, and range from \$1.25M to \$6.5M for three-, four-, five-, six-, and seven-bedroom homes on estate sites ranging from one-half to more than two acres. The homes feature open-concept interiors, lush landscaping, and most have resort-style pools. Buyers can choose from a variety of facades, including stone, timber, and limestone.

Les Bordes Estate is a 1,400-acre luxury lifestyle community set within the Sologne Forest, a UNESCO site. Championship golfing includes the Old Course, designed by

Robert Von Hagge as well as the New Course and The Wild Piglet (a 10-hole short course), both designed by the esteemed Gil Hanse. Also available is The Himalayas, a putting green.

The property includes The Clubhouse, recently redesigned by Michaelis Boyd Architects. This members-only club is open by invitation to homeowners in France and those who own homes in Cour du Baron.

Les Bordes Estate Cour du Baron's next phase will add additional family-friendly facilities, including restaurants, a café and juice bar, organic farm, event space, gym, wellness amenities, and Le Village, which will serve as a community gathering place for relaxation and socialization.

The longest wine route in all of France, the Loire Valley was home to numerous royals and aristocrats beginning in the 9th century. The Loire Valley today includes medieval towns, hundreds of majestic châteaux, lush vineyards, verdant farmland, gorgeous gardens, and culinary artistry. Quaint towns filled with fine boutiques and 15 Michelin-starred restaurants are all within a short drive of Les Bordes Estate.

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homes@lesbordesestate.com

Jack.Laws@lesbordes.com | +33 2 36 65 96 96

SONEVA FUSHI AND SONEVA JANI

UNPARALLELED PARADISE OF BAREFOOT LUXURY

BY IRENE RANCHE



Sonu and Eva Shivdasani

One of the most sought-after destinations for travelers seeking an ultra-luxe and rare experience, the Soneva resorts in the Maldives will joyfully knock you off your feet with nature's magnitude, mystery, and enchanting beauty. Just ask Gwyneth Paltrow and countless other celebrities who regularly flock to Soneva to lose themselves in an experience that will pamper and tickle their souls for a lifetime.

(water), your stress begins to melt away. Resort staff grab your luggage and insist you remove your shoes on the short boat journey to the island. From there on in, and all over the property, you are encouraged not to wear shoes. Their no news, no shoes philosophy is all about disconnecting from the stresses of daily life and reconnecting with the earth, with the sand between your toes.

STORY BEHIND THE NAME

"Soneva" combines the names of the resort's owners, Sonu Shivdasani and his wife, Eva Malmström Shivdasani.

Sonu and Eva fell in love with the spirituality of the Maldives while vacationing there over three decades ago. In 1991, they bought an abandoned island in the Baa Atoll (now a UNESCO biosphere reserve) and opened Soneva Fushi in 1995. It was the first luxury and environmentally friendly resort in the country. In 2016, they opened Soneva Jani. Although on neighboring atolls, each offers a different experience.

BAREFOOT LIVING ENCOURAGED

Taking a seaplane from Malé to the property is a fitting prep session for what you are about to experience. You can see many of the almost 1,200 small islands dotted across the 541 miles of Indian Ocean and the turquoise waters sparkle around the small shapes below, some with over-water bungalows surrounding the land.

As soon as you exit the seaplane onto Soneva's "international airport" (a floating dock on the



Soneva Fushi



Soneva Fushi - Nine Bedrooms Villa



Soneva Fushi - Fresh in the Garden Restaurant



Soneva Fushi - Out of the Blue Restaurant

SONEVA FUSHI

The original barefoot hideaway, this resort is extreme comfort du jour. A sustainable ecosystem of lush jungle, pristine beaches, and crystalline waters, this resort is a natural treasure with 53 island villas within a verdant expanse of rich jungle. All are just steps from the beach and most have their own pools. Among the largest of their kind in the world, the eight Water Reserves have a terrace with a private pool and water slide right into the ocean! You feel like you're in the jungle with bird calls and wild rabbits running around. They even have ziplining, an activity not usually available at a beach resort. And the food at both Soneva Fushi and Soneva Jani is

simply spectacular, with local ingredients and endless options, regardless of your dietary restrictions. The chefs go out of their way to curate food that literally makes you happy. And your personal Barefoot Guardians (personal butlers) make every moment of your stay run smoothly.

There are also bunnies hopping all over the island. Yes, bunnies! Abdulla Kudafari helped create Soneva Fushi 32 years ago. Kudafari brought a pet bunny to keep him company on the island and one day he discovered some baby bunnies hopping around. His beloved pet was the ancestor of all the bunnies that live at Soneva Fushi today.

SONEVA JANI

Inspired by the Sanskrit word for wisdom, Soneva Jani is nestled within the tranquil waters of the Noonu Atoll, where sun-drenched blue skies and azure seas stretch out in every direction. One of the world's lowest density resorts, it has just 51 over-water and seven island residences, the largest and most luxurious villas in the Maldives, each designed for ultimate privacy, space, and breathtaking ocean views. Relax in an iconic Water Villa or Island Villa for the ultimate indulgence.

Luxuriate in pristine white sands, turquoise waters, fragrant air, and spectacular sunsets. You'll see tons of tropical fish and giant turtles all over the island (you need to watch out for them while bike riding, which is one way to get around as well as get some exercise) on both properties. You'll find the center of the island covered in mangroves, which happen to be homes to the white-breasted waterhens, locally known as kanbili, a bird found in abundance across the Maldives.

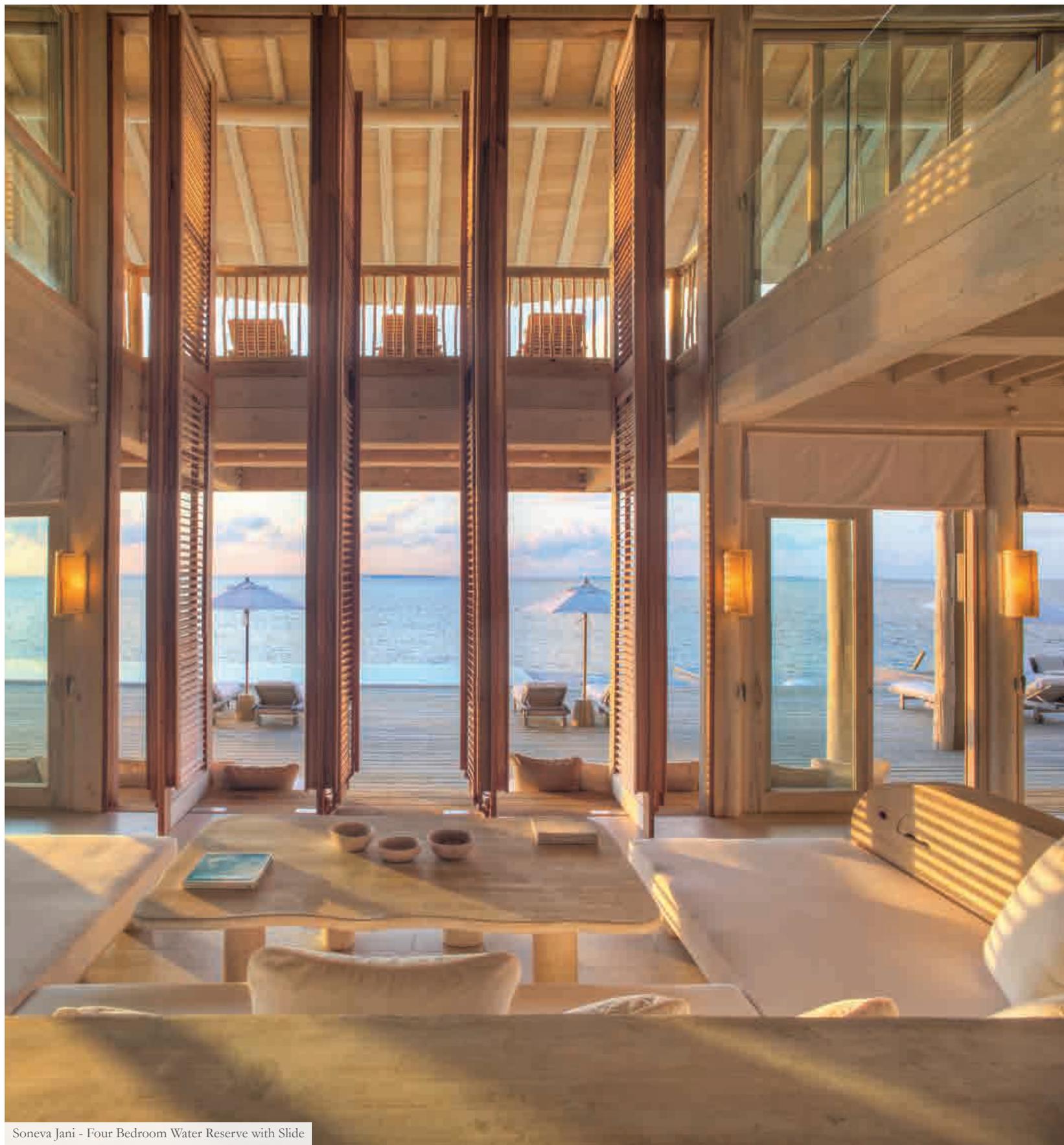
They also have the most spectacular kids center I've ever seen at a resort. Called "The Den," it's an inspiring playground for young imaginations, and one of South Asia's largest children's zones. Accredited by Worldwide Kids, The Den offers endless hours of fun for young Sonevians, with a soothing sensory room for toddlers; areas for music, Legos, dressing up and creativity; and even a hidden hangout for teens. Kids can glide through the cascading waterfall on a zipline, plunge into the vast 1,668-square-foot swimming pool from the waterslide, dance along the musical floor, or show off their skills on the skateboard ramp or in the games room. Your kids may never want to go home!

SERIOUS ABOUT SUSTAINABILITY

Central to Soneva's philosophy is reducing environmental impact. From integrated waste management (80% of waste is recycled on the island) to using local ingredients to avoid



Soneva Jani - Two Bedroom Water Reserve with Slide



Soneva Jani - Four Bedroom Water Reserve with Slide



Soneva Jani - Cinema Paradiso

imports, bottling water on site, employing a marine biologist, operating a zero-waste vegan restaurant that is based on raw food concepts, Soneva takes sustainability seriously. Soneva introduced solar power to the Maldives in 1988, which decreased the cost of fossil fuel by half, and now it aims to operate on renewable energy by 2047.

The resorts' guiding principle is to create an innovative and enlightening SLOW LIFE (Sustainable-Local-Organic-Wellness Learning-Inspiring-Fun-Experiences) for guests — combining luxury, wellness, and sustainability. It's as they call it, "intelligent luxury."

In 2008, Soneva introduced a 2% environmental levy on all stays. This goes towards the Soneva Foundation, which invests in a variety of projects that have a positive environmental, social, and economic impact, offsetting direct and indirect carbon emissions, such as resort activities and guest flights.

SONEVA UNLIMITED

The good news is that Soneva recently expanded its indulgent all-inclusive Soneva Unlimited offer across its portfolio of award-winning luxury resorts. With all services and experiences included in the daily rate, guests staying at Soneva Fushi and Soneva Jani in the Maldives and Soneva Kiri in Thailand can now endlessly enjoy every facet of the resorts to their heart's desire.

This includes unlimited dining and alcoholic and non-alcoholic drinks across all bars, restaurants, and in-villa dining as well as exclusive dinners with award-winning visiting chefs and fine wines from the Soneva Unlimited list. The offer also extends to experiences ranging from water sports and adventures to Soneva's signature Conscious Experiences and invigorating spa treatments and healing therapies by visiting world-renowned specialists. Also included is daily laundry service and daily replenishment of the in-villa minibar.

Further enhancing their return on life, Soneva villa owners at Soneva Fushi and Soneva Jani can now also opt to indulge in Soneva Unlimited every time they visit. Soneva Villa Ownership is the first and only company to offer real estate to foreign buyers in the Maldives and combines Soneva's world-leading hospitality with a luxurious home-away-from-home nestled within the natural splendor of the Indian Ocean.

The all-inclusive Soneva Unlimited offer is priced at \$880 USD per adult, per day and \$440 USD per child, per day at Soneva Fushi and Soneva Jani in the Maldives. At Soneva Kiri in Thailand, the offer is priced at \$710 USD per adult, per day and \$355 USD per child, per day. The daily rates for Soneva Unlimited are applicable to all guests staying in the same villa.

Soneva
soneva.com



Soneva Fushi - Organic Gardens

“We believe luxury is about eating a freshly picked salad grown in our organic garden, al fresco with a beautiful view, walking barefoot with sand between your toes, (‘no news, no shoes’ policy), or watching a movie under the stars. Experiences change lives, and often luxury is a more sustainable, healthy option.”
 Sonu Shivdasani, Soneva founder & owner



Soneva Jani - Observatory

The Soneva Philosophy

Inspiring a Lifetime of Rare Experiences

If ‘luxury’ is defined as a rarity, then in today’s society that means peace, time and space. At Soneva, our unique experiences are in keeping with our interpretation of luxury. Real luxury is about feeling the sand between your toes or enjoying dinner under a canopy of a billion stars. It is about reconnecting with oneself and the natural world, and so the experiences we create for our guests are as far removed from the urban environment as possible. We intend to provide real luxury and rare experiences that strike a chord in our guests’ hearts.

THE RANCH ITALY

CONNECT, ALLOW AWARENESS & GET A LITTLE DIRTY

BY JOSEPHINE MORGAN



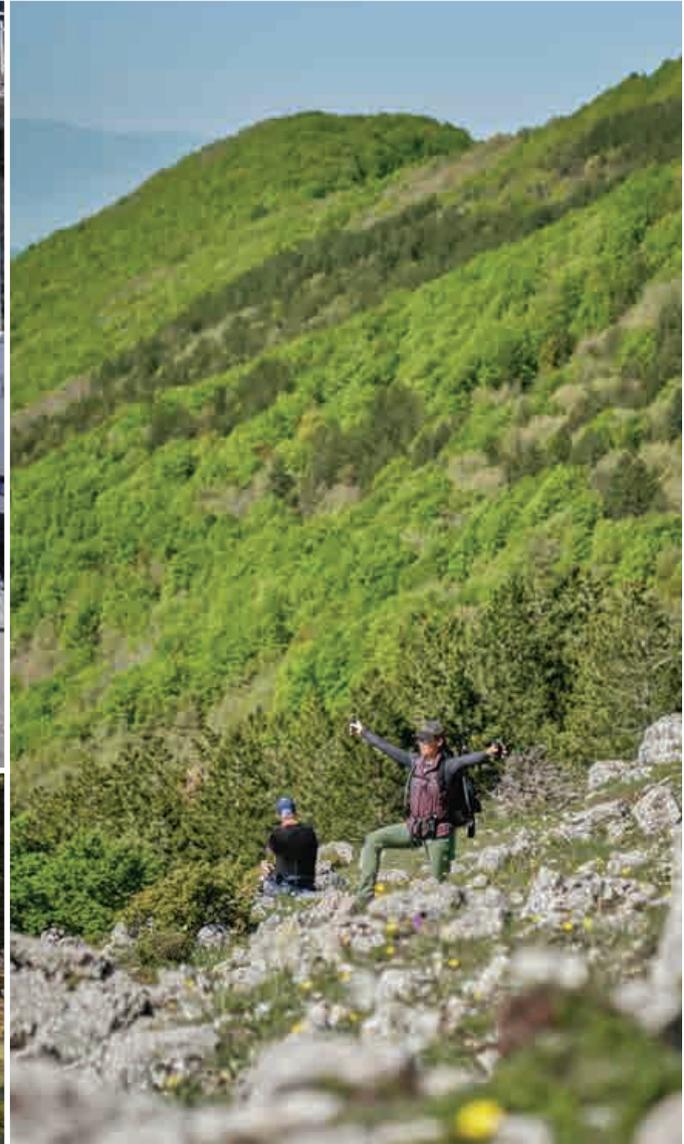
With Leonardo da Vinci airport in the distance, I embarked on an hour-long journey to the world-renowned, multi-award-winning Malibu health haven, The Ranch, hosted at the enchanting medical wellness retreat Palazzo Fiuggi. The transition from the industrial outskirts of Rome to the warm stone and wood homes painted in shades of yellows and terracottas felt like stepping into a painting that captured the very soul of Italy.

Fiuggi, a charming town renowned for its mineral-rich, healing spring water, acqua di Fiuggi, has been, since the 14th century, a haven for wellness seekers, including popes and Renaissance masters — among them Michelangelo. The Palazzo Fiuggi, a majestic Art Nouveau villa surrounded by lush gardens, stands as a testament to the town's legacy of healing. Built in 1910, this historical palace has witnessed royalty and artists and even served as a wartime headquarters. In 2021, a transformation blended the palace's timeless elegance with

cutting-edge wellness, merging diagnostic technologies and holistic therapies.

Checking in was a glorious surprise as the room was flooded with natural light, and contemporary design aligned with the Liberty-period provenance of the historical building. In line with my penchant for five-star extreme comfort, the bed was unbelievably cozy, and I was offered a list of pillow types to choose from — feather down for me, please!

As I delved into The Ranch program, it was like stepping into an alternative universe. The other ranchers resided in all corners of the globe, from New York to Los Angeles and London to Stockholm, to name a few, and ranged in age from 18 to 60. The Ranch Italy offers a seven-night signature course and a shorter four-night option. I chose the latter, making wellness manageable for my hectic home and work schedule. Starting with comprehensive health assessments, the program kicks off with an ECG test and weight and body measurements to track progress.



We also received diagnostic testing, a blood panel, and a consultation with one of Palazzo Fiuggi's doctors.

Each day began with a stretching class in a private room with a wall covered in ranch values, reminding us to "connect," "allow awareness," and "get a little dirty." Then on to a nutritious breakfast, including delights like delicious homemade granola and seed bread with almond butter and jelly.

The heart of the experience was the daily hike, a core element of The Ranch Italy adventure. Guided by local experts, we scaled elevations of over 6,000 feet as we traversed the Apennine Mountains that surround the Lazio region, all with

trails designed to challenge ranchers of different fitness levels. The hikes revealed the region's landscapes in all their glory, from historic archways to ancient forests, open meadows, val-

leys, and streams to hilltop hamlets, medieval villages, and ancient monasteries.

The choice of guided hiking trails was genius, catering to individual abilities and showcasing the region's diverse landscapes. Some of the super-fit ranchers moved so quickly that they extended their hikes to farther spots. I, on the other hand, was jet-lagged and struggled to keep up. The staff stayed by my side, ensuring I felt included and capable throughout my journey.

"The Ranch Italy was an unforgettable wellness adventure. Get prepared for 1,400 calories a day, no caffeine or alcohol, 6 a.m. wake-up calls, four-hour challenging hikes, fitness classes, yoga, and thank the heavens — daily massages! I promise you'll feel like a superstar at the end of the program."

**Recent rancher at Ranch Italy program,
from Sweden**





This support itself makes me sing the highest praises for The Ranch Italy staff. They're legitimately remarkable.

From historic pilgrimage routes adorned with architecture to verdant forests, each hike was a journey of spiritual immersion. After hiking for four hours, to replenish our energy, we devoured nutritionally dense plant-based meals prepared by the 3-star Michelin chef Heinz Beck and his Palazzo Fiuggi culinary team. Afternoons were a mix of activities — strength and core training, restorative yoga, and rejuvenating massages. Daily massages, which are included in the program, are the perfect and much-needed way to replenish your sore and tired body. Palazzo Fiuggi's spa and fitness center, boasting an indoor-outdoor pool and outdoor Jacuzzi with Fiuggi Old Town views, was also a perfect place to unwind.

Evenings were about relaxation and reflection, as we gathered for dinner with flavorful dishes like cauliflower pizza and zucchini noodles. They email you the recipes so you can continue eating well at home.

Throughout the program, The Ranch team's unwavering support was like a guiding light, leading us towards the

culmination of our journey. They were easily accessible, patient, and eager to go out of their way to support us in any way we needed. We could call, email, or text them, and they were there for us.

Then on the last full day, it was time for results. Muscles were re-measured, weights discreetly noted, and consultations shed light on our overall health. The Ranch Italy celebrated not only immediate achievements but also equipped us for sustained wellness beyond our stay. As the program closed, we were encouraged to write letters to our future selves, sealing our commitment to enduring wellness.

The Ranch Italy is an immersive and transformative program that gives guests a more complete picture of their overall health and longevity. The goal is for ranchers to depart with a greater sense of self, feeling rested and rejuvenated, having lost weight while gaining muscle. I am living proof of this! And whether continuing the wellness path or indulging in Rome's culinary delights, the impact of The Ranch Italy will undoubtedly endure. I can't wait to try the next program.



THE RANCH VAIL POP-UP

Speaking of which . . . for those of you who want to stay stateside, The Ranch is offering a pop-up program in Vail, Colorado, this fall. Amid the majestic mountains, in a secluded enclave of the Vail Valley, The Ranch Vail will feature The Ranch's signature fitness and nutrition program and will be exclusively offered at The Ritz-Carlton, Bachelor Gulch from September 3 to October 27. So book your spot now! The five-night, six-day (Sunday to Friday) experience features a structured daily schedule that mirrors The Ranch's signature offerings, in the natural splendor of Colorado's famed peaks. In this extraordinary mountain environment, guests participate together in a results-oriented program that features a daily schedule of a four-hour morning mountain hike, nap time, afternoon strength and core training class, restorative yoga, and a daily massage. To complement the active schedule, Jasper Schneider, the executive chef at The Ritz-Carlton, Bachelor Gulch collaborated with The Ranch Malibu's executive chef, Meredith Haaz, to develop a nutrient-dense, plant-based seasonal menu featuring locally sourced organic fare.





Nestled in the heart of the Vail Valley, The Ritz-Carlton, Bachelor Gulch offers the perfect setting for a nature-inspired, Rocky Mountain escape. In late 2022, in celebration of its 20th anniversary, it went through an extensive renovation and refurbishment of all guest rooms, suites, and common areas for an elevated guest experience. In The Ranch program, guests stay in private accommodations featuring spacious rooms with special touches such as separate tubs and showers, detailed millwork, Egyptian cotton Frette linens, and breathtaking mountain or valley views. To maintain an intimate setting, Ranch guests enjoy fitness classes, yoga, and meals in private spaces. The idyllic location also allows access to hundreds of miles of spectacular trails in the Bachelor Gulch area, Beaver Creek, and the White River National Forest, just steps from the property or a short drive away.

During their stay, guests will also have the opportunity to relax in the resort's 21,000-square-foot spa, complete with relaxation lounges, steam rooms, dry saunas, hot and cold plunge pools, and a stone-lined coed grotto. Outdoors, guests can calm their minds in the natural surroundings or in one of the

property's three Jacuzzis or large heated pool.

The Ranch Vail is offered at a starting rate of \$6,600 per person for double occupancy and \$7,800 for a single room and includes daily guided hikes, fitness, and exercise classes, daily massage, spa access and preferred rates on additional treatments, private accommodations, \$100 laundry credit, all meals, and some evening elective nutrition talks, and airport transfers to and from Vail's Eagle Valley Airport for Sunday's early afternoon arrival and Friday morning's departure. Upgrades to a one-bedroom suite are offered at \$7,800 for a double occupancy and \$9,500 for a single room, based on availability.

The Ranch
 888.777.2177 or 310.457.8700
 guestrelations@theranchmalibu.com
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 theranchmalibu.com

JETSETTER STYLE

FOUR SEASONS HOTEL DES BERGUES

GENEVA

BY GREGORY DELLI CARPINI JR.
PHOTOGRAPHY BY LORENZO VINTI



Looking for a tranquil escape in the center of Geneva? Head to the beautiful Four Seasons Hotel des Bergues. The pristine property offers something for everyone and stands as the epitome of luxury and modernity.

From gorgeous interiors to delicious food, inspiration is everywhere. Partake in conversation and laughs over Italian gastronomy at Michelin-starred Il Lago before retreating to your Pierre-Yves Rochon–designed room for a perfect night’s sleep. The hotel also offers inventive Japanese-fusion Nikkei cuisine at the trendy rooftop oasis offering superb views of the city and the lake.

A sophisticated fusion of minimalist design and opulent comfort, the hotel’s interior showcases a symphony of muted tones and bold accents. With enchanting views of the lake and the snow-capped Alps in the distance as well as the Old Town, Geneva’s first hotel remains the first choice of the most well-versed travelers. Disappear from it all and unwind with a treatment at the rooftop Spa Mont Blanc. The tranquil spa boasts an impressive pool, a rarity in a Geneva hotel. Enjoy select treatments, including brands like Biologique Recherche, Dr Burgener, Subtle Energies, and Swiss Perfection.



Set on the tranquil shores of Lake Geneva, Four Seasons Hotel des Bergues offers the perfect base to enjoy a memorable family holiday. Indulge in open-air activities, including water sports, refreshing mountain hikes, and other enchanting experiences.

Combine physical exercise with an educational hike, learning how to recognize edible alpine flowers and how to use them in cooking. Accompanied by an experienced coach, nature lovers can reconnect with the great outdoors on a revitalizing walk, taking in views of the water and surrounding mountains before returning to the glittering city.

The Four Seasons Hotel des Bergues Geneva redefines luxury, offering an unparalleled experience where sophistication meets innovation.

For more information and to book a stay, please head to fourseasons.com/geneva

JIM SEGRAVE

CEO OF flyEXCLUSIVE

BY BENNET MARCUS



THE ULTIMATE IN PRIVATE JET SERVICE

It's no surprise that flyExclusive, the ideal membership service for those who travel by private jet, has become No. 5 in the world in just eight years since its launch in 2015. While founder and CEO Jim Segrave chalks some of it up to luck, he is an industry veteran, having sold his previous company to Delta Airlines in 2010.

As soon as his five-year non-compete clause expired in 2015, Segrave launched flyExclusive, and the company now has more than 95 jets in its fleet, with more on the way, and its IPO on the New York Stock Exchange was imminent when we spoke with him for this article in July.

“Basically, I made every mistake you could think of [with the previous firm] and I tried to learn from those and make fewer of them this time, and that's allowed me to grow the business a little faster,” Segrave said. “It's been a fun, incredible ride doing this.”

OUTSHINES COMPETITORS

flyExclusive's airplane fleet is fully owned or leased, unlike other companies in the business. Their own pilots fly the planes, the company's own technicians maintain and paint the crafts, and in-house experts refurbish interiors. “Our structure allows us to control the customer experience, and to really deliver a premium service that works well for the customers and for us,” Segrave explained.

“Many other companies rely on third parties or brokers that sell trips and then go out and procure aircraft from people like me,” he added. “It's just not the same level that you get with an operator that operates and fully controls their fleet.”

DIFFERENT SIZE PLANES FOR ALL NEEDS

Jet Club membership guarantees access to flyExclusive's fleet of light, midsize, and super-midsize airplanes. You can select the size that works best for each flight.

Flying a light jet to Aspen from the East Coast, for example, will likely require a fuel stop. Those flying for leisure may even prefer a chance to get out and stretch their legs, while people traveling with larger parties or young kids may opt for a larger plane to go straight to their destination.

With worldwide certification, flyExclusive provides private jet service in the Americas, the Caribbean, Europe, Asia, and elsewhere around the globe.

MEMBERSHIP OPTIONS; FRACTIONAL OWNERSHIP

The standard Jet Club membership requires a minimum \$100,000 deposit. The company recently launched a new Platinum tier starting at \$150,000, available to only 100 members, that standardizes all costs, with no monthly membership fees, pre-set hourly rates, and no peak or high-demand premiums.

Platinum Jet Club was actually spurred by customer requests, people who fly often at peak times, like Thanksgiving or high season for certain locations and don't want surprises like fuel price surcharges. “There's so much volatility.



Our customers have the locked-in pricing that they're really looking for," Segrave said.

With fractional ownership, you're buying a share of the airplane; you have equity as a part owner. Flight prices are a bit lower, and you may be able to write off depreciation of the asset. "It's a great option," said Segrave. "You're also getting our brand-new airplanes that will start being delivered in September."

RECENT BUMP

"Once you fly on a private airplane and enjoy that convenience and the efficiency, speed, flying direct to where you want to go, on the schedule you want to fly, with whom you want to fly, it's very difficult to stop," said Segrave. The airlines, he feels, with lots of cancellations, overcrowding, staff shortages and limited flexibility, have been one of his best salespeople. "It's been very good for the private aviation industry."

NEW TRAINING CENTER, HQ, IPO

Headquartered in Kinston, North Carolina, flyExclusive is in the process of building new corporate offices and a new training center, bringing pilot training in-house with their own simulators. Training on-site eliminates bottlenecks, helping to grow the business, as finding slots for pilots is challenging in the industry these days.

Segrave is the sole owner. There are no private equity investors, and he will continue as chairman of the board and CEO after the IPO, and the expert staff will remain in place. He said, "I will still, after going public, own the majority of the business. We're not changing our model or culture or what got us here, and we don't have any intentions of going and buying a bunch of operations and fragmenting the business. We'll pretty much just stick to what got us here and continue along that path."

flyexclusive.com | Jet Club & Retail Charter: 833.359.2582

SCOTT BENNETT & DAWN BENNETT-FORGIONE

SOUTH FLORIDA REAL ESTATE EXPERTS

BY ROLISE RACHEL



The Property Siblings, Dawn Bennett-Forgione and Scott Bennett, recipients of the prestigious Lang Realty Diamond Award, have taken South Florida real estate by storm! In a few short years as partners, the Property Siblings have worked their way to the top of the South Florida real estate industry, after extensive experience in sales, leasing, and rentals of over 5,000 properties.

Scott joined his sister in Florida, in December 2020, after he left a highly successful NYC commercial real estate career to take advantage of what he rightly believed to be a major South Florida real estate boom. “My brother Scott has been a wonderful addition to the business as we both complement each other’s skill set,” says Dawn. Scott prides himself in servicing his clients’ specific needs and using his adept negotiating skills to make them the most advantageous deals. “Moving to Boca and joining Dawn at Lang Realty has been one of the best decisions of my life — both professionally and personally,” says Scott.

Dawn has 25 years of real estate expertise, is accredited as a Seniors Real Estate Specialist (SRES) and is a longtime member of the Boca Chamber of Commerce. Her compassion for her clients and tenacity stand in her persistence in finding the perfect property. As a breast cancer survivor, Dawn actively leads fund raising for the American Cancer Society.

Together, the Property Siblings take pride in assisting their clients with every detail during the overall process. From south of Fort Lauderdale to north of Palm Beach, the Fairways to the ocean, they have maximized their local, long-standing relationships with all relevant professions and trades that today’s customers depend on to assure a smooth transition. Be it luxury condominiums, waterfront residences, new construction, country club communities, or active adult neighborhoods, you can count on the Property Siblings for their knowledge and tireless work ethic.

Lang Realty | The Property Siblings | propertysiblings.com

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W.A. SCLIGHT ARCHITECT



The Hamptons New York Florida

3D Rendering, Architectural Design, Architectural Drawings, Attic Conversion, Barn Design & Construction, Basement Design, Basement Remodeling, Bathroom Design, Building Design, Deck Design, Energy-Efficient Homes, Floor Plans, Garage Design, Green Building, Handicap-Accessible Design, Historic Building Conservation, Home Additions, Home Extensions, Home Gym Design & Construction, Home Remodeling, Home Restoration, House Plans, Kitchen Design, Kitchen Remodeling, Laundry Room Design, Modular Home Additions, Mudroom Design, Multigenerational Homes, New Home Construction, Passive Solar Heating & Cooling, Pool House Design & Construction, Prefab Houses, Rooftop Deck Installation, Space Planning, Staircase Design, Sustainable Design, Tiny House Construction, Universal Design, Custom Homes



BILL SCLIGHT

A HAMPTONS ARCHITECT DESIGNING WITH INTENT

By JONATHAN VALDEZ
 PHOTOGRAPHY BY MARSIN MOGIELSKI



If you think the home furnishing and accessories store Homenature, located at 19 Pond Lane in Southampton, blends in effortlessly with its surroundings, there is a good reason why. Intent. The esteemed and award-winning Hamptons architect Bill Sclight designed and executed the space to pay homage to the traditional white storefronts that Southampton has become known for, while also paying special attention to what makes the building unique.

According to Sclight, the Homenature structure dates back to the 1920s, back when the end of Jobs Lane was known for car dealerships and chauffeur hang-out spots.

The retail structure was originally a space used to sell cars. “When we started to do the demolition on the building, we found an old car door in the rafters,” Sclight said. He explained that while the structure had good bones, it was essentially torn down, although some of the repurposed steel beams were used for the new building.

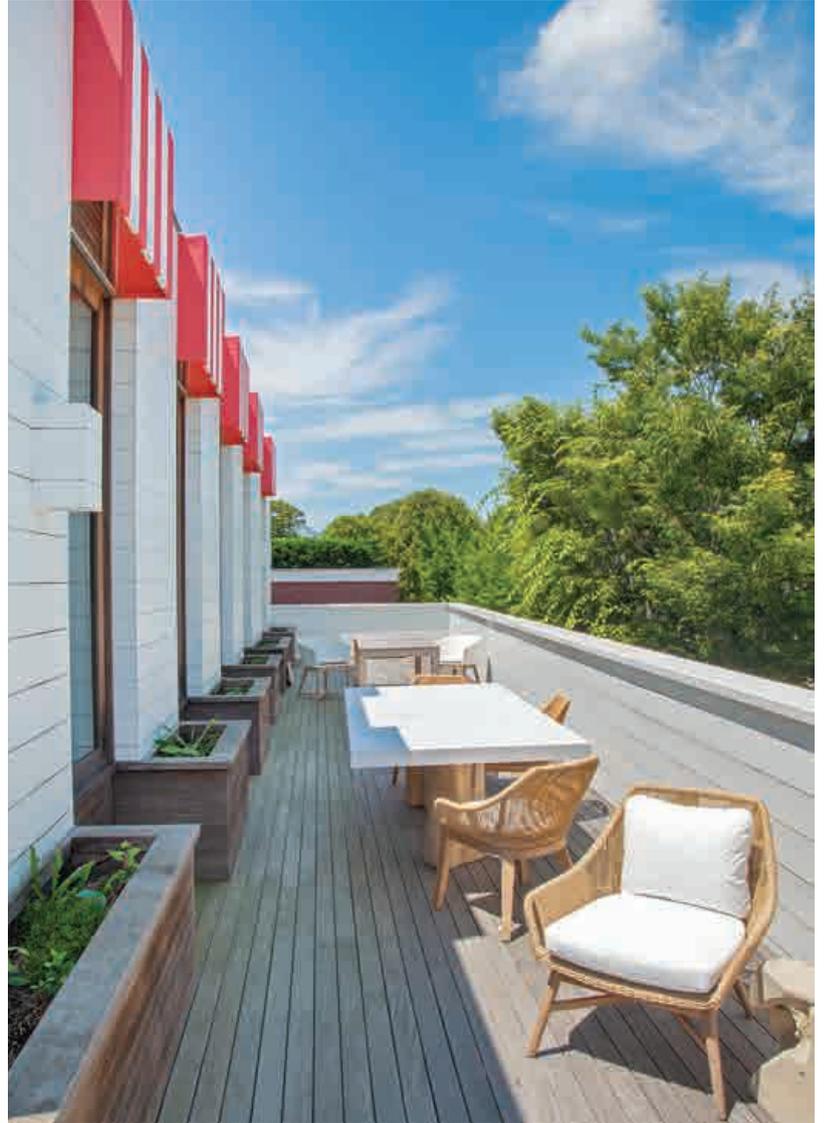
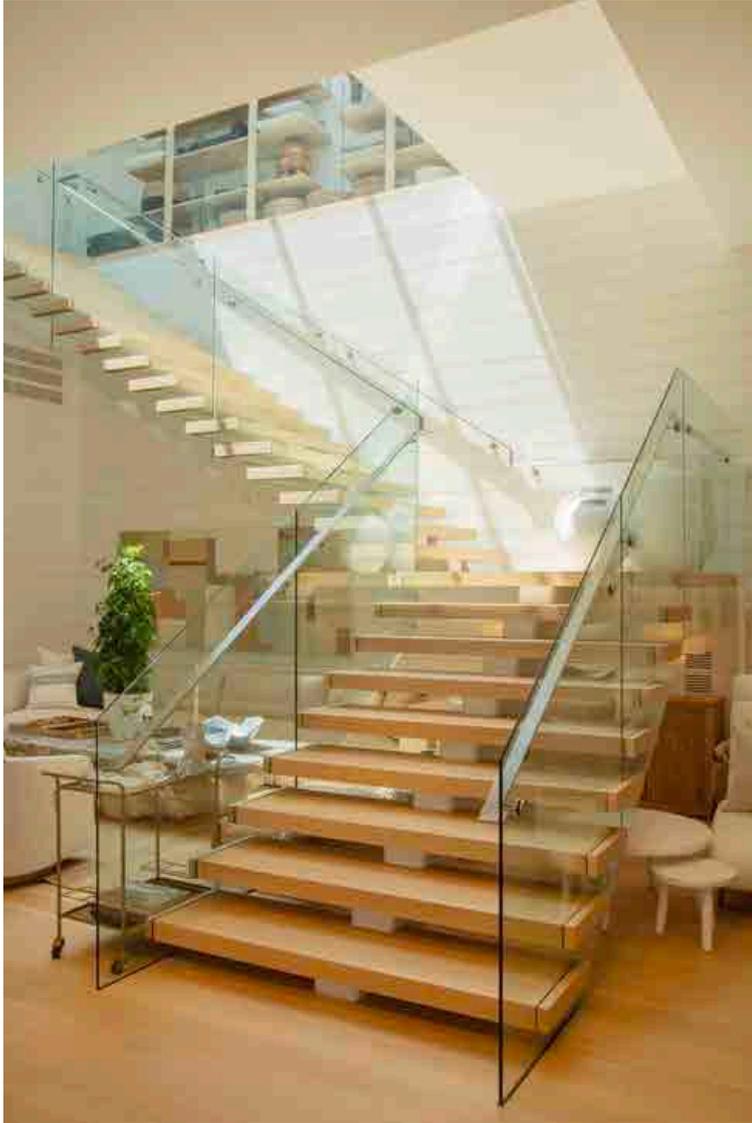
The project was a collaborative effort between Bill Sclight and Homenature’s owners, John Heilmann and Tim DiSalvo. Sclight listened to what they wanted, and then honed and executed his clients’ vision, ultimately making their dream come true.



Photo Credit: Paul Domzal Edge Media

Staying true to Heilmann and DiSalvo's vision, the store design incorporates materials that are used in the home furnishings and products found at Homenature. For example, Sclicht used teak wood for accents around the space and light yet warm maple for the wood floors. These elements combined with the stunning steel-and-glass staircase located at the back of the store truly invite customers and guests in, allowing them to naturally flow to the back of the store for an elevated retail experience that reflects the essence of being out East.

Calling the Hamptons home since 1985, Sclicht loves to honor the history of the Hamptons in his design aesthetic, referencing the strong beach community and noting that historically a main priority for people who travel out East is taking advantage of the breathtaking beauty of nature. That is why the store features a dramatic glass-wrapped corner to truly highlight the exterior view of Monument Square and Agawam Park, giving consumers an open feel that alludes to the beach lifestyle. For Sclicht, it's not just a window but rather an access point to the great outdoors of the Hamptons.



The Homenature building also boasts an outside roof balcony that suggests a perfect spot for evening cocktails in summer.

Making sure things flow to ensure a vision comes to life is something that comes natural to Bill Slight. Architecture is a profession that he transitioned into after his days of being an editor at such prestigious publications as the *New York Post* and the *New York Times*, where he worked as an editor for the iconic *Styles* section as well as the *New York Times Magazine*. “I used to stand beside Rupert daily making sure that the paper closed,” Slight said. It’s no wonder that Slight’s keen eye for detail makes a plethora of former clients recommend him for projects and real estate professionals call upon him for reconstruction and revamping of properties — both residential and commercial.

Working directly with clients is one of Slight’s favorite parts of the design process. When working with a client on a residential space, it is imperative for him to get key information, like family size and how often they like to host guests. A big part of



Photo Credit: Marsin Mogielski

having a house in the Hamptons is using it to entertain friends and family from near and far. Slight also enjoys seeing his ideas and drawings come to life. He says he finds it gratifying to see hard work leading to happy clients.

When you are building in a place as special as the Hamptons you want someone who not only has a wonderful eye for aesthetics but also understands and respects the history of the area. Someone who will take the time to understand the

importance of space, flow, lighting, and visual appeal to create an elevated, chic yet cozy environment that is unique to the land that it is built on. When you look at a design like Homenature, and deep dive into the small details that make it unique, you then understand why working with an architect like Bill Slight is so important. Someone who is excited to design, curate, and build the future of the Hamptons with not only with style, but with intent. **waslight.com**

BSQUARED PROJECTS

ART INITIATIVES FOR THE EAST END

BY MAGO



Bethgayle Coplan at the Preston Douglas Studio, Brooklyn



Preston Douglas, *Infinite Blessings*, 2023, dye sublimated charmeuse, three zippers, three zipper pulls: HOPE IS ALIVE, on aluminum stretcher, 96 x 96 in

BSquared Projects is a multidimensional company founded by Bethgayle Coplan. This company provides advisory services, unique platforms, and innovative educational services to clients and collaborative partners under the core assumption that every project is bespoke and has exponential possibilities. Coplan is an art advisor, art collector, art education developer, entrepreneur, and a philanthropist. She has a B.A. in Marketing from George Washington University, a master's from Christie's in 20th and 21st Century Art, and is a Certified Fine Art Appraiser (USPAP).

Currently, BSquared is focused on two major initiatives in the Hamptons: BCurious: Learning to Think Through Your Eyes, an art history program for kindergarten through grade 5, and the ArtPuppy Project, partnerships with museums to create new ways of exposing students to art. By collaborating and forming partnerships with museum institutions, local public schools, and local organizations, BSquared will help expose elementary school children to fine art. Students will learn in an inclusive environment where everyone's opinion counts as they exchange ideas. They will learn to speak about art with confidence and grow in exponential ways.

BSquared is proud to have launched BSquared Projects Presents this past June. This program spotlights a selected, emerging artist whose artistic focus is to be a change-agent and make people see and feel something through their art. Preston Douglas, whose paintings and installation work are challenging the traditional ideas and ways

of making painting, — in a transformative, aesthetic, compelling way — was the first artist presented. Douglas was a recipient of the Rauschenberg Foundation Residency in New York and, and this July, the Y Compania Residency in Texas. Three of his paintings are on view at the Holiday House Hamptons and by appointment.

Coplan has a long history of arts activism in New York City and Westchester. Coplan spearheaded, with her co-founder and board members, a grassroots campaign to educate, raise funds, market, and create the Maria Ferrari Children's Hospital Art Collection, a multi-million-dollar collection and interactive healing environment that includes an art program. Every patient's room has an original artwork from the hospital's collection, which includes works by Jeff Koons, Chuck Close, Robert Rauschenberg, Elizabeth Peyton, Karen Kilimnik, Ellsworth Kelly, Claus Oldenburg, and other blue-chip names. Coplan had

hands-on involvement in creating this art environment at the hospital and her work spanned from pre-construction to groundbreaking to opening day, a commitment of four years.

In addition to having raised two daughters in Westchester County, she is an active art collector and is involved in the art world. She was the longtime head chair of an elementary school art-appreciation volunteer program and is active in many charities. These credentials and connections played important roles in bringing the hospital project from an idea to a reality. It was Coplan's experience working with children — from both privileged and disadvantaged backgrounds — that inspired her current venture that will bring art into the lives of children on the East End.

Coplan's many ways of giving of her time, expertise, and financial support has made a difference in others' lives through her involvement with many organizations, including being a member of The Guggenheim Young Collectors Council, New Museum Special Council, and Bronx Museum Council and advisor to its Teen Council; a mentor at Harlem Village Academy; an after-school educator at the Mount Vernon Art Appreciation Program; a founding member of the Whitney Museum Art in General benefit committee; and the auction chair of the Abraham Fund Special Philanthropy.

bsquaredprojects.com

bethgayle@bsquaredprojects.com | 646.707.1987

DON HERSHMAN

NEW ART EXHIBITION TO TACKLE “THE ART OF CODE SWITCHING”
WITH FALL PREMIERE AT SALOMON ARTS GALLERY IN NEW YORK CITY

BY PETER ELSTON



Don Hershman, *Code Switching #1*, 2023, acrylic, ink, and pencil on wood panel, 36 x 36 x 2.25 in



Don Hershman, *Code Switching #14*, 2023, acrylic, ink, and pencil on wood panel, 16 x 16 x 2 in



Don Hershman, *Code Switching #11*, 2023, acrylic, ink, and pencil on wood panel, 16 x 16 x 2 in



Fresh off the heels of his last sold-out show in New York, *Donald and Victor: Under the Influence*, visionary artist Don Hershman is set to turn his passion once again into purpose with his newest exhibition of 20 paintings: *The Art of Code Switching*, set to debut on Thursday, September 21, at the renowned Salomon Arts Gallery in Manhattan's Tribeca district.

The show is a brilliant symphony of single and double imagery enmeshing color and shadows — a metaphor for the increasing need for social navigation. People of color, women, and the LGBTQ+ community are once again faced with code switching, a social tool altering language and behavior and becoming increasingly compulsory within today's shifting political climate. “Like many artists, my paintings are an expression of my personal and political surroundings. It's 2023. This is what's happening,” Hershman says.

Originally trained as a podiatric surgeon in the early 1980s, Hershman reflects on his own life as a gay man of an earlier generation when code switching was clearly linked to his survival: “When I began my formal residency training in the early '80s, I had to relocate to the South, forcing me back into the closet. Creating these new paintings took me on a journey back to a time when there was no political correctness or recourse, easily fired or shunned

if it were revealed that I am gay. After residency, I relocated to San Francisco and worked as a board-certified podiatric surgeon in an atmosphere engulfed by the AIDS epidemic, where young men often were not only hiding their sexual orientation, but their HIV status as well. They were constantly code switching without even knowing it.”

Now with *The Art of Code Switching* his passion about this unfortunate reality is beautifully projected in this new series. With bravado, he takes the viewer on a journey to open their minds to patience and understanding for all mankind.

In recent years, Hershman's career has been catapulted to soaring heights and has captured the minds and imaginations of audiences from coast to coast. His prolific paintings have been exhibited around America and his artwork has sold in shows from Manhattan to Art Basel Miami to Provincetown, Massachusetts. His work has also received awards, including the 2020 Jury Selection at the de Young Museum in San Francisco as well as its just-announced 2023 Jury Selection. Additionally, his work has received top recognition in the 2022 MVVO ART/AD art show, which saw his work displayed in the iconic Oculus building in Manhattan. Hershman's work is also currently being featured at the ARTACOM Southampton show this summer. This show will run until Sunday, October 15, and will proudly donate 10% from the proceeds of art sales to The Trevor Project, to support the nonprofit's suicide prevention efforts among the LGBTQ+ community.

For more information, please visit donhershman.com

CAGRI KANVER

BRINGS GOKHAN AVCIOGLU'S ARTIMUS SCULPTURE INSTALLATION TO EL TURCO

BY HARRY BRADS

PHOTOGRAPHY BY VITAL AGIBALOW FOR HENSEL



This summer, in cooperation with Cagri Kanver, the GAD Foundation has been presenting the sculptural work of the architect and sculptor Gokhan Avcioglu for the first time in New York, at the East Hampton restaurant El Turco. Avcioglu's *ARTIMUS* introduces concepts of advanced computational form-making with digital fabrication. Artimus is the ancient Anatolian Luwian goddess of nature, childbirth, and wildlife. She originated in the Bronze Age among the Luwian people, 2500-1200 BC, who lived in Western Anatolia in present day Turkey.

Gokhan Avcioglu drew inspiration from nature and the deities from ancient Anatolia to reintroduce a new notion of nature and form through archaic tendencies mixed with advanced forms in his sculpture *ARTIMUS*. The installation, which will be at El Turco through the end of 2023, complements forms found in the Hamptons' settings of sea and forest. "I have a deep appreciation for the beauty and power of minimal surface sculptures. I believe that these sculptures represent a unique form of artistic expression, one that celebrates simplicity, elegance, and the natural forms found in our world," said Avcioglu.

Minimal surface sculptures are a true test of an artist's creativity and technical skill. They require a deep understanding of form and materials, and a relentless pursuit of simplicity and elegance. The process of creating a minimal surface sculpture is a journey of discovery, as the design evolves and takes shape.

PROFILES



Avcioğlu said of his work: “As an extension of my architecture in my work as a sculptor, I strive to create minimal surface sculptures that are both aesthetically pleasing and thought-provoking. I believe that the beauty of these sculptures lies in their ability to evoke emotions and inspire contemplation. Whether I am working with aluminum, bronze, or other materials, I aim to create pieces that are not only beautiful but also meaningful,

“I believe that these sculptures represent a unique form of artistic expression, one that celebrates simplicity, elegance, and the natural forms found in our world.”

Gokhan Avcioğlu

inspiring people to consider their relationship to the environment and to one another.”

El Turco Hamptons
 elturcohamptons.com
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IRIS DANKNER

HOLIDAY HOUSE HAMPTONS FOUNDER

BY BENNET MARCUS



FIGHTING BREAST CANCER WITH HOLIDAY HOUSE

Iris Dankner has had a remarkable career, making her mark on the interior design industry and in the fight against breast cancer as founder of Holiday House in the Hamptons and New York City. She's even the creator of an icon of 20th-century Americana: the Lord & Taylor logo we all know is actually her own handwriting!

Her interiors firm, ID Creations, has offices in Manhattan and the Hamptons, and Dankner is a breast cancer survivor whose determination to help find a cure led her to found Holiday House, the popular annual designer show houses benefitting research into the disease.

\$2 MILLION RAISED FOR BREAST CANCER

Since its 2008 inception, Holiday House has raised over \$2 million for the Breast Cancer Research Foundation (BCRF), on whose advisory board Dankner serves. Now, in its 15th year, they hold annual designer show houses in New York City and the Hamptons, plus one-off events in London and Palm Beach. They have even released a coffee table book, *Holiday House: Ten Years of Decorating for a Cure*, documenting its first decade.

Photo by Gregg Delman

Of course, there have been remarkable properties over the years. One had Long Island's only rooftop tennis court — so they got Venus Williams to host a party there. For the past few years, she has put together smaller tabletop shows, where design firms present their visions of place settings. "What's better than being around a beautiful table with family and loved ones?" Dankner asked.

This summer's Hamptons Holiday House took place in a 9,000-square-foot home in Bridgehampton and ran through August 27. The event drew a capacity crowd to the opening party. "Everyone dressed in white; it was just magical," Dankner said of the evening.

EVERY DAY IS A HOLIDAY

The name "Holiday House" denotes a simple philosophy that every day after a cancer diagnosis feels like a holiday. "It's not about designers choosing a holiday like Christmas or Thanksgiving, which they can, but it's just making a memorable moment that they would like to celebrate," Dankner explained.

INTERNATIONAL ROUTE TO HOLIDAY HOUSE

At age 40, with two young daughters and running her own design firm, Dankner was diagnosed with breast cancer at her first routine mammogram, which saved her life. "That was 26 years ago. And it was very hard being a young woman with no one to talk to, so I started fundraising, basically as a way to help myself heal." She put together a team for the Susan G. Komen Race for the Cure, and was later asked to join the board, chairing the race for three years.

RACE FOR THE CURE: EGYPT & ISRAEL

Invited as a delegate to the Race for the Cure in Egypt, she marched from a pyramid to the Great Sphinx of Giza with women who had survived breast cancer. Dressed in burqas, some wore survivor caps, others pinned survivor T-shirts on their backs. For Dankner, it was an amazing experience, so she suggested a walk in Israel. The response from the board: "If you want to spearhead Israel, go ahead."

She spent the next year working to establish the first Race for the Cure in Israel, which ended with the Wailing Wall bathed in pink. Arabs and Israelis walked side by side, as breast cancer has no boundaries. "It was one of the most incredible experiences of my life, putting together a whole group to introduce a new project in a new country. It was spectacular."

LORD & TAYLOR LOGO

Dankner's path to becoming an interior designer was also circuitous. Unsure how to earn money with her fine arts degree from Carnegie Mellon, she took a freelance job at Lord & Taylor, and stayed for 14 years, becoming the art director.



Andrea Stark, Jean Shafiroff, Campion Platt, Iris Dankner

"It was before computers — I am a dinosaur," Dankner laughed. "We had 48 stores throughout the country, and every single ad needed to go by me so that I could put a handwritten logo around the artwork, and then we overnighted it. If you remember what the Lord & Taylor ads looked like, each one of those logos is mine."

When a new owner took over the company, Dankner decided to go back to school and study interior design. "I felt like I was just taking my two-dimensional skills and making them three-dimensional. When you have a good sense of color and texture, it was just putting it into a different form."

After her breast cancer diagnosis, she had an "aha" moment and decided to combine her two passions and do something in the design industry that benefits women's issues. "I remember the night I said to my family, 'Mommy has an idea,' and everybody giggled, especially my husband. And now 15 years later, that dream has become a reality." She plans to continue her work until we are living in a world without breast cancer. "I want my grandchildren to understand what type of work I did and why." Dankner's Holiday House will host its next showcase in New York City this fall.

Holiday House Hamptons
holidayhousehamptons.com

AMY GREEN

INAUGURAL FOOTPRINT OF LIFE GALA WITH THE GREEN VISION FOUNDATION

BY ELIZABETH DARWEN



Amy Green and her husband, Gary, are proudly hosting the inaugural Footprint of Life Gala at their residence in Bridgehampton. The family-run The Green Vision Foundation has curated a night to bring together like-minded organizations to collectively support and bring much-needed awareness to their conservation missions. The humanitarians are pro-

ducing this incredible jungle-themed “50 Shades of Green” soiree to benefit the charity partners’ work to preserve and protect the natural world, promote community upliftment, and, most importantly, support conservation programs across Africa. This inaugural day will also pave the way for many future events in the New York region and other communities throughout America.

More than just another party, the first gathering will represent a movement that guests can fully embrace during a glamorous night: captivating cocktails, curated food stations, and a live auction as well as a special guest performance by Jan Blomqvist. Additionally, work by David Yarrow, recognized as one of the best fine art photographers in the world, will be prominently displayed. The artist has been documenting the natural world from new perspectives and the last nine years have been career-defining.

Education on conservation efforts to protect wildlife and enhance livelihoods across the world will be a key focus during the party. Emphases will be on the critical need for action to combat the illegal wildlife trade, strengthen anti-poaching efforts to protect endangered species, and preserve the planet’s biodiversity and dwindling natural resources.

“Sustainability, conservation, education, and love of animals have always been close to my heart,” said Amy Green. “I have been promoting these causes throughout my life and am honored to take this a step further by creating The Footprint of Life Gala. This has been a dream of mine for a long time, and I know together we can spread a word of love, kindness, and commitment to create significant change.”

The philanthropic causes that will benefit include an array of well-recognized global organizations. Tusk for more than three decades has produced innovative conservation action in Africa. Under the Royal Patronage of HRH Prince William, The Prince of Wales, the charity has raised over \$130 million for conservation and community livelihoods programs. The African Community & Conservation Foundation provides a gateway platform to connect citizens of the world with a strategic and sustainable community and conservation programs underway in Africa. The latest ACCF expansion projects include Karingani in Mozambique, the Rwanda Project — Volcanoes National Park, and The Malilangwe Trust in Zimbabwe.

“As a mother, I understand the importance of this for the next generation,” Amy said. “When I look at the climate crisis, worsening statistics, and reports of irreversible damage, I can’t help but think of my daughter and the world I’m leaving behind for her. We cannot continue to ignore the crisis. While others talk about change, the ACCF spearheads conservation and anti-poaching projects as well as community outreach programs that make a difference in the African and global landscapes. Conservation is a key component of protecting ourselves, our planet, and our future. The ACCF’s values and missions ensure we pay attention to urgent issues, invest in the African ecosystem, and promote practices that will reward us for years to come.”

The charitable night run by The Green Vision Foundation is sponsored by The Zangrillo Family Foundation and Russel James in collaboration with Chef Meze, Tusk, UNICEF, Faith Tribe, Nobu, *Hamptons Magazine* and the African Community & Conservation Foundation.

The event comes off the heels of the couple’s philanthropic efforts last year when they hosted at their home Karibu Africa, which supported conservation work of both Tusk and ACCF. They also were involved with the March 2022 Fire and Ice Gala for 100 Billion Meals, which is Tony Robbins’s organization to help eliminate the current hunger crisis.

Amy is a former FOX Sports journalist, who has recently brought awareness to several other causes as a chair member and ambassador for the African Community & Conservation Foundation, 100 Billion Meals, as well as Tusk. As a humanitarian and philanthropist, she is no stranger to helping others in need. The opportunity to elevate a platform for giving with The Green Vision inspired her to establish a movement. Built from a profound love for her family, she became a visionary dedicated to finding means to fund and help organizations across the globe. Amy’s passion has found a meaningful purpose and promotes the important values found in active advocacy today.

THE ELLEN HERMANSON FOUNDATION

SUPERCHARGED FUNDRAISING FOR BREAST CANCER TREATMENT & EDUCATION

BY CLARA MORGAN



For people who are uninsured or under-insured, it covers emergency medical/diagnostic procedures, necessary transportation, and an oncological social worker to help a patient deal with anxiety and trauma stemming from their life-threatening disease. The foundation's Community Partnership, together with Stony Brook Southampton Hospital, the Bridgehampton Child Care and Recreational Center,



Ellen Hermanson

This summer, two important events helped bring much-needed awareness to the important cause of breast cancer treatment and empowering people affected by cancer. The Ellen Hermanson Foundation sponsored the 28th annual Ellen's Run followed by the Summer Gala at the beautiful Bridgehampton Tennis & Surf Club.

These annual events support the foundation established by Julie Ratner and Emily Levin in honor of their sister, Ellen Hermanson, who died of breast cancer when she was 42, in 1995. The Ellen Hermanson Foundation has awarded more than \$6 million in grants since its inception, and its mission is to continue the work Ellen began during her six years of treatment and ensuing activism. Ellen's Run has now become the largest race on the South Fork, with nearly 900 registered participants. This year the run and gala together raised \$350K.

The Ellen Hermanson Breast Center at Stony Brook Southampton Hospital is recognized as a Center of Excellence by the American College of Radiology. The center also has an emergency medical fund that is funded by the Ellen Hermanson Foundation.

OLA (Organización Latino-Americana), the Retreat, and the Shinnecock Indian Health Center, reach women who historically have not had access to health care. No one is ever turned away for lack of health insurance or inability to pay for care.

For more information, please visit ellenhermanson.org



Anne Gomberg, Executive Director of the Foundation; Dr. Fred Weinbaum acting head of Stony Brook Southampton Hospital, Cathy Tweedy, Secretary of the Board of the EH Foundation, Dr. Julie Ratner Co-Founder and President of the EHF Board, Ann Ciardullo, Vice-President of the EHF Board and Laura Borghardt MS, MBA, CMD Director of Cancer Services, The Phillips Family Cancer Center and The Ellen Hermanson Breast Center. Photo Credit: EHF

ANN LIGUORI

GRACED WITH PRESTIGIOUS GRACIE AWARD AND CELEBRATING 25 YEARS OF HER FOUNDATION CHARITY GOLF EVENT

BY LILIAN LANGTRY



Ann Liguori — renowned sports talk-show host, journalist, and author — picked up a Gracie Award to add to her trophy case. The Gracie Awards are presented by the Alliance for Women in Media to celebrate and honor programming created for women, by women, and about women.

Talking Golf with Ann Liguori, heard Sunday mornings, 8 a.m.–9 a.m. EST, on WFAN–NY, won in the talk show – sports category (local radio, major market).

“I’m thrilled to have won a Gracie Award,” says Liguori, “and more importantly, is the fact that there is a category for women in sports broadcasting! I applaud the Alliance for Women in Media for recognizing and appreciating women in the broadcast industry.”

Ann’s *Talking Golf* show features Ann talking about the top news and issues in golf and her in-depth interviews with top names — the movers and shakers in the sport. Her book, *A Passion for Golf, Celebrity Musings About the Game*, is a collection of these interviews. Ann’s second book, *Life Lessons in Golf*, will be published in the spring of 2024. Ann was the first female to host a call-in sports talk show on WFAN–NY, the first all-sports radio station. *Hey Liguori, What’s the Story*, aired weekly for 25 years. In addition, Ann was the first woman to host a weekly, prime-time show on the Golf Channel. *Conversations with Ann Liguori* featured Ann playing golf and walking with A-list celebrities while getting them to share sides of themselves seldom heard.

In addition to her work in sports media, Ann hosts a charity golf tournament every year on the East End of Long Island that raises money for cancer research and care. Her 25th Annual Ann Liguori Foundation Charity Golf Classic took place at Friar’s Head in Baiting Hollow, benefitting St Jude Children’s Research Hospital. The foundation also supports the Ann Liguori Foundation Sports Media Scholarship, administered by NY-WICI (Women in Communications).

“It was special to be at Friar’s Head for our silver anniversary,” says Liguori. “My thanks to all who take part. Our participants, our volunteers and committee members all contributed to the program’s success.”

Sponsors and donors for this year’s charity golf tournament included ABM, Tommy & Shounda Foster, TaylorMade, Casa de Campo, Dooney & Bourke, EyeKing Eyewear, IBKÜL Athleisure Apparel, Imperial Hats, Indigo East End, Nailed Golf: Shelley West, North & West Coast Links Golf Ireland, Peakvision, Tifosi Sunglasses, and TourEdge.

Ann was honored with the Winnie Palmer Award at the 2022 MET Golf Writers National Awards Dinner, previously awarded to Barbara Nicklaus, Nancy Lopez, Tom Watson, Ernie Els, and Gary Player. Ann is the global ambassador for IBKÜL Athleisure line (ibkul.com) and has collaborated on a jewelry line with DUNE JEWELRY called the Hamptons Rope Collection.

For more info on the Ann Liguori Foundation, visit annliguori.com/philanthropy

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EVIE EVANGELOU

FASHION 4 DEVELOPMENT

BY LAURIE NEWKIRK



Victoria Beckham and Evie Evangelou

USING FASHION AND THE ARTS FOR GLOBAL CHANGE

“The multicultural nature of New York City has inspired everything I do,” explains New York City native, philanthropist, and global change agent Evie Evangelou. From the Fashion Institute of Technology (FIT) to the stage at Lincoln Center to center stage at the United Nations to the creation of her Fashion 4 Development (F4D) brand, Evie has been making

a difference by highlighting the commonalities within diversity. Evie’s a visionary who uses fashion to bring people together, and, in doing so, has created real economic opportunities for women and put a spotlight on the importance of sustainability in the fashion industry.

One of Evie’s many endeavors includes hosting the Annual First Ladies Luncheon, which premiered in 2011, and takes place on the opening day of the UN General Assembly General Debate. This year’s event takes place on Tuesday, September 19. It will feature a stunning runway show of international designers with awards given to agents of change and will have a special posthumous tribute to Queen Elizabeth II, in partnership with the Queen’s Commonwealth Trust based in the UK. Agents of change from the past have included Diane von Furstenberg, Victoria Beckham, Annie Lennox, Naomi Campbell, and Iman, to name a few. On Monday, September 18, the Sustainable Goals Banquet takes place, whose honorees include Dr. Ramon Tallaj of SOMOS Community Care.

GOODWILL AMBASSADOR

Evie herself has received an impressive number of honors, including a Fashion Group International Humanitarian Award, appointment as a Goodwill Ambassador, and acknowledgment by the US Senate. It all started in the late 1990s when she launched NuBreed Synergy of the Arts at Lincoln Center. She tapped into her passion for multiculturalism to develop a program that brought together 200 international artists from nine creative sectors, to be showcased annually for several years.

The artists produced cohesive and dynamic performances while showcasing the value of cultural diversity. A music performance might include Colombian singers, choreography by a German, costumes designed by a Mexican, and background art by a Japanese animator.

But even the best of projects needs money. Evie understood to get people to help, a little flair can go a long way. With her gracious demeanor and quiet charm, Evie collected items for

a celebrity arts auction at Christie's. She had everything from John Travolta's jacket from *Grease* to a Rauschenberg painting to Beatles tickets from 1964. It was at Christie's where she and her vision were spotted by one of the deputy secretary generals of the UN.

FROM L'UOMO VOGUE TO PRIME MINISTERS & PRESIDENTS

From the beginning, she says, "I fought and chased the secretary general to allow me to bring the fashion sector into the UN. The first project we did in cooperation with UN Secretary-General Ban Ki-moon was an issue of *L'Uomo Vogue*, the Italian Men's *Vogue*, on rebranding Africa, spearheaded by F4D's Global Goodwill Ambassador Franca Sozzani, editor and chief of *Vogue Italia*. Its features included interviews with heads of state, royals, fashion designers, architects, filmmakers, musicians, and artists to highlight Africa's creativity and beauty."

This success led to the show *Fashion 4 Development* on the global UN channel. Despite initial pushback: "I was told I was crazy, that they were just doing interview shows with prime ministers and presidents," she said. But Evie prevailed, and it became one of the channel's most watched programs.

Evie said, "People don't want to watch a speech. It's boring with everybody saying the same things about the same problems. But what are the solutions? I realized people were watching my show because of the beauty and excitement but, at the same time, we were doing real stories that inspired, such as designers in Africa and Asia cleaning up garbage dumps of plastics, recycling it, and hiring local women to make it into handbags and other reusable materials and products. Those products then appeared on the runway with their collections during Fashion Weeks around the globe."

F4D: USING THE RUNWAY TO INSPIRE CHANGE

F4D became a natural extension of this concept. It's more than an organization, it's a brand. It's a social enterprise. "We don't raise money to donate," she clarified. "You could keep donating and giving money away and that's good for an initial band-aid, but you need to make it sustainable for people."

One of the many projects initiated by F4D created over \$4 million in wages in Africa for women. "You just see these women putting shoes on their kids and buying school supplies and they're feeding them a better diet, but they're doing it with pride because they're doing it through their work and not charity," Evie said.



"Giving back is the new luxury."

Evie Evangelou

Top brands, like Prada, Ferragamo and Ralph Lauren, and UN diplomats, including the president of the United Nations General Assembly, attended the F4D 2021 Code Red Sustainable Goals Banquet. The banquet's mission is to discuss huge carbon footprint of the fashion industry and agricultural regeneration. F4D partnered with the Italian Cultural Institute, and its director, Fabio Finotti, and the UN Member State of Italy, and its ambassador, H.E. Maurizio Massari.

GLOBAL RUNWAY IN 2025

Evie's latest project is an impressive and inspiring Global Runway planned for 2025. Aspects include bringing together more than 100 countries for a runway show in the UN General Assembly Hall and producing a third film series with F4D Goodwill Ambassador Lola Tillyaeva, founder of the Human Kind Institute and future co-author of the *Global Runway*, a coffee-table book featuring international designers and storytelling of their cultures. This book will be in partnership with the renowned international artist and writer Stephanie Dillon. The goal, of course, is peace, reconciliation, cultural education and exchange, opportunity, sustainability, and global unity. Evie is a shining light for change. What advice does she have for anyone wanting to follow in her footsteps? "Know anything is possible if it comes from the heart, and you have the passion to do it." Is there a philosophy she lives by? Yes. "Giving back is the new luxury."

Fashion 4 Development
fashion4development.com

ALEXANDRA CHRISTINA VINO

ACTRESS, PRODUCER, DIRECTOR

BY INNA DESILVA

Alexandra Christina Vino has graciously shared her latest photoshoot at Mary Pickford's house in Hollywood. "Thanks to Aaron Gomez, my glamorous stylist, who has a studio in this historical building and to photographer Christopher Myers, I am happily sharing this unique shoot that is close to my heart," said Vino.

Vino currently has a few films she is preparing to shoot. She has written, directed, and produced seven films since 2016, and she has won awards from The Monaco International Film Festival, LA Film Festival, Manhattan Film Festival, and The Paris Independent Film Festival, to name a few. Vino has worked as an actress in over 40 major movies and shows before becoming a filmmaker. We are excited to see more of the films she makes, and we look forward to her first Hamptons Film Festival as an auteur.

I sat down with Vino to talk about her career.



"When Alexandra was posing in the Anna Gupta Swan Dress, she transcended time and space, and became a movie star of Hollywood's Golden Era. She is one of the most authentic artists I've worked with."

Aaron Gomez,
owner of AGFashion Club

What is your connection to the Hamptons?

Nature has a big impact on connecting me to my deepest emotions and that's why I love coming out East. I have been coming to the Hamptons since childhood. I certainly understand why so many famous artists were creating here, including Jackson Pollock, who painted *Lavender Mist* in his Springs studio and John Steinbeck, who wrote *The Winter of Our Discontent* in Sag Harbor.

The beautiful light out East makes my creative internal light switch on.

Tell me something about what inspires your creativity?

All of my work comes from love. Whenever I'm in a stunning location, or in love with someone or some experience, that's when I'm inspired to write. I channel this deeper human emotion and do my

best to allow this to flow. That's how I started writing and directing films. My first one was in 2016, *Consult and Conquer*.

What is your vision as an artist?

My mission as an artist is to heal with empathy and understanding in a world that can seem very rigid. I am constantly discovering new paths to enlightenment. The way I can see into the soul is from many years of working in sensory and dissecting our beautiful minds. All for the greater good of the work."

Do you take a particular approach to acting?

Studying The Method at The Actors Studio for so long has shaped me as a person and as an artist.



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JULIA HAART

MY UNORTHODOX LIFE

BY BENNETT MARCUS



“I did a soft launch, and then before I did the official launch, the s**t hit the fan in my life, so to speak, and I just put everything on hold,” Haart explained. She used the hiatus to improve the product. “Think how the Apple iPhone constantly gets upgrades; since I was restarting anyway, we perfected things and made little tweaks to make the product even better, so the current product is just extraordinary.”

The line +Body by Julia Haart, with five styles currently available, is a gamechanger, a totally new concept in shapewear. Its delicate, colorful look, lightweight fabric, and technological innovations are like nothing on the market.

ATTRACTIVE SHAPEWEAR

The first thing you’ll notice when perusing the website is that the garments are pretty. So pretty, they can be worn as is, as a dress or top, or under clothing as shapewear. The thin, lacy fabric holds you firm with its exclusive and trademarked Power-Bond 2.0 technology. And forget the blandness of traditional shapewear — the pieces come in vibrant colors thanks to a special dying technique Haart’s team developed.

Haart has created an entirely new category: luxury shapewear that’s designed to be seen. The innovative garment construction eradicates the back-center seam, adds padded bra cups — in various sizes, for a perfect fit — and offers a deep-V underwire that supports and shapes the body while offering unrivaled comfort.

NETFLIX SHOW & SHAPEWEAR +BODY

Julia Haart, who left her insular Orthodox Jewish community at age 42 and was the subject of the Netflix reality show *My Unorthodox Life*, is relaunching her shapewear line +Body, which she had put on the back burner as she dealt with her very public divorce from tycoon Silvio Scaglia.

THIN, COMFORTABLE FABRIC

+Body fused all the layers of typical compression garments into one single layer. “It’s as thin as a piece of paper. It’s powerfully compressing, but comfortable,” said Haart. “It actually learns your body and heats to it and puts more pressure and power in the places where you need it most. So the more you

wear it, the more comfortable it gets.” +Body is so thin, you could wear it under anything because it’s not adding girth.

CHOOSE YOUR CUP SIZE

Most shapewear is sold by clothing size, but not by cup size. Shapewear compresses, so if you’re wearing shapewear that includes your breasts, but is not your cup size, you’re getting what is termed “pancake boob,” flattening out your breasts. Some brands leave a cutout, so you have to wear a bra plus shapewear. “What we’ve done is juxtapose the two and created a hybrid that is sold not only by dress size, but by cup size, so you could buy an extra small DD or an extra small B. It’s literally created to enhance every curve of a woman’s body,” Haart said. +Body sizes range from extra-small to 3x-large — and choose your cup size.

LIKE LIPOSUCTION, TUMMY TUCK & BOOB JOB

One celebrity called it “liposuction, tummy tuck, and boob job in a \$198 dress.” “It smooths you out, and you’re pushing everything up into the breasts and then properly holding them in place because it’s the right cup size,” said Haart. “It’s an actual bra. You’re improving the cleavage. It solves every problem that shapewear has.”

ACTIVISM IN UKRAINE & RWANDA

In addition to her business pursuits, Haart is an activist, lending her voice and fundraising for several causes, including women’s issues; she’s on the board of the ERA and is a member of the International Associated Press for Honest Reporting. She’s been on the ground in war-ravaged Ukraine, having delivered medical supplies and ambulances, and opened a women’s shelter there.

She recently went to Rwanda with The Body Agency Collective, which is involved in ensuring women’s sexual health and wellness globally, delivering menstrual cups and other products, and educating people about sexual wellness and AIDS. bodybyjuliahaart.com

AMEON SKINCARE BRAND AMBASSADOR

Haart formed a partnership with the skincare brand AMEON, founded by Alina Mehrle, a cancer survivor whose skin improved dramatically after her oncologist recommended cryotherapy. “I’m really excited about it. It’s an incredible product,”



Haart said. “Alina walked out of that ordeal stronger than ever and determined to turn that diagnosis into something positive.”

The partnership came about when Haart met Mehrle’s husband, a Ukrainian film director, in an elevator. He’d done a documentary about the situation in Ukraine, and asked Haart to help him get the word out. She held an event for that, and met his wife there, and that’s how the AMEON partnership came to be. “It actually came about through activism for Ukraine,” she said. “But I love the product,” she added. “I really believe in it. I very rarely advertise for brands. I do it very, very infrequently, because I don’t want to advertise something I don’t believe in.” ameonskin.com

ZACK WEINER

MANHATTAN MOVIE STUDIO

BY LEXI WOLF

A NATIVE NEW YORKER

Inspired by one of Andy Warhol's most iconic quotes, "In the future, everyone will be world-famous for 15 minutes," Zack Weiner now asks, "Everyone got their 15 minutes, but who made the money?" Whether through his much-talked-about political career or his up-and-coming movie studio, Weiner has made it his life's mission to challenge the status quo.

He first came into the public eye in 2021, as a 26-year-old city council candidate for the Upper West Side, his native neighborhood. "I had been following politics since I left school, and I found it so frustrating. Nothing was getting done, and we had no impact. So I wanted to get hyper-local and try to actually make a difference in my neighborhood," he explained.

However, in the midst of his campaign, a private video of him was leaked by a former girlfriend, capturing the public's attention. Despite his nonchalant response, famously saying on Twitter, "Whoops, I didn't want anyone to see that," he had certain concerns about the reaction of his Conservative Jewish community. In 2021, he told the *New York Post* he was pleasantly surprised by the positive public response, but he had not returned to his synagogue at the time. Two years after the fact, he has since reconnected with his roots and found the community to be more accepting than expected. Some even finding humor in the situation. "There was definitely a reaction," he said. "It took a while to get that one under the rug, but not in a bad way. People were surprisingly understanding, and in the realm of public displays of affection, that one seemed to bother them the least."

A NEW INDUSTRY

Despite his enduring interest in politics, Weiner has always been drawn to the entertainment industry. One could even argue his career was predestined by genetics, as his father is the co-creator of the internationally renowned children's show *Dora the Explorer*. The show's success had a resounding impact on his and his family's life. "We used to live in government-supported housing, but after *Dora* came out in the early 2000s, we were able to buy a nice apartment. Things were going really well for a while," he said. However, with the rise of streaming platforms, "Dora money," as he affectionately calls it, stopped flowing in. Perhaps sparking his

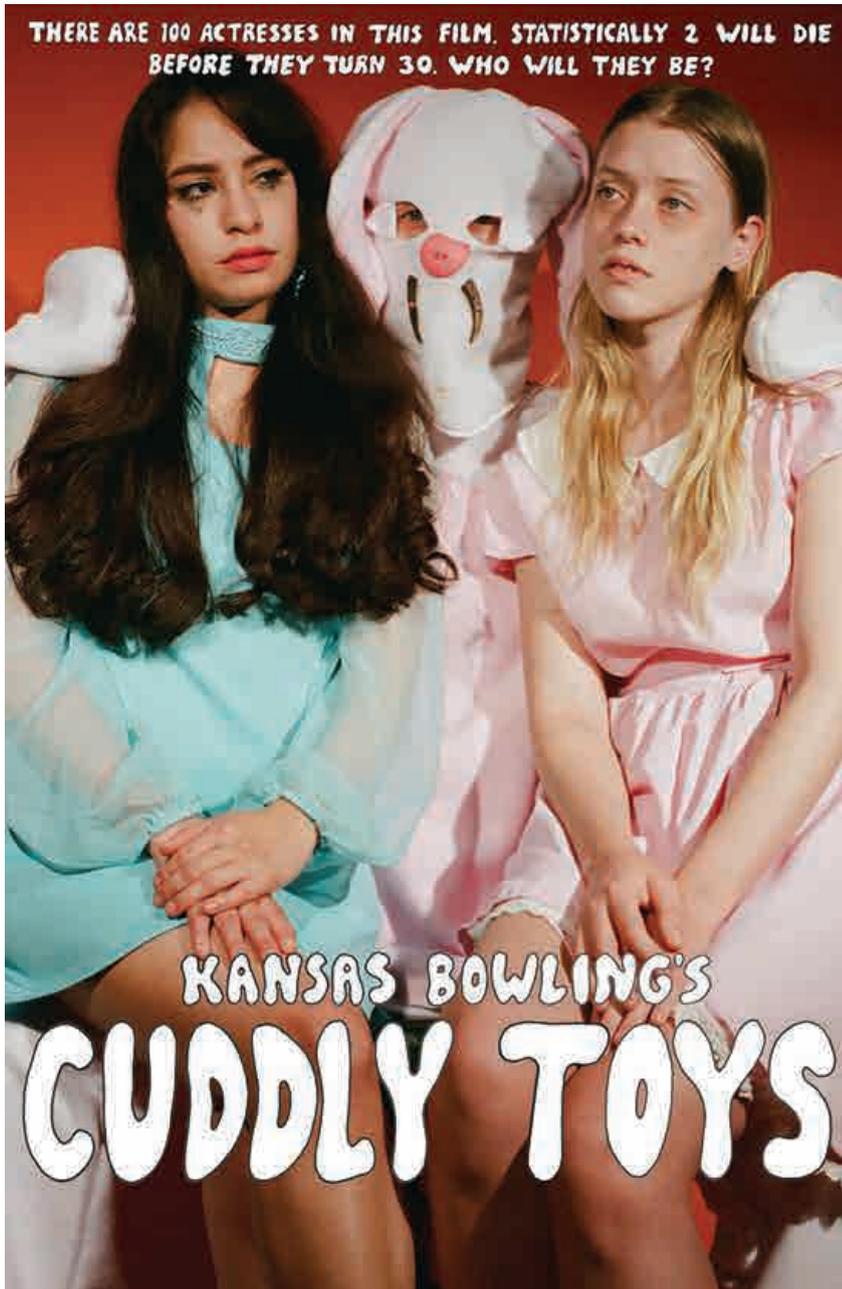
disdain for streaming conglomerates, and Big Hollywood in general. Weiner's grievances about streaming platforms, such as Netflix and Hulu, cut deeper than just his familial situation. In his eyes, the promise of social media and streaming was accessibility, or a way to "bring more eyeballs to the content," as he explains. Although this new age does offer more accessibility, there are obvious downsides. "With streaming, the companies don't disclose how many people see it. They don't reward based on viewership. It's not as lucrative as it used to be, which is a problem for everybody," he said.

MANHATTAN MOVIE STUDIO

Weiner's Manhattan Movie Studio was created in rebellion against the traditional Hollywood machine and the new age of streaming. Having worked at the now disgraced Weinstein Company, he found the structure to be troubling for creative processes. "It wasn't such a fair system at all," he said. "I wanted to make a decentralized studio, but with a familiar infrastructure, where people have a place to make the movies they want to make and get them released, without having to recreate the bureaucratic processes of traditional studios."



Faith Hill, Stephanie Matto, Zack Weiner, Sophia Ventrone



“I wanted to make a decentralized studio, but with a familiar infrastructure, where people have a place to make the movies they want to make and get them released, without having to recreate the bureaucratic processes of traditional studios.”

Zack Weiner

Manhattan Movie Studio has also embraced cryptocurrency to distribute ownership of images and producer credits in his films, further dispersing and disrupting power. “Filmmaking is over 100 years old. In a century everything about the movies has changed. Except the money. We’re using cryptocurrency to change that,” he said. In his approach, he aims to challenge the closed system, where only wealthy individuals can provide funding and attach their names to movies showcased at festivals like Cannes. Instead, with Weiner’s films, all can become a part of the production process. “Anyone with a phone can be a producer. You can make a legally binding purchase and get a legally binding contract to have your name featured in the credits,” he says.

UP AND COMING

Weiner’s studio has a wide breadth of films, spanning in genre and tone, in its repertoire. His most recent release is *Cuddly Toys*, directed by Kansas Bowling, the youngest working female director in the United States. They recently wrapped a new Jewish comedy, *Bad Shabbos*, starring Kyra Sedgwick and Method Man. His upcoming slate also includes a film starring NBA player Evan Mobley, titled *Magic Money*, about a multi-million-dollar Nike sneaker deal gone awry as well as a documentary called *Citizen Weiner*, which tells the story of his city council run against Gale Brewer.

Manhattan Movie Studio
manhattanmoviestudio.com

D'YAN FOREST

THE REAL MRS. MAISEL

BY TAYLOR DIETRICH



THE GUINNESS WORLD RECORD

How does a provincial girl go from piano lessons and being a housewife to getting a Guinness World Record for being the oldest performing female comic? For D'yan Forest, age 89, it was studying abroad in Paris. She said, "I went to Paris and did every little dream that I ever had in my brain for all those years. Try this, try that. Nobody knew me. I was free!"

This love quickly took over Forest's life. In fact, it created a second one. Born Diana Shulman, the comic began to embody

French culture. When she returned home to America, no one thought twice about whether she had been born with that accent. The ever-growing demand for international singers in clubs, bars, restaurants, and country clubs, made it possible for Forest to get her foot in the door of live entertainment.

I MARRIED A NUN

D'yan's popular one-woman show *I Married a Nun* landed her on iconic stages such as Caroline's, Joe's Pub, The Metropolitan Room, and Gotham Comedy Club, the same venues frequented by Jerry Seinfeld, Jim Gaffigan, and the always blunt Joan Rivers. When introduced to Forest one night at Gotham, Rivers remarked, "Oh yeah, I heard about you. You're the filthy ukulele player!"

I DID IT MY WAYS

Over the recent years, Forest began to wonder what to do with all of these stories of hers. So she put her pen to paper and wrote a memoir. Forest embraces her uniqueness and lets us into the rigidity of the time she grew up in and how she broke out of the mold that had been so strictly built for young women in the 1950s and '60s.

THE REAL MRS. MAISEL

One night, while telling her story to an American family in Paris, she got a confused look from them. "So, they tell me the story of this Mrs. Maisel woman on the program who gets divorced. She's a comedian, she's Jewish, she goes to Paris, she sings in a gay club," she remembered. "But I did that, and I did it in my one-woman show eight years ago. Somebody stole my life!"

Forest leaves everything on the stage, which she admits she still gets embarrassed about. "The audience gets shocked that out of this 89-year-old woman is coming all of these jokes. "When my friends come to see me perform, they call me a slut," she said with a laugh.

D'yan Forest
dyanforest.com

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ARTHUR AIDALA

NEW YORK CITY'S TOP TRIAL LAWYER

BY LEXI WOLF



Marianne Bertuna and Arthur Aidala

You may recognize attorney Arthur Aidala from his many television appearances, most prominently as a longtime legal commentator analyzing complex cases for Fox News, Fox 5, New York 1, and various other news outlets. What you may not know is that the man you've seen on TV is one of New York City's top trial lawyers, taking on some of the

highest-profile cases in recent history. His firm, Aidala, Bertuna & Kamins, has handled Harvey Weinstein's criminal and civil cases, Alan Dershowitz's Federal defamation case, 50 Cent's civil litigation case, and Ghislaine Maxwell's appeal. His firm also represents Rudy Giuliani in an attempt to salvage his license to practice law. In the past, Aidala has represented the president of Fox News Roger Ailes, former US representative Anthony Weiner, NY Giants Hall of Famer Lawrence Taylor, and Dream Hotelier Vikram Chatwal during their times of crisis.

AMBITIONS TO BE AN ACTOR

Despite his stellar legal career, which started at the Brooklyn D.A.'s office, Aidala did not originally want to enter the legal profession. He really wanted to be an actor and even studied theater both in his high school at Poly Prep and in college at SUNY Purchase. However, Aidala ultimately decided to go to law school and follow in the footsteps of his father, a former Manhattan assistant district attorney. "Shortly after joining the Brooklyn District Attorney's Office, I got to fulfill my theatrical dreams by writing, producing, directing, and starring in my summations at the end of trials," Aidala laughs. "When you're on trial and you're in front of twelve jurors, one of the challenges is to hold their attention. A lot of the theater skills that I learned about body-positioning, using your arms and hands, and voice intonations have definitely helped me in front of jurors and judges throughout the years."

DIVERSE PRACTICE, HELPING PEOPLE

Aidala doesn't take on high-profile cases for the notoriety. "I became a lawyer to help people," he says. "Anyone that becomes an assistant district attorney, doesn't do that for wealth, fame or fortune, and that was one of my initial forays in the profession and I loved it. I had tremendous role models there

regarding ethics and morals and values,” Aidala says. His own father, with whom Aidala worked alongside after starting his own firm, and the late Supreme Court Justice Antonin Scalia, are among those who inspired his passion for service. “With the exception of time with my family, nothing really is equivalent to that feeling of gratification I get when I help a fellow human being in their most desperate time of need,” he explains.



Hon. Barry Kamins, Hon. John M. Leventhal, and Arthur Aidala

GIVING BACK

Several years ago he took on the Brigitte Harris case, a young woman who killed her abusive father. Because Aidala was greatly moved by her situation, he worked pro bono, and he also convinced all of the experts who testified to waive their fees because she did not have the funds. “The facts of that case were so horrific, and it was very gratifying when we achieved such positive results for her,” Aidala says. Aidala also represented Maritza Ramos, the widow of slain Detective Rafael Ramos, as she launched The Detective Rafael Ramos Foundation, which he says was a highlight of his career. “It was an opportunity to help a family who just had the ultimate tragedy do something good for the community,” he says. Aidala used his local news contacts to help get the word out, and when the foundation held its first fundraising event it was with Mariano Rivera as its star. The organization aims to raise awareness of the dangers faced by law enforcement officers and to better connect officers with the community, and to support families who have lost loved ones working in that profession.

AIDALA, BERTUNA & KAMINS

Aidala also works on corporate business deals, putting together, as he describes it, “the guy who sells the tires with the guy who sells the cars.” Partners and associates in his firm, Aidala, Bertuna & Kamins, work on a wide array of legal

specialties, including personal injury law, real estate, civil litigation, and appellate law. Members of the firm include three former New York Supreme Court judges, the Honorable Barry Kamins, the Honorable John Leventhal, and the Honorable David Lewis. “It’s a full-service law firm,” Aidala says.

POWER HOUR

Blending his courtroom experience with his perspective as a lifetime New Yorker, Aidala is now the host of his own radio show: *The Arthur Aidala Power Hour*. Tune in to AM970 The Answer, every weekday between 6 and 7 p.m. to listen in on the renowned attorney’s discussions with high-profile guests regarding the law, politics, New York living, health and wellness, entertainment, and more. Aidala has had guests that span from Mayor Eric Adams, former Mayor Bill DeBlasio, and former Governor Andrew Cuomo to Megyn Kelly, Bill O’Reilly, and Rudy Giuliani. The show is also rebroadcasted on all podcast platforms. Aidala hopes the combination of his contributions in the legal field as well as educating the community through the Arthur Aidala radio show will make significant contributions to making our state the best it can be.

Aidala Bertuna & Kamins
Attorneys at Law
aidalalaw.com

THE EMPIRE STATE RARE BOOK AND PRINT FAIR

BY LEXI WOLF



Edward and Eve Lemon

FINE BOOK FAIRS

Fine Book Fairs is the brainchild of Eve and Edward Lemon. Both have been avid book collectors for most of their lives, and now they are sharing their passion for the book trade throughout the United States. Having hosted previous events in Georgetown, Newport, and Philadelphia, the fair's next stop is New York City. This iteration, aptly named The Empire State Rare Book and Print Fair, is bringing in

50 exhibitors from across the country to showcase a dazzling array of books, prints, and a broad range of ephemera, all of which would be considered crowning jewels for any collector.

Taking place at St. Bartholomew's Church on 51st Street and Park Avenue, the fair's opening night party, Thursday, October 5, is a ticketed event where guests can enjoy wine, live music, and canapes while getting a sneak peek at the displays. Tickets cost \$125 and a portion of the proceeds will go the Antiquarian Booksellers' Benevolent Fund, which helps booksellers in need. For the remainder of the weekend, tickets cost \$15 for adults, \$10 for students, and free for those under 16. Admission is free for everyone from 3 p.m. to 5 p.m. on October 7. An appraisal service will also be offered on site.

Eve and Edward hold the positions of director and assistant director at Fine Book Fairs, respectively. Their idea spawned in 2022, when they began to delve deeper into the world of rare books and wanted to find a creative way to raise funds to preserve a historical building in the nation's capital. Although, at that point, they had only attended one book fair, they set out to create one of their own. The pair quickly found success in this specialized sphere, establishing their business shortly thereafter.

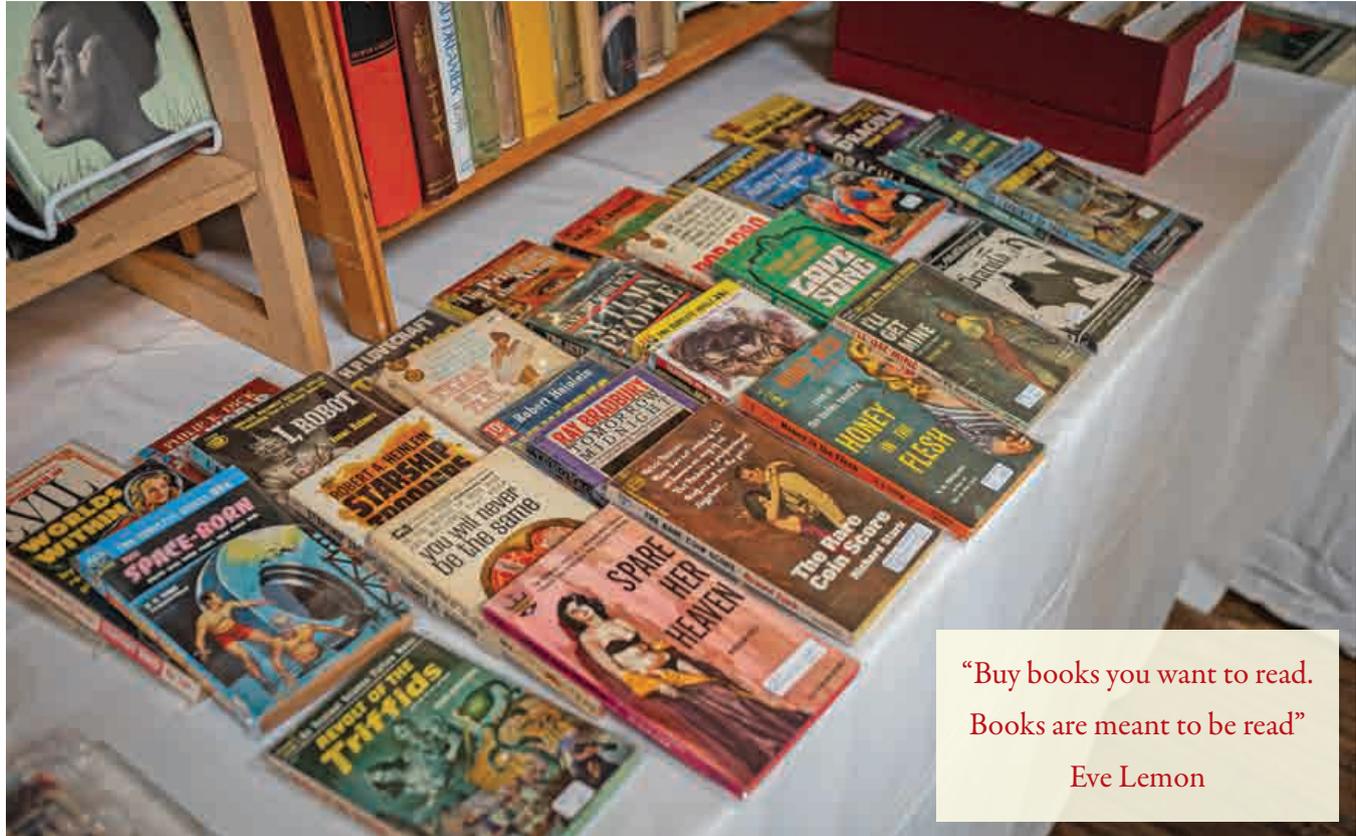
FIRST EDITIONS:

Gutenberg Bible & Harry Potter

Both Eve and Edward believe the fair is a unique opportunity to connect with another era and provide a firsthand experience of history. "In the digital age, it's crucial to maintain a tangible

link with history, and books, being physical objects, provide that connection to the past," Eve said. From their perspective, the first pressings of books are the optimal way to achieve this goal. "So many changes occur over additional printings. The first edition of a book is the closest representation of the author's intent, besides the original manuscript," Eve added.

These first editions can fetch upwards of \$100,000 at auction. Among the remarkable pieces they have presented in the



“Buy books you want to read.
Books are meant to be read”

Eve Lemon

past was a leaf from the Gutenberg Bible; one of the first printed books, dating to the 15th century; and a first-edition copy of *Harry Potter and The Philosopher's Stone*, of which only 500 copies exist. They have also showcased documents signed by Napoleon Bonaparte as well as coveted first editions of Frederick Douglass's autobiography and the beloved children's novel *Anne of Green Gables*.

GUEST SPEAKERS:

Including Royal Biographer Hugo Vickers

In addition to a massive array of books and prints, Eve and Edward curated an impressive lineup of guest speakers. “We want our guests to leave feeling more informed. The goal is to have a series of talks covering various areas, so we can attract a broad range of people and provide them with an opportunity to hear from leading experts in their respective fields,” Edward said. One standout speaker among the roster is Hugo Vickers, a renowned royal biographer and broadcaster. Notably, he was a studio guest for Princess Diana and then Prince Charles's wedding as well as Diana's funeral. Vickers will be conducting a book-signing at the opening night preview party. The opening night will also feature a live performance from Ryan Miller, the singer of the indie rock band Guster, in collaboration with the organist of the New York Philharmonic. They will play Guster's song “Empire State.”

However, the Lemons' fairs are more than commercial

events; they are social gatherings designed to foster a welcoming experience for both veterans and novices of book collecting. “We want the fair to be accessible. There will be items selling for six figures, but also materials that can fit any budget,” Edward explained.

THE DEBATE:

Digital vs Physical

Today, the debate between reading digital books versus physical books has become a prominent discussion. While both options remain popular, the pair have noticed an increasing shift towards hard copies and are optimistic about the future, particularly with the new generation of collectors and readers. “When you look up on the subway, the people reading are often those who are younger. I think that's very encouraging,” Edward said. This shift has been evident at their events. “We have a diverse mix of attendees,” Eve added. “But notably, a large number are young people. That is one of the top comments we hear from our exhibitors and sellers.” To address any possible hesitations among these new collectors, Eve offers a reassuring piece of advice: “Buy books you want to read. Books are meant to be read. That's what we believe in as collectors.”

Fine Book Fairs

finefairs.com

CLUB KING JOEY MORRISSEY

OPENS M2 IN MIAMI

BY BENNET MARCUS



NEW YORK & HAMPTONS NIGHTLIFE LEGEND

Joey Morrissey is a legend in the nightlife business, the creative force behind some of Manhattan's and the Hamptons' best-known mega-clubs, including Crobar, Mansion, M2 Ultra Lounge, and Pink Elephant. During more than 30 years in the industry, Morrissey pioneered innovations like the use of promoters to bring crowds to clubs and the implementation of bottle service as a way to increase revenues. He also broke ground with an early YouTube channel in the days before social media.

Now, he's brought his wealth of experience to Miami, partnering with longtime collaborator Jason Lin on M2 in the South Beach Art Deco district. The space, at 1235 Washington Avenue, was formerly music legend Prince's nightclub, Glam Slam.

WORLD'S TOP DJs

AT MIAMI MUSIC WEEK OPENING

The 35,000-square-foot venue, the city's largest club, opened during Miami's Music Week in March, hosting a stellar lineup of 30 of the world's top DJs, including David Guetta, alongside Morten, Adam Beyer, Carl Cox, Charlotte de Witte, and Sasha & John Digweed, over five days. "The big names did the main sets, and there were DJs in different rooms," Morrissey said. "It was like a festival at a nightclub."

ROCK GOD PRINCE'S VIP ROOM

The star-studded opening week had David Guetta turning up to support DJ Morten, staying into the wee hours alongside DJs Hardwell and Maddix. Guetta played his new, controversial AI song, "Emin-AI-em," which mimics Eminem's voice, and sent the crowd into a frenzy. Music-industry tongues were wagging when Guetta showed up with his girlfriend, Jessica Lendon, in their first public appearance together after split rumors last year. Guetta was the first VIP to use rock legend Prince's private, purple-themed room that overlooks the dance floor.

This bang-up opening week was the result of partnering with Ultra Music Festival's Resistance, which specializes in underground DJs. The program will be ongoing, with over thirty events planned throughout the year, including several that happened during Miami's Formula One Grand Prix weekend, which M2 kicked off with a party hosted by Diddy a.k.a. Puff Daddy.

ART DECO VENUE UPDATED WITH TLC

The building was originally designed as a casino and theater, with a ballroom, but has gone through many iterations over the years, eventually becoming a nightclub by the late 1970s. It was vacant for several years, until Morrissey and his partner took it over.

"It needed a lot of tender loving care, so we put in a whole new lighting system, sound system, redid all the bathrooms, redid all the infrastructure, the electrical, and everything," said Morrissey. But they kept the look and feel of the space. Former owner Prince had remade the projection booth into a private room, and they've restored it to how it was during his reign, with new lighting and a new bar. The total cost was \$15 million. With multiple entrances to the vast club, they can open one side for more intimate parties of 300 to 400 people, or use the entire space, which can hold 2,000 plus.



Gattuso at M2 Miami

SOUTH BEACH'S YEAR AROUND REBIRTH

"Miami is no longer seasonal, and that's why we decided to open up," said Morrissey. "We just felt that the city could support a mega club. It's a full-time city now."

Plus, he feels that South Beach is on the rise again. "A lot of the clubs moved to downtown Miami," Morrissey said. But now the Washington Avenue area is picking up again, with new hotels like the Good Time Hotel and the Kimpton Surfcomber, and hot new restaurants, like Queen. "There's a lot of investment into Washington Avenue right now," he said.

"When you're in the nightclub business, you usually go to a distressed area and see if you can make a deal. And this space is one of a kind, it'll never be duplicated. You just can't build something like this," said Morrissey, who started opening clubs in Manhattan's now-posh West Chelsea when it was full of vacant factory space.

FULL CIRCLE FOR M2 BRAND

Morrissey launched the M2 brand in the 2000s in New York. It attracted an array of celebrities, including Jay-Z and Beyoncé, Alicia Keys, Snoop Dogg, Rihanna, Mariah Carey, and Diddy. The club was name-dropped by Nicki Minaj in her track "Up All Night" featuring Drake. They had taken over the space from Mansion, and as the West Chelsea neighborhood was being rezoned for residential, M2 relinquished its 20+ year lease and closed. Ironically, the South Beach club had also previously been occupied by Mansion. "The Miami deal came around, and I felt like I didn't finish the whole M2 saga, and it being Mansion again, I just felt like M2 was the perfect fit for it."

M2
m2miami.com

ASK ASKILYSA FOR FABULOUS EVENT PLANNING

BY MARGARET HENNING



Ilysa Steinberg



Askilysa does it all from cocktail parties to elaborate fêtes. This experienced event company plans a great menu and serves delicious food as well as organizes and manages all necessary details — location, rentals, vendors, entertainment, gifts, accommodations, transportation, event setup and breakdown — to ensure the successful execution of an event. The success is in the details!

Askilysa, founded and operated by Ilysa Steinberg, creates memorable and enjoyable experiences by working closely with clients to understand their vision, preferences, and goals and to bring that vision to life.

What inspired you to start this business later in your professional life?

As I grew older, I accumulated valuable life experiences, skills, and a deep understanding of various industries. I have encountered a variety of challenges and learned valuable lessons

along the way, which can give a unique advantage in the business world.

My passion for people and the support of my family give energy to something I truly love and believe in. It allows me to make a positive impact on hard-working people in our industry. My expertise at an older age gives me the opportunity to share my experience.

Remember it's never too late to pursue your dreams.

What have you learned during the seven years you've been in business?

No one can go it alone. The kitchen can always use one more set of hands. We stick together as a team, understand our differences, and never give up. Anyone can join our team if they have drive and dedication!

PROFILES

**Can you share some event tips?**

Plan your menu: Plan a variety of dishes for different dietary preferences. Include options for vegetarians, meat lovers, and those with dietary restrictions. Something for everyone!

Prep ahead: Prepare as much as possible in advance. Marinate meats, chop vegetables, and prepare any marinades or sauces the night before. This will allow you more time to enjoy with your guests!

Offer refreshments at all times. Prepare homemade lemonade, iced tea, and hard seltzers!

Create a cozy atmosphere: Have plenty of comfortable seating and tables. String lights or candles create a warm and inviting atmosphere for your guests.

Plan fun activities: Everyone loves corn-hole.

Enjoy your guests! Take time to talk to everyone.

What do you like most about an event you've planned?

When the host is smiling and our team is appreciated! I also like the creative side of Askilysa, by preparing swag and gifts. Our clients are looking for something to wow their guests while making sure it represents their personality and touch! I love finding the perfect gift to represent the host.

What makes Askilysa unique?

The all-star team we have built . . . we go the extra mile! Our team's unique dynamic and collective energy create a supportive environment where members can collaborate, learn from each other, grow both individually and as a unit. This uniqueness is what makes our team so strong!

ASKILYSA

917.969.5902

ilysa@askilysa.com

Instagram: @askilysa

ALTHEA'S ROOFTOP

A GARDEN OF EDEN

BY LAUREL MORIARTY



Noel Ashman and Joseph Sikora

A HIDDEN OASIS

Althea's Rooftop, the new, secret, green oasis that boasts sweeping views of the Hudson River, captures the essence of the Garden of Eden. The venue, which is nestled on the corner of 52nd Street and 12th Avenue, features a plethora of special events throughout the year. There will also be a variety of weekly parties, such as Hookah Fridays, Cigar Nights with professional cigar rollers, and whiskey tastings every other Thursday. Top DJs will spin on Friday and Sunday nights to keep everyone dancing. To launch the cool new space, film producer Noel Ashman hosted a celebrity-studded birthday bash for Joseph Sikora, who stars in *Power Book IV: Force*, at Althea's Rooftop, which sits atop the Hustler Club.

INVENTIVE SIPS

The enchanting rooftop features an inventive cocktail list curated by the general manager, Nico Moudatsos, who puts his own twists on classic cocktails. All drinks are made with fresh fruits and house-made infused simple syrups. Selections include the Nitro Ristretto; Raspberry Martini; Strawberry Mojito; and the Spicy Margarita; among many more. The venue also has bottle service.

SERENE DÉCOR

With the vibrant New York City skyline serving as the backdrop, this rooftop bar transcends the ordinary. Moudatsos's vision is to craft an experience akin to lounging on a cozy apartment balcony, a private urban hideaway where the bustling city below fades away. He describes the rooftop bar as a "music-driven neighborhood spot" with "relaxed vibes" where guests can feel comfortable lounging for hours. Upon entering Althea's, guests are greeted with a staircase whose walls are covered with brightly colored vine graffiti created by

a prominent local artist. The design team at Althea's has also created intimate seating arrangements with plush cushions and twinkle lights casting a warm glow as the sun sets. The expansive rooftop is accented with towering white Doric columns and palm trees festooning the dramatic lounge and bar areas.

THE BEST OF BOTH WORLDS

This rooftop bar has an added optional twist that makes it stand out from the rest. Via a hidden door guests have the option to head downstairs to the energetic groups of people enjoying the nightlife in the Hustler Club. As night falls, the downstairs club comes alive, creating a dynamic and electrifying atmosphere. Guests can find themselves immersed in a world of excitement and revelry, soaking in a nightlife experience that contrasts perfectly with the laid-back oasis above.

With breathtaking views of the city's iconic landmarks and a thoughtfully curated soundtrack, Althea's rooftop bar invites patrons to unwind, socialize, and create memories that will linger long after the night draws to a close.

Althea's Rooftop
altheasrooftop.univer.se

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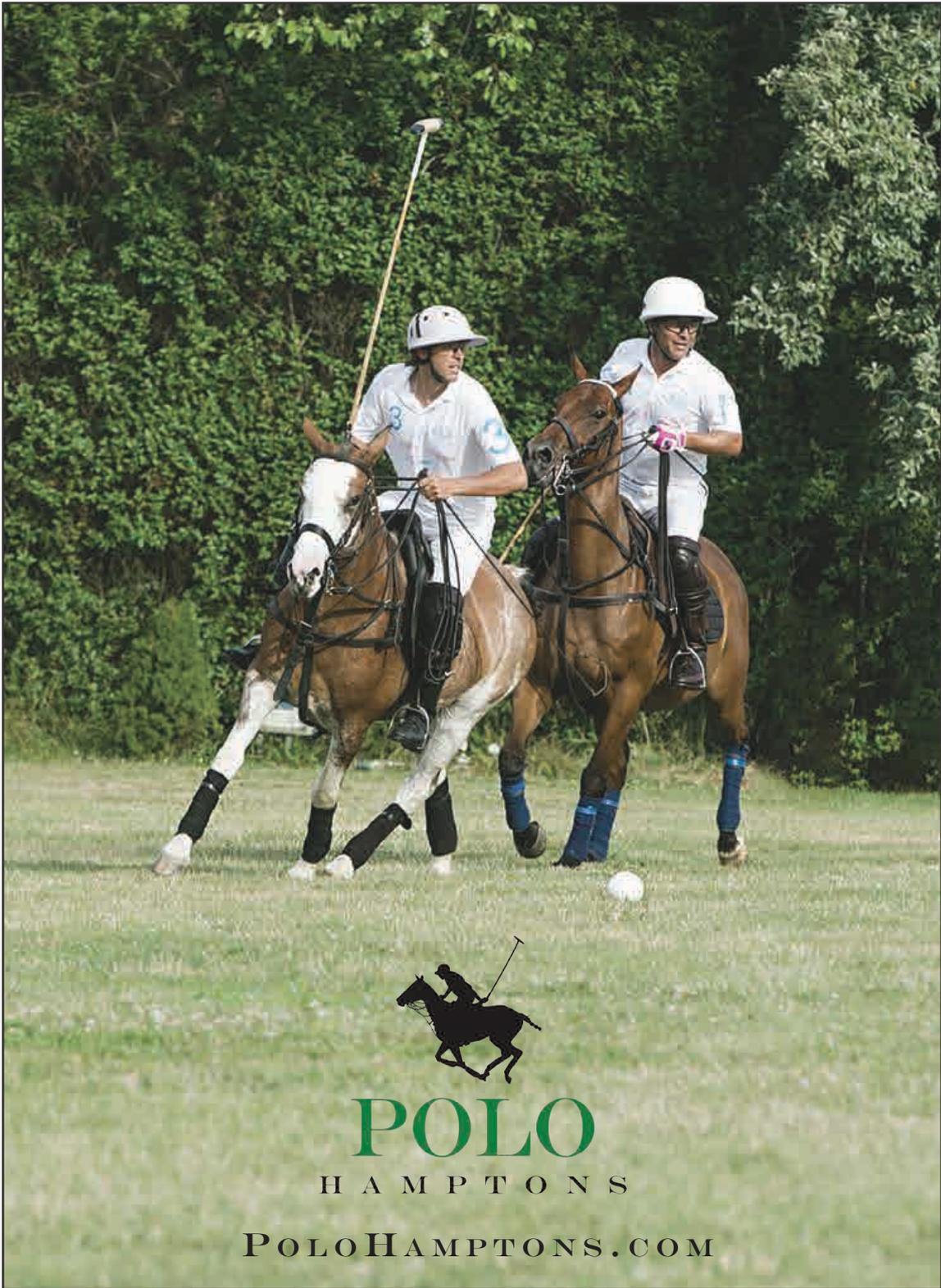




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